



New Ordinance to Restrict Future Off-Campus Leases

by Marla Gagne '18
News Co-Editor

OFF CAMPUS

On September 17, 2015, the Providence Council voted to pass an ordinance that would limit the number of college students that can live together in single-family homes to three co-eds. The ordinance, led by Councilwoman Jo-Ann Ryan, will not affect current leases, but will restrict future off-campus housing for Providence College students.

The Providence Council originally approved the ordinance on Sept. 3. The ordinance includes all R-1/R-1 A zones, focusing on the Elmhurst and Mt. Pleasant neighborhoods. Ryan, the representative of these neighborhoods, believes students increase traffic and noise in these predominantly single-family house areas.

ORDINANCE/ Page 2



PHOTO COURTESY OF HTTP://RIPR.ORG

A Groundbreaking Weekend for the PC School of Business

by Zak Harvey '16
News Staff

ON CAMPUS

Over the past two years questions and speculation by students have swirled in a tempest of curiosity about when the College will begin construction on Dore Hall to create the new School of Business.

These questions were answered this past Friday when the College community, administrators, family, friends, faculty, and donors gathered together to break ground on the Arthur F. and Patricia Ryan Center for Business Studies. Arthur F. "Art" Ryan and his wife Patricia donated five million dollars in a landmark contribution to the campaign to build the business school.

The structure of the Arthur F. and Patricia Ryan Center for Business Studies will span over 75,000 square feet; it will include a 125 seat conference space, Bloomberg terminals, and a two-story glass atrium.

The generosity of the Ryans was highlighted even further as inclement weather brought the groundbreaking ceremony indoors to the Ryan Concert Hall in the Smith Center.

GROUNDBREAKING/ Page 3



ANDREW KONNERTH '17 / THE COWL

Construction of the new business building, slated to open in spring 2017, officially commences.

Oregon Shootings Renew Gun Violence Debate

by Jacquelyn Kelley '17
Opinion Editor

POLITICS



PHOTO COURTESY OF WWW.MARKETWATCH.COM/

The Roseburg, Oregon community held a vigil to remember the 10 victims of last week's shooting.

Far too many Americans have lost their loved ones to gun violence. Now, even more Americans are grieving after a gunman at Umpqua Community College in Oregon claimed nine innocent lives on Oct. 1. The tragedy has sparked another wave of discussion about gun regulation in our country. However, some of the suggested solutions are hard to swallow. For example, some believe that if the professors at UCC were armed, they would have been able to defend themselves and their students. It is hard to believe, however, that gun violence on college campuses could be solved with more guns.

OREGON/ Page 7

UNDER THE HOOD

Providence College's Student-Run Newspaper Since 1935

News	2
Opinion	6
Photography	11
A&E	13
Portfolio	17
Sports	21

A&E

Old Nickelodeon shows are back! Find out what times your favorites will be airing.



Page 14

Portfolio

What happens when two writers walk into a Lego store? Read Portfolio's new feature to find out.



Page 18

News

Records are being set! The Fall Career Expo and the Friar 5K attracted an all-time high number of attendees.



Page 2



Rain or Shine, Friar Spirit Prevails

Friar 5k Continues to Grow in Popularity After Six Years

by Sabrina Guilbeault '18
Asst. News Editor

ON CAMPUS

Despite the rain, on Saturday, October 3 at 9:30 a.m. the Providence College community gathered together to run the sixth annual Friar 5K, put on by the Office of Institutional Advancement. With 1,041 registrants, this was the largest Friar 5K the College has seen to date.

Over-all winners of the event were Trish Hillery '89 '09G and Matthew Scholl '18. "The race went very well, exactly how I planned it to go," said Scholl. He explained that he wanted to stay upfront with the leaders and wait until he turned off of Huxley to pick up the pace. "I was able to do just that and everything worked out," he said.

Michelle Grupinski '12, coordinator from the Office of Alumni Relations

and director of the Friar 5K, was responsible for all the planning that went into the event. This included working with the city to determine the race route and with PC Athletics; both were the co-sponsors. "It's been a lot of work, but very rewarding," she said.

"I love PC," said Grupinski. "It's a very special project." She explained that before the 5K, she met weekly with a planning committee that was comprised of many different campus departments to make sure the event ran smoothly. "We incorporate all aspects of campus," she said, "and it just shows you that working together truly is what it means to be a Friar."

"To me, being a Friar means putting your best foot forward in everything you do," said Scholl, "and for me that includes running and how I raced the Friar 5K." Friar pride was very prevalent on race day, as 801 people raced even though the weather was not

agreeable.

After the race, participants, friends, and family were encouraged to attend the Fan Fest in Peterson. "It was an awesome after party and very family friendly," explained Grupinski. At the event there was food, inflatables, music, prizes, and fun for all ages. "We wanted to keep the Friar spirit of the day going," she said.

The race route changed from years past in that it started at Harkins Hall and ended on the Ray Treacy Track. Grupinski explained that this year's route seems to be the fan favorite. "I ran [the 5K] last year and came fourth," said Scholl. "It was a completely different course this year. The new course was a lot flatter than last year's course."

This year, Rec Sports offered a new class called Desk to 5K, which was aimed at faculty and staff. This program allowed staff to prepare for

the race by practicing two times a week with a walk or run and offered a variety of interactive and informative workshops.

According to Courtney Mackey, director of fitness and programming, workshops were held in the Concannon Fitness Center and included courses regarding running form and posture, exercises and stretches for pre and post workouts, and proper techniques for core strengthening.

Grupinski said the event went very smoothly thanks to the many volunteers and campus collaboration. She also mentioned that all of the proceeds from the registration go into PC's National Alumni Association Scholarship fund. "That's just one more piece that makes the event so special," she said. "It all goes back to the students."



PHOTO COURTESY OF PROVIDENCE COLLEGE ALUMNI RELATIONS

Despite rainy weather on race day, over 800 runners participated in the sixth annual Friar 5K. The new race route started at Harkins Hall and ended on the Ray Treacy Track.

Ordinance: Students Respond to City's Concerns

Continued from front page

The President of the Providence Council, Luis Aponte, defended the housing ordinance on the Providence Council website.

Aponte said, "R-1 zones are separated and distinct from R-2 and R-3 zones for a reason. R-1 and R-1A zones are made up predominantly of single-family properties that are designed for individual households. These properties were not designed as rooming houses, or for use as group quarters, and the recent examples of properties in R-1 zones being marketed to college students is a cause for concern."

Despite support from members of the council and neighborhoods, the ordinance did face opposition from the community. WPRI conducted an interview with the American Civil Liberties Union of Rhode Island (ACLU), who was not in favor of the ordinance.

The ACLU argued, "Instead of discriminating against students, the city should enforce current noise and party ordinances." WPRI also interviewed local landlords that were angry about the ordinance. Landlord Bob D'Amico said, "I could rent to five gang members, I could rent to five drug dealers—[but] I can't rent to five straight 'A' PC students simply because they're students."

PC's Student Congress tracked the issue, attending meetings over the summer to get informed and represent the College's student body. Nicholas

Wolfe '16, president of Student Congress, said they sent representatives to express their objection to city interference with student housing.

The major concerns fueling the ordinance are the alleged noise and traffic caused by college students.

Wolfe said, "Excluding golf and last year's hockey riot, I can think of no times where we have ever caused serious traffic problems...Noise I understand to a degree. We are loud at times, but for the most part our students (excluding the other schools) are incredibly respectful to the whole neighborhood with respect to noise."

The ordinance was approved and will be signed by Mayor Elorza, who previously declared his support for the ordinance. The 10-3 tally makes it impossible to be vetoed and prevents further protesting. The ordinance will affect the 20 percent of PC students that live off-campus, not including graduate students.

The housing ordinance, again, does not apply to all off-campus housing, but will restrict how many students can occupy single-family houses in some surrounding neighborhoods.

Emily Ventura '18 feels the ordinance is unfair to students. She said, "I think that people should be more accepting of college students if they live in the surrounding areas of the PC campus... The housing they're cutting off is closer

to the campus, which makes it easier for students to get to class."

Katie Comber '18 feels that the ordinance not only restricts already limited off-campus options, but also makes it impossible for students to afford housing. "It's already so expensive to live off-campus. It would be impossible for three people to afford a house together."

Going forward, Ryan has talked about improving city, college, and university communication.

The Providence Council website states Ryan is "working on legislation that will set guidelines for improved communication and information sharing" and that will better outline the best location for students living off-campus.

For now, groups such as Student Congress are working to improve and maintain a positive image of PC in the community.

Currently Congress is working on legislation that will require clubs on campus to fulfill a service requirement. Congress is also trying to bring back the "red cup clean up," a trash pick up on Eaton Street and in surrounding neighborhoods.

Overall, students want to be seen in a good light by the community. Wolfe said, "We hope that keeping students responsible for the upkeep of our surrounding neighborhoods will put PC in an extremely positive light."

Corrections from last week's issue of *The Cowl*:

The article entitled "Junípero Serra's Conduct Was Anything But Saintly" was written by Sarah Kelley '18.

The article entitled "PC Iron Chef: Licensed to Grill" misquoted the number of cook-off titles Coach Cooley has won.

While the cooking competition started four years ago, there have only been three years of competition. Fr. Justin M. Brophy, O.P., won the first competition in 2012 against Fr. R. Gabriel Pivarnik, O.P., Fr. Brophy did not face a challenger in 2013. In 2014, Coach Cooley and Fr. Brophy tied, making them "co-defending champions."



PHOTO COURTESY OF WWW.RIPR.ORG
The newly approved housing ordinance limits the number of students that can live in single-family houses in Providence neighborhoods.

Fall Fest

by Gabriella Pisano '18
News Staff

EVENTS

Campus Ministry held its second annual Fall Fest on Friday, October 2. The festivities began at 7 p.m. in the Campus Ministry Center. The event, planned by Campus Ministry's Events club, invited all students to celebrate the start of fall.

Fall Fest proved that fall is definitely upon us. With decorations all around, the spirit of fall fun was infectious. The event included fall food favorites, pumpkin carving, a photo booth, and karaoke.

The Pumpkin Carving Contest allowed teams to come up with creative designs for their pumpkins. One team went Friar festive and carved a Friar and a cross into their pumpkin. The winner of the contest was the "Jack-Emoji" pumpkin, cleverly inspired by emojis. Following the pumpkin carving, students had a blast at karaoke, singing songs ranging from Queen's "Bohemian Rhapsody" to Justin Bieber's "Baby."

Coordinator of Student Events, Madeleine Veith '16, acknowledged that the Fall Fest would not have been possible without the amazing volunteers of the event staff. Volunteers dedicated their time to planning, decorating, and baking for Fall Fest. They were responsible for the many fall themed desserts including apple crisp, pumpkin muffins, pumpkin dip, cookies, and pudding. There was even a decorate your own cupcake table.

Sister Anne Klein, O.P., who oversees Events, said that events such as Fall Fest "build community life on-campus and offer people a way to enjoy each other's company."

Events club member Amanda Lock '18 said, "It was a great night meeting new people and celebrating the start of my favorite season."

The event was well attended and enjoyed. It gave students an opportunity to meet new people, mingle, eat great food, and get ready for fall.

Groundbreaking:

Continued from front page



The PC community gathered in the Smith Center for the Arts to "breakground" on the new business school.

Arthur Ryan graduated with the Class of 1963 and received an honorary degree in 1990.

The lineup of speakers included the College's Provost Dr. Hugh Lena, Dean of the Business School Sylvia Maxfield, and the College's President Father Brian Shanley, O.P.

During her comments, Dean Maxfield talked about the values of leading a good life at the intersection of a Dominican Liberal Arts education. A profound respect of ethical responsibility, tradition, and human dignity were themes that Dean Maxfield touched upon during her remarks.

During Fr. Shanley's tenure as the President of Providence College he has overseen some of the most fundamental strategic growth construction projects in the College's history. This legacy began with the final phases of construction for the Smith Center for the Arts and continued with the most recently completed project, the Ruane Center for the Humanities. Now, he is overseeing perhaps one of the single greatest transformative steps the College has taken in its near 100 year history.

Bringing the liberal arts toe-to-toe with the world of business is a pivotal moment for the College and its students. With over

a third of all credit hours being generated in the School of Business, this addition to the campus will be a cornerstone for the College's growth in the coming year, decade, and century.

Not only did this past weekend denote the beginning of the business school, but it also marked the start of then College's annual St. Dominic Weekend. The weekend brings family, friends, alumni, and its generous and faithful donors onto campus for a series of events from the groundbreaking of the business school to a marathon reading of *Beowulf*.

It is clear that with benefactors like the Ryans, the College's campus has found profoundly inspiring role models. As Fr. Shanley said at the groundbreaking ceremony, "I want our students to know that Providence College is the kind of institution that educates men like Art. It's the quality of his life as a whole that I want our students to see and to emulate. I want our students to think, 'I can lead a life like Art Ryan. I can make that difference in the world, and I can make that difference in a community.'" As the campus celebrates this landmark moment for the school, the community is reminded of the generosity of its donors and the impact that fellow Friars can have on the future generations of Providence College.

Oktoberfest

by Gabrielle Shkreli '17
News Staff

EVENTS

Have you ever wanted to visit the city of Munich? On Friday, October 2, students were given a taste of Germany right here at Providence College during Oktoberfest, an event sponsored by the Board of Programmers Social Committee.

The event took place in McPhail's from 5 to 8 p.m. For only five dollars, students 21-years-old and over had the chance to sample eight different German beers.

Redlfesen's, a German restaurant located in Bristol, Rhode Island, provided catering that included a variety of traditional German foods. Dishes ranged from bratwurst and sauerkraut to spätzle and hot pretzels. To add to the festive ambiance, The Mad Bavarian Brass Band performed traditional polka music throughout the night.

Kristen Nappy '16, a member of the Social Committee on BOP, shared her excitement for the occasion: "I had the opportunity to attend actual Oktoberfest in Germany last fall when I was abroad in Europe and it was one of my absolute favorite weekends being abroad. I really was excited to hear the music again and be in that culture."

Nappy also expressed the impact she believed Oktoberfest had on the PC community as a whole. "The event positively impacts the PC community because it brings traditional German culture onto our campus and provides an opportunity for students of all ages to come together and enjoy this festival."

"Something for Everyone" at Fall Career Expo

Annual Event Attended by over 1,150 Students and 140+ Organizations

by George Copley '16
News Staff

ON CAMPUS

Last Wednesday, the 2015 Fall Career Expo broke yet another attendance record: over 1,150 students walked through Peterson's doors and courageously took their futures, both in education and the work force, head on while also braving the worst rainstorm of the school year.

Providence College's second annual Fall Career Expo is a new conglomerate. With a foundation in the traditional career and graduate fair, the Career Expo has evolved and incorporated two other main sections: the Internship Showcase and the Major/Minor Fair. The success of this development is evident not only through the exponentially growing attendees, but also through the delighted reactions of those who organize the biannual event.

The Center for Career Education & Professional Development (in PC student dialect, "The Career Center") recruited quality and diverse organizations, managed the logistics, and marketed the Expo to PC students. This is the largest project that The Career Center takes on, and it is all in the interest of helping students find academic and professional answers and opportunities.

Eileen Wisnewski, senior associate director at PC's Career Services, breaks down the Internship Showcase as such: "[the

Internship Showcase] allows for peer to peer advice regarding the internship search, preparation, and sharing of internship experiences." Students of all ages can speak to a fellow student and gain insight on how to acquire and succeed in an internship.

The Major/Minor Fair is one of the many components of PC's Career Expo. This year, over 300 PC undergraduate students attended the Major/Minor Fair

and spoke to faculty and student major representatives about their fields of study. As Stacy Moulton, associate director of PC's Center for Career Education & Professional Development stated, "This portion of the Fall Career Expo was geared towards first year students and sophomores as a means to explore majors, minors, and programs of interest."

The Internship Showcase and Major/

Minor Fair are great reasons for freshmen and sophomores to attend the Career Expos, even when they are not necessarily looking for a job yet. As Wisnewski said, "Each Expo offers something for everyone. We strongly recommend that students get accustomed to attending an expo early in their career at Providence College. These events can be excellent resources for career exploration and networking."

For the anxious bulk of PC juniors and seniors who are still job hunting, the over 140 organizations present at the Career Expo were and will be a great source for building their network and even unearthing potential employment. The Career Expo is also major-inclusive as many employers are seeking out liberal arts students.

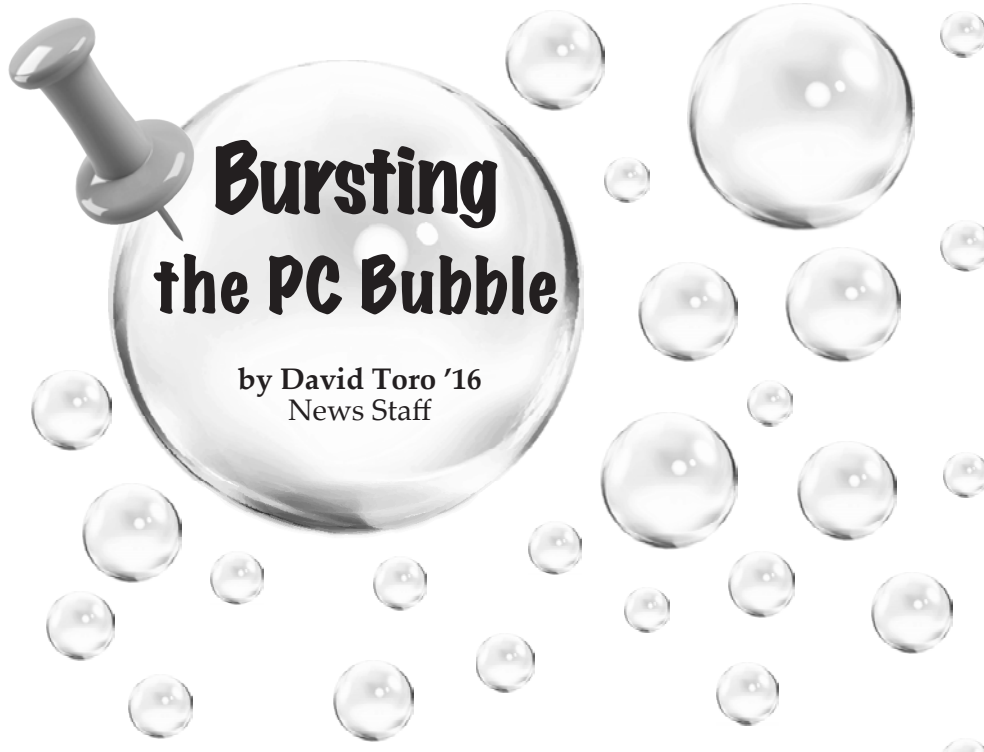
One recruiter at the Career Expo stated, "We found that you're able to have a wider skill set ... by having liberal arts students around. They have a broad background, and the ability to learn on the fly, and to adapt to different situations and environments."

The Career Expo could not continue to be one of PC's strongest events if it weren't for the combined participation and effort of The Career Center, PC staff, faculty, and students.

As mentioned, there is a Career Expo each semester, so bulk up that resume, shine that suit, and count down to Wednesday, March 16 from 1-4 p.m. in Peterson.



Students had the opportunity to network with potential employers at this year's Fall Expo.



Bursting the PC Bubble

by David Toro '16
News Staff

Trans-Pacific Partnership Established

After many years of negotiation, the Trans-Pacific Partnership has come to fruition. The idea of the Trans-Pacific Partnership is to allow trade with fewer restrictions between countries in the Asian, North American, and South American continents. The partnership now must go through Congress, which will be one of Obama's last goals before leaving office. Combining two fifths of the world's economy brings new ground to Asian and American economies. However, opposition from potential 2016 presidential candidates has sparked debate. People against the Trans-Pacific Partnership claim the negotiations will eventually cause the American economy to crumble.

Doctors Without Borders Bombing

The United States has been accused of bombing a Doctors Without Borders hospital this past week. There has been a lot of debate regarding who is to blame. The US government claims that the bombing was accidental. However, Afghani sources think that there was some motive behind the bombing. Respondents and representatives from Doctors Without Borders condemn the bombing as a war crime. According to international humanitarian laws, the bombing might be labelled a war crime but the story is still developing.

BP Fined \$20.8 Billion for 2010 Explosion

In 2010 an explosion of a British Petroleum oil rig in the Gulf of Mexico dumped more than 4.9 billion barrels of oil into the sea. The explosion also killed 11 people in the oil rig and caused incalculable damage to wildlife and shore communities. The \$20.8 billion sum is supposed to repay the damage done in the affected states of Texas, Alabama, Florida, Louisiana, and Mississippi. Additionally, BP paid \$28 billion for cleanup and compensation efforts when the Deepwater Horizon oil spill occurred.

Germany Translates Constitution

Following the mass immigration crisis from Syria, Germany expects to receive 800,000 people fleeing war from the Middle East. As a result, the German government has taken the initiative to translate the first 20 articles of their constitution to help refugees fit in. The German population is worried that asylum seekers will not fit in and might use more resources than expected. However, the German government is playing a crucial and pivotal role, serving as an example for the rest of the world. Germany, for example, does not force people to change religion, but it is important for refugees to integrate into society. Refugees are not used to the split between church and state, the right to be homosexual, or freedom of expression.

Congress Updates

by Meaghan Dodson '17
News Co-Editor

STUDENT CONGRESS

A new club, Students Obtaining the Meaning of Spain (SOMOS), was recently proposed. SOMOS would fall under the BMSA umbrella and would aim to bring appreciation for the Spanish culture to the Providence College community. Club members would discuss their experiences with and appreciation for the culture, as well as watch movies and practice Spanish. SOMOS is currently reaching out to Spanish majors, minors, and classes at the College.

Ticket sales for Senior Ring Weekend are over. The event itself will take place Oct. 23-Oct. 24.

A recommendation regarding the "Creation of an Off-Campus Housing Review" was submitted and it reads as follows:

"Be it hereby recommended by the 66th Student Congress of Providence College that the Office of Residence Life create a voluntary review from students living off campus regarding landlords, leases, and overall experience during their time off-campus. This review will be made available for underclassmen looking to lease in the Smith Hill community during their senior year. Providence College students living off-campus will voluntarily fill out this review from April until the end of their lease. Forms will be made available and distributed via email and can be submitted in person or electronically to the Director of the Office of Citizenship and Off-Campus Life."

Club Spotlight: Toastmasters

by Marla Gagne '18
News Co-Editor

CLUB SPOTLIGHT

Imagine giving a speech or presentation without stressing about getting a good grade, impressing your classmates, or jumbling up your words. It might seem impossible, but here at Providence College the club Toastmasters, a public speaking group, does just that.

This nationally recognized group helps students get comfortable with public speaking. The group meets weekly and starts with a table topic, a word or joke of the day. Everyone goes around and talks about that topic, sharing funny stories while practicing speaking with a group. Kat Maloney '17, a member of Toastmasters, said the environment is "very laidback" and fun.

To become a Toastmaster, a person needs to give ten speeches by the time they graduate. The speeches start off easy and progressively get harder, expanding the speaker's presentation skills.

The first speech is just five minutes and the speaker introduces himself to the group. Two club members give the speaker positive and negative feedback at the end of their speech to prepare them for the next level.

The more complex speeches involve presentations and focus on elements such as volume, tone, hand gestures, and the effectiveness of the presentation. Maloney insists that the speeches

are not meant to be stressful. "We want people to be comfortable versus having them go up and feel like it's a class."

Toastmasters is a club that can not only enhance your resumé, but help land you a job.

Maloney said that it "looks really good on people's resumes. A lot of companies and large firms know Toastmasters and know what it is to be a Toastmaster."

Maloney herself joined the club because her brother's roommate, a PC alum, was a Toastmaster. Maloney's brother's roommate said it helped him "not just because it was on his resume, but because it got him so comfortable speaking with people."

The Toastmasters are currently looking for new members to share their stories and build their speaking skills. Anyone can join the club, whether they want to just listen or become a Toastmaster themselves. The club meets every Tuesday night at 6 p.m. in Feinstein.

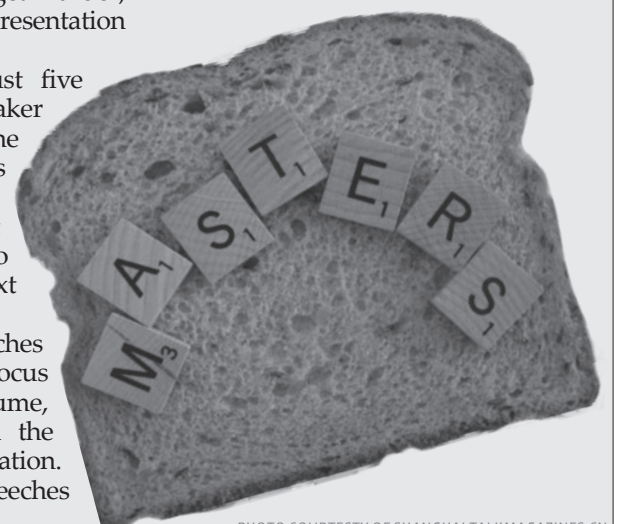


PHOTO COURTESY OF SHANGHAI.TALKMAGAZINES.CN



Updates:

Semester Delivery Total: 140 lbs.

Week Delivery Total: 140 lbs.

THE FALL CAREER EXPO

Over 1,000 students attended this year's Expo

*Special Thanks
to Our Corporate Sponsors!*



Center for Career Education & Professional Development
401.865.1290 | Don't Wait... Slavin 108 | providence.edu/efriars | Twitter: @PCcareers



Get Your Head in the Game *Flashy Entertainment Detracts from PC Sports*

by Wesley Trask '16
Opinion Staff

CAMPUS SPORTING EVENTS

Sporting events are some of the most attended around the world, drawing fans of all kinds to their games. Whether it's baseball in Boston, hockey in Halifax, soccer in Sunderland, or basketball in Beijing, if a major sport is being played at a major level, you can expect a lot of people to be watching. But for all of the people attending for the game itself, you can be sure that at least a significant percentage of them could care less about the team over the course of an entire season. These types of people are usually called "fair-weather fans." But sports have become a big business, and a lot of that is thanks to the casual fan. Providence College's sports, however—particularly men's basketball—are not maximizing the potential these fans bring.

Teams are never going to have difficulty attracting major fans, including myself, to their games, especially if those teams are good like ours are at PC. The hardcore fans, however, can only support a team as a business. Across the country, professional and collegiate teams alike have recognized this for years and have taken steps toward making the entertainment value of a game as high as possible, and it's working. The Boston Bruins, for example, sold out every game last year despite the team not performing well. The Celtics only averaged 700 fewer fans, despite the same problem. What those two teams had in common last year (other than their uncharacteristically poor play) was a very entertaining game day experience.

PC is no different from the scores of other teams

attempting to draw casual fans to their game. However, we lag far behind other programs in this effort. Basketball games drew more people last year than they had in past years, owing in no small part to the competitiveness of the team. However, the average attendance was only 8,347 fans (the Dunkin' Donuts Center seats 12,400 for basketball). Yes, 8,000 fans a game is not too shabby, but with an average of 4,000 empty seats there is potential for improved attendance. Friars fans are probably more likely to be dedicated than those of professional teams, given that the attendees of games are mostly longtime season ticket holders and/or alumni rather than the more diverse crowds at professional games in Boston. Still, with the Dunk in the middle of downtown Providence, one would expect there to be more casual fans filtering through the turnstiles.

Judging by the in-game entertainment, it's clear that PC is aware of the wasted potential. There are classic arena staples such as the shoe shuffle and the kiss cam, along with dancing cheerleaders and mascots. Popular music is played during timeouts. However, it is in these very things, which other teams around the country have been doing for years, that we fail.

The vibe we are clearly trying for is that of a party atmosphere rather than a traditional basketball game. The school is aware that people like to party and plans accordingly. What is neglected is the fact that basketball games are not parties. Where the Bruins, Celtics, and some colleges succeed is in bringing some of the party to the game, rather than replacing the game with the party. If a fan wanted to simply watch a game, they could watch it on TV, while if someone was looking for a party atmosphere, they would just go to one. The music at Celtics games is not remixed

by a DJ as if it were a dance club. There's no one at Bruins games walking around with a microphone trying to fire up the crowd by yelling. Other schools' pep bands play a diverse mix of catchy music rather than a handful of older tunes. Friar basketball should learn what other teams figured out a long time ago: the in-arena experience should be fun, but it should highlight the game rather than detract from it.



PHOTO COURTESY OF GALLERYHIP.COM

Beauty is Not in the Eye of the Beholder *Popular Catchphrase Denies Humanity's Intrinsic Goodness*

by Matthew Tinsley '16
Opinion Staff

PHILOSOPHY

The latest issue of *Current Biology*, an online academic science journal, featured the published results from a recent study conducted by Dr. Laura Germine and Dr. Richard Russell on the genetic influences of one's preference for physical beauty. That is, the purpose of the study was to determine whether or not a person's genetic makeup caused him or her to find a particular face attractive, or, instead, if environmental factors played a bigger role. It was found that one's individual environment had a more significant impact on one's "taste" in beauty, and these results ultimately inspired the use of the phrase, "beauty is in the eye of the beholder." While it may very well be true that the physical beauty of another's face is exclusively one's own subjective assessment, we must not make the mistake of deducing that all statements of value are merely reflections of our own feelings and emotions.

Before we proceed, let us first consider the findings from Dr. Germine and Dr. Russell's study. The researchers looked at 547 sets of identical twins, who share the same DNA, and 214 sets of fraternal twins, who share half of each other's DNA. The participants were shown images of different faces, and were then asked to rate the attractiveness of the countenances. When two individuals were selected at random from the group, the participants agreed on the attractiveness of a face 48 percent of the time, and disagreed 52 percent. What's more, even the sets of identical twins seldom agreed perfectly on the attractiveness of another's face. Thus, according to *Current Biology*, "they concluded that people's

individual environments accounted for most (78 percent) of the differences in how people perceived attractiveness."

When one makes a subjective claim, his or her opinion is not rooted in strict, rigid, universal truth; the claim has no standard to measure itself against. "The Yankees are fun to watch," or "Dr. Esolen's class is interesting" are statements that cannot be verified empirically, and, likewise, it would be pointless to dispute them.

Now, consider the catch phrase that this study inspired: "Beauty is in the eye of the beholder." This statement implies that beauty exists only in as much as we can perceive it; without someone to "behold" a person's beauty, then that individual ceases to be truly beautiful. C.S. Lewis warns us in *The Abolition of Man* that this brand of subjectivism is a toxic mode of thought for it denies the intrinsic goodness of all created things, which bear a mark of their Creator's infinite goodness. We learn from Genesis that man was made in the image and likeness of God, and as such, he enjoys an inviolable dignity bestowed upon him by God Himself. Indeed the whole of the cosmos, insofar as God is its architect, is valuable regardless of our view on it.

Strictly speaking, there is nothing particularly wrong with Dr. Germine and Dr. Russell's study. They merely sought to demonstrate that one's individual environment plays a big role in determining whom they find physically attractive; they are not saying that people are not intrinsically beautiful. In reflecting on this study, I simply wish to remind us what is meant (or not meant) when we say, "Beauty is in the eye of the beholder."

PHOTO COURTESY OF WELLNESSGOSPEL.COM

Oregon: Arming Teachers Will Not Prevent Tragedy

Continued from front page

Since gunfire erupted at UCC's campus last Thursday, many have spoken up about gun control in America. Donald Trump, a staunch supporter of one's Second Amendment right to keep and bear arms, has been incredibly candid in his thoughts about the tragedy unfolding in Roseburg, Oregon. "Let me tell you, if you had a couple teachers with guns in that room, you would have been a hell of a lot better off," said Trump.

Would they really have been better off though? The state of Oregon actually allows people to carry concealed weapons on college campuses and does not allow individual colleges to infringe upon this right. With that said, John Parker Jr. was a student on UCC's campus, aside from the gunman, who was armed that day. He explained to MSNBC that if he or others had pulled out their guns that day, they would have caused a lot more harm than good. "The SWAT team wouldn't know who we were, and if we had our guns ready to shoot, they could think we were bad guys," said Parker.

Parker makes a valid point. Shootings on college campuses often unfold rapidly and it is difficult for authorities to know exactly what is going on at any given moment during the attack. An incident like that at UCC could have been even more tragic if the authorities mistakenly identified innocent professors or students as their targets.

The danger of arming teachers extends far beyond mistaken identification by police. If professors carried firearms with them to their classes, there would always be the possibility that a student would somehow get a hold of it. After all, if a student is crazy enough to consider shooting classmates in the first place, who is to say they are not crazy enough to assault their teacher in order to gain control of a weapon to do so?

Arming professors would not only be dangerous, but would be extremely intimidating for students. Many



Members of the Roseburg community attended a candlelight vigil on Oct. 3 to honor the nine victims of the Umpqua Community College shooting. PHOTO COURTESY OF HCN.COM

teachers, especially at the college level, aim to create a classroom environment where the teacher and student can feel equal to one another. Some professors choose to sit around a large table among their students as opposed to standing at the front of the room apart from their students. Some teachers conduct discussion in a manner in which the students' ideas hold just as much weight as their own. They do these things in order to create a fair power structure in their classrooms, a structure that would no doubt be disturbed if they showed up packing heat every day.

Furthermore, students' freedom of speech may be threatened if professors carried weapons with them. Some students are already uncomfortable speaking up in class when they disagree with their professor. Imagine

how afraid they would be to challenge their professor's ideas if the teacher was armed. Suddenly, there is not only a fear of simply offending a professor, but of triggering a potentially violent outburst. Arming teachers would therefore infringe upon a student's right to academic freedom. If they cannot freely participate in discussion and share their ideas because of a gun in the room, they are not receiving the education they are entitled to.

Finally, would a gun strapped to a professor's belt not be downright distracting for students? Even if they could get past the danger of a gun being in the room or the power it bestows upon their teacher, could they get past seeing it every day? One could imagine it would be difficult to learn when a student could not help but stare at their teacher's firearm.

Allowing teachers to carry guns to their classrooms would be dangerous, intimidating, a violation of academic freedom, and simply distracting. It would not prevent tragedies like that at UCC and, if anything, would lead to even more tragedy.

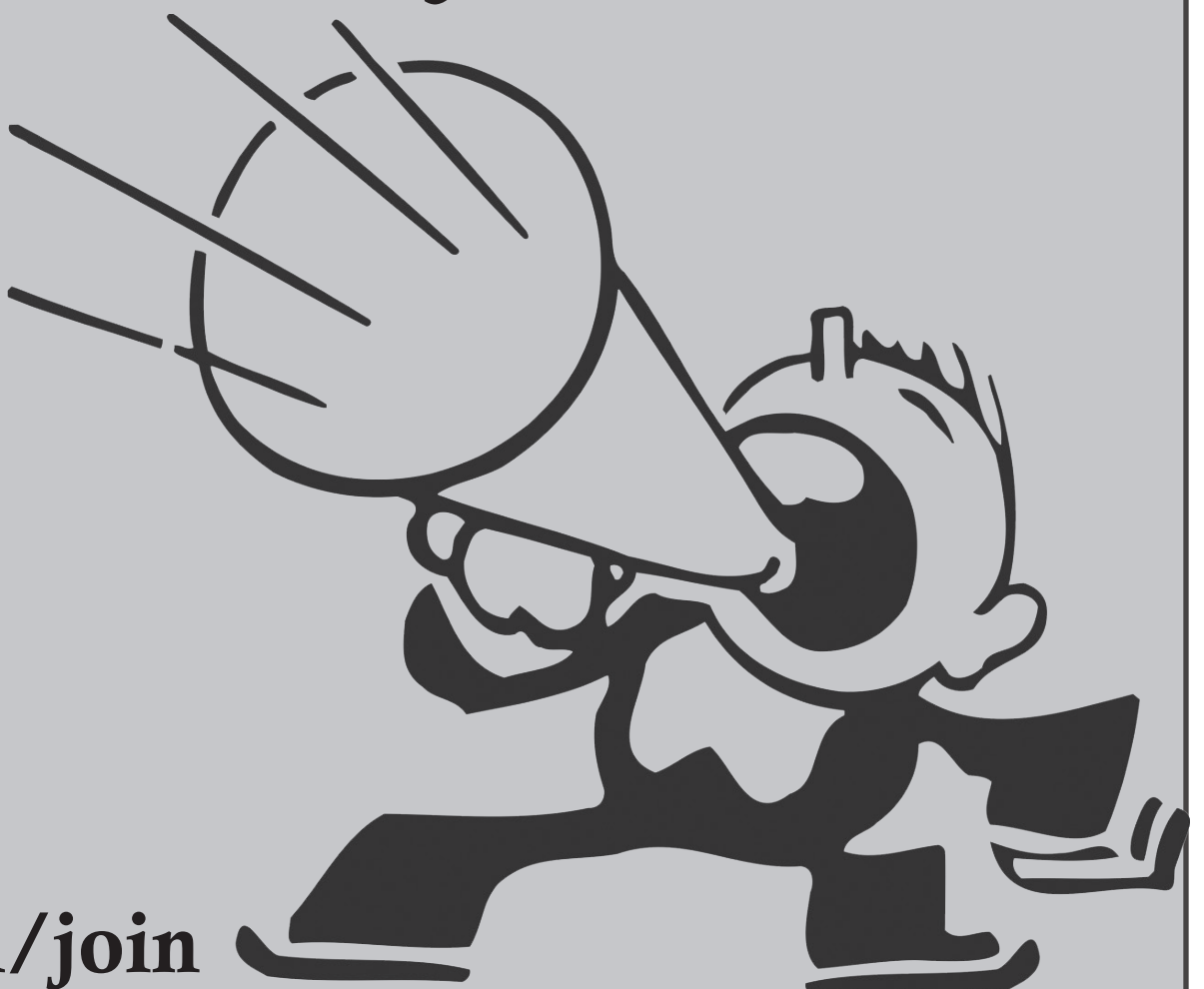
Although it is important to discuss gun control in our country, it is equally important to remember why we debate about this issue time and time again. We debate for the innocent victims of gun violence and for their loved ones who suffer in the wake of their loss.

As many of us return to our hometown communities this weekend for the Columbus Day holiday, let us remember that there is a community not too far away from us that is grieving. May Roseburg, Oregon be in our thoughts and prayers.

Want PC to hear *your* voice?

Apply to
Opinion
today!

www.thecowl.com/join



Providence College's

Student-Run Newspaper Since 1935

Publisher: Kristine Goodwin

Co-publisher: Dr. Steven A. Sears

Advisor: Richard F. Kless

Editor-in-Chief: Kathleen McGinty '16

Associate Editor-in-Chief: Gabriella Nigro '16

Managing Editor: James Seabright '16

News Co-Editor: Meaghan Dodson '17
News Co-Editor: Marla Gagne '18
Asst. News Editor: Sabrina Guilbeault '18Opinion Editor: Jacquelyn Kelley '17
Asst. Opinion Editor: Carolyn Walsh '17Arts & Entertainment Editor: Serena Ambroselli '16
Asst. Arts & Entertainment Editor: Katie Puzycycki '17Portfolio Editor: Branan Durbin '16
Asst. Portfolio Editor: Jose Martinez '16Sports Co-Editor: DJ Anderson '16
Sports Co-Editor: Joey Ciccarello '16
Asst. Sports Editor: Gretta Schultz '17Photography Editor: Jessica Artigliere '17
Asst. Photography Editor: Kristina Ho '18Head Copy Editor: Casey Clark '17
Asst. Head Copy Editor: Abbey Guerino '16

Copy Editors: Katie Coyne '18, Courtney Day '19, Jennifer Dorn '18, Sara Grassie '18, Lauren Ioli '17, Annie Loftus '18, Kristina Meyers '16, Anna Munroe '17, Zoe Pavoncello-Kelley '19, Abby Shelley '17, Annie Shelley '19, Rachel Sullivan '18, Jessica Wilson '17, Olivia Winslow '16

Letter/Guest Submission Policy

The Cowl welcomes guest opinions and letters to the editor from members of the Providence College community and outside contributors. All submissions must include the writer's name, signature, a phone number, and an email address where he or she can be reached. Letters should be no more than 250 words in length and will be printed as space permits. Guest commentaries should be limited to 500 words in length, and only one will be published per week. *The Cowl* reserves the right to edit articles for grammar. Submissions must be emailed to *The Cowl* office no later than 9 p.m. on the Sunday before publication. We do not print previously published articles. Email responses to commentary@thecowl.com, and remember a guest submission is only an email away!

Accuracy Watch

The Cowl is committed to accuracy and carefully checks every article that goes into print to ensure that the facts are presented clearly and truthfully. If you find an error in any article, please email the Editor-in-Chief at editor@thecowl.com. Corrections will be printed as necessary.

Advertising

Contact *The Cowl* with advertising requests and questions at cowlads@providence.edu or, if necessary, via telephone at 401-865-2214. Visit www.thecowl.com/advertise for rates, publication dates, and other information about advertising with *The Cowl*.

Subscriptions

Subscription rate for a weekly issue by mail is \$100 per year. Send payment to *The Cowl*, 1 Cunningham Square, Providence, R.I. 02918; make checks payable to The Cowl. Student subscription is included in tuition fee; issues are available around campus on Thursday nights.



The Cowl is a proud member of the Associated Collegiate Press.

What It Means to Be a Friar

by Kathleen McGinty '16
Editor-in-Chief

EDITOR'S COLUMN



The number of K-cup coffee pods I used this past week, the laundry basket that has overflowed in my closet, and the amount of PC Prints money I have recently spent have indicated that midterms are upon us. Accompanying this flurry of academic activity has been a busy week of happenings on-campus, from the Fall Career Expo to the events of St. Dominic Weekend.

While the concurrence of these academic and extracurricular demands made my week one of being constantly on the move, it ironically also made it one of reflection, motivation, and focus. The alumni present on campus, unaware of my hectic week, revealed the power of the Friar Family.

First, I realized that the alumni representing their employers at the Career Expo carved time out of their workweeks to visit with us, reminiscing about their time at Providence College and

sharing their professional experiences. Such wisdom from individuals who have most likely withstood similar periods of academic rigor could not have been timelier. Similarly, the groundbreaking of the Arthur F. and Patricia Ryan Center for Business Studies spoke to the generosity of our alumni as well as the investments the College is making in the future of its academic programs.

My week culminated with the Friar 5k, where I raced alongside current students and alumni who probably, like me, ran the last quarter mile of the race on the Ray Treacy Track with burning lungs and weary legs. Yet the encouragement on the racecourse and on the outskirts of the track allowed us to finish strong.

Perhaps my last week has been a metaphor for what it truly means to be a part of the Friar Family, in which it seems as though we assist each other without being asked. If there was someone you connected with or met this past week who did the same for you as the presence of all the alumni did for me, don't forget to thank them, as we are fortunate to have such an involved, caring, and strong alumni network.

TANGENTS & TIRADES

Curb the Kale Craze

An epidemic is sweeping the nation. It is found in our homes, near our children, and, more importantly, in our food. It infects everything it touches. It is more destructive than Michele Bachmann. It was foretold by John as the herald of the anti-Christ. It is more green than Oscar the Grouch. It is the most vile and disgusting mind control mechanism out there: it is kale. Apathy once reigned in regards to kale. "Let the hipsters, health nuts, and soccer moms have their wannabe spinach-puke hybrid" was the prevailing philosophy. In the apathy the strength of kale grew beyond the borders of Portland and San Francisco. For some it even became a trusted friend and comrade. Take heart PC! Buck the trend and burn the most insidious crystalized, green plant devil! We cannot let it continue to take over our most sacred institutions. LaSalle no longer serves smoothies without kale. What's worse is that for \$1.00 more you can replace the spinach in the palak paneer at Kabob and Curry with kale! THIS HAS TO STOP. This is no longer just an obsession. It is a war. A war between those of us with taste buds who defend the right to our food not being vomit inducing green leaves versus those of us who pretend to be hipster enough to actually enjoy this most wretched invention. Burn the fields, crush the chips, and give us our non-green smoothies! DOWN WITH THE KALE!

-Edward Walrod '16

Columbus Doesn't Deserve a Holiday

With the Columbus Day holiday fast approaching, no college student can deny the value of a long weekend. Despite the relaxation and extra time the long weekend provides students, I can't help but wonder why Columbus Day is still recognized as a holiday. Have you, at any point over Columbus Day weekend, actually stopped to celebrate the explorer's so-called "discovery" of the New World? Probably not. And in all honesty, Christopher Columbus' actions in the New World are nothing to celebrate. As much as we love a long weekend, we need to stop and rethink the celebration of Columbus Day. First of all, Columbus was not even the first to discover the New World. The first human beings to really "discover" America were the nomadic people who traversed over the land bridge of the Bering Strait from Asia into the territory of what is present-day Alaska. Furthermore, the Viking explorer Leif Erikson landed in North America about 500 years before Columbus. Even more objectionable than the subsequent false advertising this holiday perpetuates is the extreme violence, forced assimilation, devastation, slavery, disease, and abuse towards the native populations that Columbus effected throughout his explorations. How can we celebrate Columbus Day and the so-called discovery of the New World when that discovery and the explorer are inextricably linked to the unspeakable atrocities committed against the vulnerable native populations? I love a long weekend as much as the next person, but the recognition of Columbus Day as a holiday blatantly disregards the natives' suffering and the loss of their livelihood and culture.

-Sarah Kelley '18

Come On, "Peeples..."

I can recall a few times in life where the Internet has made me question my faith in humanity. There was the debate over *The Dress* that shall not be named, which I can only hope we can all continue to work together to put behind us. There is also pretty much every time I make the mistake of scrolling down the page to read the comments section that follows a Youtube video or online article. Spending any amount of time in the comment section of a popular website is like being sucked into a world of non-stop crazy, where anything and everything is President Obama's fault. Just this past week I experienced yet another test to my faith in humanity, when I found out about a newly created app called "Peeples." It has generated a ton of buzz and is being pitched as the "Yelp for people." Yes, you read that right, the "Yelp for people." The purpose of "Peeples" is to let individuals "rate" anyone they know with 1 to 5 stars. This app sounds like it could be something straight out of a dystopian novel, yet it has been created. The Internet is messy and hateful enough as it is, why on earth would we want to make it even more so by allowing people to "rate" each other? Just from its premise, "Peeples" does not seem capable of bringing out the good in people. If only someone could create a faith-in-humanity restoring app.

-Carolyn Walsh '17

No Issue Next Week!!!

Have A Safe and Happy Columbus Day Weekend!!!

THE COWL



"Creating news since 1935"

ARE YOU A BUSINESS MAJOR LOOKING TO EXPAND YOUR RESUME?

Consider joining *The Cowl* business staff and market advertising space, plan *Cowl* events, and maintain a yearly budget.

Apply at thecowl.com or email Managing Editor James Seabright at jseabrig@friars.providence.edu.



2 DEGREES IN 15 MONTHS — MS IN ACCOUNTING + MBA

3 MONTH PAID RESIDENCY AT A LEADING ACCOUNTING FIRM

100 PERCENT JOB PLACEMENT HISTORY

— ALL WITH —

0 ACCOUNTING EXPERIENCE NECESSARY

LEARN MORE northeastern.edu/accountingcareer

School of Business
D'Amore-McKim
Northeastern University
MS in ACCOUNTING + MBA

Hate talking on the phone?
Want another way to get tickets?



Swing on by to the Smith Center Box Office starting October 13th to get tickets for...

THE ADDAMS FAMILY: A MUSICAL COMEDY

Student tickets are only \$5
Even a broke college student can afford them!



Box office hours: 1-5 Monday through Friday or buy tickets online at providence.edu/theatre

What do you want to learn about fast?
VERY SHORT INTRODUCTIONS
http://bit.ly/PC_VSI



library + commons
@Providence College

Published Weekly by the Students of Providence College

PROVIDENCE, R. I., NOVEMBER 16, 1935

News about the news:
This is the 80th year of *The Cowl's* publication



PHOTOGRAPHY

The Cowl 11
October 8, 2015



DARNY MAO '18/ THE COWL



KRISTINA HO '18/ THE COWL



ANDREW BUTLER '16/ THE COWL

TOP LEFT: Prost! BOP brought Germany's famous Oktoberfest to McPhail's. Students grabbed their drindls and lederhosen to enjoy an evening of Bavarian folk music, German cuisine, and beer tasting for those 21+.

TOP RIGHT: This week at Things for Thursday students decorated their own water bottles.

LEFT: TOMS Style Your Sole Event is a program run by Campus Ministry's Social Justice Advocacy group in order to raise awareness of the TOMS social mission around the world. Students had the opportunity to decorate a pair of TOMS and learn more about the mission!

BOTTOM LEFT: Latin Dance Night was hosted by Cultural Education and Programming at McPhail's. Students learned Latin influenced dances and enjoyed Hispanic snacks.



ANDREW BUTLER '16/ THE COWL

ABOVE: Students discuss future job possibilities with alumni at the annual Career Expo.



ANDREW BUTLER '16/ THE COWL



PROVING PHOTOGRAPHY

What is your favorite on-campus study spot?



"Slavin by the windows and The Great Room."
Melanie Griswold '18 and Adriana Russell '19



"The seminar rooms in Ruane."
Mary McKenna '17



"The Center for Catholic and Dominican Studies."
Sara Davis '18 and Keith Lee '18



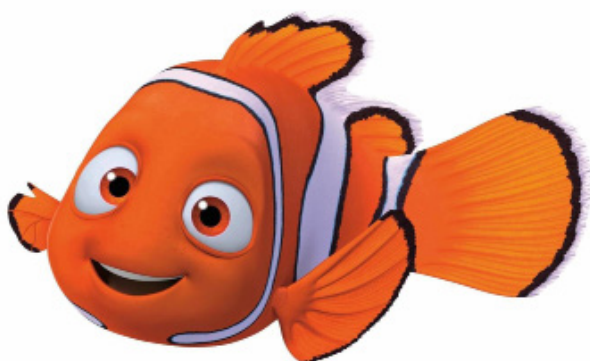
"The couch pit in the library."
Alexandra Bucci '18, Mira Magner '18, and Kasey Cardin '18



"One of the solo desks near the window in the library."
Nate Stewart '16



"The lower level and second floor of the library."
Diana Cissokho '19, Idylla Louis '19, and Ralph Meristil '19



"In the koi pond."

- Nemo



Films for the Musicophile

by Ryan Charland '18
A&E Staff

MUSIC/FILM

Movie geeks and music nerds alike have reason for celebration this year. The music documentary genre has hit a new peak and amazing directors like Paul Thomas Anderson are helping to bring it to the mainstream public. From Daft Punk and Radiohead to Kurt Cobain and Amy Winehouse, there is a feature for every taste.

Paul Thomas Anderson, the writer and director for *There Will Be Blood* (2007) and *Inherent Vice* (2014), is currently touring his newest project, *Junun*. Footage from Radiohead's Jonny Greenwood's recent travels to India comprises this short chronicle of the musician's practices and recordings with the Israeli composer Shye Ben Tzur and a team of Indian performers. Fans of Anderson will know to expect beautiful direction that is unmatched in contemporary film, while Radiohead aficionados have the chance to hear a new side of an artist they know and love. *Junun* is premiering at the New York Film Festival Oct. 8 and will then be available exclusively on the streaming site MUBI starting Oct. 9.

The 2014 Grammy Awards were a huge success for fans of the French electronic duo Daft Punk. After securing Album of the Year for fantastic *Random Access Memories*, the world wanted to know more about the masked musicians. Director Hervé Martin-Delpierre's new documentary, *Daft Punk Unchained*, looks to answer some of our questions, providing a glimpse of Thomas Bangalter and Guy-Manuel de Homem-Christo unmasked. *Daft Punk Unchained* has yet to be released in America, despite having premiered in France in June. However, it will be coming stateside once subtitling is complete.

For older sensibilities, 2015 has seen two new features depicting the "High Priestess of Soul," Nina Simone. Earlier this year, Liz Garbus' *What Happened, Miss Simone?* used archival footage and interviews and received critical acclaim upon release (it is currently available on Netflix). Coming Oct. 16, *The Amazing Nina Simone* will examine the life of this titan of jazz and key figure of the Civil Rights Movement. Through interviews with those that knew her, director Jeff L. Lieberman paints a portrait of Simone for modern audiences.

Peter Berg (director of *Hancock* and *Lone Survivor*) has announced plans for a Rihanna biopic that is currently untitled. Berg looks to use *Don't Look Back*, the classic 1967 D. A. Pennebaker film about Bob Dylan, as a guide in the direction of the project. While Berg has an uneven record (he was behind 2012's *Battleship*), this new venture promises to be a unique take on the genre.

Another forthcoming release lacking a premiere

date is *Blackhearts*. Directed by Fredrik Horn Akselsen, *Blackhearts* is a depiction of Norwegian black metal and its listeners. The genre was notorious in the 1990s for a select few musicians burning churches, practicing Satanism, and committing murder. While details are scarce, it appears the movie will center on how that breed of music has affected its followers around the world.

With recent releases like *Amy* and *Kurt Cobain: Montage of Heck* being followed by the fantastic slate of upcoming projects, 2015 may well prove to be a high-water mark for music documentaries.



PHOTO COURTESY OF ultratop.be

PC Brings Oktoberfest to Life

by Kealy Robertson '16
A&E Staff

CAMPUS

People from across the world are packed like sardines. Imagine: it is 5 a.m., the sun hasn't even come up yet, and you can feel the electricity of excitement in the crowd around you. Americans, Italians, Spaniards, Germans, Australians, and people from Great Britain have all gathered together to celebrate one of the biggest events in the world: Oktoberfest. It is a time where food, music, and friendship all spiral together, making it one of the most memorable experiences for each and every individual who attends. Each fall, the Board of Programmers here at Providence College tries to reenact the event to bring that bond to students on campus.

Last Friday, over 300 students gathered in McPhail's to celebrate PC's version of Oktoberfest. McPhail's was transformed, looking like one of the many houses at Oktoberfest in Munich, Germany. Long tables with benches lined the room, covered with blue and white checkered tablecloths. There were German flags hung up, and Germany's colors were represented



PHOTO COURTESY OF Darny Mao '18

on even the plates and napkins for the food. Along with the tasting of eight different types of traditional Oktoberfest beers, sausages, potatoes, soft pretzels, and an array of meats and soups were served.

The point of Oktoberfest is to bring people together, to celebrate each other in laughter and friendship. That paired with good food, drinks, and music embodies the total experience that takes place each

year in Germany. BOP brought in The Mad Bavarian Brass Band who played German polka music, making the event more authentic. Music is one of the most memorable things about Oktoberfest. People sing and dance for the entirety of the day, and even though songs may be played in foreign languages, it is the music that bonded Americans with Germans, and the British with Italians. Music forms a bond that extends beyond

the different language barriers. It becomes something that brings everyone together, no matter where you are from.

Kristen Nappy '16, the BOP board member in charge of the event, said they "chose to have this event because it has always been a crowd pleaser. Everyone wants to know what it is like to be in Germany for the Oktoberfest, and this is the closest we can get to giving them that experience here on campus. It is always a hit," and it definitely was. Everyone at the event boasted about the great time they had.

BOP had been planning the event since the summer. Nappy informed us that four students make up the social committee, and those four people come together to plan all of the big events on campus, like Oktoberfest. They share the responsibility of coordinating the food, band, payments, decorations, and marketing. Ultimately, the event was a success. They were able to bring the Providence College student body together on a Friday afternoon, providing students with a safe place to enjoy each other's company and switch up their daily routine. It is definitely an event that students hope to see year after year!

Explore Providence: East Side Pockets

by Isabella Goldstein '17
A&E Staff
LOCAL

If you consider yourself a feta, hummus, or pita enthusiast (or all of the above, for that matter), then East Side Pockets is a must see for you. Family owned and operated since 1997, this authentic Mediterranean counter-serve joint on Thayer Street is an absolute gem.

Once you make your way to this small establishment on College Hill, do not be alarmed by the line out the door. Service is extremely fast and the staff is very efficient. All of the workers, most of whom are a part of the same family, are friendly, accommodating, and keep the restaurant extremely clean.

Due to the nature of counterservice, there is a very limited amount of seating in the actual restaurant; take-out is definitely recommended. While you wait in line, check out the menu displayed above the counter.

Choose from a variety of traditional Mediterranean style soups, salads, and appetizers, such as tzatziki, a dip made from yogurt, sour cream, cucumber, garlic, mint, and dill. It is served with Syrian bread and lightly fried pieces of beef, onion, and pine nuts covered in a wheat shell called

kibbeh.

However, the establishment is best known for its mouth-watering gyros and its falafel and kabob pockets. You will also find some familiar items on the menu, such as chicken wings, chicken fingers, fries, and both Caesar and buffalo chicken salads and wraps.

After much contemplation, I decided on the chicken kabob pocket, which is essentially a Greek wrap made with pita bread. It was absolutely delicious, winning me over in both quality and portion size, as I saw the rest of the orders were as well. Although I did not have room myself, make sure to complete your order with the baklava, a traditional phyllo pastry dessert filled with pine nuts and drenched in honey. I overheard a couple raving about it!

Not convinced just yet? Did I mention that all of the items on the menu are under \$9? How could you say "no" to a quick, cheap, and tasty meal?

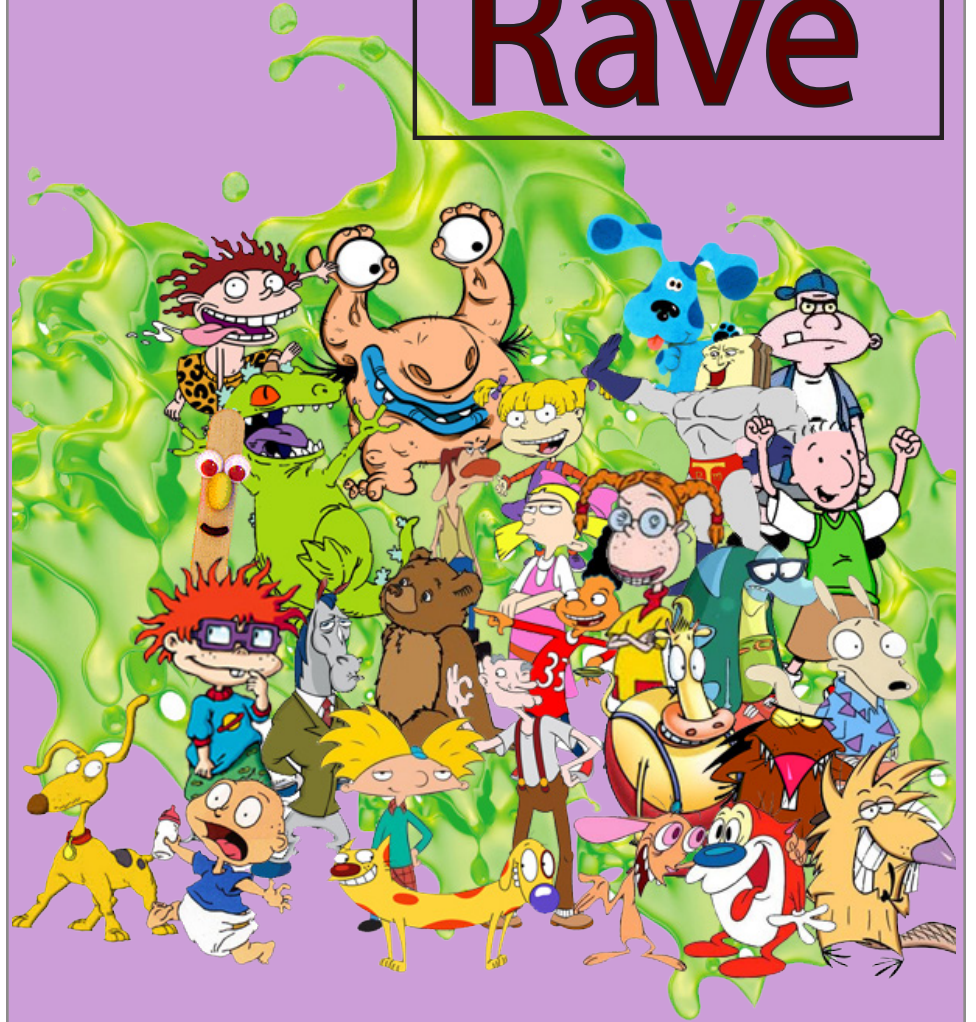
And do not forget: East Side Pockets is easily accessible by means of the PC shuttle.



PHOTO COURTESY OF google.com

Let's

Rave



This Week: Hit Shows Returning to Nickelodeon

by Kelly Laske '16
A&E Staff
TELEVISION

Whether it was learning life lessons from Tito on *Rocket Power*, cringing at Helga's shrine to Arnold on *Hey Arnold*, or laughing out loud at the comedy sketches on *All That*, Nickelodeon television shows were essential for getting the true '90s kid upbringing. If you didn't spend hours watching these shows, were you actually born in the '90s? For all those '90s kids who have had a severe case of childhood nostalgia lately, your wishes may have just been granted.

Starting on Monday, October 5, Nickelodeon will air some of your most beloved childhood favorites from 10 p.m. to 5 a.m. every night. Yes, what you just read is not a joke. The new time slot, now called "Splat," is set to run about 20 shows like *Kenan & Kel*, *The Wild Thornberrys*, *As Told By Ginger*, *All That*, *Rugrats*, *Rocket Power*, *CatDog*, *Hey Arnold*, *Rocko's Modern Life*, *Doug*, and *Are You Afraid of the Dark*? And that's just to name a few.

After hearing the news, you probably have two feelings. You are severely nostalgic but are also feeling slightly worried about your rising age. Think about it—the shows you

watched when you were growing up will now air in the same slots that *Full House* and *The Fresh Prince of Bel-Air* used to have. All of a sudden, our childhood shows are considered classics. A child today watching *The Amanda Show* will be equivalent to when I would watch *Saved by the Bell*. In other words, we're adults now and it's frightening.

Let's face it, these shows take us back to our childhood and make us feel like kids again. We are all broke, stressed out college students who have to start figuring out what we want to do with our lives. When we watched these shows, we had no worries. We did not know there were such things as having an exam and a 10 page paper due on the same day, or that one day we would have to submit our resume to hundreds of companies, hoping to get a job. This was a complete power move by Nickelodeon. While we get to go back in time and watch our old favorite shows, the new generation of kids will also get to experience them.

PHOTO COURTESY OF mryoshi996.deviantart.com

EDITOR vs. EDITOR

This Week: Favorite Pumpkin Thing

Katie Puzycki

Favorite Pumpkin Thing: Pumpkin Cookies

Her Views: Before I start this little rant about how much I love pumpkin anything, let's get one thing straight—I liked pumpkin before it was cool, and before companies infused this fall delight into every conceivable thing imaginable. In fact, "spice" based food or drink of any kind is a favorite of mine. However, my favorite pumpkin goodie takes place in the form of a cookie, with a light glaze of cream cheese frosting. If you have never tried pumpkin cookies, let me tell you that you're doing fall wrong. The best part is that they're not overly sweet, which means you can eat about a hundred of them without feeling like you've just consumed a million grams of sugar and have outdone your caloric intake (which, on second thought, makes these cookies very dangerous if you're like myself and have no self-control). Seriously though, if you haven't tried these yet, go Pinterest a couple recipes for them. You can thank me later.

Her Views on Serena: The pumpkin spice latte is basically the perfect marriage between two of my most favorite things in life: caffeine and pumpkin. Therefore, I cannot disagree with Serena that the PSL is another divine attribute of fall. After all, who said that pumpkin could only be consumed in the form of food? Out of all the liquid forms of pumpkin (including soda and beer) the PSL is obviously the greatest. Bring on the leggings, cable knits, scarves, boots, Starbucks PSL, pumpkin cookies, pumpkin muffins, pumpkin pie, and pumpkin everything else. The only obvious problem with this infatuation is seeming as basic as you can get, but that is ultimately a sacrifice I am willing to make for my love of fall.

Serena Ambroselli

Favorite Pumpkin Thing: Pumpkin Spice Latte

Her Views: You're probably going into this with the preconceived notion that I am basic—and you would be absolutely correct. I refuse to believe anyone who says that they are not excited about PSL season beginning. Fall is synonymous with pumpkin everything, and what better way to get that fix than with a warm, toasty, delicious beverage? What makes the PSL even better for our Providence College community is the fact that there is a Starbucks on-campus, so there is really no excuse to not have this latte at least three times a week. If you are the kind of person who has always resisted the PSL in fear of looking too basic, I challenge you to give it a try. You won't regret it.

Her Views on Katie: I cannot argue against any pumpkin-flavored things. I often find myself wishing the autumn season lasted for the entire year so that every single day could include something like pumpkin cookies. First of all, cookies are delicious in and of themselves, and adding pumpkin to cookies only enhances their majesty. Just imagine: you're sitting in front of a crackling fireplace, snuggling under a fleece blanket with a plate of warm pumpkin cookies sitting beside you. Can you think of a better way to spend a fall night? If someone brought me pumpkin cookies right now, I would probably marry them (the cookies, I mean). Cookies bring happiness, pumpkins bring happiness, put the two together and you've got one heck of a duo.

PHOTO COURTESY OF designbolts.com

Interested in films, theatre, or art?

Become a writer for Arts & Entertainment



Apply Now At

www.thecowl.com/join





October is Breast Cancer Awareness
Month

Go Pink

Photo courtesy of UH.edu

Photo courtesy of cdn.inquisitr



TELL US WHAT YOU THINK!

THECOWL.COM

FACEBOOK.COM/THECOWL

TWITTER.COM/THECOWL

Photo courtesy of Avaytorabi.com

Photo courtesy of Magazine-providence.edu



An Experiment in Providence

by Abby Johnston '17
Portfolio Staff

FICTION

Joyfully yellow sunflowers mocked me as we sped past them. They grew wild between the orange orchards and highway 5, stretching their limbs every which way and tossing their bright faces in the wind.

I turned away and checked my phone for reception. Still untethered, adrift in Nowhere, California. Also, my stock app hadn't been checked since yesterday. I hit the refresh button.

"Re-lax, girl!" Leah's sun-tanned hand reached across from the driver's seat and pushed the screen away from my face.

Lesser eye-rolls than the one I gave my best friend since high school have been known to send their owners searching blindly. "I still can't believe you kidnapped me without a plan."

"I can't believe you're still worrying over that screen. Three hours through the land of plenty, with the pristinest of blue skies overhead, and the friendliest of sunflowers waving to us, and you're still addicted to that app. Really, Katherine, you should be thanking me." I had to laugh a little at that; it was classic Leah: The Philosophical Poetry Major always acting like my mom.

"Or three hours to the middle of nowhere and we don't know where we're stopping to eat, and we probably aren't dressed right for whatever it is we don't know we're doing." I looked skeptically at Leah's favorite sparrow-print skirt and my jean capris. We were supposed to have gone to the mall, where it was air-conditioned.

"This is what's called a 'summer adventure.' And you can't plan those.

If you have to analyze the heck out of it, think of it as an experiment in Providence. Besides," and her voice dropped its teasing peppiness, "We've hardly talked in ten months—how was your freshman year?"

I sighed, letting myself deflate into the seat. August had suddenly turned into May, and I was none wiser than I had been in high school as to how that had happened. I surreptitiously hit the "refresh" button and glanced at my phone. No luck.

"It was good—my grades were even better than in high school." I really was proud of them. "Econ went especially well. Also, you will be interested in knowing that there is this absolutely gorgeous guy who sits next to me at work."

At word of a possible man-of-interest for her friend, Leah had me convey all my college guy friends via their celebrity alter-ego, which led to a half hour of us belting the sassiest Miranda Lambert songs on my phone, precluding checking it for reception.

After those ran out, and somewhere in the middle of Johnny Cash's version of "Cat's in the Cradle", I was reaching to turn up the volume when a shadow passed over the car, Leah yelled "shit!" and my head almost hit her shoulder as she swerved into the right-most lane to avoid a big rig that had shoved its way over. My hand hit the "skip" button instead.

"Are you OK?" She yelled, blindly trying to clasp my shoulder while keeping her eyes on the road.

"Ah, yes. You can stop petting my

ear now," I laughed.

"Sorry—I swear he came out of nowhere." She sat up straight, smoothed her feather earrings, and glanced at the whizzing traffic, solid lines, and highway sign that read "CA-180 E to Tranquility, Exit Only." "But, Fate has now intervened, and, my fellow pilgrim, we have our marching orders...And they're just what we needed," she added quietly.

Whoever had named the town of Tranquility had made poor use of a thesaurus. Perhaps it was the heat, which radiated off the endless pavement and drove everyone inside, or the slow pace of the pick-up trucks that trundled along with over-sized loads, but "Drowsy" or "Lethargy" would have been more honest. I quickly checked for mobile data; no such luck. Well, if the second Great Depression was happening, I could rent a farmhouse here.

The main street was lined with a nameless factory, Renaldo's Auto Parts, a combined gas station and liquor store, and various other small shops in concrete or brick buildings with flat roofs and slight rust stains dripping from the wrought-iron windows. Ads decorated the fronts: "40% off Coors Light!"; "Find Tranquility with a pedicure." One slightly larger cube, Sparrow's Café, had switched in wooden frames for iron and had curtains in the window. That's Leah's favorite bird, so we wandered in. The dining room was decorated with black and white pictures of Yosemite and Sequoia National Parks, and we had

barely finished our Reubens before Leah had picked Sandy Cove, Hume Lake as our destination from among the photos.

"Looks beautiful!" I said, getting the wifi password from the menu and looking up directions. I passed on checking the stocks, wanting to get on the road; besides, I'd done my homework. "Let's go—daylight's wastin'."

Leah gunned it through Fresno City and past more farms, and opening the windows and sun roof, we stuck our hands out and let our fingers "ride the airwaves" until the road started to wind its way up into the Sierras. The setting sun tinged the red firs a warm, firey orange.

By the time we found Sandy Cove, a crescent moon hung over the lake which was still and cold as a mirror. I took my phone out to save the beauty for later, but its plastic eye couldn't see the varying shades of black. Out of habit, my thumb went to check for reception but I threw the phone into the backseat and jumped out of the car just in time. Leah already sat perched on a rock in the water, staring at the stars and occasionally jotting something in her notebook. I wandered into the cold black liquid and found the stars glittering on its surface. "An experiment in Providence." Gulping in the pine air, I turned, opened my arms, and trust-fell backwards. The water rushed over me for two seconds before I surfaced to see the Milky Way arched like a midnight rainbow above the world.

Two Writers Walk into a... Lego Store

by Chennah Sharpe '17
Portfolio Staff

DIALOGUE

Mark: I see you're gravitating towards the *Star Wars* section. Anything that interests you?

Joseph Faraway Sr.: [*pensive and confused expression*] When I was a young boy, all we had to choose was the number of LEGO pieces in a set. We created battleships and galaxies from our own imagination. Now there are LEGO characters, instruction manuals, and model Darth Vader pieces. What happened to the good ol' days?

Mark: Well, there have been a number of changes since then. Can I help you find anything?

Joseph: My grandson, he's such a nice boy, he plays baseball. Do you like baseball?

Mark: Um...yes, I suppose I do. Are you looking for a baseball-themed set? Jim might be able to help you, over there...

Joseph: What? Oh no, his birthday party is next Saturday, it is *Star Wars*-themed, do they do those much anymore? All my friends and I had them. Little Joe is turning 10. Or did he already turn 10?...

Mark: Well, we have this \$29.99 Darth Vader buildable action figure here, that utilizes our new building system. You can even buy a Luke Skywalker figure to pair it with!

Joseph: \$29.99...You could buy a

whole collection of LEGOS for that much when I was a boy, or a month's worth of penny candy...But we always had to share our toys and treats. I hope little Joseph shares the LEGOs with Caroline. She is so sweet. She will be 4, when is her birthday? Did I forget it?...well...I should buy something with small enough pieces so they can share? What do you have that doesn't have these miniscule-sized light-savers?

Mark: Well...we mostly deal in small pieces here. I'm not sure what you might prefer...perhaps you might consider purchasing one of our new BIONICLE sets? They are perfect for 10 year-old boys, and they have very few small pieces.

Joseph: BIONICLE, what is a BIONICLE?

Mark: Well, that's...um...a little difficult to explain. Well, you see, the story takes place on this island, and there are these guys—I think they're robots—with powers and masks...but I don't think your grandson will worry about that. They look cool, after all.

Joseph: Robots with superpowers? What are we teaching to our children? Giving robots superpowers. It used to be superheroes were superheroes, robots were robots, although usually evil...when I was a young lad, we

played outside pretending to fly, jumping off climbing structures. My little Joseph likes to play as *Star Wars* characters, so what about this one? [*picks up a buildable Luke Skywalker figure*]

Mark: Ah, that is Luke Skywalker... he goes with Darth Vader. I...I think we were just here, weren't we?

Joseph: Luke Skywalker, was that Joseph's favorite character? Or was it Darth Vader? He told me...pick this old brain of yours, where is Kathy when you need her? Kathy remembers everything, she can tell you the next Bingo night, which movie is playing and when. She has the greatest memory; she knows the lyrics to all of Frank Sinatra's songs, every one, pick a song. She knows every word...

Mark: Oh...well that's nice...so, uhh, yea or nay on the Luke Skywalker?

Joseph: If I get the Luke Skywalker, then Caroline definitely won't get to play with her brother. How about, what's that girl's name? The character who has those two braids which hide her ears?

Mark: I'm pretty sure you're thinking of Princess Leia. Hold on just a moment. [*rummages through sets on the shelf*] Ah! Here we are! We have this Imperial Shuttle set! It has minifigures of Princess Leia and Han

Solo, so both of your grandchildren can play!

Joseph: Oh but it says nine plus, and little Caroline, she is a very good girl. She won't be able to play with Joseph.

Mark: Hmmm. Then perhaps the Luke Skywalker would be the best way to go. It's only \$19.99.

Joseph: But why does he look so...no I can't get that for Joseph...do you not have anything simpler? Without this fancy stuff in it?

Mark: I don't think so...most of that fancy stuff is in everything we have...

Joseph: Joseph may like that Luke Skywalker model though...But he does like baseball...Do those sets have bigger pieces?

Mark: I believe they might. Would you like to look at those? You can go see Jim...

Joseph: Yes, Joseph does like baseball. Thank you so much, such a nice boy, you've been so helpful. Where is the baseball section?

Mark: [*points*] Just over there. Have a good day, sir.

[*Mark walks away but turns to see old man wander around before returning to Star Wars section to pick up the Luke Skywalker figure*]

PHOTO COURTESY OF Michael Sult

Fast Fiction

One story. Six Words. And...Go.

Closure

by Ariana Pasquantonio '16
Portfolio Staff

FICTION

Eventually, she felt nothing but indifference.

Love at First Sight

by Marisa Gonzalez '18
Portfolio Staff

FICTION

I found love within my mirror.

Ray Carver

by Jose Martinez '16
Asst. Portfolio Editor

FICTION

What do we actually talk about?

Anointing

by Jonathan Coppe '18
Portfolio Staff

FICTION

Quartermaster's log: "Chaplain needs Chrism. Soon."

Self-Respect

by Branan Durbin '16
Portfolio Editor

FICTION

Running successfully requires no looking behind.

Listomania

Childhood Dreams that Have Not Come True (...Yet)

Receiving a Hogwarts Letter

Transforming into a Bumble Bee

Becoming a Llama Herder

Getting a Barbie Jeep

Flying Like Superman

Being Able to "Blue Ska-doo"

Eating a Krabby Patty

Being Able to Talk to Animals

Spending a Rainy Day with the Cat in the Hat

Having Mary Poppins as a Babysitter

Forming a Boy Band

Getting Abducted by Aliens

Finding the Closet Door that Leads to Narnia

Web-Swinging Through New York City

Lighthouse

by Konner Jebb '16
Portfolio Staff

PROSE POETRY

Midnight's storm shadowed tides as the seaman clutched his wheel, hands lost to his eyes and himself lost within the ocean. Above him the sky was the color of smog and his boat trudged forward on a wake of tar. Tar that towered and bellowed fifty feet above the wooden ship, like a demonic god, taunting the bough, dissecting the rudder, rocking its rotten hull closer to damnation within the murky pit. The wind tore at his eardrums, skinned his face. Rain, like bullets scourged the deck, the seaman weakening to splintered planks. How dare he cross through our sacred realm! Screaming in contempt, the storm hurled waves over the boat's rails, choking the captain who hurried to man ropes. He dared not do anything but travel home.

Where was home? Hugs. A daughter with swollen lungs. Attending to her. Land. The dark world around him drained these thoughts from his mind, detonating the word among rounds of thunder for the sky to listen. A cloud of flame devoured the smog ahead, slinking steadily towards the ship, molding a beam. Land. The ship cut through the vengeful waves, bow caressing the dim sheer of the water, wading within the light. Warmth swept his face, his hair, he was found. The boat, reliable. The light source blared in the distance, sun awake into the night, a halo, a sign that the seaman, possessed, followed its illumination like a passageway. This circular yellow savior grew closer, the seaman's eyes burned, reaching his visible hand beyond the wheel, grasping. His boat, miniscule beneath this twinkling path, obeyed captain's orders, sailing on. Larger, faster, eyes ablaze.

Crash. The wooden ship crumbled against cliffs. Its wheel, detached, surfed atop shallow tides. The seaman, a ragdoll, disposed of within the tar-like waves, salt licking wounds. He was swallowed, lost. The light did not tremble as the well-fed sea slept.

Tiffany & Earl

*Making PC an emotionally stable
place one letter at a time*

Dear Tiffany and Earl,

Over the past couple years, I've been noticing the little crow's nest on the front of Harkins. Whenever I search inside for the way to get to it, though, I always get lost or end up stuck at a locked door. How do I get myself onto that little balcony without getting lost in the Chamber of Secrets in the process?

Sincerely,
Moaning Myrtle

Dear I'm Cho Chang Y'all,

The last time the Chamber of Secrets (toward the balcony) was opened almost 50 years ago, a business student was murdered.

Should you be morally ambiguous enough to risk the death of another business student you first must steal the Martyr's Map from the desk of headmaster Dumbleshanley. From there utter the words, "I solemnly swear I am drunk." The map will then reveal a map which you can not only use to find a path toward the chamber's balcony, but also stalk all your exes.

In order to open said balcony door itself, say the following sentence in Latin: "Death to the heretics." The door to the balcony should open. Be sure to bring your wand, because you may run into the serpent that tempted Adam and Eve.

BTW, you totes didn't hear it from me.

Best,
Sister Gilderoy Lockfart



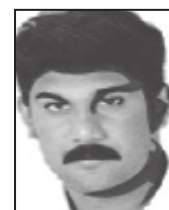
Tiffany

Dear Seamus Finnigan,

Obviously you're getting stuck at the door. If you can't speak Parseltounge, you can't get in, duh. What, you thought Bishop Salazar Harkins wanted every student to be able to get in? Only the Heir of Harkins alone would be able to open the Crow's Nest and unleash the horror within, and by so doing, purge the school of all those who, in Harkins' view, are unworthy to study liberal arts.

The Crow's Nest, of course, is said to be home to something which the Heir of Harkins alone can control. It is said to be home...to a monster. So if you hear any threatening hissing noises, and no one from Friars Club is nearby, it's probably safe to assume that the monster has been unleashed and we're all doomed.

If such a scenario were to be played out, I'm afraid it would be the end of Providence College. Good job, first year.



EARL

Disclaimer

The Tiffany & Earl feature is a satirized account of Providence College. Both the question and answers are purely works of fiction. Tiffany & Earl are anti-heroes whose comments ultimately satirize the stereotypes they each represent.

Advertise with *The Cowl*

· 3,000 in circulation · Distributed in 80 locations · Over 5,000 Students Enrolled · Competitive Rates · Expert Execution ·

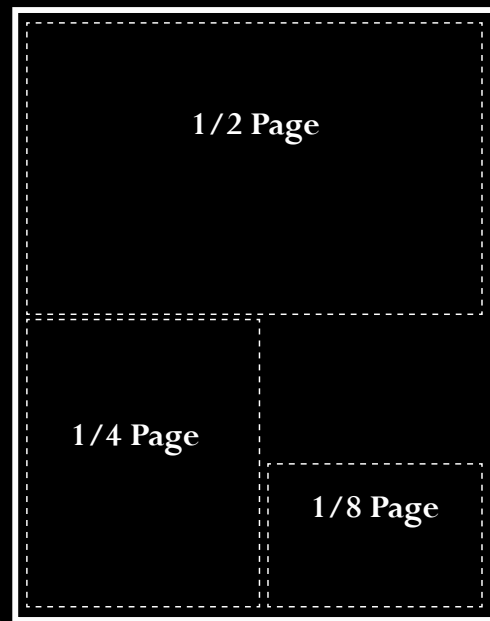
NATIONAL RATES			LOCAL RATES			ON-CAMPUS RATES		
Description	Size (LxW)	Price	Description	Size (LxW)	Price	Description	Size (LxW)	Price
*Full Page	16"x10"	\$600.00	*Full Page	16"x10"	\$500.00	*Full Page	16"x10"	\$250.00
Half Page	8"x10"	\$550.00	Half Page	8"x10"	\$450.00	Half Page	8"x10"	\$200.00
Quarter Page	8"x5"	\$450.00	Quarter Page	8"x5"	\$350.00	Quarter Page	8"x5"	\$100.00
Eight Page	4"x5"	\$300.00	Eight Page	4"x5"	\$200.00	Eight Page	4"x5"	FREE

*all local and on-campus full page advertisements receive a complementary tweet from *The Cowl* twitter, @thecowl.

DISCOUNTS

NATIONAL			
FREQUENCY DISCOUNT		UPFRONT DISCOUNT	
#Ads	% Discount	%Upfront	% Discount
3	2%	25%	3%
4	5%	50%	6%
8	10%	75%	9%
10+	15%	100%	12%

LOCAL & ON-CAMPUS RATES			
#Ads	% Discount	%Upfront	% Discount
3	3%	25%	4%
4	6%	50%	7%
8	11%	75%	10%
10+	16%	100%	13%



PUBLICATION DATES

Fall	Spring
September 3	January 14
September 17	January 28
September 24	February 4
October 1	February 11
October 8	February 25
October 22	March 10
October 29	March 17
November 5	March 31
November 12	April 7
November 19	April 14
December 3	April 21
December 10	April 28

CONTACTS

Kathleen McGinty, Editor-in-Chief
kmcgint1@friars.providence.edu

Gabriella Nigro, Associate Editor-in-Chief
gnigro@friars.providence.edu

James Seabright, Managing Editor
jseabrig@friars.providence.edu

Richard Kless, Faculty Advisor
rkless@providence.edu

Payment Method

Payments are only acceptable in cash or check. They must be delivered by mail or in person to Richard Kless (Providence College - Slavin Center 206, Providence, RI 02918) by the due date. Make sure to discuss these options with your assigned Business Associate. Checks must be made payable to "The Cowl". A PDF of the newspaper will also be available on our Web site for your convenience.

Graphics

All advertisements/graphics should be sent to your personal Business Associate by 5:00pm on the Tuesday before the publication date. Advertisements should be in PDF, JPEG, or PSD and should not contain color (for best quality, we recommend PSD). We print on 11x17 paper (tabloid). Please measure your graphic accordingly to avoid distortion. We do not make graphics.

Contact Method

Contact the Editor, Associate Editor, or Managing Editor if youThe most efficient way to resolve any issues is to contact your personal Business Associate. If you are not a current client, e-mail either the Managing Editor, Editor-in-Chief, or Associate Editor-in-Chief. If you are a prospective on-campus client, please contact our On-Campus Business Associate. If you are a national advertisement agency, please contact the Managing Editor. Note, local ad rates apply to local, privately owned businesses only. All national advertisement agencies pay national ad rates, even for local accounts.



SPORTS

Athlete in Friar History: Mary Cullen



Cullen '04 competes in a race in Ireland.

PHOTO COURTESY OF WWW.ATHLETICSIRELAND.IE

by Nate Svogun '16
Sports Staff

WOMEN'S CROSS COUNTRY

One of the sports that Providence College has historically excelled in is Women's Cross Country. While casual PC sports fans are certainly aware of our high profile Men's Basketball Team and our recent national champion Men's Hockey Team, some forget that the Women's Cross Country Team (currently ranked third in the nation) won a national championship in 2013, and has been producing world-class athletes for quite some time now.

One such world-class athlete is Mary Cullen '04. Originally from Sligo, Ireland, Cullen was competing on the international stage before she even arrived at PC. In 1999, at the age of 16, she participated in two major events organized by the International Association of Athletics Federation (IAAF): the junior race at the World

Cross Country Championships and the 3000-meter race at the World Youth Championships in Athletics.

Her performances drew the attention of PC's renowned track coach, Ray Treacy, and soon after meeting with Treacy, Cullen committed to Providence.

In her impressive career here at PC, Cullen certainly lived up to her reputation. She received All-American selections three times—in both outdoor track and cross-country her sophomore year, and in cross-country during her junior and senior year as a Friar.

From the start, Cullen put in excellent performances, including a win in the 3000-meter race at the Penn Relays and a fifth place finish in the 5000-meter race at the Big East Championships during her freshman year.

She improved the next year, placing 28th in the nation at the NCAA National

Cross Country Championship, and taking home fifth in the 5000 meter for that season's NCAA Women's Outdoor Track and Field Championship.

Before leaving PC, Cullen submitted her most remarkable season yet. She began with first-place finishes in a pair of mile runs at the Women's Challenge Cup and the University of Rhode Island Invitational. Next, she finished second overall at the Big East Cross Country Championship. To top off her sensational career here at PC, Cullen finished fifth at the NCAA National Cross Country Championships.

But Cullen's story doesn't end there. At the 2007 European Indoor Championships, she finished in seventh place in the 3000-meter run, followed by a fourth-place finish at the 2008 European Cross Country Championships soon after.

A few months after her impressive fourth-place European finish, Cullen suffered a terribly timed calf injury.

It robbed her of a chance to shine on the global stage at the 2008 Beijing Summer Olympics—just as that she was earning some of the best times of her career.

Cullen bounced back big time in 2009. She finished with a time of 8:43.74 in the 3000-meter at the Valentine Invitation Meet in Boston, an Irish national record.

Next, she captured the bronze medal in the 3000-meter at the 2009 European Athletics Indoor Championships, her most prestigious finish to date.

Cullen continues to make PC proud and prosper in the world of long-distance running to this day, but there is still clearly one finish line she desperately wants to cross. All you need to know is located on her Twitter page: "Runner...goal to make Olympics."

Women's Soccer Fights Through Big East Schedule

by Bryan Blum '17
Senior Sports Writer

WOMEN'S SOCCER

After beginning the season with a impressive 7-3-0 record, the Providence College Women's Soccer Team continued its strong campaign as it entered Big East Conference play but failed to live up to the early season success, dropping two of their first three conference games.

In one of their weaker performances against Georgetown, the Friars still managed to send the game into double overtime before dropping the 2-1 match.

"We didn't compete in the first half, nor did we play well to our standards," said Head Coach Sam Lopes, "but the positive was we were only down a goal and we should have scored a couple. What can be learned from this game is that even when we don't play well, we can still find ways to compete and give ourselves chances."

The Friars went down 1-0 early in the 12th minute, but Catherine Zimmerman '16 tied the game with 46 seconds left in regulation to send the game into overtime. After a scoreless overtime period, the Hoyas won the game in the 104th minute.

"The group is disappointed, as am I, but we need to be authentic with

our self-evaluation and continue the process of growth during this season," said Lopes after the game.

The Friars followed up the disappointing loss, however, with a shutout over Xavier in Cincinnati. The Friars took an early lead off the foot of Christina Klaum '18 in the 10th minute. This goal not only served to be Klaum's first of the season, but the only goal of the game, as the Friars came away with a 1-0 victory.

Road wins are very difficult in the Big East and tonight was no different," Lopes said. "We played well and created a plethora of opportunities against a very aggressive Xavier team. We needed to be more composed with

the chances we created. Even though the second goal never came, it was great to earn a shutout on the road. I challenged this group in a few areas and they stepped up. I'm proud of the performance."

In their next match against Butler, the Friars got out to an early 1-0 lead, but then surrendered three unanswered goals to the Bulldogs, losing 3-1 on their home field. Morgan Thomasian '16 scored the only goal for the Friars in the 31st minute and goalkeeper Kristyn Shea '17 made seven saves, but the Bulldogs outshot the Friars 20-11, despite both teams having eight shots on net at the end of the first half. Although the Friars came out strong,

the Bulldogs dominated nearly every part of the game.

"I give credit to Butler, they out worked us and won every duel, so it was a well-deserved win for them," said Lopes. "They did a good job making the game territorial and we didn't respond. We struggled today on many levels. There are no easy Big East games, so it will be important for us to regroup and get ready for the next match."

The Friars look to rebound from this tough loss at home against Villanova on Oct. 8.



PHOTO COURTESY OF WWW.FACEBOOK.COM

Editor's Corner: A New Era Has Dawned

by Joey Ciccarello '16
Sports Editor

COLUMN

Brand names are overrated. Sports teams have denied this for years, especially coaches, owners, and fans so convinced that their program's "branding" can sell players on why they should sign with their team. This season has proven this claim even truer, as is evidenced by a quick glance at the top contenders in basically every sport.

For starters, look at the state of Texas in college football. The Texas Christian University Horned Frogs are ranked second in both the AP and Coaches polls. TCU is by no means a program with a rich history; they finished 4-8 just two seasons ago, and are currently in only their fourth season in the Big 12. However, the Horned Frogs buy what Coach Gary Patterson is selling; a new uniform each week, an up-tempo offense, and one heck of a chip on their shoulder after finishing just outside of the College Football playoff last season. The other contenders, such as former doormat Baylor University and Texas A&M, sell basically the same things: fun to watch, high-octane offenses that turn the country's flashiest, most athletic recruits' heads. Fun is winning in college football, not brand names such as Nebraska and Tennessee.

In the NBA, no big-time franchises have struggled to attract free agents like the Los Angeles Lakers and the New York Knicks. The Lakers, stuck on selling their brand

name to players, have run their franchise into the ground while young, exciting teams like the Golden State Warriors and Houston Rockets have surged past them. Heck, even their "little brother," the Los Angeles Clippers, have had more success attracting players. The Knicks, who tried to recruit Phil Jackson to sell players on the Triangle Offense and the aura of the franchise, slipped to the Eastern Conference's worst record in 2015, and failed to attract this season's top free agents. If it isn't crystal clear already, both franchises should realize tradition hasn't sold in basketball for years now.

The New York Yankees are unarguably the most recognizable brand in Major League Baseball. However, as Fox Sports' Colin Cowherd put it the other night, their product seems stale, old, and, frankly, boring. Across the city, the Mets' exciting collection of young pitchers seems to be a much easier selling point for prospective free agents. In baseball especially, finding and developing talent, not simply recruiting players on a brand, has become a winning formula.

Sure, a brand name can be a start. Ask Kentucky basketball coach John Calipari; he was undoubtedly helped by the fact that Kentucky has a rich history. However, coaches before Calipari (see Billy Gillespie) struggled to find blue-chippers that took the program to the top. Calipari, while using

Kentucky's brand name as a springboard, wins his recruits over through his charm, his basketball knowledge, and his long-sustained record of success.

Meanwhile, former University of Texas football coach Mack Brown relied too much on his team's brand towards the end of his career. For all the good that Brown did—a national championship, an undefeated regular season in 2009, and a complete resurrection of Texas Longhorn football, he left the cupboard empty by the end of his career in 2013. Brown deliberately passed up on electrifying, athletic quarterbacks like Johnny Manziel and Robert Griffin III in favor of a seemingly revolving door of pro-style quarterbacks. This was a clear effort by Brown to uphold his pro-style, grit and grind football in favor of the ever-growing spread up-tempo offenses. Texas suffered and declined from 2010 on, and current coach Charlie Strong is left picking up the pieces of Brown's resistance to change.

This is a new age of sports. Fun, flashiness, and success sell. Brand names, on the other hand, have grown stale and have left once proud programs to stubbornly trumpet past successes and tradition. One lesson should be abundantly clear to leaders of these proud, prestigious programs: change, or be left behind.

TORONTO BLUE JAYS

When the Toronto Blue Jays traded for Colorado Rockies' Shortstop Troy Tulowitzki and Detroit Tigers' starting pitcher David Price, it became clear that they were going all in for this season. At the All-Star break, the Jays sat at 45-46, one game under .500 and vastly disappointing in the eyes of many.

However, since the acquisitions of Tulowitzki and Price, Toronto has been on an absolute tear, going 21-6 in August and 18-9 in September. Toronto's play in the second half of the season earned them the American League East pennant, as they surpassed both the Baltimore Orioles and New York Yankees in the process.

The main reason for the Jays' success this season has been their hitting. Over the course of the regular season, Toronto's offense was ranked first in runs scored, and it was not even close. The Blue Jays scored 891 runs over the course of a 162 game season, while the next closest team, the New York Yankees, were 127 runs behind.

This production is due to an elite group of power hitters, a list that includes MVP front-runner Josh Donaldson, two time AL Home Run Champion José Bautista, and perennial power hitter Edwin Encarnación. With a group of sluggers like these, it is hard to imagine that any other AL team will be able to handle the potent Toronto lineup.

In addition to their line-up, the Blue Jays' pitching has also been a force to be reckoned with during the second half of the season. Due to the recent excellence of Duke graduate Marcus Stroman, Toronto now has two fantastic options at the start of their pitching rotation, with Stroman and former CY Young winner David Price.

The Blue Jays also have some strong options at the end of their bullpen, with Brett Cecil and Roberto Osuna proving to be reliable late-inning performers over the final few months of the season. With a lineup, pitching rotation, and bullpen as strong as the Blue Jays, they will undoubtedly be the team representing the American League in the 2015 World Series.

-DJ Anderson '16

WHO WILL FACE OFF
IN THE 2015
WORLD SERIES?

LOS ANGELES DODGERS

Strong pitching. Timely hitting. Good managing. These three characteristics are consistent in merely every World Series-caliber team's makeup. While timely hitting cannot truly be foreseen, strong pitching and good managing are what will carry the Los Angeles Dodgers to the World Series this year.

The Dodgers possess two of the three best pitchers in the Major Leagues in Clayton Kershaw and Zack Greinke. After a slow start to the season, Kershaw caught fire towards the end, and became the first pitcher with 300 strikeouts in a season since Randy Johnson and Curt Schilling did so in 2002. Following him up is Zack Greinke, the National League All-Star game starter with a miniscule 1.66 ERA and a dazzling 19-3 record. In the bullpen, Kenley Jansen has proven himself to be a reliable closer; to get to him, however, relievers such as J.P. Howell and Yimi Garcia must be as dependent as they were throughout the regular season.

The lineup has a different look than previous seasons. Stars such as Adrian Gonzalez and Yasiel Puig remain, but unsung heroes such as Justin Turner, Enrique Hernandez, and Andre Ethier have stepped up to play valuable roles. Add in rookie Corey Seager, a slick fielder who also hit .337 in 27 games this season, and the Dodgers position players suddenly look much more daunting than they did in previous years.

Manager Don Mattingly, likely still stinging from the memories of disappointing postseason exits in the last two seasons, has seemingly pushed all the right buttons this season, such as benching Joc Pederson for Hernandez, and replacing an aging and declining Jimmy Rollins for Seager. Armed with as potent and deep a roster as he's had as manager, the Dodgers should survive the National League dogfight and finally make it to the World Series.

-Joey Ciccarello '16



TCU Football Coach Gary Patterson

PHOTO COURTESY OF STAR-TELEGRAM.COM

Rise and Grind

Cross Country Programs Fighting for National Titles

by Brent Bauerle '16
Sports Staff

CROSS COUNTRY

Almost a year ago today, Bill Belichick stepped up to a podium after a humiliating loss, championship aspirations weighing firmly on his shoulders, and said his most famous line: "We're on to Cincinnati." And although there may be no football team here at Providence College, championship dreams abound, and Belichick's words may be more prevalent than one might think.

It may seem at first glance to just be the surly words of an old, ornery coach, but the laser focus on the next step, rather than the greater picture, is a trait any successful team has to embody if its championship hopes can ever be fulfilled. Here at Providence College, it is an attitude embodied by the most Patriot-esque program the school has, the Men's and Women's Cross Country teams, who, perhaps the most of all the school's athletic teams, consistently succeed at the highest level.

"Success at the end of the season is always in the back of our minds and something that's often something we think about," said Katie Sisco '16. "However, because it's a long season and there are so many critical things that need to take place in order for future success to take place, there's definitely more of a laser focus on each day, getting done what needs to be done."

No one would blame the Friars for thinking of big things. As of this writing, the women and men both rank third nationally (with the men jumping all the way from 24th in the preseason rankings), and the women won the national championship only a few years ago. The numbers back up the talk, as the women have finished first in both of their first two meets, a feat the men have matched with two first-place finishes of their own. Such accomplishments are the hallmarks not only of teams on the rise, but of teams who are pushing toward the ultimate goal.

And even beyond the cumulative statistics, the Friars boast the upper-echelon individual talent that championship teams need when the going gets tough and the competition gets stiff. In particular, the Friars sport a runner on the women's side, Catarina Rocha '17, who has already won Big East Player of the Week twice on the young season. On the men's team, Tom O'Neill '18, has put up several strong performances including a fifth place finish at the competitive Princeton Inter-Regional Meet.

Having such a plethora of talent means more than just individual accolades, however. It provides something that any team looking to push itself towards the ultimate prize needs: competition.

"We've always had very high-level runners as a part of the program," said Sisco in regards to the competitive nature of practices. "If anything, because so many of the girls are so talented at a similarly high level, practices and workouts can even seem more cooperative and more cohesive. There's nothing like watching the top group of girls run a workout ridiculously fast, working together the entire time."

Such are the fruits of having a program that consistently competes at the highest level; it allows for elite athletes to be challenged even when they are not competing against other teams. And while on a team that has



only recently tasted success, such competition might undermine the sort of team chemistry that is necessary in order to forge through the crucible of a long and arduous season.

The road to a championship will not be easy. It never is. One needs to only look at the men's jump in the standings to see that fortunes can turn faster than anyone could anticipate, and the looming threat of injuries—a specter every team must deal with—can always derail a promising season.

Beyond the usual caveats, the competition will be fierce across the board on the national stage. Will Farrell's Ricky Bobby may have been oversimplifying when he said, "if you aint first, you're last," but there is a ring of truth to the phrase, especially to a team that runs a race that is a zero-sum game: you either win or you lose.

But such are the pressures of chasing a national championship, a pressure that the Friars have had to navigate before and will have to navigate again in order to fulfill their goal.

"As a senior this whole thing is very bittersweet," said Sisco on the championship chase. "I was a part of the recruiting process for almost if not all of these girls—they stayed in my dorm room when they came to visit as seniors in high school. I've watched them mature into impressive runners and people, and I've also watched some very close friends graduate and move on. It's hard to think it's all coming to an end, but it's been a fantastic adventure. Pulling off that amazing feat at the end of the season would just be the cherry on top of this entire experience."

Climbing to the mountaintop is not for everyone; some never begin the

climb, while others falter at the various milestones along the way. It takes a team with more than just talent to make it to the summit. It requires a team with the backbone and structure to take adversity and turn it into triumph, with the competitive spirit and chemistry to push each other to the top rather than drag each other down the slope. It is early in the season, and a lot could go wrong between now and the National Championships. But the Providence College cross country program seems to have just the right mix of all those factors to take a shot at scaling the peak by taking the journey one step at a time. As Belichick might have said, the goal may be the championships, but for now, the adage is simple—the runners are simply on to the next practice.

Men's Soccer Still Looking for First Conference Win

by Lauren Altmeyer '17
Sports Staff

MEN'S SOCCER

Although they were the Big East Champions last season, the Providence College Men's Soccer Team has not gotten off to the start they were hoping for in conference play this year. After losing their first Big East matchup to the Georgetown Hoyas, the Friars looked to make a comeback against non-conference opponent UConn Huskies and Big East opponent Butler University Bulldogs this past week.

On Thursday, the Friars were slated to play the Huskies in Connecticut for their first matchup since 2012. However, due to poor field conditions as a result of inclement weather, the game had to be postponed. As of right now, a time for a potential make-up date has not been announced.

PC returned home on Saturday night to play against Butler for the two teams' third meeting in history.

Going into the game, the Friars and Bulldogs had split the all-time series with a win and loss each. However, the Bulldogs bested Providence 2-0 to improve their overall record to 6-0-3, remaining undefeated thus far.

The first half of the game was dominated by Butler's offense. The Bulldogs outshot the Friars 7-4, with two of those attempts turning out to be shots on goal. Goalkeeper Ben Seguljic '18RS held his own as Butler kept attacking and after the first 45 minutes were up, the game remained scoreless.

The tie, however, was broken just over a minute into the second half. Butler's Vincent Mitchell outran the Friars defense on a breakaway play and beat Seguljic on the short side, finding the bottom right corner of the net. The Bulldogs' second goal came at 58:41 as the result of a free kick. Jeff Adkins served up the free kick, which was ultimately headed in by Kiernan Geldenhuis for the

first goal of his career. As it came down to the final 10 minutes of the match, Providence strengthened their offensive attack. The Friars garnered 12 shots on the night, but were not able to put any of them past Butler's keeper, Eric Dick. Dick's shutout marked his fourth of the season. After the game, Head Coach Craig Stewart said, "Butler has a good team but we are obviously disappointed not to get a result at home."

Forward Mac Steeves '17 led PC's offensive attack, tallying two of the four shots on goal. Much like the previous season, Steeves leads the Friars in goals and points (scoring seven out of the team's 10 goals and racking up 14 points so far). Apart from Saturday's tilt, Steeves has registered at least one goal in each home game and leads the Big East in both total goals and goals per game.

Aside from Steeves, Coach Stewart is very impressed with the play of the sophomore class. When asked about standout players this year, Stewart said,

"I think a number of young players have stepped up this season including red shirt sophomores Ben Seguljic, Mark Jecewiz '18RS, and Brian Kennedy '18RS, who are all playing major roles in the team." Seguljic has recorded two shutouts in eight starts and has a record of 4-4-1, while Jecewiz and Kennedy have both been strong defensive players throughout the season.

The team will continue fighting for that first Big East win this Saturday, October 10 at 7 p.m. when they travel to Cincinnati, Ohio to face the Xavier Musketeers. It will prove to be a tough matchup as Xavier is undefeated in the Big East and holds a record of 7-3-0. However, the Friars are ready to get back on track and make the move towards defending the Big East Championship.



Julian Gressel '17 fights to control the ball.

PHOTO COURTESY OF FACEBOOK.COM/KEVINREILLY

You Have Been Served

Women's Tennis Starts the Season 2-0

by Jeff Williams '17
Sports Staff

WOMEN'S TENNIS

The 2014-2015 Providence College Women's Tennis Team went 9-11 (3-5 Big East) and got to the second round of the Big East Tournament. They knocked off the Creighton Blue Jays in the first round before falling in the second round to the number one seeded DePaul Blue Demons, who were ranked 35th nationally and would later win the Big East while reaching the Elite Eight.

This year's Friar women began the season at the Sacred Heart Doubles Invitational on Sept. 12, where they posted a 15-9 overall record. The top team of Alana Prinos '16 and Emma Burgess '18 went 4-1, defeating the top teams of Sacred Heart, Quinnipiac, and

Hartford, while losing to Fordham's top team but beating their number two. In the B-flight, the pairings of Jennifer DeLuca '17 and Amanda Pitocco '17, and Nicole Cyterski '18 and Hannah Zangari '16 won two matches each while both losing to Fordham's third squad.

In their first dual match of the year, the Friar women dominated the Holy Cross Crusaders in Worcester, Massachusetts on Sept. 16. They swept doubles behind Prinos/Burgess, Pitocco/Zangari, and Katie Marvin '18 and Grace Biciunas '18. The singles notched six wins to close out the dominant victory.

Behind Cyterski, Burgess, DeLuca, Brooke Burnside '18, Katherine Denucci '18, and Risa Takenaka '19, PC cruised, 7-0. The Friar women next competed at the Quinnipiac Invitational Sept. 18-20, where Prinos

reached the semifinals of her singles flight while she and Burgess made the semifinals of the doubles, as well as Cyterski/Zangari.

On Sept. 25-27, PC was at West Point, New York for the Army Invitational. Prinos won her first match but lost in the round of 16 to the same player that had beaten her a week earlier. In second singles, DeLuca went 0-2, while Pitocco finished 1-1 in third singles.

Zangari finished 0-2 with two tight decisions, and Takenaka had a strong victory in her first match losing a hard fought match to the top seed in her draw. Biciunas lost a marathon while Burnside dominated her first two matches before falling to the fifth seed. The doubles teams of Prinos/Burnside and Biciunas/Takenaka lost their matches, while Cyterski and Zangari cruised into the round of 16.

The second team match was on Sept.

30 against Hartford. The second win was a blowout. Prinos/Burgess lost 6-2, but Cyterski/Zangari pasted their opponents 6-0 (a "bagel") to tie the doubles. DeLuca/Pitocco won their match 6-3 to clinch the point. The singles matches went much more smoothly for the Friars.

Prinos beat back a challenge from Hartford's best player, 7-6, 7-6. Cyterski picked up the third point, 6-2, 6-3, DeLuca dominated her overmatched foe 6-2, 6-0. Burgess soared to a 6-2, 6-2 win, and Pitocco held on in the second set to win 6-1, 7-5. Burnside completed the sweep with a double bagel, humiliating her adversary 6-0, 6-0. PC did not even have to look back, cruising to a 7-0 victory.

This week, the Providence College Women's Tennis Team will travel to Fairfield, Rhode Island, and UMass.