



Kevin Entwistle '15 Raising Funds for Boston Marathon

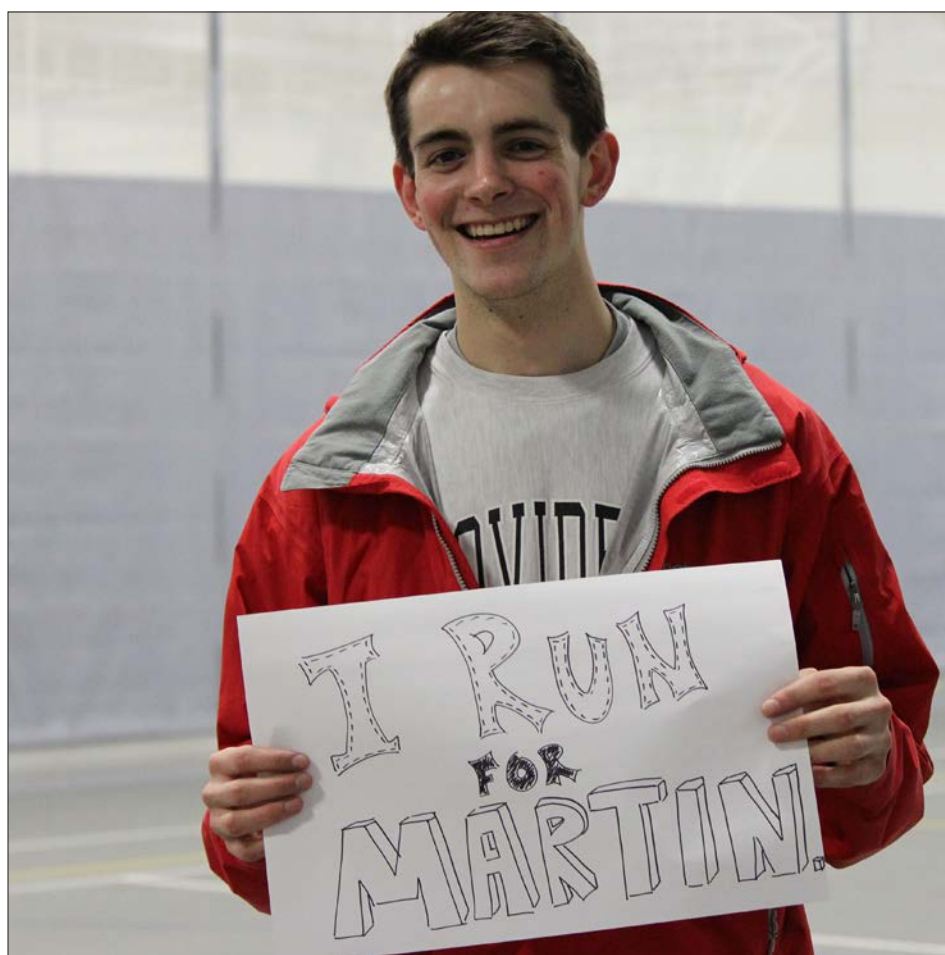
by Meaghan Dodson '17
News Staff

CAMPUS NEWS

On Monday, April 21, 2014 the eyes of the nation will be on Massachusetts as the 118th Boston Marathon takes place nearly a year after the bombings last April. The tragic event resulted in over 250 people injured and three people dead, one of whom was Martin Richard, an eight-year-old boy from Dorchester, Mass. Richard was an avid skier, hockey player, and runner, and is described by both family and friends as having been a friendly, intelligent, and adorable young boy.

To honor Richard's memory, his parents established the Martin W. Richard Charitable Foundation. The organization's mission statement is "to honor Martin's message of 'No more hurting people—peace' by investing in education, athletics, and community." The foundation recently created "Team MR8" to run in the 2014 Boston Marathon. The team is comprised of 72 individuals of different ages, professions, backgrounds, and states. Among those selected are people

BOSTON/ Page 4



Entwistle is a member of Team MR8, a group created by the parents of Boston Marathon victim Martin Richard. Funds will go to the Martin W. Richard Charitable Foundation.

Campus Responds to Scheduled Dr. Michelle Cretella Lecture

by Andres Taborda '15
News Editor

CAMPUS EVENTS

Following the controversy last semester surrounding the postponement of John Corvino's lecture, students found themselves at odds with the College this Tuesday when the philosophy department promoted its upcoming lecture, "Who Am I?"

An email sent by Dr. Matthew Cuddeback of the philosophy department invited the College community to a lecture to be given by Dr. Michelle Cretella, M.D. Cretella's talk, according to the email, will "describe her journey to navigate the controversial issue of homosexuality as a physician and a Catholic."

Some students around campus were concerned about Dr. Cretella's credentials due to her position on the board of directors of the National Association for Research and Therapy of Homosexuality. According to their website, NARTH supports forms of reparative therapy for homosexuality.

LECTURE/ Page 4

Aspiring Musician Love Mansuy '15 Releases EP

by Maria Grande '15
A&E Staff

MUSIC

For most college students, when asked about their future plans, they mumble a few words about possibly pursuing graduate school to further their degree; or jumping into a job in hopes of stabilizing a career. For Love Mansuy, a junior studying English/creative writing and music, releasing an album and going on tour are what he has to look forward to in the future.

Mansuy never wanted a traditional career. When asked at age 12 what career he wanted as an adult, Mansuy did not have the same goals as his peers to be a doctor or a lawyer. He planned to be a musician. Gaining a passion for music when he got his first keyboard at seven years old, Mansuy would impersonate his biggest idol, Stevie Wonder, wearing sunglasses and singing along on his

LOVE/ Page 16



Above is the cover art for Mansuy's song "Meant It," featured on his first studio EP *Barely Legal*.

WHERE IS THE Love?

VALENTINE'S INSERT 2014

Inside

UNDER THE HOOD

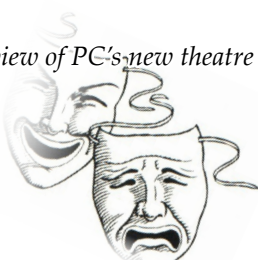
Providence College's Student-Run Newspaper Since 1935

News	2
Opinion	5
Photography	11
A&E	13
Portfolio	17
Sports	22

A&E

Check out the review of PC's new theatre production!

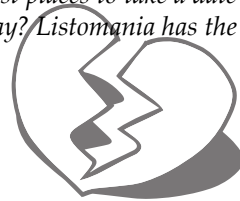
Page 15



Portfolio

What are the worst places to take a date on Valentine's Day? *Listomania* has the answers.

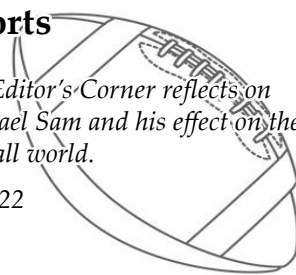
Page 19



Sports

The Editor's-Corner reflects on Michael Sam and his effect on the football world.

Page 22





NEWS

Friar Food Rescue Helps Feed Community

by Kathleen Sullivan '14
News Editor

STUDENT OUTREACH

As a freshman, Dave O'Connor '14 frequently ate dinner at Raymond Dining Hall around closing time and quickly grew curious about where all the extra food went at the end of the night. This question led to the founding of Friar Food Rescue (FFR) as a chapter of the Food Recovery Network. O'Connor explained that he was motivated to start this because he saw a resource that was not being utilized, and students have a responsibility to work to fix it.

The Food Recovery Network originally began in September 2011. Eliza Zalis '14, another member of FFR explained, "The goal of the national organization is to reduce waste by donating surplus food to hungry Americans. Over 68 billion pounds of food are wasted every year in America. Still, 43.6 million Americans struggle with hunger every year. The original founders of the Food Recovery Network saw this as a problem and were inspired to start the movement."

O'Connor and classmate Nick Canessa '14 spearheaded the movement to get this group up and running at Providence College by the fall of 2012 through working with Student Congress and Sodexo. O'Connor noted that Stu Gerhardt, general manager of dining services, the chefs, and all the Sodexo staff have been instrumental in

keeping this process going.

"The idea is simple: college campuses prepare tons of food for students. Realistically, not all of it is used. Here at PC, the Friar Food Rescue works with our dining halls to pick up the surplus food and deliver it to local organizations," said Zalis. "It's really a win-win situation; Providence College reduces the amount of waste, while local organizations use the food to feed the hungry of our area."

After the first meeting, Canessa stated, "we began conducting 1-2 deliveries per week to either McAuley House in downtown Providence or Mary House on Smith Street. I believe during that first fall semester we donated over 1,200 pounds of food." Since then, the group has grown from the two original founders, to a group of 50-60 students.

According to Canessa, the goal of FFR is to "feed mouths, not landfills." The group wants to make sure that the leftover food gets to the people who need it, and in the long run, help to control overproduction and waste.

Another goal of FFR is to increase awareness throughout the community. O'Connor and Canessa expressed the desire to continue expanding the organization off campus and into the larger city. "We are hoping to reach out to more local restaurants and to the surrounding community this semester to inform them how everyone can help this cause," said Canessa.

The Food Recovery Network also has chapters at Brown University and

the Rhode Island School of Design.

The members of FFR see themselves as one big team. "We don't have an executive board or a president. We see everyone as equal contributors and helpers that can make a difference," Canessa explained. "It's really set up as one large group of students working cooperatively towards the same goal."

O'Connor added, "All our volunteers are leaders," and every

student can play a part in furthering this cause by being aware that food is a scarce resource, and paying attention to how much food you take and leave on your plate, especially in the dining hall.

Friar Food Rescue presently conducts daily deliveries, and last week alone they delivered a total of 179 pounds of leftover food to people in need.



PHOTO COURTESY OF DAVE O'CONNOR '14

Nick Canessa '14, co-founder of Friar Food Rescue, participates in daily deliveries of leftover food.

Students Host Open Chess Tournament

Players From All Over Northeast Compete for Cash Prize of \$1000

by George Copley '16
News Staff

CAMPUS EVENTS

"Start your clocks!" A silence overtook '64 Hall this past Saturday, February 8 as Providence College's Second Annual Open Chess Tournament commenced. Beginning at 9:30 a.m., the tournament ran until the late evening. Students, locals, and out-of-state players gathered around 28 chess boards and played for cash prizes. With a total of \$1,000 in prize money distributed between the chess champions, each player showed up ready to compete for glory.

There were four different leagues that players could compete in at the chess tournament. The leagues varied by skill level: if you were an advanced player, then you would be played in the "RI U2000 Pairings and Standing;" the next tier was the "U1600" for semi-advanced players; then there was the "PC open U1200/unrated," which was for PC students and average players; and finally there was the "Open section," which was for players of any level. Each player played four matches against different opponents

from their tier and accumulated points from victories and ties, the latter being extremely rare cases. The top three players with the most points from each league would be granted a sum of money divided from the \$1,000 total, as well as a trophy.

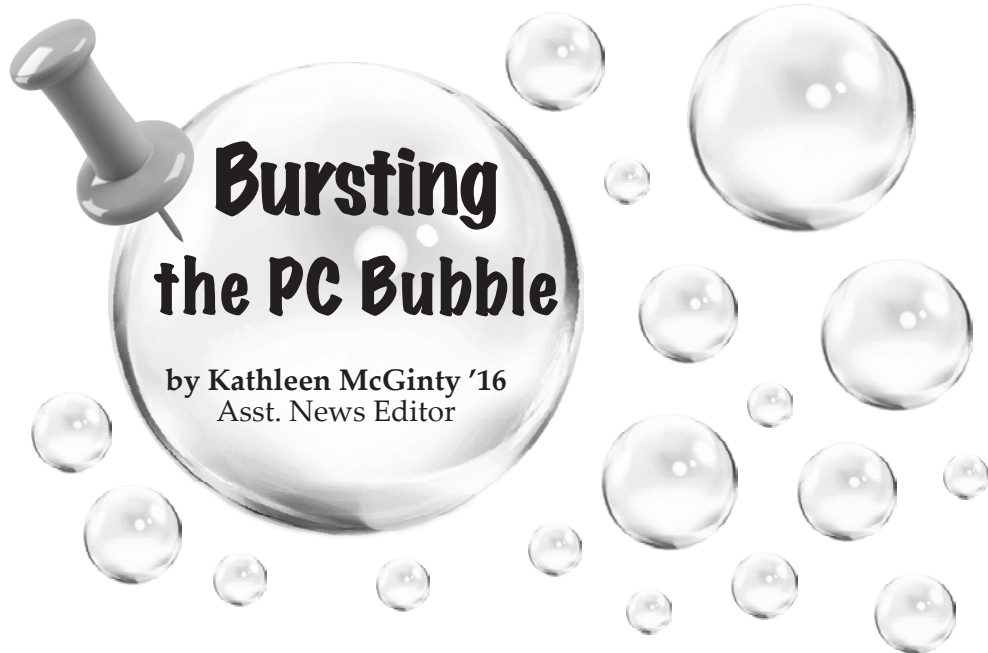
The game of chess is often associated with a nonchalant atmosphere and a similar degree of competitiveness. '64 Hall, on the other hand, resonated with seriousness and contest as players sat quietly hunched over their boards, rapidly clicking down their respective game clock buttons. Game clocks are used in chess to keep track of the duration of each player's turn, thus not allowing either player to delay the game. Approximately 40 competitors attended the tournament, consisting of eight to 10 students and roughly 30 guests. The census of players was diverse in not only skill level, but also of age and residence: players came from Rhode Island, Massachusetts, Connecticut, New Jersey, and New Hampshire to attend Providence's tournament. The event not only allowed chess players to practice their passion, but also created an environment where adolescents could interact with adults and PC's students could interact with the surrounding community.

"It's a rewarding success to allow people to play chess, and to join Providence students with our outside community. Events like these are what keeps our program strong," says Ben Swiszc '16. Swiszc started the Providence College Chess Club his freshman year and has accumulated 50 members on the e-mailing list, as well as 10-15 fluctuating regular members during club meetings. Swiszc coordinates an event every semester and usually tries to team up with a city organization; this semester's tournament was co-sponsored by the Providence Chess Club and the R.I. Chess Association. Swiszc hopes to lead the club for the rest of his college career and then hand it off to another member. He also created an identical club at his high school and has left a legacy since graduating.

The Providence College Chess Club encourages players of all skill levels to join and participate in their sponsored events. Not only will players be able to practice and improve their skills, but their participation in tournaments can reward them with cash prizes. As the head of the Chess Club puts it, "Overall, it was a great success, and I look forward to many more events like this in the future."

PHOTO COURTESY OF ART-WALLPAPER.ORG

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Bursting the PC Bubble

by Kathleen McGinty '16
Asst. News Editor

Summertime at Winter Olympics

Athletes and spectators at the Sochi Olympics saw above-freezing temperatures this week, with temperatures climbing to 61 degrees Fahrenheit this past Monday and expected to reach 63 degrees this Thursday. Since temperatures have softened the snow in landing areas for outdoor events, race organizers have resorted to storing excess amounts of snow in the case that temperatures continue to rise. However, the forecast is predicting temperatures to return to freezing next Tuesday, and organizers claim they will have enough snow to continue the games.

E.U. Working to Curb U.S. Internet Influence

The European Union wants to decrease U.S. influence over the Internet, calling for the globalization of web functions such as assigning domain names, a duty to which the U.S. government is contractually linked. The E.U.'s proposal comes following a loss of confidence in the Internet, instigated by present surveillance and intelligence activities. The U.S. Commerce Department has stated that it is open to discussing the future of Internet governance.

Delayed Troop Withdrawal in Afghanistan

The U.S. military has decided to delay the withdrawal of its troops from Afghanistan until Afghani President Hamid Karzai leaves office. Karzai's refusal to sign a security pact and his view that doing so should be the responsibility of his successor had led Washington policy makers to delay procuring a securing pact and coming to a consensus about the post-2014 U.S. troop presence in Afghanistan. A new Afghani government is not expected to take office until August of this year, yet the U.S. hopes to see a security pact signed soon so that NATO partners have ample time to plan deployments. Should Karzai continue to resist signing an agreement, President Obama is expected to appeal to the military, asking them to begin preparing for a full troop withdrawal from Afghanistan.

Scientists Grind King Richard III's Bones

British scientists will be grinding up King Richard III's bones in hopes of determining his genetic code and determining qualities such as his hair and eye color. Richard's skeleton was discovered a year and a half ago under a parking lot in London, and it is expected that producing the genome sequence will take about a year. The scientists have already concluded that Richard was a hunchback, was infected with roundworm, and died from a head wound inflicted by a sharp instrument.

Americans Seek Amelioration with Cuba

A Washington research institution, the Atlantic Council, released nonpartisan survey results this past Tuesday indicating that the majority of Americans now favor establishing a more direct and engaged relationship with the Cuban government. Fifty-six percent of respondents favored changing Cuba policy, such as the trade embargo, with 63 percent of adults in Florida, the state with the largest Cuban-American population, in agreement. The Atlantic Council considers this a landmark shift of American attitudes.

Congress Updates

by Emily Marzo '16
News Staff

STUDENT CONGRESS

The Class of 2016 announced that it is working with BOP and BMSA to hold a Semi-Formal for the sophomore class. This event is planned for March 28. There will be prizes including raffle tickets, a TV, and Avicii concert tickets.

There was an announcement about the progress of the Miss PC pageant. This pageant doubles as a show and a clothing drive benefitting the less fortunate.

Mr. Joseph Carr and Mr. Dan Devins came to discuss the providence.edu website. There was a discussion of rebranding and making the website more valuable for students, faculty, prospective students, and alumni. The idea of a portal or a more accessible and streamlined internal site was introduced and discussed. Ideas for updating and further developing the PC application were also addressed.

There was a new amendment announced on the floor that would introduce a Campus Ministry Liaison as a passive and permanent member of Congress. This amendment was debated from both sides of the proposition, and will be further discussed and voted upon next week in Congress.

Quesadillas will now be available during Lent as a Take 3 menu option.

Elections for Student Congress will be held next month.

Campus Climate Forum Update

by Carolyn Bothwell '15
News Staff

CAMPUS NEWS

On Wednesday, February 5, the Campus Climate Forum was cancelled due to the snow day. A second, pre-scheduled action forum was held this past Wednesday, February 12.

Rafael Zapata, Associate Vice President and Chief Diversity Officer, expects these Forums to engage the community in the next phase of the process. The Campus Climate Working Group (CCWG), which is made up of a diverse range of both students and faculty members, is collaborating to develop one to three specific and measurable "action items" that the Providence College community can strive to focus on in the upcoming year.

Many Providence College students and faculty are unaware of the extent of the negative stereotypes and divergent perceptions of the climate present on campus. The CCWG is working to address the necessity of additional education and awareness of issues that are present on campus.

Many members of the community are content with their experiences at Providence College.

"The campus is 'supportive' and 'close knit,'" a white male faculty

member expresses.

However, there is a strong presence of negativity that rests among both students and faculty alike.

"You can't have too many black people in a group, so we have to strategize because people will be scared of us all at once," said an African-American student.

"The most influential people on campus are men," said a female faculty member. Many other female staff members find PC a male-dominated environment, confronting difficulties in moving up in their prospective positions.

Rafael Zapata and the CCWG members have recognized the effects that campus environments have on its members. The January Climate PowerPoint states, "Research supports the pedagogical value of a diverse student body and faculty on enhancing learning outcomes."

The CCWG plans to host two forums in order to develop the most salient action areas to focus on in the upcoming months. By April, the group plans to report their ideas to the campus community and will continue to assess their progress in the months to come.

"I've seen Providence grow and I'm hopeful," said an Asian/Asian American student.

Providence College Student Congress meets every Tuesday at 5:30 p.m. in Ruane LLOS. Meetings are open to the public!

Boston: PC Junior Runs to Remember

Continued from front page

who personally knew Richard, such as his family, friends, coaches, and neighbors, as well as many selfless strangers, including several CEOs and two Wounded Warriors.

Providence College's very own Kevin Entwistle '15 is a proud member of Team MR8 during its inaugural year. In order to be chosen for this honor, Entwistle underwent a lengthy selection process and competed against 250 other applicants. In the 11-page application, Entwistle demonstrated how he felt a personal connection to Richard by expressing his own love for skiing and hockey.

Entwistle is currently in the process of raising \$7,500 for the foundation. Although he is already halfway to his goal, there is still a long road ahead. Entwistle is now reaching out to the PC community to support his efforts, welcoming all contributions and also imploring the students, faculty, and staff to spread the message and increase awareness since "momentum is very important."

In addition to being a member of MR8, Entwistle plays a very active role on the PC campus. He is a member of both BOP and the club hockey team, and he plays the guitar at the 10:30 p.m. Sunday mass every week.

He has always fostered a passion for running, and even ran a half-marathon in Providence last year. Entwistle has been training for the Boston Marathon since December and attests, "Although it is a big commitment, it is definitely worth my time."

Last Friday, February 7, Entwistle went to Boston for the Team MR8 Kick Off event. The participants gathered in the State Street Pavilion at Fenway Park, heard speeches from several notable people, and, most importantly, had the opportunity to meet Richard's family.

Entwistle reflected on his experience with the team thus far, stating, "It is an honor to be selected as a member of Team MR8. I am very proud to be given this opportunity and am hopeful to receive positive support from the PC community. It is a chance for us all to give back to those most affected by the tragic bombings last year."

Anyone who wishes to contribute to Entwistle's efforts may go to his official fundraising page at <https://www.firstgiving.com/fundraiser/KevinEntwistle/team-mr8-boston-marathon-2014>. Entwistle and, through extension, the entire Team MR8 are extremely appreciative of any and all donations, as they know every dollar proves that we are all "Boston Strong" and that Richard's life will always be remembered.



MORGAN PEKERA '15 / THE COWL

Entwistle '15 is a member of BOP, plays club hockey, and plays guitar at the 10:30 p.m. Mass.

Lecture:

Continued from front page

Some malcontent students took to social media to express their dissatisfaction with the philosophy department's decision to bring a speaker with such beliefs given the current climate of the Providence College campus.

In an email to *The Cowl*, Dr. Michael O'Neill, chair of the philosophy department said, "It is important to understand that sponsorship by our department does not imply endorsement of any position held by any particular speaker." He continued, "The only endorsement offered by our sponsorship is of the healthy and critical discourse that occurs within our academic space."

O'Neill also noted that the philosophy department is a co-sponsor in the rescheduled visit of Corvino, who is set to deliver his lecture "The Meaning of (Gay) Marriage" later this spring.

Dr. Matthew Cuddeback, organizer of the event and assistant professor of philosophy, said, "As the flyer reads: Dr. Cretella 'will describe her journey to navigate the controversial issue of homosexuality as a physician and a Catholic.'"

He continued, "This, and not 'reparative therapy,' is her topic. Dr. Cretella's talk is an important contribution to our campus discussion about the important issue of homosexuality—a campus discussion encouraged by some faculty in the wake of the cancellation of Dr. [John] Corvino's talk in September."

But the sentiment does not seem to resonate with the faculty at Providence. Dr. Joseph Cammarano, associate professor of political science told *The Cowl*, "I have little to say about the decision by the philosophy department to sponsor

an event unrelated to their field other than if there is a less compassionate department on campus I would be shocked."

In light of recent academic freedom discussions, Cammarano also said, "I am also supportive of their unwise decision. They have the right to bring the speaker and I defend that right no matter how harmful it could be."

Another member of the faculty, Dr. Carol Crafts, associate professor of biology, expressed her displeasure in an email she sent to all faculty members that eventually went viral on Facebook. She said, "If she is coming to speak on this topic, perhaps we should have a real scientist invited as a respondent."

Crafts also said, "It is my belief that all views can be shared and discussed at the college, but a speaker's position and credentials should be openly aired as well. Her arguments are philosophical, moral, [and] religious, not scientific."

In what she describes as a "less generous" comment, she said, "I believe more accurate, she does a disservice to the scientific community pretending to be a member and misrepresents the biology of sexual orientation."

Amanda Centrella '14, president of SHEPARD and an openly queer woman, had several concerns. "While I welcome respectful dialogue as a pedagogical tool, I am left hurt and confused by PC's choice to present a speaker whose work I feel only encourages the development of a harmful and alienating space on campus," she said. She questioned why this lecture is held to different standards than Corvino's.

"Why are we to celebrate, without opposition, Dr. Cretella's admission that same sex attraction is 'disordered,'" she asked.

Corvino's lecture had the presentation of the opposite view by Dr. Dana Dillon, assistant professor of theology, something Cretella's lecture does not have. According to the information shared on the

lecture, the only person presenting at the event would be Cretella.

Kyle McCandless '14, an openly gay student at Providence, said, "I have voiced my concerns over and over again, trying to make sure that I leave this campus a more educated, safer, and resourceful institution where I can look back and make sure that I did the best I could do by being myself."

As for Cretella's lecture taking place, he said, "I feel betrayed, yes, but I know there has to be some kind of explanation."

In the Sept. 26 issue of *The Cowl*, Fr. Brian Shanley, O.P., president of the College, said that if the College "brings someone in to argue against the veracity of the church, there is an obligation to make sure it does not go unopposed."

However, according to Dillon and to her knowledge, the Catholic Church has no official teaching on conversion therapy.

She said, "The Church is very clear on the dignity of every human person and also on the sinfulness of homosexual acts. The Catechism speaks of some people as having 'deep-seated homosexual tendencies.' This language seems to reflect a sense that such tendencies are prior to any choice on the part of the individual. Of course, the person remains free to choose how and whether to act on such tendencies."

Dillon followed up her comments: "Although the language of 'deep-seated' is rather vague and makes no claims about the causes of these tendencies, I think it implies a certain skepticism about whether such tendencies can be effectively changed."

The section of the Catechism of the Catholic Church that she cites is paragraph #2358.

In a statement from the Bishops' Committee on Marriage and Family, the United States Conference of Catholic Bishops advises, in a pastoral message, to parents of homosexual children that it may be "appropriate and necessary" to

seek professional help. The bishops advise that a therapist who has "appreciation of religious values" to be sought, but that they must also understand the "complex nature of sexuality."

However, they also say, "It is essential for you to remain open to the possibility that your son or daughter is struggling to understand and accept a basic homosexual orientation."

The executive board of Providence College's 64th Student Congress had this to say about the lecture: "After talking to many members of Student Congress, we are disappointed and saddened by recent news that a member of the board of directors of the National Association for Research and Therapy of Homosexuality would be invited to speak on our campus."

The Board continued, "This year, students witnessed 'sexual orientation and gender identity' be added to the college's anti-discrimination policy. This was a wonderful step forward."

"However, there is still much room for growth in order to truly live up to the ideals of Providence College's mission statement, which 'encourages the deepest respect for the essential human dignity, freedom, and equality of every person.'"

While there was an overwhelming amount of opposition, students on social media platforms did ask those opposing to not jump to conclusions on the entire content of Cretella's lecture.

The event is set to take place on Tuesday, February 18 at 4 p.m. in Moore Hall III.

Corrections: February 6, 2013

The student pictured with Paul Breines on the front page for the article, "Freedom Riders Bring Perspective to PC" is Carlina Jenkins '16.



OPINION

Good Sportmanship Is the Defining Quality of a Person

We Have a Responsibility to Be Gracious Winners and Losers

by Nicole Corbin '15
Asst. Opinion Editor

SOCIETY

The greatest motivating element that drives human nature is competition, especially in a capitalist society and a consumerist culture such as that of the United States. Competition has emerged as a normal part of our everyday lives, whether it is through sports, in the job industry, or simply in playful contest with friends. However, with competition comes sportsmanship—the manner in which one handles any type of win or loss is a defining characteristic of that person.

Seattle Seahawks' cornerback Richard Sherman displayed less than sportsman-like behavior after the Seahawks' win against the San Francisco 49ers in the NFC Championship game. When asked about this victory by ESPN reporter Erin Andrews immediately following the game, Sherman responded, "Well, I'm the best corner in the game. When you try me with a sorry receiver like Crabtree, that's the results you're going to get!"

Boasting about his own talent as a player, while also insulting 49ers wide receiver Michael Crabtree's prowess on the field is an ignorant and petty way of celebrating the Seahawks' entry into the Super Bowl. Rivalries between players are healthy—a little trash talking never hurt anybody—and it's fine to be proud of one's accomplishments, but Sherman crossed the line into outright disrespectful behavior.

The win was a team effort, and Sherman (who was penalized in the game for excessive celebration) should be commending the great performance by

the rest of the Seahawks' players and the hard work of the coaching staff rather than belittling the 49ers who looked as if they would clinch the title early on in the game.

In the midst of the excitement of the 2014 Sochi Olympics, U.S. figure skater Ashley Wagner was captured on camera as being visibly disappointed after the judges awarded her score for her performance in the women's short program of the inaugural team event, thus pushing her into fourth place. Wagner's expression transformed from a jubilant smile to a spontaneous look of utter shock and disgust.

Wagner eventually composed herself, but only after muttering something to her coach and teammates with that same frustrated grimace. She also let the media know how she felt about her score, stating, "It wasn't what I was really hoping for. I know what the program is capable of and I know where the scores should be when I skate very well so I'll just take a look at the protocols."

However, while Wagner's impulsive reaction paints her as a "bad sport" and her post-performance interview reinforces her bitter shock, she maintained decorum by respectfully stating her opinion and defending her performance in a tactful manner as she also said, "I wanted to do everything I could to help out the team." It is clear that she can handle a loss, so to speak, and for that, she should be respected. It is certainly a stark contrast to Sherman's demeanor in the wake of victory.

Any time there is competition, there will be winners and losers. Thus, good sportsmanship exceeds far beyond the athletic arena and is something to keep in mind at all times in every aspect of life. Especially as college students, if we

have not already seen competition in the work world we will soon. We're all in competition with our friends and fellow classmates for a place in the professional world, which seems to be the biggest competition of all.

There will be times when we succeed and our friends do not; likewise, there will be times when we are on the opposite side of success and our friends are triumphant.

So, it is imperative that we learn to deal with our successes and failures in the best way possible. As respectable human beings, we have a responsibility to be both gracious winners and losers upholding ourselves with dignity and poise.

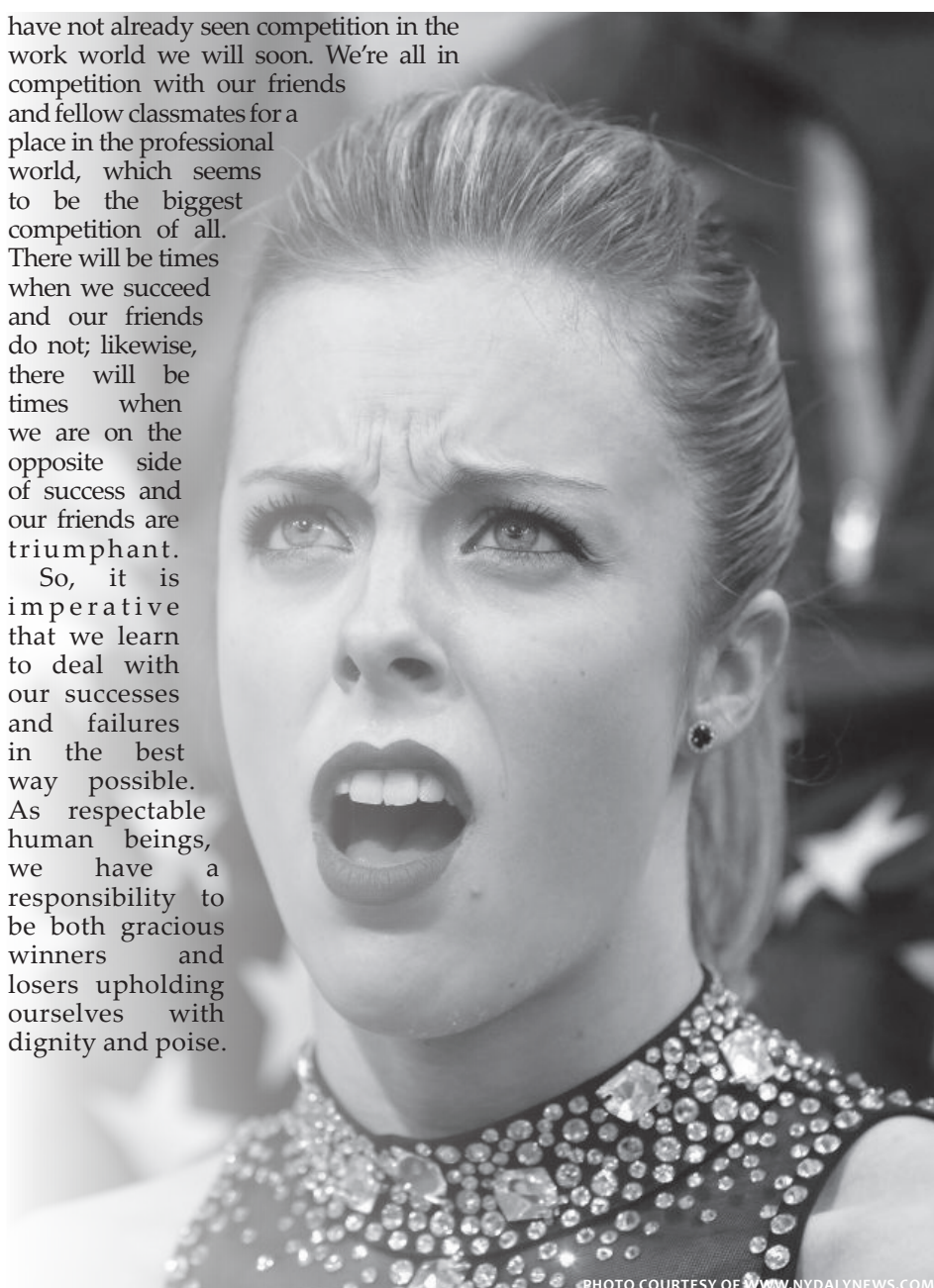


PHOTO COURTESY OF WWW.NYDAILYNEWS.COM

UK Phenomenon Gone Wrong Brings About Positivity

by Olivia Beesley '15
Opinion Staff

SOCIETY

As a 19-year-old English student studying here at Providence College, it was a bit of a shock to the system to be told that I am no longer allowed to drink legally. While I am not particularly attached to drinking, I don't mind the occasional glass of alcohol while socializing with my friends on a weekend. However, I have been firmly told to stay away from this during the next few months, as while underage American drinkers may receive a slap on the wrist, my consequence and punishment is deportation! Meanwhile, back in England, the usual college drinking culture ensues with more controversy than usual...

To explain this new controversy, I want you to cast your minds back to the Internet phenomenon that was "The Cinnamon Challenge."

As a follow-up to this challenge, English students have developed "NekNomination," a similar "game" that involves individuals compiling a concoction of beverages, alcoholic and non-alcoholic, into a single pint glass which they have to "neck," or drink, in one go (I was astounded to watch one of my friends mix beer, an egg, cola, wine, vodka, and milk, then proceed to consume it!). Having completed the challenge, the idea is to continue the game by nominating three friends to do the same and posting the video onto Facebook. The aim of the game is to outdo the person who nominated you by concocting worse drinks than they did (how can you get worse than an egg and vodka mix?!). In between photos of snowy scenes of PC, this is literally all I can see on my Facebook at the moment.

While the potential dangers are obvious, I initially saw NekNomination as nothing more than a joke. That was until I heard about the death of 19-year-old Jonny Byrne, who jumped into a river in Northern

Ireland after participating in the game. I could only think of the guilt that the person who nominated him must be feeling, and could no longer bring myself to watch my friends' NekNominations on Facebook.

Despite this devastation, I have to see the positives that have arisen from the game. Realizing the dangers and foolishness of abusing alcohol for a laugh, many NekNomination Facebook pages have now become alcohol awareness pages, discouraging the game and alcohol abuse in general.

Furthermore, I found a glimmer of hope in one of my friend's alternative NekNomination videos: instead, he bought a lunch and a bottle of Coke for a homeless person and nominated three friends to do the same. I can only hope that this game will be the one that continues a game of kindness, awareness, and human generosity. Why waste money, time, and health on idiocy when you could involve yourself in peoples' lives and make a positive impact?

ERIAN IN FRANCE

by Christina Moazed '15
Opinion Staff

ABROAD

Love is blossoming in Paris. But who cares anyway, right? This is the time in our lives to explore, to question, and to understand.

The average person spends 20,160 minutes kissing. Meanwhile, there are 195 countries in the world, hundreds of articles condemning Justin Bieber and Miley Cyrus everyday, and nearly thousands of movies waiting for you on Netflix when you return home!

Now, let's not beat around the bush. We all, for the most part, want a happy ending like the ones in Disney movies. To one day lock eyes with our destined companion and feel an overwhelming number of butterflies fluttering in our stomach. Hopefully not too many butterflies—maybe just three or four will do.

France is the quintessential place to witness romance and to fade in and out of dreaming. Ironically, the term *déjà vu* originated in France for a reason. Man, if I had a nickel for every time I saw French people publicly kissing, well, it would be insignificant because I need euros here in France.

Evolving amidst a social networking culture, I find that sacred moments cannot be captured on camera or expressed in words. They are spontaneous, unexpected, and mysterious. They make you laugh at yourself and spark a new thought in your head.

During my occasional run along the Seine, I stumble upon painters deep in thought and musicians plucking at their chords. I don't seek to find answers or draw conclusions, but only to discover and advance my understandings. The more you travel, the more you realize that false stereotypes serve as reinforcements for people who need answers.

Alas! Romance is admired and displayed in politics, the subway, amidst breathtaking gardens, and down cobblestone streets from dawn until dusk. Too bad the French government has to remove thousands of locks from the locks of love bridge every week in order to lessen the weight and prevent the bridge from breaking.

The French love love, and will accept it in any shape or form. Even horrifying scandals that would easily impeach the U.S. president are considered to be creditable acts of approval, according to the French media.

The French president drives his motorcycle around on Sunday mornings with a baguette in his backpack, casually on his way to meet his mistress in a hotel. In turn, I often hear the Parisians muttering their disgust for the French politicians. For centuries, the so-called French leaders and politicians have been distracting and misleading the people that they should be representing and effectively assisting.

Over the next few weeks, I will be venturing to Amsterdam, trying some Belgian waffles in Brussels, embracing my childish side at Euro Disney, and skiing down the Swiss Alps into the land of Italia for some mozzarella and pizza! All in all, study abroad students are engaged with the world, not to a person, and that's all that matters! Au revoir!

Openly Gay Athlete Shows Progress of Society

by Matt Santos '14
Opinion Staff

SOCIETY

Headlines both inside and outside the sporting world have been ablaze with the recent announcement that Missouri defensive end and NFL draft prospect Michael Sam may soon be the first openly gay athlete in the National Football League. One could not watch five straight minutes of *Sportscenter* this week without hearing various perspectives on the groundbreaking news. And one could not watch any of these headlines and inputs from pundits across the country without feeling a sense of pride and admiration for Michael Sam.

Apart from the obvious courage inherent in the announcement, it is easy to root for Sam. There have been many other headlines in the sporting world these past few weeks centering upon the actions of individual athletes. Following the NFC Championship game, Richard Sherman of the Seattle Seahawks quite obnoxiously lauded his own skill as a player, shirking all humility and proclaiming himself the best cornerback in the league. Marcus Smart, a guard on the Oklahoma State basketball team, has been suspended for three games for shoving an opposing team's fan in the stands. These comments and actions, while certainly reprehensible in their own manner, will compromise the careers of neither Sherman nor Smart. They have been thriving and will continue to thrive in their respective sports, regardless of these headlines.

Michael Sam endured a troubled childhood, having lost three siblings with two others in jail, and now bears the banner (however foisted



Former University of Missouri defensive lineman Michael Sam.

upon him by the media that banner may be) of an underrepresented group in professional sports. Will this perseverant young man be afforded the same chances for success as the Shermans and Smarts of the sporting world? Can his courage be admired as much as the questionable bravado of Sherman and Smart is overlooked?

Now we wait and we watch. We wait to see how far we have truly come, to see if this progressive announcement correlates to an equally progressive reaction from organizations around the league. We can only hope that Sam's position within the draft reflects the quality of his play on the field, can only hope that he will thrive according to his ability.

This novel development, one indicative of a younger generation's emergent acceptance of varying individuals, quite obviously has

deserved the national attention. It has deserved the attention of voices big and small. However, I eagerly look forward to the day when an announcement like this does not garner front page news. I look forward to hearing a story like this and not being compelled to offer my two cents in our college's newspaper. When these stories become commonplace, become par for the course, become part of what is wholly normal within the sporting world, then we will know Sam's legacy and brave action have been justified and validated.

Kudos to him for being the first; someone had to be. We can only hope that in the future such announcements will not come with such fanfare, that they will not need to, that it will be an allowed and common acceptance of individuals. Then the sporting world, and society on the whole, will know how far it has really come.

Threats of Violence Need to Be Treated Seriously Taking Precautions Creates a Better Society

by Brianna Abbott '17
Opinion Staff

SOCIETY

A scandal shook a small suburb about 30 minutes away from Providence (and a little too close to home for this journalist) when a cafeteria worker at the King Philip Middle School in Norfolk, Mass. threatened to shoot up the school over a batch of over-cooked cookies.

A co-worker of Wendy Ferris had just re-baked some cookies, claiming that the first batch was overdone. This seemingly innocent action, however, prompted a tantrum from Ferris, as she exclaimed, "I'm thinking about going out to buy an AK-47 and shooting this (expletive) school up!" She is now facing charges. Threats of violence have taken on a serious connotation over recent years; every threat is looked into and treated as real.

Though some argue that the First Amendment gives them the right to say whatever comes across their mind, dangerous or not, every verbal threat must be taken seriously and penalized in order to protect those surrounding the violent words. In this case, those who need protection are the children of King Philip Middle School.

The First Amendment protects your right to free speech, but that free speech comes with responsibility.

In 1919, the Supreme Court made it clear just how free free speech can be

when Justice Oliver Wendell Holmes Jr. wrote, "The question in every case is whether the words used are used in such circumstances and are of such a nature as to create a clear and present danger." Basically, this means, "You can't yell fire in a crowded theater." If the words could cause chaos and "present danger," then the First Amendment has no claim to them. The Bill of Rights was put in place to protect its citizens, and thus any words that put American citizens in danger, such as "shooting this (expletive) school up," have no place in the American Constitution.

More important than legal technicalities, however, is safety. Threats of violence and shootings keep mounting, and though some never actually follow through on their words, too many people do. James Holmes, the man who gunned-down a movie theater in Aurora, Colo. during the midnight premiere of the most recent Batman film, "sent a warning package to a psychiatrist at his former university more than a week before massacring people at a cinema," according to Agence France-Presse from Inquirer.net.

Most people exhibit warning signs before such incidents take place, and it is everyone's job to take those signs and verbal warnings seriously. If signs are taken seriously, tragedies can be prevented and lives saved, including

the life of the person attempting to commit such an act in the first place.

Many threats can be perceived as a cry for help, and the cry for help should be answered in order to prevent any more tears. Hearing of these threats means that we do not have to hear about their consequences.

According to an Associated Press analysis, this school year has already been witness to at least 11 school shootings. It is a horrible, recurring theme in recent years, and it is a theme that needs to end. Penalizing someone who makes a threat means preventing that threat from being carried out regardless of whether or not the person was planning on following it through. So let's be thankful that some cookies were over-baked and this situation was brought to light because it means one less tragedy to experience in our own backyards.

Stand up for what you believe,
don't let your voice be silenced.
With open eyes, I've realized
that we can stop the violence.

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Be Mature, Be Smart, Have Fun

by Kayla Fernandes '14 &
Keely Mohin '14
EIC & Associate EIC

EDITORIAL



Olivia Beesley '15, a visiting Opinion writer for the semester, covers a controversial topic this week: NekNomination. Similar to the Cinnamon Challenge, NekNomination is a "game" that entails making bizarre alcoholic drink combinations, videotaping yourself consuming them, and then posting that video on a friend's Facebook wall (and thereby challenging them to take part as well).

Ms. Beesley courageously admonishes participants of the game, citing, of course, the dangers of over-consuming alcohol (including death). We applaud her for attacking such a controversial topic, but we also feel compelled to caution our fellow students. This article and the

attention it receives from *The Cowl* this week are in no way an endorsement for taking part in such a dangerous activity.

We are not naïve (nor are we saints ourselves); however, we recognize that many PC students, of legal age or not, consume alcohol on a weekly basis. It seems that many students have always considered partying with friends a rite of passage as tied to the prototypical college experience as staying up all night to finish a paper or going to Florida for spring break with friends. But, to steal from a hackneyed phrase, everything should be done in moderation.

So this week, as in many past weeks, we are faced with an apparent conundrum: How do we effectively and responsibly cover sensitive topics on campus? How do we draw a distinction between coverage for the sake of education and coverage for mere encouragement? We ultimately place our trust in you, our readers, and hope that you can approach each article with an open and mature mind. Heed Ms. Beesley's warning carefully; be smart, and as always, have fun.



To Grow As a Community, It Is Important To Share Our Stories

by Fr. James Cuddy, O.P.
Campus Chaplain

CAMPUS

Erwin Schrödinger loved the ladies. I know that this news comes as a shock to many of you, and I don't want to give scandal, but it needed to be said. Schrödinger loved the ladies, and they, in turn, found themselves bewildered by his irresistible charms.

For those who might not know, Schrödinger was a brilliant Austrian scientist and philosopher. Even now he is widely hailed as the father of quantum physics (a line he doubtlessly used to hit on young women in bars all over Vienna). He won the Nobel Prize for Physics in 1933, and even has a lunar crater named after him. Schrödinger was such a big deal, in fact, that his handsome face was featured for many years on Austrian currency. Don't act like you're not impressed.

The reason I'm writing about Schrödinger (in addition to my love of the umlaut) is that he came up in a little column featured in last Sunday's *New York Times*. It was a profile of another physicist, Michio Kaku, wherein he talks about the work that he's doing,

but also what websites he follows, what's on his iPod, etc.

While confessing the occasional glance at "The Big Bang Theory," Professor Kaku had some critical words for television's top-rated comedy. He said, "I cringe when they portray physicists as clueless nerds who are doormats when it comes to picking up women. There's always a kernel of truth in stereotypes, though we don't like to admit it. But you will find lady's men among physicists." (By the way, I fully expect to see that last sentence blown up and pasted on the laboratory doors of Sowa Hall.) And that's how we got on the topic of Erwin Schrödinger, that prodigious paramour of physics who turned the conventional misconception of the romantic lives of scientists of on its head.

What can you tell by looking at a person? You might be able to guess their race or ethnicity. You might discover someone's religious affiliation, political ideology, or sexual orientation. You might learn his or her occupation and socio-economic status, but so what? Does that tell you everything about him? Surely those things are important, but they cannot exhaustively describe the individual person.

To know someone, and I mean really know someone, requires more than what those categories can tell. What things are most important to them and where do they see themselves in need of improvement? Who are his heroes and what are their hobbies? What joys get him out of bed in the morning and what troubles bring him sleepless nights? It's not that people are not what they seem, but that they are more than they seem. Much more. If we want to grow as a community that celebrates diversity, then we've got ask those questions of one another and be willing to share our own stories as well.

Erwin Schrödinger loved the ladies, but it turns out that Michio Kaku has got some game too. He and his wife are active figure skaters. She had been an ice dancer when they met, and he realized that the spins and jumps were just simple applications of Newtonian physics. They even dress the part. He noted, "Nothing with sequins, just a black, formal, tight-fitting outfit. It helps to look nice."

Imagine that. The brilliant professor trying to complete Einstein's theory of everything also loves to go figure skating with his lovely bride. You never would have guessed it by looking at him.

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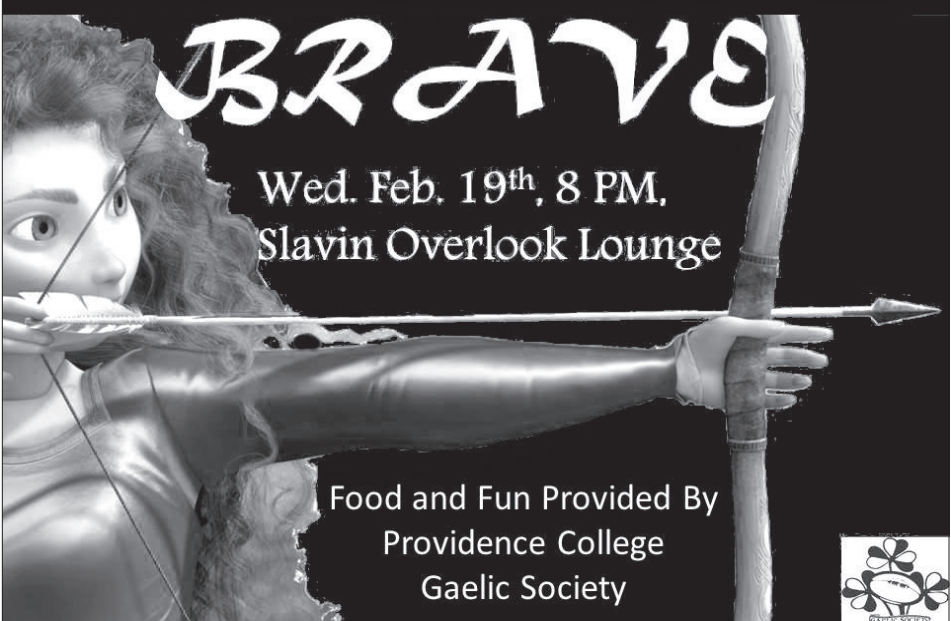
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PHOTOGRAPHY

The Cowl 11
February 13, 2014



MORGAN PEKERA '15/ THE COWL



MORGAN PEKERA '15/ THE COWL

TOP LEFT: Abby Lestina '17 and Eliza Leman '17 munch on snacks while chatting with Professor Joanna Su at the Mathematics/Computer Science Colloquium on Games, Competition, Cooperation, and Evolution, given by Professor Charles Hadlock of Bentley College.

TOP RIGHT: Native American singer Martha Redbone's live performance features her Cherokee, Choctaw, and African-American heritage into a combination of funk and R&B.

RIGHT: Students gather in McPhail's to watch the opening Olympic kickoff, enjoying Russian food and snow cones provided by BOP.

BELOW LEFT: Recreational Sports sponsors a sleep workshop as part of its Human Flourishing Wellness Series, featuring a discussion lead by Dr. Suzanne Bornschein, M.D.

BELOW RIGHT: The Class of 2014 sponsors its 114 Nights event, featuring a live DJ and a dancing



SAADIA AHMAD '14/ THE COWL



ANNA WIECIORKOWSKA '14/ THE COWL



SAADIA AHMAD '14/ THE COWL

Photos Compiled by Saadia Ahmad '14, Photo Editor, and Morgan Pekera '15, Assistant Photo Editor



PROVING PHOTOGRAPHY

What is the most romantic spot on campus?



"The C-Store."

Mat Benedetto '14, Lucas Gowland '14,
and Kevin Amarucci '14



"The Koi pond!"

Amanda Dempsey '17
and Luxshmi Sivalogan '17



"Ray on chicken nugget day."

Jillian Murphy '16



"The Aquinas lounge, depending on the day."

Nick Przekurat '17



"The bench outside Slavin by the trees."

Ylaiza Perez '16



"Rocking chairs by the Ruane Center fireplace."

Alex Nunnelly '16, Katie O'Brien '16, Charles Rainville '16, and Kaelynn Maloney '16



"The trash cans by Slavin."

-PC Squirrel

SAADIA AHMAD '14/ THE COWL

Photos Taken By Morgan Pekera '15, Assistant Photo Editor



Warhol Exhibit Comes to Providence

by Frank Flanagan '15
A&E Staff

ART

Providence art lovers will rejoice for the next few months, as the Rhode Island School of Design Museum, located on 224 Benefit Street in Providence, welcomes its newest exhibit of Andy Warhol's work. Over 150 of Warhol's photographs will be on display, exhibiting one of Warhol's less popular, but ever powerful mediums.

Famous for his Campbell's Soup Can prints, among other works, Warhol played a major role in revolutionizing the art scene in the '60s, branding his work alongside of pop-culture icons such as the Velvet Underground. Irrefutably one of the most iconic artists of the 20th century, Warhol's work tends to grapple with societal issues like sexuality and gender roles. Both of these themes were broadly apparent in his photographs. Additionally, both of these themes are still breeding grounds for conversation today, transcending Warhol's death and keeping him and his work relevant today.

I went to the RISD Museum this past week to see all of the photographs, since only a few were posted to the RISD website. The exhibit was spread across two adjacent rooms, both with bright white walls. The photographs were spread out across the four walls of both of the rooms. In a sense, you were completely surrounded.

The first room was solely a collection of Mr. Warhol's Polaroid photographs. Almost all of the Polaroids were portraits. In some instances there was only one picture taken of a single subject, in other cases there were



multiple pictures (up to seven) taken of the same subject. The hallmark yellowish tint of the Polaroid pictures reeked of the '70s and '80s, the period in which the photos were taken.

The adjacent room contained about 50 additional photographs. These photographs were a lot larger than the Polaroids and only in black and white. The subjects in this room were much more diverse with photographs featuring clam shells, dogs, houses, people, mountains in Colorado, and much much more. The diversity in this room was apparent, but even more apparent was the way in which Warhol's mind worked. The man saw

art in everything. Ordinary objects and routine images were transformed by the lens of Warhol's camera into works of art.

A quote from Warhol stamped directly on the white wall of the exhibit reads, "I told them I didn't believe in art, that I believed in photography," really shows the importance of photography in the artist's career. This significance seemed shocking to me, and will probably shock others given that photography was probably the least publicized and commercial of Warhol's media. Besides his photographs, his prints, films, and sculptures certainly set Warhol aside as an artist who has earned his spot in history and infamy, where his work will

continue to cut across generations.

Also on display at the museum since November 2013 is Andy Warhol's *Screen Tests*, a series of film taken of some of his closest friends. Many of the friends are highly recognizable in the 21st century featuring people like Allen Ginsberg, Nico, Bob Dylan, and Dennis Hopper, just to name a few. Both exhibits are worth a peek, and remember, PC students' admittance to the museum is free upon the presentation of valid student ID.

PHOTO COURTESY OF simonw97.deviantart.com

Weight-Loss Controversy on The Biggest Loser

by Katie Puzycki '17
A&E Staff

TELEVISION

The Biggest Loser's Feb. 4 season finale has been stirring up some controversy over winner Rachel Frederickson's dramatic weight loss. The show, which has been running for 15 seasons, is widely known for its success in helping contestants who struggle with obesity lose weight the right way, under the aide of trainers Jillian Michaels, Bob Harper, and Dolvett Quince (Frederickson's trainer this past season).

Twenty-four-year-old Rachel Frederickson is 5'5" and weighed in at 260 pounds at the start of the season. By her final weigh in, she was a mere 105 pounds—more than half of her original body weight. According to the standard on the Body Mass Index (BMI), Frederickson is currently considered as being slightly underweight. The average weight for women at her height is between 111 to 155 pounds.

Here is where the controversy sparks. When contestants are left to their own devices at home for a week before their final weigh-ins, their willpower and motivation is put to the test. This is the time when competitors are expected to gain weight, as they are not under the same regimen that they have been used to, exercising every day with a personal



PHOTO COURTESY OF oregonlive.com

trainer and restricted to a limited calorie intake and food selection. Before Frederickson went home, she was still 150 pounds, meaning she would have had to lose 45 pounds in one week's time. Seems a bit challenging, right?

Scientifically, weight loss begins to slow down when the body begins to reach a healthier weight. So how did Frederickson lose so much weight in just seven days? She claims that she stuck to her 1600 calories a day diet, but she is being accused of skipping meals, starving herself, and other unhealthy practices in order to have lost so much in so short a time. Reactions of viewers and the trainers alike during the season finale can be best described as shocked. Her transformation made her almost unrecognizable.

While trainers Michaels and Harper claimed to be "not comfortable"

speaking of Frederickson's weight loss, her trainer did agree that the *Biggest Loser* finale has sparked a huge reaction," and also said, "Rachel's health is and always has been my main concern and her journey to good health has not yet ended." Sure, it is easy to blame someone of something they may not be guilty of, but it seems that there is a deeper concern for Frederickson's health, especially based on her trainer's last comment. While the point of the show is to help people, as NBC released in a statement, "achieve healthy weight loss, live healthier lifestyles, and encourage viewers to do the same," what measures can this objective send a person to?

Perhaps the desire to win a quarter of a million dollars would encourage anyone to want to lose weight, but is it the healthiest motivation? It is entirely possible that this drive to win money pushed Frederickson

to lose more weight than was necessary or healthy, and if this is the case then it does not say much about the ethics of the show. There is a big difference between encouraging someone to lose weight for his or her well-being, and to encourage someone to lose weight for a price. Our media-centered culture, however, uses the latter as a source of entertainment, saying that it is OK to allow someone to change their entire body image in order to impress the viewers of the show, so that they may become some sort of role model or new star in the press. In any case, the most important part of Frederickson's transformation is for the trainers and producers both to recognize the potential danger in the objective of the show, and it should serve as a precedent as far as the concerns of future participants' health goes.

The Face of an Angel

by Kealy Robertson '16
A&E Staff

FILM

The Amanda Knox case has been an ongoing mystery broadcast globally. The media still has not dropped the question of whether or not Knox is guilty of murdering British student Meredith Kercher. Knox, then a University of Washington student studying abroad in Perugia, Italy, was convicted, though we do not know if it was rightfully, of the murder of Kercher, her friend and roommate.

The death of Kercher was heard around the world. The Italian courts took Knox, Raffaele Sollecito, and Rudy Guede into custody after Kercher's body was discovered in her bedroom. It was evident at the time of the crime that the murderer had staged a break-in into the girls' flat in order to mislead the police. Kercher's credit cards, cash, cell phones, and house keys were all reported missing. The Italian police interrogated Knox for four days after discovering the body of Kercher. She implicated herself by providing contradictory statements of her whereabouts while Kercher was murdered. These statements caused Knox to become a suspect, and led the police and prosecution to believe that she was hiding valuable information.

The media portrayed Knox as a vain, man-obsessed party animal who was constantly experimenting with drugs. Throughout the trial she was depicted as socially inept and unable to pick up on social cues. Knox openly admits that she was still a child at the time of the murder, saying that her naivety was the driving force for why she contradicted her statements to

the Italian police. Her stepfather even claims that he did not believe Knox was ready to go to Italy, believing she lacked the social skills and maturity to study in a foreign country.

Contrary to Knox, Kercher was a vibrant, social, and outgoing individual. Born and raised in London, she was a British exchange student in Italy. At the time of her murder, she was seeing a young man, Rudy Guede. Today, Guede is serving 16 years in jail for sexually assaulting and murdering Kercher.

British filmmaker Michael Winterbottom is creating the movie, *The Face of an Angel*, which questions the murder of Meredith Kercher and the conviction of Amanda Knox. Though their names are not used, the film is loosely based on the question surrounding the murder of a student in Italy. Throughout the movie preview, there is an air of mystery as the world continues to question the factuality surrounding the case and the innocence of Amanda Knox.

What is so intriguing about the Amanda Knox case is the question concerning why she would kill her friend. Why would she want Kercher dead? Knox actually poses this question herself; she does not understand why the interrogators or the public would think that she was capable of killing her. There was no forensic evidence that Knox was in the room where Kercher was murdered. How could she murder her without leaving a trace? The trial and movie pose a range of questions about an indescribable act of terror that is still unfathomable.

The film is currently in post-production. WestEnd Films is seeking a distributor in Berlin at the European Film Market.



PHOTO COURTESY OF i.huffpost.com



Let's Rant

This Week:

Drug Culture in Hollywood

PHOTO COURTESY OF hollywoodreporter.com

by Alanna Smith '14
A&E Staff

CULTURE

Last Sunday, Academy Award-winning actor Philip Seymour Hoffman died unexpectedly from a drug overdose. The news affected movie fans of all ages, from parents who remembered when he broke into the acting scene with *Scent of a Woman* in 1992, to their children who loved his portrayal of Plutarch Heavensbee in the most recent *Hunger Games* film.

The man was certainly a talented actor, both on the stage and on the screen. *Entertainment Weekly* ran a cover story that expounded upon his talent and his greatest films. These included *Boogie Nights* (1997), *The Master* (2012), and *Capote* (2005), which was the film for which he won the Academy Award for Best Actor.

For as many people as there were who were greatly upset by Hoffman's death, there were just as many who were angered by the circumstances. He is, of course, not the first actor to have died of a drug overdose in the height of a career. There have been dozens over the years: Marilyn Monroe, John Belushi, and Heath Ledger are just a few of the names. Hundreds more have died from not just accidental overdoses, but from long-term abuse of drugs as well.

Social media websites are filled with melancholy messages mourning Hoffman's failed battle with his demons, juxtaposed with callous messages declaring that he had it coming. There was a similar response in 2012 when Whitney Houston passed away. Her fans bemoaned the tragic loss, while the rest of the world wondered why they cared about one more dead drug addict.

It is unnecessarily cruel to be so cold about death, but it is also foolish to turn a blind eye to a person's faults just because he or she has died. This is especially true when the cause of death involves something as controversial as drug abuse. Cruelty demonizes and ostracizes those who struggle with addiction, which may prevent such people from receiving the help they need. However, the opposite side may ignore the dangers of addictive substances, and in some cases, may glorify their use. Somewhere in the middle of these two sentiments

lies a rational middle ground.

Here is a basic fact that most people learn in elementary school: drugs kill people. Some kill their users over time, and others, like heroin, are unpredictable enough that every dose tempts the reaper. This is not propaganda—it is a series of conclusions that have been proved by years of scientific and medical data. By college, however, most students have heard persuasive arguments to the contrary, promising euphoria and popularity and escape. This web of glittering words ends many young lives.

Now, compare the allure of drug culture with that of Hollywood life. Celebrities have easy access to whatever they want, good or bad. Their jobs are actually very easy, especially when compared to the blue-collar jobs worked by many Americans. However, due to the media attention that film jobs receive, the sense of "difficulty" and "importance" of them is often overinflated. Actors are, in the eyes of the media, the roles that they have played. They lose a personal identity.

Actors like Hoffman do not become addicts because they are actors—they become addicts because they suffer from the disease of addiction. Their celebrity status and wealth help them to gain access to the drugs that they desire, and at the same time, hide the fact that they are *people* who are struggling with a serious illness. Some actors use their roles as a crutch, claiming that the difficulty and pressure could only be alleviated by drug use. Others pretend to be fine. In the end, though, the blame cannot be put on difficult film or paparazzi nonsense; it should be attributed to illness and personal choice.

Perhaps a shift in how the world views the members of the entertainment industry might help matters. When celebrities are treated as gods, they forget that they are not, in fact, immortal. Instead of causing pain to their fans, friends, and family when they suddenly die, they could maybe learn to harness their personal pain, and use their positions as role models to show other addicts that they can have hope. Addiction does not have to end with someone dead and alone with a needle in their arm. It, like any kind of personal suffering, can be turned into inspiration for others, so that one day all these tragedies might end.

PC Premieres These Shining Lives

by Haley Grant '17
A&E Staff

THEATER

This past weekend, dozens of students, alumni, friends, and family left the comfort of their homes (and dorm rooms) to make their way over to the Smith Center on lower campus. I was among many of these audience members on Sunday afternoon who watched the production of *These Shining Lives*. This amusing spectacle was written by Melanie Marnich, an American playwright and television writer, who has had her plays produced at New York's Public Theater, London's Royal Court Theatre, Guthrie Theater, Arena Stage, and many more venues.

Directed by guest artist Rachel Walshe, *These Shining Lives* is based on historical events and depicts the struggles of the female workforce in Chicago, Ill. during the 1920s and 1930s. The play specifically zooms in on the lives of four women who work at the Radium Dial Company, painting the faces on watches. Little do they know (and to the surprise of the audience), the paint they are using and exposing themselves to contains radium, a toxic chemical. Although the women feel a new sense of empowerment by being financially stable and earning a significant place in the business world, they eventually realize that the company job is killing them. The women must make a very important decision: should they go up against their employer through the legal system? Catherine Donohue is the backbone in the group of women, and even her friend Charlotte, one



PHOTO COURTESY OF facebook.com

of the other three women, says at one point in the play, "You're my hero." And a hero is exactly what Catherine Donohue is; she bravely takes a stand against their boss, Mr. Reed, and brings the case to court to fight for the protection of female employees in company management.

Aubrey Dion '14, playing the role of Catherine Donohue, does a phenomenal job of portraying an independent woman of the 1920s, struggling to get by as a mother, wife, and respectable member of society's workforce. She has such an optimistic way about her, one of the main qualities of Catherine's character that makes her stand out amongst the other women. While she plays the optimistic part quite well, she also is able to show the audience the exhaustion and stress that the women of this time had to go through every day. Members of the audience are able to feel everything

that Catherine feels throughout the course of events that she faces in her life, which is something special that not many young performers are able to bring out in their characters.

The entertaining part of the four female characters and their friendship is that each one of them has a trait or quality that makes them different from one another. Grace Curley '14, who plays the role of Charlotte, is able to so perfectly show that Charlotte has clearly had a tough life that she struggles with day to day without even using words. The audience can just sense a backstory and that is what is so intriguing about Charlotte; she leaves the audience wondering what her story is and in a way, it makes her character stronger. Frances, the third woman in the group, is played by Marisa Urgo '14, and is the "moral" one of the four, keeping the girls in line as much as she can. And Pearl, played by

Katrina Pavao '16, is the "funny" one in the group (so she thinks) and comes across as quite aloof most of the time, contributing to the play's comedic side. The cast as a whole is rather small and many of the students had to play more than one role, but that actually makes the production even more impressive. The fact that the cast is so small yet so talented was definitely a surprise.

These Shining Lives will give you something to laugh about and give you even more of a reason to respect the pioneering women of the 1920s who fought for the power that women are able to hold today. Do not miss out on this empowering and inspiring play! If you happened to have missed it this past weekend, fear not, you can still attend the show this coming weekend. Shows are still going on until Sunday, February 16. Call 401-865-2218 or visit the website at www.providence.edu/theater to buy your ticket!

EDITOR VS. EDITOR

This Week: Least Favorite Thing about Valentine's Day

Tim Morris

Least Favorite Thing: Candy

His Views: If you're looking for a Valentine, come down to *The Cowl* office and you'll most likely find me at my desk, gnawing on a Three Musketeers bar. I thoroughly enjoy empty calories. There is something about them that tastes so much better than the nutritional stuff. Still, I fail to understand how Valentine's Day came to appropriate candy. Each of us, at one time or another, has heard a story about the macabre origin of this holiday. Somehow, the forces of commerce turned a barbaric sex ritual into a snugglefest. Then they decided to add chocolate, and here we are. No declaration of love is complete without processed sugar. What's the meaning of it all? "I love you. Eat some of this as a sign of my affection."

His Views on Serena: When will the War on Public Displays of Affection begin? Enter the mind of a cynic. Valentine's Day is the perfect day for disconnecting from social media, staying indoors, and putting on *Mission: Impossible*. The cynic does not want to see that heavily filtered picture of you pressing the side of your face against that of your lover. It looks like it hurts; more than that, it looks like you've procreated and had conjoined twins. Are you skipping across campus while holding hands? How dare you! Don't you know that there are so many of us who've yet to find a suitable partner? We will work until we're 65 (or longer), retire, and then die alone. But you're the loser. Have fun swimming in your gene pool.



Serena Ambroselli

Least Favorite Thing: Public Displays of Affection

Her Views: The world is divided into two kinds of people: those who are in a relationship and those who are single. As if the heart-shaped boxes of chocolate inundating all my single ladies (and gentlemen) everywhere aren't enough to push them over the edge, seeing couples being gross and lovey-dovey with each other will absolutely do the trick. This is a PSA: refrain from PDA unless you want death (in the form of hateful glares and scornful comments) to take you and your loved one—this applies to social media collages as well. You are free to enjoy the company of your significant other as long as you leave room for the Holy Spirit; once you find yourselves alone, you may abandon the Holy Spirit and act however you see fit.

Her Views on Tim: Any human being with a soul loves nothing more than receiving free chocolate, and on February 14 the chocolate comes not in disappointing individual pieces but in boxes. *Boxes of chocolate*. It's probably the only decent thing about this holiday that makes it all worthwhile, because whether or not you're in a relationship you can probably count on someone in your life giving you chocolate or candy of some sort (or you can be an independent individual and buy your own). Also, chocolate is an aphrodisiac so that makes perfect sense in and of itself. As an advocate for all things sugary and delicious, I give the whole candy-giving thing on Valentine's Day my blessing.

PHOTO COURTESY OF smosh.com

Life-Size Returns

by Kelly Laske '16
A&E Staff

TELEVISION

It has officially been confirmed: the made-for-TV movie *Life-Size* starring Tyra Banks and Lindsay Lohan is getting a sequel. Originally released in 2000, the prime era for Disney Channel Original Movies, *Life-Size* became an instant hit on ABC and was released to DVD and VHS. Since the day that Banks confirmed a sequel, the Internet has been buzzing about whether Lohan will return for the sequel after a long few years of drug problems, issues with the law, and an overall downward spiral in terms of her film career. *Life-Size* is a movie about Casey Stuart, played by Lohan, a young girl who tries to bring her mother back to life through witchcraft, but ends up mistakenly turning her doll, Eve, into a real life person.

Ever since her mother's death, Casey just is not herself. Because of this, she decides to go to a bookstore where she finds a special book on resurrecting lost family members. She gets together all of her mother's belongings, the most important being a brush that still had strands from her mother's hair. The problem arises when Casey's dad's new girlfriend gives her a doll for her birthday and she did not see that her father's girlfriend used her mother's hairbrush to comb the doll's hair. The next morning, Casey wakes up to a life-sized, peppy, and overeager, live doll named Eve. As Casey tries to reverse Eve's spell,

her father becomes increasingly closer to Eve, which causes Casey to dislike the both of them.

The more time they spend together, Casey slowly begins to like Eve and even avoids buying the book that has the spell to reverse what she did to Eve. While Casey is enjoying Eve's presence, Eve becomes homesick and mourns her old life. Casey turns Eve back into a doll, and Eve's bright influence changed Casey as a person for the better.

In an interview with *Digital Spy*, Banks excitedly revealed as much as she could about the sequel, saying, "I have a meeting today to go over the script! I swear! I don't think it'll be out until probably 2015, but I'm guessing it could be late 2014 or 2015. But it will be back...*Life-Size* will be back...better than ever. I can't tell you anything unfortunately...I'm under contract with Disney and I can't talk about it at all, except that it's coming. But it will be very different, very different. Very modern...a modern take." Banks did not address the question that everyone wants to know: Will Lohan re-jumpstart her career by joining the sequel?

Not only is the movie the buzz around fans and gossip websites on the Internet, but stars like Miley Cyrus are more than excited about the sequel, tweeting, "Shine bright. Shine far. Don't be shy. BE A STAR! Watching [*Life-Size*] in honor of the sequel." With no word yet from Lohan herself, it is still up in the air as to how the sequel is going to play out. The real question is, can *Life-Size* prevail without one of its main leading ladies?

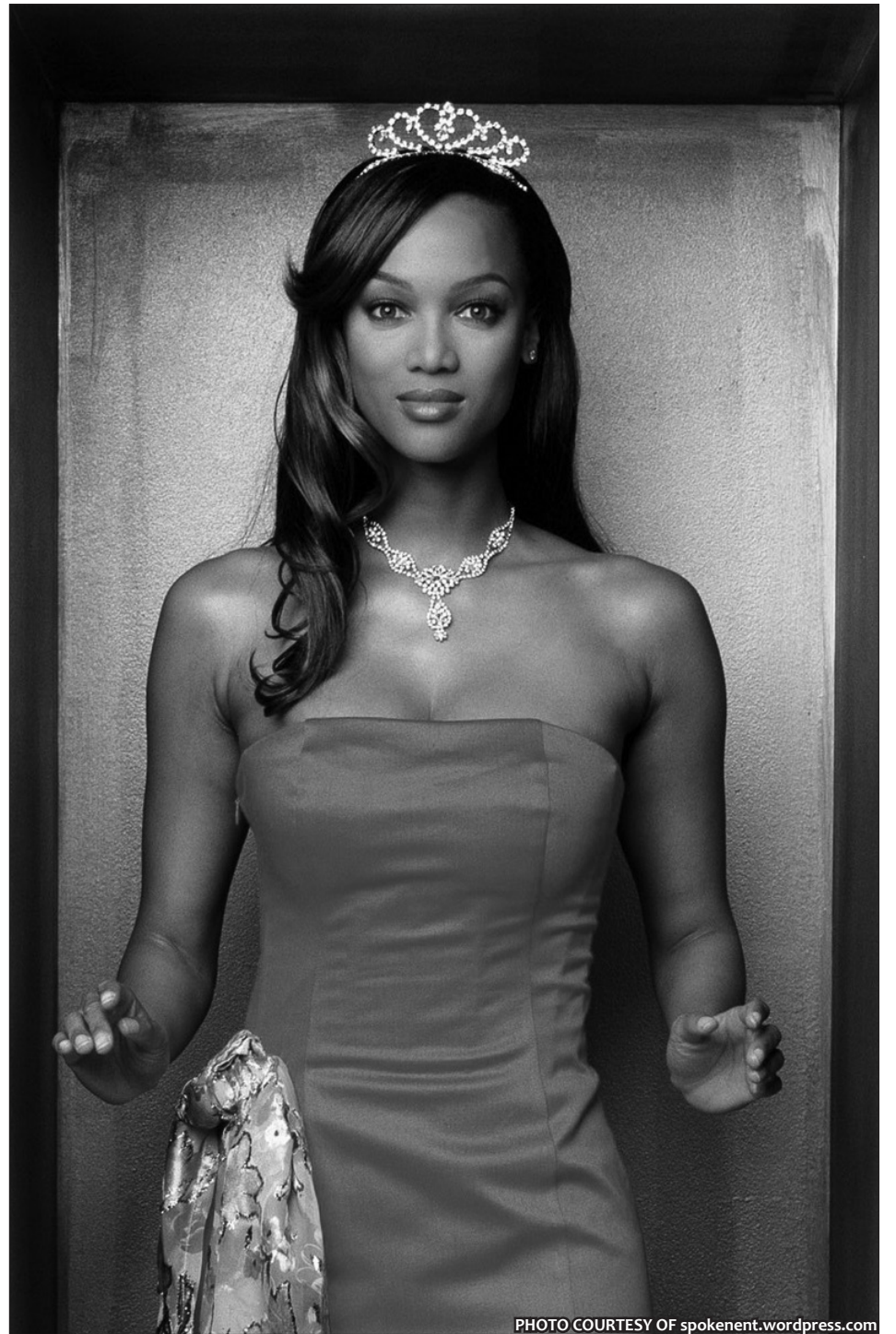


PHOTO COURTESY OF spokenent.wordpress.com

Mansuy Releases Barely Legal

Love:

Continued from front page

keyboard.

From a very young age, Mansuy was supported by his family to pursue his dream. His mother urged him to "do what you feel," yet Mansuy mentions that his career would not have taken off had he not come to Providence College. Becoming an admirer of more alternative and indie sound, such as Coldplay, Bon Iver, James Blake, and Adele, Mansuy has an appreciation for artists who tell a story through their songs, stating, "I just like storytelling. I'm really inspired by it." A storyteller himself, Mansuy has written over 1,000 songs, including songs for his latest project, *Barely Legal*.

Mansuy began working on *Barely Legal* to reflect upon the stage in a 20-something's life where they begin to second guess their chosen path. For Mansuy, this conflict was about staying in school to get a degree or to pursue his music career full-time. Deciding to stay in school, he wanted to show his little brother the importance of getting an education. Mansuy affirms, "You have to do something you do not want to do in order to get that something you really want to do."

Barely Legal is Mansuy's first studio EP, featuring the new single, "Meant It," and the increasingly popular "White Heaven." Each track featured on the EP possesses a different quality, yet there are still elements of soul and

electronic that envelope each song.

A fan favorite of *Barely Legal* is the song "San Lucas," inspired by a neighbor of Mansuy, which tells the tale of a girl who shows different faces of herself through social media in hopes of being accepted by others. But "San Lucas" is not meant to spread a negative message. "We all want to be accepted. It's hard when we do not know where to turn to, so we turn to the Internet. We feel connected through the Internet," Mansuy clarifies. He thinks the Internet is where we can find out the most about ourselves.

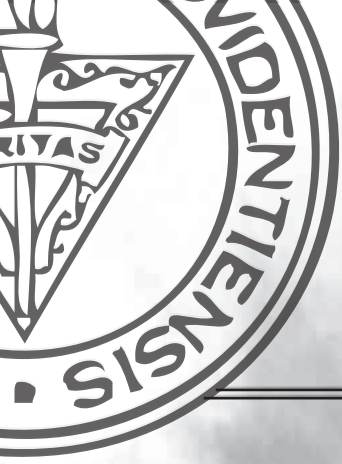
Similarly, Mansuy has found much love through the Internet. If it were not for social media, he claims his music would not be so popular. His music has been featured on websites, such as *vibe.com* and *goodmusicdaily.com*, all praising Mansuy for his experimental sound.

Mansuy is currently working on a contract with DJ Goldroom, an esteemed DJ who will be performing in Miami at Ultrafest with David Guetta and Avicii. This new business venture will be called Queen, after his grandmother. Mansuy opted for a different feel with Queen, wanting to release an album that was about experiences differing from his own.

Support one of your fellow Friars by checking out Mansuy's music through his website, *lovemansuy.com*. Follow Mansuy on Twitter (@lovemansuy) and like his Facebook and Instagram pages for more information on upcoming releases and news.



PHOTO COURTESY OF facebook.com



PORTFOLIO

Page 17

February 13, 2014

DEAR VALENTINE

by Austin Harney '17
Portfolio Staff

POETRY

*I doubt you know this,
an unrelenting feeling I have,
that knots, and plots
my falling from a summit of
loneliness, into a
vastness of being.*

*I enjoy, so much, being with you.
You are an unfathomable beauty
I only wish to view and gaze.
Your beauty, a maze I have yet to conquer,
to find a way out,
of an unforgettable dream.*

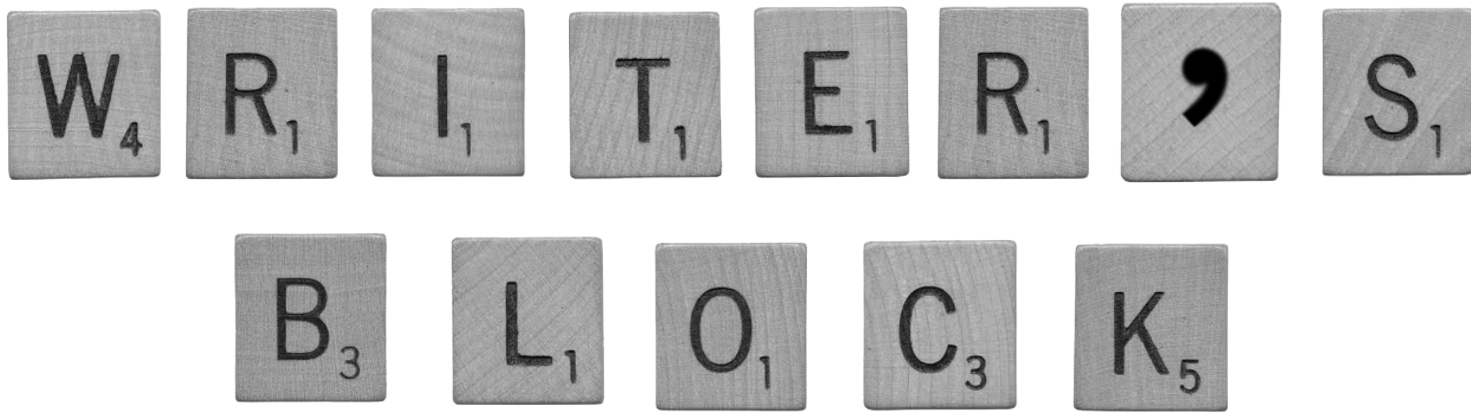
*I look every night for you,
in my dreams.
I awake, disheartened.
Knowing only that I may have
found a way out.
I am lying.
I would never want to leave.
A Perseus, who
has no thought of time
and no fear of the Minotaur and
no string,
to remember.*

*Yet, I still feel
you are unattainable.
I, still in this Labyrinth,
(you should join me)
We could get lost together.*

*O! How lovely you are.
You drive me mad in this maze,
my Stockholm syndrome is the air
I breathe and the darkness that maddens my quest,*

*Am I ever bound to find a way out?
Could it be possible that I enjoy this abyss?*





by Kiernan Dunlop '14
Portfolio Staff

FICTION

It took her breath away and she needed a minute to recover.

Angela had decided to skip classes and driving out of the parking lot was enough to startle her. It doesn't take long after meeting Angela to realize that skipping classes, or even thinking about skipping them, is not something that even crosses her mind as a possibility.

Something changed though when Angela reached the second semester of her senior year. Nothing made sense to her anymore; all of her classes seemed pointless. The things she had been working for her entire life seemed like nothing more than a waste of time and money. It was this attitude that led her to her car that day and then all the way to Vermont.

If Angela was going to skip class, she was going to do it well. Fresh snow had fallen the night before, and she hadn't gone skiing since she was in high school. There was never enough time, she was either studying, going to class, or working to pay off her student loans. Angela chose this day for a reason: it was Valentine's Day, and she didn't want to be pitied

by her roommates for not having any plans. She wanted to go and get away from all of her problems.

Everything went perfectly when Angela got there. She got a parking space close to the lodge, there was no line to rent skis, and lift tickets were half-off because of the holiday. As she made her way to the ski lift the cool air hit her face, making her feel crazy for having never skipped before.

There was a rule that each chair had to have two passengers, and when Angela went to sit down, she had to wait for someone to sit with her. A boy who looked around her age with brown hair that fell into his face and neon green goggles came to sit next to her.

"Riding solo today?" the boy said with a smile.

"Clearly," Angela said curtly, annoyed to have her day of solitude interrupted.

"Well I am too, sort of. My friends (those guys and girls behind us that are pointing and making noise in our directions) and I thought we were going to get a snow day today, so we drove up here last night thinking we would spend Valentine's Day skiing, but unfortunately for me I'm the only one of us not in a couple, and classes weren't even cancelled. So, luckily, you saved me from the

embarrassment of having to wait for another sad single with an extra seat."

"Are you calling me a sad single?"

"No, I would never do that," the boy said, crossing his heart with his finger. "It is completely normal for a 20-something girl to go to Vermont alone on Valentine's Day if she has a boyfriend."

"Well aren't I lucky to have an expert on what's normal here sitting next to me? It's too bad that when we get off the ski lift in a few minutes I'll be deprived the benefit of your expertise," she said with a thinly disguised layer of sarcasm.

Just as the boy prepared to respond, a loud cracking sound rebounded off the surrounding mountains and the chair lift came to a dramatic stop.

"Looks like you are stuck with the privilege of sitting next to me for a while," the boy laughed. "My name is Brady, by the way."

"How nice for you," Angela said, moving as far away from him as was possible in a three-foot-long chair lift.

"Oh so you're going to be like that, fine. Drowning or fire."

"What are you talking about? Did you just have an episode of some kind?"

"You've never played 'Would you rather?' before? Would you rather die by drowning or in a fire?"

"Neither, thank you very much."

"No, no, that's not the point of the

game, you have no choice; you have to pick one."

"Right now I'm just focusing on not actually freezing to death in our actual life-threatening situation."

Brady couldn't stop himself from laughing, "Actual life-threatening situation? We'll be stuck up here for 20 minute tops and then you can go on pretending I don't exist."

"Fine. I would rather die in a fire, the smoke would kill me long before I would burn and I can't swim so drowning is too much of a possibility."

The game went on for a half hour and involved choosing between eating your own toenail or your own hair (Brady's question) and between being a doctor or a lawyer (Angela's question). Through it all they actually learned a lot about each other, like that Brady wanted to be a child psychologist and that Angela didn't want to be the doctor her whole family expected her to be. Then their chair started to shake and move forward and brought an end to their game. Angela was actually disappointed. As they jumped down from the ski lift Angela was ready to shout her goodbyes, but Brady beat her to it, "Race you to the bottom!"

Two writers, one line:

"It took her breath away."

by Melanie Souchet '14
Portfolio Staff

FICTION

It took her breath away. Alice was an early riser, granted, but not this much of an early riser. She'd never seen anything quite like this.

And, hilariously, the entire thing had been the fault of her sleeps-in-late boyfriend.

The first text had come at about five in the morning. He'd warned her that he'd be coming over early. She hadn't expected him to come over that early, though. I'm outside. Sorry if I woke you.

He had, but she could live with it. "Daniel, what are you playing at?" she asked as she approached the car.

"Trust me." He looked reasonably awake, in that I've had 50 cups of coffee way. "Sorry it's early. You can rest in the car."

Resting in the car sounded like a great idea, but she wanted to stay awake. Just as a gesture of solidarity. "Where are we going?" she asked as

they started driving away.

"It's a surprise." Daniel smiled faintly. "That's the whole point of not telling you in the first place."

"Do I get a hint? Can we play 20 questions or something?"

Daniel laughed. "Go to sleep, Alice."

"But Daaan..."

"You're sleep drunk. Rest. The drive will go by faster if you sleep."

He had a point, and she was still kind of tired. Against her better judgment, Alice found herself dozing off in the passenger's seat. It felt like she didn't sleep at all, yet she must have. One second they were driving down a city-suburb road, the next they were out in the middle of nowhere. No, not quite the middle of nowhere. She recognized this field. They'd been there before, back around her birthday. It had been Daniel's last grand romantic gesture. They had watched a meteor shower together. The air and light pollution out here wasn't as bad out there. When she looked out the window, she could actually see the stars. "There's not supposed to be another

meteor shower today," she said, still a bit groggy from her impromptu nap.

"I know." Daniel pulled over. "This is something else. Come on."

Like last time, they sat in the bed of his truck; unlike last time, they had to bundle up a bit, wrapping themselves up in blankets like little kids at a sleepover. He'd thrown some pillows in the back as well, and a picnic basket with coffee and doughnuts. "Nothing quite like early-early morning breakfast," Daniel yawned as he passed her the coffee.

"How long have you been up?"

"Longer than usual. I'll live, don't worry about me." He barely swallowed another yawn. "We might have to change that Valentine's lunch to a Valentine's dinner. You know, just so I can take a nap."

"I can live with that." Alice smiled at him fondly. "So, what are we waiting for?"

"Just watch." Daniel leaned back into one of the pillows and closed his eyes. "Trust me, it'll be worth it."

Alice snuggled against him and waited.

Time slipped on. The stars began to

fade away as the skies grew lighter. As Alice watched, the dark of the night was replaced by vibrant splashes of yellow and orange. The clouds drifting by added splashes of pink. The gradient of the sky from warm day to cold night was unlike anything she'd ever seen. All those early mornings, she realized, and she'd never seen a sunrise. "Daniel, it's..."

Daniel had fallen asleep. Alice bit her cheek to keep from laughing. "Happy Valentine's Day," she whispered as she kissed his cheek.

She could wake him up later. Even if he wasn't awake, he was there. That was all she needed.

Listomania

Worst Places to Take a Date on Valentine's Day

PC Mart

Clubbies (Ava's Wrath)

Golden Crust

Big Tony's Walk-In Wednesday

Your Mother's Diner

The Spa for a Couple's Waxing Package

Creepy Doll Museum

A Night at the Hotel from *The Shining*

Double Date with Your Parents

Tickets to What You THOUGHT Was Her Favorite Band

A Tattoo Parlor for Matching Tattoos

The DMV

THE PLAYGROUND

by Emily Goodnow '14
Portfolio Staff

POETRY

Dangling
From the monkey bars,
I risked my balance
And tested my courage.
You latched on.
Gaining momentum was easy,
Like going down a slide.
Our banter held the rhytm
Of a child on a swing,
Relentless,
Exuberant,
Transcendent.
You swung the jump rope,
Followed my pace,
I skipped, did not trip,
Never scraped my knee.
I hear the whistle blowing.
The teacher summons us.
I hear the whistle blowing.
I won't go indoors.
Recess never ends
When the playground is ours.

Photo courtesy of A. P

Tiffany & Earl

*Making PC an emotionally stable place one
letter at a time*

This week...

Dear Tiffany and Earl,

My roommate has recently gotten involved with this hot new marketing campaign that promises a ton of money working flexible hours. He keeps asking if I want to go to a "recruitment talk" with him to get involved as well. I've heard about things called "pyramid schemes" before, but I think this could be legitimate; he just bought a new PS4 in cash! What should I do?

Sincerely,
Broke but Optimistic

Dear Broken Brain,

Why did your mother even let you go to college? Clearly you weren't potty trained, and she obviously didn't teach you to put your big boy pants on before you left the house to go into the real world. Every time I get a letter from one of you people, I question the sanctity of the collegiate institution on a national level; the fact that they let dumb dumbs like you saunter in here thinking that you can get things spoon-fed to you just like that astounds me.

Hate to break it to you, sweetie, but in the real world, you can't buy a PS4 in cash just like that. These pyramid schemes are no good, and these recruitment talks are a waste of your time. But you, my dear Broken Brain, don't deserve to just hear that and take my word for it. You should actually put the big boy pants on, for once in your life, grow a pair, be a real college student, take a business class, because our College's business program is accredited, which is a HUGE deal, and learn how the game really works.

Become a real businessman, earn the PS4 the right way, and gain some momentum in the world. Maybe you'll look hot in a business suit, get an internship through Career Services (don't wait, Slavin 108), and rock the big boy pants. Who knows...maybe Tiff will give you a ring if you make enough dough. You're welcome for the wake-up call.

XOXO

Dear Business Stinker,

When reading your letter I can't help but scoff at your innocence. You are nothing more than a mere toddler, still pooping your pants. You are a college squid staring into a business world dominated by the beautiful and rich and sexy PC alumni, like Mr. Ruane.

Your pyramid scheme is barely a skid mark on the underpants of society. In a world of pyramid schemes and "get rich quick" schemes, this one is sure to be another boring run of the mill one that lands you no where fast.

So here is my advice to you, business squid. Look bigger than that. Especially on a weekend where all the rich and famous alumni are here. Start sucking up to the power teat. And drink down their wisdom into a fruitful business expenditure.

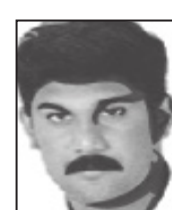
Who knows, maybe one day you will be buying a new building in Earl's name. But, most likely, you will become a mere pawn in Ruane's extravagant business mind, and you will spend the rest of your days dawdling in mediocrity and obscurity.

Disclaimer

The Tiffany & Earl feature is a satirized account of Providence College. Both the question and answers are purely works of fiction. Tiffany & Earl are anti-heroes whose comments ultimately satirize the stereotypes they each represent.



Tiffany



EARL

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Setting the Bar High

by James Kirby '15
Sports Staff

TRACK AND FIELD

The Friars Track Team really loved participating in the Boston University Valentine's Day Invitational. In the last chance before the Big East Championships, a combined 16 members of the Friars team recorded personal records, four on the Women's side and 12 on the Men's. In addition, the men's side had eight runners qualify for IC4A, or the Intercollegiate Association of Amateur Athletes of America, and the women had five qualifying times for the Eastern College Athletic Conference. Both the IC4A and the ECAC are essentially regional conference meets that are right below qualifying for nationals.

"Happy on both fronts...A huge jump on performances for a lot of people last weekend," said Head Coach Ray Treacy. What made the feat even more surprising was that the team, as Coach Treacy mentioned, started training the week that school began, while most other schools start training early January. That gap makes the great performances even more noteworthy.

The girls' side saw a few unexpected results for so early in the season. Jackie McCarthy '14 hit her PR in the 800 meter where she placed 14 out of 158 runners while qualifying for the ECAC. Molly Keating '16 and Erin Murphy '14 also had ECAC qualifying times. However, what was not unexpected was the

dominance that Emily Sisson '14 and Laura Nagel '14 showed, placing first and second respectively in the 3000 meter. Their performances on the track are motivating others. As Coach Treacy says, "Emily and Laura have been great leaders for the team. From cross country on, they have carried it into track and what those two ladies are doing inspires the rest of the team, both men and women."

It was a similar story for the men's side. Julian Saad GS, who is usually a 5k runner, had a great performance in the mile with a 4:01:04 mark. Julian Oakley '16 beat Saad in the mile by less than a second. Kevin Cooper GS and Harvey Dixon '16 also ran the mile, and all four runners saw PRs with IC4A qualifying times. All four having great times so early are positive signs for the program with regards to potentially qualifying for nationals. Benjamin Connor '15, Liam Hillery '15, Jake Feinstein '17, and Luke Perron '15 all ran personal bests in the 3000 meter, with Connor finishing in 12th.

Qualifying for NCAAs is hard, as Coach Treacy put it. Only the top 16 in each event make it there. With so many Friars already qualifying for the IC4A/ECAC, it will allow those athletes another meet at the end of the season in which to qualify. The team was impressive in the meet, and for such a relatively young squad, especially for the men, it was a great sign for the rest of the season. Both men and women will be in action on Feb. 21 for the Big East Championship in New York.

Editor's Corner: Shouldn't Matter What You Are, Just Who You Are

by Sean Bailey '14
Sports Editor

NFL

In sports, progress can be easily marked. Scores and stats can all tell the tale of progress for a team or an individual.

However, societal progress is not as quantified. It is harder to pinpoint a moment and declare it progress.

This past weekend, though, the world of sports provided America, and the world, with significant social progress.

Michael Sam, the SEC defensive player of the year and a consensus first-round NFL draft pick, has openly admitted that he is gay. This will make him the first openly gay athlete in the NFL.

Obviously this is a momentous occasion for the gay community. Sam is breaking into a sport that is widely considered "America's game." It is a sport dominated by physical play, especially as a lineman, which is the position that Sam plays.

However, *Sports Illustrated* asked several NFL executives to provide their thoughts on Sam's decision to make this announcement, and their answers are sickening.

One coach said, "There are guys in locker rooms that maturity-wise cannot handle it or deal with the thought of that." He continued, "There's nothing more sensitive than the heartbeat of

the locker room. If you knowingly bring someone in there with that sexual orientation, how are the other guys going to deal with it? It's going to be a big distraction. That's the reality. It shouldn't be, but it will be."

Now, I don't know about you but I find this extremely disheartening.

Why should sexual orientation matter when it comes to football skill? It is obvious that people need to become more open-minded. The same issues arose when Jason Collins announced he was gay last year. He still has yet to sign with an NBA team.

A player's sexual orientation should not matter, especially in sports, where progress is so quantified. All that should matter is whether or not that player helps your team win. It should not matter if you are black, brown, white, or purple. It should not matter if you are gay, straight, or bisexual. All that should matter is performance on the field, at least in the world of sports.

All of this makes it so groundbreaking that Sam announced this. All of this makes it so courageous that he did. All of this makes me so proud of him. He is an inspiration to me, and I know to millions of others.

I just cannot wait for a world where there are no announcements of sexuality, where being gay or straight or bisexual doesn't matter. And when that world arrives, we should all do well to remember the bravery of Mr. Michael Sam.

The Cowl Wishes PC Alum Genevieve Lacasse '12 Good Luck Representing Canada in the Olympic Games



Geneviève Lacasse

Kingston, Ont.

Photo courtesy of hockeycanad.ca

Club Hockey Finishes Second

by Pat Shea '14
Sports Staff

CLUB HOCKEY

This past Sunday at 7 p.m., the Club Friars closed their last home game of the season with a 7-3 victory over the University of Vermont Catamounts at Schneider Arena. The first period

ended with the Friars scoring the only point against UVM, but the second period ended at 6-1. The Friars began peppering the UVM goalie with shot after shot. Goals were scored by graduate student Will Adua, Kevin Entwistle '15, Devin Joyce '15, Andrew Sypek '14, Tanner Tuohy '17, and Danny Griffin '15 with two goals on the day. Goalie Tom Lyman '17 also

had a phenomenal game, playing for the full 60 minutes and only allowing three goals to get by. Lyman closes the regular season with a .896 save percentage.

This Monday, the Friars traveled to the University of Massachusetts Amherst to play the Minutemen for their regular season title in the Northeast Collegiate Hockey

Association's Patriot West League. The close-fought game resulted in a loss for the Friars. The teams were evenly matched, but penalties resulted in three power play goals by the Minutemen and only two Friar goals from Devin Joyce '15 and Kevin Entwistle '15. The Friars finished their regular season with the second best record in the Patriot West league.

What to Watch for in Sochi

Jamaican Bobsled

I cannot wait for this Winter Olympics' bobsledding competition. This is the type of sport that no one follows during the year, but is by far the most entertaining. I always wonder who invented this sport, saying to his friends, "Hey guys, see this long, icy halfpipe track? I've hooked some sharp blades to the bottom of a wooden soap box car, and now I'm going to see how fast I can go! jump in!" This year's competition is even more interesting. American athlete Steven Holcomb will be defending his four-man gold medal from the 2010 Vancouver Olympics, but I am eagerly waiting for when the Jamaicans will take the track in the two-man bobsled event this Sunday at 11:15 a.m. This is the first time since the 1988 Winter Olympics in Calgary that a Jamaican team has entered this event, immortalized in the 1993 movie *Cool Runnings*. The Jamaican team garnered an invitation to this Olympics by accumulating enough points in North American races. This is the only event that Jamaica is represented in, and there has been tremendous support for these men. Jamaican bobsledder Devon Harris went to Crowdfunder.com and created a campaign that raised \$129,687.17 from Jamaican and international donors to fund the trip to Sochi. Not everything has gone their way though; these men missed a practice day when their equipment was lost by the Russian airlines. By the second practice day they received all their equipment and took part in the second training day. Although I will cheer on the USA, I will not be able to resist singing the Jamaican bobsled song; "Nuff people say they know they can't believe, Jamaica we have a bobsled team."

-Pat Shea '14

Women's Ice Hockey

Olympic women's hockey has always been the U.S. and Canada and then everyone else. 12-1 games were not uncommon in the early rounds, but this year's tournament should be the most competitive we have seen. The European teams have been inching closer over the years, but have recently shown the signs of a real jump.

A goalie who can stand on her head used to be Europe's only hope for an upset, but now the offense is catching up. The IOC and the IIHF have been working on European development programs since the Vancouver Olympics. More players are coming over to play NCAA hockey. Since winning the bid for the games, Russia has simply been throwing money at the problem, but that might be just what they need. Russia has even started a small pro-league that gives European players year-long training and better conditioning.

And what about storylines? Whatever you want, it is here. Looking for a PC connection? Former Providence goalie Genevieve Lacasse '12 plays for Team Canada.

Amazing goaltending? Canada has a deep rotation, all of whom are number one goalies in their own right. Flo Schelling of Switzerland and Noora Raty of Finland have the ability to steal a game.

Thrilling upsets? See the aforementioned closing gap and great goalies. Off-ice intrigue? Every team has their questionable roster cuts, but Canada has also seen a controversial decision to strip Canadian flag-bearer Hayley Wickenheiser of her longtime captaincy, and a head coach's resignation less than two months before the Olympics.

High skill plays and break-away goals? The U.S. has a lot of speed on the wing and a couple of very good puck handlers. Is fighting more your thing? USA-Canada is always chippy and saw a line-brawl during qualifying.

-Veronica Lippert '15



Photo courtesy of corporate.comcast

Luge

Football is officially over. Hats off to Florida State and Seattle; now sport fans nationwide have to turn their attention elsewhere. Look no further than Sochi, am I right? Don't be deceived by the hype the Summer Olympics receive – the Winter games are equally interesting and worth watching. Let's focus particularly on the luge. But first, let me be clear: this is not the luge you are all used to.

First used in the 1870s, a luge is a small, one- or two-person sled on which one rides supine and feet-first. It was introduced as an Olympic game in 1964, and has since been dominated by Germany. For those of us who do not understand the nature of the event, it is a race to see who can get down a mountain fastest on a sled. Typical lugers reach up to 85 mph. It is worth watching because it is the fastest and most dangerous of the Winter Olympic Games. As a matter of fact, it is the most dangerous of them all. It is death-defying. In one word, it is insane.

Felix Loch of Germany has won the first two events in Men's Singles, and Natalie Geisenberger, also of Germany, has won the first event in Women's Singles. Doubles and Team Relay begin Feb. 12 and 13 respectively. Tune in.

-Billy O' Brien '17

Men's Ice Hockey

The Winter Olympics for most across the United States does not captivate the same interest as that of the Summer Games. However, there is one sport that will steal the spotlight of these Olympic Games and send Americans back in front of their televisions – international hockey. Now for most Americans, hockey is not a sport traditionally followed, as the popularity of football and basketball grabs the media headlines. Yet when it comes to the Olympics, everyone can be a bandwagon hockey fan. And if anyone is looking for more of an excuse to jump on the USA hockey bandwagon, a rematch of the 1980 "Miracle on Ice" will be seen early on in the competition as both nations look for a spot in the semi-finals. Will Russia's home ice be the difference, or will the Americans look to once again spoil the dreams of the host nation? Tune in for what is sure to be the game of the tournament.

-AJ Stueck '14



SPORTS

Mauermann Nominated for Player of the Year

by DJ Anderson '16
Assistant Sports Editor

BIG EAST

With the original Big East Conference disassembling, Providence College lost the right to call itself a member of the best collegiate basketball conference. However, if you look toward the edge of the Providence College campus, you will see Schneider Arena, a host of top-notch collegiate hockey games every year from October to March. Unlike the Big East, the Hockey East is a conference that has stayed intact since its formation in 1984, and throughout those years it has arguably been the strongest conference in collegiate hockey.

The annual Walter Brown Award is a huge indicator of the strength of the Hockey East. The award is presented to the best Division I American-born college hockey player in New England, as voted on by the Gridiron Club of Greater Boston. The award is very well respected around the country. As USCHO.com describes it, the "award is the oldest nationally-recognized college hockey honor...established in 1953." This year, the Hockey East boasts eight of the 16 finalists, and one of them is a member of the Providence College Men's Hockey Team.

Friar forward Ross Mauermann '15 has been announced as a finalist for the New England-based award, but his mid-western roots limited his understanding of the significance of this achievement. Mauermann is a native of Janesville, Wis., and as he described it, "Not being from this area I didn't know much about it, but being named with the rest of those guys it's...a pretty cool honor." The praise and recognition that Mauermann has received this season seem to be a bit overdue from the perspective of his Head Coach Nate Leaman. He described his junior forward by saying, "He brings the work ethic, he brings it in the classroom, and he has the skill and the speed that you want all the time. I think that any coach would tell you the same thing, you're lucky when you get a chance to coach a player like

him."

Leaman has been with Mauermann for the entirety of both of their times in Friartown. The coach took over in 2011 and has watched Mauermann thrive under the schemes that he has employed for his team. This is something that Mauermann spoke of when discussing his success as a Friar, "It's been...my teammates and coaches putting me in the right spot and my teammates [have] found me in some areas." Mauermann was the points leader for the Friars in both of his first two seasons, and has continued this trend so far in the 2013-14 season. As Mauermann's play has progressed, so has the team's overall record.

In the 2011-12 season, the team went 14-20-4 while Mauermann notched 25 overall points on 10 goals and 15 assists. This was good enough for a nod to the Hockey East All-Rookie Team. He attributed this early success to "being surrounded by such great players" while also adding, "I just try to make the most out of opportunities every time I'm out there and to make something happen." In his sophomore season, Mauermann was able to duplicate the success from his first year. He scored 24 points on 12 goals and 12 assists, and his team went 17-14-7 in their second year under Coach Leaman. During this time, one thing that was becoming clear in Mauermann's game was his toughness and durability. He played in all 76 games between his freshman and sophomore seasons, never missing time for injury or rest.

This commitment is all a part of the "hard-working" attitude that Mauermann has displayed since he stepped on the Schneider Arena ice. The forward stands at a mere 5'9," which can be a problem with the height of many defensemen around D-I Men's Hockey. Mauermann acknowledged his struggle by saying, "I think that kind of goes back to when I started playing hockey. I'm not the biggest kid out there but when I work hard I kind of make up for that." This type of play can ignite an entire offense, as battles for loose pucks around the net can generate offensive chances for

other players. It has certainly gone a long way for the entire Friar program, which has been on a steady rise since the 2011-12 season.

Prior to Mauermann and Leaman's entrance, the Friar program was coming off a nine win season. Leaman spoke of the turnaround of the program in his first few years: "As a coach you're only as good as your players and your goaltending. We play in the best league in the country and you have to get top end talent to compete in the league."

The talent has been flooding in during the duration of Coach Leaman's time here and this is something that he credits to players like Mauermann. He described his junior forward as "one of the guys that is a face of the program and...the more people get to meet him, across campus and in the community, our fans...they know what a quality kid he is. When you have a quality kid representing your program like Ross is, it draws [in] other quality kids."

Prior to this season, Leaman recognized Mauermann for his role as "a face of the program." He made his forward an assistant captain, which also distinguished him as the only non-senior to wear either a "C" or an "A" on the top corner of his jersey. Mauermann described this honor: "We have a lot of leaders on our team that don't necessarily wear the letter, but I'm honored to wear the letter for my teammates." Mauermann's play has certainly been representative of his leadership role. Through 28 games, he has already raised his career high of 25 points by eight. He's scored 33 points in that time, and has done so in the same manner as always, balancing his goals and assists.

At this point in the year, he has tallied 18 goals and 15 assists, while once again appearing in every one of the team's games. In this time both Mauermann's and the team's overall play has been noticed by people all around the country. As of Feb. 10 the team is ranked no. 9 in the USCHO D-I Men's College Hockey Top 25, and at points in the season they have been as high as no. 3. Notable ESPN anchor John Buccigross is a huge follower of

college hockey, and Mauermann's play led him to give the Friar Forward the nickname "Saucy Rossy" over Twitter. Mauermann described his reaction to this nickname by saying, "At first I wasn't quite sure, it was kind of funny and we just laughed about it, it's... become more and more out there, and it's neat to see the support for our team."

Regardless of the recognition that Mauermann has received throughout this year, he makes it clear that his focus will always be on the team. He said that his focus will remain on "winning a Hockey East Championship and moving on from there," adding that winning the Walter Brown Award "would be an honor, but right now I'm just focused on the team." As the final seven regular season games transition into the Hockey East Tournament, Friar Faithful will be watching anxiously to see how many of these goals can be reached.

Past Friar Winners

Ron Wilson '75 (1975)- Wilson was a standout defenseman in his career in Friartown. His play drew enough attention to secure a NHL contract with the Toronto Maple Leafs, where he played for three seasons. He is known most notably as a coach, where he coached five different teams from 1990 to 2012.

Rob Gaudreau '92 (1992)- Gaudreau played a full four year career with the Friars, culminating his time in Friartown with the Walter Brown Award. He was drafted into the NHL and began his career with the Sharks in 1992. Throughout his career he scored 51 goals and 54 assists over the span of 231 regular season games.

Mike Omicioli '99 (1999)- Omicioli was a co-winner of the award in the '99 season, sharing it with Mike Mottau '99 of Boston College. He was a center that scored 50 total points in his senior year, tallying 19 goals and 31 assists. Despite an outstanding college career, he was never able to make the next step to the NHL.



ALLIE HURLEY '15 / THE COWL

WHERE IS THE Love?

VALENTINE'S INSERT 2014

INSIDE:

Love life a mess this year? Check out six horror movies sure to make you feel better about yourself.

PLUS:

Check out some of PC's best couples on campus (and some choice singles too!).

FEB. 13, 2014
The Cowl

Best Film Couples

(Outside of Rom-Coms and Romances)

by Alanna Smith '14
A&E Staff

V-DAY

The silver screen has been home to thousands of couples over the last century. While many did not last the test of time and memory, there are others that continue to inspire romantic hopefuls around the world. Rick and Ilsa, Jack and Rose, Belle and the Beast...these are just a few who are consistently voted favorites by cinema fans.

People always seem to forget, however, the romances that occur in other genres of film: what about the actually star-crossed lovers in space sagas, or the heroes who climb mountains and ford rivers to find their loves? For this Valentine's Day, here is a list of some of the best romantic couples found outside of romantic films.

First we have Jamal and Latika from *Slumdog Millionaire*, the 2008 film about a young man from the slums of Mumbai who competes in the Indian version of *Who Wants to Be a Millionaire?* The film alternates between the present day, where Jamal is accused of cheating at the game, and the past, where the audience learns how the events of his life help him to answer the questions.

The film was a critical and financial success, and it won eight Academy Awards, including Best Picture. One aspect of the film that many people loved was the relationship between Jamal and Latika. They meet as orphaned children, and although the misfortunes of life continue to pull them apart, they always find each other. Near the end

of the film, Jamal's brother Salim sacrifices himself so that the pair can be together. Their romance is both tragic and beautiful, as they have to suffer some of the worst things in life before they can finally be together.

Next, traveling across the world from India, we have Captain Steven Hiller and Jasmine from the 1996 sci-fi film *Independence Day*. The film was a financial success and is considered one of the best disaster films ever, despite some of its cheesy moments. A movie about an alien invasion that blows up the White House, Empire State Building, and many of the largest cities around the world may seem like a strange place to find romance, but it is there.

Captain Hiller, played by Will Smith, is a Marine Corps pilot, and Jasmine is his girlfriend, an exotic dancer with a young son. They are just two characters out of a great ensemble cast, but they have some of the best lines and scenes in the entire film. Separately, they are both heroes, and together they inspire the other people around them. One of the sweetest moments is when they get married in a military base chapel just before Hiller leads a counterattack on the alien mothership, helping another couple to reconnect in the process.

Speaking of science fiction, it is impossible to ignore a couple that has been embedded in popular culture for decades. In a galaxy far, far away—or at least in the *Star Wars* films—the romance between Princess Leia Organa and Han Solo has been long adored. The plot of the original *Star Wars* trilogy would take too long to explain, but for those readers who are not familiar with the films,

suffice it to say that they deal with a battle of epic proportions between good and evil.

One of the best parts about the romance between these two characters was the humor that infused it. The quippy one-liners, all the confusion with Luke—who, spoiler, is totally her brother...it all helped to keep the relationship from turning melodramatic, which is certainly a danger in such an epic film. The fact that Han and Leia initially despised each other made their inevitable romance all the better. Plus, the films have one of the best responses to the words "I love you" ever.

Last, but not least, we'll take a quick look at the world of animated films—or more specifically, the 2009 Pixar film *Up*. The overall plot is quite imaginative: a grumpy old man sets his house afloat with hundreds of balloons, which sends him on an adventure, along with a young accidental stowaway. It is considered to be one of the best Pixar films, behind the *Toy Story* series and *Finding Nemo*.

Like any good Pixar movie, *Up* has deep emotional grounding. Yes, the relationship between Carl, the grumpy old man, and Russell, the adorable Wilderness Explorer, is heartwarming, but that is set in motion by a relationship with far less screen time. This is the one between Carl and his deceased wife Ellie, who have one of the most touching romances set to the screen. In a sequence less than five minutes long, *Up* tells a love story that blows almost all romantic comedies out of the water.



Photos courtesy of imdb.com

Sweet Looks for Valentine's Day

by Christina D'Adamo '16
A&E Staff

V-DAY

This Valentine's Day, embrace the romantic and the slightly cliché; select red and pink color palettes, and throw on some heart-shaped accessories. Play up your feminine side, as there is no better time. Whatever your plans may be, there is an outfit for every occasion. From date night, to girls' night, the options are endless. Four Valentine's Day ensembles are provided. (Or feel free to try something original!)

For a fancy date night, opt for a fit and flare dress. This style complements every figure. Keep it modest, as the dress should flare an inch or two above the knees. A simple

red dress is breathtaking, however, a red dress with black trim is another possibility. Do not forget the tights. Neutral tights are one option. Black, heart-shaped stockings are another. Add a chunky necklace and stud earrings for extra sparkle. Toss on chunky black wedges and grab a cross-body satchel and look one is complete.

For a casual date night, opt for a pleated mini skirt. Choose a mini skirt in a colorful, red and black print. A polka-dotted print is one to consider. Tuck a cotton crewneck into the skirt. Pick a neutral shade crewneck that pairs well with the mini. As for accessories, some delicate rings will do. Throw on black ankle booties; reach for a clutch and look number two is complete.

For a girls' night out, opt for black skinny jeans. Pair the jeans with a

neutral camisole. Layer the camisole with a pastel pink blouse. A floral print blouse is ideal. Have fun with accessories. Studs, gems, and crystals make for eye-catching combinations. Black ballet flats and a metallic satchel finish off this outfit and look number three is complete.

For a girls' night in, opt for black leather leggings. If leather is not preferable, then black pixie pants are another option. Combine body-conscious bottoms with an embellished sweatshirt. Jeweled sweatshirts are extra glamorous. Layer an oversized watch with textured bangles for arm candy. Tie up laid-back kicks, or Converse. A fluorescent pink tote adds a pop of color and look number four is complete.

These sweet Valentine's Day looks are complete; however, last-minute

finishing touches must be made. Beauty trends are just as important as fashion trends on Valentine's Day. When it comes to hairstyling, consider two options: soft and effortless waves, or a sleek ponytail. When it comes to makeup, play up one feature; opt for a smoky eye or red lips. When it comes to nails, a fresh coat of polish is necessary. Try shades in electric red, cranberry, plum, and oxblood. When it comes to perfume, spray on a favorite scent, preferably a floral fragrance.

Valentine's Day comes once a year. Display your favorite flowers, indulge in your favorite treats, and spend time with the ones you love. As the saying goes, "Roses are red, violets are blue, sugar is sweet and so are you."

THE COWL: BREAKING HEARTS SINCE 1935

Horror Movies Worse than Your Love Life



by Kayla Fernandes '14
Editor-in-Chief

V-DAY



- 1.** *Evil Dead* (2013)

Like getting back together with your ex, this misguided remake probably shouldn't have happened. Hilariously excessive profanities aside, this movie leaves us with the unforgettable scene in which a possessed woman attacks her unsuspecting boyfriend with a nail gun. Ah, true love!
- 2.** *The Cabin in the Woods* (2012)

First of all, this is one of the strangest movies I have seen in a while. Ignoring the completely bizarre ending, this confusingly (intentionally?) funny movie has a great scene of truth-or-dare in which one of the characters has to make out with a taxidermied wolf head. Yes, that's right. A stuffed wolf head. The most important thing to take away from this scene: you should rest easy knowing that your love life is going a lot better than this girl's.
- 3.** *The Human Centipede* (2009)

This Valentine's Day, your mouth may not be on someone else's lips, but at least it's not on someone else's butt. See, there's always a bright side!
- 4.** *Paranormal Activity* (2007)

We've all seen this ending. Boy meets girl. Boy moves in with girl. Girl becomes possessed. Girl drags boy to his death. It's a love story for the ages. For all you single folks out there, rejoice in the knowledge that you can sleep without fear that someone is creepily standing there watching.
- 5.** *Final Destination 3* (2006)

Aside from providing us with an excellent public service announcement about the dangers of getting fried alive in a tanning bed, the third movie in this long-running horror series teaches us a valuable lesson about life and love: there is no such thing as a happy ending.
- 6.** *Stay Alive* (2006)

This little-known gem starring Frankie Muniz features a group of friends trying to survive a killer video game (but really). Watch this with your video game-obsessed significant other to scare them into spending more time with you. Pretty much guaranteed to work.

Top Five Sports Relationships of Our Lifetime

by Sean Bailey '14
Sports Editor

V-DAY



Dennis Rodman and Kim Jong-Un

What more can you say about these two lovebirds? Their relationship has captivated the minds of millions, and perhaps most importantly, the folks up in Washington. How dare the government interfere in this forbidden romance? Er...bromance.



Tiger Woods and a Large Portion of American Women

This romantic tale of Woods overscheduling his little black book is one that brought tears to many American eyes. You see, Tiger just loves so much, he needed a small tribe of women to fully show it.



Alex Rodriguez and Steroids

Again we find a forbidden romance in the best of sports relationships. Here, A-Rod was just looking for a competitive edge, when he fell in love. And in spite of multiple accusations and positive tests, he refuses to leave his beloved drugs. Keep fighting for your lover, A-Rod!



Brett Favre and Wrangler Jeans

Favre has always been an iconic American in his Wrangler Jeans ads. His comfort with his blue jeans is one to gawk at. I sure wish I were as comfortable with my jeans.



Floyd Mayweather and His Money

No elaboration needed.

The Perfect V-Day Coffee Haunts (For Couples, Singles, and Otherwise)

by Kathleen Sullivan '14
News Editor

V-DAY

For couples, Valentine's Day stereotypically consists of chocolates, flowers, teddy bears, candlelit dinners, and all the lovey-dovey vomit-inducing sweetness you can think of. On the other hand, Valentine's Day is also a time for single people to wallow in chocolate, bitterness, self-pity, and alcohol with other resentful single people.

Well, whether I am single or dating someone on Valentine's Day, my love for a good bagel and coffee never ceases, or even falters. So, this year I encourage everyone to work a coffee date into your day, because whether you treat yourself or your boo-thang, everyone wins with coffee.

Dunkin' Donuts: You really can't go wrong with Dunkin', but it may not be the best place to sit down and have a nice conversation with a lover or friend. You can always venture to the off-campus location on Smith Street, but if you stick to Slavin, please just don't get caught smooching on the webcam.

Starbucks: Another good option, Ruane is a bit fancier than Slavin, but you literally cannot utter a word in the Great Room, lest you receive a death glare from every student in there. And if you are one of those people, just relax, it's Friday afternoon.

LaSalle Bakery: Both locations are a nice walking distance from campus, and everything there is simply delicious. Surprise your significant other with an elaborately decorated cake, or take one of those

red velvet cupcakes to the face all on your own.

Marylou's: There are a few of these just a short drive away in Smithfield and East Providence, and there's a whole bunch of interesting, sugary flavors you would never imagine were even considered coffee available to try.

Coffee Exchange: If you are looking to impress your date, then Coffee Exchange is the place to go. Wickenden Street is super trendy, and the coffee is great. You can marvel at all the coffee beans from around the world and all the fancy doo-dads that die-hards use to brew at home while you wait.

Coffee Connection: If you are feeling really adventurous, Coffee Connection is a 15 minute drive away in Cumberland, R.I. There's a bunch of different flavors to try, though different from Marylou's, and lots of good food. Your coffee date could turn into a lunch date if all goes well!

So enjoy this Valentine's Day with a nice dose of caffeine from any one of these places, and go on with your day a happier person because coffee is wonderful.



Looking for Love? Check Out These Classifieds



Photo courtesy of Angelo Marciano '15

Name: Angelo Marciano '15
Major: Health Policy and Management

Seeking: A bodacious belle who knows how to make some baby back ribs and wings. Hopefully a physique like a WWE diva. A kind-hearted, respectful, caring doll who will be my soulmate for life!

Likes: A WWE and Friar fan. A girl who knows her music and could be a WDOM DJ. Can match my skills of eating Ninfa's tostadas in Ray.

Dislikes: I would turn away a girl who has smelly hair and who roots for anyone but the Friars (especially Nova). Sophomore girls who go to Hanley's. Fake spray tan and teeth whitening.

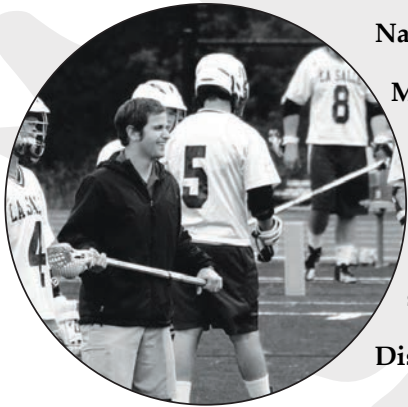


Photo courtesy of Patrick Benedosso '15

Name: Patrick Benedosso '15
Major: Secondary Education/English

Seeking: My own Sleeping Beauty (Women)

Likes: Someone who likes to work with kids. Someone who can cook pasta and steak with me while I serenade her with Italian and country love songs. Someone who can constantly compliment me on my physique. Someone who can be a "Team Mom" for me and my players on our lacrosse team. Lastly, someone who can emotionally and physically support me through times, both thick and thin.

Dislikes: Anyone with a criminal record, or someone who is close-minded toward other people.



Photo courtesy of Andrew Butler '16

Name: Andrew Butler '16
Major: Humanities (with a classics minor)

Seeking: A nice young lady who appreciates the beauty of music and is looking for a God-centered relationship.

Likes: Writing children's music, writing music in general (www.andrewbutlermusic.com), and playing ukulele. Forming a boy band at PC called Eyes to the Skies (@e2smusic).

Dislikes: Negativity. Also, when a waiter or waitress refills my water before I've even finished the first glass.



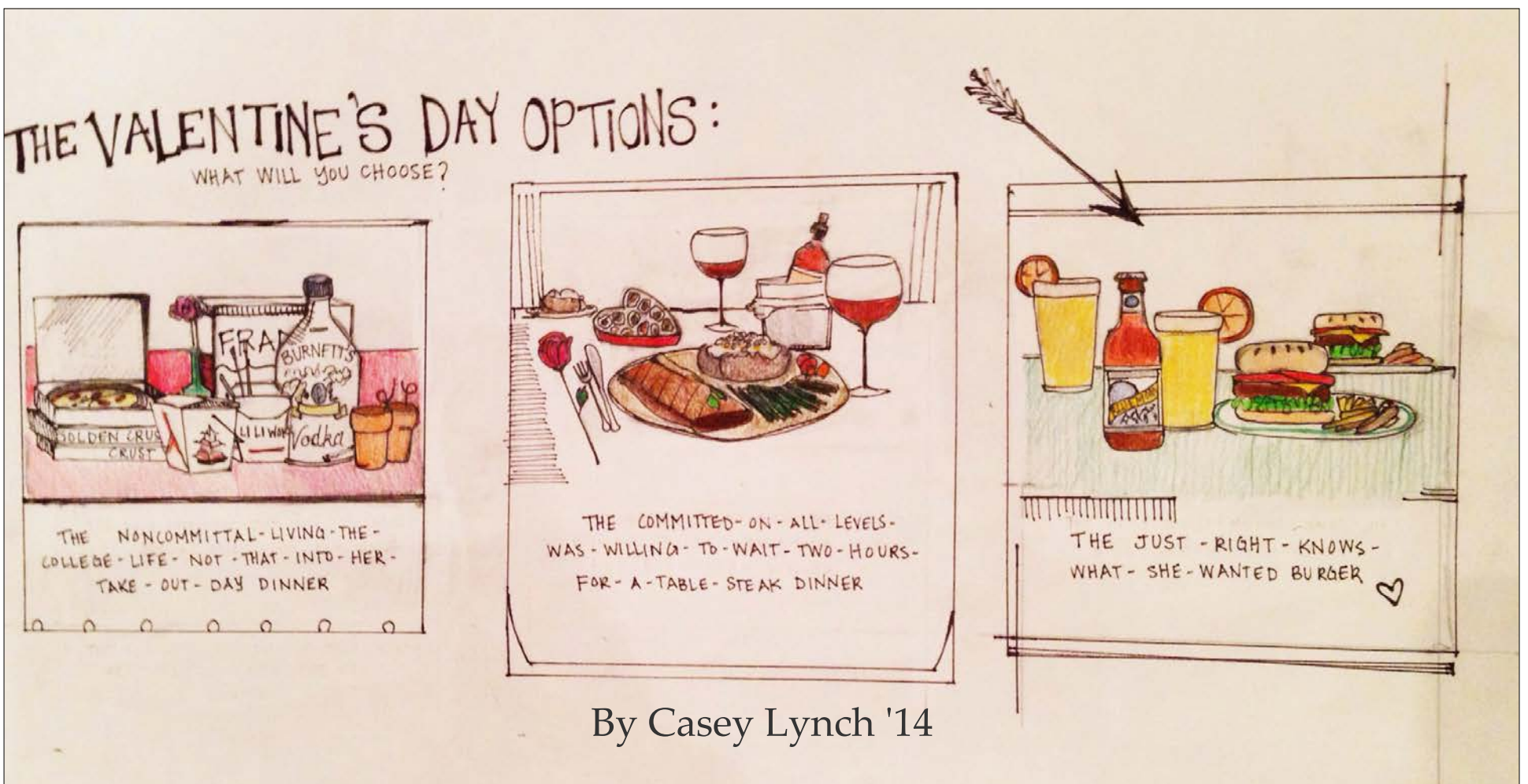
Photo courtesy of Lindsay Gilbert '14

Name: Lindsay Gilbert '14
Major: Theatre/English

Seeking: Someone with a good heart, who can make me laugh, and who can appreciate theatre without it being required for class.

Likes: Roses, puppies, music, avocados, jelly beans, and moonlit walks down Douglas Avenue.

Dislikes: Dark chocolate, olives, skunks, ignorance, and yoga.



By Casey Lynch '14

Love Songs for Every Couple

by Keely Mohin '14
Associate Editor-in-Chief

V-DAY

The Otherwise, erm, Inactive Lovers

"Come on Eileen," Dexy's Midnight Runners

Ah, yes, the song that enjoyed a renaissance following the release of *The Perks of Being A Wallflower*. I could have gone with the more prototypical "Only the Good Die Young" by Billy Joel, but I recoiled at the thought of being predictable. Besides, I respect the subtlety in the lyrics. Upon my first listen, I only thought it was a snappy tune, the kind that joins strangers in bars, makes them lift their glasses in friendly ecstasy and feel utterly "infinite" (You can also observe this behavior upon the playing of "Sweet Caroline," "Thunder Road," etc.). But now I commend the Dexy's Midnight Runners for their clever diction and lovely little homage to a beloved Irish lullaby. (Props to Sister Mary Jane, circa 1999, for making me sing "Too-Ra-Loo-Ra-Loo-Ral" in front of my entire first grade class.)

The Rejecters of Societal Norms

"Your Sweetness Is My Weakness," Barry White

We've all met them—the socially aware individuals who secretly make us feel like jerks for not knowing exactly how many nitrogen atoms are in the atmosphere or what our carbon footprint is compared to the tribes of Papua New Guinea. They're also the types that linger in the Hallmark section of your local CVS, read Valentine's Day cards out loud, and make fun of the insidious gender norms perpetuated by the evil greeting card companies. "Your Sweetness Is My Weakness" (when listened to ironically, of course) encapsulates all that is absurd with our society's obsession with artificializing love. The cheesy disco beat, coupled with the inane repetition of the titled line, will make any socially conscious pair feel validated in their righteous anger.

The Vomit Inducers

"Amazed," Lonestar

It pained me to re-listen to this song when preparing my article, but it perfectly fits the over eager couples of the world. You know, the ones who constantly make Facebook statuses about one another ("Going to Thayer Street with Mathwoo <3"), share every sordid detail of their private lives, and remind you, every day, why so many of us have become disillusioned with love. I don't know about you, but I don't whisper in the dark. I whisper in the movie theater, I whisper while planning a surprise, but my whispering is not in any way dependent on a room's lighting.

The Closeted Affectionates

"Nothing Like You and I," The Perishers

I'll say it: This song makes me cry every time I listen to it. The hopeless romantic in me (however deeply buried) stirs at the notion of two people, for reasons unknown to us, reuniting after what I assume was a good amount of time apart. Even the most cynical can admit that most relationships (well, most legitimate relationships) are entirely distinct from one another. There's something profound in realizing that in the history of the entire world, there were not two people who loved exactly as you loved, laughed exactly as you laughed together, or knew the idiosyncrasies you knew about one another. (I'll stop now at risk of becoming a vomit inducer.) But why is this song perfect for the closeted affectionates? It's quiet, but still moving, and its lyrics are unassuming and shockingly original. Lines like "We spent some time / Together drinking / Spent some time just thinking / About days of joy" avoid the clichéd similes that inundate today's romantic music.

The Long Distance Duo

"Colors," April Smith

This song is especially pertinent to those couples out there that have held on since high school (resisting, of course, the freshman year turkey drop). Its upbeat tempo, when mixed with its steadfast lyrics ("I'll wear your colors my dear / Until you're standing right here / Next to the one who adores you / Whose heart is beating for you"), prevents the song from becoming too sickly sweet. Instead, it cheers its listener without becoming trite, and can make even the most miserable meanie smile. So whether reunited for the weekend or separated by miles (or even states), this song is sure to see the long distance duo through their separation.

Cultured Date Ideas from a Former Art History Major (And Shameless Cowl Alum)

by Michael Rose '13
Managing Editor Emeritus

V-DAY

1.

Road Trip: Hop in the car and take a drive to Newport where romance awaits. There are plenty of artful sites on this Gilded Age island, including The Newport Art Museum, numerous galleries, and of course, the mansions. The 1974 film adaptation of *The Great Gatsby* was filmed at Rosecliff. Impress your Gatsby or Daisy by quoting F. Scott Fitzgerald as you amble through the halls of this architectural jewel. After you've finished discussing the Lost Generation, go for a moonlit stroll along the Cliff Walk.



Photo courtesy of Wikipedia.org

3.

Providence College Galleries: PC has two, yes two, art galleries right here on campus. Are you testing out a new fling? Afraid to fully commit to your latest hookup? Visiting these galleries with your dearest is a great way to dip your toe in the river of love, without taking the proverbial plunge. Take a romantic walk to lower, err, "East" Campus where you can visit the new arts district walkway before discussing the works displayed at Hunt-Cavanagh Hall or in the Reilly Gallery at the Smith Center. Afterward, make a memory by splitting the tab on something delectable from Golden Crust.

KAYLA FERNANDES '14 / THE COWL



2.

The Monuments Men: Dinner and a movie is classic, but change it up by seeing a movie about art. This triple threat of dates will provide you plenty to talk about. Take the apple of your eye to the multiplex and see the star-studded new film *The Monuments Men*. The movie tells the story of experts who saved European art treasures during World War II. Be sure to mention that you also would definitely put your life on the line to save a Michelangelo.



Photo courtesy of Screencrush.com

4.

The RISD Museum: Nestled in the heart of College Hill, the RISD Museum is the ideal location to impress that special person with your knowledge of art history. Admission is free for PC Students, but show them you care about the arts by subtly slipping a five in the museum's donation box. Visit the Medieval Galleries to get some inspiration for your own tale of Courtly Love. The museum is within walking distance of many great eateries, so you can chat about your favorite painting or sculpture over a candlelit dinner.

Photo courtesy of RISDmuseum.org



Tattoo on My Heart

by Amanda Brown '14
Portfolio Staff

V-DAY

"I've considered getting this as a tattoo. But I don't think they make needles small enough, and I don't think there's an artist with a steady enough hand, to permanently inscribe on my body all the twisting paths my heart has taken. For me, each swirl is a person I've met who has expanded the web of people I care about. The heart is small—it's the people you love who make it so intricate and beautiful and big."



Illustration also by
Amanda Brown '14

Love Themed Mad Libs

by The Certifiably Insane
Portfolio Staff

V-DAY

Dearest Love Princess Leia,
(name)

My love for you burns with the passion of one thousand orange hot tigers. I look up at the stars at night, dreaming of the day when we'll finally be together, finally be able to build legos like we've always dreamed of doing. I can't even begin to describe how little I feel for you. I hatefully yearn for the day when we will be together forever. Until then, please accept this light bulb as a token of my love for you. Treasure it always.

Love,
Luke
(name)

Dearest Love Flugelhorn,
(name)

My love for you burns with the passion of one thousand cerulean hot shrimps. I look up at the stars at night, dreaming of the day when we'll finally be together, finally able to transubstantiate amoebas like we've always dreamed of doing. I can't even begin to describe how spunky I feel for you. I indubitably yearn for the day when we will be together forever. Until then, please accept this homo sapien as a token of my love for you. Treasure it always.

Love,
Massim
(name)

My sweet, sweet furry munchkin,
(adjective) (noun)

Your silhouette in the window makes my hemorrhoids burn for your touch and my nostrils drip in sweaty anticipation. I wait to steal glances of your massive form crossing the window. Following your thunderous footsteps through the Ruane Center and painting your bulbous figure on canvas can no longer please the inner goblins of my mind. My heart obsessively aches every day that you are not mine. Oh, how I hope one day you'll notice me.

Forever in the shadows,
Molly
(name)

P.S. I love the way that peeling sunburn brings out the subtle magenta in your eyes.
(adjective) (noun) (color)

My sweet, sweet _____
(adjective) (noun)

Your silhouette in the window makes my _____ burn for your touch and my _____ drip in sweaty anticipation. I wait to steal glances of your _____ form crossing the window. Following your _____ footsteps through the Ruane Center and painting your _____ figure on canvas can no longer please the inner _____ of my mind. My heart _____ aches every day that you are not mine. Oh, how I hope one day you'll notice me.

Forever in the shadows,

(name)

P.S. I love the way that _____ brings out the subtle _____ in your eyes.
(adjective) (noun) (color)

The Single Solution: *House of Cards*

by Andres Taborda '15
News Editor

V-DAY

Allegedly Feb. 14 is Valentine's Day, so be prepared for Facebook statuses, tweets, Snapchat stories, etc. of vile PDA. You are probably thinking, "Wow. What a single hater." Please. Cut me some slack. I actually have a date for the Hallmark-created holiday.

Netflix came through this year and set me up with the best date possible when they announced that they were dropping the second season of *House of Cards* on Valentine's Day.

What could be better than spending my day/night binge-watching a show with more plot twists than you can imagine? Netflix will release somewhere around 13 episodes of the hit political drama. They are approximately an hour each,

so do the math. My day is completely booked. Sorry, ladies. Maybe next year.

While the cliché expenses of flowers, chocolates, dinner, the movies, and teddy bears will drain some of your bank accounts, mine will be intact. I mean, let's be real, how many of us actually pay for our own Netflix accounts? So, thanks, Mom. You rock, don't ever change.

What I am trying to get at is that Valentine's Day is completely irrelevant this year. *House of Cards* and Netflix are offering you the best deal possible. Seriously, grab a laptop, order some Big Tony's, invite your significant other over, and watch the show. Even better, if you haven't seen the first season, you now have even more to do on the 14th. You can even still cuddle, snuggle, and all that jazz.

In short, remember that this Friday will be the second best day of the year. (The first, of course, being the start of



Photo courtesy of Technologytale.com

the third season of *The Newsroom*.) Kevin Spacey is coming to your MacBook screens, and he is absolutely going to sweep you off your feet.

Take my excellent advice, and let me not hear you complain on Saturday

that life is difficult because you are a "broke college kid." I just saved you at least 100 bucks.

If you need me, find me on my penthouse couch all day on Friday.

The Couples of Providence College

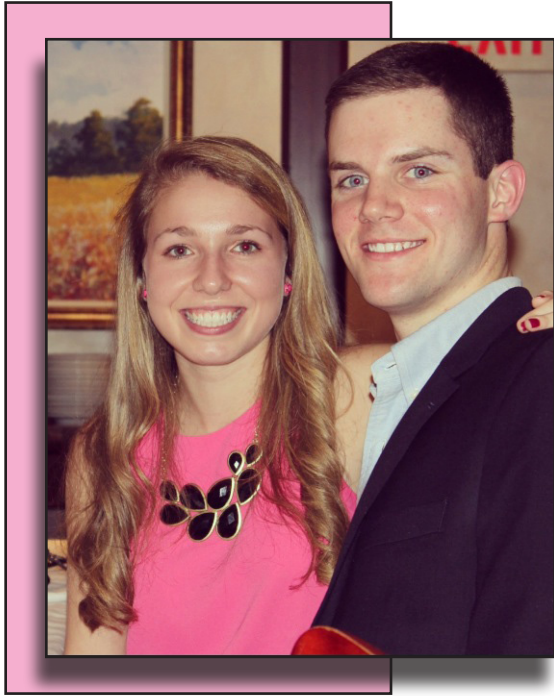


Photo courtesy of Natalie Ciancetta '15

Names: Natalie Ciancetta '15 and Jack Cresci '15

Years Dating: 1

Why they are the best couple: We are the best couple because we share a friendship that is full of goofiness and are always down to kill it on the dance floor.

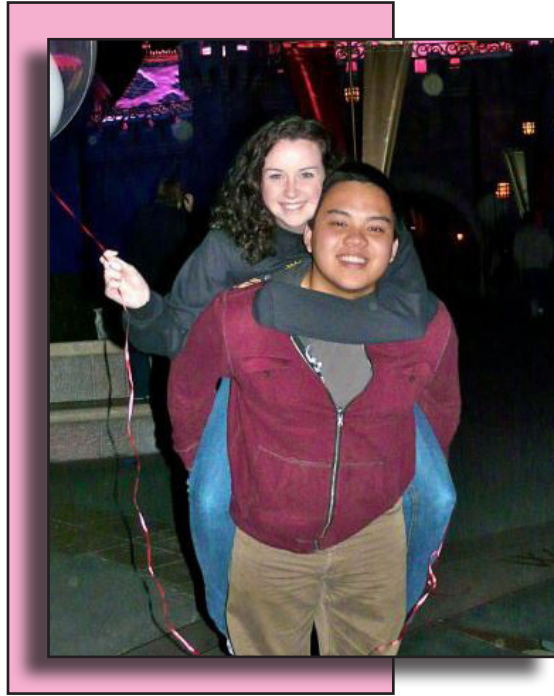


Photo courtesy of Chris Cruz '14

Names: Lauren O'Loughlin '14 and Chris Cruz '14

Years Dating: 3

Why they are the best couple: We are a great couple because we've dealt with long distance (LA to Boston to Study Abroad) and have been to Disneyland!

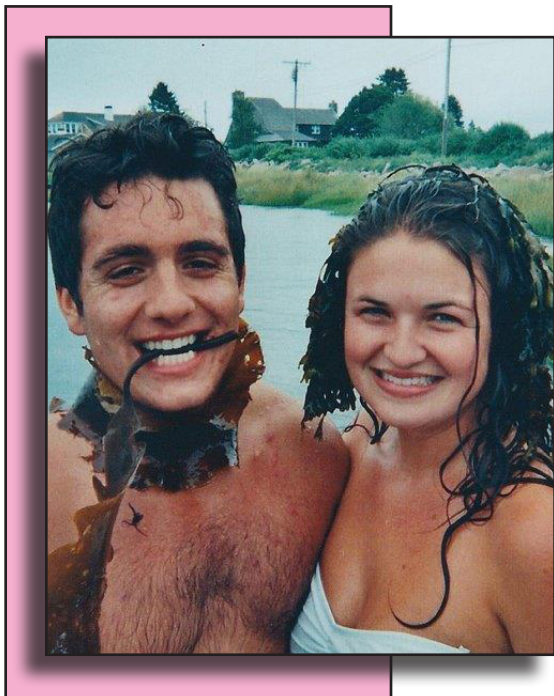


Photo courtesy of Caroline Jones '14

Names: Caroline Jones and '14 Dave Calianese '14

Years Dating: 2.5

Why they are the best couple: We've been comrades since UA when young Dave assured young Caro that her full-body poison ivy "didn't look that bad." A few months later, their first kiss was at the dearly departed upper Slavin water fountain (a modern day Hydration Station).

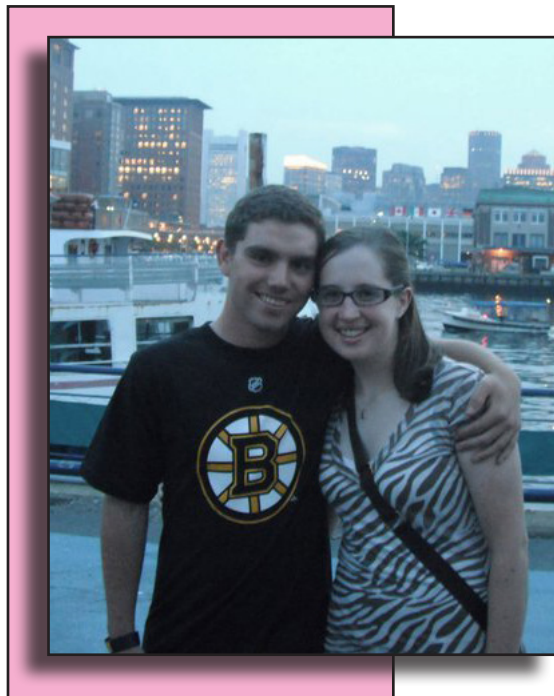


Photo courtesy of Sean Aherne '14

Names: Sean Aherne '14 and Elizabeth Tarbox '14

Years Dating: 3.5

Why they are the best couple: We met the first week of our freshmen year at McPhail's and have been each other's best friend ever since.

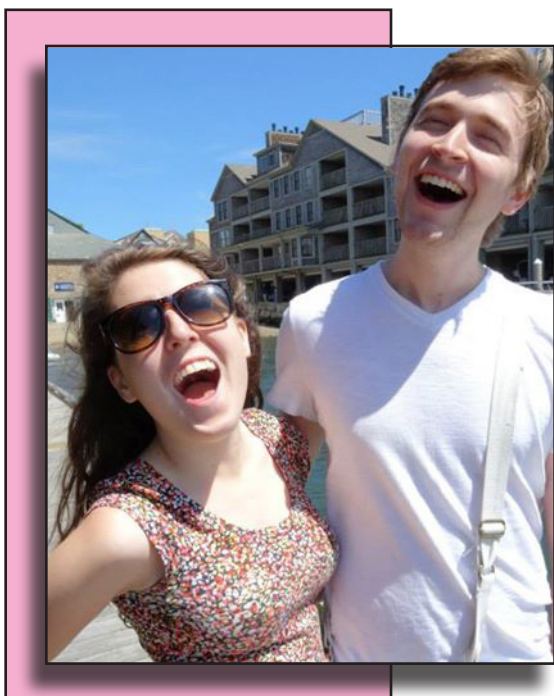


Photo courtesy of Mary Alice Sallah '14

Names: Mary Alice Sallah '14 and Garrett Cammarata '14

Years Dating: 3

Why they are the best couple: We're all about balance. We also think the key to our relationship is a good sense of humor. You can't take yourself too seriously, and we're there to remind each other of that.



Photo courtesy of Morgan Lindberg '14

Names: Morgan Lindberg '14 and Katie Haughey '14

Years Dating: 2.5

Why they are the best couple: We think that we work so well as a couple because we are never boring, we bring out the best in one another, and we are each other's best friend.

