



The Vagina Monologues Performed at Avon Cinema

by Mary McGreal '15
A&E Staff

THEATER

Last Saturday, members of the Providence community gathered at the Avon Cinema on Thayer Street. On the uncharacteristically lovely February afternoon, the suitably intimate theatre buzzed with anticipation before the second of two performances of Eve Ensler's *The Vagina Monologues*. Saturday marked the eighth year that the Monologues have been banned on campus, which have been performed by Providence College students since 2003. In a 2006 letter to the Providence College community, Fr. Brian Shanley wrote, "Precisely because its depiction of female sexuality is so deeply at odds with the true meaning and morality that the Catholic Church's teaching celebrates, *The Vagina Monologues* is not an appropriate play to be performed on our campus. Therefore the college will prohibit the production of *The Vagina Monologues*." The letter also said:

"First, far from celebrating the complexity and mystery of female sexuality, *The Vagina Monologues* simplifies and demystifies it by



Executive board members Emily Mitchell '15, Amanda Centrella '14, and Melanie Medero '15 performed with other PC students at the Avon Cinema.

reducing it to the vagina. [...] The deeper complexity and mystery lies in the capacity of human sexuality, both male and female, to

sacramentalize the love of God in marriage. Any depiction of female sexuality that neglects

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Women's Basketball Pinks Out Gym for Cancer Research

by Veronica Lippert '15
Sports Staff

WOMEN'S BASKETBALL

Last weekend, Providence College held its annual Pink Game to raise funds and awareness for breast cancer research. The event has been growing steadily since it began, and took a leap forward this year with events of a much larger scope. While the culmination of the effort was the Women's Basketball game on Feb. 22, all of PC's women's sports did their part. The Women's Hockey Team kicked off PC's efforts with their Skating Strides event on Feb. 16. They sold pink ice skates in the lead-up to the game. These sales, combined with other profits from Hockey East pink merchandise, all went to the Gloria Gemma Breast Cancer Research Foundation. PC's Chuck a Puck, a staple of Friar hockey

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Serrin Foster Makes a Feminist Case against Abortion

by Kathleen Sullivan '14
News Editor

VISITING LECTURE

When asked how she combats the question of being a feminist and a pro-life advocate, Serrin Foster, the president of Feminists for Life, replied that a pro-life feminist "is not an oxymoron, it's redundant."

The audience in the Overlook Lounge spread all the way around the corner of the room for Foster's lecture, "The Feminist Case Against Abortion," on Tuesday night. Foster spoke about the compatibility of being feminist and pro-life, what has helped shape her own pro-life position, and the advocacy work she participates in through the Feminists for Life organization.

The event was co-sponsored by PC for Life, Campus Ministry, the Department of Theology, and College

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Swimming and Diving Participates in Big East Championship

by Joey Ciccarello '16
Sports Staff

SWIMMING AND DIVING

The Providence College Men's Swimming and Diving Team ended their season last weekend in Sewell, N.J. at the Big East Championships. The men recorded a fifth place finish, but it was highlighted by several stellar individual performances, including a record-breaking time for one event.

John Fatigati '15 led the team with his record-breaking performance in the 200 yard backstroke. Fatigati's time of 1:50.99 broke the previous school record set by former Friar Jed Michnowicz in 1997. "It came as a surprise," Fatigati said, adding that while his performance felt fast, it did not feel nearly as fast as his final time turned out to be. While breaking the school record by nearly three seconds, Fatigati rode his strong performance to fifth overall in the Big East, falling just two seconds short of Georgetown's Chad Thompson for first place. "The meet itself was beyond exciting," Fatigati remarked, "when you make the finals,



Members of the 200 yards men's medley relay, Connor Lui '14, Andrew St. Pierre '14, John Fatigati '15, and graduate student Kyle McLaughlin, receive fifth place.

it's [a lot of] adrenaline, so energy filled, and the meet itself helped myself drop a great amount of time." Fatigati's record-breaking time earned the Friars

14 points in the backstroke, a substantial chunk of their final point total of 298.

Other outstanding performers

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Providence College's Student-Run Newspaper Since 1935

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Eating Disorder Awareness Week

by Kathleen McGinty '16
Asst. News Editor

CAMPUS CAUSES

As part of Eating Disorder Awareness Week at Providence College, Randi Beranbaum, R.D., Suzanne Bornschein, M.D., and Rosemary Mugan, Psy.D., facilitated a panel discussion this past Tuesday, February 25 in the Aquinas Lounge. The panel of women, each of whom help students at the College suffering from eating disorders or disordered eating, discussed behaviors and dangers associated with eating disorders, aiming to raise awareness of their prevalence on college campuses.

"There's a lot of disordered eating going on in the U.S.," said Bornschein, adding that it is particularly skewed on college campuses.

According to the Student Health Center, only one percent of the general population suffers from an eating disorder; among those, 10 million are anorexics or bulimics and 13 million are binge eaters. On college campuses, anorexia, bulimia, and restrictive eating prove more prominent than in the general population, with 50 percent of college age students claiming that at any given time they are engaging in restrictive behaviors.

Yet these disorders are believed to be vastly under diagnosed, with the numbers probably greater than what has been reported due to the fact that victims often feel shame and embarrassment in admitting to their behaviors. Moreover, eating disorders

have the highest fatality rates of all psychiatric conditions.

"It's disheartening to see how harsh women are to themselves in comparison and conformity," Bornschein said. "We have so many young women and men too who struggle with this."

Given the success of a similar panel held twice before, two years back, that resulted in some students visiting the Student Health Center or Personal Counseling Center shortly after the discussion, employees of these on-campus centers worked with Alex Alfiero '15, Shelby Crowley '15, Rebecca Incera '15, Gabriela Navarro '17, Jillian Sorrentino '15, and Casey Sullivan '15 to organize a series of events illuminating the severity of eating disorders on college campuses. In addition to the panel discussion, a yoga night coupled with a human flourishing-wellness series at the gym, a film viewing of *Miss Representation*, and a "health is beauty" sticker making craft were scheduled for this week.

"We hope to make this an annual awareness week with different activities that would be enjoyable for students while still raising awareness," said Sorrentino.

Beranbaum, Bornschein, and Mugan each discussed the complexities of eating disorders, conditions which, according to the Student Health Center, fall into a "spectrum" much like that found in autistic or diabetic patients. While eating disorders can manifest themselves in binge-purge cycles, a refusal to eat, excessive exercising, or fear of gaining weight, 40 percent of the time patients are diagnosed with a second condition like obsessive

compulsive disorder, panic, or anxiety.

"It's not a matter of saying, 'Okay, just eat,'" said Mugan, a staff psychologist in the Personal Counseling Center, during the panel discussion. "These are very private issues...it can be difficult to talk about the emotions behind all of this."

Thus, not only do patients suffering from eating disorders experience mood swings and exhaustion, but also a decline in cognitive abilities brought about by malnourishment.

"It's a big plate, no pun intended," said Bornschein, referring to the hardships and distress faced by those with eating disorders.

For students who are battling an eating disorder or are concerned about a friend, the College offers assistance through what Beranbaum heralded as this "multi-faceted team" of women comprising Tuesday's panel. While

Beranbaum serves as the off-campus nutritionist, located about 10 minutes from the College, Bornschein and Mugan can be visited in Bedford Hall at the Student Health Center and Personal Counseling Center, respectively.

Beranbaum suggested at the end of the panel discussion that the best way to help a friend believed to be struggling with an eating disorder is to approach to him or her "with a complete sense of compassion."

"The fact that you're genuinely concerned can potentially go a long way," added Mugan, offering similar advice.

As for Bornschein, she remains hopeful and optimistic about the potential for recovery, noting that "You can recover no matter how deep, dark, down you are in the abyss."



ANNA WIECIORKOWSKA '14 / THE COWL

From left to right: Randi Beranbaum, R.D., Rosemary Mugan, Psy.D., and Suzanne Bornschein, M.D.

Raising the Volume on Love at PC

by Kathleen McGinty '16
Asst. News Editor

CAMPUS CAUSES

Love is Louder, a project intended to open up the lines of communication for those plagued by bullying, depression, loneliness, and even overwhelming anxiety or stress from school, is making a grassroots movement at Providence College as of Friday, February 14 with the establishment of a "PC: Love is Louder" Facebook page. Spearheaded by Hannah Sorila '17, the initiative to bring Love is Louder, originally started by the Jed Foundation, MTV, and Brittany Snow, to campus will help facilitate the sharing of students' personal stories and offer a coping mechanism for those feeling mistreated or alone through their realization that others have similar experiences.

The PC: Love is Louder Facebook page offers students a venue to tell their stories by posting directly on the page, messaging the page to have their story posted anonymously, or uploading a picture of their hands with the words "Love is louder" written on them. Sorila stated she has shared the page through different platforms by sending requests to the various Providence groups she is affiliated with on Facebook, such as her PC friends, the Friar Food Rescue, her

floor in Ray, and the Class of 2017. As of this past Monday evening, the page has 126 likes.

"That's all I could ask for," she said. "People are responding."

According to the Love is Louder website, the movement aims to offer support to those feeling "mistreated, misunderstood, or alone." Urging individuals, communities, and schools to take up its initiative to address issues like bullying, discrimination, loneliness, and depression, the project endeavors to "raise the volume around the message that love and support are louder than any internal or external voice that brings us down."

Sorila has now raised that volume here at the College.

"It is a way to bring up real conversations," said Sorila. "Everyone has a story."

Sorila's interest in promoting the Love is Louder movement emerged through her observation of people going through hardship and adversity. Recalling that she remembers seeing the project promoted on television and through celebrities, she discovered a way to prevent problems she saw that seemingly arose out of the blue when, in reality, they could not have been as extreme had there been an open dialogue about one's feelings.

"A lot of people don't talk about things because there's a stigma," she said. "We have relationships through

small talk. I full heartedly believe we should talk about the things actually happening."

In order to do so here at the College, Sorila reached out to Sarah Attwood, campus minister, and Kristine Goodwin, vice president for student affairs, to organize the logistics of how Love is Louder will establish its presence on campus.

According to Goodwin, she met Sorila for the first time when she shared her idea with the vice president for student affairs. Although Goodwin stated in an email that her involvement is "minimal," underscoring that this idea emerged from Sorila rather than the administration, she nevertheless sees the good that can come from such an initiative.

"I am of the opinion that to fully realize 'higher' education we need to be a campus in which all members feel safe, or better yet that their presence and voices matter," she said. "Then and only then will we be able to engage in civil debate...If we are sincerely interested and teaching and learning from each other, we've got to be better at caring for one another."

Ultimately, Sorila envisions holding events and hosting speakers to open up communication, and she stated that she ideally would like to incorporate the program as part of the agenda during New Student Orientation to allow for students to make deeper connections

with one another. She and Goodwin are still in the process of discussing the best way to bring Love is Louder onto campus, but Sorila remains hopeful.

"I'm very optimistic about where it can go," she said.

Goodwin had a similar outlook.

"I think the fact that this is coming from one of the newest members of our community is refreshing and hopeful," she said.

To like the Facebook group, share your own story, or read about the stories of others, visit <https://www.facebook.com/PCloveislouder>.



Updates:

Semester Delivery Total:
1,012 lbs.

Week Delivery Total:
267 lbs.



Bursting the PC Bubble

by Andres Taborda '15
News Editor

Bill Vetoed by Governor of Arizona

A controversial bill was vetoed by Governor Jan Brewer of Arizona on Wednesday after facing much pressure from proponents and opponents. Religious beliefs would have been a defense for denying services to patrons under the proposed legislation. The bill was opposed by social liberals and supported by social conservatives. Opponents of the bill said it would allow for discrimination that would impact the state's economy. Arizona was under criticism from the National Football League, whose Super Bowl will be in the Grand Canyon State in 2015. Major League Baseball was quick to echo the sentiments of the NFL. Brewer's announcement came shortly after.

Russian Military near Border with Ukraine

Moscow continues to closely watch the situation in the Ukraine. President Vladimir Putin ordered exercises involving military units in western Russia, which borders the Ukraine. According to Sergei Shoigu, defense minister of Russia, 150,000 troops, 880 tanks, 90 aircrafts, and 80 navy ships are involved. The Associated Press reports that Shoigu said that the military exercises have nothing to do with the developments in the Ukraine. Russia has been skeptical of the recent parliamentary decisions made by Ukrainian officials.

Protests Continue in Venezuela

Venezuelan unrest continues amidst protests against the government of President Nicholas Maduro. The protests began on Feb. 4, when students took to the streets for injustices and security issues in universities. The government arrested several students and the opposition of Maduro's administration began to demand the resignation of the president. Henrique Capriles, who ran against Maduro and is leader of the conservative movement, has been active in propelling the demonstrations. Venezuela experienced a coup d'état in 2002, and observers of the situation are speculating that something of the sort may be on its way to the South American republic.

London Killers Sentenced

The murderers of Drummer Lee Rigby were sentenced on Wednesday in a London courtroom. Michael Adebolajo, 29, was sentenced to life and Michael Adebowale, 22, was sentenced to life with a minimum of 45 years, according to *The Telegraph*. The two were convicted of murder in December. They used knives and cleavers to stab Rigby to death and attempted to decapitate him near the Royal Artillery Barracks in southeast London. Adebolajo and Adebowale claim to have committed the crime to avenge the killing of Muslims by British armed forces. Muslim leaders in the UK have condemned the attack.

NEWS EDITORIAL ANNOUNCEMENT:

The Cowl's News Editors would like to inform the Providence College community that we are happy to cover events that happen on and off campus at your request. However, if you intend on publicizing your event prior to it occurring, we ask to you contact our advertising staff at cowlads@providence.edu.

Congress Updates

by Kathleen McGinty '16
Asst. News Editor

STUDENT CONGRESS

February 18, 2014

An amendment creating a permanent position for a passive campus ministry liaison in Student Congress was passed. According to Fr. James Cuddy O.P., Campus Ministry members have been able to attend Congress meetings for the past three years, and this makes the position more permanent. This permanent position now enables the liaison to vote on the student constitution.

February 25, 2014

A new piece of business regarding the voluntary dissolution of organizations was discussed. The amendment establishes a formal outline and "how to" for clubs to dissolve if student interest in the organization declines.

A recommendation to establish a recycling bins pilot program would, if passed, place recycling bins in Bedford Hall to prevent students from throwing recyclable items into the trash. The program may also extend into other apartment buildings.

The recommendation to establish academic freedom standards, mentioned during the Feb. 18 meeting, was presented. The piece would clarify how and when speakers are chosen and the policy for doing so, and if there is not a clear policy to have students involved in establishing one.

Feminist: Advocates for Action and Life

Continued from front page

Republicans. Laura Wells '14, the coordinator for PC For Life, delivered Foster's formal introduction, noting that Foster has led Feminists for Life of America since 1994. Foster explained that the goal of the organization she leads is to free women from abortion because "women deserve better than abortion." And whether you agreed with her stance or not, she added, "I welcome you."

She first addressed a number of significant figures in the history of women's suffrage and women's rights, and how they all supported the right to life in their efforts to guarantee women the rights they deserved. She then discussed some of the history in the development of the issue of abortion, its legalization, its role in the women's rights movement, and explained how and why women have been driven to choose abortion over life.

The focus of the rest of the lecture was about addressing the issue by looking at it as a failure to serve women through limited choices, lack of resources, and lack of support. Foster emphasized the need to address this larger problem and seek victory over violence, as that is true feminism.

She stated that institutions must examine their own policies and set an example for the world in developing programs and providing resources that give pregnant women more options than just abortion clinics. Feminists for Life address this issue head-on through

advocating for and moderating Pregnancy Resource Forums on college campuses. She shared stories of successful programs developed through the forums at colleges such as Georgetown University and Wellesley College. The aims of the forums are to ensure that "no woman would have to choose between a child or an education."

Foster stated that feminism stands for nonviolence, nondiscrimination, and justice for all. She explained that the issue of contraceptives is outside their mission, as they focus on pregnancy and parenting resources and support because that is what needs attention and that is what is lacking right now.

Before the end of the question and answer portion, Foster asked the audience what the choice here at PC is if a woman, student or other, is pregnant. Members of the audience noted that presently there are no resources like maternity housing or childcare facilities offered.

Foster encouraged all in attendance to work on solutions to the issue of abortion and the lack of resources and support for women through action and not argument. The solution will be found through communication, policies, and resources. She expressed her willingness to provide support in organizing a Pregnancy Resource Forum at PC.

Providence College Student Congress meets every
Tuesday at 5:30 p.m. in Ruane LLOS.
Meetings are open to the public!

Early Action and Decision Students Visit Campus

by George Copley '16
News Staff

ADMISSIONS

How can one forget mailing his or her letter of intent to his or her school of choice? After a year of stress, disappointment, and arguing with your mother, finding an ideal school and enrolling makes the whole process worthwhile. This past weekend, Providence College invited all of its newly accepted students of the class of 2018 to attend the "Spotlight Providence" event.

"Spotlight Providence" was a welcoming ceremony for all the forthcoming PC students of the class of 2018. Approximately 350 accepted Early Decision/Acceptance students attended this weekend's festivities. Due to the inclement weather, roughly 20 students had to cancel their visit. Regardless of the snow, all festivities proceeded: during the morning there was a variety of academic panels, mock classes, and campus tours; during the afternoon, students and their families went downtown to the Rhode Island Convention Center for a pre-game pep rally. The Pep Band, Sailing Team, Cheerleaders, pottery demonstrations, and art displays were just a few of the attractions at the convention center. Alongside the present elements of PC life, Father Brian Shanley O.P., Athletic Director Bob Driscoll, and Coach Ed Cooley welcomed the up and coming students.

Rob Bothwell, a PC student of the class of 2018, shared his experience on applying and enrolling to PC. "I grew up coming to PC," says Bothwell, "My parents both went here and so did both of my older sisters...When I started visiting more schools, I found myself liking PC more." Bothwell spent his weekend roaming the campus with his family and attended multiple morning events. He also watched the Friars beat DePaul on Saturday after attending the pep rally. Bothwell shared that he was interested in studying business, but was unsure of any specifics. After visiting this weekend, Bothwell believes that PC is "a place I could see myself at...I know it is somewhere where I can be happy."

Although there are still plenty of admissions statistics to come over the next few months, the admissions department shared that they had received about 9,000 applications to review when deciding on the class of 1,000 students. The enormous applicant pool is also the most diverse in PC's history, at 20.8 percent. Applications were sent from the Northeast, as well as Louisiana, Florida, Texas, Puerto Rico, and Vietnam. As mentioned earlier, final numbers are yet to be determined as the Office of Admission continues to review applications.

With a successful weekend behind us, PC can now look forward to the newly added students of the Friar family. The school saw a small sample of the brothers and sisters who will be joining us in the fall, but there are

Black Cultures Showcased

by Carolyn Bothwell '15
News Staff

CAMPUS EVENTS

plenty February 15, 2014 at the African American Society hosted its annual Black Expo event in '64 Hall. This exposition event is held each year in order to represent the different cultures and ethnicities that are a part of the African American Diaspora.

The African American Society aims to promote awareness about the history and diversity of the African American culture.

This year, the Black Expo provided a closer look at the Afro-Caribbean cultures in countries such as Jamaica, Haiti, Senegal, and several others. These cultures contain a prominent emphasis on food, music, color, and festivals from their traditional African roots.

The event had a wide range of

food samplings from seven different Caribbean countries. Dr. Steve Sears, dean of students, greeted those in attendance with an opening prayer before their meal.

The meal was followed by a fashion show that represented traditional garb from 17 different Afro-Caribbean cultures. There were also two performers present that demonstrated traditional dance rituals.

The African American Society provided those in attendance with an opportunity to win raffle prizes such as Afro-Caribbean beads, hats, and waistbands.

"One of the reasons we keep this as an annual event is because it helps to showcase the diversity that exists even within our very own club. Highlighting these subtleties makes for a great educational program and cultural awareness," said Brittany Anderson '15, secretary of BMSA (Board of Multi-Cultural Student Affairs).



SAADIA AHMAD '14 / THE COWL

Students model traditional African dress during the fashion show at the Black Expo.

Forever A Friar: Alumni and Family Weekend

by Meaghan Dodson '17
News Staff

COLLEGE EVENTS

Just in time for Valentine's Day, Providence College's Alumni & Family Weekend was held so that current and former PC students, as well as all of their family and friends, could demonstrate why they "Heart PC." The event began on February 14, 2014 and lasted until Feb. 16, and the weekend was packed with various activities and entertainment designed to appeal to visitors of all ages.

On Friday, February 14, the weekend began as visitors were able to sit in on any of the five Development of Western Civilization colloquia that were staggered throughout the day.

Dr. Elizabeth Bridgham of the English Department, who currently teaches the colloquium entitled, "Capitalism: The Good, the Bad, the Ugly," commented, "It's great to have the opportunity to teach a DWC colloquium because we can delve deeply into a focused subject that affects many aspects of Western—and indeed non-Western—culture. It was a pleasure to open the class up to visitors...some of our guests even participated in our discussion of Marx's concept of alienated labor and its manifestations in the film *Office Space*."

The colloquium is only one of the several new features of the DWC program, another being nothing less than the recently completed Ruane Center for the Humanities. Visitors toured the building and then ended up in Ruane's Great Room, where



MORGAN PEKERA '15 / THE COWL

Gabiella Carbone '13 and Emily Foster '13 speak with Father Cuddy after the 11 a.m. Mass.

PC's faculty and staff showed off the magnificent study area and greeted guests at a welcome reception.

Later that night, the "I <3 PC" Tailgate Party was held in the parking lot outside of Schneider Arena. A heated tent, which featured a DJ, cash bar, and plenty of food, transformed the lot into a great place to socialize and kick off the weekend. Flat-screen TVs allowed everyone to watch PC Men's Ice Hockey take on Notre Dame, and the promise of a raffle winner being called every time PC scored added yet another incentive to cheer on the Friars.

Saturday was packed with even more activities and opportunities to see all that PC has to offer. The College's President, Fr. Brian J. Shanley, O.P., greeted guests in Peterson Recreation

Center and introduced film producer Todd Slater '97, who presented his documentary, *Long Shot: The Kevin Laue Story*. The film follows the journey of Laue, who was the first one-armed basketball player to play D1 basketball.

Alex Duryea '17 attested, "*Long Shot* was incredibly inspiring. Despite his disadvantages, Kevin Laue had great successes and proved to everyone that he is capable of following his dream. His ambition and immense support of his family allowed him to flourish both on and off the court."

Despite the snowstorm later on that evening, many PC students and their families gathered in the Campus Ministry Basement to have a "Dinner with the Dominicans." Guests were treated to an Italian-themed buffet and the chance to enjoy a meal with

several of the Dominican brothers. During dessert, College Chaplain Fr. James Cuddy, O.P., gave a speech about how important friendship was during his time at PC, and how the support of his friends helped guide him in discovering his vocation to the priesthood.

Also taking place that evening was the Class of '14 Wine and Chocolate Tasting in the Ruane Great Room. The seniors and their families were cordially invited to sample some delicious wine and treats while also networking with PC alum.

Alana Hess '14 stated, "The best part about the event was that both the parents and students could witness how this community extends beyond four years. 'Forever a friar' is more than just a symbolic feeling, it is something that is utilized and extended to all of the PC community."

To wrap up the weekend and say goodbye to all of the guests, on Sunday Fr. Shanley and his fellow Dominicans celebrated mass in the St. Dominic Chapel. Students, alumni, and their families were encouraged to join together in prayer at the spiritual and emotional heart of the campus. A reception in Peterson Recreation Center followed the mass, where a buffet breakfast and a live jazz band sent off the visitors in style.

Reflecting on the weekend as a whole, Charlie Quinn '17 remarked, "I feel like these events were an amazing way for my family to come back to PC and experience the same intensity and excitement they had when they were students here. I know they loved every minute of it!"

Special Olympics Basketball Tournament

by Elizabeth Nako '15
News Staff

SPECIAL OLYMPICS

On Saturday, February 22, the Special Olympics Traditional Basketball Tournament took place from 9 a.m. to 4 p.m. in the Peterson Recreational Center. This event was sponsored by the Special Olympics R.I. for athletes in the state. This year, the event had a record-breaking number of 160 PC student volunteers. Alex Rawson '15, coordinator of PC's Special Olympics group in Campus Ministry, discussed how it showed a lot to have this many students help out at the event and "[the event] was great to see how many students came through to give back today." The first shift started at 8 a.m., and even as early as this may be for a Saturday morning, Rawson described the volunteers as being "so optimistic and willing to help."

The event began at 9 a.m. with the introductory speeches. Heidi Fraitzl '14 sang the National Anthem and Father James Cuddy, O.P. gave a blessing. The opening ceremony also included the carrying of the torch around Peterson by one of the participating athletes.

At approximately 9:30 a.m., the basketball games began. Twenty-two teams participated, and the more

games a team won, the more games they continued to play based on elimination. Some of the athletes had a long day depending on how far their teams went, but the PC volunteers and the athletes' families were there to cheer on the athletes from the sidelines. No matter how far a team progressed, every athlete received a medal.

Rawson described the basketball tournament as definitely being a big success. She talked about how for the last month the Special Olympics group had been planning their event and thinking of new ways to incorporate more of the student body. This year ROTC, the Men's Rugby Team, and the Women's Cheerleading Team all came to support them. The Men's Rugby Team was very interactive with the athletes, and did stretching and practice shooting with the athletes before their games. Also, there was a surprise appearance by Coach Ed Cooley and the Men's Basketball Team, which Rawson said was a surprise to her as well.

Rawson wants to thank all of her volunteers who came out to help out at this event. She said that having tables at Ray for sign-ups during dinner hours really helped to increase volunteer participation. Rawson said she was even still receiving emails up until 12:30 a.m. the night before from students who wanted to help volunteer. Also, Rawson gives credit

to her Exec Team; she says, "None of this would have come through without the Exec Team from the beginning stages to the last minute." Finally, Rawson also thanks Nick Sweatt, assistant director of intramural sports, who donated a football signed by New England Patriots' wide receiver Danny Amendola as a raffle prize, the Intramural Board, and Ed Laprey, director of recreational sports.

Rawson said, "The families were so thankful for the students [and were] really impressed by the great

spirit exhibited." Lizzy Myshrall '15, a member of the PC Special Olympics Exec Team, said she actually toured on a day PC was hosting the Special Olympics Basketball Tournament and said, "The athletes take away so much, but the volunteers take away so much more." The next event PC Special Olympics group plans on hosting is a swim meet. If you want to learn more ways to be involved with Special Olympics at PC, stop by a meeting held every Tuesday at 7 p.m. in the Campus Ministry Center.



PHOTO COURTESY OF LINDSEY CIOLFI '17

Special Olympic athletes show off their medals after the basketball tournament on Saturday.

Aristizábal Brings ImaginAction to Campus

by Andres Taborda '15
News Editor

COLLEGE EVENTS

The Board of Multicultural Student Affairs (BMSA) took to the arts this past week in an effort to continue diversity initiatives on the Providence College campus. The committee on diversity invited Hector Aristizábal, founder and artistic director of ImaginAction.

The non-profit theatre organization is based in Los Angeles, Calif., and according to its website, has traveled the world delivering its message through visual art.

Aristizábal's appearance in Providence featured two days of workshops where participants learned about the role of theatre in social transformation and healing.

Monday evening, Aristizábal performed his play, *Nightwind*, which told the story of his life before coming to the United States.

A native of Medellín, Colombia, Aristizábal was tortured by left-wing revolutionary groups. His brother, he said, was involved with these groups after believing their promises of hope for Colombia.

Aristizábal's story had a good ending, something that was not true for every member of his family. After his torture, he received a master's degree from the Universidad de Antioquia, a public university in Medellín.

Surviving torture, it was death threats that forced Aristizábal out of Colombia in 1989, when he settled in California. There he earned a second master's degree in marriage and family therapy from Pacific Oaks College.

Aristizábal spoke with *The Cowl* following his performance and keynote address to a well-attended '64 Hall.

He justified his use of theatre by saying, "Theatre is a tool that allows you to explore the human condition. Theatre is what is most similar to real life." He continued, "You can act out any situation where the human condition is in conflict."

Students were able to sign up for workshops with Aristizábal throughout the weekend. As for the relevance of the workshops to issues faced at Providence College, Aristizábal said, "Theatre allows you to explore alternatives to conflicts that exist with diversity, discrimination, and privilege."

BMSA has been active in promoting dialogue for those topics with visits from Tim Wise, the popular events "Project Stereotype" and "Identity," among many others.

Aristizábal pointed out the purpose of his work. "The dialogue that I generate through art is also to avoid an ideological discussion." He continued, "An ideological discussion immediately polarizes everything."

His comment comes at a time when the College has had active debate about how discussions are facilitated in light of postponed lectures to be given by Dr. John Corvino and Dr. Michelle Cretella.

Without context given, Aristizábal offered an alternative.

Prior to arriving at Providence College, Aristizábal spent a few days offering workshops to activists in the Ukraine, a country suffering from an ideological split that has cost the lives of many over the past three months.

What is the PC Identity?

by Carolyn Bothwell '15
News Staff

CAMPUS EVENTS

On Wednesday, February 12, students gathered in McPhail's to discuss the question, "What is the Providence College identity?"

Hosted by SOAR (Students Organized Against Racism), this event served to follow up their previous event, Project Stereotype. Last semester, Project Stereotype was held with the purpose of humanizing the labels that we are faced with on a regular basis. Students challenged their stereotypes by writing those phrases on a sign and wearing it through the day. The event was a success and the participants expressed interest in additional opportunities to discuss this subject.

"SOAR aims to educate the Providence College community on current race issues and racial injustices, locally and worldwide, while promoting unity on the PC campus," says Jose Jimenez '14, president of SOAR.

Dr. Boucher, Dr. Cebulko, and Dr. Costello facilitated "Identity." The

three facilitators teach psychology, sociology, and philosophy on campus and opened up the discussion with how their perspective field interprets the concept of identity.

"We wanted it to feel more like a community conversation, which is why the faculty sat among the students and were referred to by their first names rather than their titles," explained Jimenez.

"Identity" expressed that we all play a role in defining what PC is. Therefore, the event encouraged that all students should play a more active role in shaping Providence College's identity.

At the event, students and faculty mentioned that the majority of service workers on campus are predominately Latinos. The members of the discussion questioned how this affects minority students on campus. Furthermore, they questioned the impact that this has on white students at Providence College.

SOAR strives to help PC work on cultural competence. By hosting events, they strive to push people out of their comfort zones, which further facilitates a deeper understanding between the races on campus.



MORGAN PEKERA '15 / THE COWL

Students engage in a discussion about identity following last semester's "Project Stereotype."



OPINION

Tuesdays with Seaver

by Matt Santos '14
Opinion Staff

CAMPUS

For all of the difficulties and divisions that often plague our school, the people who teach and live here at Providence College have always, for me, been the most exceptional part of the PC experience. Every Tuesday at 6 p.m., I have been very lucky to be reminded of that fact at our very own St. Thomas Aquinas Priory. Each week, four other students and I go to the priory for dinner with Father Thomas Seaver, a recently retired professor in the Department of Theology. He helps serve as a reminder of something that has made and continues to make my four years at PC something unique and cherishable.

During my spring semester of junior year I had the delight of taking Father Seaver's Honors Studies in Theology class. Each class, Father Seaver would engage us with different articles that addressed a number of topics. He would offer descriptions and opinions on the varying topics. Then he asked us to respond to the weekly readings with weekly three-page papers, engaging with the texts in some way. To date, it was one of my favorite classes at PC, giving me a chance to explore different topics always delivered with expansive knowledge and passion from Father Seaver. That

spring, though, was Father Seaver's last semester teaching at PC.

While the class ended that spring, a friendship with Father Seaver began in class, expanded to dinner in the Priory that spring, then to Facebook, and more dinners that following summer. Once it is "Facebook-official" you know you've arrived. I am a native Rhode Islander who drove through Providence each day to go to work in the summer. And so, each Tuesday I would stop by the Priory for dinner with Father Seaver and three other students who were doing research at PC. Thus, Tuesdays with Seaver was born. My brother even came with me on the last Tuesday of the summer; Father always asks how Michael is doing in optometry school and keeps track of his postings on Facebook. The Santos family of my home has been welcomed and invited into my PC family here.

At our Tuesday dinners, conversation includes making fun of one another, talking about Father's daily walking routine around campus, and the pros and cons of Kindles: typical things that friends discuss. Father Seaver finishes things with a condensed form of the class he taught the spring of my junior year. Among other benefits, it is one surefire way to keep up on current events that I may miss during my busy weeks at PC. Tuesdays with Seaver keeps me in the loop. Playing to his audience, Father most frequently brings in articles



Matt Santos '14 (pictured left) alongside Fr. Thomas Seaver and Nick Mazzucca '15.

relating to science, keeping myself and the other biology majors updated on different findings. He jokes that he "fronts" as a scientist for us. Could have fooled me.

This past weekend, I had the sincere delight to visit a very close high school friend at Villanova University. For much of the weekend, I humorously catalogued some of the similarities the school and our dear own Providence College shared. I witnessed their equivalents to our favorite watering

holes that call Smith Hill their home. I heard a rather comical story of a representative from a contraceptive company who was kicked off campus for handing out T-shirts with the company's name on them. I saw just as many, if not more, salmon shorts, Patagonia vests, and J. Crew flannels. But they don't have Tuesdays with Seaver. That uniqueness reminds me how lucky I've been.

Know Your Brand, Sell Your Brand, Be Your Brand

Under Armour Protected by Reputation in Olympic Controversy

by Kelly Sullivan '15
Opinion Editor

SOCIETY

I found it absolutely absurd that the U.S. speedskating team blamed their uniform for their poor performance in the Sochi Olympic Games. Under Armour, the makers of the apparel, sponsored the team in an effort to gain international brand recognition. What they got, however, was a badly damaged public image.

Most of us hear from professors and offices on campus that we need to know our own personal brand and know how we're selling our brand. We do so through LinkedIn, by the way we carry ourselves, and by the statuses we post on social media. It's how grad schools see us and what makes employers give our resume a second glance. It is in this Under Armour story that we can see a concrete example of branding.

The Under Armour Brand took a huge hit when the U.S. speedskating team attributed their failure to win a medal on the Mach 39. The Mach 39 was the new, high-tech speedskating suit that Under Armour created for the

U.S. Speedskating Team. It was meant to be aerodynamically designed to be the fastest suit for the sport. This was the first Olympics since 1934 where no American skaters won a medal. The Mach 39 and the Under Armour brand took the fall when shares took a 24 percent fall once knowledge of the team's doubt in their suits began to spread.

According to *USA Today*, Under Armour CEO Kevin Plank said, "It was a bit of a witch hunt that began to build. The suit became the witch. This brand was dragged through the mud. There was a lot of conjecture and speculation, but none of it based on fact."

Turns out, there were a number of factors that could have attributed to the team's poor performance. The *Wall Street Journal* said, "The camp, where they wore the suits in simulated races, posed problems. The rink was outdoors and at altitude, nothing like Sochi's indoor, sea-level rink."

The team had also not even worn the Mach 39s until the Olympics. They hoped the suits would give them a competitive advantage during the competitions, but perhaps the team did not have enough time to adjust to the new apparel. There were clearly

other factors that could have posed a threat to the team's performance, yet the Under Armour apparel became the team's scapegoat. The brand's image became skewed by intense negative media coverage.

We now know, however, that the team's failure can in no way be attributed to the Mach 39. The team had actually voted to switch suits during the games and did not perform any better.

When this was realized, Under Armour came out on top and saw a 4.5 percent jump in its stock when the plans to renew sponsorship through 2022 with the U.S.A. team was announced.

So what can we as college students take away from this? Stick to your brand. Stand by what you believe in. If you have a strong understanding of who you are and what your goals are, your brand will follow. By having a strong brand like this, it will be easier for it to be maintained. Under Armour plans to stand behind the suit. They are going to tweak it and continue to invest in it until the next Olympics. By doing so they were able to regain sponsorship of the team for the next two Winter Olympics.

Bates Student Should Remind PC to Be Careful Abroad

by Jacquelyn Kelley '17
Opinion Staff

SOCIETY

Whenever college students go out to “party” at night, there is always risk involved, but the risk increases dramatically when students are unfamiliar with their surroundings. Therefore, when college students choose to study abroad and also choose to party abroad, they are often putting themselves in a great deal of danger. Unfortunately, an awful reminder of such danger occurred this past weekend. John Durkin, a 21-year-old student at Bates College who was studying abroad in Italy, was first reported missing and then found dead two days later in Rome after a night out with friends at a bar.

Here at Providence College, most students have a general sense of the area in which they are going out; they are told to avoid certain areas, and are usually aware of their surroundings, but accidents can still happen. Now, imagine being in a foreign country where you are unfamiliar with the area and the places where you are going out; accidents become even more likely. Durkin’s death is still being investigated, but it seems that after leaving the bar without his friends, he stumbled into a railroad tunnel and was unfortunately hit by a train.

Studying abroad is supposed to be an enlightening and eye-opening experience that allows you to explore a new part of the world. It is not supposed to be a trip that ends in tragedy. PC offers so many incredible study abroad opportunities for students and they should most definitely be taken advantage of, but it is important to remember when studying abroad that you’re not in your own element anymore. You’re in a foreign country, often with a completely different culture than ours, and it is therefore so important to be safe.

That is why if any of you plan to study abroad during your college career here, you must be aware. Be sure to really learn about the area you are going to be in and make sure that when you do go out to experience the nightlife, you are always with fellow travelers that you can trust to watch out for you. The buddy system that you probably use when experiencing the nightlife here becomes even more important when abroad.

Although traveling can be dangerous, the objective of this article is not to scare you away from going abroad. In fact, I look forward to studying abroad for a semester in the future and I am going to Italy with the Liberal Arts Honors Program in just a couple weeks for spring break and couldn’t be more excited. I simply write to those of you studying abroad or planning to study abroad to remind you to be aware and to be careful.

John Durkin will never get to share his experience in Italy with his family and friends and the Bates College community is currently suffering the loss of a great student, a tragedy that the Providence College community never wants to experience.



by Fr. James Cuddy, O.P.
Campus Chaplain

CAMPUS

Most of you have never heard the name Hiroo Onoda. But after a few short minutes of reading my typically elegant prose, you’ll remember his story for the rest of your life.

Mr. Onoda was an intelligence officer in the Japanese army and was serving on Lubang Island in the Philippines toward the end of World War II. American-led forces had invaded the country toward the end of 1944 and were successful in defeating and expelling the Japanese army over the course of several months. But when the rest of the imperial troops withdrew from the island, Hiroo Onoda was given different orders.

He was directed to stay on Lubang in order to spy on the American troops. Hidden from sight, Onoda was to gather intelligence on the enemy and await the return of the Japanese army. He would dwell in the mountains and live off the land, but he was to stay put. Those were his orders, and Onoda followed them with precision.

The Japanese surrendered in August 1945. The necessary documents were signed and the war officially ended

Pin '14 Says Hype Surrounding Cretella Lecture Overblown

by Philip M. Pin '14
Guest Opinion

CAMPUS

Let me start out by saying this: I am a quiet, reclusive kind of guy who generally keeps my opinions to myself. To my knowledge, this is the first time I have ever submitted an opinion piece to *The Cowl* in my four years here at PC. But the hypocrisy of many students protesting the Dr. Cretella lecture is so obvious, I felt obligated to respond. I know for a fact that many of these same students were outraged when the College postponed the initial Corvino lecture. They used the defense of so-called “academic freedom.” In the spirit of academic freedom, I do not believe there should be a litmus test for speakers. Let me add that I agree with College President Fr. Brian Shanley, O.P., in saying that a Catholic college cannot allow views against the Church to go unopposed. I am not some right-wing zealot, and am not arguing against gay marriage. For the record, my opinion on that issue happens to be somewhat mixed. I also worry about what this does to free speech, an issue I am passionate about. I worry that this hypersensitive world today takes comments people make and wildly exaggerates them. I think this is wrong, and feel I often cannot speak my mind without consequences. Also, students should be careful what they put on social media. It has a tendency to come back and bite you when you least expect it.

Place Faith in God and Trust His Plans

several weeks later. But no one thought to share the news with Hiroo Onoda. He remained on Lubang Island doing exactly what he had been commanded to do. And he would continue to do his duty in that manner for the next 30 years.

Being an intelligence officer, Mr. Onoda was no halfwit. He had heard the reports of the war’s end. He had seen the countless leaflets urging his surrender that were dropped from airplanes into the mountain region where he lived. He saw all of these and concluded that they were merely devious attempts on the part of the enemy to trick him into abandoning his post. And Hiroo Onoda would not be so easily duped.

He refused to stop fighting until he received a direct order in person from his commanding officer. And so in March 1974, Mr. Onoda was summoned to a meeting with Major Yoshimi Taniguchi, who by that time had grown old and had long since retired from military service. And there in the foothills of Lubang Island, Hiroo Onoda laid down his sword and rifle, as his fellow soldiers in the imperial army had done nearly three decades earlier.

Hiroo Onoda died last month in Japan. And so he and his singular story have recently been on my mind. At its conclusion, I wonder if his was a wasted life. It’s worth considering because the answer to that question can affect the way we live out our own days.

It’s easy to dismiss Mr. Onoda as a fool, steadfast in his refusal to face reality. All of the signs around him said that the war was long over and that the Japanese were not regrouping in order to lay siege to the Philippines. The long nights spent alone in the mountains must have been marked by uncertainty and moments of doubt. And so we can conclude that only a madman would ever stay and fight for as long as he did.

But there’s another side of Hiroo Onoda’s story to consider. And it speaks not of lunacy, but of heroism. This intelligence officer had been given an order and placed all of his trust in those who had issued it. In spite of all appearances to the contrary, he was confident that his brothers-in-arms would return as promised. And while he couldn’t understand it fully, Mr. Onoda believed that there was a plan in place. In short, he had faith. And that’s not foolish at all.

The problem is that Mr. Onoda’s faith was misplaced. Putting supernatural faith in mere mortals is a recipe for disaster. But when our orders come from God, we can embrace His plans fully and without fear. No matter what things might look like, or how long you might have to wait for the plan to make sense, it will come to pass. No life built upon faith in God could ever be wasted.

Thornton '12, '14G Concerned about PC

by Matthew F. Thornton '12, '14G
Guest Opinion

CAMPUS

To the Providence College community: I am growing concerned with the direction our College is heading regarding freedom of thought and discussion. Just in the last year, we have had three large controversies regarding guest lecturers on this campus.

The first, in the spring of 2013, Senator Sheldon Whitehouse’s planned visit stirred the community in a debate about allowing a lecturer who held beliefs against the Catholic Church on campus. After much debate, the decision was made to allow Mr. Whitehouse to give his lecture.

The second, in the fall of 2013, occurred with the debate surrounding Dr. John Corvino’s planned talk on “The Meaning of (Gay) Marriage.” A flurry of controversy swept the school following the cancellation (and later re-scheduling) of the lecture-turned-debate.

The third has just occurred, and prompted the authoring of this article. Dr. Michelle Cretella planned to give a lecture entitled “Who Am I? Psychology, Faith, and Same-Sex Attraction.” As of the writing of this article, the lecture has been cancelled, and I have not heard of a plan to re-schedule or re-format (as with Dr. Corvino). Even if this occurs, I will stand by the argument I am about to put forth.

Providence College, I am worried with how we are handling these controversies. The purpose of an academic institution is to learn. Our motto is Veritas, truth. Every member

of the PC community shares in this noble goal, be it personal truth, scientific truth, or philosophical truth. But our only hope to find this truth is through the exchanging of ideas. Even ideas which may anger us, or scare us, or cause us to feel uncomfortable. We must address those with whom we disagree with respectful debate, not censorship and outrage. We must allow both ideological opponents and allies to speak with an equal voice. It is up to us to determine if an argument holds weight.

I have heard that people feel unsafe or unwelcome on this campus. This should be our highest priority to address as a community. We are heading down a path toward a divided campus. But the solution to erasing this divide is through honest, respectful, discussion. Outrage and censorship, on either side of controversial issues, only leads to more anger, and the dehumanizing of our opponents only leads to further division.

Providence, let’s not let another Whitehouse, Corvino, or Cretella controversy happen again. I urge everyone to welcome guests to our campus, even if we disagree with their beliefs, or feel threatened by their arguments. Let’s counter opposing beliefs with respectful debate. This doesn’t mean every presentation should be in a debate format. Rather, let us ensure that anyone who wishes to speak feels welcome, and any planned response is also welcome. Let’s not become a campus of closed thought. As Captain Jean-Luc Picard once said, “With the first link, the chain is forged. The first speech censored, the first thought forbidden, the first freedom denied, chains us all irrevocably.”

THE

VAGINA
MONOLOGUESThe Motives of the Vagina Monologues
Should Garner More Supportby Jenn Giffels '14
Senior Staff Writer

SOCIETY

The word vagina is not commonly heard on a small, liberal arts, Catholic college campus. The word has a negative connotation, and conversations about vaginas and related topics are rarely discussed among “polite society” and seem to have no place in a classroom.

While we all may cringe if a professor were to start talking about it, or a friend were to mention it, does this mean that the word should be ignored and shunned?

The stigma around the word implies that many related themes are unworthy of recognition and should not be discussed. This does a disservice to, and is not only disrespectful, but also dismissive of the women in our society.

One of the main messages of the *Vagina Monologues* that were performed last week by a group of Providence

College students is that we cannot afford not to talk about these issues.

The *Monologues* are performed off campus at the Avon Cinema on Thayer Street due to the nature of the show conflicting with the mission of our Catholic college. While this can be interpreted as shutting down the conversation on campus, the group of PC actresses, the stage crew, and the large audience turnout that came to support them show the determination of many to talk about it.

Violence against women is the main theme of the *Vagina Monologues*, including subthemes such as genital mutilation, female reproductive health, female sexuality, rape, sexual abuse, discrimination and prejudice, masculine dominant culture, gender inequality, slang and pejorative slander, and many more.

Objections preside about the blunt and straightforward nature in which the play discusses female body parts, sexuality, and other themes. One controversial monologue, for example, reclaims the c-word. The audience cannot jump to conclusions

based on preconceived notions and judgments, however, since each story has a powerful message behind it. This particular word, for example, has its origins in mythology and is from the same root as the words “country” and “kin.”

Some accuse the play of presenting a narrow view of women’s sexuality, while others praise it for having the courage to state aloud many deep concerns and prejudices women constantly face, and for portraying the underrepresented female vantage point.

Others believe that the play is hateful towards males and dismisses any credibility of male-female relationships. During one scene in the play, however, men are specifically invited to join this movement and stand up for women’s rights, which demonstrates the inclusive nature of the play. The Comfort woman’s call for an apology from the Japanese government and the Bosnian woman’s call to end rape camps are far from an unfair attack on the entirety of the male race.

While the disagreement and debate over the way the play goes about empowering women will indefinitely endure, the motives of the play and the causes it seeks to support should perhaps garner more widespread support.

The play seeks to raise awareness, spread education, and encourage activism around issues of violence against women—a cause that one would be hard pressed to openly fight against in today’s society.

The play also forces an open and honest conversation around difficult topics. But we must ask ourselves, how can a woman be empowered and stand up for her rights if she herself does not even know the facts about her own body? How can an effective policy on HIV/AIDS be passed in our country if the topics of sex and gender continue to be taboo, and are not included in the discussion? How will women come to be more respected in our society if they are not allowed to express themselves but rather are expected to keep silent about those “unthinkable” topics?

PHOTO COURTESY OF WWW.FACEBOOK.COM/EVENTS/468280843294067

Cultural Division and External Pressure Create Violence in Ukraine

by Carolyn Walsh '17
Opinion Staff

SOCIETY

On Tuesday, Feb. 18, violence erupted in the Ukrainian capital of Kiev in what has become the deadliest day in the country’s nearly three months of anti-government protests. Clashes between protestors and riot police left at least 25 people dead and much of Kiev’s Independence Square, the center of the protest movement, up in flames. What essentially began as citizen outcry against President Viktor Yanukovich’s decision last fall to reject trade and political agreements with the EU and instead accept a \$15 billion bailout from Russia to help the Ukrainian economy, resulted in a conflict that has quickly spiraled out of control. Even with peace negotiations now reached between opposition leaders and the government, and a tentative plan for governmental reform, which began with Parliament’s ousting of Yanukovich, Ukraine’s future hangs in the balance.

Although the media has somewhat oversimplified the state of political divisions in Ukraine—the divide between those who aim for stronger relations with Europe and those who are more rooted in their Soviet past—these divisions do exist and create an important obstacle for a new stability.

The majority of the population in the western half of Ukraine firmly stands with the European Union and is a major proponent of a free market economy. In the east, there is a majority who claim stronger ties with Russia. There, most people speak Russian. In the west Ukrainian is the dominant language, and the people rely on Russia for the economic security it provides them through its often domineering presence in the Ukrainian national economy.

The geopolitical factions that exist in Ukraine help explain why while thousands of people cheered the ousting of the Russian-backed Yanukovich on the streets of Kiev, thousands of others did not, and organized to protest the new government being constructed by Parliament. As early elections are set for May, those who will come to head the new government will have the decidedly difficult task of trying to manage a country that is trying to go in two different directions. Although Ukrainians in the East and West are united in their pride and love for their country, their deeply rooted and starkly contrasted cultural and lingual differences present a great challenge for the hopes of a more stable and unified Ukraine to emerge out of the current crisis.

Ukraine’s future is not just threatened by internal conflict but from outside pressures as well. The divisions within the country also point to a wider one between the EU



PHOTO COURTESY OF WWW.WSJ.COM

Protestors sang the national anthem on Friday, February 21 at Independence Square in Kiev.

and Russia. Ukraine has immense strategic importance to Russia, as the two countries’ political and economic relationship is an essential part of Russia’s ambitions to increase its power in Europe and Asia. The U.S. and U.K. have both warned against Russian intervention in Ukraine, and the EU effectively managed to get the upper hand on Russia by sending officials to help negotiate peace in Kiev. Russia has not officially thrown in the towel and because of this, Ukraine is likely to become an even more polarized political battlefield than it already is.

In the aftermath of the deadly violence that took place Feb. 18, Kiev’s Independence Square has largely become a memorial site for many of the anti-government protestors who lost their lives in the clashes with police. They died fighting to achieve what, in their view, would result in a better future for Ukraine. The problems of political and economic instability, deep cultural divides within the country, and pressures from outside powers prove that the fight for Ukraine’s future will not be easy.

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Friar Athletes Are Excelling in Big Ways

by Kayla Fernandes '14 &
Keely Mohin '14
EIC & Associate EIC

EDITORIAL



This week *The Cowl* is very proud to be covering the accomplishments of a variety of different athletic teams on campus. While we have previously championed supporting all Friar teams, we are excited that so many of our athletic teams have accomplished great things in these past few weeks. This week's Sports section features articles covering women's basketball, women's softball, women's indoor track, and men and women's swimming and diving.

This week, women's basketball "pinked out" Friartown for breast cancer

awareness. The women of the indoor track team captured two individual titles at this past weekend's Big East Championship. Women's softball is set to have a successful season, with a number of players being recognized nationally for their talent. The men and women of the swimming and diving team had a good showing at their Big East Championships, breaking school records and taking home a number of medals for their accomplishments.

While some of these teams may be less publicized, their recent accomplishments prove that they are more than worthy of our attention and support. We should all be proud of our fellow Friars, who have worked hard throughout their respective seasons to achieve their goals.

TANGENTS & TIRADES

Buying Concert Tickets Is a Stressful Struggle

by Nicole Corbin '15

The best way to celebrate the end of a hectic semester is an awesome summer concert, and now is the time to buy those prime concert seats (you know, the ones where you can practically feel the bass pulsating through your body). However, while a concert is one of the most fun experiences you can enjoy, purchasing the tickets is the most stressful. Sitting at the computer with credit card in hand waiting for the clock to strike 10 a.m., hoping to beat the rush of eager fellow concertgoers is akin to the frustration of registering for classes on CyberFriar. Once the metaphorical floodgates open, one must frantically click "Buy Tickets" all the while praying the dreaded "No Seats Available" notification doesn't pop up on screen. If Lady Luck is on your side, the site will offer some tickets, which is where the real challenge begins. With only a few minutes to decide if you want those seats or look for better ones (and risk not getting any at all), you then have three minutes to punch in your credit card or else your tickets will be put back on the market. After the exasperating whirlwind five minutes of fighting for your tickets, they are officially yours and the next best thing you need is a nap.

More To Women than Sugar and Spice

by Olivia Beesley '15

About a year ago, I started to bake. My roommate smiled as cakes appeared on a weekly basis. It became a bit of a hobby (among many others), and since then, I have learned how to create carrot cakes, flapjacks, oreo cakes, Reese's peanut butter cheesecakes, brownies, blondies...the list continues to grow.

I also grew to love a T.V show back home—*The Great British Bake-Off*, a competition in which bakers master new recipes, facing weekly evictions—a standard game show (with more cookies!). However, one day I overheard someone commenting, "The females in the semi-final are a disgrace—they are reversing the liberation of women by baking cake in a kitchen full of bunting." This hit a nerve inside me.

While I wouldn't call myself a feminist, I do feel strongly about equality of the sexes. I would hate to be viewed as a girl that bakes and does little else. I believe that there is far more to any individual than a single dimension, and more substance to the women in that show than sugar, spice, and cakes that are iced.

I resent the idea of being labeled as a simplistic female just because I choose to bake. Furthermore, if I decide to carry out that baking whilst wearing a pink apron in a room full of flowers, I don't expect to be viewed as actively or passively reversing the liberation of women.

I believe that females should be able to bake, sew, and cook without society reducing them to these activities alone. That's why I choose to write. I choose to study. I choose to do what I love. I choose to have my cake and bake it too.

Everyone's Soul Could Use a Crutch

by Brianna Abbott '17

Those who argue against religion often refer to God as a crutch, something to fall back on for those whom cannot face the world on their own, a false instrument to ensure comfort. They feel as if they are too strong to depend on a divine power. They feel as if depending on it is a weakness. They believe that the soul should be strong enough to carry on without that crutch; however, those same people fail to realize that all souls are inherently injured. Everyone's soul has collateral damage. Everyone's soul could use a crutch. Those who refer to God as a crutch fail to realize that that is exactly what He is there for. He is there to support the damaged souls, to prop them up when they cannot walk by themselves. Though some consider dependence on religion as a weakness, those same people would also agree that it is prideful and weak to refuse treatment or assistance when injured. One must be big enough to accept help. Just as someone would be considered foolish to forgo using a crutch with an injured leg, that same man is equally as foolish to forgo God with an injured soul.



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It's your choice. You can have an ordinary off campus living experience or a great experience in one of the elegant "houses with the Irish names" on Eaton, across from the Smith Art Center.

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ErinStudentLiving.com

Spring Career & Internship Fair

Wednesday, March 19
2:00 PM—5:00 PM
Peterson Center

Speak with EMPLOYERS from organizations seeking FULL-TIME and INTERNSHIP applicants.

Students from all years and majors are invited.



MORE THAN A MEAL: AN ETIQUETTE DINNER



Monday, March 24 | '64 Hall | 5:00 PM or 7:30 PM

Think eating is about the food? Think again! Join Jennifer Galipeau, Certified Hospitality Educator as she takes you through a full course meal, teaching what to do, and what not to do.

Sign up NOW with your refundable \$10 deposit at the Slavin Information Desk.

Sponsored by the Career Education Center, L3: Lifelong Leadership, Student Alumni Association, with support from the Student Multicultural Activities Office & FFE.

Thinking Spring

In the Department of Theatre, Dance & Film

Aristophanes's *Lysistrata*,
a musical version
April 4-6, 11-13

Spring Dance Concert
April 25 & 26

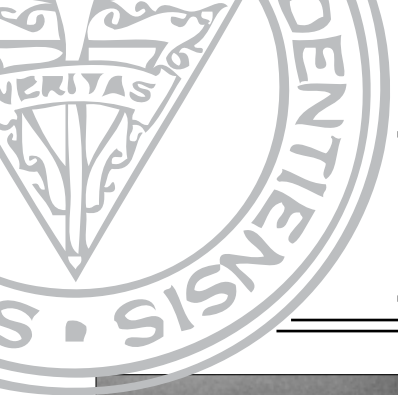
Student Film Festival
Free Admission
May 1



Smith Center Box Office
M - F, 1:30 - 5 pm
providence.edu/theatre
401.865.2218



PC-In-China Summer Program
Earn 3 credits and tour China
Application Deadline Feb. 28!
Details: Harkins 215



PHOTOGRAPHY

The Cowl 11

February 27, 2014



SAADIA AHMAD '14/ THE COWL



SAADIA AHMAD '14/ THE COWL

TOP LEFT: The Anscombe Society and Campus Ministry feature a lecture about the possibility of starting over amidst the party and hook-up cultures, delivered by Fr. James Cuddy, O.P.

ABOVE: Joseph Torres, senior advisor for Free Press, presents a lecture on race and the American media, exploring the connections between race, the American media, and public interest.

LEFT: Team USA Bronze medalist Marissa Castelli visits the College for the Olympic Homecoming event.

BELOW: The Career Education Center and Future Friar Executives sponsor their annual Pathways to Success Business Conference, featuring alumni from ESPN, Tommy Hilfiger, Dana Farber Cancer Institute, Roca-ton Investment Advisors, and FactSet.



MORGAN PEKERA '15/ THE COWL



SAADIA AHMAD '14/ THE COWL



MORGAN PEKERA '15/ THE COWL

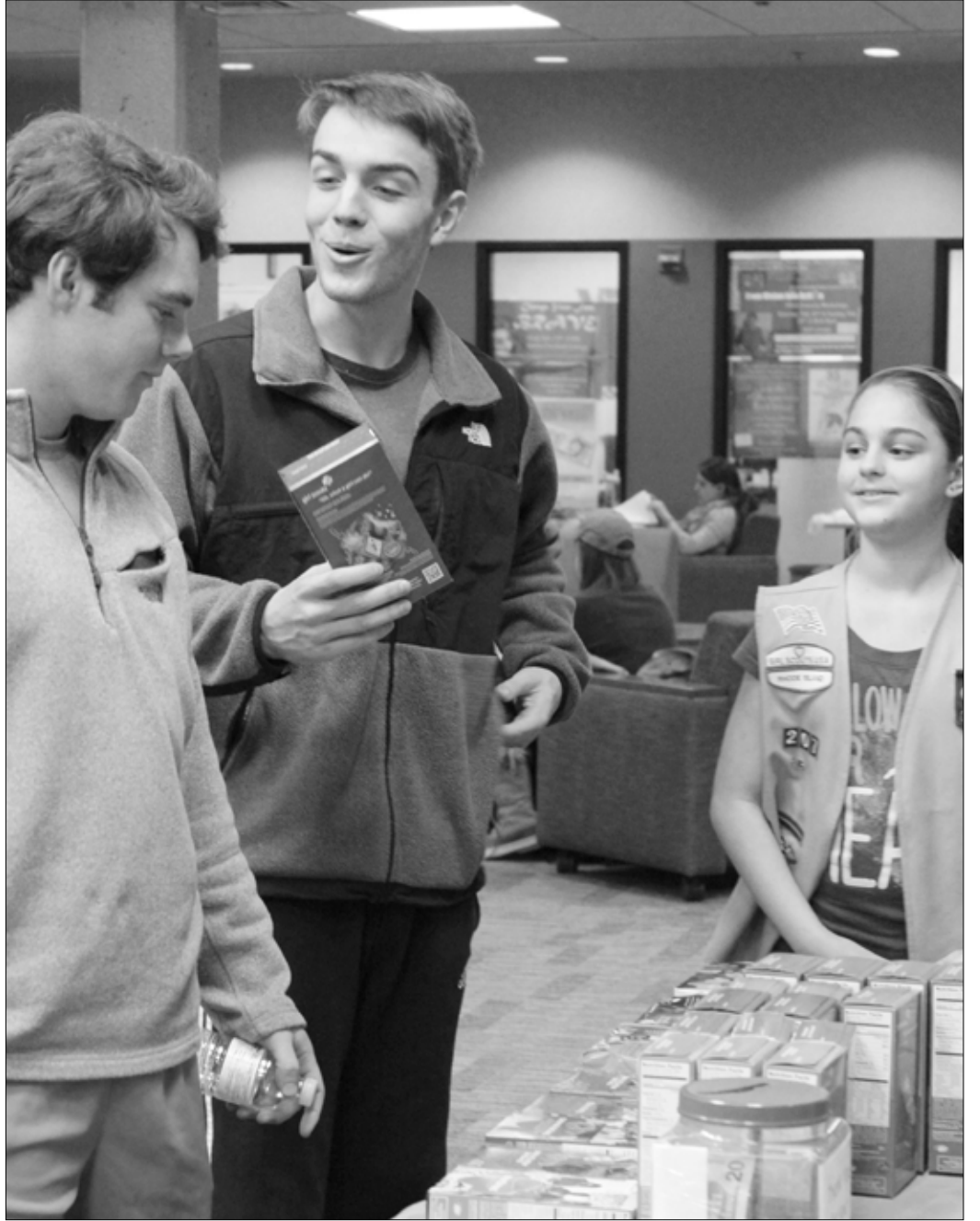
ABOVE: Campus Ministry presents an assortment of Fair Trade chocolate available for purchase for Valentine's Day.

TOP RIGHT: The SAIL Office provides members of the community with an opportunity to purchase Girl Scout cookies throughout the week.

CENTER RIGHT: The Motherland Dance Group holds a Cultural and Modern African Dance Workshop, providing instruction from traditional and modern African culture, as well as an assortment of African foods.

FAR BELOW: PC Dining sponsors its second Bistro Night, featuring Italian cuisine in a transformed McPhail's.

BELOW: A Friar fan dressed as a dalmation, the College's former mascot, leads a group in a cheer as the Friars score another goal against the Minutemen of UMass.



MORGAN PEKERA '15/ THE COWL



MORGAN PEKERA '15/ THE COWL

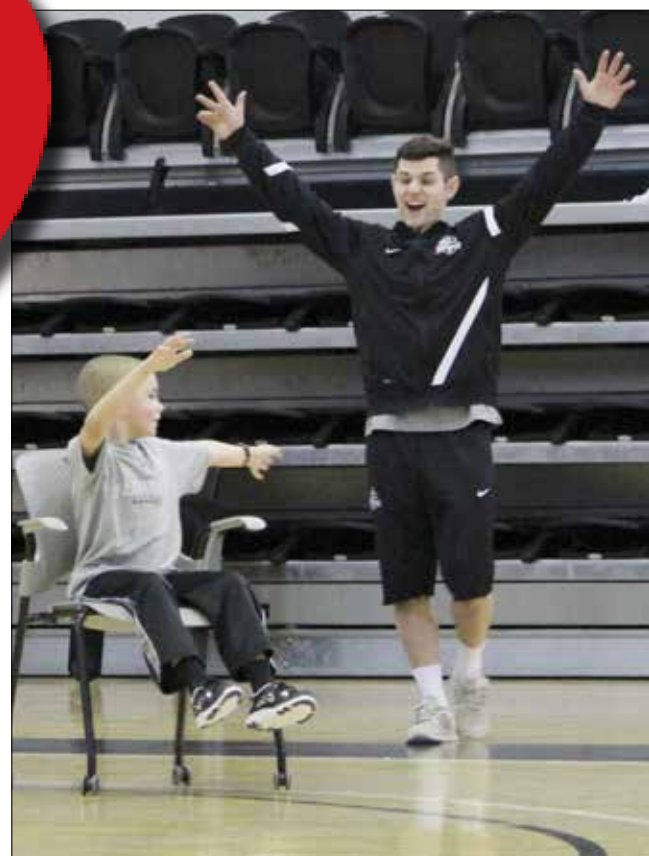
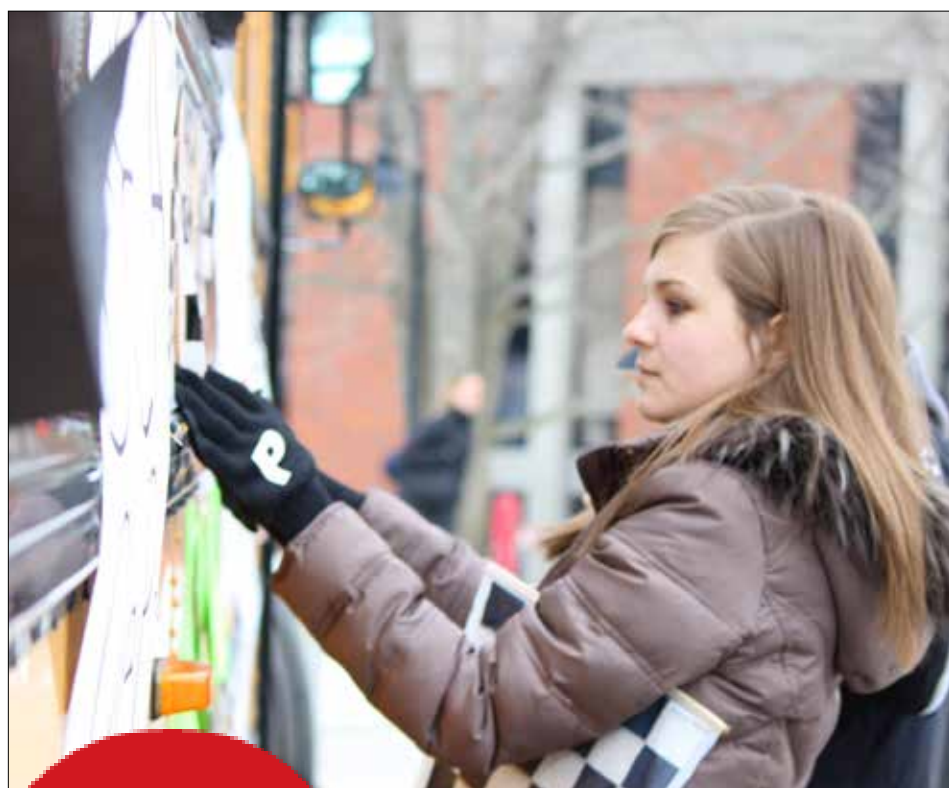


SAADIA AHMAD '14/ THE COWL



SAADIA AHMAD '14/ THE COWL

ALUMNI & FAMILY WEEKEND



2014

During February of each year, Providence College sponsors its annual Alumni and Family Weekend, which provides current students, alumni, and their families and friends with an opportunity to reunite with one another and celebrate the newest additions to Providence College.



CLOCKWISE FROM TOP LEFT: Students take a break from handing out PC-themed gloves during the Fan Fest to pose for a photo. A Friar Faithful member decorates one of the buses for the weekend's basketball game with painted posters and streamers. Student athletes from various teams volunteer their time to play recreational sports with young Friars in Mullaney Gym. A panel of students speak to high school seniors about networking opportunities with PC alumni. Dominicans who celebrated the weekend's Mass chat with families in the Grotto after the service. Prospective students learn about the Dominican and Catholic identity of Providence College in the classroom and beyond.



Layout Designed and Photos Taken by Morgan Pekera '15, Assistant Photo Editor



PROVING PHOTOGRAPHY

How do you prepare for midterms?



"Pull all-nighters."

Jennifer Quero '17 and Jeannette Torres '17



"Study groups and study guides."

Nicholas Sailor '17



"Delete my Twitter and go to the library."

Valeria Zarate '16



"Procrastinate."

Kara Howard '15



"When I figure that out I'll let you know."

Brendan Kelly '15



"Lots of brain food like Snickers!"

Brooke Mangan '15



"I don't."

-Mason Sciotti '15



A Night at The Vagina Monologues



PHOTO COURTESY OF Madalyn Ciampi '16

Monologues:

Continued from front page

its unitive and procreative dimensions diminishes its complexity, its mystery, and its dignity.”

V-Day responded by publishing the following on its website: “While we respect his right to his views and beliefs, Reverend Shanley’s desire that we bring back the ‘complexity and mystery’ around the vagina is dangerous if it leads to continued silence about these issues. [...] We need the dialogue and education that works such as *The Vagina Monologues* inspire, and the critical fundraising that the V-Day movement and its dedicated activists provide to shelters and anti-violence programs.”

The *Monologues* may not have the Administration’s support, but as evidenced by an almost full theater, they appear to do just fine without it. Set against a lush red grand drape, the cast performed with minimal props and no major costume changes. The cast and crew, which ranged from first years to seniors, were seated in the first few rows of the theater and perched on the steps leading to the stage prior to their appearance. Occasionally, a performer would stumble over a line or backtrack before breaking out in laughter or referring to a paper cue card. These inconsequential mishaps did nothing to detract, however—the informality added authenticity and charm to the production. The student-run production focuses on—you guessed it—vaginas.

The play first ran in 1996 and is based on interviews that Enslin did with over 200 women. The *Monologues*

are comical—one explores what a vagina would wear...or say. They are also heartbreaking. Interspersed between the laughter is something less humorous—personal narratives of violence women have experienced. Out of *The Vagina Monologues* grew the V-Day movement, which raises funds to benefit women who have been affected by violence and sexual abuse. There is also a focus on raising awareness of global violence against women.

Regardless of your opinion about *The Vagina Monologues*, violence against women is a real phenomenon. According to the World Health Organization, 35 percent of women worldwide have experienced either intimate partner violence or non-partner sexual violence. Some studies suggest that one in four women on college campuses will experience sexual assault during their four years. These sobering facts make it clear that something must be done to prevent these injustices against women. Staging a production of *The Vagina Monologues* is one way to contribute financially to the cessation of violence against women. The proceeds from the Providence College students’ production of *The Vagina Monologues* are used to benefit women who have experienced violence, as well as organizations that work against violence. Ten percent will go to the V-Day organization and 90 percent will go to the Women’s Fund of Rhode Island, which states that their mission is to “invest in women and girls in our community through research, advocacy, and strategic partnerships designed to eliminate gender inequity through systemic change.”

William Fitzsimmons Strikes a Chord

by Katie Puzycki '17
A&E Staff

MUSIC

On Feb. 18, singer/songwriter William Fitzsimmons released his fourth studio album *Lions* following his last release in 2011. The album, produced by Death Cab for Cutie’s Chris Walla, is a masterfully built record that is both emotionally and aesthetically satiating.

The Illinois-based singer has taken great steps forward in his development as an artist with *Lions*. The opening songs, “Well Enough,” and “Josie’s Song,” set the tone for the record—a balance of fine acoustics, simple piano chords, and raw, passionate lyrics that open listeners up to Fitzsimmons’ pure vulnerability. While many of the songs have that familiar folk-ballad style that some may find dreary or droning, they are anything but.

In “Centralia,” Fitzsimmons switches it up a bit, adding in some harsher sounds by replacing the acoustic guitars with electric ones, while maintaining the usage of soulful lyrics. The most shocking part of “Centralia” is the ending. Fitzsimmons pleads, “Let me fall through the ground / where you fell / back to you.” The song draws listeners in, and becomes hypnotizing; but as soon as he finishes the last word, the music abruptly ends,



PHOTO COURTESY OF fit:ytimg.com

breaking the spell, snapping you back to reality without warning. This is just one of the many testimonies to the spellbinding emotion Fitzsimmons carries throughout the album.

Another testament to the sensitivities of Fitzsimmons’ prose is found in “Blood / Chest.” Amid soothing guitar picking, soft piano, warm acoustics, and the somber use of cello in between the first chorus and second verse, you can feel the loss and suffering in Fitzsimmons’ voice as he sings, “You are the blood in my chest / the bird gathering nest / the sea which won’t rest / Till I’m home.” It is a haunting ballad, which elicits nostalgia

of an old love from the very beginning.

On the more upbeat side of the album fall tracks “Sister,” “Josie’s Song,” and “Brandon.” Though somewhat somber, as is the nature of Fitzsimmons’ musical style, all three of these possess similar strumming patterns with moving rhythms, which are faster paced than what is found in the other songs. The lyrics are more hopeful and trusting, as can be seen in “Josie’s Song” or “Brandon” with the words: “I will comfort you / When you find the other side / I will still be here / to measure out my love,” and “I could love you / I would sow the seeds again / If you take down your justified defense.”

The sometimes melancholic ambiance

of the record can be compared to that of one by Bon Iver, where even attempts at “happier” songs can still sound repressed and toned-down. *Lions* is also comparable to fellow singer/songwriter Gregory Alan Isakov’s music in terms of guitar use and tone. It may take more than one listen to be sold on *Lions*, but it is also safe to say that the brief iTunes preview does not do any justice to the music Fitzsimmons has given. If you listen to the songs a few times over, the amount of work and artistry that he has birthed into his songs is evident. *Lions* is the perfect soundtrack for any lazy, rainy day, or quiet Sunday mornings, and is well worth a chance.

Finding Art on the Streets of Kiev

by Frank Flanagan '15
A&E Staff

ART

Last week after a seeming lull in the anti-government protest that has ensued in Kiev since November of 2013, violence broke out, leaving upwards of 100 people dead in a clash between protestors and police. The protest, now about four months old, began mainly due to a failed agreement between Ukraine and the European Union, a failure that many protestors saw as deliberate and corrupt. Instead of signing the EU agreement, former Ukrainian President Viktor Yanukovich sold \$15 billion worth of Ukrainian securities to Russia in exchange for Russian gas.

In wake of the escalation of violence in Kiev last week websites such as *TIME*, *Esquire*, and *Slate* have all posted photography from the protests. In many of the articles, photographs were not employed to supplement the text of a news story, but instead to lead with images graphic enough to tell the story by themselves. This technique, referred to commonly as photojournalism, is a way of documentation that seems prevalent in immortalizing iconic protests such as this latest one in Kiev. In previous years we have seen groundbreaking and highly graphic photojournalism emerge out of generation-defining events such as the Libyan revolution in 2011 and Hurricane Katrina in 2005.

Most of the photographs used by the websites to display the havoc in Kiev came from stock image agencies such as Getty Images or the Associated Press, however, there are names attached to most of the



PHOTO COURTESY OF 24.media.tumblr.com

photographs. Marko Drobnjakovic, Sergey Supinsky, and Martin Bureau are just three of the men behind the lens amidst the flames and ash of the protests. Capturing high quality images in this volatile and violent setting must require tremendous skill, will, and perhaps some luck. The images are packed with catalysts of sentiment and go beyond the pictures themselves to illustrate a larger entity.

Those who are foreign to Kiev are afforded the opportunity to witness the protests secondhand through the accessibility of the internet and the

distribution of the images across it. While the content of the photographs cannot be grouped into one subject, many photographs do feature similar images. Among common visuals are fire, smoke, flags, rubble, weapon-wielding protestors, and police with large steel riot shields. Additionally, the common visuals tend to connote a litany of themes ranging from violence and passion to rioting and chaos. The images arising out of the protest are sure to conjure emotions within viewers. The feelings of anger, passion, and grief accompanied with the clearly

illustrated cold weather, tired faces, and determination highlight the reality of the brutal nature of the protest.

In years past we have seen iconic images emerge from protests very similar to the current one in Kiev. One of the most iconic images to come out of a protest comes from the 1989 Tiananmen protests in Beijing, China. The image, referred to as "Tank Man," depicts a student standing in front of Chinese tanks in protest. The image has remained important over the years in respect to both photojournalism and protest. Whether any images from the protests in Kiev will garner any iconic claim is unknown due to the freshness of the situation, but the opportunity is certainly there.

Dr. Deborah Johnson, a professor of art history at Providence College, had the following to say about a series of the photographs. "We recognize the power of art and of photography to tell us the truth," she said. Dr. Johnson also commented on the notion that powerful mechanisms, such as art and photojournalism, can be used to advance a political stance.

The photographs emerging right now seem to be coming mostly from the side of the protestors, and far less from the perspective of the police, which may lead some to feel closer to the protestors. However, there are some images of police unable to protect themselves, or in physical harm, visuals that some may sympathize with, others unable to. While perspectives in photography can be persuasive, the ability to take a stance is there.

With the situation changing daily in Kiev it is certain that photography will continue to surface from the protest.

Friar Fashion: 10 Must-Haves

by Isabella Goldstein '17
A&E Staff

FASHION

Friar Fashion here, your on-campus source for all of the new and exciting trends that can easily be incorporated into a college wardrobe. With a seemingly never-ending winter, we cannot escape our beloved riding boots, leggings, and full-length coats just yet, so I will give you Friars a list of 10 layering essentials for this season. Layers are perfect for those tricky days when you are freezing one second and hot the next, which we all know can be annoying and troublesome if you do not dress properly.

1. A pair of dark blue or black skinny jeans is an absolute must. Dress them down very casually with a pair of boots or try them with a cute pair of flats and a leather jacket if you are feeling bold. For a night on the town in Providence, go for pointed-toe heels and a drapery top.

2. A crewneck sweater layered with an Oxford shirt underneath is a stylish and preppy look that I already see all over campus (good work, ladies). If the classic J.Crew catalog outfit seems a bit forced, a basic crewneck sweater will easily go with shorts, skirts, or printed pants.

3. A tissue-thin long-sleeve T-shirt is an easy and stylish essential that works with anything. For this time of the year, I say it is perfect under a chunky sweater, but if you are looking to make a statement, pair the basic



PHOTO COURTESY OF fashionattractive.com

shirt with wide or printed trousers.

4. A chambray button-down is a must! Much cooler than a boring white one, a jean blouse looks fabulous with skinny jeans and a colorful handbag, but my favorite look is pairing it with a chunky, bedazzled necklace.

5. If you have to wear a coat, it might as well be a stylish and colorful one too! A brightly colored jacket can add some life to our oh-so-typical neutral color outfits that we have grown far too comfortable with.

6. The shoe of the season is most definitely a pair of boots, specifically knee-high ones, keeping us both warm and chic. A stacked-heel version of the boot works

for dressier occasions as well.

7. Sick of leggings or just not feeling a pair of pants today? Then the sweater dress is for you. Formfitting or a more relaxed version, a sweater dress is both stylish and comfortable. Friar Fashion says pair it with an over-sized handbag, knee-high boots, and a chunky scarf, which brings me to the next layering essential.

8. A printed scarf, whether zigzag, leopard, or polka-dotted, will surely be your fun and stylish life-saver on those dreaded windy days.

9. For a much more sophisticated nighttime look, I say choose a sleeveless shift dress with a great pair of pumps and colorful bag. A side note and Friar

fashion pet peeve: please be able to walk comfortably in your shoes, ladies. There is nothing worse than seeing someone look like she's a little girl playing dress-up in mommy's heels.

10. And lastly, with any outfit of the hopefully dwindling winter season, I say the cross-body bag is the easiest and most versatile pocketbook of choice. It's perfect for a night on the town, walk down Thayer, or some errands at the mall.

And that's my top 10 for you, Friars. And remember, whether you are wearing a casual outfit or glamorous dress, Friar Fashion says to always be fashion forward!

A Cappella Alumni Concert and Invitational



PHOTO COURTESY OF centerstageartists.com

by Haley Grant '17
A&E Staff

MUSIC

On Saturday, February 15, Providence College hosted its annual A Cappella Alumni Concert. This event is looked forward to by the many audience members who filled up every seat in Smith to watch Providence College alumni perform once again with their friends and former a cappella groups. Some of the alums who returned for the concert and sang in the all girls group Anaclastic (of which I am also a member), included Caroline Doyle, Shannon Mason, Eileen Collito, and Allie D'Aprile. Each of the three a cappella groups

from PC performed four to five songs, one song that is current, and then the others that feature the alumni and the songs that they performed while they were students at PC.

The Alumni Concert is exciting for the current and graduated members of the a cappella groups on campus. Many current a cappella members spent the weeks leading up to the show talking about what old songs we are going to perform again and who is coming back. This concert shows that a cappella is a close group on campus and one that students are proud to be a part of, even after leaving PC. It is truly a special and sentimental moment for students to be able to get up on stage with the graduates and perform with them again. Just like being a part of

a sport, being a part of a cappella is definitely being a part of a team. Once a part of this team, you are part of the community even after graduation. Even people who are not directly involved in a cappella can see this and they get just as excited to see which PC alumni come back to perform in the concert every year, which explains the full house that Saturday night.

Despite the hard work and preparation that is put into the Alumni Concert, the three a cappella groups do not have any time to slack off after. This coming Friday night at 7:30 p.m., there is the Providence College A Cappella Invitational in '64 Hall in Slavin. There are a cappella groups from all different colleges around this area coming to sing at

PC, which is something that has been a great, successful experience in the past. However, the invitational did not occur last year, so it will be an exciting experience for Providence College to be hosting this year. There are two groups from Holy Cross coming, one group from the University of Connecticut, and many more will be participating. There are many opportunities throughout the year to come and listen to the a cappella groups on campus. It is always a great time for both the performers and audience members to listen and the crowd is always very anxious to hear what the three groups have prepared. So keep your eyes open for any news of performances.

EDITOR VS. EDITOR

This Week: Favorite Spring Break Destination

Tim Morris

Favorite Destination: Providence, R.I.

His Views: Very soon, the studious undergraduates of Providence College will toss their books aside, print out their tickets, and board flights to various parts of the world. If their experiences are anything like the plot of *Spring Breakers*, then they will drink heavily, rally even heavier, and befriend a local who resembles James Franco. That local will immerse them in a criminal underworld, serenade them by the bay, and enlist their help in overthrowing a drug lord. I, on the other hand, will be wandering around our deserted campus. I may get lost and end up in the Concannon Fitness Center. I may nurse a bottle of Jameson and re-watch *House of Cards*. I may be so consumed with boredom that I sit in my living room doing nothing at all. I will, however, be finishing my book on the rise and fall of *Flappy Bird*.

His Views on Serena: It is ironic that a good Catholic girl would choose to spend a week in the City of Sin. At this point, every man, woman, and child has seen one of *The Hangover* films. There is no mystery as to what goes on in this town. You will check in to your resort, you will drink by the pool, and then you will make millions at the poker table using your expertise in mathematics to outsmart the casino. After being spoken to by a large man in a dark room, you will have no choice but to flee Las Vegas with whatever cash you have in your pockets. If you're lucky, you will have enough to buy everyone a round of drinks at Ava's Wrath.



PHOTO COURTESY OF assets.nydailynews.com

Serena Ambroselli

Favorite Destination: Las Vegas, Nev.

Her Views: Spring break is a sacred gift. It is bestowed upon us by higher powers, and it is meant to be revered and celebrated. Las Vegas is the obvious destination to venture to on such an occasion. Everyone's guilty pleasure is to experience a day like that in *The Hangover* at least once, so why not during spring break when you have so many glorious, free days to romp as you will? Why settle for one hangover when you can have eight? Sure, there are risks: unwanted marriage to a stranger, loss of all forms of identification, gambling away every penny. However, I live for the memories, and if dignity is the price to pay for them, then Vegas can do me dirty.

Her Views on Tim: Blasphemy everywhere. It is the destiny of every college student to take full advantage of spring break. Sitting around is for when classes are in session; use the eight days of blissful vacation time to actually vacate elsewhere. Tropical locales are an option, or fun cities within our own great nation, even Europe if you're feeling especially cultured and worldly. It's called a break for a reason—live life on the edge! Or, even better, go over the edge! Rack up those memorable stories of near-death experiences and feel alive for a week. When the time comes to return to campus and endure finals, you're going to wish you could at least reminisce on your eventful spring break activities.

Why I'm Still Watching: Grey's Anatomy

by Marisa Urgo '14
A&E Staff

TELEVISION

If Meredith Grey, the main character of *Grey's Anatomy*, were a real person, she would likely have gone insane by now. *Grey's* has been on for 10 seasons, and since its 2005 premiere, Meredith has almost drowned, had a bomb detonate on her, a countless number of her friends died, she has been in a plane crash, and a gunman shot her husband while her best friend was forced to operate on him with a gun to her head, forcing her to miscarry their child. And that is not all.

It does sound a little melodramatic. Just a bit. I can admit that the reality on *Grey's Anatomy* has dwindled, but there is something about this show that keeps the viewers coming, myself included. I think a lot of it stems from the fact that viewers are so invested in the characters. About half of the characters remain from the first season. We have seen Meredith and Derek's relationship blossom, the tight friendship between Meredith and Cristina grow, and tons of character progression for Bailey, Alex, and Webber. Of the "original six" interns, as the cast calls themselves, only George (T.R. Knight) and Izzie (Katherine Heigl) have left the show to pursue other projects. Other characters, like Callie and Arizona, have been on

the show for so long that I forget what it was like without them. As for the new group of interns, I think they hold promise to interest us with their quirky personalities and maybe we will watch them "grow up" like we did with the original six.

Another reason I still commit to *Grey's Anatomy* is Meredith's monologues at the beginning and end of episodes. They are always full of good advice and wise quotes. Some personal favorites are, "At some point, you have to make a decision. Boundaries do not keep other people out. They fence you in. Life is messy. That is how we are made. So, you can waste your lives drawing lines. Or you can live your life crossing them," or, "I had a terrible day. We say it all the time. A fight with the boss, the stomach flu, traffic. That is what we describe as terrible when nothing terrible is happening." Both are dramatic but poignant. There is always a lesson to be learned in *Grey's*.

Lastly, *Grey's Anatomy* celebrates friendship, love, and hard work. We've seen the cast go through it all and I've always felt a part of the action. Even though I do not agree with the decision for the show to be picked up for an additional two seasons (because I think the show has run its course), I will still watch because I feel as if I have invested in these dynamic characters and I am curious how their stories will eventually end.

You can catch the new season of *Grey's Anatomy* on Thursday, February 27, on ABC.



PHOTO COURTESY OF ext.pimg.tv

Fashion Designers Give Back

by Christina D'Adamo '16
A&E Staff

FASHION

Fashion designers are known for their name-brand designs and runway collections. However, some designers are not just passionate about fashion, but they also love giving. Designers are volunteering and participating in meaningful philanthropic services. According to "6 Designers Who Give Big" in *Gotham Magazine* by Stephanie Murg, designers such as Zac Posen, Donna Karan, Elie Tahari, Diane von Furstenberg, Rachel Roy, and Michael Kors are fighting for a cause. Despite busy and unpredictable schedules, their contributions are inspirational. Highlighted below are two fashion icons whose charitable commitments are priceless.

Elie Tahari is an American fashion designer. Tahari has worked with philanthropies including Abe's Garden, Wipe Out Kids' Cancer, and Make-A-Wish Foundation, to name a few. Tahari works directly with these organizations to co-host events. In March 2012, Tahari co-hosted an event at the Elie Tahari Boutique at Fashion Island, in Newport Beach, Calif. Spring collections were on display and a percentage of sales were donated to a non-profit organization, Make-A-Wish Foundation. Make-A-Wish Foundation creates memorable experiences for children diagnosed with life-threatening illnesses. In March 2013, Tahari co-hosted The Guild's Spring Fling at the Elie Tahari store in NorthPark Center, in Dallas, Texas. Two round-trip tickets from Delta Airlines were raffled. Raffle sales were donated to a non-profit organization,



Wipe Out Kids' Cancer. Wipe Out Kids' Cancer supports cancer treatments and fights for a cancer-free society.

Tahari is enthusiastic about his work: "What I've learned from my own work with charities, and from meeting a lot of people who are doing good things in the world, is the futility of living for the self alone. Sooner or later, you realize that real fulfillment comes only from helping others. All of the rest is just temporary." Diane von Furstenberg is an American fashion designer. Furstenberg initiated the Diller-von Furstenberg Family Foundation (DVFFF) in 1999. The DVFFF works with non-profit organizations around the world. Goals of DVFFF include community building, education, human rights, arts, health, and the environment. Furstenberg has worked with philanthropies including



PHOTO COURTESY OF hollywoodreporter.com

Women for Women International, St. Jude Children's Hospital, and Teach for America, to name a few. Furstenberg works closely with a non-profit organization, Vital Voices. Vital Voices advocates for women's equality. The organization believes that woman can change the world. Furstenberg works directly with Vital Voices to co-host events. In March 2011, Furstenberg celebrated International Women's Day at the Diane von Furstenberg Boutique in Los Angeles. Proceeds from sales were donated to Vital Voices.

Furstenberg finds joy in her work: "My goal in life and the goal of my brand, really, is to celebrate freedom, to empower women, and to sell confidence."

Get motivated by these designers by sharing your skills and passions to support a cause. Participate in

philanthropic services or donate to local charities. Looking to do some shopping? Check out charitable fashion brands. Charitable fashion brands donate proceeds from sales to philanthropic organizations. WHO WHAT WEAR, a fashion blog, shares top charitable fashion brands in a post, "We Love Charitable Brands." Collections from Tory Burch, H&M, M.A.C., House of Harlow 1960, and Crop by David Peck are worth exploring. Other charitable brands include Push Pull Cambodia, Pippa Small, TOMS, and Westward Leaning. Make a purchase and make a difference.

Be inspired with causes that help others. Share your smile, your talents, and your skills with the world and give back to help someone in need. There is no better time than now to get started. So get ready, get set, and go change the world.



PORTFOLIO

SUNRISES AND TERRIBLE SUPERPOWERS

by Melanie Souchet '14
Portfolio Staff

FICTION

Some people get all the luck. In the genetic lottery, the risk of your child being born with a spontaneous genetic anomaly, also known as a "superpower," is incredibly rare. Most of them are actually good for things, like super-strength, enhanced powers of healing, and the ability to teleport places. Then there's the microcosm of the small percent that gets a power that is completely, utterly useless. I was the winner of that game. My power is that I don't have to sleep.

Now I can hear at least half of you reading this go, "What are you talking about, that's a great power! You must get all kinds of stuff done!" Well, yeah, in theory, it's a fantastic superpower. I don't have to worry about getting stuff done before bedtime, I don't have to spend the day in a sluggish haze if I pull an all-nighter, I can actually stay up for those AMC *Walking Dead* marathons, and I can watch all three *Lord of the Rings* movies in one sitting. But there are catches. They're not life-threatening catches, but catches that I think far outweigh the benefits.

Every superpower comes with catches, really. Some of them are additional superpowers the body adapts to counteract any potential damage done by the power. People with super-strength tend to have greater bone density so they don't

snap a limb every time they lift a car over their heads, for instance. Some of them are stupid things the body has to do to keep functioning. With me, I need to eat more. A lot more, and with strict regularity, otherwise I start feeling like death warmed over. Aside from the obvious strain on my wallet, it's a bit of a pain in the ass that I have to plan my entire schedule around my meals. High doses of caffeine and sugar are also out of the question; my heart literally cannot handle anything too strong. I found that one out the hard way.

Honestly, though, these are just footnotes in the Book of Suck that my life has become. I quickly learned that the worst part of being awake isn't how much you have to eat to stay functioning, or the fact that you will never know the sweet embrace of a true latte. The worst part is how lonely it is.

Think about it. You're asleep for about eight hours a day, usually more, sometimes less, but during that time, so is everyone else. When you wake up, you can see your family and friends and talk to them about the TV you've been watching and your life problems and all that jazz. You don't have to deal with that blank space at night, when the rest

of the world is asleep and there's no one to talk to. Everyone has to sleep sometime.

It should be noted that "doesn't have to sleep" doesn't entirely mean "can't sleep at all." I can, for about an hour every night. But that leaves eight hours, sometimes more, where the only person I have to talk to is myself and Mr. Television. As any insomniac

will tell you, night is a great time for your thoughts to take over. Negative thoughts, angry thoughts, self-loathing thoughts, the whole salad bar of terrible thoughts will flood your brain and never leave you alone. With no one to talk you down from them, it's really easy to think that humanity is terrible, you're terrible, and everything should just end already. I've spent a lot of nights like that.

If my negative thoughts don't get to me, the quiet does. There's a reason I watch so much TV at night, and I figure it's roughly the same reason why people who spend too long in solitary confinement go insane. Humans are social creatures. We don't like too much quiet. Walking around my apartment building in the dead of night, the dead silence went from cool to creepy really fast. Silence is oppressive. Silence just screams that you're alone. The isolation only fuels my negative thoughts, and just like that, you have a vicious cycle of terrible.

I've seen a lot of pretty sunrises, and some really nice meteor showers. But, on the whole, I'd rather be able to taste things with my fingertips than have this stupid power. It's just not worth it.

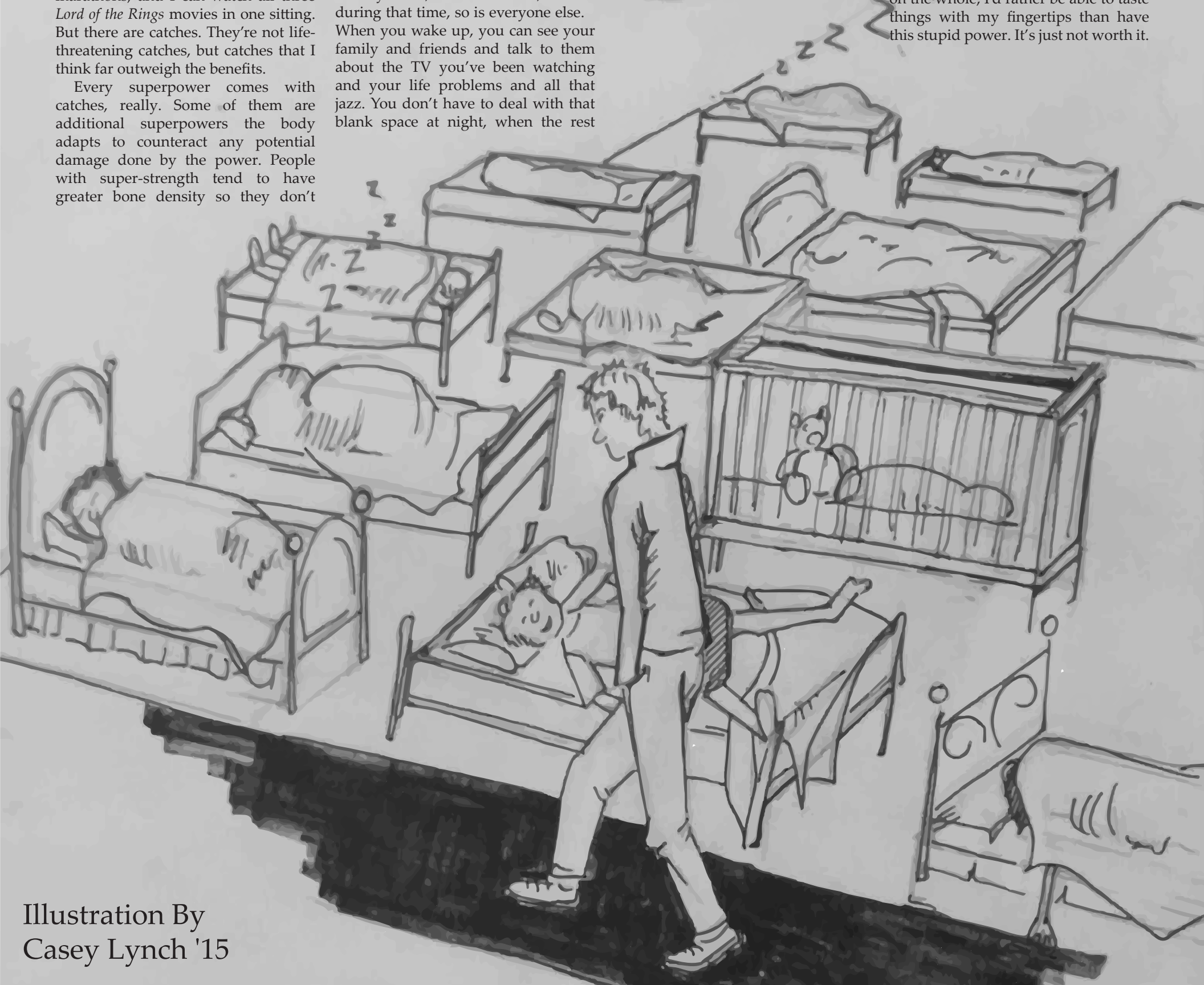
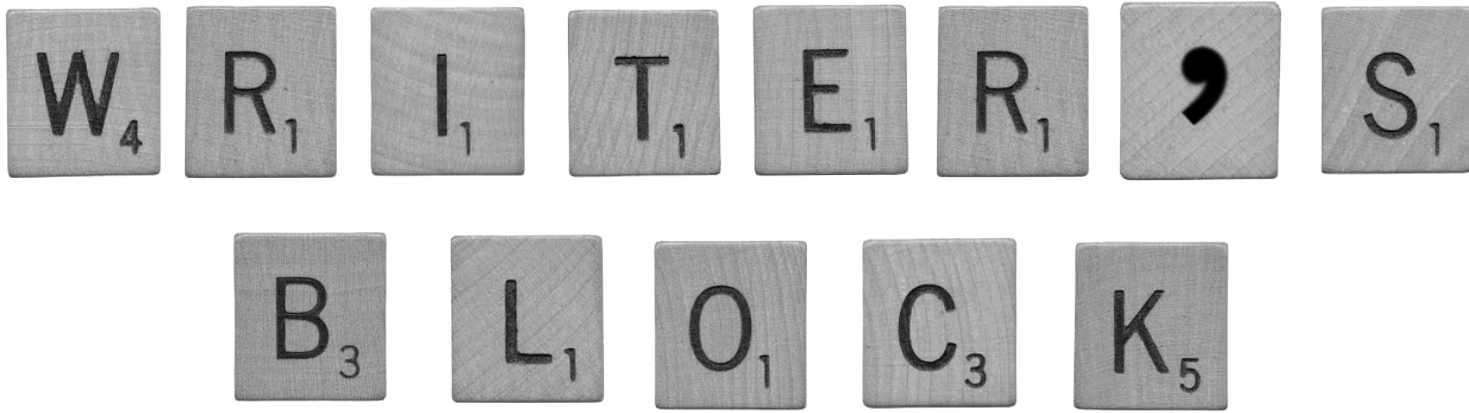


Illustration By
Casey Lynch '15



by Austin Harney '17
Portfolio Staff

POETRY

What a world we live in,
where past and future are our only paradigm.
A world of fleeting childhood bliss
and dreams that seem so far away
that we can only appreciate them now.

Dreaming of what we should want and what
we really want.

Reality is a fortune cookie and the world a
giant P.F. Chang's.
Our dreams are contingent on the fortune of
circumstance and are manifested through the
institution of society.

What a world we live in,
Where dreams die and prosper,
A world where we hope that the next life will be
better yet
have no hope that this one will be.

Ever growing, we have become a void of past and
future, neglecting the present,
searching for an end,
and,
finding a chaotic harmony nonetheless.

Two writers, one line: "What a world we live in"

by D. Burke '15
Guest Writer

POETRY

What a world we live in,
Where protestors feel the only way
To speak their minds is with molotov cocktails
Where protestors can't speak out
In fear of being permanently silenced.

What a world we live in,
Where a free app is worth more
Than all the Van Goghs and Renoirs
Combined.

Where a plethora of time-saving gadgets
Leave us with less time than we started with,
Where communication across continents is
Instantaneous
And conversations with neighbors
Are on a monthly basis.

And what a world we live in,
Where kindness is a commodity
Entertainment is a necessity
And life is a choice.



CONSEQUENCES

by Kiernan Dunlop '14
Portfolio Staff

FICTION

Andy only got presents from one person each year on his birthday. His own mother either forgot or didn't have enough money to buy him anything, even though she always seemed to scrape together enough cash for her Seagram's.

The first few years, his grandmother sent him checks in the hopes that his mother would use them to set up a bank account in his name. Instead, his mother chose to give them to her boyfriend of the moment in a

desperate attempt to make him stay just a little bit longer.

When Andy turned five, his grandmother actually came down to visit because she didn't want to spend money shipping the tricycle, and she never got much of a chance to see him anyway. Andy couldn't believe the toy was all his when he saw it. The big red wheel and tall blue handlebars left him awestruck. As far as Andy knew, this was the first gift he had ever received. Two days later, Andy was found crying on the sidewalk after the neighborhood kids decided they wanted to play on the trike and that they didn't want Andy playing on it.

For the next 10 years, the gifts varied, but the sender did not. On his eighth birthday, his grandmother sent him a box of 101 laboratory experiments for kids. When he turned 10, she sent him a book of W. B. Yeats' collected works. He lined up all of her gifts on a shelf in his room and everyday he came home from school he would play with or read one of them. His grandmother had a knack for sending gifts. When he was having trouble with math when he was 11, she sent him a

videogame that taught you fractions while you played. When his mother lost her job and could barely afford to feed them, his grandmother sent him a box full of brownies and Oreos. And when Andy's mother went missing the week of his 13th birthday, his grandmother came down and didn't leave until after his mother had been home for a week.

Something was different on the day before his 16th birthday, though. Andy knew nothing was coming in the mail and nobody was going to stop by. He was sitting in the back of a Ford Taurus that had more dents in it than inches of paint. The car screeched to a halt, and Andy instinctively reached for something in his pocket. He wrapped his hand around the cold metal form and felt around for the safety. "This is my only way out," he thought to himself, "My mother is a drunk who can't keep food on the table and I don't even know who my father is. I only have to do this a few times, just a few times and then I'll never have to do it again."

Andy could feel his heart frantically beating in his ears, and he instinctively hit them as if he could shut them off. He thought back to when he first started stealing, it was the week his mother had gone missing. His grandmother hadn't shown up yet, and the only food in the house was a few lemons. He wore a baggy sweatshirt, and when he got to the store he pushed a loaf of bread and

a jar of peanut butter into his front pocket. Tears were streaming down his face, and the store clerk looked right at him, but let him walk out of the store anyway. Andy felt tears well up in his eyes as he thought about it. He wasn't going to be able to walk away if he got caught this time. But he had to do it now, didn't he? He was already in the car, they were already in front of the gas station.

Andy looked around; a mother wearing jeans and a slightly stained T-shirt stood at a gas pump simultaneously filling up her tank and keeping her six-year-old entertained in the back seat. An elderly man who had parked in a handicapped spot slowly made his way to buy his quick picks of the week. Then a car pulled right in front of the Taurus, blocking his view. All he could focus on was the bumper sticker. It was peeling at the sides, but Andy could make out what it said: "Education is not the filling of the pail, but the lighting of a fire – Elect Donna Davis School Board President." Andy knew the quote and it definitely wasn't original to Donna Davis. His grandmother had written it in the card she sent him on his tenth birthday.

The boys in the front seat turned around when they heard the car door slam. They saw a gun lying alone on the backseat.



A Day in the Life

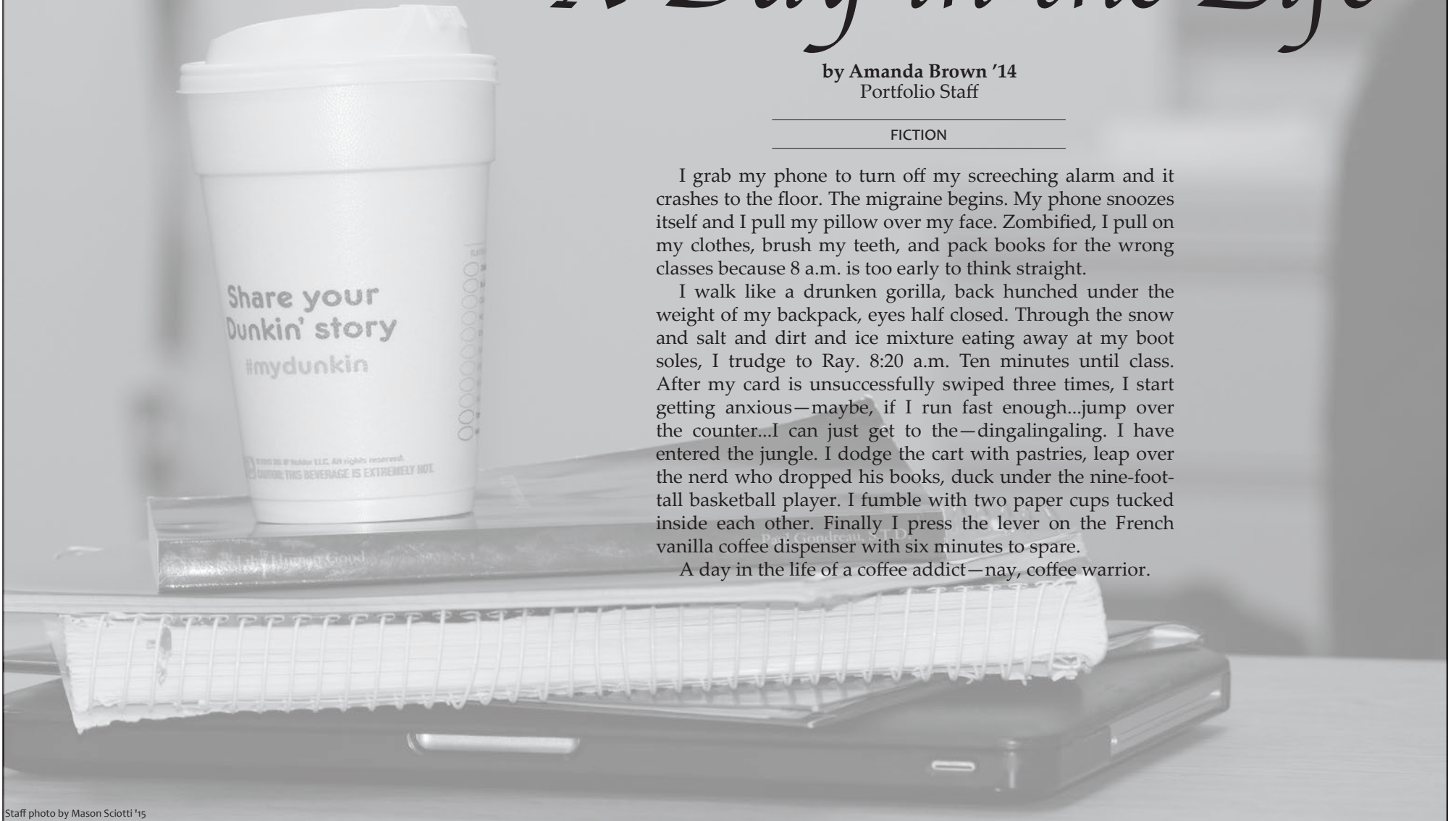
by Amanda Brown '14
Portfolio Staff

FICTION

I grab my phone to turn off my screeching alarm and it crashes to the floor. The migraine begins. My phone snoozes itself and I pull my pillow over my face. Zombified, I pull on my clothes, brush my teeth, and pack books for the wrong classes because 8 a.m. is too early to think straight.

I walk like a drunken gorilla, back hunched under the weight of my backpack, eyes half closed. Through the snow and salt and dirt and ice mixture eating away at my boot soles, I trudge to Ray. 8:20 a.m. Ten minutes until class. After my card is unsuccessfully swiped three times, I start getting anxious—maybe, if I run fast enough...jump over the counter...I can just get to the—dingalingaling. I have entered the jungle. I dodge the cart with pastries, leap over the nerd who dropped his books, duck under the nine-foot-tall basketball player. I fumble with two paper cups tucked inside each other. Finally I press the lever on the French vanilla coffee dispenser with six minutes to spare.

A day in the life of a coffee addict—nay, coffee warrior.



Staff photo by Mason Sciotti '15

Paradise is Where I Am Part I: The Artifact

by Jose Martinez '16
Portfolio Staff

FICTION

In the colony of Puentes Helados, you'll never know what you'll find. Frozen to the point of no return, it's barely recognizable from the pictures kept around the house. My family wouldn't see fresh pasture or sand for the next 70 years. My parents didn't see it for a majority of their lifetime, and neither did their parents. In fact, no one in my family has seen the sun for about a few generations... and by a few I mean 15, probably more. How did we get it, though? Our local scientists will have to answer that question, should they ever find passable data that will support their conclusion. Some say it's another ice age; others disagree strongly, seeing as we weren't due for another one for about a few thousand years. Quite frankly, I don't know, I'll most likely never know, and I can't waste precious time wanting to know. That doesn't fall under my list of priorities at the moment.

My map said I had milked one of my regular areas dry, so it was time to start searching somewhere else. I settle on a decent-sized mound of ice and begin to pick away. I expect at least 40 minutes of picking at a decent

pace to make any progress on a mound this size, but it looks like it isn't as strong as its proportions make it out to be. The prize? A rather large piece of scrap metal. About the same as my usual discoveries. But I guess luck has decided to reward me a little further with a small nugget of silver under the piece of scrap metal.

I put both items in my bag and make it back to the Goat Snowmobile I was entrusted with. The screen next to the radar is pinging when I hop on; it's the signal for an incoming storm, so that means less screwing around and more getting to safety, because you do not want to be around when a snow storm hits. I'm pretty far from home, so I start the Goat and head back to Puentes.

That large piece of scrap and small nugget of silver is the reason my family gets their required nourishment for the day. The way the colony works is that every family gets only a certain amount of food and necessities due to resources being continually low. If you can, pawning off prized possessions for a bit more is an option as well. If you're really brave, you can do what I do: be entrusted with colony gear, go out into the land of deadly ice mountains and extremely bitter temperatures, and pick around for scrap. Leopards, what they call us, get the most resources for their work. One, because scrap and other metals are in high demand

compared to some of the worthless crap people usually pawn off, and two, because people respect a man (or in my case, woman) who goes out and risks his (or her) life for his (or her) family.

Puentes' Resource and Depository Center is bustling with activity and heat as usual. I go to my regular buyer, Donna, as she always cuts me a fair deal.

"Hey Iana, what'll it be today love?" she asks.

"Hey Donna, just give me the usual," I reply, by which I mean enough food with protein, fiber, and other important nutrients that can be bought with a large heap of scrap.

"Okay then, I'll just get that for you,"

"Also," I interrupt briefly, "whatever I can get with this," as I pull out the silver nugget.

"Oh my, you got lucky today!" she remarks, "How about a few extra loaves of bread...and a big bag of potatoes?"

"Thanks Donna, you're a saint," I say.

"Oh no dear, you're a saint. Risking your life every day like that for your family, that's saintly."

I pay Donna with the piece and the nugget, watching her take the pieces of metal to the back as I put the food and supplies into my bag. The pieces go into a large Central Heater that keeps everyone in Puentes from freezing to death every night.

In return for the safety of not just your family, but the community as a whole, you get paid in nourishment. If that doesn't warm your heart, I don't know what to tell you.

I heave everything on my already tired back, feeling good about the day's outcomes and the feeling that comes with it.



Photo courtesy of Krappweis

Listomania

Would-Be Celebrity Couples

Michael Cera & Beyoncé

Jonah Hill & Kate Upton

Michael Phelps & Nikki Blonsky

Taylor Swift & Psy

Taylor Swift & Kanye West

Kanye West & Himself

Justin Timberlake & Lance Bass

Hillary Clinton & Vladimir Putin

Sacha Baron Cohen & Helena Bonham Carter

Elijah Wood & Emma Watson

Rupert Grint & Merida from *Brave*

Ellen DeGeneres & Tim Gunn

Melissa McCarthy & Fabio



Casey Lynch

Casey was born on the African Sahara and was raised by her mother, a cheetah, her father, an antelope, and a honey badger that only responded to the name "The Fonz." As a child, she inadvertently invented the sport of polo by riding around on the back of an elephant while swatting armadillos with a large stick.

Casey's family met an untimely fate after encountering Kurjack's expedition, but she was luckily saved by the good-hearted Professor Archimedes Q. Porter and his daughter, Jane. She was then introduced into British high society where she rubbed shoulders with the likes of Prince Charles and Jeremy Clarkson. Before attending Providence College, Casey was a student at Eton Preparatory under the private guidance of Stephen Hawking.

Casey is currently a senior pre-dental major at PC where she also studies art, a skill she developed thanks to her adopted family's long-standing friendship with Jackson Pollock and Andy Warhol.

Photo courtesy of Casey Lynch '15

Tiffany & Earl

Making PC an emotionally stable place one letter at a time

This week...

Dear Tiffany and Earl,

I'm a forgetful person, and that's led to a serious problem lately. Every time I've gone out the past few weeks I've lost something, be it my phone, my ID, or my jacket. What can I do to make sure I don't leave these important things behind at the end of the night?

Sincerely,
Forgetful

Dear Most Likely Forgetful Frosh,

I have the beautiful solution to all of your problems, and yes, it is going to sound so college. First of all, why in the world are you wearing a jacket out? There is a glorious thing called a Natty Blanket; I learned about this freshman year and have never regretted it. Why ruin your hot suede coat or moto jacket, or even risk losing your hard-earned varsity lax sweatshirt (you say it means nothing, but we all know it does) when you could go out with the blissful buzz shooting through your body, tingling to your toes as a result of the sweet taste of the nectar of the gods.

But you still might have the dilemma of where to put the phone and ID...solution number two: check yo chest. Not packing much bust? Ask one of your more bountiful friends to help a brother or sister out and pad your mobile. A little sweat stain won't do any harm. Anything is better than losing things. But seriously, these college life hacks are uber valuable, my dear young grasshopper; live by them, breathe by them, drink them down. Remember you can always buy another PC ID or cell phone, but some things you can't buy back once they're lost...stay safe and classy, my little ones.

XOXO

Dear Moron,

What a pity you keep forgetting things! Here is my advice: don't. These things cost money. Stop losing them. Their monetary value is tremendous.

But, in all seriousness, you seem really dumb. You would forget your hands if they were not attached to your puny arms. In fact, you have to question Admissions about how you were even admitted to this school. But this is neither here nor there.

This is why I say you should start living more like a Friar. And I don't mean like any other student with a higher IQ than a rock. I'm saying you live like a Dominican Friar. Take a vow of poverty. That way you won't have anything valuable to leave behind. And if you do, then you can say you did so purposefully. That way you don't come off so stupid.

Take my parish priest, for example. He drives a new Saab. Now, I know what you are saying: vow of poverty my right arm! Well, you ignorant laypeople, he could have had a BMW, but because he has a Saab, he now isn't scared to forget it somewhere because either Christ will drive it back for him, or he is donating a really safe car to the general public. This type of charity should be praised universally!

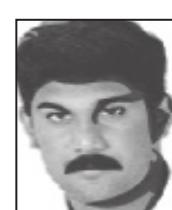
Now, I hope you just don't forget about this unworldly advice from your mustached hero Earl.

Disclaimer

The Tiffany & Earl feature is a satirized account of Providence College. Both the question and answers are purely works of fiction. Tiffany & Earl are anti-heroes whose comments ultimately satirize the stereotypes they each represent.



Tiffany



EARL

Grand Opening



Pizza & Calzones

	sm 10" or calzone (6 slices)	lg 14" (8 slices)	11" x 17" xl square (16 slices)
Cheese Pizza	5.99	8.99	12.99
Extra Cheese	1.25	1.75	2.50
Toppings (Each)	.75	1.25	2.00
Chicken Topping	1.50	2.50	4.00
Gluten-Free (Sm. 10" Only)	7.99		

AVAILABLE TOPPINGS

- Bacon • Black Olives • Broccoli • Eggplant
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- Mushrooms • Onions • Pepperoni • Peppers
- Pineapple • Salami • Sausage • Tomatoes
- Feta Cheese • Ricotta Cheese

Specialty Pizza & Calzones

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<i>Mozzarella cheese, ricotta cheese, cheddar cheese & garlic butter</i>			
Meat Lovers'	7.99	13.99	17.99
<i>Salami, pepperoni, sausage, ham, meatballs & bacon</i>			
Vegetarian	7.99	13.99	17.99
<i>Mushrooms, onions, peppers, olives, broccoli & fresh tomatoes</i>			
Hawaiian Pizza	7.99	13.99	17.99
<i>Ham, pineapple & bacon</i>			
Classic Buffalo Chicken	7.99	13.99	17.99
<i>Crispy chicken tossed in Buffalo sauce</i>			
MUST TRY! Mia's Buffalo Chicken	7.99	13.99	17.99
<i>Crispy chicken tossed in Buffalo sauce with bacon & pineapple</i>			
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<i>Crispy chicken tossed in BBQ sauce</i>			
MUST TRY! Steak Bomb	7.99	13.99	17.99
<i>Shaved steak, peppers, onions, mushrooms & BBQ sauce</i>			
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<i>Spinach, feta cheese, olives & tomatoes</i>			
Chicken Fajita	7.99	13.99	17.99
<i>Grilled chicken, sautéed peppers, onions & garlic butter - served with sour cream</i>			

O P E N I N G T I L 2 A M

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Onion Rings	2.99
Cheese Fries	3.99
with Bacon	4.99
MUST TRY! Mia's Loaded Fries	5.99
<i>Melted cheese, bacon & sour cream</i>	
Shrimp Basket (with Cocktail Sauce)	5.49
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10 Wings	6.99
15 Wings	9.49
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50 Wings	27.99

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3 pcs. Bone-In Chicken	6.49

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Offers valid with student ID

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- 3 large cheese pizzas \$19.99
- 2 large cheese pizzas and 20 wings \$24.99

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In the Spotlight

Women's Indoor Track and Field: The women recently competed in the Big East Championships in New York City. Laura Nagel '14 captured a Big East crown for the 3,000 meter run with a time of 9:07.26. Emily Sisson '14 finished on her heels with a time of 9:09.35. The team finished in sixth overall, its highest finish since 1992 when they vaulted into fifth.

Men's Indoor Track and Field: The men's squad also competed in the Big East Championships this weekend. Julian Oakley '16 finished second in the one mile run. It was the second straight year he has finished in second. Joseph Vercollone '16 came in fifth in the 1000 meter run, with a personal record of 2:24.50. Phillip Reid '15 came in third in the 60 meter hurdles, and Austin King '16 ran fifth for the 400 meter dash. The team finished in fifth, their best finish since 1992 when they also sat in fifth place.

Men's Basketball: The Friars took care of business on the road against the Butler Bulldogs, winning 87-81. Bryce Cotton '14 buried 28 points with Josh Fortune '16 chipping in 12. All five starters finished in double figures for PC. The Friars return to action on Friday night at Seton Hall before playing their final game on March 4 against the Marquette Golden Eagles at the Dunkin' Donuts Center.

Men's Ice Hockey: PC swept a home and home last weekend against UMass. The Friars improved their record to 17-9-6 overall, and 9-7-2 in Hockey East. The boys were led by Brandon Taney '16 in the first game, who tallied a goal and two assists. Before the first game, the Friars had a ceremony for their graduating seniors, as it was the last home game of the year. PC then traveled to UMass and took care of the Minutemen with a 2-1 victory. Jon Gillies '16 stopped 25 of the 26 shots he faced.

Women's Ice Hockey: The women finished up their season with a tough series at Vermont, as they were swept by the Catamounts. PC now prepares for the Hockey East Quarterfinals in Boston where they will square off against Boston University.

Men's Lacrosse: The men's lacrosse team has started out hot, winning their first two games on the road against Vermont and then Boston University. The Friars' attack has been led by Alex Corboy '17, who has tallied two hat tricks in his first two games as a collegiate athlete. The Friars will square off against Quinnipiac on Saturday at Bryant University before traveling to Fairfield for a tilt on Tuesday.

In the News

Golden Girl: PC had a Winter Olympian capture gold in Sochi. Genevieve Lacasse '12 was a goaltender for the Canadian National Team, who beat the United States in the Gold Medal game 3-2. Lacasse becomes the eighth Friar to win a gold medal and the ninth to capture a medal at the Olympic Games. The other seven Friars to win a gold medal came from the 1998 U.S. hockey team, and Karen Thatcher '06 brought home the silver with the USA in Vancouver.

Swim:

Continued from front page

for the men included Zachary Begnaud '17, who placed ninth in the 1650 meter freestyle with a time of 16:23.18. Begnaud was the only Friar to complete in this event, earning Providence nine points. In the 100 yard freestyle, the top Friar finisher was graduate student Kyle McLaughlin, whose time of 46.55 earned him an eighth place finish.

Overall, Fatigati said that the season, one of the most successful in recent years, set the tone for the future of Friar swimming. "The season as a whole was very successful, it will be the goal for years to come," the standout junior added, pointing out the success of the relay teams throughout the season. While the Friars will lose solid

contributors in Andrew St. Pierre '14, Kenny Savage '14, and Connor Lui '14, as well as McLaughlin, the off-season offers an opportunity for the Friars to find replacements.

As far as Fatigati's goals for next year, he is focused on making it his most successful, starting with his off-season training. "The last meet provides momentum going into the off-season. It got me motivated to get ready now for next season, because the next year is my last." Fatigati leads the returning core for the Friars, followed by Begnaud and his classmate Kurt Grunder '17, who placed 14th at the Big East championship in the 400 meter individual medley. Justin Tse '15 and James Butler '15 anchor the returning relay members, and give Coach John O'Neill a solid foundation for what should be a successful 2014-2015 season in Friartown.

Which Team Will be Upset Come March? Wichita State Syracuse



Photo courtesy of larrybrownports



Photo courtesy of recruitingspotlight

NCAA March Madness is, for many, the most exciting time of the year, as buzzer beaters, upsets, and bracket busters grip the college basketball world. So in looking at this year's tournament field, which high-ranking team will likely be the first to see its championship dream come crashing down? I believe the answer is found with the No. 2 ranked team in the country, the Wichita State Shockers. Sure, they boast an unblemished 30-0 record, making them the last remaining unbeaten team in the nation. Yet what is not shown in this perfect record is the competition level, which simply is not there in the mid-major league of the Missouri Valley Conference. The Shockers have played just one ranked team all season in the St. Louis Billikens, who not only also play in a mid-major conference, but were not even ranked at the time they played. Wichita State is simply not battle tested, and when they face the powers of the major conferences in March look for their Cinderella season to have an unfortunate early ending.

-AJ Steuck '14

March Madness. A tournament where heroes are made, rivalries are born, and legacies are formed. A tournament where it is reasonably foreseeable that any underdog can overcome its opponent. A tournament where upsets occur so often that filling the perfect bracket is practically impossible (Warren Buffet has even offered \$1 billion to anyone who does); and if you ask me, no one will. So, since upsets are inevitable, and since every year features a signature upset, we're looking at who it will be this year.

Despite their record, considering their inconsistency, this year's signature upset will be over Syracuse. They're currently 26-2, ranked fourth. But realistically, they should be about 23-5, ranked about 10th. On a record, a W is a W; but it can be deceiving. For Syracuse, several W's have come miraculously—like Ennis's buzzer-beater against Pitt.

As the nation has seen, they've demonstrated an embarrassing ability to lose to bad teams. Boston College? Statistically the worst ever to defeat a top-ranked opponent. And if you look closely at their schedule, you'll see that they've sneaked past unranked teams, most recently beating 15-13 Maryland by two. I predict an Elite Eight loss and a season that peaked in February.

This is a team with all the intangibles: inconsistency, unpredictability, reliance on individuals. And look at Boheim's recent ejection against Duke. Boy, that escalated quickly.

-Billy O'Brien '17



WILL SCHNEEKLOTH

Women's Softball Moving up the Ranks

Predicted to Finish Third in the Big East

by Bryan Blum '17
Sports Staff

SOFTBALL

Even before the Providence College Softball Team played its first game, the Friars found success in the early season having Kiki Baldassari '16, Kristie Dederick '15, and Kiara Amos '16 named to College Sports Madness Preseason All-Big East Team.

Baldassari, who was also named Big East Rookie of the Year last season by College Sports Madness, led the team with 62 hits and 42 runs scored last year. The first-team outfielder also stole 22 bases in 25 attempts.

"I'm excited to earn it," said Baldassari, "We have the opportunity to go far this season."

Dederick, who mainly plays first base, also made the first team as an infielder. The junior led the Friars

in RBIs, On Base Percentage, and doubles during the 2013 season. Even with the honor, Dederick notes how nothing has been truly deserved until the season actually begins.

"I'm going to go into the season with a new chip on my shoulder," she stated. "I have even more stuff to prove."

Between the speed of Baldassari and the power of Dederick, the offense for the softball team has found a basis for run production that the team hopes to build upon from last season.

"Kristen drives in runs. Kiki creates runs," said Head Coach Kerri Jacklets. "We look at how we are producing runs, not batting average, and both girls are very exciting and successful."

The pitching staff also received recognition in the preseason honors by way of Kiara Amos, who

was named to the second team. The converted reliever adjusted well to the starting role last season throwing 14 complete games and striking out 71.

"Coming out of last season, we've had that drive to go far and go further," commented Amos. "This [honor] will just help us."

Although the girls are impressive individually, the strength of this core for the Friars comes from their dedication to the rest of the squad.

"They are team players," said Coach Jacklets. "That's what's going to help us down the road."

The rest of the team also has high expectations for the upcoming season, as Providence was predicted to finish third in the Big East in the Big East Preseason Coaches Poll. The team, which finished last season with a 23-28-1 record, expects to have a more successful season than last, but even with the early season accolades, the Friars go into the

season with an "underdog mentality."

"There is a difference between being an underdog and an 'underdog mentality,'" said Coach Jacklets. "We'll earn everything. We're prepared. We'll never get away from earning this. We're going to be fighters."

The fight from this team will be propelled not only by the honored athletes, but also by the entire team. The team expects everyone to contribute to a successful campaign this year.

"We have many players that will break out this season," said Coach Jacklets. "We have some very talented players one to 16, and this team is stronger at this point than last year."

After weather-related cancellations in the "Strike-Out Cancer" Tournament, the team begins its season on February 28 in the George Washington Colonial Classic in Washington, D.C.

Photo courtesy of softballconnects



Editor's Corner: It's Just A Game

by Sean Bailey '14
Sports Editor

COLUMN

I love sports. If being the sports editor is not proof enough, you can see me around campus constantly wearing sweatshirts of my favorite teams. I have always loved watching and particularly playing sports. I have played for as long as I can remember. The competition excites me, and I love having a spirited game.

However, I have one gripe with sports; some people take them too seriously.

It is a game, people.

Videos surface everyday of fans watching a game at home and losing all their sanity over a bad call. There was recently a video of a Syracuse fan who was so upset by a blown call that he flopped on the floor like a fish.

I am all for rooting on your team. I am all for getting into a game. But, do we really need to roll on the ground like babies if our team loses?

It is a game, people.

Or how about the fans who unleash personal threats and slurs at other fans and players? I know that nobody in Boston is crazy about Alex Rodriguez, but is yelling homophobic and racial slurs going to make him go away? Is tweeting nasty things at a player going to accomplish anything? These are only people, after all, no matter how

heroic and Godlike we make them.

It is a game, people.

Or how about the AAU coach who was arrested for assaulting a parent of a third grade AAU team? Now, I blame both sides, because undoubtedly the parent was probably riding the coach about playing time for what I'm sure is another basketball prodigy. Parents just are so uptight about these things, and so are coaches sometimes.

It is a game, people.

Or how about the parent of a kid on my Little League baseball team who made his son apologize to the team after he dropped a sure out fly

ball that cost us the game?

It is a game, people.

Or, a basketball coach I saw roll a water bottle out on the court to halt a fast break? Not only does that affect player safety, but it looks ridiculous at an eighth grade game. What does a win matter at that age?

It is a game, people.

Or kids who play. All the time there are intramural games with a lot of trash talk and whining at officials. I am all for some spirited competition, but we are all Friars. We all go to PC. We should respect each other.

It is a game, people.

I'm really not trying to slam

competition. I am all for a physical, hard-fought game. I am all for competitive coaches and players. I am all for the spirit of competition.

But at the end of the day it is a game, people.

These are meant to be fun. They should not cause anxiety; they should not make others feel unwelcome. They should be fun and inclusive. You should leave a game with a smile on your face. There are thousands of things that should stress us out. There are a thousand things that should be taken seriously. (Or not. Life is too short to be taken seriously, after all). But not sports.



Photo courtesy of gamedayr



SPORTS



Pink:

Continued from front page

games, also donated quite a bit of money to the event.

The Providence women's sports that are not in season also contributed to the event. Each sport collected pledges from family and friends per push-up during a half-time contest at Saturday's game. Coming away with the win in the contest was the Softball Team. Another new aspect this year, also aimed at increasing involvement across the campus, was the faculty fundraising challenge.

Student Affairs took the victory here. During the game they were honored with a trophy to display their efforts in the office for the year.

The efforts of women's hockey raised just over \$4,000 dollars through Feb. 16. On the basketball end, merchandise sales and fundraising efforts raised \$3,200. Providence College sits with an official tally of over \$7,000 raised and the school is not done yet. The final piece, the auction of the game-day jerseys worn by the team, has yet to be completed.

As their last weekend home game of the season, Saturday was also Senior Day for women's basketball. Danielle Pearson '14, who has made a name for herself at Providence College for her

aggressive play and ability to score just as well off a jumper as she does in the paint, and walk-on Nikki Turcotte '14 were honored before the game.

With the team's two major annual events coinciding this year, Friar fans were out in force. Pink accents could be seen throughout Alumni Hall, and breast cancer survivors competed in the normal game events. For the game itself the Friars managed to pull out their second conference win of the season with a score 61-59 against Xavier University.

In a hard-fought first half, neither team managed to register much on the offensive end of the floor with Providence leading 20-18 at the break. The second half was a different story

for both teams as they traded baskets the rest of the game. The Friars led for much of that half, but were never able to gain a lead of more than a couple possessions. Sarah Beale '17 converted an old-school three point play to secure the Friars' victory.



ALLIE HURLEY '15 / THE COWL