

SHEPARD RAISING AWARENESS ON CAMPUS

Bringing Hope to PC's LGBTQ Community

by Kathleen McGinty '16
Asst. News Editor

CAMPUS CLUBS

SHEPARD, the Providence College organization seeking to foster a supportive and educational environment for individuals who feel unsafe or unaccepted because of their identity, may, after celebrating the 10th anniversary last year, realize part of its mission. Successfully lobbying Student Congress last spring to amend the College's non-discrimination policy, which currently contains no provisions regarding students' sexual identity, members of SHEPARD await faculty and administration's approval of Recommendation No. SCRC-63-15.

Part of the College's current Notice of Non-Discrimination states, "Providence College admits students of any race, color, national and ethnic origin, sex, religion, disability, age, or veteran status to all the rights, privileges, programs, and activities generally accorded or made available to students at the College. It does not discriminate on the basis of race, color, national and ethnic origin, sex, religion, disability, age, or veteran status

in the administration of its education policies, admission policies, scholarship and loan programs, and athletic and other College-administered programs, and employment policies."

Should the recommendation, already approved by Student Congress last spring, procure support from faculty and administration as well, the term "sexual orientation" will be incorporated into the list of demographics contained in the current notice, protecting students of all sexual identities.

This bill comes 11 years after SHEPARD was recognized as an organization at the College. According to Caroline Jones '14, the vice president of SHEPARD, the club is unique to the PC community. Unlike the Gay-Straight Alliance (GSA), a nationwide group endeavoring to counteract homophobia and transphobia in middle schools and high schools, SHEPARD resulted from an effort to support members of the lesbian, gay, bisexual, transgender, queer, questioning, intersex, and asexual (LGBTQQIA) community that accorded with the mission of the College.

An acronym for Stopping Homophobia, Eliminating Prejudice, and Restoring Dignity,

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UNDER THE HOOD

Providence College's Student-Run Newspaper Since 1935

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Portfolio

Tiffany & Earl finally reveal their secret identities...sort of.

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Sports

An in-depth look at the Women's Cross Country Team.

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The Revitalized Career Education Center Resumes, Internships, Employment, & More

by Jackie McCarthy '14
News Staff

CAMPUS OFFICES

Providence College is promoting a multidimensional movement toward change. This change has come about not only in the form of new and improved buildings and athletic facilities, but also in other, less tangible aspects of campus life. One important service at PC that has undergone a recent transformation is the Career Education Center. It has gotten a facelift, and it is ready to show itself off to PC students to benefit them in any way that it can.

One noteworthy change to the office is the slight yet significant name change. According to Patti Goff, director of the Career Education Center, the name change took place because of a national movement in college and university career centers to move away from the word "services." After noticing this trend, PC's Career Education Center, formerly known as the Career Services Office, called focus groups for the purpose of gaining student feedback.

At the focus groups, students claimed that they did not receive the word "service" in a positive way. They associated the word with something scary—having to think about jobs and transition from life as a college student. "The word

education is something [the students] said they related to a little better," said Goff. She continued, "The word 'services' tends to just say 'resume reviews,' maybe 'mock interviews.' But, it is about career education. It's not about getting a resume done, and then you're done seeing us." Goff hopes to educate students on the options they have in planning their futures.

In creating a friendlier name for the Career Education Center, a new slogan was also created. That slogan is "Don't wait, Slavin 108." Its purpose is to make students realize that the Center is not there to help only seniors in their job searches. The idea behind the slogan is to urge students not to put off visiting the Career Education Center, whose meeting room is located in Slavin 108.

The Center's staff wants to engage those who are uncertain of what they want to do after college. The best way they can do this is by inviting students in to help them realize their interests and skills, and to direct students on the right path.

To provide as much help to students as they possibly can, the Career Education Center hosts frequent events, such as alumni networking nights and career fairs, all of which can be found on the careers page on the Providence College website and the eFriars website. An upcoming event that should not be missed is the Fall Career and



SAADIA AHMAD '14 / THE COWL

The Career Education Center is located in the Slavin Center, Room 108.

Graduate School Fair and Internship Showcase on September 25. It is a heavy accounting and finance recruiting event, but that does not mean that other students should not attend. There will be many other companies looking for interns and new hires in fields besides finance and accounting. Goff said, "This fair is for everybody, that's what I want people to know." Another event that will be helpful to freshmen and sophomores is the Major/Minor Fair on October 2, where underclassmen can explore their interests so they

can decide on a major/minor.

Recently, the Career Education Center has been receiving more traffic, and the reason is surely not the name change. It is because of the effort the staff has made in the marketing of their cause and in putting together successful events. Goff left us with this: "Don't wait; activate your eFriars account today. That's the best advice I can give."

SHEPARD: Striving to make PC a Safe Space

Continued from front page

SHEPARD offers what Jones coined as a "support and education group" for those with "sexual orientations and gender orientations that differ from the norm." Yet at the same time, the club's namesake also honors Matthew Shepard, the victim of a 1998 hate crime in Wyoming that culminated in his being beaten and killed.

While the club currently attracts about 30 regular members at its weekly meetings and discussions about LGBT news and personal stories, SHEPARD not only fulfills its goal of creating a network of support but also of educating the rest of the campus through its annual events.

Jones welcomed the campus to attend this fall's Coming Out Coffeehouse, which will provide students with an opportunity to share their own or listen to peers' stories about coming out. Yet, according to Jones, the Day of Silence in the spring offers students an even more realistic experience in which they can "feel in the shoes" of a LGBTQIA community member.

"It's a day where members of campus are asked to be silent for



KATHLEEN SULLIVAN '14 / THE COWL

The Executive Board invites all students to their meetings on Monday nights in Feinstein.

the day in honor of those who have to live in silence for who they are," said Jones, adding that students debrief and share their experiences following their stint of silence.

Thus, whether gay or straight, lesbian or bisexual, Jones emphasized that SHEPARD and its sponsored events intend to attract people from

all facets of the PC community.

"We are a mixed group of LGBT people and straight allies, and so much of our meetings is just getting to know each other," she said. "The nature of our club is that it is truly a family, so meetings often feel like weekly reunions." She also stated that the club loves welcoming new

members and encourages questions of any kind.

SHEPARD, located in Slavin LL03 across from the ATMs, currently meets on Mondays at 6:30 p.m. in Feinstein 403.

Matthew Shepard Foundation

- Shares Matthew Shepard's story with three million people around the world since 1998
- Reaches out to schools, colleges and universities, as well as companies and community groups throughout the nation
- Accepts donations for "Erase Hate"
- Visit www.matthewshepard.org for more information about Matthew's story and events

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Bursting the PC Bubble

by Emily Kennedy '15
News Staff

US and Russia Reach Agreement on Syria

The United States and Russia reached an agreement on Saturday laying out a series of steps that the Syrians must take to reduce and eliminate their stockpile of chemical weapons. This action was spurred by the suspected use of chemical weapons by the al-Assad regime in response to a civil war in Syria that has left more than 100,000 dead since 2011. UN Secretary-General Ban Ki-moon received the report on the August poison gas attack outside Damascus on Sunday, said the UN. The plan now goes to the Security Council, where members will evaluate the process and allow the world body to potentially use force if Syria does not comply.

North Korea's Nuclear Threat

A US research group said North Korea's nuclear reactor was restarted, but the situation is unclear, according to the UN's International Atomic Energy Agency (IAEA). It was reported that steam was coming from the reactors, which are capable of producing plutonium for weapons. The reactors have the potential to create enough plutonium for about one atomic bomb a year. Officials reiterated that North Korea must stop all nuclear activities. In April, John Kerry said the US will do what is necessary to defend against the country's nuclear ambitions and that North Korea understands that. Some international analysts say, however, that these threats are empty.

Mass Grave Found in Mayan City

Archaeologists found a mass grave with dismembered bodies in an ancient Mayan city in Mexico. Nicolaus Seefeld of the University of Bonn was searching for clues about ancient Mayan waterways when he found a 1,400-year-old mass grave. Twenty-four bodies had been mutilated, dismembered, and thrown into the hole. Researchers believe the bodies, showing signs of violent death, were prisoners of war or Mayan nobles since some had teeth made of jade. This discovery gives archaeologists new understanding of violent images often found in Mayan art.

Police Rats in the Netherlands

Police in Rotterdam, the Netherlands, will soon become the first to use trained rats in their investigations. Since the rodents have an even more powerful sense of smell than dogs, police will use the rats to detect traces of gunpowder and other subtle smells. Rats are also easier to transport, less expensive to feed, and are much quicker to train.

Japan Launches Epsilon Rocket

Japan successfully launched a new Epsilon rocket into space two weeks after it canceled a launch because of an irregularity. This test run could allow the country to cheaply send satellites into orbit. This 80-foot rocket is Japan's first new rocket since 2001. The \$40 million Epsilon rocket carried a space telescope called SPRINT-A into orbit, which is the first designed to observe other planets.

Researchers Break Guinness World Record

The world's thinnest glass, only one molecule thick, was discovered by accident by researchers at Cornell University and University of Ulm in Germany. They stumbled upon this as they were working to create grapheme, one of the strongest and thinnest materials in the world. At first, they mistook it for "muck" on the grapheme, but at just two atoms in thickness, the pane of glass is literally 2-D. It will appear in the Guinness World Records 2014 Edition.

Congress Updates

by Elizabeth Nako '15
News Staff

STUDENT CONGRESS

- Student Congress has begun planning for "Late Night Madness" which will include a surprise celebrity guest.
- The next Senior Night will take place on Oct. 18. Also, the Class of 2014 has started planning their "214 Nights" that will take place on Nov. 22.
- The Class of 2016 is planning to have a barbecue for the sophomore class this year, as well as a concert on the quad.
- Academics wants to add a CPR class and extend the library hours. They are deciding if students will be able to choose whether they want to send their cumulative GPA versus their current semester GPA when applying for study abroad programs.
- Clubs and Organizations reported that they met with two new proposed student clubs.
- Publicity is working on an appropriate method for students to give input on Student Congress work. They also want to have a legislative binder containing the Student Congress Constitution available for students and faculty in the library.
- Student Life wants to work on bringing grills to campus as well as a protein smoothie bar.
- The piece of legislation SCR-64-01 was amended. Exact values were included for the allocation process of the student activity funds to 51 clubs and organizations on campus. The amendment to SCR-61-01 passed.
- The piece of legislation SCB-64-01, which goes over the elections schedule for the Providence College 2013-2014 academic year, passed. The Class of 2017 elections and a Class of 2014 special election for class representative are coming up soon.

PROVIDENCE COLLEGE

Department of Theatre, Dance & Film

FALL PERFORMANCES

The Good Doctor by Neil Simon
October 25-27 & November 1-3

Blackfriars Dance Concert
Providence College Dance Company
November 15-16



Visit our website for tickets and more information at...

www.providence.edu/theatre

Or call the Smith Center box office for tickets at...
(401) 865-2218

Rejects on the Rise

Providence College's only Improv Comedy Group

Auditions on *Saturday September 21st*

At 2pm in the Bowab Theatre

The Price of Summer Internships

by Emily Kennedy '15
News Staff

STUDENT LIFE

Providence College students Torie Schwartz '15 and John Bugnacki '15 both had summer internships that provided them each with solid work experience.

Schwartz's was paid. Bugnacki's was not. Did one of them have a more valuable experience than the other?

That is the question being asked in the wake of news reports that have put internships in the spotlight.

In June, a federal court judge in New York ruled that unpaid interns on the set of the movie *Black Swan* should receive at least minimum wage for their work.

This ruling provoked many to question the legitimacy of unpaid internships and sparked the debate over whether they are exploitive and illegal or provide the student with needed experience in the job market.

"I learned how to work in an office environment and work on press events," said Bugnacki, a history major. He took an unpaid internship as a communications assistant with Global Financial Integrity, a think-tank based in Washington, D.C.

"It depends whether you will be gaining meaningful experience out of it, whether you should do it. The quality of the internship matters a lot," he said.

Bugnacki believes that internships are an educational experience and payment should depend on what

type of company is providing the internship.

"There's a big difference between unpaid internships at a nonprofit and a for-profit," Bugnacki said. "If you're working for a for-profit then you should be getting paid, but I worked for a nonprofit."

Schwartz, a biology major, took a paid internship this summer with AstraZeneca, a global pharmaceutical company. She said that the salary helped her decide which internship to take.

"I would have done my internship if it was unpaid, but being paid definitely influenced me choosing this job over other opportunities," Schwartz said.

She believes that companies that look for unpaid interns are going to get people who are more passionate, because they are motivated by their interest and search for experience.

Schwartz said that working at AstraZeneca was so valuable that even though she was paid, she was willing to work more hours than they were compensating her for.

Tom King, a management and global studies professor at Providence College, believes that before taking the job, students should carefully consider whether the internship is offering a good balance between giving the employer free labor and providing the student with irreplaceable experience.

"It always comes down to a case-by-case situation. I would want to know who is offering the internship and what kind of work the intern is doing," he said. "I can't help but think

that it is exploitive and that it's taking advantage of a tough economy. The other side of the point is that it does offer people experience and skill and, of course, that's a positive thing."

When it comes to choosing an internship, Providence College's Career Education Center urges students to look for the ones that offer the best balance of experience and pay.

"We always take the angle of finding something paid, however, in some industries that just doesn't exist," said Laura Pellecchia, assistant director for interns. "For example, with nonprofits, they cannot afford to pay their interns."

While Providence College does not currently have funding to compensate unpaid interns through funds of the College, it is in the works, she said. PC does offer internships for credit, whether they be paid or unpaid.

"I encourage students always, whether it's paid or unpaid, to take an internship for credit," Pellecchia said.

"All experiences are very valuable. If a student is in a situation where they can't take an internship over the summer because they can't afford not having a job, we can make a game

plan for taking an internship during the school year," she said. "Unless you can't fit it in your curriculum everyone is on the same playing field. There are so many opportunities at PC to get that experience."

If unpaid internships become a thing of the past, Pellecchia believes that companies will be willing to pay for interns.

"Certain organizations will always pay interns because they want talent. At the end of the day, they need these people to get the job done."

Have you worked for free? What did you think?

Let us know at www.facebook.com/thecowl

An Exclusive Look into the Priory

by Kathleen Sullivan '14
News Editor

CAMPUS EVENTS

Students were given an opportunity to get an inside look at the lives of the Dominican Friars of Providence College on Tuesday, September 17 at the annual Priory BBQ. The River Avenue lawn of the Priory was filled with tables, chairs, and lawn games. The kitchen staff prepared hamburgers and hot dogs for everyone, and the Friars and students had a chance to enjoy food and conversation with one another.

Another aspect of the event is the tours led by the Friars through the building that houses many of the Dominicans on campus. Father James Cuddy, O.P., chaplain of the College, led the last tour of the evening, welcoming the small group of students inside.

The Priory has six floors in all; the two bottom floors are common areas, and the top four floors are the living and sleeping quarters, restricted for the Friars only. The tour started at the patio in the back of the building, filled with tables, chairs, and umbrellas. Father Cuddy said that the patio is a well-used space by the Friars, especially in nice weather. He also poked fun at the amount of furniture in the area, commenting, "This is what a house with 40 people in it looks like."

The next stop on the tour was the refectory, or dining room. The Priory is under a Sodexo contract for dining

just like the rest of campus, and Father Cuddy applauded the quality of the food by stating, "You can tell the food is good because there are no skinny Dominicans."

The tour was brought to the sacristy where the Friars prepare for Mass, a room resembling a "locker room for Priests." From there the group got to see the two chapels in the Priory, one for smaller Masses, and the large communion chapel.

Father Cuddy explained that the Dominicans begin their days here with morning prayer at 7:10 a.m., followed by Mass at 7:30 a.m. In addition, evening prayer is held every day at 5:30 p.m. to 6:00 p.m. Every day, the Friars say the Prayer of the Church, the same prayer used by the Pope and lay people all around the world. Students are always welcome to celebrate Mass with the Friars at the Priory; Father Cuddy encourages everyone interested to do so before they graduate.

The tour ventured further into the common area, as Father Cuddy led the students up to the second floor.

Once upstairs, he led the students into a room and explained, "The room that smells like a library, is the library." The room is filled with books pertaining to theology, spirituality, the Dominican Order, scripture, and other religious topics, and is used as a resource to aid the Friars in their work.

There are also a number of periodicals like the *Economist* and *National Geographic* included to help remain critically engaged in the world. Before moving on, Father Cuddy

added that Father Batts is their resident librarian.

Out in the hallway, there is a large bulletin board with the volunteer Mass list assignments where the Friars sign up to celebrate Mass at parishes around the community, as well as Mass at St. Dominic Chapel.

There is also a "giveaway" table, where the Friars leave anything they do not want anymore. "One man's trash is another man's treasure," said Father Cuddy as he picked up an abandoned stir-fry cookbook among other theology books and old CDs.

The students were able to peek into the laundry room, where Father Cuddy noted that the Dominicans sometimes face the same type of frustrations with shared laundry machines as students do.

The second floor is home to the room

for the Prior Provincial, very similar to the other rooms on the higher floors with half bedroom area, half living room area, and a private bathroom.

The last stop on the tour was the living room. Noting again the amount of furniture to accommodate living with 40 people, Father Cuddy explained how this room fills with Dominicans reading the newspapers early in the morning, and every night in the winter, Father Morris tends to a fire in the fireplace.

The students who attended the BBQ really enjoyed the chance to see firsthand a part of campus not often frequented by students.

At the end of her tour, Torie Schwartz '15 mentioned, "It was lovely to see the natural environment of the species, *Dominicana Fraternitae*."



Students enjoy hamburgers and hot dogs on the River Avenue lawn.

SAADIA AHMAD '14 / THE COWL

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OPINION

Beyond the Headlines

Santos '14 Reflects Upon Recent Party Drug Tragedy

by Matt Santos '14
Opinion Staff

NATIONAL

This is a pretty difficult one to write. The fact that I'm beginning with a disclaimer is telling, partly because I'm unsure if I even should. Is this the medium in which something like this should be discussed? Is it too personal? Do I want to share this with the whole school? Then I hope that perhaps it will make some small iota of a difference. Perhaps it will cause at least one person to pause and to ponder. And then I think it's worth it.

So here goes nothing.

A few weeks ago, headlines from news outlets across the country reported the cancellation of the Electric Zoo music festival in New York City due to the deaths of two young people. Their deaths were apparently related to drugs they had taken prior to the show. I went to high school 20 minutes from Providence College with one of the individuals who passed away that day. She was a beautiful person in every way.

We were in the same homeroom my senior year, we had overlapping groups of friends, and one day we dressed up like bananas with the rest

of our homeroom. The teacher dressed up in a gorilla suit. With the immense tragedy of her passing, I'll always try and remember her in those heights of vibrancy. It's the manner in which those who knew her will try and do so.

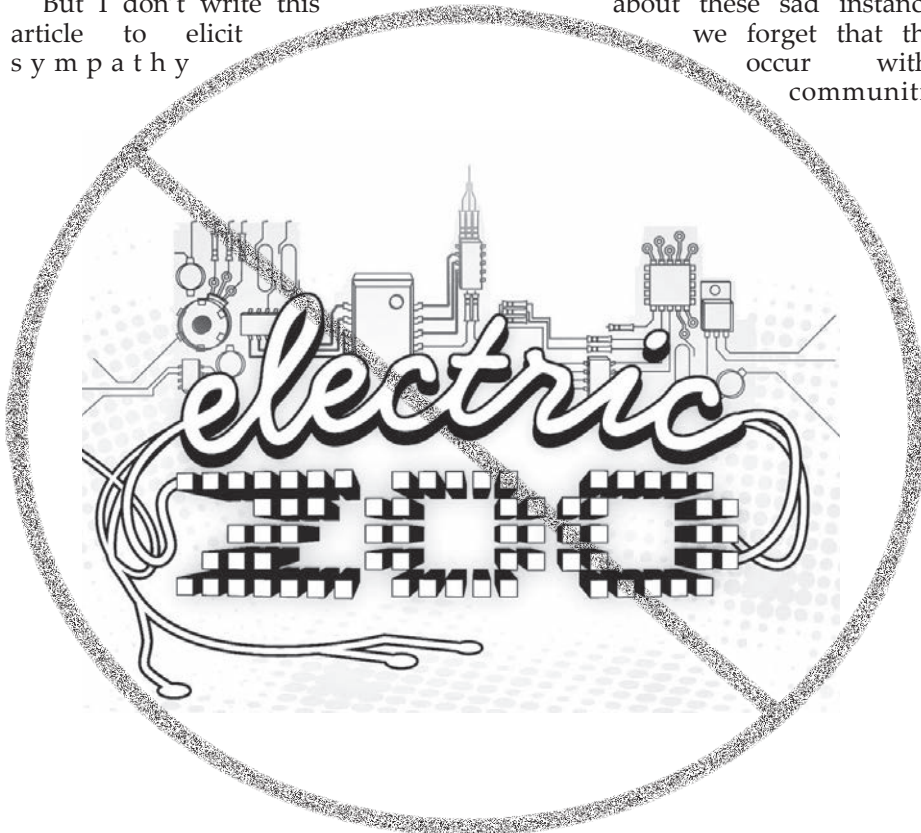
But I don't write this article to elicit sympathy

from whatever audience I have this week. I simply hope that the blunt reminder that these tragedies are real and have grave impact gives just a minute of clarity for any who are reading. Sometimes when we hear about these sad instances, we forget that they occur within communities

just like our own. They're not simply news stories to scare or to fill up space in a newspaper or a website. It happens to people with friends and families, and it is nothing short of tragic.

So here I'll apologize. I'll apologize for anyone who knew her also and has to see this and have it hash up harsh memories of what has been so difficult. I'll apologize for this being pretty sad. But I hope this will make you think. Think about the way in which a headline bears a name and a story, family and friends, ramifications and depth beyond a simple report. Think about the way in which your actions or the actions of your friends can lead to those details and depths reaching into your world or our world at Providence College.

My first article of the year alluded to the dangers of possessing a sense of invincibility. That it can make us reckless. Don't forget that. Live life and have fun, but know limitations, understand that the dangers of excess of any kind reaches not just into your life, but those around you. Sometimes headlines and tragedies seem so foreign, they seem so "other" that their ability to penetrate our lives seems absurd. But other times it's that wonderful girl from homeroom and then life gets real, real fast.



Think Before You Dress

Fashion Choices Influence How Others Perceive You

by Nicole Corbin '15
Asst. Opinion Editor

SOCIETY

In the sage words of *What Not to Wear* host Clinton Kelly, "Wearing pajamas in public gives the illusion that you are sleepwalking through life." This one statement carries tremendous weight: your fashion choices dictate how others perceive and identify you. One should always put effort into his or her appearance in order to be taken seriously.

When I say "fashion choices," I don't mean wearing houndstooth over chevron or J. Crew versus Ralph Lauren; rather, I am speaking about wearing matching socks instead of two different socks and slacks versus sweatpants. It is not about what's trendy; it is about what's appropriate.

According to Dr. Leonard Mlodinow, in an article published by *Psychology Today*, "Our unconscious mind starts from whatever objective data is available to us and helps to shape and construct the more complete picture we consciously perceive" mostly built upon "employing factors such as body language, voice, clothing, appearance..."

The prime example of where this "unconscious shaping of

perceptions" occurs is in the classroom. When a student shows up to an 8 a.m. class bleary-eyed with tangled hair, wearing pajama pants and a wrinkled shirt, the professor may form a negative view on this student. Frankly, dressing like this is disrespectful to the professor, because it suggests that students do not care enough about the lesson because they cannot even be bothered to put on clean clothes, never mind do the work for class.

Similarly, if a person is dressed sloppily for a job interview, how can that employer expect this person to perform a job well if they cannot complete the simplest task of getting dressed?

Dressing appropriately, or looking "put together," not only shows respect to those around you, but

also shows others that you have enough self-respect to care about how you look and can exude confidence and capability.



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Tiffany & Earl Note

The Tiffany & Earl feature in Portfolio is a satirized account of Providence College. Both the question and answers are purely works of fiction. Tiffany & Earl are anti-heroes whose comments ultimately satirize the stereotypes they each represent.

Accuracy Watch

The Cowl is committed to accuracy and carefully checks every article that goes into print to ensure that the facts are presented clearly and truthfully. If you find an error in any article, please e-mail the Editor-in-Chief at thecowl@providence.edu. Corrections will be printed as necessary.

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"Who Am I To Judge?"

SHEPARD and Pope Francis Shift Thoughts About LGBTQ Community

by **Kayla Fernandes '14 & Keely Mohin '14**
EIC & Associate EIC

EDITORIAL



For some, our choice of cover story may seem bold. But for us, this serves as a perfect way to highlight an important, though rarely spoken of, club on campus. As such, the article, by Kathleen McGinty '16, accomplishes this goal and comes at an especially pertinent time for the Catholic Church.

As some of you may not know, Pope Francis recently opened up about his stance on homosexuality. Taking a "Who am I to judge?" approach, he signaled a shift away from the purist thoughts of his predecessor, Pope Benedict XVI.

While we do not have the space or even the theological credentials to discuss Church doctrine at length, we can say, as students at a Catholic institution, that Francis' position shows the world that Christianity and homosexuality do not have to be, and are not, opposing or even contrary notions.

Over our four years here, we have

seen SHEPARD grow from a small group of dedicated students to a club of approximately 30 members. We hope that this, like Pope Francis' recent statement, marks a shift in popular thought about the LGBTQ community. Some may disagree with the principles and goals of SHEPARD, but we hope that regardless of personal views, we as a community can acknowledge the relevance and importance of the topic at hand.

Fr. Shanley, O.P. recently sent out an email discussing the school's intentions to further its diversity initiative. We hope all can acknowledge that this does not just apply to race, ethnicity, or religion, but also to sexual orientation. If we truly want to engage in a lively and productive dialogue, we must recognize that diversity has a multitude of meanings.

The Workplace Cares About Body Art

by **Kelly Sullivan '15**
Opinion Editor

SOCIETY

The desire to ornate our bodies with tattoos and piercings is stronger in our generation than in any other. At the same time, however, managers of organizations are reluctant to hire those with body art. College students, therefore, seem to be stuck between their longing to express themselves and their goal of getting hired in their chosen field. As students progress through the college years, they must be mindful of their personal choices and their potential long-term effects.

We can look to a study by the Pew Research Center to see it by the numbers. Thirty-eight percent of those in the Millennial Generation (ages 18 to 29) have tattoos. Half of those with tattoos have between two and five tattoos. Twenty-three percent of Millennials (compared with a mere 9 percent in the previous generation) have a body piercing other than an ear lobe.

According to a 2012 survey by the Center for Professional Excellence at York College of Pennsylvania, 61 percent of human resource managers said a tattoo would hurt a job applicant's chances of landing a position.

In looking toward careers, students need to know what is appropriate and what is not. After working so hard for a degree, it would be devastating for someone to not be hired merely because of a tattoo. Students therefore should be mindful of that potential outcome. If anyone is seriously considering body art, they should understand the possible consequences and the expectations from the field in which they are pursuing a position in.

One current example includes the tattoos of Miss Kansas. Theresa Vail sashayed onto the stage of the Miss America Pageant during the swimsuit competition unlike any other Miss America contestant before her by showing off two tattoos—one on her left shoulder and the other on the right side of her torso. Miss Kansas created tremendous uproar in the pageant world by not covering her tattoos. She told Fox News, "What a hypocrite I would be if I say 'be all you can be, embrace your individuality, embrace your differences, break barriers,' if I couldn't even do that myself."

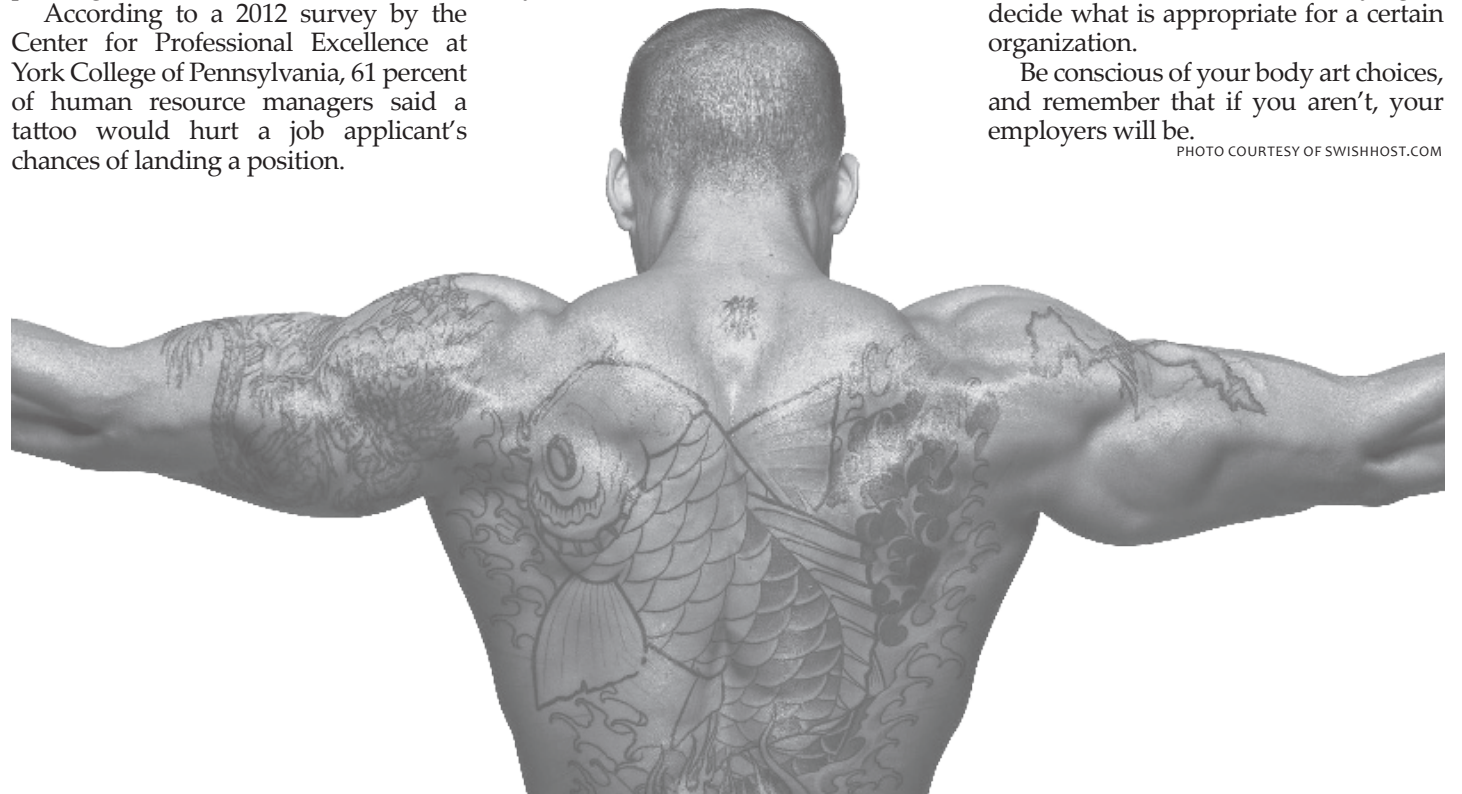
This example shows the effect of going against the norm in one's field. Vail knew the expectations, but went against them anyway. Like Vail, we must know the consequences of our choices before we act. While some may want to go against the norm, like Vail, it is still important to know the consequences before committing to something permanent like a tattoo.

Patti Goff, director of the Career Education Center suggests, "Research the culture of the organization to which you are applying. That way you can figure out if tattoos are frowned upon." Goff explains that the culture of a creative advertising agency might be more accepting of a tattoo than a financial corporation, for instance.

If in doubt about a certain firm's expectations or about researching the firm's culture, go to the Career Education Center and they will assist you. Goff has noticed that some organizations are becoming more acceptable of tattoos and the like than they have been in the past. Nevertheless she advises that we "err on the side of caution" when trying to decide what is appropriate for a certain organization.

Be conscious of your body art choices, and remember that if you aren't, your employers will be.

PHOTO COURTESY OF SWISHHOST.COM



Academic Cheaters Lack Accountability and Interest

by Christina Moazed '15
Opinion Staff

COLLEGE

Have you ever cheated? No, not on your lover, on your academics. If so, you need confidence. You need the courage and strength to recognize that you are capable of mastering your academic demands in time.

If you claim that you don't have time, you are mistaken. You *do* have the time. What you lack is accountability and interest. I have learned through my time here that empowering your mind with wisdom and curiosity is one of the most important activities you will experience at Providence College. Whether you realize it now, or spring semester of senior year: this is the "veritas."

According to a survey conducted by *US News & World Report*, "75 percent of college students admitted to cheating at least once." The study also states that 85 percent of college students said cheating is necessary to get ahead. So from these two studies, I'm guessing 10 percent couldn't fess up.

If you don't buy the numbers, look around you. How many students dip out of exams to "go to the bathroom?"

Or look down at their lap while the glow of their mobile device screen appears on their face? These clues are not implications that students are actually cheating. Installing video cameras in classrooms and bathrooms would give us clear answers, but then again, this would be a bizarre intrusion of students' privacy. The mission statement of our school stresses the trust in students to eventually develop moral and ethical reasoning.

Cheating is most common in math and science courses. Are these academic fields overly challenging for the student body, or are such students unable to meet the competitive and harsh criteria of the business world? Every case is different.

The profile of a self-reported cheater is more likely to be a male associated with a business or engineering major, with a lower GPA and higher drinking lifestyle, as reported by Stanford University. This study merely skims the surface. Diving deep into the root of these behavioral differences, I think patience and determination set the non-cheater apart from the cheater.

Cheating does not stop at graduation. You will soon realize that the tides will turn once you are out in the real world. People like your clients,

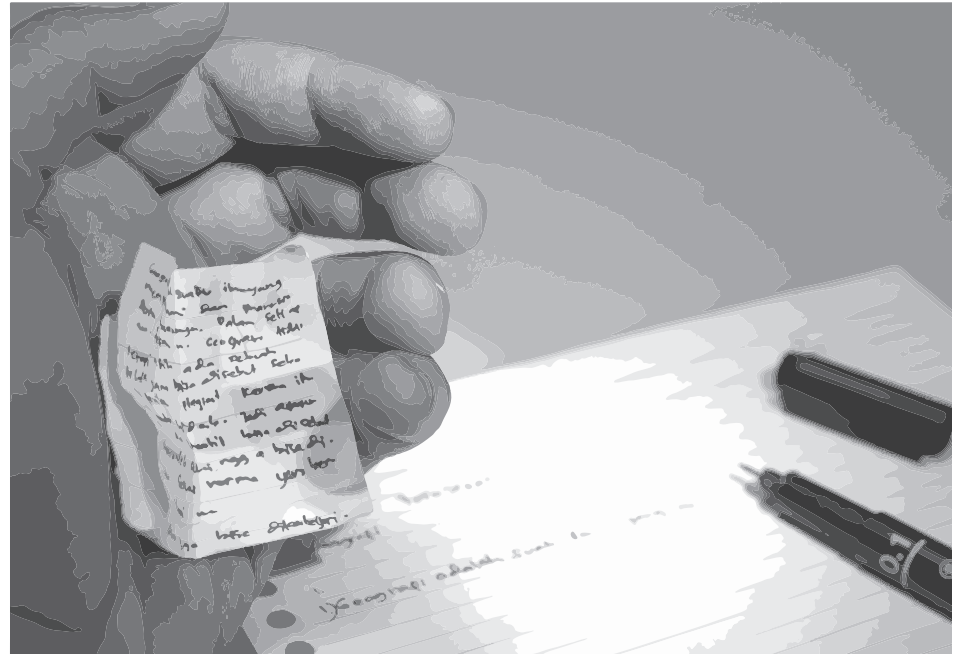


PHOTO COURTESY OF WIKIMEDIA COMMONS

colleagues, and your own students if you teach one day will be cheating you. The golden rule starts to ring bells.

I've seen my character develop during my time here. My opinions are becoming bold and defined every day. Not because I formed my thoughts around trying to trick the system, but because I designated time every day to seclude myself from others in order

to hear and develop my thoughts, to learn about my own beliefs, and transform them into work. The "transform yourself" message that I read upon entering my freshman year is becoming a reality.

When a school chooses "veritas" as its motto, they mean business. Are you willing to be transformed?

Letter to the Editor:

Since Bishop Thomas J. Tobin has recently criticized Pope Francis for not speaking out about abortion, I question the Bishop whether or not he is a real catholic.

Bishop Tobin is a trustee of Providence College of which he is a member along with nine other Dominicans on the PC Board of Trustees.

This trustee board that includes Fr. Brian Shanley, Fr. Richard Sicard, and past and present chairman on the trustee board a venue in the Feinstein building for their monthly meetings. AI supports abortion which is a no-no regarding Catholic teaching.

Bishop Tobin recently changed his voting preference from Democrat to Republican, as we well know that he favors neither President Barack Obama nor former congressman Patrick Kennedy '91 concerning their positions on Catholic issues. According to law, they are entitled to their opinions.

After all, Bishop Tobin also speaks out that abortion is torture because it causes pain and suffering. I agree.

Since Bishop Tobin is contradicting himself, I suggest he respond to this letter in the next issue of *The Cowl*.

Sincerely,
Russell P. Demoe '73 and '82 G

P.S. We are what we accept in life in this imperfect world. When is Fr. Shanley going to quit ignoring the people on campus as he walks by?

Faith Matters: Spiritual Growth Forms with God and Neighbor

by Fr. James Cuddy, O.P.
Campus Chaplain

CAMPUS

My cousin Katie is kind of a big deal. She is a professional actress, a prodigious dancer, and has a beautiful voice. And much to my delight, she spent the last few weeks here in Providence.

Katie is touring the country with the cast of *Evita* and has been performing downtown at the Providence Performing Arts Center. To see Katie walk across the stage of that magnificent venue during the show's opening number was one of the great thrills of my life.

As the first act progressed I watched Katie effortlessly perform some unimaginably difficult dance moves that would have left most contortionists in the hospital. As the curtain closed before intermission, I found myself filled with pride for my young cousin. She was amazing and more than holding her own among the most talented people in her field.

To my surprise though, I went to the lobby and found that she had already sent me a text message from backstage. It said: "I'm so embarrassed that you're here for this show. I'm having a terrible performance and I hate looking stupid in front of my family." I couldn't believe it! I was ready to nominate her for a Tony Award, and she was ready to give up show business all together. How could we have had such dramatically different impressions of the same performance? Which one of us was the more reliable judge?

Perhaps it was Katie. She's the expert. She's the one who knows how the dances ought to be done. If a toe is pointing in the wrong direction or an arm is not extended

properly, she'd be the one to pick up on it. If Katie says she stinks, then who am I to say otherwise?

But perhaps I was the more objective judge. After all, I was the one in the audience. I was the one who could take in the whole performance. I was not paralyzed by the minutiae that haunt the professional. If I, the patron, am struck by the beauty of the show, then who is Katie to tell me I'm wrong?

Who was the more reliable judge? The answer is somewhere in the middle. And it's the same way with the spiritual life. On the one hand, we are the ones who know ourselves best. The little sins of thought, word, and deed often escape the eyes of others. So we ought to cultivate a practice of healthy self-examination, striving to see ourselves as we really are.

But on the other hand, it's crucial to take seriously the perspective of those closest to us. Our family and friends—those who really know us and love us—should be given the opportunity to reflect us back to ourselves. We need their points of view because we're too close to the situation of our own lives.

Growth in holiness demands the grace-filled collaboration of the individual and those closest to him or her. Without the help of God and neighbor, even the most devout person is doomed to fail. But with those things, spiritual growth is sure to come.



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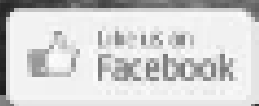
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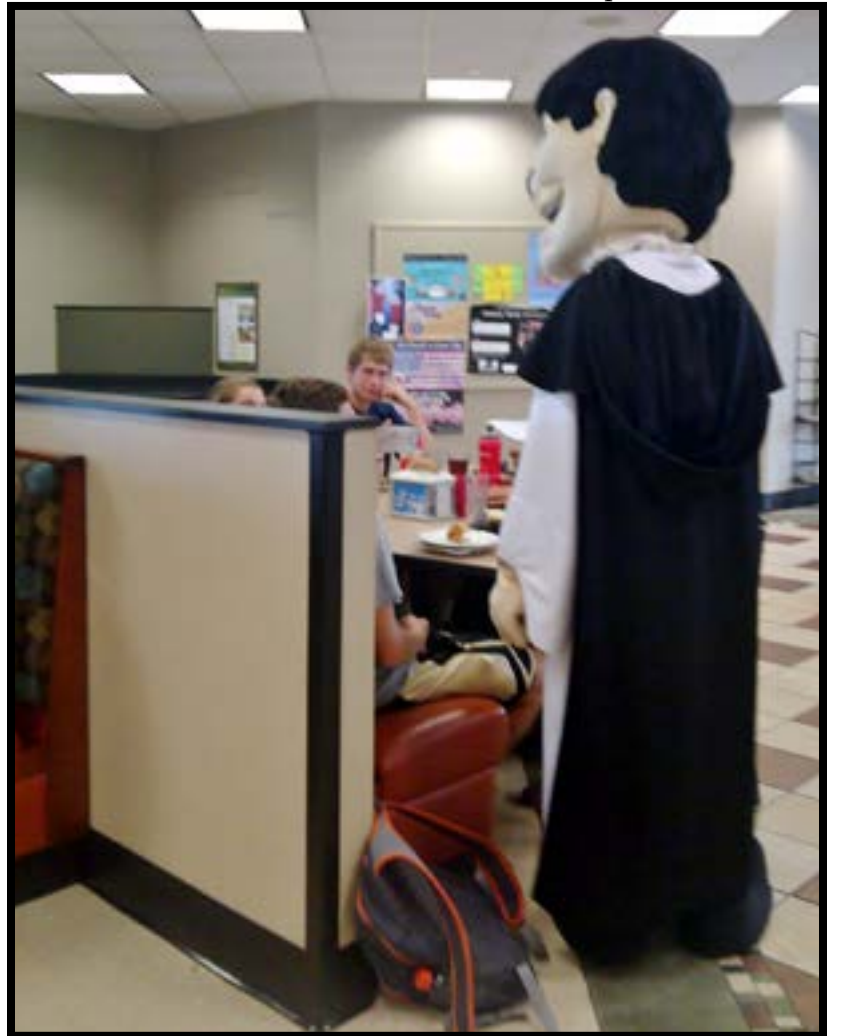
PHOTOGRAPHY

The Cow 19

September 19, 2013



JESSICA ARTIGLIERE '17/ THE COWL



SAADIA AHMAD '14/ THE COWL

ABOVE LEFT: On Wednesday, September 18, the Departments of Mathematics and Computer Science hold a colloquium featuring REU Presentations from several students.



SAADIA AHMAD '14/ THE COWL

LEFT: On Tuesday, September 17, BOP and the College Republicans celebrate Constitution Day featuring a trivia quiz and food from Wings Over Providence.

ABOVE: Friar Dom walks around Raymond Cafeteria, encouraging students to purchase season tickets for Men's Basketball games.



SAADIA AHMAD '14/ THE COWL

ABOVE: On Tuesday and Wednesday the College sponsors a blood drive with the Rhode Island Blood Center.

Compiled by Saadia Ahmad '14, Photo Editor



Right Off the Runway: Top Fall Trends

by Christina D'Adamo '16
A&E Staff

FASHION

The craziness of New York Fashion Week has subsided and the trends of fall are beginning to emerge. Mercedes-Benz Fashion Week, held at Lincoln Center, New York, presides semi-annually and has become one of the largest fashion exhibits in the country. Well-known designers such as Valentino, Calvin Klein, Tommy Hilfinger, Michael Kors, and BCBGMAXAZRIA, just to name a few, present their collections to attendees. The hottest looks of the season come to life, with their effortlessly chic and demure collections.

However, with a variety of styles hitting the runway, it can become overwhelming. Even the most experienced fashion gurus have trouble deciding which trends to follow; but with fall fast approaching, there is no time to waste. Highlighted below, are the top ten, must-try looks of the season:

1. According to Huffington Post, the traditional, "back-to-school look" is fresher than ever. Deep reds, dark blues, and cool whites are colors to look out for. Experiment with tweeds, plaids, and stripes. Tory Burch recommends layering cardigans with button-up blouses. Opt for knee-length skirts, and on those chillier days stick to tailored trousers. Kate Spade and Tracy Reese play with tight-knit scarves and floppy hats for an additional statement.

2. Mini-dresses are back, as seen in the '60s enthused fad. Bright, color-blocking tones are key to

mastering this look. Temperley London's RTW collection adds a modern edge by incorporating over-the-shoulder capes and thigh-high boots. As inspiration for this look, *Huffington Post* recommends Twiggy and Alexa Chung.

3. Calvin Klein recreates the classic pleated skirt. Marc Jacobs lightens up this vintage silhouette by playing with soft floral prints. Pair the skirt with a neutral blouse, or for some edge, throw on a leather jacket.

4. Nothing is more comfortable than menswear. While many gals shy away from the boxy look, oversized suits and vests are in trend this season. Alice + Olivia play with dark tones, but add pops of feminine detail. Chanel Haute Couture layers masculine coats and

vests with knee-length dresses and skirts. Play with thigh-high boots or ankle booties for a risky combo.

5. Emerald is the color of the season according to *Glamour*. This shade has been featured all over the runways from Phillip Lim to Pantone and Carolina Herrera. From body-conscious dresses to breezy skirts, emerald never fails. Mix and match this shade with other beautiful tones. Deep reds, purples, and blues look stunning together. For a more subdued look, pair your emerald ensemble with silver or gold accessories. If emerald is not your color, don't fret. Splurge on a simple handbag or high-heeled wedges with emerald detailing.

6. Fun prints are underway with the reappearance of leopard. From coats to shirts, from pants to shoes, touches of leopard are seen everywhere. Jean

Paul Gaultier cannot get enough of this print. Gaultier accessorizes his all-leopard look with black and white leopard tights for an additional statement. Tired of traditional leopard? Try something new and opt for a different colored print.

7. With the craze for menswear, it is no surprise that oversized coats are in trend this fall. Mulberry is the epitome of oversized outerwear. Using dark wools and hefty leathers, Mulberry embodies the masculine style. But for a more feminine look, Mulberry opts for lighter fabrics, using prints and patterns.

8. Thanks to Vionnet's Ready-to-Wear Collection, leather is the next big thing. Mix and match your leather pieces and experiment with leather pants or jackets. Leather accessories such as belts and thigh-high boots are also trending. Try dark blue leather instead of basic black for a unique statement.

9. Winter white is taking over the runway. BCBGMAXAZRIA experiments with this snowy tone. For an all white look, try knee-length dresses, with chunky pullovers and knitted beanies.

10. Military inspired wear is a fall must have. Designers such as Calvin Klein, Prabal Gurung, Vivienne Tam, and Catherine Malandrino are embodying this utilitarian look. While khaki green is the color to look out for, do not over do it. *Glamour* recommends lace detailing or a brocade to soften up this masculine trend.

No Bad Blood on Bastille's First Album

by Mary McGreal '15
A&E Staff

MUSIC

After Miley Cyrus' recent controversial performance at the MTV Video Music Awards, it is not surprising that her music has received plenty of attention in the weeks following. On Sept. 9, BBC Radio 1 uploaded a video of Bastille singing Cyrus' "We Can't Stop." Within a matter of days, the London band's cover of the summer hit reached over 800,000 views on YouTube.

By stripping down the song, making a few subtle lyrical changes, and adding a couple of clever riffs, Bastille transformed an originally vapid and irreverent hit into a reflective look at the pop star's relationship with her father, her former life as a Disney star, and the current state of her career. Bastille applies the same principle to their debut album, producing an introspective work that should appeal to those who like music with a meaning.

Bastille released its first studio album in Europe in March 2013, which reached the number one spot of the UK album charts. It was met with success on various European charts and the Federation of the Italian Music Industry-certified double platinum single "Pompeii" in early 2013. Released stateside on Sept. 3, the album is a fusion of alternative and electronica music. With a sound like a hybrid between Florence + the Machine and Imogen Heap, the album is light, easy listening at a superficial level. Upon closer examination, however, poignant, urgent lyrics provide depth to an album that

explores morality and mortality.

"Icarus," the seventh track on the album, makes reference to the titular mythological figure that forwent the advice of his father. The band sings, "Icarus is flying too close to the sun / Icarus's life, it has only just begun / This is how it feels to take a fall / Icarus is flying towards an early grave." Earlier on the same track, the lyrics issue a warning to the potential modern-day Icarus, "Out on the front doorstep / drinking from a paper cup / you won't remember this." *Bad Blood* takes the listener on a journey that seemingly spans the ages yet remains firmly grounded in the present.

The band is young, which is thematically evident in the album, but not structurally. With a runtime of a little under an hour, each of the 15 tracks on *Bad Blood* is carefully crafted. The themes explored, such as the mistakes of youth and the inevitability of death, may be heavy, but the album is far from gloomy. One of the best songs on the album is "Weight of Living," which encourages listeners to free themselves of life's burdens and instead appreciate the world through the people around them.

The album ends with the optimistic "Laughter Lines," which promises "I'll see you in the future when we're older / and we are full of stories to be told. / Cross my heart and hope to die, / I'll see you with your laughter lines." If the final track is indicative of the future of the band, then great things can be expected.



PHOTO COURTESY OF tha-one.com

Harry Potter and the Return to Screen

by Marisa Urgo '14
A&E Staff

FILM

Potter is back!
Sort of.

There is indeed going to be another Harry Potter movie, although it actually will not involve Harry at all. The movie is based off *Fantastic Beasts and Where to Find Them*, another book by J.K. Rowling. *Fantastic Beasts and Where to Find Them* was released in March of 2001, along with *Quidditch Through The Ages*. Both were Harry's textbooks, but Rowling thought it would be "fun" to actually write and sell them, according to BuzzFeed. The actual "author" is Newt Scamander.

Scamander is a magizoologist, one who studies magical creatures. His book was created from his years of travel across five continents, where he met approximately 75 magical species. Hardcore Potter fans would know that Scamander was a Hufflepuff, born about 70 years before Harry. At one point in his life, he was a Headmaster of Hogwarts. His grandson, Rolf Scamander, married Luna Lovegood.

Details on the movie have not been released. It is not clear exactly who is going to be in the movie, but it is safe to say that considering the time frame, Harry will not. Even his parents are too young to be a part of the story. The



only character from the present era of Hogwarts that has a chance to be included in the film version of *Fantastic Beasts and Where to Find Them* is Dumbledore, who actually wrote a foreword to the textbook.

This is J.K. Rowling's first attempt at screenwriting. Given the success of her books and her talent, her first movie is sure to be well written and popular. In an

interview with BuzzFeed, she said, "The idea of Scamander, supposed author of *Fantastic Beasts*, realized by another writer was difficult. Having lived for so long in my fictional universe, I feel very protective of it and I already knew a lot about Newt." Thus, she pitched her own idea for a film to Warner Bros.

We also know that the story will be an extension of the wizarding world, but

it will begin in New York, 70 years before Harry's story begins. There is no clear reason why it begins in New York, but since Scamander has traveled so much, perhaps New York is the beginning of his journey.

There is not yet a release date for the film.

PHOTO COURTESY OF hpcompanion.com



PHOTO COURTESY OF erbzine.com

A Princess of Mars

by Alanna Smith '14

A&E Staff

BOOKS

A quick glance will tell you that the book being reviewed is about a hundred years old, so let me quickly provide an explanation. In August, I gained the means, for the first time ever, to read e-books on a tablet that I had purchased. Several weeks prior to that, my family and I watched *John Carter*, the live-action Disney film with the massive budget and disappointing box office performance. One day, I was flipping through the list of free e-books when I stumbled upon *A Princess of Mars*, the novel that *John Carter* was based on. I enjoyed the movie, so I downloaded the book, and here we are.

A Princess of Mars – Edgar Rice Burroughs, 1917

The premise of this book is simple, if a bit far-fetched at first. John Carter, a veteran of the Civil War, moves to Arizona to get into the prospecting business. After a violent incident, he ends up in a cave that, when he exits, releases him into an entirely different desert...on the surface of Mars. The red planet, called "Barsoom" throughout the story, is home to several warring races and factions. Due to Barsoom's gravity being lower than that on Earth, John gains super-strength and the ability to jump extremely high, and is able to hold his own against the alien warriors. He falls in love with the princess Dejah Thoris, granddaughter of the ruler of the largest city on the planet, and spends the majority of the book trying to save her from a life of slavery.

One of the first things that struck me about this book was how

accessible it was. The tone was very conversational, and it was written in first person. There were heavy patches of exposition, but those were interspersed more and more with action sequences as the story developed. The words of the "Barsoom" language that peppered the dialogue were easy to pick up and remember, and they actually felt like parts of a real language. The only part of the book that could possibly scare away modern readers is the narrator's habit of referring to some of the alien races as "savage" and "primitive," and his assumptions about "the gentler sex" – women.

It is unclear as to whether this type of speech reflects the beliefs of John Carter or the actual author, Edgar Rice Burroughs, but I would argue that it stems from Burroughs' attempts to mimic the mindset of a former Confederate soldier. Evidence for this includes the fact that of the two protagonist female characters in the book, one is a brave warrior and the other is a scientist, which seems progressive for the time period in which the book was written.

A Princess of Mars is also progressive in its eerily clairvoyant themes that connect to problems that we face today. Carter's Mars is a dying planet with a weak atmosphere and dwindling resources. It is the picture of a world populated by beings who squandered the good they had, and now have to live with the consequences. And now, on Earth in the 21st century, we are worrying about a similar future facing our home. It is amazing that a hundred-year-old book warns us about this, and it proves that one of the best ways to learn about our future is to study our past.

EDITOR vs. EDITOR

This Week: Favorite Celebrity Train Wreck

Tim Morris

Favorite Celebrity Train Wreck: Anthony Weiner

His Views: Anthony Weiner may have started his career as a politician, but history will always remember him as a celebrity train wreck. Endowed with the leadership abilities needed to be a Congressman, Rep. Weiner took the most pride in one particular endowment (or lack thereof). The scandal that followed was almost too good to be true, and the media capitalized on it with a number of clever headlines. Some great ones included: "Weiner Exposed," "Weiner's Rise and Fall," and "Weiner: I'll Stick It Out." News anchors tried to cover the story without bursting into laughter. I, for one, could not hide my amusement. If Weiner had learned from his first mishap, he would have been the butt of a few jokes and nothing more; however, his second coming dimmed the lights on an otherwise bright future.

His Views on Serena: I can't argue against Serena's choice of celebrity train wreck. Because of social networking sites like Twitter, anyone with Internet access could follow Amanda Bynes' mental breakdown in real time. Feast your eyes on this piece of wisdom: "When someone loves you, the way they say your name is different. You know that your name is safe in their mouth." Could anyone come up with a creepier way of talking about love? Reflecting on *The Amanda Show*, however, I can't say that I'm surprised by the former child star's behavior. Somewhere in the dark corners of her brain, I suspect that there are a few dancing lobsters telling her what to do and say. Only modern medicine can tackle that problem.



Serena Ambroselli

Favorite Celebrity Train Wreck: Amanda Bynes

Her Views: When you muse on celebrities gone wrong, this should be the first name to come to mind. Maybe we should have seen it coming. We were presented with an adorable, lovable child star who so innocently danced among lobsters—how could she possibly grow up and not go completely bonkers? It seems that she was doomed to wear askew, colorful wigs, insult everyone from Drake to President Obama on Twitter, and toss bongos out of her window right from the beginning. There was a time when she was the object of every girl's envy: recall *The Amanda Show*, *What a Girl Wants*, and *She's the Man*. However, those days are gone, and we now find ourselves longing for anything other than the continuous catastrophe that is Amanda Bynes.

Her Views on Tim: As if his name was not humiliating enough, Anthony Weiner went ahead and lived up to the full potential of his unfortunate circumstances. There are a lot of clumsy politicians who make the ever-popular mistake of being thrust into some kind of sex scandal. Weiner simply followed in the footsteps of his professional peers, and experienced the media shaming and lack of holding an office with any shred of dignity just as his predecessors. There is no plot twist here: another politician, another scandal. Yawn. This is not a train wreck but a hackneyed tale, and quite frankly the world needs a story with a little more spice and originality to it. Let's see a train wreck explode, not fizzle.

PHOTO COURTESY OF gadailynews.com

Providence's Very Own: Roz Raskin & the Rice Cakes

by Katie Puzycki '14
A&E Staff

MUSIC

If you find yourself skipping over every seemingly similar song on your iPod, or if you are beginning to form a grudge against your local radio stations for replaying the same songs a thousand times over, chances are you need a musical revolution in your life. It is time to say farewell to your monotone playlist of computer-generated noises, dance-y beats and meaningless lyrics, and to say hello to some new sounds.

Over the past year, artists like Mumford and Sons, the Lumineers, and Ed Sheeran have been gaining incredible recognition in the music world. Their fresh lyrics and experimentation with instruments have won them not only awards and nominations, but also a considerable fan base. In our ever-changing pop culture society, it is easy to lose the unique sense of the artist as he is bent to fit the mold. And while the compositions of these folk-rock groups are like a breath of fresh air, it seems as if they too are becoming mainstream with their frequent radio hits.

So, how are we to escape this suffocating sphere of musical humdrum? The answer: local bands on the rise.

Roz Raskin and the Rice Cakes is a trio of musicians, all natives to the Providence area, which provides listeners with a sound so unique that it is difficult to compare them

to anyone else on the music scene. Their lyrics are partly fun, partly dark, but nonetheless meaningful and rendering of an insightful view to the struggles of life and love. They have already had the experience of opening for groups including Passion Pit, OK GO, and the like. Their instrumentals include an equal part of each instrument, including the drums, bass, keys, and of course, vocals.

The quality that separates Roz Raskin and the Rice Cakes from other current indie/folk artists is that their sounds are purely those of a rock artist, perhaps because of their strong use of guitar and drums. Think Bob Dylan meets hard rock. The sound they create is by no means soft, and the vocals provided by Roz are full of power, comparable to those of Paramore's Hayley Williams. Their songs have a lot of movement, and while their beats are not over the top, they will not put you to sleep either. This is a band that truly captures the ambiance of what it means to be an artist. You will not find these tunes replicated by anyone else, and every song is truly unique.

The Rice Cakes have spent the past month touring some of what they consider their "favorite cities," and will end their tour with a show in Providence on Oct. 4 at Fête Music. Take this opportunity to broaden your music library, and give your ears and mind the music they deserve. You will not be disappointed in discovering the world of music beyond what is playing on your radio.



PHOTO COURTESY OF sackmagazine.com



Let's Rant

This Week:

The Reality of Reality TV

by Kelly Laske '16
A&E Staff

TELEVISION

From *Laguna Beach* to *The Bachelorette*, almost all of us can say we have indulged in reality television at one point or another. Whether you like it or not, it is there consuming our favorite television networks as the producers realize that reality television is what people want to watch. But as we cruise through the early 21st century, what it means to be a reality TV show is changing. Back in 1989, when *COPS* began to air on TV, people were able to see real-life officers catch criminals without involving any scripts or pre-planned moments. Now over 20 years later, "reality" television is using paid actors and scripts in hope of creating the next best thing. Can we even consider these shows to be reality television anymore?

This summer, when I was trying to find a new show to watch, I came across the series premiere of *The Vineyard* on ABC Family. The commercial displayed a bunch of beautiful twenty-somethings hooking up and getting into catfights on the beach. But as I continued to watch the preview, I realized, to my horror, that the setting of this show was none other than Martha's Vineyard, Mass. What does a Hollywood producer want to do with a low-key, relaxing island in New England? Why has this show become one of the most buzzed-about shows of the summer?

The answer: People are skeptical and confused. I am one of those people. When I went to IMDb to get some answers on the genre of this show, I was appalled to see it

marked as reality. When an episode is airing, log on to Twitter because you will most likely see a tweet saying, "How is this show real?" or "That scene on *The Vineyard* was completely fake." If you go to stalk the cast members on Instagram, even they are commenting back to fans saying it is 100 percent real, making me wonder how I'm ever going to know if what I'm watching is true or not. In a recent interview with *CelebrityCafe.com*, cast member Katie Tardif claims, "There is no script, no reenactment." No one watching knows what to believe.

Not only are people skeptical about this show, but they are angry that their favorite island is being portrayed as a drama-filled party spot where a bunch of teenage kids cannot seem to be nice to one another. Robin Yeh from *Cavalierdaily.com* says, "Though it may seem like an advertisement for Martha's Vineyard and *The Black Dog* at first, it actually gives the island a bad name. Filled with cheesy lines, selfish characters, and melodramatic reality, the show fails to highlight any of the elements that make Martha's Vineyard special." While it is considered to be one of New England's finest tourist spots, local islanders are worried that this drama-filled television show will draw people away from what is really important about the island.

I am ranting about this show because I feel like it is a sign that television is changing forever. While there are still Emmy-worthy shows airing every year, shows like these warp children's minds and offer false conceptions of what is real. When *Laguna Beach* aired, I was a young girl in middle school who grew up thinking high school was going to be parties in mansions on the water. Fortunately, I was mistaken.

PHOTO COURTESY OF bostonherald.com

RED DOOR REALTY

The BEST and the SAFEST off campus locations on Eaton Street



WHO: We are two of most respected and experienced landlords in the area, having rented to two generations and thousands of Providence College students.

WHAT: We have the 2nd largest inventory of Off Campus Housing within the Providence College Community.

WHEN: We have owned properties on Eaton Street since the 1980's, meaning before you were even born!

WHERE: We have eight great houses right on Eaton Street located between the lower gate and Huxley Avenue. We are also on Pembroke, Radcliffe, and Tyndall Avenues.

WHY: We believe our reputation is much more important than our size, that earning your respect is far more important than just taking your money, and that integrity is infinitely more important than empty promises.

RED DOOR REALTY is your best choice when looking for Off Campus Housing. We have GREAT houses, the very BEST locations, and very, very REASONABLE rents. And there's no "you have to commit now or I'm going to give it to another group" pressure. Take your time, look around, compare houses and make the right choice. You'll not only find a better house, you'll even save a great deal of money!

401-219-1425



CENTER FOR INTERNATIONAL STUDIES

INTERNATIONAL EDUCATION WEEK 2014 AT PROVIDENCE COLLEGE

MONDAY 9/30

Apply for or Renew Your Passport!

Stop by the Executive Dining Room (Slavin 116) from 5 to 8pm to complete an application!

Please Bring:

- Proof of U.S. Citizenship
- Original Birth Certificate or previously issued U.S. Passport
- Valid Photo ID (eg. Driver's License)
- 2 Personal Checks or Money Orders
- \$110 Passport Application Fee
- \$25 Processing Fee
- Passport Photo:
Photo can be taken at the event for a fee of \$10 (cash, check or money order) or taken beforehand and brought to the event.

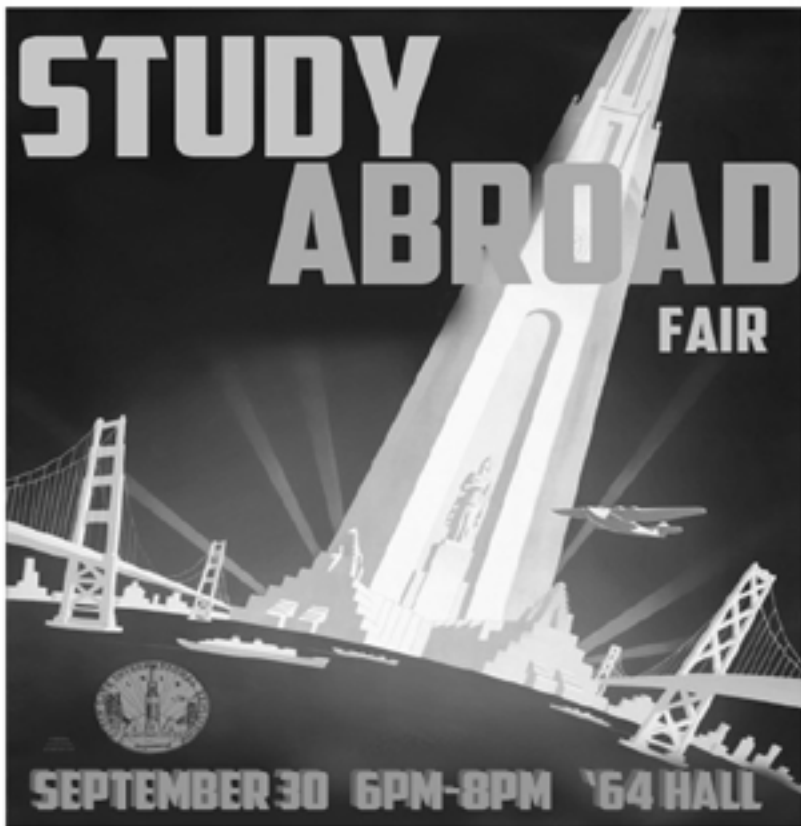


TUESDAY 10/1

ciee information table -- raymond hall
12pm-1pm

Do you want to explore Europe without the stereotypical "abroad experience"?
Join us for a presentation by CIEE regarding study abroad options in Europe

**Study Abroad in Europe:
Off the Beaten Path
Information Session**
Tuesday, October 1 at 4pm
in the Slavin Soft Lounge



Interested in becoming a Father Smith Fellow?

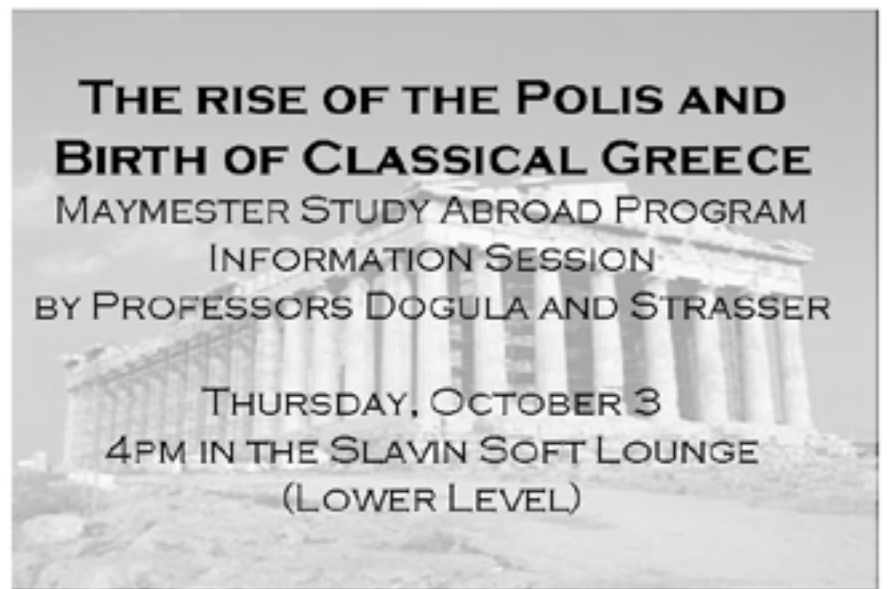
Join us for an information session about the Father Smith Fellowship for service and determine if a summer of service abroad is something you might be interested in.

Tuesday, October 1 at 7pm
in the Center for Catholic and Dominican Studies
(Aquinas Hall through the Study Lounge towards the chapel)
Open to sophomores and juniors.
Light refreshments will be served.

THURSDAY 10/3

**THE RISE OF THE POLIS AND
BIRTH OF CLASSICAL GREECE**
MAYMESTER STUDY ABROAD PROGRAM
INFORMATION SESSION
BY PROFESSORS DOGULA AND STRASSER

THURSDAY, OCTOBER 3
4PM IN THE SLAVIN SOFT LOUNGE
(LOWER LEVEL)



Father Smith Fellowship Information Session

Thursday, October 3 at 7pm
in the Center for Catholic and Dominican Studies
Open to Sophomores and Juniors.
Light refreshments will be served.

Discover new ways to connect with your global community this spring!
Global Service Learning Information Session
September 30 at 8pm
in the Slavin Overlook Lounge

TEDtalks

IDEAS WORTH SPREADING,
PC EDITION



Come hear what returned study abroad students have defined as their most transformative moments overseas.

Monday, September 30 5:30-7:00pm
in the Fishbowl (Slavin 112)



PORTFOLIO

Page 16

September 19, 2013

Away to the Woods

by Kiernan Dunlop '14
Portfolio Staff

FICTION

Piles of papers grow at speeds that suggest the involvement of some supernatural force. Copiers produce a constant dull roar that follows the workers home. Interns scurry, trying to make themselves look busy. Henry sits alone at his desk, oblivious to it all.

The man with slightly graying hair would usually give at least half of his attention to the menial tasks around him, but today they are the farthest things from his mind. Tomorrow is one of the days he lives for, and he finds that these days are coming less and less often. The rest of the afternoon passes in a blur, and Henry finds himself unsure if he turned in any of his assignments, soon deciding that he does not care.

He walks into the parking garage and feels as if the cement and metal that surround him are closing in, affecting his ability to breathe. He quickly finds his Volvo and hurries home. A sleeping bag falls into his arms as he opens the door to his house. His 16-year-old son Nick looks at him with an exasperated expression moaning, "You know, Dad, it's not very fair if I have to do all the packing." Following this brief exchange, Nick hurries back upstairs to get the rest of the equipment.

Henry brings the sleeping bag out to his father's dented up Ford pickup. The bed is already over half-filled with the camping supplies, and just looking at them made him forget about his day at work.

This will probably be the last time he and his son go on a camping trip like this for a long time. Now that his son is 16, it takes a lot

of convincing to get him to do anything with any member of his family. There are always better things for a teenage boy to do than spend time with his father.

Cool air surrounds them as they get an early start the next morning. The highway to the coast is beautiful, but it's also a long drive from Portland, especially in the old truck. They pass dozens of cherry and blueberry orchards, leaving the city far behind. Trees taller than skyscrapers begin to envelope them, but oddly they cause the suffocating feeling Henry had only a few hours before to fade away.

"You know I used to take this same trip with my dad in this very same truck 30 years ago. He used to play one Johnny Cash cassette tape over and over again, singing along to every lyric. I tried to turn on the radio once, just for a little break and he almost threw me out on the side of the road. Your grandpa was just funny like that," Henry smiles.

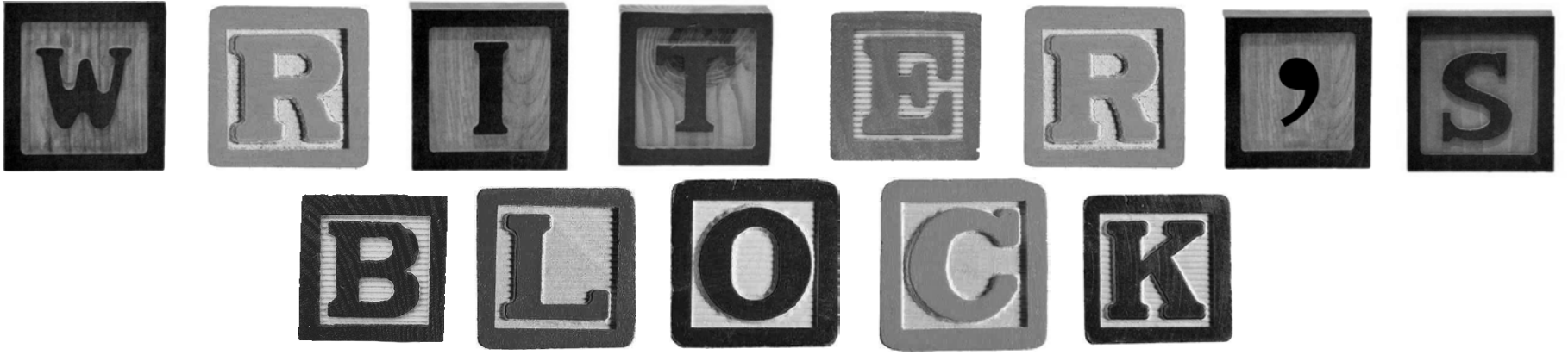
"Dad, I know all of these stories, you tell me every year," Nick sighs, looking out the window disinterestedly.

"I know, I just like to remind you, it makes me feel like he's here with us," he admits, seeing himself in the passenger seat 30 years ago.

The Pacific Ocean stretches out before their eyes, and the brilliant blue extends so far it's almost as if they have reached the end of the world. Woods surround them and take them back in time with the giant ferns and mountain streams. The look on Nick's face turns from one of boredom to obvious amazement at the prehistoric landscape. This look shows Henry that he's not the only one that's excited to be here. Stepping out of the truck and walking away from all that they are used to, the father and son embark on their adventure.



Illustration by Casey Lynch '14



WRITERS,
BLOCK

by Justin Fernandez '15
Portfolio Staff

POETRY

There was a man I used to know before
I sang a minor note of cold despair;
Before the winter came and ravaged sore
The luscious scene and left the trees so bare.
His eyes, so warm, could singe her trembling heart
With kind compassion. And those arms, so strong,
Yet wielding gentle touch, could soothe and start
To heal, those fears that haunt her all life long.
But now, the day is come and gone again,
And hearts go stray as souls are lost to dusk.
The man I knew, with hope and prayer, amen,
Has run away and cut her with a rusk.

I look in my reflection to find, just
A glimmer of the man she used to trust.

*Two writers,
one line:*

**"THERE WAS A
MAN I USED
TO KNOW
BEFORE"**

by Elizabeth O'Neill '16
Portfolio Editor

POETRY

There was a man I used to know before,
When madness was abstract and we were sane.
I found him lying breathless on the floor,
We knew we'd never live with all the pain.
I think about our lonely, lovely days
When we felt not the sadness deep within.
How tender were the eyes that held my gaze,
How sweet his lips upon my virgin skin.
We fell apart as autumn's winds turn'd cold,
For happiness is never what it seems,
And waning, wasted, watched our lives unfold.
I wrap my arms around him in my dreams.
The love I lost is waiting for my heart,
So from this bitter world I shall depart.



I TRIED TO WRITE

by Amanda Brown '14
Portfolio Staff

POETRY

Miles away,
As my city deconstructs the day
A feather from a dove falls
To the ground.
And the bats evacuate their tombs,
And I fall asleep but not with you;
I made a dreamcatcher,
But my heart fell
Through.

Well I tried to write you letters,
But I threw them in the ocean,
I threw them in the ocean,
I threw them in the ocean,
And I felt you
Drift away,
Watched them
Disintegrate.

Some time ago,
We drank wine and played out in the snow
And the haze that filled our minds it reached our
Souls.
I cannot say we were alive
Somewhere between the earth and sky,

But the maker's hand painted
Mountains in your
Eyes.

Well I tried to write you letters,
But I threw them in the ocean,
I threw them in the ocean,
I threw them in the ocean,
And I watched them
Drift away,
Felt us
Disintegrate.

I took your strength, you took my pain,
Awoke into
The morning rain.
Another day begins again
And you stumble on the silence
In the noise that still
Remains.

Well I tried to write you letters,
But I threw them in the ocean,
I threw them in the ocean,
I threw them in the ocean.

Listomania

Cheap and Easy

1. Legs and Eggs
2. Walmart
3. Natural Light
4. Snapchat
5. Mail order brides
6. FarmersOnly.com (because city folks just don't get it)
7. Pandora
8. Miley Cyrus
9. Prison tattoos
10. The Ruane Center



THE LEATHER JACKET

by Emily Goodnow '14
Portfolio Staff

POETRY

Slouching on a chair
Without a care
In the world.
Screaming rebellion
Like a stallion
Galloping with fright.
It shimmers and gleams
Yet it's torn at the seams
And beloved nonetheless.
A pocket full of dares
And some jealous stares
As it rocks 'n' rolls all night.

It slips over my shoulders
But I somehow feel colder
As its shadows engulf me.
Its sleekness is charming
But I should find it alarming
How insouciantly it behaves.
Its dimness draws me in,
Conceals my porcelain skin,
And I let this spell begin.



Tiffany & Earl

Making PC an emotionally stable place one letter at a time



Dear Captain Curious,

Please excuse the egotistical ranting of my counterpart. Behind every self-proclaimed great man, there is an actually great woman. This woman cares more about others than she cares about herself. She'll rub the orange off of your skin when you get a bad spray tan. She'll let you know that you look fat in the dress you bought at Forever 21. The truth may be hard to swallow, but at least you won't wonder why guys run from you like plankton from a whale.

My wisdom comes from personal experience. As a high school senior, I was voted "Most Likely to End Up in a House on a Cliff with a Dozen Cats." Instead of letting this superlative define me, I decided to take control of my life. I waxed my mustache, straightened my hair, and ditched the transition lenses. Slowly but surely, my phone started blowing up with text messages. A single tear fell onto my keyboard on the day that I reached 1,000 friends on Facebook.

Now, I'm the Queen Bee. Where I go, heads turn. When I wear army pants and flip-flops, everyone rushes to Old Navy to scoop up what's left. And John Stamos once told me I was pretty. Sounds a bit like *Mean Girls*, right? It should. Tina Fey wrote the screenplay for the movie after meeting me on the set of a PETA commercial.

Your life can be just as glamorous if you follow my lead. Ask no questions. I am the Alpha, the Omega, and a Delta Nu.

This Week: Behind the Mask

Dear Tiffany and Earl,

I've been reading your column for years now, but I've always had one burning question. Every week you help people better their lives by solving their problems with real, down-to-earth advice. We don't know anything about either of you though! Could you share with your readers a little bit about who you are as people?

Sincerely,
An Intrigued Readership

Dear Overly Nosy,

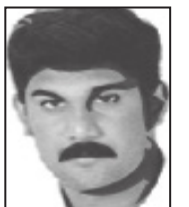
Firstly I am almost flattered. I say almost, but I know my advice is good. It is the best advice. Period. Ever. End of story.

Now, as for who I am. Do you want to put me, my family, and those I love in danger? By giving away my identity, I open my life to villains who want nothing more than to bash me for my immaturity, my inappropriateness. It's like Homer says, "You either die a hero or live long enough to see yourself become the villain." Well, luckily I am all good, and the supreme protector of Providence College students and their sappy, crappy emotions, so I will never be the villain. And I can't die. I will be forever in *The Cowl* and a part of the PC community, and student life forever.

But who am I? I do feel like I should give you pathetic, sappy readers some bit of my life. As the great George Washington said, "Sometimes the truth isn't good enough, sometimes people deserve more. Sometimes people deserve to have their faith rewarded."

Well, here is your faith. It is rewarded. My identity will be revealed now. If you are lonely enough to make it back this far in the paper, you are taking apart in history.

I will. I am the hero Providence deserves. I am a loud, outspoken, and brash guardian. A blind protector. A Dark Knight.



Tiffany

EARL

Is the New Playoff System Good for Baseball?

Yay

America's pastime is starting to become America's sport that is way past its time. Baseball ratings are down. Teams struggle to get fans to the game. This society has completely lost interest in baseball for the likes of more action-packed sports such as football, basketball, and even hockey.

Bud Selig saw this trend and decided to add more intensity to the game. He successfully did this with the new playoff system in which the two leading wild-card teams play for the one spot to the playoffs.

Do you need any more proof that this was the right move than what happened in 2011, when the Red Sox and Braves both lost their last game to lose playoff spots? Especially when both teams lost leads in the final inning. Now, there will be excitement like that every year as the top teams compete in a one-game winner-take-all game.

Sure, the new system might allow a team with a much better record to get eliminated in one game, but at the same time, it makes winning the division that much more important, which means teams will be playing meaningful games to the last inning of the last game every year.

As this season wraps up with two weeks remaining, it once again proves the new system is superior. There are five teams in the AL fighting for two spots. In the NL the Reds, Cardinals, and Pirates are all atop their division as they try to avoid playing in the "dreaded" one-game playoff. Usually at this time the playoff teams are set in stone already. The new system gives baseball the crucial element it was missing in the eyes of most fans, which is excitement.

-James Kirby '15

Nay

In 2012, the MLB established a one-game wild-card round to be played between the top two teams in each league who did not win their division. While many believe that it intensifies competition in September, increases television ratings, and furthers the excitement of October, others believe that it puts undeserving teams in the post-season and unfairly decides a team's season.

Theoretically, the additional wild-card game enables an undeserving team, ranked third in its division, to play post-season baseball and, possibly, win the World Series. However, for the sake of argument, let us imagine that all four wild-card teams deserve their postseason berth.

Professional baseball is fundamentally different from professional football, where the post-season is decided by one-game match-ups. In the NFL, it is accepted that one game fairly decides who moves on.

In the MLB, no one would ever imagine a post-season of one-game match-ups. With a regular season of 162 games, how can a team's season be decided in one? Baseball is a game in which any team, from Little League to the World Series, can defeat a greater opponent on any given day.

The post-season series are what give October such excitement; look, for instance, at the 2004 ALCS. Years from now, who would remember that series if New York had swept Boston in only three games? Or only one? The entire MLB postseason should be decided in series, not one-game match-ups. And any discussion of increased television ratings should be put aside. Bud Selig is not a game show host, and baseball is played and watched for one reason: love of the game.

-Billy O'Brien '17

In the Spotlight

Women's Soccer: Coach McGirr's Lady Friars had a difficult week following their 3-1-1 start to the season. Early in the week, they tied a tough Harvard team. However, Kathryn Hiller '16 continued her impressive tear in the earlygoing, scoring her fifth goal of the year. They moved on from this game and played hard against Boston University, ultimately suffering a 1-0 loss.

Men's Soccer: The men's squad had more success against the Crimson Tide than the women, winning 2-1 on Sept. 12. They closed out the week with a testing two overtime tie against Northeastern. The team will look to stay undefeated this week, playing on the road at Boston University and Virginia.

Volleyball: After an impressive 5-3 start to the season, the Women's Volleyball Team stumbled a bit in their contests in the past week. They suffered four straight losses throughout the week, losing to Manhattan, Grand Canyon, Central Connecticut State University, and Dartmouth. This all came after an impressive 3-0 win against Brown at the start of the week. The team will have a chance to bounce back in their first game of the week against St. Francis.

Field Hockey: The Lady Friars week was a mixed bag, as the team earned a 2-1 victory against New Hampshire, but fell 2-1 to Boston University later in the week. In the win against UNH, Daniella Bernasconi '15 scored both of the team's goals, her sixth and seventh goals of the season. In the OT loss against BU, Bernasconi scored her eighth goal of the season. Bernasconi has been performing well all season for Diana Madl's 3-3 Lady Friars.

In the News

Defending Their Ranking: Long distance runner Emily Sisson '14 added to the accolades of the Women's Cross Country Team early in the Cross Country season. Sisson was named Big East Female Athlete Of The Week for her efforts in the Stony Brook Invitational on Sept. 14. Sisson placed first in the event with a time of 17:44.67. This has been a sensational season for Sisson and the Lady Friars, as the team has finished first overall in their first two events while Sisson has been in the top two in both races. Through two races, the Women's Cross Country Team has defended the number one overall Division I pre-season ranking that was bestowed on them at the start of the season. In terms of Sisson's place in Friar history, she is the first runner to win this award since her current teammate Sarah Mary Collins '16 won the award on Oct. 16 of last year. The team will look to continue their impressive start to the season in their next race, the Boston College Invitational on Sept. 27.

A Show of Improvement: The Men's Cross Country Team made news this week as well, placing at No. 24 in the national poll for Division I Men's Cross Country. This is huge news in Friartown, as this is the first time the team has placed in the top thirty since November 15, 2011, when the team placed at No. 26. The men earned this placing by finishing first overall in their second straight race, winning the Stony Brook Invitational with 27 overall points.

Editor's Corner: Being a Good Student and Fan

by Sean Bailey '14
Sports Editor

SPORTS

Football and fall. These two are as synonymous as America and apple pie, or Civ and root canals. The NFL blares across millions of televisions in America every Sunday, and most get to enjoy the action work-free. However, we college students do not enjoy the same freedom, for we are inhibited by ugly, hideous, and time-consuming homework (well, most students are. If one of my professors is reading, I in no way feel this way...)

But for the rest of the Providence College population looking to find a way to enjoy football and remain steadfastly studious, you must learn time management.

One method for taking as much NFL as possible is to simply complete your homework on Saturday. Think of the freedom you will have on Sunday to sit on your sofa, or lay on your bed, or crash on a comfortable couch at McPhail's, while watching America's favorite sport.

Sometimes, though, things come up that make homework impossible for a Saturday (like a round of golf). If that is the case there are a couple of other

methods you can utilize.

One method is the commercial method. The NFL is a cash cow, and businesses (mostly cheap light beers) love shoveling money for advertisements into the games. This means that the NFL will use any sort of stoppage in play to show commercials. These breaks are long, and while there is occasionally a humorous commercial, you will not be missing much if you mute the sound and work like a madman for a couple of minutes. Commercials can last two to three minutes, which means

you may only get a page or two done. However, with the alarming frequency of commercials, you could complete up to an hour's work in a game, and three hours by the end of the day. This means full commitment though, as your butt must be nailed to the seat.

If you can not commit to a day of sitting then I recommend doing halftime work. You remove yourself completely from the game and work during the long and dragged out action following the two minute warning. Rarely do teams capture

any sort of momentum before half, and by this point in the game, the tone is set. If you have two teams struggling to score (like the Jets and Pats game last week), you can even start work with three minutes left. Then you will not return until 11 minutes are left in the third quarter. Rarely does a team score within five minutes of halftime, so this ensures you will miss as little of the exciting end of the game as possible. This will give you roughly 20-40 minutes of non-stop work.

You could also plan around only watching your favorite team. For instance, you know the Patriots play at 1 p.m. and the 4 p.m. game is another boring Cowboys matchup. By missing the 4 p.m. action it will allow close to four hours of uninterrupted homework before the Sunday night game.

Or you could go the dog eating method. This is the boldest, and most daring. You simply watch the NFL, and leave your homework lying on the coffee table in front of you. And when class resumes Monday? You leave your homework on said table, and prepare for the worst. But, do so with a smile on your face. For you just had a killer Sunday with the most reliable date in the world: the NFL.





SPORTS

The Owl 20

September 19, 2013

Chasing Down a Championship

Women's Cross Country Looking for Second Championship



Pictured from left to right: Sarah Mary Collins '16, Emily Sisson '14, and Laura Nagel '14 all look to lead the Friars to glory.

by Joey Ciccarello '16
Sports Staff

CROSS COUNTRY

The Providence College Women's Cross Country team is, quite literally, running past their competition this fall. This year will not be a fluke, even with PC being one of the smallest Division I colleges in the nation. The Friars came into the fall as the top-ranked squad in the nation according to the US Track & Field and Cross Country Coaches Association (USTFCCCA), beating out the likes of Florida State, defending national champion Oregon, Duke, and Washington for the number one spot. This is the first number one ranking for the Friars since the 1996 campaign, a year after their last national championship. The ranking was nearly unanimous; the Friars missed just one first-place vote, receiving 11 out of a

possible 12.

The Friars do not plan on taking this ranking for granted. Laura Nagel '14, one of the team's (and the country's) top runners, still understands that the team needs to put forth a complete effort every day.

"We learned from a couple years ago that being ranked doesn't mean that you are going to finish in that place," said Nagel. "You still have to work hard and show everyone that you deserve that ranking. Obviously it's awesome to be ranked so high, but at the same time, it doesn't mean anything until the race is over and we prove that we are number one."

Another one of the country's best runners is Emily Sisson '14, who adds that the team will not get caught up in this year's hype. "We really don't pay too much attention to rankings," says Sisson. "We have a lot of talented girls, but we all work hard throughout the season."

Coach Ray Treacy leads the Friars in his 30th season at Providence. "Ray has done so much for the program not just since we have been here, but ever since he started coaching," Sisson said. Nagel added, "Ray does an awesome job with keeping all of us on our game, [as] healthy and as fit as we can. He manages all of us really well." Treacy has won one championship during the 1995 season, and he looks primed to do so again after assembling one of the best Friar squads in recent memory.

Treacy's squad is paced by three All-American runners; Sisson, Nagel, and Sarah Mary Collins '16. All three earned the title of All-American during last season's NCAA Championships, an event in which Providence placed second to eventual champion Oregon. Despite this runner-up status, the Friars were extremely pleased with last year's results.

"We didn't really see it as coming

up short; we were really pleased with finishing second at NCAAs," said Sisson, currently ranked third in the country amongst all individual runners. Nagel added that the second place finish is still "a huge motivator" for this season, and for the Friars to reach the pinnacle this year, they "just have to look out for one another, [and] keep challenging each other."

The Friars are off to a blazing start this season, after back-to-back first place finishes in the UNH Dual Meet and the Stony Brook Invitational. Sisson, Nagel, and Collins finished as the top three runners in both meets, and Erin Murphy '13 and Caterina Rocha '13 recorded top 10 finishes in the meets. They will still continue to work towards the ultimate goal, and Sisson added that a main goal is "bringing the team together and creating good team camaraderie," similar to what they were able to do last year. The season ends on Nov. 23 in Terre Haute, Ind..

