



LOVE

YOUR BODY

by Nicole Lania '15
News Staff

CAMPUS

If you have seen sweet nothings written on mirrors in the Slavin Center or other positive messages across campus, you are not hallucinating. These uplifting messages and eating disorder awareness ribbons given out in Raymond Dining Hall are part of Love Your Body Week. This weeklong event is a collaborative effort of Active Minds and Women Will. Both clubs are focusing on self-love, mind-body awareness, and starting a conversation. With body issues and a lack of confidence on the rise, it is time to have a conversation about bodies and their importance personally and to society at large.

Monday involved spreading messages across campus that supported body positivity. This was followed up by what was coined as Meditation Monday, which was a yoga class and meditation session that promoted and reinforced body positivity. On

Tuesday, Women Will hosted the Body Image Coffee House. At this event different body expectations and standards were discussed, as was the use of Photoshop across print and digital media. Ways to circumvent ridiculous standards were also discussed.

Active Minds was set to host Wednesday's events; the club is devoted to promoting good mental health. The event, the Soul Café, has been rescheduled and will take place later in the semester. The week will come to a close with an event co-sponsored by both clubs called Love Your Body Debrief, which will take place Thursday evening in Aquinas Lounge from 6-8:30 p.m. This event will involve activities and the sharing of personal stories and voicing of questions. It will summarize what has been learned about body image and acceptance over the week of events.

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Providence College's Student-Run Newspaper

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The Love That Satisfies

Matt Fradd Speaks to the PC Community About the Virtue of Chastity

by Sabrina Guilbeault '18
News Staff

ANSCOMBE SOCIETY

"Sex isn't the problem," said Matt Fradd when he gave a lecture in the Mural Lounge at Providence College last Tuesday. "We forget it was God who said to us in Genesis chapter one verse 28, 'Be fruitful and multiply and fill the face of the Earth.' Sex is a good and sacred thing."

The PC Anscombe Society hosted Fradd from the Chastity Project to give his talk, "The Love That Satisfies." In his lectures, Fradd proposes that the virtue of chastity is for those who desire joy. He challenges audience members to open their minds and hearts and embrace the Church's teachings on human sexuality.

"You and I live in a sexualized culture," he said. "The reason our culture is so obsessed with sex is because it is starved for love. We are created by love so we desire to be loved and love." Throughout his lecture, Fradd explained that any relationship devoid of the virtue of chastity will always disappoint. He stressed the importance of waiting to have sex until marriage, and explained that in the long run, waiting and preparing for marriage will make us happier.

"While abstinence is about what you are not doing, chastity is about

what you are doing," Fradd said. He compared chastity to a virtue like courage, and explained that it allows you to have control over your sexuality. "Chastity allows us to love correctly in the will of God."

"I thought the event went even better than we expected. Nearly every seat was taken, and there was even a significant crowd of people standing at the back," said Tom Pell '15, senior advisor to the Anscombe Society. "Matt gave a powerful talk, and I could tell by the long question and answer period following his lecture that many had been opened up to a new perspective on chastity and the joy found in committed relationships ordered towards marriage."

Dee Auciello '18, a member of the audience at the event, said, "When I heard [Fradd] was coming to PC I was so excited. I am a very big believer in true love and waiting until marriage. He changes the lives of so many college and high school students and he speaks of real, true love."

Auciello mentioned a point in Fradd's lecture when he brought up the fact that sex is about giving, not taking. "In society today people are afraid of giving their heart to someone forever. Essentially sex is easy, but marriage is a risky business," she said. "Sex outside of marriage takes a body but it does not give one's life forever. Sex within marriage is giving all of yourself, your soul, your mind, and

your body forever."

"I think that what Matt had to say about true love, chastity, and porn is so pertinent for college students today," said Auciello. "We live in a sexualized, hook-up culture, and honestly, it's not really 'romance' to drunkenly hook up with some random guy or girl that you won't remember that next morning." Matt Fradd spreads a message that goes against society today that is dictated by hookups, which are often found in college.

According to Pell, the Anscombe Society's mission is to promote healthy relationships and human dignity. "We are planning to have two more student-led discussions this semester, one which will be about knowing oneself before starting a relationship, and the other will be about the meaning of marriage and its importance in our society," he said.

The society will also be hosting their annual Sock Hop on April 11 in McPhail's from 9 p.m. to 1 a.m. All are welcome to come to these events and share their perspectives.

Even though humans desire love, Fradd explained that with God, we are never without love. "The beautiful thing is, you have a heavenly Father who loves you and doesn't condemn you," he said. "Give yourself to him and he will give you the joy you are seeking."



Matt Fradd shares the virtues of chastity with the PC community.

The Chemical Waste in Our Water

Dr. Gaytha Langlois Speaks to Students About How We Can Help Our Community

by David Toro '16
News Staff

LECTURES

Water is the most crucial part of our existence. For this reason, we should be more aware of what goes into our water supply. Dr. Gaytha Langlois from Bryant University came to Providence College to speak about what she labels "Pharm-Ecology." Dr. Langlois is currently a professor in Bryant University's Science and Technology department. She obtained an M.A. in Zoology in 1969 from URI, and shortly thereafter she earned a Ph.D. in Biological Science from URI in 1971. Her talk last Wednesday centered on chemical household waste in Providence and other surrounding cities.

Dr. Langlois's academic interests lie in water pollution,

waste policies, land use planning, sustainable development practices, and environmental education. Sponsored by the Student Environmental Action Coalition (SEAC), Dr. Gaytha Langlois gave a lecture concerning pollution and pollutants in the Providence water supply. She then shared possible solutions to stop contamination and have healthier and more reliable water.

The current laws in the United States protect a city's water supply from industrial sewage. However, little to no regulation is made for residential sewage.

The sewage treatment removal process has three parts: primary separation, secondary aeration, and tertiary filtration. The overall purpose of the three processes is to remove and kill pathogens like bacteria, viruses, and molds. The chemical composition of

water, however, remains unmonitored.

The Clean Water Act, drafted in 1972, requires companies to pretreat the waste in water. What this means is that factories in any given city are monitored closely to prevent any hazardous waste from going into the water supply that would end up coming out of household faucets.

Since the problem lies in the added chemistry of the water, Dr. Langlois's main points regarded the disposal of medicine and how the water supply is negatively impacted as a consequence.

Currently, there is not a feasible way to monitor the chemical composition of water coming out of households in any given city. For that reason, Dr. Langlois calls upon home education regarding disposal of medicines and other household products.

Products we use on a

daily basis, such as hair and skin products, contain very complex chemicals that eventually breakdown in water to form simpler chemicals. These simple chemicals could potentially be harmful for humans drinking the processed water.

In an experiment, Dr. John Ramsey and Dr. Bram Mizeres from St. George's, University of London, analyzed the urine of portable bathrooms at a rock concert. The study found 73 different compounds including caffeine, pain killers, antidepressants, metabolites of several recreational drugs, and active ingredients of contraceptive pills. In a common home, any of these chemicals would be released down the pipes and into the water supply with no filtration.

The most notable chemicals that have been observed relatively

recently have been some active ingredients of contraceptive pills. Alarming, Dr. Langlois stated that some male fish have been observed to have egg producing organs as a side effect to the estrogen released into the water.

The effect on humans has not been as noticeable as the one on the fish but estrogen levels in males of certain cities have increased at alarming rates.

As a solution to the present problem, Dr. Langlois recommends to research local police stations or other government commissioned bodies to see whether they allow citizens to deposit their spare medicines. However, Dr. Langlois has doubts as to where the drugs are going after people deposit them. The logical course of action would be to incinerate the medicine to prevent chemical deposit in local water supplies.

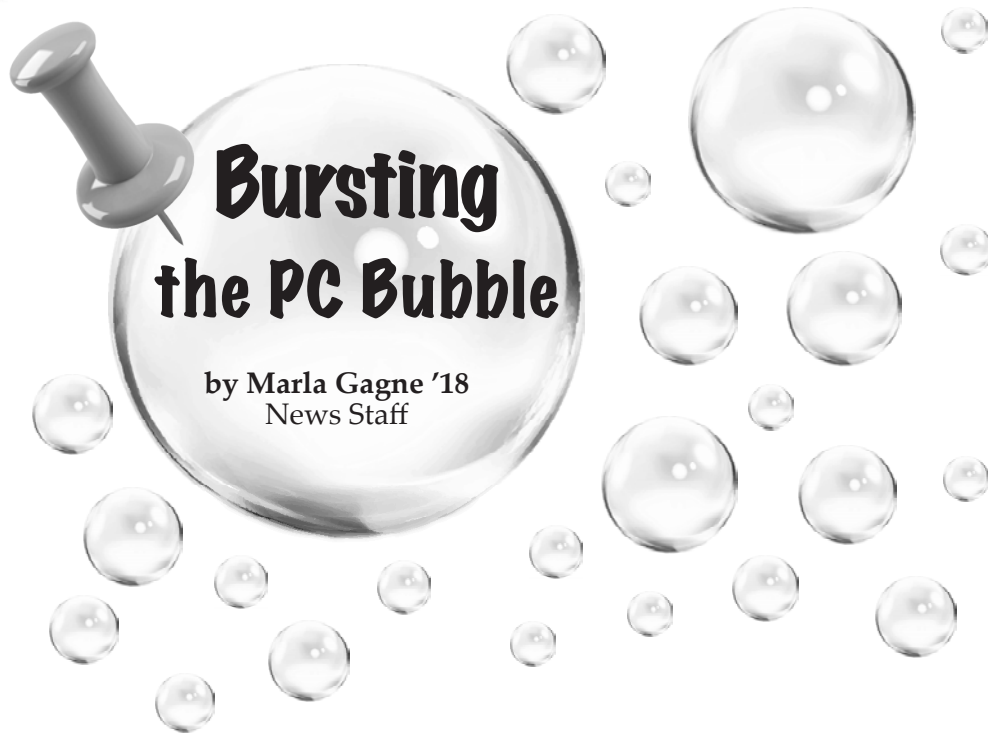
Dr. Langlois has also

asked pharmaceutical companies to print disposal instructions on the receipts or instructions of medicines. This way, people would know how to properly dispose of medicines.

In addition to Dr. Langlois's recommendations, the government has initiated a series of programs like MedReturn and AwareRX. People can go on the corresponding websites and search for a place that correctly disposes medicines.



PHOTO COURTESY OF ENIC



Bursting the PC Bubble

by Marla Gagne '18
News Staff

EU Allows Ban of GM Crops

The European Union has recently allowed its 28 member states to place a ban on genetically modified (GM) crops. National governments will have the final say on GM crops and must meet with biotech companies before instituting any bans. The only GM crop currently in Europe is corn, located mainly in Spain.

Flu Vaccine Not as Effective

This year's flu vaccine has not been as effective against the dominant H3N2 flu strain. Children are more vulnerable to this flu than adults, as they contract more viral illnesses than adults, are in constant contact with other children, and do not have as many years of exposure against the flu.

ISIS Update

Terrorist group ISIS has threatened to kill Twitter's co-founder Jack Dorsey. Twitter has been known to shut down any ISIS propaganda or sympathizer accounts on the social media site. This news follows the identification of the ISIS member Mohammed Emwazi, who goes by the name of Jihadi John. Emwazi, first seen in beheading videos in August, is a Kuwait immigrant that grew up in England and was allegedly doing humanitarian work in Syria.

American Ebola Victim Sues Hospital

Nina Pham, the first American diagnosed with Ebola, is now suing the hospital where she caught the disease and was treated. Pham claims the Dallas hospital did not give staff proper guidance or protection when they were treating Thomas Duncan, an Ebola victim who later died from the disease. Pham also believes that the hospital used her for good publicity, invading her privacy while being treated, and has been experiencing side effects from her experimental treatment.

Visit From Israel's Netanyahu

Israel's Prime Minister Benjamin Netanyahu visited Washington, D.C. this week, but did not meet with President Obama. Instead, Netanyahu teamed up with the Republican Party to address Congress and dispute a nuclear deal with Iran. Israel greatly opposes any nuclear deal with Iran, while President Obama is trying to strengthen relations and end hostility with Iran. This has put a spotlight on the relationship between the two allies, and questioned the strength of the alliance.

Congress Updates

by Elizabeth Nako '15
News Co-Editor

STUDENT CONGRESS

The piece of legislation SCB-65-08 regarding "Changes to the Administration of Elections for Student Congress and the "Section E" amendment to the constitution which states, "Candidates may campaign and distribute flyers for a maximum of one hour in each residence hall. Candidates will reserve time slots for campaigning through the Office of Residence Life. The Office of Residence Life will manage any campaigning in residence halls," were discussed by Student Congress members on Tuesday night. Caroline O'Sullivan '15, chair of the committee on legislative affairs, introduced this bill. Jana Valentine, director of Residence Life, spoke to Student Congress about how, due to the Student Handbook, Residence Life has not been able to do much with student candidates in residence halls. Valentine wants to help students campaign, but Residence Life cannot have students going door to door because it violates the guest and solicitation policies (i.e. a McDermott resident running for Student Congress cannot campaign in Guzman Hall). Residence Life wants to have a sign up sheet for candidates to have times to sit at security desks in dorm lobbies. This way will allow RAs to know who will be at the desks and also allows students to campaign. The "Section E" amendment to the constitution passed with 24 "yays" and 13 "nays."

Chicks With Sticks

New to PC Athletics: Girl's Club Lacrosse

by Meaghan Dodson '17
Senior Staff Writer

CLUB SPOTLIGHT

Care to lax? Girl's Club Lacrosse, Providence College's newest athletic team, has finally arrived. On Monday, March 2, 2015, a total of 53 girls participated in what was the final day of tryouts for the sport.

Patti Hoban '17 and Emily Entwistle '17 are the team's founders and captains. They began generating interest in early September, sitting at Ray tables and posting on Facebook groups in order to spread the word. At least 40 names were necessary to move the process along, and the girls easily exceeded this amount as they collected over 60 names. Despite a few concerns about field space, they received official approval for the sport by the end of January.

The captains plan on having between 25 to 30 girls on the team. Hoban and Entwistle were impressed with everyone who tried out, and they were pleased to discover that many of them were on high school teams and even considered playing in college. The first game of the season takes place the week after spring break, so the captains are in the midst of planning for the season.

All of the games will take place within a one-month time frame. There are four home games and six away, meaning that there are often multiple games in a weekend or even in a day. The away games can be as local as Brown University, or they can be as distant as Sacred Heart University in Connecticut and Hofstra University on Long Island.

Hoban and Entwistle agreed, "There is so much talent at this school. We've been waiting for this team and it's finally here. We couldn't be more excited!"



Updates:

Semester Delivery Total: 541 lbs.

Love: Time to Quit Body Negativity

Continued from front page



KRISTINA HO '18 / THE COWL

When asked what spurred the planning of these events, members of Women Will and hosts of the Body Image Coffee House, Laura Peabody-Harrington '17 and Ingrid Brugnoli-Ensin '18, expressed opinions of love and support. Peabody-Harrington pointed to a shocking statistic, "PC is the top school on the East Coast in eating disorders. Aside from visiting the Health Center or [Personal] Counseling Center there is not a lot of information out there." In part, the aim of this event

is to provide information and resources to students who may be struggling with disordered eating or dysfunctional relationships with the body. A list of local and Providence College specific resources were provided at the end of the "Body Image Coffee House." Some of the resources listed were familiar standbys such as Personal Counseling or the Student Health Center. Others in the region included a Eating Disorder Support Group at Brown University in addition to some local medical

practitioners. Bottom line, students who feel as though they have an issue should not be afraid to reach out and find resources that suit his or her needs.

Co-host Brugnoli-Ensin also added, in response to the question what is the importance of Body Awareness Week, "[It is] not just about eating disorders but negativity. The aim is to focus on the positive and appreciate yourself and your body." It is easy to fall into habits of self-hate after being inundated with image after

image of unrealistic perfection. Love Your Body Week serves to offer an antidote to the poisonous thoughts bred by body standards. Loving your body is not an easy path nor is it an easy discussion to have. However, as the shocking statistic provided by Peabody-Harrington would suggest, it is time that the PC community started an honest dialogue about loving their body and their health.

Health Center Overtime

Although Not Open 24/7, Still Embodies the "Friar Family"

by Sarah Gianni '18
News Staff

CAMPUS

Even before the meningitis outbreak at Providence College, students have voiced concern as to why the Health Center does not operate on the weekends. Unknown to many students however, the health center operates via a 24/7 EMT crew that is on call when the physical center is closed.

"About 20 years ago, colleges across the nation began to make the switch from infirmaries to the current health center," said Catherine Kelleher, Director of Student Health Services. "Infirmaries which were open 24/7 were becoming 'drunk tanks' for students who were extremely intoxicated, which was neither safe or cost effective for the schools," she said. The shift to the health center model provided a center for students with health concerns to go, but would not be open on the weekends. "I showed Student Congress how much it would cost to add weekend operation hours, and they voted against it," said Kelleher.

Based on the research presented to Congress of a six-month period of the number of students going to the health center on the weekends, weekend hours was not a large enough priority combined with resource constraints. Along with Kelleher, Kristine Goodwin, vice president of student affairs,

expressed their conviction that not only the health center, but the Providence College community as a whole is committed to keeping its members safe, especially within these next few weeks. "We want to reemphasize that we are not completely out of this meningitis outbreak," said Kelleher. "We are really trying to keep the message out to kids to stop the spread," she said. Posters promoting the "stop the swap" of party cups and lip balm have been placed around campus, with the intention of keeping community members informed. "We are resuming our normal activity, but still need to have a healthy amount of concern and caution on campus," said Kelleher.

During the height of the meningitis outbreak, the Health Center was operating 24 hours a day, from Thursday, February 5, through Monday, February 16. "I have nothing but praise and appreciation for my staff," said Kelleher. "They

worked tirelessly responding to students, adjusting their schedules to assist me with coverage 24/7, and their support at the vaccination clinics," she said. Goodwin shared in the gratefulness for Kelleher's around the clock work during the outbreak.

"For about two weeks Cathy did not leave campus, and had the deepest commitment I'd ever seen," said Goodwin. "She was there the entire time, seeing patients, talking on the phone, and answering emails," she said. Goodwin highlighted that campus is currently running to the best of its ability right now given the circumstances, but that it is still important to spread awareness.

"It is important for students to remember that the vaccine administered is a three series vaccine, and to avoid falling into a false sense of security," said Kelleher. "The importance of completing all three vaccinations in the series is most crucial to ensure the greatest immune

response," she said. The second dose of the vaccine will be administered to students in early April. For students who may still be concerned that the physical health center is not open on the weekends, the 24/7 EMT service is able to see students who feel as though they need medical attention.

"I believe this service is an example of the Friar Family at its best," said Goodwin. "The best way to reduce anxiety is to continue to educate our community," she said. If a student ever feels that they need medical attention and the health center is closed, they can reach:

EMT Service
401-865-
2888



PHOTO COURTESY OF PROVIDENCE COLLEGE WEBSITE

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Bystander Intervention: Small Discussions More Effective than Lectures

by Wesley Trask '16
Opinion Staff

SAFETY & PREVENTION

Everybody likes to think that when put in a situation where they may be required to help someone in a tight spot, they will do so. As most of us know, however, that is not often the case. Instead, in situations that would call for action, many people will do nothing, each expecting that somebody else will act. That, at the very least, is the premise of the "Step Up! Bystander Intervention Workshops" that the school mandated every student attend earlier this week (except for freshmen, who did so during orientation). Unfortunately, these workshops were, as one might expect from such lectures thrust upon college students, woefully ineffective.

Full disclosure: I don't personally like the idea of forcing students en masse into these types of, essentially, talking-tos. I get why Providence College (along with every other school ever) does it (hint: liability), but you will never convince a student population to do anything, whether it be to drink responsibly, to not sexually harass others, or to intervene in an injustice witnessed, by herding them all into a room and force-feeding information when they don't want to be there at all. When the general reaction to something is "let's just get this over with," or "well, that was boring," or something along those lines, shockingly, you aren't swaying young minds. And yes, there is a better way. For starters, you could offer optional times to complete the workshop, so it doesn't feel as much like some unplanned intrusion. For another, you could make it much less cliché.

Fuller disclosure; I was working during the workshop (unplanned intrusions and such. You administrative people realize I have work to do to get a degree from your institution, right?), so I may not be surgically precise on every single detail. I do, however, remember at the very least the general themes. Perhaps the most effective part of the workshop was that it had some lighthearted moments, which helped to keep people attentive. Beyond that, however, the workshop was a whole lot of nonsense. If I had to summarize it, I would say that it was 60 minutes of nothing. Pretty much everything said in the workshop, at least to me, garnered a reaction of "duh." Not to mention the incorporation of news segments supporting the "people do nothing to help others in public" and "peer pressure typically wins out" themes were extraordinarily oversimplified at best and miserably inaccurate at worst. Most of the presented videos depicted loaded "experiments," by which I mean they showed (relatively vague) situations set up to produce the result the architects of the scenarios hoped they would produce. One even played the Nazi card to argue that peer pressure can be very powerful (as a general rule of thumb, using Hitler and/or Nazism to argue your point means that you have no better argument, and thus have to resort to the shock value of "Hitler liked/did/supported X, therefore X is inherently bad). As independent video clips, these examples are terrible at creating an objective argument, while their incorporation in the workshop's presentation dragged the whole ship down. Perhaps the only redeeming video clip was of the student-athletes of the University of Arizona promoting intervention, and even that droned on far too long have any sort of effect.

"So, what should be done instead to promote bystander intervention?" you might ask. For starters, how about promoting it yourself? Lead by example, and such. For the administration, how about instead of forcing everyone to sit through an ineffective presentation, you foster discussion on the subject in small settings? You tout the fact that class sizes at PC are small, so why not incorporate a Civ seminar-like atmosphere into a program so that the message can be received much more effectively? No, it won't be as easy as shoving a large group of people into a room and lecturing them for an hour, but the payoff would certainly be significant.

Students' Voices Should Be Heard *Campus Advertising Policies Need Reform*



by Jacquelyn Kelley '17
Asst. Opinion Editor

CAMPUS POLICIES

Students should not only find their voice during their college years, but should have the power to make it heard. Strict advertising policies on Providence College's campus, however, make such freedom of speech nearly impossible.

After reviewing PC's advertising guidelines, there are several requirements that inevitably limit students' self-expression. First, all flyers hung on campus must be approved by the S.A.I.L. Office, and, according to their policy can be denied "based on inappropriate content (in text, graphic, or photographic form), lack of information, date or location of event, or any other concerns."

The above guideline is restrictive first and foremost in the fact that the S.A.I.L. Office has final say in what students can and cannot share with others on campus. They hold an immense amount of power in deciding which events, campaigns, and opinions are publicized and which are not.

This process seems unfair because PC's own students are not involved. An event or campaign

may seem lacking or "inappropriate" in the eyes of the S.A.I.L. Office when it could be extremely important to the student body.

The S.A.I.L. Office ultimately has the power to make or break a movement on PC's campus by accepting or denying certain advertisements. It should be up to the students to decide which advertisements they are responsive to and which they are not. They do not need campus advertisements to be censored in order to make such decisions on their own.

Second, the above rules are strict because they explicitly state that posters and flyers with a "lack of information" will be denied. Does this mean that posters and flyers with simple slogans and messages will be turned away? It seems so.

What if a student is interested in simply raising awareness for a larger, maybe even national, campaign of some sort? Are they not allowed to advertise a simple, but attention-grabbing hashtag or slogan that promotes

said campaign? It seems likely that the S.A.I.L. Office will deny such advertisements based on "lack of information," even if it is for a good cause.

Third, the S.A.I.L. Office's policy makes it more difficult for students' voices to be heard because it is "unable to approve more than five flyers or posters for any given event." Our campus may not be big in comparison to some others, but five is a very small amount.

If a student really wants to spread the word about something, they certainly should hang more than five measly posters, but unfortunately they are not allowed.

Finally, advertisements are not only limited by number, but are also limited by location.

According to the S.A.I.L. Office's advertising policy, "Advertisements may not be affixed to walls, doors, windows, or posts. All posted materials must be hung in covered bulletin boards or on campus kiosks. Flyers and posters found within the residence halls, campus kiosks, or in areas not approved for posting will immediately be removed, and the person or sponsoring group responsible for the

posting will be subject to disciplinary action."

By limiting the number of places in which an advertisement can be placed, the amount of awareness that students can raise is limited and their voice is less likely to be heard.

Just to clarify, students can get special permission from the Office of Residence Life to hang flyers within the dorms and from Sodexo to post within the dining halls, but of course the flyers must be approved and deemed appropriate just as they must be by S.A.I.L.

The advertising policies imposed by S.A.I.L. are not only inconvenient when it comes to organizing an event or campaign on campus, but ultimately infringe upon students' freedom of speech. After all, college is an opportune time for students to advocate for and organize around what is important to them.

If they cannot share initiatives freely on campus through advertising, how will they be heard? It therefore seems imperative that our campus reform its advertising policies in hope that more students will be heard.

Housing Application Status: It's Complicated

Choosing Living Arrangements Makes or Breaks Friendships

by Sarah Kelley '18
Opinion Staff

CAMPUS HOUSING

As crazy as it is to realize that the time to plan for next year's housing selection is quickly approaching, it is crazier to consider how stressful and complicated the process of figuring out where and with whom you'll be living next year can be.

From a freshman's point of view, the thought of getting away from first year housing is initially exciting. The idea of not having to be cramped into a double for another year, not having to suffer inside the overcrowded McVinney elevator for another year, (or deal with people from the third floor and below abusing the unspoken rules of the elevator), or not having to deal with the funky moth-ball smell of the lounge for another year makes the thought of freshman year ending seem not all that bad.

The possibility of choosing people you want to live with for the next year seems like it should be a really great thing. Yet, once the reality sinks in, it's frightening that no matter how well you try to plan ahead for housing, it's almost impossible to avoid complications.

First of all, even in just picking who to live with next year, there's almost always going to be more people who want to live together than the number of rooms and types of housing available will permit. And when friends realize that they all can't live together, (especially for girls), this can lead to



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awkward and oftentimes dramatic interactions, or even confrontations.

The number of housing horror stories that I have heard in the last few weeks are much more than I ever thought possible for such a relatively small student population. People don't know what to do, say, or how to say it about finding and picking a group to live with for next year.

While one would think that a room is just that, a room, many people interpret housing selections as

definitive symbols of friendship, or lack thereof. This all-too-serious view of housing leads to awkward situations and arguments, oftentimes leading to some very extreme situations, unnecessary shedding of tears, or even the ending of friendships.

And what complicates the housing selection even more is the fact that you are not even guaranteed (at least, as a rising sophomore) the type of housing you want for next year.

While people scramble to form

groups of four or six for suite or apartment style housing, odds are, if you receive a bad lottery number, your ideal group will be broken up anyways, making the process even more complicated. Despite the exciting possibilities of future housing selection, the reality of the potential complications make the process of planning for next year's housing a little too stressful.

Overexposed: Blue and Black, or White and Gold?



PHOTO COURTESY OF WIRED.COM

Trivial Topics Often Undermine Serious Issues

by Brianna Abbott '17
Opinion Staff

SOCIAL MEDIA

I saw the dress as blue and black, not that it matters. Sure, the dress was fascinating at first—like all phenomena that breaks the Internet—but soon it just got irritating. Yes, the dress can be seen as two different sets of colors because of the lighting of the picture. No, it's not magic. But please, I don't want to hear about it anymore. All anybody talked about for a good five hours was the color of that dress, and now I don't want anyone to mention the word "dress" again. Social media has certain ways of destroying popular things, turning something funny or interesting or tragic into something dull and overexposed.

On Thursday, February 26, Caitlin McNeill posted a picture of a dress on Tumblr, and the Internet exploded. The dress actually belonged to McNeill's mother, who wore it to a wedding. The interesting thing about the dress is that some people see the dress as white and gold, while others insist that it's blue and black. Two different sides emerged, and the most pointless civil war in the history of the world broke out.

It was everywhere. Someone showed it to me during dinner, and I thought it was entertaining. Then someone else showed me the dress again while I was leaving dinner, and it started to bother me. Then everyone I know wouldn't stop talking about it, and that's when I got annoyed.

For the record, scientists (what type of scientist has the time and the energy to devote to this?) determined that the dress was blue and brown, even though they could have just as easily asked the mother. Either way, the damage had been done. It was all anyone talked about, and most reasonable people were sick of it.

Every time something happens on the Internet, it happens everywhere all at once. That's the beauty and the annoyance of it. Because it comes incessantly, anything popular on the Internet becomes stale within a few days, and people look at something they once focused on with indifference.

Indifference can be fine when the Internet is filled with memes and multicolored dresses, but that overexposure followed by lack of interest becomes dangerous when the topics overexposed are actually important.

When natural disasters or major news stories break, they are treated in the exact same fashion as the dress scandal when they require a completely different type of attention. A tsunami doesn't need three days of complete attention. It needs months of long rallying for support in order to get things done, but the media covers these topics so vigorously that no one wants to help beyond the first week of coverage.

The world would be a much more productive, helpful, happy place if social media and media in general learned the true meaning of the word "variety." Yes, the media should cover what the people want to see, but the media should also realize that the people don't want to see it on an endless loop.

Providence College's
Student-Run Newspaper Since 1935

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The Cowl is committed to accuracy and carefully checks every article that goes into print to ensure that the facts are presented clearly and truthfully. If you find an error in any article, please email the Editor-in-Chief at thecowl@providence.edu. Corrections will be printed as necessary.

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Five Graduation Tickets Is Not Enough

by Mason Sciotti '15
Editor-in-Chief

EDITOR'S COLUMN



One of the best traditions at PC is having graduation at the Dunkin' Donuts Center. It's a place that has been ingrained in our PC experience since we arrived as freshmen; for PC students, the Dunk is basically an extension of campus. There is a serious oversight, however, in only giving seniors five tickets each for the ceremony.

The Dunkin' Donuts Center has seating for 12,400 people during basketball games. There are less than 1,000 graduating seniors, but for the sake of easy math, we'll call it an even 1000. At five tickets a piece, that's 5,000 attendees extra. That means that there are over 7,000 seats going unused that family and friends of graduates would gladly use if given the chance.

I come from a family of five. That means that my parents and two younger brothers automatically take four of my five tickets. A lot of my family lives around the Providence area, but they can't come. Even if two of my grandparents wanted to come, only one would be able to. Don't even get me started about telling my girlfriend that she might not have a seat at my Commencement ceremony. The College's solution is to allow seniors to enter a lottery for more tickets, with no guarantee as to how many tickets they'll get, or to just ask their friends for their tickets.

URI, a school with significantly more students, has held their graduation at the Ryan Center in the past, and offers their students 10 Commencement tickets each. Considering how large of a venue we have and how small our graduating class is comparatively, there's no reason to limit tickets to five per student. It not only makes it uncomfortable for families to decide who goes and who doesn't, but also makes it awkward for students who are basically told to beg around to their friends for unused tickets.

TANGENTS & TIRADES

PHOTO COURTESY OF TUNINGPP.COM

Let There Be... Scented Wax in Dorms

Okay, I admit it, having a ban on candles in the dorm rooms is a good policy. We are by no means firebenders or Polynesian fire dancers. Plus, considering that in the 1970s the College saw how a dormitory could become the largest and most lethal (and architecturally interesting) candle, it makes sense. So no, I will not be ranting and complaining about an outdated candle policy. I will, however, be begging on my hands and knees for non-fire heating scented wax. One guy is enough to have a room look and smell like an earthquake ruptured every sewer in the city of Providence; four to five guys in an apartment makes the area more unlivable than the area surrounding the Fukushima nuclear plant after the 2011 Tohoku earthquake. As someone who lives in an apartment with three other guys and then has friends who live with five other guys, I think it is inhumane for them not to be allowed scented wax that helps to alleviate the smell; the mechanism for which is a light bulb covered by earthenware. Your laptop charger, desk lamp, or TV have just as high of a chance of turning your dormitory into a candle. And if they are already allowed, please specify to the proper authorities that they are, before the smells of old pizza, socks, that weird goo that nobody can identify, and/or five sweaty men suffocate us and then seeps out to the rest of campus.

- Edward Walrod '16

What Your Spring Break Plans Say about You

Tomorrow we are all set free after being captivated indoors for weeks by Mother Nature. But what do your spring break plans say about you? During spring break, 83 percent of both men and women in college drink more than 10 alcoholic drinks a day and around 65 percent drink throughout the entire day, according to onlineschools.org. Half a million students vacation in Florida and 100,000 visit Cancun, while a total of \$1 billion is spent by college students between Florida and Texas. Kudos to all you party animals traveling in mass troops to party until you can't feel your face and spend your break making bad decisions. You must have an inner flame inside you ready to burn some forests down. For those of you who will be glued to your couch this break, most would consider this a typical yet more respectable way to spend spring break. On the other hand, 50 percent of college males will be drinking every night until they pass out and 40 percent of college women will be drinking until they pass out, as stated by onlineschools.org. All in all, students will be spending their time apart from the white powdery elements that have had far too much control over our lives the past few weeks. May whatever decisions you make bear no regrets or broken limbs.

- Christina Moazed '15

Giuliana Rancic's Comment Is a Harmless Criticism

Giuliana Rancic is not a racist and Zendaya is not a hero. Rancic is the latest celebrity to be accused of racial insensitivity after a comment she made on *Fashion Police* about Zendaya's newly premiered dreadlocks at the Oscars. The public responded viciously when Rancic noted that Zendaya's dreadlocks look as if they smell like "weed" and "patchouli oil." However, this situation, which has been blasted around every media circuit, is hugely overblown. The premise of *Fashion Police* is to comically critique the outfits of celebrities, which is what Rancic did. This does not give the cast members the right to criticize celebrities in an ignorant or malicious manner, and Rancic's comments were neither. Just because she's not championing Zendaya's choice as "brave," as other critics and celebrities have, does not make her a racist. After the maelstrom of backlash, Rancic issued a sincere and wonderfully worded apology for her comments underscoring the damaging nature of stereotypes. I believe that referring to dreadlocks as smelling of "weed" may be stereotypical, but it is not racist in nature. On the other hand, Zendaya is being praised for demonstrating a "natural look" by wearing these dreadlocks, yet those were extensions, not her real hair. Nevertheless, Rancic's comment was harmless and should not be receiving the amount of attention it has garnered thus far.

- Nicole Corbin '15

GRAD INFO SESSION

Thursday, April 9, 2015 — 5 P.M.



MBA

MBA with concentrations in

- Accounting
- Hospitality
- Information Technology

MBA One Year Program

- M.S. – Counseling
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Teach in Haiti

What you receive for free, you must give for free.

-Matthew 10:8

10-month teaching positions are available in Haiti beginning August 2015 at Louverture Cleary School, The Haitian Project's tuition-free, Catholic secondary boarding school (grades 7-13).

The Volunteer participates in all aspects of the daily work of The Haitian Project and Louverture Cleary School:

Qualifications:

BA / BS and a commitment to Catholic Social Teaching.

COMMUNITY LIFE: The Volunteers' presence gives witness to the philosophy of sacrifice for the sake of others that is so important to the Louverture Cleary community.

TEACHING: Primary responsibilities are in the classroom, teaching classes ranging from language and religion to laboratory science and computers.

EXTRACURRICULAR ACTIVITIES:

Volunteers teach physical education and lead extracurricular activities. Volunteers monitor four study hours per week.

PROGRAM DEVELOPMENT: Volunteers have personal responsibilities in different areas of the school: language program or other curriculums, work projects, community service programs, etc.

PROGRAM SUPPORT: Volunteers are asked to assist in raising funds necessary for their support in Haiti. We help you in choosing how and when to go about this.

"Through our commitment to working first and foremost for the benefit of others, we have learned that we can improve ourselves and the world around us simultaneously."
-from the Charism of THP



Spring Application Deadline is April 1st!
Contact development@haitianproject.org to receive an application.
www.haitianproject.org

Atheist? Buddhist? Agnostic? Christian?

The Cognition Lab at Providence College is recruiting participants for a new study observing cognitive functioning that pays \$25 for only 15-20 minutes of your time. If you are interested in this opportunity, please go to the link www.tinyurl.com/qydfhit and take a 3-question survey to see if you qualify.

Have questions?
Call 401-248-4755
or e-mail Mary Harmon-Vukic (mharmon@providence.edu)

Have some extra time during spring break? Watch a movie compliments of ClubPhil!



You can choose from thousands of streaming films produced by PBS, Criterion, MEF, and Green Planet to name a few.

Start browsing today -
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**ENJOY
YOUR
SPRING
BREAK!**



PHOTOGRAPHY

The Cowl 11

March 5, 2015



ELYSE BUTTERWORTH '15/ THE COWL



ELYSE BUTTERWORTH '15/ THE COWL



PHOTO COURTESY OF THOMAS WITHERSPOON



MORGAN PEKERA '15/ THE COWL



MARISA DELFARNO '18/ THE COWL



MORGAN PEKERA '15/ THE COWL

TOP LEFT: Students mix up and enjoy a healthy snack for BOP's weekly Things for Thursdays.

TOP RIGHT: A Cappella groups from all around the Northeastern area gather at PC for the A Cappella Club's Invitational.

MIDDLE LEFT: Student Multicultural Activities hosts the original show, *Platanos Y Collard Greens*, about a modern day *Romeo and Juliet* love story with a twist.

MIDDLE RIGHT: Students from all classes and majors explore opportunities for internships, employment, and other post-grad volunteer work at the Career Center's Spring Career Expo.

BELOW LEFT: PC students sign the pledge to end use of the R-word as part of a national campaign asking people to stop using the offensive and derogatory word.

BELOW RIGHT: Providence College's Women's Club Volleyball Team hosts other teams from the New England area at their first club tournament.

Photos Compiled by Morgan Pekera '15, Photo Editor



PROVING PHOTOGRAPHY

If you could go anywhere for spring break, where would you go?



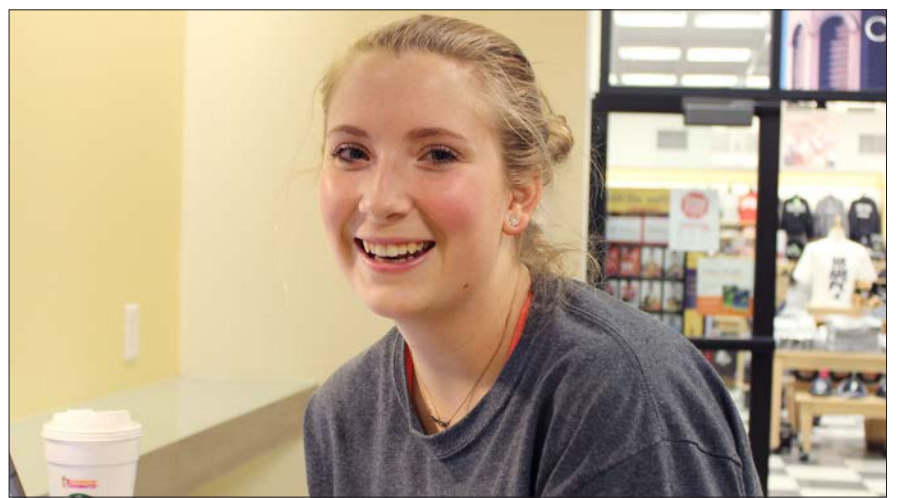
"Rio!"
Claire O'Connor '17



"Italy."
Andrew Deperro '17 and Frank Malzone '17



"Maui."
Tori Palmer '18



"Bora Bora."
Arianna Hoslet '18



"Galápagos Islands."
Abbie Treciak '18, Sierra Thompson '18,
and Nicole Cyterski '18



"Arendelle. From Frozen!"
Colleen Crowley '15, Elizabeth Reidy '15,
and Deirdre Joyce '15



"Siberia."
-Putin



Japan's Own Disney: Hayao Miyazaki

by Ryan Charland '18
A&E Staff

CULTURE

Over the past 30 years, Japan's Studio Ghibli has dominated the hearts and imaginations of children and adults all over the world. The studio's triumphs range from the famously adorable *My Neighbor Totoro* (1988) to the Oscar-winning *Spirited Away* (2001). For the majority of the company's history, production has been spearheaded by Hayao Miyazaki, whom some have dubbed "The Walt Disney of Japan." Recently, rumors have surfaced of an upcoming retirement for Miyazaki, leaving many uncertain of the future of Studio Ghibli. In light of this news, as well as Miyazaki's recent Honorary Academy Award, now seems like an appropriate time to look back on the career of one of Japan's most celebrated artists.

Born in 1941, Miyazaki began animating in 1963 at Toei Animation (creators of the widely popular *Sailor Moon* series). After directing his premiere feature in 1979, *Lupin III: The Castle of Cagliostro*, his first major success came in the form of an adaption of his own manga series, *Nausicaä of the Valley of the Wind*. The story focuses on the relationship between nature and humanity, while also giving an early indication of Miyazaki's fascination with flight (a theme that would later reappear in many of his works). That film, produced by future partner Isao Takahata, gave Miyazaki the finances and reputation necessary to form Studio Ghibli in 1985, alongside Takahata.

One year after its foundation, the studio released *Laputa: Castle in the Sky*, which again featured themes of flight in a tale of two children's search for a mythical floating island, all the while being pursued by pirates in flying



ships. Like many of Miyazaki's works, it features antagonists who are not clearly portrayed as evil, but rather have many sympathetic qualities. Miyazaki's next project, the wildly popular *My Neighbor Totoro*, followed in 1988. The film's lovable spirit Totoro became the studio's mascot, and can be seen on their logo, as well as on T-shirts, backpacks, and phone cases all around the globe.

American audiences may be most familiar with Miyazaki's films from the past 20 years, especially *Princess Mononoke* (1997), *Spirited Away* (2001), and *Howl's Moving Castle* (2004). These films, which were occasionally aired on Cartoon Network's late-night "Toonami" program, contained a sense of imagination and adventure that led to their popularity outside of Japan. In particular, *Spirited Away* is considered to

be one of the best animated films ever. The film tells the story of Chihiro, a young girl who must work in a surreal bathhouse for spirits in order to save her parents, who have been turned into pigs. *Spirited Away's* fantastic story, combined with its vibrant and colorful style, helped it win the Academy Award for Best Animated Film in 2003, making it the first foreign film to do so.

Outside of his animation career, Miyazaki has attracted both acclaim and criticism for his strict pacifist views. These views are often reflected in his work, with many focusing on the evils of violence, as well as featuring morally ambiguous antagonists (as opposed to the clearly evil protagonists frequently found in animation). Other themes in his films include flight, strong female protagonists (leading him to be viewed

as a feminist), and environmental concerns.

Over the last decade, Miyazaki has made numerous retirement announcements that have usually been quickly followed by his return to animation. However, it seems that his most recently announced resignation might be permanent. If he is, indeed, retiring, the future of Studio Ghibli is uncertain. In August, the studio announced that it would be taking a hiatus from production. This, along with Ghibli's *The Tale of the Princess Kaguya* losing the Oscar to Disney's *Big Hero 6*, has fans uneasy over the state of the beloved cornerstone of animation. Hopefully, Miyazaki's potential successors (including his son Gorō) will be able to preserve his legacy for years to come.

Gaslight Anthem Shines in Live Performance at Lupo's

by Dan Gagnon '15
A&E Staff

MUSIC

Last Friday, New Jersey rock band The Gaslight Anthem, known for their incandescent lyrics and electric guitar sound, dazzled fans at Lupo's in Providence. Their current tour is in support of their new album *Get Hurt*, which was released this past August.

The Scandals, a New Jersey punk band led by a guitarist wielding a low-hung Gibson, started off the evening. They dedicated songs to deep, metaphysical topics such as "never getting old" and to "anyone who's ever drank a Gansett."

The second opening act was Northcote, alias Matthew Goud, a musician from Vancouver Island in western Canada. He and his folk rock/folk punk band were a big hit with the audience. They had great stage presence, and it was clear that he has had much experience interacting with crowds.

Finally, at around 10:30 p.m. Gaslight took the stage. Guitarist and vocalist Brian Fallon briefly spoke to the crowd and then immediately broke into the pulsating opening chords of "The '59 Sound" from their 2008 album of the same name. The crowd, which had been fairly calm during the first two acts, immediately surged forward and started dancing and singing.

Fallon is not a loud or boisterous rock and roller, but rather a quiet genuine musician. Wearing a denim jacket and playing his cherry sunburst Gibson Les Paul

guitar, he embodied Gaslight's musical fusion of punk and alternative with Springsteen-esque heartland rock.

Considering that Gaslight is a group known for their sentimental lyrics, it was not surprising that the whole crowd was singing along. This was particularly true during a down-tempo version of their otherwise fast song "Great Expectations," loosely based on the Charles Dickens novel. The room reverberated with the slowly intoned lyrics, "I learned about the blues from this kitten I knew / Her hair was raven and her heart was like a tomb / My heart's like a wound."

Gaslight's recordings pale in comparison to the power of their live performance. The band members are not performers in the sense of elaborate showmanship, but rather they play well, and one can sense their emotion and genuine love of music. They are clearly big fans of Springsteen, and one of the highlights of the show was when they played "I'm On Fire."

The fusion of modern alternative and classic heartland rock, and the themes of times past expressed in Gaslight's lyrics made Lupo's a fitting venue. The building originally opened in 1915 as The Strand Theater, and today it features a combination of black amplifiers and colored stage lights, along with the ornately decorated walls and gilded ceilings from a more elegant time.

Fallon himself was struck by the venue, looking around at the décor from a bygone age and telling the crowd "I really like this place," before sliding into a song about listening to late '50s rock and roll on an old radio.

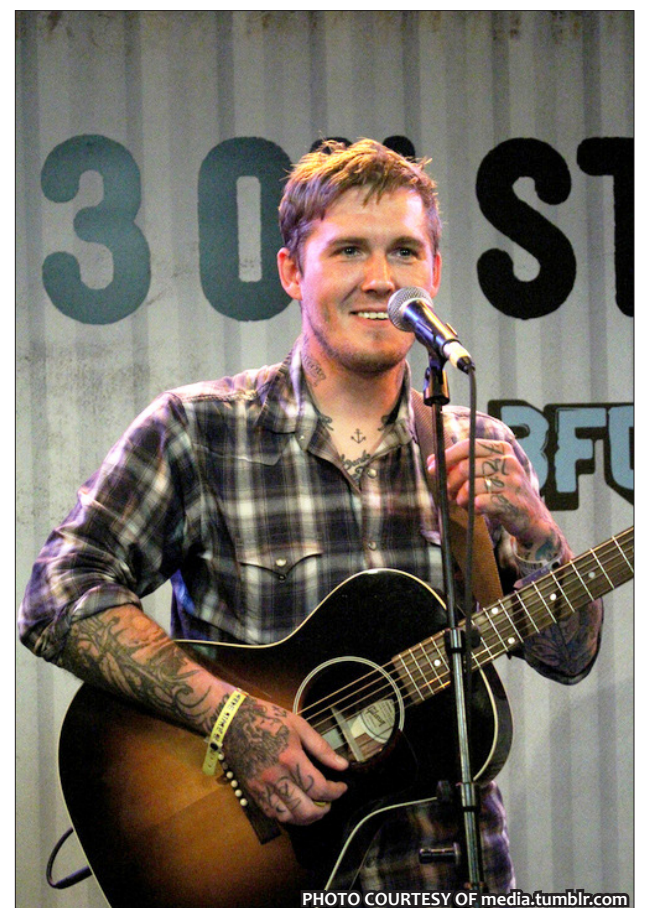


PHOTO COURTESY OF media.tumblr.com

Take A Staycation

by Isabella Goldstein '17
A&E Staff

LOCAL

If you are not lucky enough to be going away for spring break, there is no need to worry; there are plenty of things to do in Providence or your hometown to relax, recharge, and have some fun on what is otherwise known as a "staycation!"

Despite the hefty prices, sometimes going to the movie theater to see a great flick can sometimes be just what you need. If you have not been in a while, try to go and see one of the following films: *Chappie*, and *Unfinished Business*, which are being released on March 6, or *Frozen Fever* and *Cinderella*, which will be released the following Friday. Do not forget the popcorn and candy to treat yourself to the full movie-going experience.

Up for some adventure? Try planning a day trip to the closest major city near you, whether it is Boston, New York City, Philadelphia, or even our very own Providence. Research the best restaurants, sights to see, and attractions for a jam-packed day filled with fun. Or rather, explore your own hometown and uncover some places that you may have never known or thought of visiting before.

Why not try visiting friends at other colleges to catch up and have some fun? Although your adventure may not be far or for a long time, that does not mean that a summer getaway is out of the question, so start planning now. The sooner you make plans for summertime, the better, so you can get all of the best deals for your future endeavors.

Although this may not sound as exciting, spring break can also be a time to regroup and reorganize. Make a to-do list, whether you need a haircut, have a dentist appointment, or must restock on dorm room supplies. It is almost inevitable that a 10-page paper or a large and extensive project will be due when classes resume, so why not get ahead before the semester starts to get extremely hectic? The week will fly by, so make sure to take some time to relax from the hustle and bustle of school. Why not have a spa day or try a new form of exercise like yoga or Pilates?

And as usual, there is always Netflix, and of course, some more Netflix. Spring break is the perfect time to binge-watch your newest favorite series, though that may not be highly encouraged, especially if the weather starts to turn around. Whatever you end up doing, enjoy



PHOTO COURTESY OF clipartpanda.com

Lady Gaga Flaunts Her True Talents

by Ryan Cox '18
A&E Staff

MUSIC

It has been almost two weeks since the Oscars, and one performance is still receiving much acclaim. Lady Gaga paid tribute to Julie Andrews and *The Sound of Music*, which is celebrating its 50th anniversary, surprising many viewers of the show by singing without many of the gimmicks she is known for incorporating into her performances. Gaga sang a medley of songs from *The Sound of Music*, wearing a white dress while backed on stage by a string orchestra and only a couple spotlights. Gaga's performance was all about her vocal talent and paying tribute to an iconic film and actress. Gaga, whose real name is Stefani Germanotta, received praise for her simple performance and her virtually unknown and innate talent. Known for her dance pop albums, which launched her career in 2008, many fans and critics of hers assumed her to be like many of the pop stars of today who rely heavily on auto-tune and electronic substitutes for acoustic instruments. With this performance, and her most recent album with Tony Bennett, *Cheek to Cheek*, Gaga has made a name for herself as a respected and revered musician.

Gaga was a student at New York University's Collaborative Arts Project 21, a musical theater conservatory held through the Tisch School of the Arts. She began playing piano classically when she was 4 years old and began writing songs at 13, soon performing at open mic nights as a teenager. She grew up listening to a wide variety of artists, including The Beatles, Stevie Wonder, Whitney Houston, and Blondie, all of whom she lists as influences. While at Tisch, she

told her parents that she wanted to leave the school and try to make it big in music. Her parents agreed to pay the rent for an apartment, as long as she would return to NYU if she failed. In a 2010 interview with *New York* magazine, Gaga said, "I left my entire family, got the cheapest apartment I could find, and [played] until somebody would listen." From there, she formed the Stefani Germanotta Band, met Rob Fusari, now Gaga's producer, and adopted the name Lady Gaga after the Queen song, "Radio GaGa." The rest is history.

Now in her seventh year since her debut album, *The Fame*, Gaga seems to have stepped away from the dance pop sound that made her famous, and is moving toward a more acoustic, pure sound, as seen in *Cheek to Cheek* and her Oscars performance. This might have been a long time coming, having taped acoustic concert specials for ABC in the

past. Gaga announced in December that she is working on a new album. "It was a wonderful, soul-searching experience," Gaga said, "and it's very unlike the last album [ARTPOP] in that way. And I'm just operating on my old self." Aside from her exceptionally successful music career, which has won her many awards, including six Grammys, 13 Guinness World Records, and a spot on *Forbes* magazine's "World's 100 Most Powerful Women" from 2010 to 2014, Gaga has been an activist for gay rights as well as the anti-bullying movement; she founded the Born This Way Foundation in 2012, which focuses on youth empowerment and mentoring. Gaga attributes much of her early success to the gay community, who, in turn, consider her an icon. Despite her being in a genre where artists rarely remain popular for long, Gaga has begun to transcend that, beginning a second stage of her worldwide acclaim.

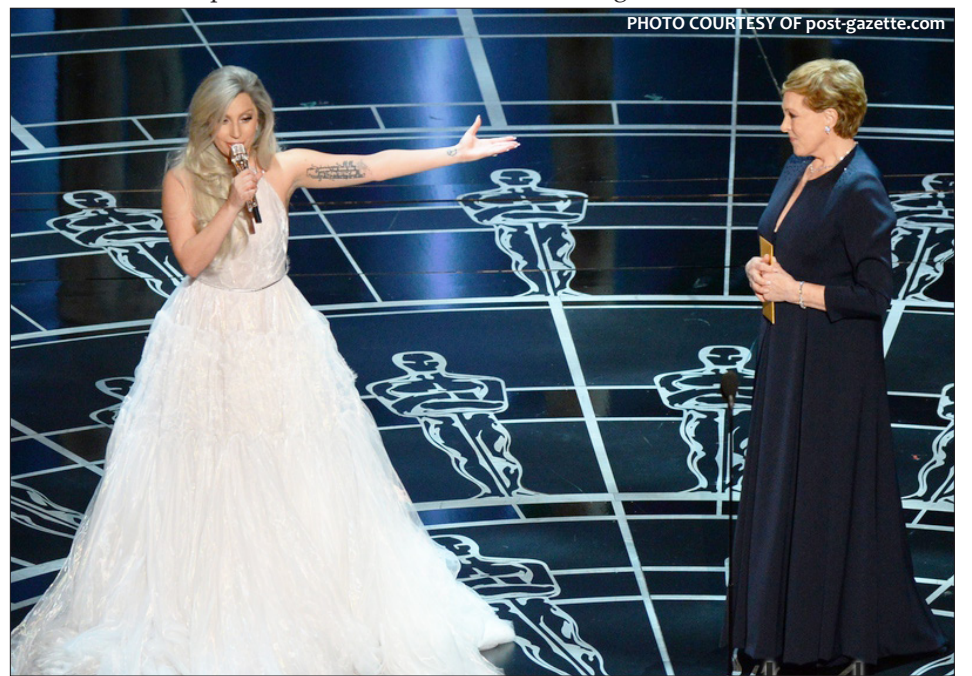


PHOTO COURTESY OF post-gazette.com

Fans on Edge After Murder Finale



PHOTO COURTESY OF entertainmentmonthly.com

by Kealy Robertson '16
A&E Staff

TELEVISION

Season one of *How to Get Away with Murder* left viewers teetering on the edge of their seats. The cast is comprised of nine main characters, nine people who the audience must keep track of. You never know who to trust, and you can never be sure of who is going to turn on whom. *How to Get Away with Murder* was one of the most enthralling TV series this season, pulling in 8.67 million viewers by the season one finale on Feb. 26. The audience became so involved in the plot of the story, as well as the smaller stories within the main plot, because of the need to keep track of every action that each individual takes in order to keep up.

The show's main character, a woman

who is admired yet is dually threatening, someone so powerful, and so brilliant is Annalise Keating (Viola Davis). Annalise is a lawyer, a college professor, and a wife, three titles that she has to continue to balance throughout the first season. Each episode challenges her character and her morality; she continues to make decisions that cause both her students and viewers to question her intent, yet somehow, somehow, her decisions continue to play in her favor.

By the close of the first season, the show leaves viewers blown away. Each episode has been building up to the finale, and at the end of the episode, the viewer is left questioning what will happen next. Filled with lies and deceit, *How to Get Away With Murder* continues to undermine the legal system, allowing the characters to get away with their wrongdoings. Yet, as each character

becomes more deeply immersed in each lie that they tell, they begin to convince themselves that they are telling the truth. Annalise, Frank (Charlie Weber), Bonnie (Liza Weil), and each of her students comprise such a close-knit group, a team that must rely on each other, and a team that cannot function without one another, yet they continue to undermine each other. There has to be a breaking point or a loose end, but the audience just does not know who that loose end will be yet.

Season two is much anticipated, and it is evident, after watching the entirety of season one, that there is a lot in store for the audience. The producer continues to captivate viewers with plot twist after plot twist, making us believe one thing, and then, without any warning, distorting our perception of truth, revealing it to be false. It is obvious that season two will continue to string the audience along, dropping clues, yet making it aggravating as we anxiously watch these nine characters try to pick up the pieces and make sense of the evidence that they have.

Who will betray whom? Who will Annalise continue to trust? Who will lose trust in Annalise; someone who her students and her clients continue to put on a pedestal? Will they be able to solve the case of the murder of Lila (Megan West), and if so, did the murderer get what he deserved, or is he still out there? The finale leaves the audience with so many questions, but it seems that we will just have to wait and see next fall.



by Kelly Laske '16
A&E Staff

CELEBRITY

First there were those unnatural, noticeably injected lips at age 16. Now at a young 17 years old, Kylie Jenner has purchased her first house priced at a casual \$2.7 million. With scandalous Instagram posts and a reported relationship with a 25-year-old rapper, Jenner, who is famous by association, raises the question: is young Hollywood growing up at a faster rate than ever before?

With Kim, Khloe, and Kourtney constantly being scrutinized by the media for bad fashion choices and catfights with other celebrities, it is hard for the Kardashian family to hide from the spotlight. *Keeping Up With The Kardashians*, a reality TV show that follows the hectic lives of the Kardashian family, first aired back in 2007 when Kylie was only nine years old. From ages 9 to 17, Kylie has been exposed to fierce family fights, trouble with the police, plastic surgery treatments, and an obsession with expensive material items. Because of the consistency of all these events unfolding in her Calablasos household, for a young teenager, these events would begin to almost seem normal.

Kylie's early "maturity" began to surface back in 2013 when she posted racy bikini photos on Instagram as a young 15-year-old. In early 2014, her face was almost unrecognizable

due to thick makeup and bigger lips. Whereas her lips used to be skinny and almost barely there, they now completely resembled the surgically treated lips of her older sister Kim, who is 34 years old. At just 16 years old, Kylie surgically treated her features that are not even close to being fully developed. What is even more concerning is that just last week, the minor bought herself her first mansion over eight months shy of her 18th birthday.

Who is to blame in this situation? While one could argue that the media is overbearing and critical of celebrity body image, I think that it's the Kardashian family themselves who are causing the youngest daughter to change herself to the image that they have surgically and financially created for themselves. For the Kardashian family, spending thousands at a clothing store is normal, along with buying multiple luxury cars in a month just to have the latest and best cars on the market. With lack of involvement in charity and a nonchalance about bettering the world, the Kardashians are purely concerned with self-image. After being exposed to it for over eight years, Kylie is simply trying to fit the mold of a "Kardashian," even if it means growing up too fast along the way.

Post-Oscar Drama

Giuliana Rancic Fires Shots at Zendaya Coleman

by Mary McGreal '15
A&E Staff

CELEBRITY

After last week's 87th Academy Awards, E!'s *Fashion Police* took to the air to comment on and critique the style of the stars. Originally hosted by the late Joan Rivers, the show is now led by Kathy Griffin and includes Giuliana Rancic, Kelly Osbourne, and Brad Goreski, who replaced George Kotsiopoulos in 2015, after a several month hiatus following Rivers' death. While Rivers was known for her biting comedy and was not one to shy away from making fun of the rich and famous, recent controversy has left some, such as *HuffPost Style's* Associate Editor Jamie Feldman, suggesting that the show should "quit while it's ahead."

Following the star-studded annual event, the *Fashion Police* team convened to discuss the previous evenings festivities and fashion, including that of 18-year-old actress and singer Zendaya Coleman. The teenager took to the red carpet wearing a silky white Vivienne Westwood design with her long dreadlocked hair swept over one shoulder. According to the *Washington Post*, Rancic commented on the Disney Channel star and her choice of hairstyle, saying, "I feel that she smells like patchouli oil...or weed. Yeah, maybe weed." Rancic's comments faced immediate backlash, with many taking to Twitter and other forms of social media to voice their support for Coleman. Coleman herself addressed the issue on Twitter, writing, "There is a fine line between what is funny and disrespectful. Someone said something about my hair at the Oscars that left me in awe. [...] To say that an 18-year-old young woman with locs must smell of patchouli oil or 'weed' is not only a large stereotype but outrageously offensive."

Rancic quickly responded that her comments had nothing to do with race and were instead a reference to a "bohemian chick" look, but later gave a more comprehensive apology on air, saying, "I just want everyone to know,

I didn't intend to hurt anybody, but I've learned it is not my intent that matters, it's the result. And the result is that people are offended, including Zendaya, and that is not okay. This really has been a learning experience for me. I've learned a lot today and this incident has taught me to be a lot more aware of clichés and stereotypes, how much damage they can do. And that I am responsible as we all are to not perpetuate them further." Coleman replied to Rancic's apology by posting another message to Twitter that said in part, "Giuliana, I appreciate your apology and I'm glad it was a learning experience for you and for the network. I hope that others negatively affected by her words can also find it in their hearts to accept her apology as well."

Apologies have been made and accepted, but the long-term fate of the show is still up in the air, as fresh controversy arose. According to some reports, Rancic repeated the comment three times in three individual takes against the protests of some of her cast members, including Osbourne, a claim that E! denies. Osbourne tweeted that she is friends with Coleman, that she does not condone racism, and that she was seriously questioning whether or not she would stay on the show. Fans did not have to wait long to see if Osbourne would follow through on her claims. Last Friday E! released a statement saying, "Kelly Osbourne is departing E!'s *Fashion Police* to pursue other opportunities, and we would like to thank her for her many contributions to the series over the past five years, during which time the show became a hit with viewers." While no mention is made of Osbourne's reasons behind her departure, it is difficult to believe that it was unrelated to the earlier controversy. The show will resume as previously scheduled, but no replacement has been announced for Osbourne. Fans of the show will have to wait and see if *Fashion Police* will be able to rescue its reputation.



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Traitor's Hymn

by Kate Jorgensen '15
Portfolio Staff

POETRY

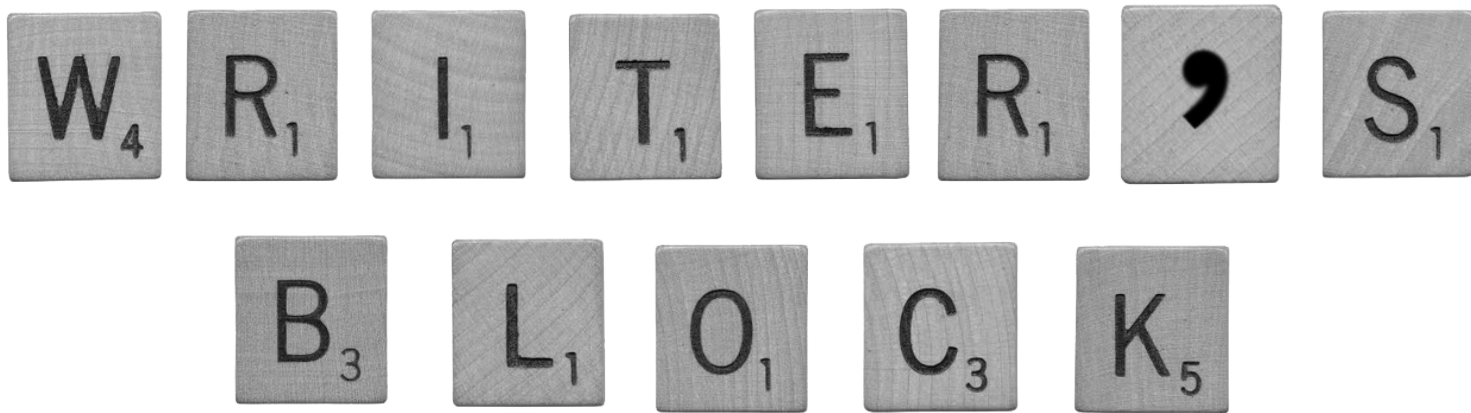
I had a dream of childlike things,
Of silver towers, and silver trees,
Beside a silver sea.
The air was calm, and bright, and still,
As sunshine-sheen on snow.

Oh, my heart was sorely hurt
With grave and childish things;
Alone, as I have always been,
As I walked on golden sand,
Beside a silver sea.
From my heavy, bitter words,
The gulls, white-wing-wheeled,
My thoughts were millstones round my neck:
That I was a traitor-born,
Nor worthy as my kin.

No warning, naught but salty breeze,
Where blasted bronze-bold horn;
A lion's thunder gentle roared;
And fire and light burned-valiant-bright,
Beside a silver sea.

Eyes of terrifying tenderness,
Shook me to the root,
For He saw all my far-flung fears
And warmly, breathed "Beloved,"
"Beloved, all shall be well."

Teardrops silvered waking eyes,
And I wept freely, fully,
In wonder at the thing;
Do you marvel, that I wept?
For, when I called, He came.



by Joseph Ahart '18
Portfolio Staff

FICTION

I wish the music would stop. I wish the flashing, overly bright lights would stop. I wish this sweaty guy who smells like baby food grinding on me would stop. Though I knew it wasn't going to stop any time soon; the night was young, the agent still hadn't arrived, and probably wouldn't for quite a while. I would simply have to endure the sweaty air of the night club if this plan were to work.

I checked my phone for the time. It was only 9:45. Each minute can feel like an hour when you can actually feel, taste, and smell the breath of every soul around you. It was as if you became one giant mass of people, and your individuality was completely forgotten in a sea of drunken dancers. Well, dancing isn't really the right word for whatever this guy behind me was doing. It was more like when you hit a beehive and are also on meth. Just as I was about to put my phone away, the screen showed an incoming call. I hit the answer button, and a deep voice

came on the other line. "He's here." With a click, the man hung up, and I began my mission.

I made my way out of the oh-so-lovely cluster of people, only to lock eyes with my target. He wore a black suit and tie with a white undershirt and sunglasses. Really? How the hell could he see? Oh well, makes my job easier, I guess. Two bodyguards stayed to each side of him both scoping the area. I sat at the bar at the opposite end from the entrance of the establishment, pretending to look busy with the large man next to me. We laughed and pretended to flirt, but in our smiling, pseudo drunk states, we were discussing the course of action.

"Do you have the poison?" He chuckled.

I giggled in response, "It's in my purse." I shot him a suggestive look. "I've got about eight darts, not that I'll need more than one."

He smiled. "Good. I'm sure by now you've noticed the two bodyguards. Any suggestions as to what we do with them?"

"Well, judging by their outfits they seem to be paid well, so there's probably no chance of 'distracting' them from their jobs."

"Well, that's why we gave you multiple darts, is it not?" he cackled, "Besides, you were always the 'creative killer'."

"Oh stop, you're making me blush!" "Are you really flirting with me now, Kendra?"

"Oh yeah, totally," I said sarcastically, rolling my eyes. "I was an acting major, let me do my thing here."

"What I expect you to do is to get the job done, not have fun with it. Unless you actually have fun at this job?"

"You know damn well why I do this. Don't pretend otherwise."

"My apologies, did I hit a soft spot in the ruthless Viper?"

Never in my years of this profession did I love, or even remotely like, that name. Who would want to be associated with such a creature? The music suddenly slowed around us, and green lights illuminated the reflecting walls of the club. Out of the corner of my eye I noticed the two guards put their hands to their ears talking to an unknown party. The target tightened his tie and headed towards a back door on the other side of the club.

"I need to go." I slung the strap around my shoulder and quickly followed the black suit.

"I'll call you later." He winked, still in the game of pseudo-flirting.

I was able to easily navigate the dance floor now that the heartbeat of the club had slowed to a calmer pace. It wasn't long before I made it to the door in which the target had retreated into. A dark, narrow hall met my gaze, dully glowing with the green light from the other room. At the other end stood the two guards at the base of a staircase. He's got to be up there. I went back out into the main room and saw up on the rafters the target, looking down at the room like a ravenous predator.

The lights suddenly went out, and with a crescendo of rumbling music a flash of red light blinded me for a moment. When I regained my sight I saw a large snake statue rise in the center of the floor. *This is one hell of a club*, I thought. The pace of the music was now faster than the pulse in my veins, causing a perfect cover of people to begin jumping about on the dance floor. I made my way to the snake and climbed its coiled, metal scales. I met my target in the eyes, the bomb in his hands almost set. I loaded a dart into the gun. "For my daughter," I hissed, letting the dart fly.

Two writers, one line:

"I wish the music would stop..."

by David Martineau '18
Portfolio Staff

FICTION

I wish the music would stop. All of it. Every last note, every little chord. All of the confounded genres and artists, I wish they'd all just go away. No more hip-hop, no more rap, no more incessant Disney movie songs pounding through my brain like a pitiful symphony of useless noise. I want it all to stop.

I hate music, in case you were wondering. Everything about it tears my mind to fragments, eating at me like acid. I know, I know, saying that makes me sound inhuman, but it doesn't change the fact that music is just awful in every way. It's just so... confusing. It has no order, no purpose. What kind of universe do we live in that would allow such atrocious variety to exist. Every time a new song or tune emerges from the insane depths of some "artist's" twisted mind, I die a little inside, because I know that it will never stop.

Unless, of course, I have my way. That's why I started the "End All Music" campaign. At first, it was just a little petition on Facebook. "If you

want all music in the world to cease, add your signature to my page, and together, we will end the destructive reign that it has created to oppress us." Okay, perhaps it was a little too much to ask...and maybe my language was a little too harsh for someone just starting a movement. But hey, I'm a passionate guy—at least, when it comes to something as outrageous as this.

The petition didn't see much activity at first, except from those who stopped by to express their utter hatred for me, my ideals, and my existence in general. I ignored them, of course... some people just don't have the vision that I do. Others jokingly affixed their signatures in an attempt to mock me, but I ignored them too...I was waiting for my true supporters to emerge.

It took a while, but eventually they came. They started anonymously, sending me funds in unmarked envelopes that encouraged me to continue my cause. All of their praises bolstered my resolve, and made me hopeful that someday, perhaps, I would see my goal achieved. I used the money they sent me to make posters and signs, to set up a committee of close personal friends who shared my views. We established our headquarters in

Washington, D.C.—prime real-estate for anyone looking to have his voice heard. Of course, we had to be frugal. After all, our cause was a difficult one to keep funded. Our movement wasn't exactly popular. We got evicted from our building at least three times, but there was always someone willing to take us in, whether they agreed with our ideas or simply wanted the cash.

My campaign grew ever so slowly, until finally we have become a force almost as strong as the government itself—well, at least in my view. They were still stubbornly opposing us. Our ideas "flew directly in the face of free speech," according to them, but they couldn't make that argument work without us shooting it right back at them. We were in a constant stalemate with them, unable to gain ground and make our dreams a reality.

And then came the break. We received support from countries across the globe, whose citizens had begun to rally in support of ending all music. Slowly, we gained traction. The government caved, and we took over the country with our movement. Music stopped in its entirety, and everything was right in the world. I had achieved my dream by simply using my voice, and now no one would be able to use

their's to make that confounded music ever again. I had changed the—

"Jimmy, are you listening to me?"

I snapped back into reality as my mother's voice called my name. Turning to face her, I barked an irritable, "What?"

She gave me a warning glance and said, "We're here."

I looked out of the car window and saw the weathered crimson bricks of my school. Despair filled me as I realized that it had all been but a dream. I could hear the sounds of my failure even now, blaring through the car radio with an almost mocking cruelty—the music was still playing.

"Have a good day," my mother said as I sullenly exited the car, making my way towards another depressing, music-filled day. I shook my head in anger at the impossibility of achieving my dream, even as the soft echoing of the cruel music floated towards me from everywhere: the grocery across the street, the cars driving to and fro, and the earphones of my fellow students. Man, I wish the music would stop.

Maybe it would, someday. I just need to make that Facebook page...

Listomania

Spring Break:
Have Fun in _____

Mordor	Hell
Siberia	The Line at Dunkin'
Guantánamo, Cuba	Your Parent's' Basement
Azkaban	Chernobyl
Winterfell	The North Pole
District 13	Dore Hall
Detroit	318 Chalkstone Ave
Pawtucket, Rhode Island	Clubbies (RIP)
Shelby, Ohio	The South Pole
The DMV	New Jersey
Hoth	<i>The Cowl</i> Office
Jail	Dorne

Tiffany & Earl

*Making PC an emotionally stable
place one letter at a time*

Dear Tiffany and Earl,

All of my friends are going to the Bahamas for spring break, but I'm going to be stuck at home applying for jobs and going on interviews. It's my senior year, and I just want to let loose one last time. Any suggestions on how I can spice up my spring break?

Sincerely,
Senior Year, Senior Beer?

Dear Senior Year Jeer,

Hot and dangerous, if you're one of us then roll with us, 'cause we make the hipsters fall in love when we got our hot pants on and up, and yes of course we does, we runnin' this town just like a club, and no you don't wanna mess with us, got Jesus on my neck-a-luce-uce-uce.

Beer before liquor, never been s!cker.

XOXO



Tiffany

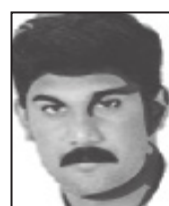
Dear Disappointment,

Don't you dare use the phrase "senior year, senior beer." You are unworthy of uttering those words.

Do you even know how to senior year? This isn't amateur hour. This is spring break. And if you don't know what that means, ask James Franco. He knows all about it. OH WAIT! You can't ask him because he's enjoying spring break so much that he's giving oral to a gun.

Look, there's one solution here: f*** the job, f*** the interview, and f*** your parents' basement. Just become a super senior and go to Miami every year for spring break. It's your destiny.

Spranggggg breaaaake.



EARL

THE MUSE

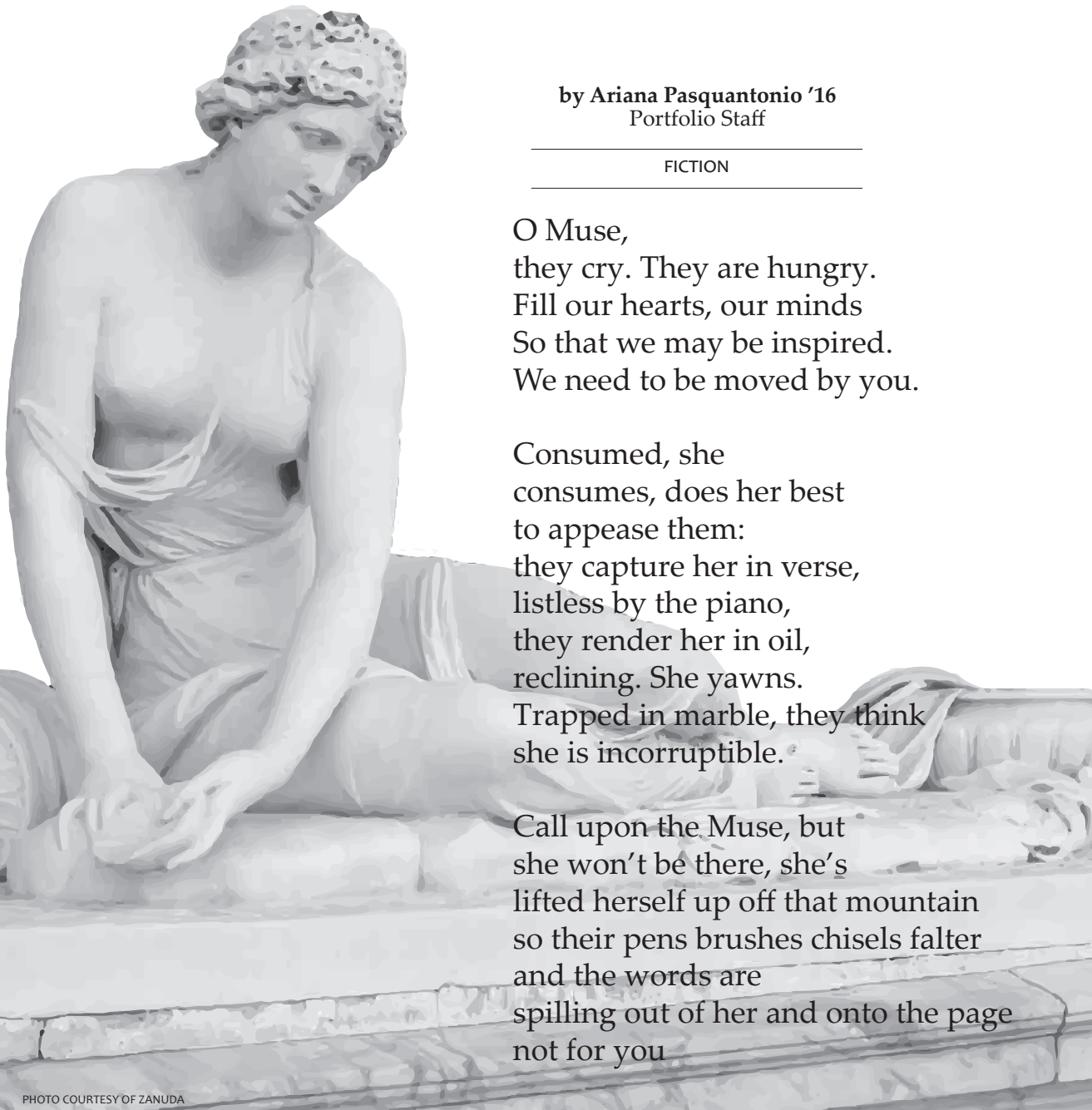
by Ariana Pasquantonio '16
Portfolio Staff

FICTION

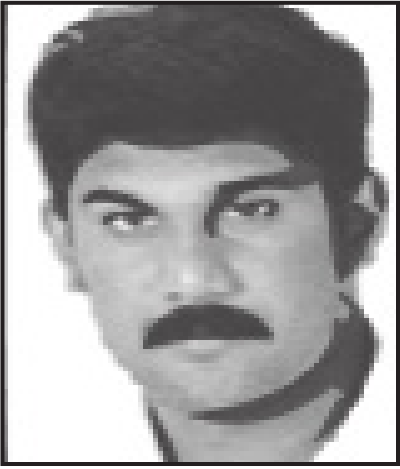
O Muse,
they cry. They are hungry.
Fill our hearts, our minds
So that we may be inspired.
We need to be moved by you.

Consumed, she
consumes, does her best
to appease them:
they capture her in verse,
listless by the piano,
they render her in oil,
reclining. She yawns.
Trapped in marble, they think
she is incorruptible.

Call upon the Muse, but
she won't be there, she's
lifted herself up off that mountain
so their pens brushes chisels falter
and the words are
spilling out of her and onto the page
not for you



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Editor's Corner:

PC Athletics in Good Hands

by Joey Ciccarello '16
Sports Editor

COLUMN

Late Sunday afternoon, Ed Cooley and the Providence College Men's Basketball Team put the finishing touches on a victory over Big East foe Marquette, a victory that likely stamped the Friars' ticket to a second consecutive NCAA Tournament berth. However, something else caught my eye as postgame coverage began on *Fox Sports One*. As the Friars entered the tunnel, one of the first men to greet them was the Friars' unsung hero: their athletic director. I have never had the chance to speak with Bob Driscoll, the man behind the madness that is Providence College Athletics. I have, however, observed a few things from afar. I see his unflinching enthusiasm and passion at every athletic event he attends. I see his unmatched commitment to the Providence Friars. Most importantly, however, I have recently begun to see how instrumental he has been in turning the Providence athletic program around.

To really appreciate the strides that Driscoll has made in recent years, consider the state of a variety of Friar Athletic programs just a few years ago. In 2012, the soccer program was in flux; Coach Chaka Daley had left Providence for Michigan, and Driscoll had just hired Craig Stewart from Division II Franklin Pierce. The Friars struggled on the pitch that year, winning just four games and missing the Big East Tournament. Two years later, the soccer program is fresh off their first trip to the NCAA College Cup, coming within minutes of playing for a national championship. Stewart has a Big East Championship under his belt, as well as another championship appearance to go along side of it.

Of course, Stewart is not Driscoll's only home-run hire recently. The Men's Hockey Team was in dire straits after the 2010-2011 season, left without a coach after the firing of Tim Army. Driscoll went ahead and hired Nate Leaman away from Union College, who has taken the Friars to the cusp of a second consecutive NCAA Tournament, just three years after a losing season and a seventh-place finish in Hockey East. Leaman has made Providence a destination for future NHL talent and made Friar Hockey relevant again.

Arguably, Driscoll's biggest home

run hire was Cooley, Friar basketball's beloved coach who took the Friars from worst to first in a matter of three years. Hiring the Providence native has brought the buzz back to the Dunkin' Donuts Center, something that was thought unfathomable in the late days of the Keno Davis era.

Go to a home game at the Dunk, and one thing becomes clear; nobody loves his players, his coach, or his program more than Bob Driscoll loves the Friars. He combines the passion of the fans in the nosebleed section with an impeccable knowledge of how to run an athletic program, and a keen eye for coaching talent.

It does not stop with these three coaches. Women's Hockey Coach Bob Deraney is widely regarded as one of the best coaches in the nation. Ray Treacy, the cross country and track and field coach, is a winner of multiple national championships. His other recent hires have gone unnoticed, but will get the Friars back on the map in their respective sports as well. Sam Lopes took the women's soccer team to the Big East Tournament in his first season. Susan Robinson has NCAA Tournament experience in her former coaching gigs, and will get the Friar women's basketball team there sooner rather than later. Chris Gabrielli, a former assistant at Duke, knows what it takes to win, and Providence lacrosse will be a player in the Big East in only a matter of time.

Driscoll's impact goes far beyond the hires that he has made, however. Under his watch, Providence has opened up the Ray Treacy Track and Field complex, and has hosted its first ever outdoor track and field meet. A new soccer and lacrosse stadium is coming in the near future, and Schneider Arena is now a state of the art facility. The NCAA Basketball Tournament is coming to the Dunk in 2016, a tournament the Friars are very likely to appear in for the third straight year.

It may sound ridiculous, but next time you go to a Friars athletic event, try not to forget the guy watching courtside or in the luxury box. Bob Driscoll deserves all the attention and merit he can get for turning a once middling Providence athletic program into a national powerhouse.

YES

As fans, we live in a world that is two parts blind optimism and one part bleak cynicism. We follow teams that have no hope of winning a championship with a religious zeal, and when we are finally forced to accept reality, it hits as hard as a Zdeno Chara slap shot. No current situation in sports embodies this dichotomy more readily than that of Derrick Rose and his glass knees, a saga that continued this past month when Rose once again tore the meniscus in his right knee. Many will say this is the end for Rose; that three knee surgeries is too much for a player who relied on his freakish athleticism to ever overcome. Well, I am here to be the voice of those two parts of blind optimism, and tell you why Rose will once again dominate the NBA someday soon.

I acknowledge that it might take a miracle for Rose to return to form. But if there is any avenue of life more prone to miracles than sports, you would be hard pressed to find it. First and foremost, making it to that level of competition is a miracle unto itself; only a fraction of a percent ever even have the ability to compete at such a level. And secondly, the examples abound of sports stars returning to form from injuries no one thought they could ever recover from. Drew Brees mangled his shoulder so badly the year before he signed with the Saints that many thought he could never even throw a football again, much less be a Pro Bowl quarterback. Mario Lemieux fought off Hodgkins Lymphoma and chronic back injuries to become one of the greatest to ever grace the ice. Tedy Bruschi nearly died of a stroke and made the Pro Bowl the very next year.

In many ways, the people we watch compete on television are superhuman. They take mental and physical punishment that the rest of us simply cannot endure; that is why they are there, and I am sitting behind this keyboard. And Rose was once one of the greatest of these. He may never come back to who he was before. It may take a miracle for it to happen. But if anyone can come back from the torment of three separate knee injuries, it is a freak of nature like Rose.

-Brent Bauerle '16

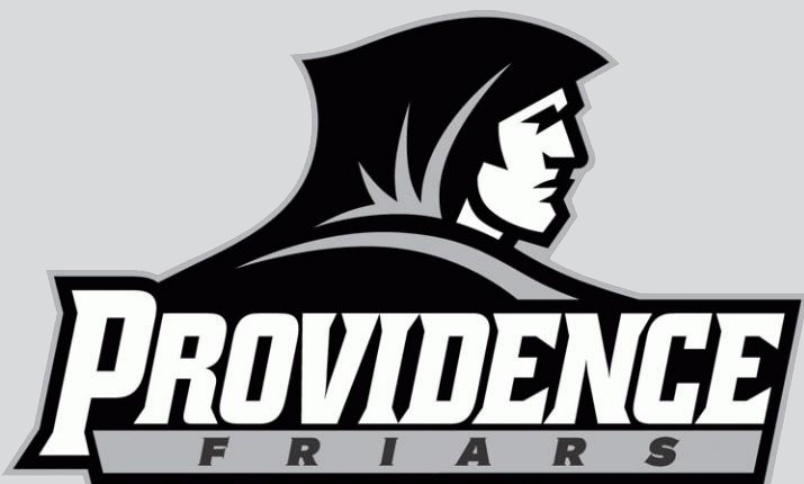
WILL DERRICK ROSE
EVER BE
THE SAME PLAYER
AGAIN?
NO

D-Rose has never been one of those point guards who could knock down three-point shots at an elite level, like Steve Nash or Steph Curry. He has never been one of those guys who will rack up 10 assists a game on a nightly basis, like Chris Paul or Rajon Rondo. No, Derrick Rose's game, up until this point, has been predicated on his other-worldly athleticism—and after suffering the third major knee injury of his career, it is reasonable to say that his level of athleticism, and indeed his career, will never be the same again.

Fans who watched Rose play for the Bulls this season likely noticed a decrease in production, especially from the MVP-level that he was at in the 2011 season. One ACL tear and now two meniscus tears later, it's becoming more and more evident that D-Rose's signature brand of explosive play has taken a toll on his body. The 6'3" guard cannot go around dunking on seven-foot centers with the regularity he used to anymore.

Of course, Rose is only 26 years old, and his career is far from over. But there's no way that this slashing, scoring, high flyer can ever be the old D-Rose again. He will be back, likely with an improved jump shot, but his confidence and quickness in the lane will never be the same. Rose could very well remain a fringe All Star player for the rest of his career, but with this third serious injury in four seasons, I just don't see him playing at an MVP level every again. And with big names like LeBron, Durant, Curry, and Anthony Davis to compete with for years to come, it might be time to admit that Rose's days as a premiere player in the NBA are over.

-Nate Svogun '16



WHO WILL WIN

THE 2015

Villanova

Competition has been fierce this season in the Big East and the Villanova Wildcats have set themselves as the team to beat in the Big East Tournament at Madison Square Garden. For the second straight season, the Wildcats will finish as Big East regular season champions. However, the team hopes that the outcome of this year's tournament will be quite different from last year's result, when they were upset by Seton Hall in the quarterfinals. This season, the Villanova Wildcats appear to be even stronger and better positioned to claim the title of Big East Tournament Champions to dethrone the Providence Friars.

Villanova's success up until this point has been due to their ability to shoot from three-point range, the veteran presence on the court, and the successes of many players. Currently the fourth-ranked team in the country, Villanova sports a 28-2 overall record and a 15-2 Big East record after recent wins at Xavier and at Creighton. They are currently riding an 11-game winning streak. The only blemish on their resume was a 20-point loss to Georgetown on Jan. 19, but the team redeemed itself with a 16-point win on Feb. 7 when the Hoyas were 24th-ranked in the country. In the final game of the season, the team will aim to cement their place as a top-ranked seed in the NCAA Tournament, but it should have no problems against St. John's, whom the Wildcats beat by 19 points earlier in the season.

On the offensive side, the Wildcats lead the Big East this season in scoring and three-point shooting thanks to the efforts of Darrun Hilliard II and Ryan Arcidiacono. Hilliard, a favorite for Big

East Player of the Year, has been an anchor for the Wildcats at guard leading the team in scoring with nearly 15 points per game. Hilliard provides a vital offensive presence on the court, especially late in games. On Valentine's Day, he sank a three-point shot with 1.5 seconds left against Butler to break a tie and secure victory for Villanova. Arcidiacono has averaged nearly four assists per game, and also leads the team in minutes and free-throw percentage.

In addition to Hilliard and Arcidiacono, the Wildcats rely on a number of players for their scoring. JayVaughn Pinkston and Daniel Ochefu are both returning starters for the squad, and have proven to be valuable assets on the court. Seven players on the roster have averaged between six and 14 points per game and many of these players are also capable of shooting from the three-point range. Finally, Villanova has succeeded thanks to their veteran leaders on the court. The Wildcats, whose starting lineup consists of two seniors and three juniors, have the necessary experience to secure victories in the closing minutes of a game. This can prove to be essential during the Big East Tournament, when the slates are wiped clean and anyone can walk away with the title. The memory of last season's defeat in the quarterfinals is sure to motivate the upperclassmen to play harder in the Big East Tournament. Ultimately, last year's outcome proved that the highest seed will not necessarily guarantee a title, but Villanova appears highly likely to earn the title of Big East Tournament Champions.

-Sarah Wacik '15

Georgetown

My colleagues can say all they want about the other teams, but the Georgetown Hoyas stand apart from the rest because of their lack of bad losses—meaning outside the RPI top 50. We can all recall Providence's losses to Brown and Boston College. Butler lost to 14-14 Tennessee. Xavier lost to Long Beach State, Auburn, Creighton, and DePaul, and St. John's also lost to Creighton and DePaul, cringe-worthy results against the two Big East bottom feeders. Villanova, the odds-on favorite to win the Big East title, lost at Seton Hall, a squad that has crumbled in the last month. Their other loss? A 78-58 defeat at Georgetown University on January 19. Look into the Hoyas' record—18-9, with no bad losses.

Georgetown's worst losses by far are to Xavier, whose 41 RPI will get them safely into the NCAA tournament. Their schedule has been extremely tough, ranking seventh in the nation, and they have acquitted themselves very well. In non-conference play, they held Kansas to a five point loss and Wisconsin to a three point loss, while beating Indiana and Florida. They have picked up another 10 wins in conference play, only failing to beat Providence and Xavier. Apart from the big Villanova win, they picked apart St. John's, held serve against the bottom feeders (sweeping Marquette, Creighton, and DePaul, something no other team has done this year), and crushed Seton Hall in Newark when the Pirates were still playing well.

The most important thing about

Georgetown's resume is that they know how to beat the Villanova Wildcats. Sure, Seton Hall did it this year (and in last year's tournament), but are definitely too unraveled to do it again. That leaves the Hoyas, a squad of battle-hardened young men who have faced an extremely tough schedule and came away better for it. A swing of only a few points in the Kansas and Wisconsin games would have given the Hoyas three top-10 wins.

The only two current coaches to have won a Big East Tournament are Providence's Ed Cooley and Georgetown's John Thompson III. Villanova's Jay Wright has won regular season titles, but never the one that really counts. While 2007 is awhile ago, this could well be Thompson's best squad since his last title team. D'Vauntes Smith-Rivera (16 points per game) is a Conference Player of the Year candidate, Josh Smith (11 points and six rebounds per game) is a huge body down low, and Isaac Copeland and L.J. Peak have been impact freshmen, similarly to the Friars' young guns.

On a neutral court in New York City, the Hoyas will not be scared by the bright lights. Villanova's biggest threat will not be Butler, St. John's, Xavier, or Providence. It will be the Georgetown Hoyas, and when the rivalry is renewed in the Big East Final next week, the Wildcats better watch out.

-Jeff Williams '17

Providence Friars

Last year, it was Bryce Cotton '14 and Kadeem Batts '14 who were at the forefront of the Friars' upset victory over Creighton to claim their second ever Big East Tournament Championship. Cotton and Batts, as seniors rightly should, shared the spotlight that night and for the better part of the season. What is often forgotten is that Josh Fortune dropped a career high 24 points two games earlier to knock out St. John's in the second round of the tournament, thus keeping the Friars' NCAA hopes alive. All three pieces were pivotal in what was essentially a six-man rotation last year. While all three pieces have since left, the Friars have filled their roles quite well and possess all that is needed, and more, to recreate the confetti-filled scene at Madison Square Garden again this year.

The Friars now enter the Big East Tournament with no bubble conversation. The Friars, ranked 24th in the country, are a lock to get back into the NCAA Tournament, the first time making it in back-to-back years in 20 years. The feat alone is credit to Ed Cooley in only four years as head coach. Even though the tournament will be solely for seeding, Cooley and the team will still be playing to lift the trophy again as a magical run could propel the Friars to a higher seed and a more favorable matchup in March Madness.

Providence will not be a favorite, but I don't think that anybody is overlooking the Friars' chances to repeat, especially when the Friars boast the league scoring leader and the league assist leader. Ed Cooley admitted

during a recent post-game conference that the team will go as far as Kris Dunn '17 and LaDontae Henton '15 go. Dunn and Henton are one of the best duos in the country, and are virtually impossible to defend. The Friars run into trouble, as was evident against Villanova and to an extent St. John's, against athletic teams that can hit threes. Fortunately, the Friars' control their own destiny to obtain the second seed in the Big East Tournament placing them on the other side of the bracket of Villanova.

A bright spot for the Friars in the past few games has been Tyler Harris '16 who appears to be gelling into his role on the team. Much has been said about the Friars' lack of a third scoring option behind Dunn and Henton, but Harris has stepped up the past week,

especially against Marquette, to help balance the scorers. If the Friars want to successfully defend the title of Big East champs this year, Harris will need to contribute. Of course, the reintroduction of injured Carson Desrosiers '15 will help a great deal on both ends of the court.

According to Ed Cooley, the Friars have not played their best basketball yet. They appear to be peaking at the right time with solid plays from Harris, Ben Bentil '18, and Paschal Chukwu '18. The Friars know what it is like to play, and win, at Madison Square Garden. Don't be surprised if the Friars are lifting the Big East Championship trophy again this year.

-James Kirby '15



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BIG EAST CHAMPIONSHIP



Xavier Musketeers

The Xavier University men's basketball team has had great success in Big East conference play, especially on their home court at the Cintas Center in Cincinnati, Ohio. The Musketeers have posted a 13-3 record overall at home, including at 6-3 overall record at home against Big East opponents. All season long, Xavier has played exceptionally well against Big East opponents.

Leading the way for the Musketeers will be senior center Matt Stainbrook, who serves as the emotional leader for Xavier. Stainbrook leads the team in rebounding and is second in field goal percentage and points per game. Stainbrook's 6'10", 270-lb body frame places him as one of the biggest enforcers in all of the conference. This will be crucial in the Musketeers' quest to make a run to the Big East Tournament championship, for

whichever team can control the paint will set themselves up for success.

The extra possessions caused by Stainbrook's tenacity for offensive rebounds will give Xavier more opportunities for second chance points and free throw attempts. Stainbrook's senior leadership will serve a Musketeers team that is built on youth. Another player looking to make an impact for Xavier is freshman Trevon Bluiett. Bluiett was a top high school prospect in the nation, as he ranked 46th in the *ESPN* 100 recruiting list.

He now leads the team in points per-game with 12.8. As reported to GoXavier.com, Xavier coach Chris Mack commented on Bluiett's skill set, stating "He is old school with his work ethic, his ability to create a shot and his understanding of how

to use his body to create space.

Trevon loves to win and his approach to the game is razor sharp." Coach Mack high regards for his talented freshman is important for Bluiett's confidence as he heads into his first experience of tournament play. Tournament teams can ride the momentum of their star players all the way to the championship. If Bluiett is able to take over games and force defenses to key on him, it will open up the floor for others to score easy baskets. Bluiett has proven he can display the demeanor of playing in big games, as he guided his high school to three state championships in the state of Indiana.

Coach Chris Mack will be emphasizing efficiency on the offensive end in order for his team to have success in the Big East tournament. Look for Coach Mack to feed the ball in the post early to the likes Stainbrook,

where he is making over 60 percent of his shots. Positive outcomes have to occur while the Musketeers have possession of the ball. This includes penetrating the paint in order to draw fouls and score easy baskets. This also means limiting the amount of turnovers the Musketeers commit, while being able to force their opponents into mistakes.

The youth of Xavier will serve them well with regards to playing with high energy and intensity both offensively and defensively. As long as Coach Mack can keep his team focused amidst the frenzy within Madison Square Garden, Xavier will propel themselves to signature wins similar to the way they defeated Providence, Butler, and Georgetown during the Big East regular season.

-Brannon Walker-Hodges '16

Butler

Since the departure of Brad Stevens, current Head Coach of the Boston Celtics, the Butler Bulldogs have struggled to achieve the type of post-season success that they were used to when Stevens was the head coach. However, two players who were originally recruited by Stevens, Kellen Dunham and Roosevelt Jones, are playing excellently for the Bulldogs in their junior seasons. Dunham has been making opponents look foolish all season, averaging 17 points a game while seemingly making every shot that he has taken. Providence fans were given a tough example of Dunham's shooting prowess on their visit to Indianapolis on Jan. 6, when the Bulldogs' leading scorer scored 18 points and nearly led his team back against a talented Friars team.

Jones is a completely different player than Dunham. Rather than knocking down jumpers from the top of the key, he uses his massive body to get in the lane and finish with contact. Considered one of the best finishers in the country, Jones has put on an absolute clinic under the hoop this season. So far, his best moment of the season came in the final five seconds of his team's 58-56 road victory over the Creighton Bluejays, when Jones drove past two Creighton defenders and finished a contortion act of a right handed layup, leaving the home team stunned and unable to mount any last second comeback. In addition to these two stars, the Bulldogs have excellent role players as well. Alex Barlow and Kameron Woods have played big minutes this season, and will look to be huge contributors in Madison Square Garden.

Even with the injury to double-digit scorer Andrew Chrabaszcz, Butler looks poised to make a big run in this year's Big East Tournament, and have an excellent chance to lock up the automatic bid that comes with a Big East Championship. As of now, the Bulldogs have the 23rd best RPI in the country, and are one of the only Big East teams that have found their way into the top 25 national rankings at this point in the season. They are currently second in the conference, trailing only the Villanova Wildcats, who many people consider to be one of the best teams in the entire country.

Their play thus far in the conference has guaranteed that they will have a first round bye in the Big East tournament, and wins in their last two Big East games will grant them the two seed come March 11-14. This could give the Bulldogs a very favorable match-up against one of the bottom-dwellers of the Big East. However, looking past their first round match-up, they could face some difficult teams on their quest for the Big East postseason crown. Luckily for the Bulldogs, they match-up very well with teams like Villanova, St. John's, and Georgetown. On Feb. 14, they nearly took down the mighty Wildcats at home, a feat which only two Big East teams have accomplished thus far. These match-up strengths combined with a strong nucleus and coaching staff will push the Bulldogs to the 2015 Big East Championship.

-DJ Anderson '16

St. John's

St. John's' final game is a tough one against Villanova. With a final game that can likely be chocked up as a loss, St. John's will almost certainly find themselves in the middle of the pack in the Big East, still looking to lock up a spot in the NCAA Tournament. They certainly will not be favored past their first game in the Big East Tournament, but they will be dangerous and an upset waiting to happen.

St. John's is stuck in the middle of the Big East mostly due to the three straight losses that began their conference season. The Villanova loss never looked bad and the loss to Butler has looked better and better as the season went on. Even the Seton Hall loss, bouncing back and forth in perception as Seton Hall remains hot and cold through their conference schedule was sustained during a streak that also saw the Pirates beat Villanova. However, they have recovered from their early trip up to make themselves a strong candidate to shake things up in the Big East, given the right breaks, a la Providence last year.

To start, St. John's had a promising season ahead of them, with an experienced roster including a pair of seniors looking to prove themselves candidates for Big East Player of the Year, Sir'Dominic Pointer and D'Angelo Harrison. Those two seniors have lived up to expectations, leading their team through the tough stretches early in the conference season and their current run. Harrison is averaging nearly 18 points a game while Pointer leads St. John's in rebounds, with 7.6, and averages 14

points a game. Pointer was just named Big East Player of the Week after two great games against Xavier and Georgetown.

Determining who will have the better of the fan support at the Big East Tournament is always an iffy endeavor. Between students off for Spring Break and New York's large transplant population to begin with, it's never a simple matter of whose school is closest, as Creighton proved last year with the help of a couple chartered jets. However, St. John's is not simply nearby. They are actually in the city and playing on what is, at least by NCAA standards, their home court. They are the team most likely to see a significant advantage at Madison Square Garden and it will only get more pronounced as the tournament goes on.

St. John's is hot going into the tournament and will be playing with their fans behind them at Madison Square Garden. At one point the Red Storm were at 3-6 in conference play and had tumbled from ranked to almost certainly out of the NCAA Tournament. However they have turned their season around, the second win against Providence likely stopped the bleeding once and for all. They have now won six of their last seven, including a series sweep against Xavier and Georgetown, revenge against Seton Hall, and knocking off Butler while the Bulldogs were ranked for the first time since they joined the Big East.

-Veronica Lippert '15



SPORTS

Dunn and Henton Lead Friars Past Marquette

Team Moves to No. 24 in the National Rankings

by Bryan Blum '17
Senior Sports Writer

MEN'S BASKETBALL

The most recent game for the Men's Basketball Team summed up the Friars' season fairly nicely. LaDontae Henton '15 scored 25 points and had 15 rebounds. Kris Dunn '17 had 16 points and nine assists. Tyler Harris '16 came off the bench to score 13 points. None of the freshmen scored double digits, but everyone who got into the game scored. The Friars built up a 24-point lead and nearly saw it dwindle down to five, but won by 11.

With two games left before the Big East Tournament, Providence showed why they can make a tournament run, but also how they could easily be eliminated in the first round. The team is currently projected to make the NCAA tournament for the second year straight, but the problem with determining Providence's outlook for the post-season is that this season has been the tale of two teams. This could be the team that beat Georgetown twice, or the team that lost to St. John's twice. This could be the team that lost to Villanova by 6 or by 27. This could be the team that beats Notre Dame or loses to Brown. By 10. At home.

The strategy has been very simple this season: give the ball to LaDontae Henton via Kris Dunn. When Henton, the top scorer in the Big East (20.3 ppg), scores 20 or more, the Friars are 11-5, and when Dunn, who is fourth in the country in assists (7.4 apg), has 10 or more assists, the team is 5-1.

The supporting cast has been very hit



Henton struggling for a loose ball in the Marquette game.

PHOTO COURTESY OF BOSTONHERALD.COM

or miss. Harris went from starter for a Big East Champion to sixth man, but is still averaging 10.3 ppg. Carson Desrosiers '15 may only be averaging 4.6 rpg as the starting center, but also has 2.6 bbg. Junior Lomomba '17 may be good on defense, but is lacking on offense, averaging 1.5 ppg.

The freshmen have been developing nicely, but are still showing signs of youth. Paschal Chukwu '18 can block anyone in a 10-foot radius, but is still 30 pounds away from being dominant. Ben Bentil '18 has size and athleticism, but also sometimes has problems with consistency. Kyron Cartwright '18 is putting up similar numbers to Bryce Cotton '14 his freshman year and has become more aggressive as the season continued, but that only means he is averaging 3.6 ppg and 2.8 apg. Jalen

Lindsey '18 may be a three point threat in the future, but is only averaging 3.8 ppg.

Post-season success will depend on two factors: who we play and how we play. In the Big East Tournament, the Friars have not been able to beat St. John's yet, and probably will not in a practical home game for the Red Storm in Madison Square Garden, where the Big East Tournament is held. Villanova is very good, but the Friars have shown they can play with them. If the Friars play at the high level they are capable of, they could knock off the Wildcats on a neutral court. The Friars have beaten everyone else at least once, and ignoring the game that Coach Cooley went to the hospital, the Friars are 9-1 in Big East play against teams not from Queens or Philadelphia. If the Friars play like they did against

Notre Dame earlier in the season, they have a chance to go very far in the Big East Tournament.

Providence has a very athletic team and has a deep team, but assuming Providence makes the NCAA tournament, success once again depends on who they play and how they play. The Friars have three centers on the team, but if Desrosiers get into foul trouble, that leave two inexperienced freshmen who have not been consistent on defense to possibly guard a very talented center. There are also issues if Henton or Dunn do not play well, but if the team plays at the best it can and minimize its mistakes, the team can compete with nearly any team in the country and can make a tournament run. Play like they did against Brown, and it will be a second straight one and done.

Men's Hockey Back in the Top 10

Wins in Final Two Regular Season Games Put the Friars in Prime Position for Hockey East Tournament

by Gretta Schultz '17
Sports Staff

MEN'S HOCKEY

Entering into their final series against Maine, the Friars were undefeated in their last eight games against the Black Bears. Last season, the Friars swept their final regular-season series at Maine to secure a first round bye in the Hockey East Tournament. This year was no different. The Friars swept Maine to secure a first round bye in the Hockey East Tournament. Both victories were secured by game-winning goals scored by Shane Luke '15.

With these wins, the Friars finished their regular season with a 21-11-2 record, and tied for second in the Hockey East standings. On Friday, the two teams started off neck and neck, and finished the first period tied 1-1. Maine was first to score, but the Friars were quick to respond with Ross Mauermann '15 scoring his 10th goal of the season with an assist from Shane Luke '15.

The Friars took the lead in the second period, scoring three goals. Luke scored the game-winning goal and had two assists, and Brian Pinho '18 scored one goal and had two assists during the game. In the second period, Pinho gave the Friars the lead for good when he scored with 11:18 left in the second period. He scored off of a rebound



Trevor Mingoia '16 crashing the net.

PHOTO COURTESY OF WWW.FACEBOOK.COM/PROVIDENCE.HOCKEY/PHOTOS

from a shot taken by Mauermann. Providence's lead widened to 3-1 in the second period when Luke scored his 10th goal of the season. Brooks Behling '16 was able to score one more goal for the Friars before the end of the second period. In the third period, Maine was able to close the gap slightly with one more goal.

The Friars defense was able to hold the Black Bears, and the final score

was 5-2. This win secured a bye for the Friars in the Hockey East Tournament. In their second game against Maine on Saturday, the Friars were able to gain a two goal lead early in the first period. These two goals were scored by Mauermann and Mark Jankowski '16.

This was Mauermann's 11th goal of the season. Scoring the game winning goal two nights in a row, Luke was able to net a puck in the second period. This

was also Luke's 11th goal of the season. Special teams became significant at the end of the second period when each team was able to score on a power play.

Maine was able to score their first goal of the game in the second period and tighten the score to 3-1. Maine continued their offense and was able to score another goal in the second period. The Friars were able to regain their two goal lead with a goal by Nick Saracino '16. This was his sixth power play goal of the season. This game proved to be a game of power plays and special teams. Maine finished the game 1-for-4 and the Friars 1-for-8 on the power play. While Maine's power plays were more successful, the Friars were still able to pull off a victory with a final score of 5-2.

The Friars tied a program record with their 21st win of the regular season. The Friars now look toward the Hockey East Tournament. The Friars finished their season with a 21-11-2 record. They are tied for second in Hockey East standings and after a first round bye, they will enter the quarterfinals as the number two seed. Their appearance in the Hockey East Tournament this year will mark the fourth consecutive quarterfinal appearance by the Friars. This will be the third straight season that they earned the right to host a quarterfinal series.