

# Friars Kick-off Basketball Season With Madness

by Meaghan Dodson '17 Co-News Editor

ON CAMPUS

Fast. Furious. Friars.

On Saturday, October 17, Providence College's 2015-2016 basketball season kicked off with its annual Late Night Madness event featuring rapper/Fast and Furious star, Ludacris. Friartown was decked out in black and white as the PC community gathered in Mullaney Gymnasium for the evening's festivities.

night The began with performances by various PC clubs and organizations. DJ Finesse provided the music as cheerleaders energized the crowd with everything from back handsprings to basket tosses, while the Dance Club, Dance Company, and Dance Team dazzled with their precision and pointed toes.

Dance Club member Rebecca Jost '17 stated, "Performing at Madness was the most exciting thing I've done so far this year! It was an exhilarating experience, to say the least!"

The Board of Multicultural Student Activities (BMSA) then performed High School Musical's "We're All in This Together" dance while dressed

as high school stereotypes, and the of course, no night in Friartown dance moves of his own throughout College got cultural with numbers by Motherland Dance Group, Irish Dance Club, and Tierra Latina. And,

would be complete without the the evening. energy and enthusiasm of its mascot, Friar Dom, who showed off some

MADNESS/ Page 2



Coach Cooley, above, dances with the Men's Basketball Team at Late Night Madness in celebration of the start of the 2015-2016 season.

# **The Mental Side of Social Media**



by Hannah Paxton '19 **Opinion Staff** 

#### MENTAL HEALTH

Social media is a wonderful thing, especially for college students. Being away from home, websites or applications such as Facebook, Snapchat, and Instagram help people keep in touch with their friends from high school while also fortifying their new college relationships. However, while beneficial to many students, social media plays a major factor in some mental health problems that often arise in college.



PHOTO COURTESY OF OFFERPOP.CON

#### **UNDERTHEHOOD**

News	2
Opinion	6
Photography	9
<u>A&amp;E</u>	11
Portfolio	16
Sports	19

# NEWS

Page 2 October 22, 2015

## **Madness: Friars Will Continue to Believe**

Continued from front page

After the dance performances, it was time for PC Athletics to take the floor. Members of the Men's Hockey Team made a special appearance, bringing with them their 2015 NCAA Championship trophy.

Women's and Men's Basketball were then introduced as each team member danced his or her way into the gym before performing a group dance with their respectove teams. Head Coaches Susan Robinson Fruchtl and Ed Cooley were also introduced amidst the cheers and applause of the crowd.

Cooley then addressed the PC community, speaking to students and athletes alike about the importance of the "Friar Family." He encouraged students to support PC athletics by attending the games and cheering the players to victory.

Cooley ended his speech by leading the crowd in singing Journey's "Don't Stop Believing," reminding everyone that new heights can be reached if the Friars trust in themselves.

PC has certainly "believed" in recent years: in 2013, the Women's Cross Country Team won the NCAA Championship, while men's basketball came out on top at the 2014 BIG EAST Tournament. And, of course, Men's Soccer and Hockey received national attention last year when they won the BIG EAST Tournament and the NCAA Championship, respectively.

Following Cooley's speech, members of the men's and women's teams faced off in a three-point contest. Players



Cheerleading (above) and Men's Basketball (below) both show off their best Madness moves.



showed off their skills by sinking basket after basket, and the final score was 20-19 with the men's team emerging victorious.

The night concluded with a performance by Ludacris, who entertained the crowd with hits such as "How Low," "Act a Fool, " and "All I Do Is Win."

Reflecting on the night, Caroline Killeen '17 stated, "Madness is one of my favorite nights of the year. Everyone coming together to support the basketball teams really gives life to the idea of the Friar family, and having Ludacris come this year was an awesome bonus!"

The first men's basketball game will take place against Harvard University on Nov. 14 at the Dunkin' Donuts Center. Tickets are \$75 for a season pass or \$8 per game with a student ID.

Women's basketball, meanwhile, will play its first game of the season on Nov. 13. Tickets are free, and games are held in the Mullaney Gymnasium.

Mike Paquin '17, a manager for the men's basketball team, is more than ready for the upcoming season, stating, "There is so much excitement around Friartown as basketball season is right around the corner. I think everyone is excited to see senior point guard Kris Dunn, alongside a group of talented underclassmen, make a run at their third NCAA tournament appearance in a row. No matter what the outcome, Coach Cooley will have this team energized and they will be a lot of fun for everyone to watch."

# Juniors in a Jam: Housing Changes for Class of 2019

### New Policy Requires All Students to Live On Campus During Their Junior Year

**by Zak Harvey '16** News Staff

#### OFF CAMPUS

As Providence College students approach campus for the first time, one cannot help but notice the large three story houses on either side of Eaton Street. While students embark on Guzman, Meagher, or McVinney Halls, there is little doubt that they spend their time as sophomores dreaming of what could be when they have the chance to live off campus.

Every year there is a wave of students that seek to live off campus as juniors. In the past, the opportunity to live off campus has been typically reserved for seniors. However, with the rising popularity of off campus housing, more junior classes have decided to move off campus. With the off-campus housing rates on the rise, one must ask what brought about the decision that juniors are not allowed to live off campus. Jana Valentine, director of Residence Life, maintained that this was not a directive from the Office of Residence Life alone, but rather a cabinet level decision.

With the gravity of this decision, it was surprising to find that Student Congress

students will no longer be able to live off campus.

Valentine mentioned that this makes "financial sense" for the College as it keeps students in beds, which is generating revenue for PC. She went on to say that this overcrowding is done in spite of there being open beds in an effort to keep freshmen within their dorm communities for the first year.

As the College's application pool continues to rise with no new dorms on the docket for construction in the foreseeable future, not allowing students in the junior class to live off campus may prove to be a challenge going forward. One concern was that this policy was enacted to prevent the social scene from occurring off campus with juniors, but this concern was dispelled by Dr. Steven Sears, dean of students. Sears stated, "There were many reasons, but the social aspect was not one of them. One of many [reasons is] the increase in the study abroad program participants. Also, the moving of JRW to SRW created an equal balance of studying abroad fall and spring. This allows us to free up more apartments and suite space for students. It is also a benefit to guarantee housing for the three years for all incoming students." Though students may wish to live off campus, it becomes clear that juniors, beginning with the Class of 2019, will be unable to participate in the legacy that has been a part of PC for decades.

their collegiate careers in McDermott,

and more members has not had a formal meeting to defend of the College's juniors' ability to move off campus.

juniors' ability to move off campus. Valentine also stated that it is "beneficial for students to have three-year residence on campus. [We] can make sure that we use all the space we have on campus and students will have the opportunity to take advantage of all educational opportunities on campus."

Although students who live off campus by no means represent the majority of the junior class, the practice has become increasingly popular in recent years. Despite its popularity, the College has decided that this policy will begin with the Class of 2019. The policy has been created with the intention of granting no exceptions, and junior PHOTO COURTESY OF LOOPNET.COM

# Local Slam Rappers Bring Rhythm to PC Students Listen to, Share, and Learn about Poetry

by Sabrina Guilbeault '18 Asst. News Editor

ON CAMPUS

On Tuesday, October 20, over 100 Providence College students filled McPhail's to listen, share, and learn at the Poetry Slam, an event co-sponsored by the Board of Programmers (BOP), the Society Organized Against Racism (SOAR), and Students for Social Action (SSA).

"The event went well," said Lauren Coulombe '18, who was BOP's point person for the event and is also a member of BOP's Tuesday Timeout Committee. "V.A.T.I.C., the man who ran the event, came last year and we spoke about making the event more inclusive and I think it really led to its success."

"I think the event was very successful," said Mary Murphy Walsh '16, president of SOAR. There was a great turn out, as students representing BOP, BMSA, SOAR, and SSA filled McPhail's to learn from and watch the artists.

"Poetry is important to me because it is the bridge that crafts together the words that ignite my mind," said Phionna Claude '18, who attended the event. "I appreciate poetry because whether it's my work or the work of another poet, there is a truth to be found and related to when one takes the time to listen."

According to Walsh, the event was easy to plan thanks to the talent of slam rappers V.A.T.I.C., Medusa Black, Rattamus, and Nahbi Reality from AS220, a group in Rhode Island specializing in Rhythmic African Poetry (RAP) poetry slam.

"They basically just plan on bringing what they do out in the community, in terms of their rap and spoken word workshops, here onto campus for Friartown to get to participate in," said Walsh. "We just have to get the word out about it and then people come and the rest is history."

Coulombe explained that V.A.T.I.C.

started the event off by performing slam poetry and then conducted a workshop to teach attendees how to be creative when expressing oneself. "Everyone sat in a circle, and it was so cool to see how the creative process was different for so many people," she said.

The event even saw an impromptu collaboration with the "Learn A Cultural Dance" event that was taking place in the Mural Lounge. "All of a sudden a line of drummers came in and started making beats for the rappers to freestyle on," said Walsh. "It was awesome."



Drummers from "Learn A Cultural Dance" perform a surprise collaboration with freestyle rappers.

After the workshop, students had the opportunity to share their own creativity, be it what they had just created during the workshop or a piece of slam poetry that they had written prior to the event.

According to both Coulombe and Walsh, another Poetry Slam event is likely to take place next semester. "There should definitely be more poetry slams at PC," said Claude. "Poetry is a diverse language that can spark conversation that students otherwise beat around the bush."

Coulombe said the success of the event had a lot to do with the core support she received from her committee on BOP. "A lot of work went into the event," she said. "It was a good team effort and I definitely learned a lot."

"SOAR would like to thank BOP and SSA for all their hard work in making this event a success," said Walsh. "This is the second semester in a row SOAR and BOP have collaborated to bring this event to campus and make it enjoyable for the whole Friar community.

"Poetry slams are raw and insightful," said Claude. "I really believe the PC campus can gain a lot of new perspective from exposure to poetry slams.'

## **Bang or Whimper?** The Influence of 20th Century Ethics

by Sarah Gianni '18 News Staff

LECTURE

In 2002 the Randall Professorship was established, named after Father Robert J. Randall who taught at Providence College for more than 25 years.

This year, the Randall Professorship honored Dr. David Solomon, current Philosophy professor at the University of Notre Dame. In addition to his teaching and scholarly pursuits in contemporary moral philosophy, Dr. Solomon served as the founding Director of the Notre Dame Arts and Letters/Science Honors Program and director of the Notre Dame London Progra

4:30 p.m. in Aquinas Lounge. Solomon's lecture explored Anglophone academic ethics and the trajectory of its cultural engagement in the 20th century.

"There is always the question of how ethics is related to science, religion, and the modern democratic state," Solomon said.

His lecture emphasized that ethics are everywhere, from newspaper columns to politics, calling into question how an individual should live his or her life. Solomon also highlighted that there have been challenges in determining a clear definition for academic ethics.

Solomon stated, "There are issues with how Anglophone academic ethics are presented in today's universities, as there are complicated relations with a number of other traditions in philosophy

#### by Gabrielle Shkreli '17 News Staff

**Being Dealt a Bad Hand** 

Hunger Banquet Increases Poverty Awareness

ON CAMPUS

Do you remember playing "The Game of Life" as a child? Can you recall what kind of house you chose or which car you always bought? But what if you never had a choice in the first place?

On Thursday, October 8, Providence College students had the opportunity to see the world from someone else's point of view during the Oxfam America Hunger Banquet.

The event took place in '64 Hall at 6 p.m. and was the final event of the Campus Ministry-sponsored Poverty ss Weel

with chairs and food, middle income characters sat at a table, and low income characters sat on the floor.

After getting situated, students heard several different global poverty facts taken directly from Oxfam America's website, such as, "Over 925 million people suffer from chronic hunger."

Krefft explained, "We had the groups talk about what it's like for us students here at school to live the life we're living and compare it to their specific character card in order to put things into perspective."

"We are privileged enough to go to school, eat food, and better ourselves, whereas these people were just dealt a bad card. We don't choose this, it's just handed to us," she continued

Solomon is the 12th scholar to serve as Randall Professor and presented his lecture, "How Twentieth-Century Ethics Ends: Bang or Whimper?"

The lecture took place on Oct. 15 at



Dr. David Solomon, 2015 Randall Professorship Honoree.

"Overall, there is a complex way in which ethics relate to culture at large," he continued.

By looking back into history and acknowledging various "cultural crises," there is a sense that issues tend to beckon philosophy in order to find answers.

Solomon said that social happenings of the 1960s, such as the sexual and gender revolution, the Civil Rights Movement, and serious decisions about how to deal with new technologies, were very contingent upon answers diverting from "fruitful philosophy."

Overall, Solomon believes that 20th century ethics end in a "whimperish" manner.

'You are able to argue for both sides bang and whimper-but applied ethics merely produces disagreements," said Solomon.

However, Solomon concluded that cultural engagement has never been greater, and that ethical influence on public policy has had an enduring strength.

According to the official website, Oxfam America is a global organization working to right the wrongs of poverty, hunger, and injustice. The company works with over 90 countries to save lives, develop long-term solutions to poverty, and campaign for social change.

Faith Krefft '17, head of PC's S.T.O.P. Hunger chapter under the Office of Campus Ministry, led the event last Thursday night.

Students walked into the room and were given character cards containing background information about their people, such as the country they came from, their occupation, and their salary. All characters came from third-world countries ranging from Ethiopia to India, and were either classified as stemming from high income, middle income, or lower income social classes.

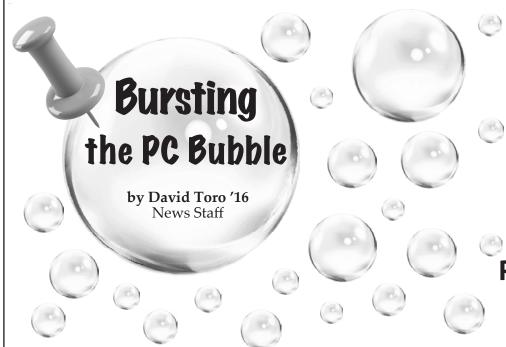
Depending on which social class their character came from, students were then placed in specific areas of the room. High income characters sat at a table

Also suggested were ways in which poverty awareness could be increased on the College's campus. Recommendations included starting an official PC Oxfam America club, implementing fundraisers for the organization, and creating a partnership with the headquarters in Boston.

Overall, Krefft expressed the event's hopeful implications, stating, "If you come together as a group, so many things are possible. I think if we can work together and try to raise more awareness about poverty, not just during Poverty Awareness Week but throughout the whole year, more people would become educated on the topic and more things could be done to help those around the world that are in need."

For more information about poverty awareness, visit Oxfam America's official website at www.oxfamamerica. org.

( )



#### **Turing Pharmaceuticals Under Antitrust Probe**

Daraprim, a drug that has been available for purchase for 62 years, underwent a sudden price increase from \$13.50 per tablet to \$750 per tablet. Daraprim is widely used by infants and adults to fight AIDS and life-threatening parasitic infections.

The sudden price increase has been allegedly attributed to the effort to prevent competition from other brands that would create their own version of Daraprim. Turing Pharmaceuticals has increased the price of Daraprim so that the drug is now very expensive for competitors to buy and copy.

However, there are millions of people that need Daraprim for their own health and can no longer afford to buy it. As a result, Turing Pharmaceuticals is being challenged with an antitrust probe by New York Attorney General Eric Schneiderman.

#### German Candidate Injured in Political Attack

Politically motivated attacks are extremely rare in Germany, but this past week a 44-year-old resident of Cologne was arrested for stabbing Henriette Reker, a mayoral candidate supported by Chancellor Angela Merkel's Christian Democratic Union party.

The attack was motivated by the possibility of allowing more than 800,000 refugees into Germany as a result of the recent and growing conflict of the great refugee migration into Europe.

Henriette Reker remains stable under hospital care but has not fully recovered.

#### **Poisoned Elephants Found in Zimbabwe Park**

Following great poaching efforts in Africa, dozens of African elephants have been found poisoned in Hwange National Park of Zimbabwe. Reportedly, poachers have begun to use cyanide to poach elephants in Zimbabwe because the poison is used for mining purposes and, thus, easy to obtain. In 2013 alone, 300 elephants were killed because of cyanide poisoning.

This past Monday, Oppah Muchinguri, the water and climate minister of Zimbabwe, blamed the United States for the increased poaching by claiming that it is a direct result of the American ban on hunting Zimbabwean elephants.

#### Whistleblower Sheds Light on Drone Killings

The "new" Edward Snowden, a reported member of the United States intelligence community, has published some unsettling documents that detail how drones are used to combat terrorism in the Middle East. The leaked reports detail the process by which Obama approves drone strikes. The leaked documents mention that many strikes are carried out despite unreliable or insufficient information.

Reportedly between 2012-2013 the U.S. government tagged 35 targets and ended up killing at least 219, indicating the recklessness of drone strikes and the little care or interest for civilians during these operations.

# **Congress Updates**

**by David Toro '16** News Staff

STUDENT CONGRESS

During this week's Student Congress meeting, the implementation of Students Obtaining the Meaning of Spain (SOMOS) was further discussed. It was determined that the club would promote the culture of Spain and would thus would fall under the Board of Multicultural Student Affairs.

The idea of rating off-campus housing was also considered. The main goal of an off-campus housing review is to keep sophomores and juniors "in the loop" about the situation. The rating system would probably take place online, similar to the systems used by other campuses across the nation. One idea was to attach a section on Simplicity, the Residence Life online tool, that would gather all student housing resources into one place. The implementation of such a rating system would allow landlords to consistently maintain their properties to garner positive reviews.

The other main topic of discussion revolved around on-campus beer

## **Club Spotlight: PC for Life**

**by Gabriella Pisano '18** News Staff

CLUB SPOTLIGHT

Providence College has so many different clubs that it is difficult to keep track of them all. Within Campus Ministry alone there are a number of clubs one can get involved in. Of those clubs, PC for Life is definitely one that grabs the spotlight throughout the year.

PC for Life is the campus' very own Pro-Life group. The goal of PC for Life is to promote a culture of life and to increase the respect and dignity of human life. There are many memorable events that this club sponsors. Perhaps the most memorable is Respect Life Week, which is held each semester.

This semester's Respect Life Week took

Father Nicanor Austriaco, O.P., gave a talk, "Abortion Shame, Abortion Shaming and the Reintegrative Mercy of God."

Another main highlight of PC for Life is the March for Life. Student Coordinator of PC for Life, Courtney Gareau '17, commented on her favorite part of PC for Life, "On campus, my favorite thing is seeing other students so excited and passionate about PC for Life and the Pro-Life Movement."

Gareau continued, "Event-wise, my favorite part of PC for Life is March for Life. This will be my sixth year going. It's the highlight of my year because it's so powerful to be in the nation's capital with so many other people who believe in the same cause as you."

In regards to the importance of the club, Gareau said, "For me, every life from conception to natural death deserves respect, dignity, and protection. To have a club to bring about this respect, dignity, and protection is important." PC for Life meetings are on Wednesdays at 8 p.m. in the Campus Ministry Center, all are welcome!

gardens. The issue being debated was the fact that beer gardens tend to isolate people since 21+ individuals have to remain inside the designated areas. The problem here rests with liability issues because beer gardens have to have a separate area in order to serve alcohol. The goal now is to create a better experience surrounding beer gardens that will leave less people feeling alienated. One idea that gained popularity was a wrist band policy, which could be a worthwhile investment as it would ideally promote responsible drinking and thus be a "step in the right direction."

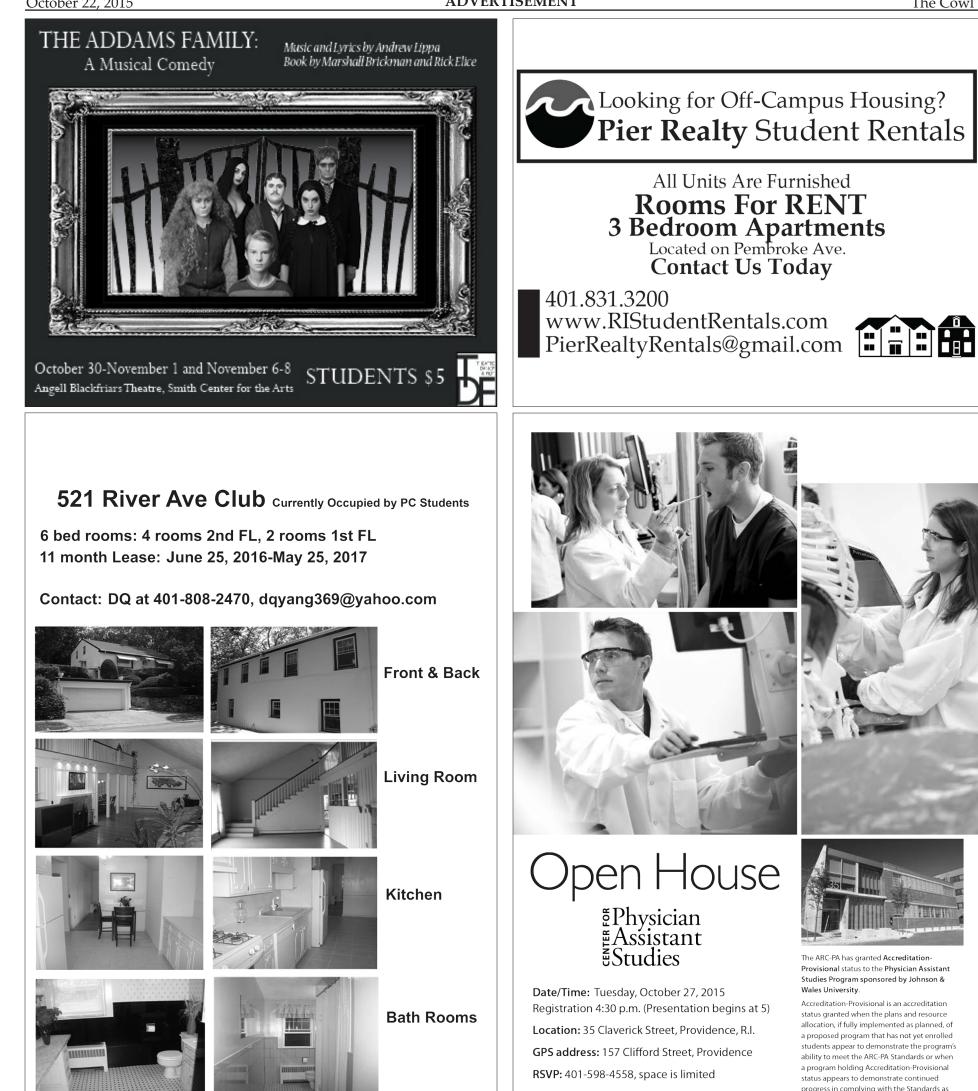
The full Congress minutes will now be posted on the Congress Office window following the weekly meetings.



place Oct. 4 through Oct. 8. The Pro-Life chalk messages that were left throughout campus were difficult to miss. Club members also baked cupcakes and handed them out in front of the Phillips Memorial Library with Pro-Life quotes and messages.



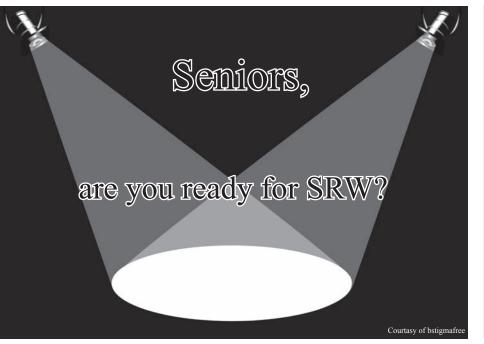
The Cowl 5



it prepares for the graduation of the first class (cohort) of students. Accreditation-Provisiona



does not ensure any subsequent accreditation status. It is limited to no more than five years from matriculation of the first class



merican Revolution /American Studies/Anthropology/Architecture/Art & rt History/Asian Studies/Biology and the Life Sciences/Black Studies/Bus usiness & Management: Organizational Theory/Business Ethics & Leader areer Information/Chemistry/Databases by Subject/Development of Wes vilization/Early Celtic Ireland and Roman Britain/ebooks/Economics/Ass f Children's Individual Differences (Action Research in the Classroom (PA) ducation/Freshman writing seminar/English/Mon Seis in Literature & Fil culty Senate 2013-2014/Film Studies/Finance/Fire Science/Foreign Lang tudies/Free Reyouces in Science and Readine/Feshman Common Read rogram/Global Studies/Health Policy & Management/Healthcare in Pop listory/Holocaust: History & Literature/Images/Labor Relations/Latin Am w/Management/Marketing/Mathematics & Computer Science/Medicine LLLbCCalCyevalReSeatCCholoGULDeSer ultimedia Guide/Music/Newspapers/Open Access at PC and Beyond/Op http://providence.libguides.com/browse.php licrofilm/Intro to Political Science/Psychology/Public Administration/QR bdes/RefWorks/School of Continuing Education/Science Fiction/Small Bi lanagement/Social Work & Human Services/Sociology/Special and Archi

# **EXAMPLE 1** CONTROLOGINATION Page 6 Control of the Address Disorganization

**by Brianna Abbott '17** Opinion Staff

CAMPUS EVENTS

Late Night Madness is one of the first events of the year where Providence College students look toward the upcoming basketball season, dance to popular artists, and get Friared up. Ît's, well, madness. And along with that madness is the madness of fitting everyone inside of Mullaney Gymnasium. After the chaos of past years, with people pushing and shoving to reserve a seat, a new method was implemented this year to try and curb the crowd. However, it left me and a hundred others in the cold in the most recent disorganized effort to organize the student body.

In the attempt to control the madness and sell more basketball season tickets, the basketball season ticket holders were guaranteed access and allowed to enter the gym first. Fine. There's no problem there. However, there was a massive delay between letting all of the ticket holders in and letting in all of the kids standing behind them. The ticket holders entered at 6 p.m., and everyone else had to wait in line until 6:45 p.m.

Why wait so long? It does not take 45 minutes for those kids to get to their seats, especially when they got their Madness shirts beforehand. Even if the lack of delay in past years caused chaos, the excessive delay time made those waiting antsy, tired, and cold.

Also, students were cold because everyone was forced to wait outside. Fall weather is relatively pleasant, but it is not pleasant after the sun goes



down toward the end of October. In years past, kids were at least allowed to wait inside Concannon. Although it got a little pushy and crowded, it was better than standing on the turf, huddling together for warmth. The waiting could have even started outside; that would have been fine. Just move everyone else inside during that 45 minute gap.

Adding a little more bite to the frostbite on my fingers was my reward at the end of the line. Right at 7 p.m., whoever was waiting on the field was told that the gym had reached capacity. Ouch.

Okay, these things happen. But you know how many students the gym

can hold. You roughly know how many students are waiting in line. You know, to a certain extent, which kids in the line have no chance of making it inside. Next time, please inform those kids that they have no chance so that they can go inside and get warm.

This incident was actually the second time in two days that me and a hoard of other kids had been turned down in that way. The day before, hundreds of students waited outside (in much nicer weather) for a chance to get tickets to the hockey game that night. They gave out 400 tickets but kept well over 400 students standing in line. Those students with no chance would rather have been told earlier that they had no shot instead of wasting their time.

Also, there were Madness tickets handed out at the hockey game for all of those students who were there, meaning that there was less of a chance for those who couldn't go to the hockey game to get into Madness. So most of those kids who got snubbed got snubbed twice.

Getting into those two events should not be contingent on each other, especially when not every student who wants to participate in the Friar festivities has the time to get to in line ridiculously early or wants to spend money on season tickets. If that's what it took for me to be a Friar Fanatic this weekend, I guess I just didn't have it in me.

For some, the weekend was a Friar themed festival with free concerts and national champions. For others, it was a mess of waiting for nothing. Well, not nothing. Those who couldn't get into Madness didn't leave totally empty handed. I waited outside for 45 minutes in the cold and got a tank top that said "Dunnbelievable." Dunnbelievable. It may as well have said, "I Tried To Go To Madness And All I Got Was This Lousy Pun." To make a lousy pun of my own, the entire thing was "Ludacris." In the College's defense, from what

In the College's defense, from what I saw on social media, Madness looked really fun this year. So did the hockey game. The events themselves were rumored to be great for those lucky enough to get inside. For everyone else, however, it was a different story. I can't speak for everyone else in my position, but it's safe to say that after my cold and unfair experience, I was #Dunn.

# Make College More Affordable Education Should Not Be a Privilege

**by Carolyn Walsh '17** Asst. Opinion Editor

COLLEGE AFFORDABILITY

Here are some numbers that might be scarier than the midterm grades Providence College students will receive in the next few weeks: Over the past 30 years, the cost of college tuition and fees has increased 1,120 percent and as of this year outstanding college debt in the U.S. surpassed \$1 trillion. It is now more likely than ever that graduating students will be saddled with copious amounts of debt upon leaving their institution. Moreover, according to a study by Harvard University, the issue of rising costs in college education is directly influencing America's college drop out rate-only 56 percent of students entering universities graduate within six years. The financial crisis affecting American higher education is certainly a serious one but there can be a clear and effective solution: making college more affordable. Reducing the cost of tuition and fees, as well as curbing student debt, would not only make great economic sense, but would reaffirm our society's values in the importance of education and equal

#### opportunity.

Of course, there is no clear-cut way for making college education more affordable; many people believe there are multiple ways of addressing the issue. Recently, the Obama Administration announced a proposal for a government program that would make the first two years of community college free across the country. The program would require that both the 441 B federal and state governments fund the cost of community college, and that qualified students must be attending college at least part-time in the steady pursuit of a degree while maintaining at least a 2.5 GPA. If approved by Congress, Obama's initiative for free two year community college education will not only benefit millions of individual students, but it will greatly benefit society overall. In order to meet the challenges of the 21st century economy, our country needs a workforce composed of individuals with high levels of knowledge and specialized skills. These criteria cannot be obtained by a high school diploma alone, but require some kind of higher education. However, if college education continues to be a severe financial burden for a large number of people, the absence of a widespread college

educated workforce could spell serious consequences for American society in the future. As studies have shown, higher education is linked to increases in employment, productivity and healthy lifestyles; it is clear that making college more affordable would increase America's prosperity and strengthen its security.

Making college more affordable does not just speak to economic necessity but it also reflects the values that our society should uphold, especially those of the importance of education and equal opportunity. In more ways than one, education is a window of opportunity. It is an opportunity to gain knowledge and skills in a subject, the opportunity to expand one's narrow worldview and to strengthen one's personal character. Education can be one of the most effective safeguards against the threats of ignorance, fear, and violence. If, as a society, we want to truly recognize the innate importance of education, then we need to ensure that it is more

then we need to ensure that it is more accessible to a greater number of people by making college more affordable. The personal and socio-economic benefits of a college education should not be restricted to the financially privileged but should be attainable for the majority of Americans.

By making higher education more affordable, we can help ensure that it is not a costly privilege but an opportunity that the majority of Americans have an equal chance of attaining. With more Americans able to successfully complete a college degree, it will not only improve individual lives but will help advance our society overall.

PHOTO COURTESY OF BRAINSTORMUAE.COM

### **Media: Social Sites Add to Students' Anxiety and Depression**

Continued from front page

For most people, going to college can be a difficult transition. Whether it is missing family, stressing about homework, or trying to manage free time, students usually have a hard time adjusting to such a substantial change in their lives. Being glued to a phone only complicates the situation.

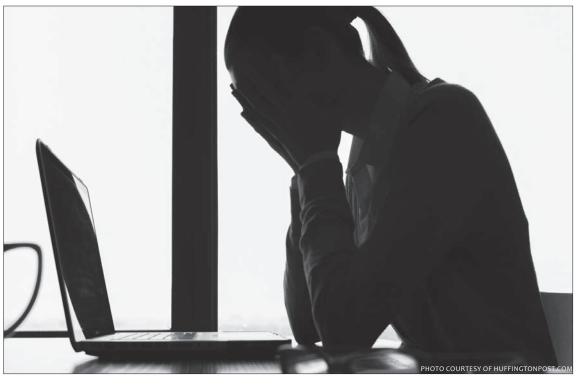
With college students becoming more disconnected from peers, they are less likely to have solid relationships and are more likely to feel greater pressure to be socially successful. An increased dependence on social media leaves students vulnerable to mental health problems. According to a study from the American College Health Association, anxiety has surpassed depression as the widespread mental most health disorder on college campuses.

One of the biggest contributing factors to anxiety is the idea of perfectionism, where people hold themselves the highest standards to and blatantly refuse to let themselves fall short of academic or social success. Social media can make

students feel excluded or more aware of the activities that they were not invited to, and cause them to become less involved with activities that are right in front of them.

Social media platforms are where students tend to display the most interesting and attractive versions of themselves, when in reality they are not always as happy or having as good of a time as their Facebook status implies. But to some students this creates a distorted impression of how much better others are in comparison to themselves. When we go on social media we see other people's accomplishments, but not the paths they took to get there. So it is easy for students to become anxious and feel like they are not doing enoughnot making enough friends, not working out enough, or not going to enough parties.

All we can see is the picture of someone smiling and laughing, surrounded by a group of friends. But while they may look like they are having the time of their life, the person in the picture could really be missing home. When students display a glossed-



over version of themselves, they often disguise their troubles from the very people who could give them support.

After using social media so much, disconnecting from it could be just as damaging to students' mental health. We grow so used to checking Facebook and opening Snapchat that it becomes

muscle memory, and there is a perceivable discomfort when we spend too much time offline.

As the generation of iPhones and MacBooks, students are always told, "You shouldn't use your phone so much!" and maybe it is true. Social media is a great way to keep in touch with people and know how

friends are doing, but there gets to be a point where it is taken too seriously. Students already feel enough pressure in school from their teachers or their parents. The last thing they need is to constantly compare themselves to their peers when, chances are, they are doing just fine.

# See Hamlet

#### by NallyAnn Scaturro '16 **Guest Opinion**

#### HAMLET REVIEW

Benedict Cumberbatch is a perfect modern Hamlet. Did you hear that? Let me say it again. Speaking as a millennial, Cumberbatch is an outstanding embodiment of the childlike selfishness that our generation practices today. He brings a refreshing playfulness to the usually brooding character and becomes the voice of a generation. Cumberbatch's quirky costumes range from the uniform of a 19th century English soldier, a black jacket he has painted the word "King" on, to a David Bowie shirt. His college friends are hipsters, and the production he stages to determine his uncle's guilt is put on by a bunch of hippies who look like they haven't showered in ages. Does this sound familiar? Look at Brown's campus—this is our Hamlet because I don't care what world. Also, guess what, Cumberbatch succeeds in making Hamlet funny. You've read Hamlet in DWC; have you ever thought of him as a funny guy or do you usually just see him as a brooding jerk that can't get anything done? I can't tell you how many times I've read that play, at least five, and I don't think I've ever laughed that hard or enjoyed it so much. There's a subtlety to Hamlet that Cumberbatch provides that simply cannot be accomplished through written text alone-this is not Holden Caulfield-Hamlet anymore. There is some added cleverness and deadpan delivery, a little bit of Sherlock. Critics may say that Lyndsey Turner's production is wrought with overblown symbolism and its secondary characters are diminished, and though, at times, this is true, Cumberbatch's performance is brilliant and, overall, the play is a success.

character, over half the lines in the play, and his internal struggle has always been the play's focus. Cumberbatch takes over the production, sure, but isn't that what Hamlet would do? Polonius still emerges as a fool as he gives conflicting and unsought life advice to his son Laertes, Claudius as a dirty, scheming liar well before he tries to have Hamlet killed, Gertrude as a very weak but intensely loving mother, and Ophelia (a little more artsy then we remember her, sure) succeeds in communicating not only her madness, but also the subtle control the men in her life use to manipulate her. All these portrayals are true to the text, even if one hates the added elements of Ophelia's camera, Hamlet's castle-fort and toy soldiers, or the bomb that rips through the estate.

See Hamlet. If you enjoy Shakespeare, or Sherlock, or even if you just think Cumberbatch is hot, whatever, see the idiot couple behind me thought. Sure, they scoffed when I said the production of Hamlet was "amazing," but I think they were too caught up in negative reviews and wanting to feel intellectual. (Also, I suspect that they lack any modicum of joy in their lives, but that's their problem.) Shakespeare is meant to be enjoyed and I think we forget that. We skim through it, so we can hand in our essays on time instead of savoring it for the excellent work that it is. Even if you hate reading, or you think Civ is a waste of time, you would find something to love in this production. So, go see it. Maybe you can even finagle some extra credit. Because you know what, even the most scathing critics have stated that Cumberbatch's delivery of Hamlet's soliloquies is flawless, filled with deep emotion and his deadpan delivery that will make you laugh out loud. So refuse to be an intellectual because intellectuals suck. Be you. Enjoy life. See Hamlet.

# Lend a Helping Hand to Homesick Peers

#### by McKenzie Tavella '18 **Opinion Staff**

STUDENT MENTAL HEALTH

It doesn't matter how far the distance, the amount of time away, or how old you are, people always get homesick in one way or another. Of course, there are those who have never been away from home for long periods of time-like me. Going from zero to three months away from my home and my family was definitely difficult, but I have the luxury of going home on weekends. However, some students at Providence College are unable to do this because of distance. The Personal Counseling Center provides students with individual counseling, even for homesickness. However, their

gotten off the ground. If they had, then I'd already be signed up and in

attendance of the meetings. If the support group was studentrun then it could be fun, rather than serious all of the time. If it were necessary to have an adult there, that would be fine, but students should lead the discussion and activities. I think that this would increase the chances of students getting over their homesickness.

In addition to this, every year each Resident Assistant asks if we want our floor to have an open door or closed door policy. I think that if the support group was open door, meaning any student could show up for any meeting and at any and all times, this would get more students to attend. Most clubs and groups are like this, but if this were to be advertised and become known to the entire student body, students wouldn't feel pressure or stress if they couldn't come. After all, the end goal is to have students no longer needing to come, but simply just wanting to come. I realize that it may seem like I am trying to create this support group and am brainstorming my ideas to you all, but I am saying all of this to show the possibilities of what a support group like this could do for Providence College. Some of my ideas may be good, and some bad, but I encourage you all to share your feedback. If you feel homesick, even just from time to time, and would want this support group to happen, help make it happen.

Hamlet is the central character. He has the most lines of any Shakespearean

workshops and support groups do not revolve around this issue.

As someone who personally suffers from homesickness, I think talking to those who share the same feelings and emotions as I do would make it easier. If a support group was created for those who are feeling homesick, this would make many students feel more comfortable, safe, and united.

This support group could be through the Personal Counseling Center, or it could be student-run. Having a student-run support group may allow students to feel more at ease about it. Sometimes it is hard to be in the presence of an adult in this situation, because they have most likely grown past this part of their life. Since it may be difficult to relate to adults, students could feel more closed-off and hesitant about sharing their true emotions.

Some students have attempted to, or have had the idea of, starting a support group like this before; but as far as I know, their ideas have never

Providence College's

Student-Run Newspaper Since 1935

Publisher: Kristine Goodwin

Co-publisher: Dr. Steven A. Sears Advisor: Richard F. Kless

Editor-in-Chief: Kathleen McGinty '16

Associate Editor-in-Chief: Gabriella Nigro '16

Managing Editor: James Seabright '16

News Co-Editor: **Meaghan Dodson '17** News Co-Editor: **Marla Gagne '18** Asst. News Editor: **Sabrina Guilbeault '18** 

Opinion Editor: **Jacquelyn Kelley '17** Asst. Opinion Editor: **Carolyn Walsh '17** 

Arts & Entertainment Editor: Serena Ambroselli '16 Asst. Arts & Entertainment Editor: Katie Puzycki '17

Portfolio Editor: **Branan Durbin '16** Asst. Portfolio Editor: **Jose Martinez '16** 

Sports Co-Editor: **DJ Anderson '16** Sports Co-Editor: **Joey Ciccarello '16** Asst. Sports Editor: **Gretta Schultz '17** 

Photography Editor: Jessica Artigliere '17 Asst. Photography Editor: Kristina Ho '18

Head Copy Editor: **Casey Clark '17** Asst. Head Copy Editor: **Abbey Guerino '16** 

Copy Editors: Katie Coyne '18, Courtney Day '19, Jennifer Dorn '18, Sara Grassie '18, Lauren Ioli '17, Annie Loftus '18, Kristina Meyers '16, Anna Munroe '17, Zoe Pavoncello-Kelley '19, Abby Shelley '17, Annie Shelley '19, Rachel Sullivan '18, Jessica Wilson '17, Olivia Winslow '16

#### Letter/Guest Submission Policy

The Cowl welcomes guest opinions and letters to the editor from members of the Providence College community and outside contributors. All submissions must include the writer's name, signature, a phone number, and an email address where he or she can be reached. Letters should be no more than 250 words in length and will be printed as space permits. Guest commentaries should be limited to 500 words in length, and only one will be published per week. The Cowl reserves the right to edit articles for grammar. Submissions must be emailed to The Cowl office no later than 9 p.m. on the Sunday before publication. We do not print previously published articles. Email responses to commentary@thecowl.com, and remember a guest submission is only an email away!

#### Accuracy Watch

*The Cowl* is committed to accuracy and carefully checks every article that goes into print to ensure that the facts are presented clearly and truthfully. If you find an error in any article, please email the Editor-in-Chief at editor@thecowl.com. Corrections

# **Make Every Moment Count**

**by Gabriella Nigro '16** Associate EIC

EDITOR'S COLUMN



Shined shoes, pinned hair, zipped dresses, glittering eyes; a moment of glamor when we all line up with pearly smiles and strike a pose. To quote my favorite singerww Ed Sheeran, "We keep this love in a photograph," and with every second that proceeds, and every picture that we snap, it's one more moment over.

Class of 2016, can we address this issue yet? Are we allowed to mention the "G" word this soon, or do we stay in our shells of denial just a bit longer? The excitement of upcoming jobs and graduate school avenues entices our positivity, and for some, the lack of a concrete path provokes our frustrations. In a time of flocculating emotions, anything can seem unclear.

Freshmen, sophomores, and juniors, maybe this doesn't apply as strongly to you, but seniors, look at the last four years of your lives and college careers. How often do we think about the times we fell versus the times we got we cry, or laugh, or sit in silence and just think about what the hell we were doing?

And who have we become? What have we become? When we put on our suits or tight tweed skirts for an interview, do we reflect the characters that we comport ourselves as?

With Senior Ring Weekend approaching, it's the start of celebrating this year's end. Most of us may keep in touch, but we will never be together like this again. Sure, there are reunions and functions in the future, but we won't be in the moment like we will be in these next few months. Now, I've certainly thrown myself into a terrible disposition of sounding like a cynic. So how will we spend it? How will we mold these last few moments into our own?

Crisp ties. Curled lashes. Pressed pants. Elegant pendants. We bend over, crippled with laughter, embracing our friends as the camera flash ignites and sparks into one thousand glittering bits. They capture the moments we are unlikely to forget.

TANGENTS & TIRADES

up again? With what consistency did

### Consider an Independent Study

I invite you to consider an educational tool useful to anyone who wishes to get the most out of their major or minor: taking independent studies. Have you left a class with more questions? Is there an area of your major that you wish to explore further? If so, I highly recommend giving more thought to this option. Here is how an independent study works at Providence College. Typically, students will approach a professor whom they have taken before in class and propose an idea for a study. Depending on their flexibility, professors may or may not be able to fit this study into their schedule. Nearly always, though, they will be open to your ideas. If a professor is working on an outside academic project, students may also ask to collaborate or take part in some way. For example, someone studying history may want to learn more about diplomacy during the Cold War period, and perhaps there is a professor in the history department with a specific expertise in that area. It is always a good idea to get to know the faculty in your department. When conversing with experts in your field, you will be inspired to push yourself further.

Mad About Madness

What a weekend. The National Championship banner went up in Schneider Arena, and we got ready for a new basketball season with Late Night Madness in Mullaney Gymnasium. It was a big sports weekend for Providence College students, but there wasn't much in the way of sports being played. Sure, there was a hockey game after the banner ceremony, which most of the student section didn't bother sticking around for, and there was no basketball being played at all. It's mind-blowing how much of a disconnect there is between Friar fans and sports. Tickets were in such high demand for the hockey game that most students didn't get to go, while over 3,000 students filled Mullaney for Madness to cheer on the Men's and Women's Baketball Teams. The banner ceremony was punctuated by deafening cheers, while the efforts of two women's basketball players during the three-point shot contest got louder applause than Ludacris. Yet those same students can't be bothered to watch an entire hockey game, nor attend even one women's basketball game. It seems that we're a school that loves celebrating our teams' successes, but that doesn't enjoy the actual, you know, success. Obviously Late Night Madness is about much more than sports, considering almost the entire school attends, but for a sports pep rally, there should really be a little more pep. Side note: Madness featured very little "Madness" this year and has declined precipitously over the past several years. Also, it should be Midnight Madness because that just makes more sense in every way. If we can't have it at midnight like it's meant to be, can it at least be during, um, Late Night? Can't wait for Early-Night Sort-Of-Madness 2016! We have church in the morning, after all.

### *Get Rid of "Clutter"*

Call me crazy, but I actually miss having an inbox full of emails from every department, club, and organization on this campus. Suddenly, all of these emails are being sent to a new and evil folder named "Clutter." Didn't know this folder existed, eh? You're not alone! Students all over campus, myself included, have been missing meetings, neglecting assignments, and overlooking opportunities all because of Clutter's greed. The folder has eaten up emails from professors, advisers, club leaders, and administrators alike. It's a disaster! Personally, I would like to know who gave Microsoft the authority to determine how cluttered our lives are. Even if we do get way too many emails from Providence College, it is not Microsoft's job to decide which ones we want and which ones we don't! Where is my freedom of choice? The worst part of this dilemma is that I have already turned to the Internet for a solution with little success. From what I have read online, there seems to be no way to disable Clutter! If you are more tech-savvy than me, please let me know ASAP how to turn off this devastating device. By the way, Center for Career Education and Professional Development, every single one of your emails is going straight to my Clutter folder, so you may want to figure out a solution sooner rather than later. Otherwise, you may have a lot of unemployed students on your hands!

will be printed as necessary.

#### Advertising

Contact *The Cowl* with advertising requests and questions at cowlads@ providence.edu or, if necessary, via telephone at 401-865-2214. Visit www. thecowl.com/advertise for rates, publication dates, and other information about advertising with *The Cowl*.

#### Subscriptions

Subscription rate for a weekly issue by mail is \$100 per year. Send payment to *The Cowl*, 1 Cunningham Square, Providence, R.I. 02918; make checks payable to The Cowl. Student subscription is included in tuition fee; issues are available around campus on Thursday nights.



*The Cowl* is a proud member of the Associated Collegiate Press. -Matthew Tinsley '16

- Wesley Trask '16

-Jacquelyn Kelley '17

# PHOTOGRAPHY

The Cowl 9

October 22, 2015



RIVAS

ANDREW BUTLER '16/ THE COW



JESSICA ARTIGLIERE '17/ THE COWL

**RIGHT:** Friars get friared up with Friar Dom at the "Let the Madness Begin Tailgate." Students were able to meet members of the Men's and Women's Basketball Teams, hear from the coaches, enjoy live music by the Pep Band, enjoy food truck favorites, and so much more!

**BELOW:** Students kick off the basketball season at the annual Late Night Madness! The night continued with a live concert by Ludacris.

**BOTTOM RIGHT:** Friends smile for the camera at Late Night Madness.





DARNY MAO '18/ THE COWL

**TOP LEFT:** Be our guest for restaurant style dining in McPhail's! With a prefixed menu, all the hard decisions were made. Students enjoyed a surf and turf meal.

**TOP RIGHT:** Students ditched the workout and joined the party by having fun celebrating Hispanic Heritage Month through Zumba.

**LEFT:** Do you like poetry? Students gathered in McPhail's to watch a professional slam poet perform.



DARNY MAO '18/ THE COWL



DARNY MAO '18/ THE COWL

Photos Compiled by Jessica Artigliere '17, Photo Editor



# What was your favorite moment from Late Night Madness?



"Performing in the BMSA dance." Jessica Tourville '16

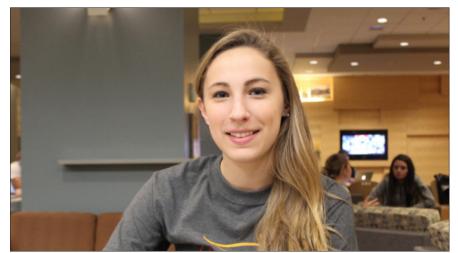


**"The feeling of the Friar Family."** Rosa Ramos '17



"Seeing Coach Cooley dancing and seeing LUDA." Steven Ruggiero '19 and Garrett Gamez '19





"When the Men's Ice Hockey Team came out with their trophy." Meredith Haverly '18



"The light wave in the crowd when Ludacris came out." Kelly Atkinson '18

"The Men's and Women's Basketball Teams introductions." Kimberly Lezama '18

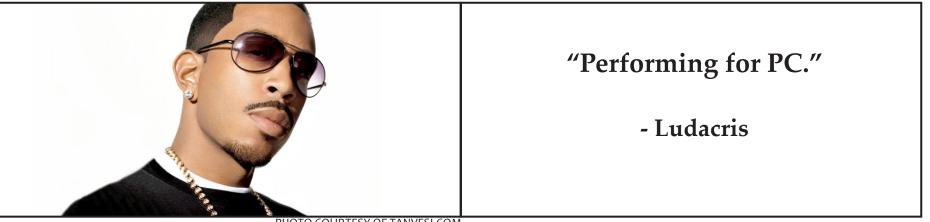


PHOTO COURTESY OF TANVESI.COM

Photos Taken By Kristina Ho '18, Assistant Photo Editor



Page 11

October 22, 2015

# **PC Alumnus Pens Novel**

#### by Ryan Charland '18 A&E Staff

#### LITERATURE

How far will you go to escape your past? *Stone Angels,* the new novel by Providence College alumnus Michael Hartigan '04, looks to explore this question. The story focuses on Augustine Shaw as he travels from PC to Key West in an attempt to flee the dark events that led to the deaths of two of his friends. Merrimack Media has already recognized the author with the 2015 Outstanding Writer Award. I recently had the opportunity to speak with Hartigan about his work, and the interview that followed is reconstructed below:

#### Why PC?

Hartigan began *Stone Angels* during his time at the College. The project arose from his habit of writing vignettes about people he knew around campus. The College is a character itself; the novel reflects familiar locations and the values that PC holds dear. Faith, redemption, friendship, and self-improvement are at the heart of the work. "I wouldn't have written this book if I hadn't gone to Providence College," Hartigan said.

What are the novel's inspirations? Hartigan credits professors like Dr.

Stephen Lynch with introducing him to the works of Shakespeare, Joyce, and Dostoyevsky, all of whom are woven into *Stone Angels'* narrative. In particular, Dostoyevsky's *Crime and*  *Punishment* is echoed in Hartigan's exploration of guilt and the struggle between confession and secrecy.

Advice for young writers It was a long road to publication

for *Stone Angels*, but it has paid off for the author. Although publication is difficult, Hartigan stresses that persistence is the key to success. Holding a finished copy of his novel is an incredibly fulfilling experience, and it is only possible because of his perseverance and a thick skin.

About the author

Hartigan is a native of Saugus, Massachusetts and a graduate of PC's Class of 2004 with degrees in English and psychology. He then continued on to Boston University to earn his master's degree in journalism. Since then, he has worked in public relations for individuals such as Massachusetts Representative Niki Tsongas. Along with frequent travel writing for publications like USA Today and Destinations Travel Magazine, Hartigan has a number of book projects in the works that possibly involve characters from Stone Angels.

*Stone Angels* is currently available at Books on the Square in Providence and on Amazon in both physical and digital formats. On Saturday, December 5, Hartigan will be signing

books at the Rhode Island Author Expo from 11 a.m. to 5 p.m. at the Lincoln Mall in Lincoln, Rhode Island. Hartigan will also hold a signing at Books on the Square on Saturday, January 30 at 4 p.m. For more information on *Stone Angels*, visit http:// www.stoneangelsbook.com and follow @stoneangelsbook on Twitter.

Stone

A Novel

# **Student Groups Show Off PC Spirit at Madness**

by Kealy Robertson '16 A&E Staff

CAMPUS

This past Saturday marked Providence College's Late Night Madness, an event put on by the school each fall to celebrate our school's sports teams. Students lined up early, dressed from head to toe in black and white



announced that he would be staying at PC for his third season, never fails to excite the crowd. By the end of the event, Madness had reached a new height. Ludacris entered the building and performed for students for around

PHOTO COURTESY OF Michael Hartigan '04

Friars gear, and entered the Mullaney Gymnasium with excitement. Some students could not even get in because of the crowds that showed up for the event; however, it is the one night where the majority of the school comes together for a few hours to cheer on our Division I Men's Ice Hockey, Women's Basketball, and Men's Basketball Teams that ignite our school spirit year after year.

This year's Madness began with routines from the

Cheerleading Team, Dance Team, BMSA, and Dance Club. Everyone brought their A-game as they pumped up the crowd and prepared the student body for the upcoming sports teams with cheers.

The men's ice hockey team came running out with their National Championship trophy and was rewarded with a standing ovation from the crowd. A video documented their road to the National Championship and the win at the finals from last winter, something that PC is very proud of. Cady Deary '16 said, "It was awesome to see their journey to the National Championship. It is not everyday that a small school like PC gets on the map like that. We were the underdogs but we surprised everyone and took home the win. It definitely bumped up our school spirit and pride."

Next, the women's basketball team made an appearance on the court. Students cheered as they announced each player on the team. The women's team came together and danced in front of the crowd. Then came the men's basketball team and the ever so popular Kris Dunn '17. Dunn, who happily

45 minutes; students were raving about the performance. Not only were students impressed and excited about the concert, but bringing someone like Ludacris in for a show also helps PC with recruits. Basketball player Jalen Lindsey '18 told The Cowl, "Having a big-time name like

Ludacris and seeing him in a lot of movies, it would definitely persuade a lot of people to come here and check it out. It obviously helps for recruits to come here, talk to him and then sit in the front row and watch his performance and see the crowd react."

Late Night Madness is an event that gets the student body fired up for the upcoming sports seasons, and this year's event was a success. Every student walked out of the gymnasium pumped up and ready for the basketball and hockey seasons to take off.

#### October 22, 2015

# **Local Concerts** to See this Fall

by Ryan Cox '18 A&E Staff

MUSIC

Do not let Rhode Island's size fool you. The smallest state in the Union frequently hosts some of the biggest names in music at its venues statewide, many of which are in downtown Providence. The next two months are no different, as Rhode Island once again brings a wide variety of big names to a venue near you. Here is a short list of some of the biggest names coming to town.

Brett Eldredge and Thomas Rhett, who are teaming up for this year's CMT On Tour concert, are the only acts not coming to downtown Providence. Eldredge and Rhett will be joined by The Voice winner Danielle Bradbery for a show at the University of Rhode Island's Ryan Center on Nov. 8. Both headlining artists are quickly rising in the country industry and both have recently released new albums to great reviews. Nineteen-year-old Bradbery is currently working on a second studio album and most recently toured with Miranda Lambert on her "Certified Platinum" Tour. This is currently the only local stop for the tour.

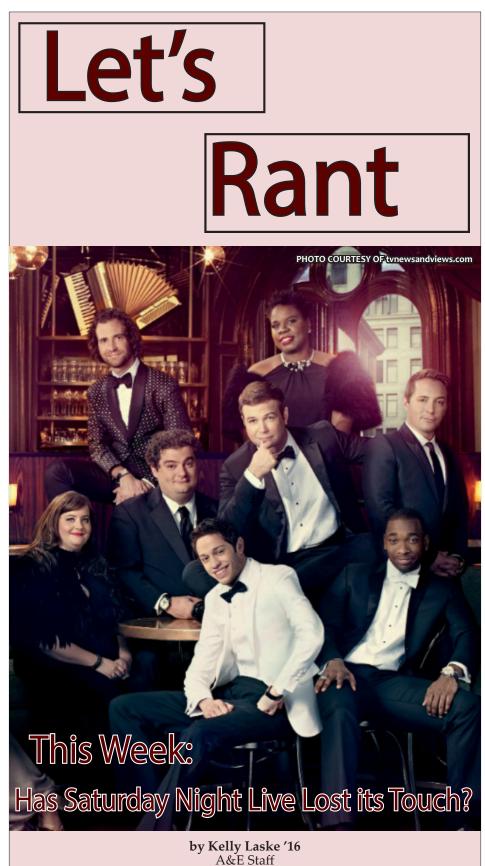
Lupo's Heartbreak Hotel boasts an impressive lineup in November, beginning with former Fun. frontman Nate Ruess on his solo tour. He comes to Lupo's Nov. 13, joined by Surfer Blood, and will be playing songs from his new solo album, Grand Romantic, as well as songs from Fun. and The Format. This is Ruess' first attempt at a solo career. Surfer Blood released an album, 1000 Palms, in May to mediocre reviews despite charting at No. 2 on the Billboard "Top Heatseekers Albums" list. Lupo's will also bring Elle King to Providence on Nov. 28. King is best known for her single, "Ex's and Oh's," which topped the alternative chart in

2014, making King only the second woman since 1996 to do so. She will be joined by Horse Thief.

Veterans Memorial Auditorium kicks off December on Dec. 1 with a cappella group Straight No Chaser, following the release of their latest album, The New Old Fashioned. Known mostly for their Christmas albums, Straight No Chaser began as an a cappella group at Indiana University and soon rose to individual fame, especially after their performance of "The 12 Days of Christmas" was posted on YouTube. Straight No Chaser will also make a stop at Mohegan Sun in Uncasville, Connecticut. Also coming to the VMA this December is legendary jazz trumpet player Wynton Marsalis, who will be joined by the Jazz at Lincoln Center Orchestra on Dec. 4. According to the VMA website, Marsalis and the band will "ring in the season with 'Big Band Holidays', a night of swinging holiday favorites." The show will also include appearances by Denzal Sinclaire and Audrey Shakir.

Rounding out 2015's concert calendar is Trans-Siberian Orchestra, coming to the Dunkin' Donuts Center on Dec. 16. Considered by Billboard to be one of the Top 25 Touring Artists of the decade in 2009, Trans-Siberian Orchestra is known for their use of pyrotechnics, lasers, and lights in sync with their music. Trans-Siberian Orchestra followed a unique path to success; they went straight to arenas without having played at smaller venues beforehand. They have also never had, or been, an opening act. Despite this, they have sold over 10 million concert tickets, 10 million albums, and are best known for their Christmas music. Tickets for all of these shows are available online.





TELEVISION

Saturday Night!" If those words do were not sure had the power to make not ring any bells in your head, you it. That is how SNL came about. Little obviously do not turn your television did they know they would completely on enough. *Saturday Night Live* has change what kind of shows could go single-handedly changed comedy and on TV. The show immediately took off the way it is presented on national and completely killed it until recently. television. With the airing of its first With the departure of Tina Fey, Amy episode in October 1975, *SNL* has Poehler, and Seth Meyers, the show covered it all. From poking fun at has been extremely lackluster. presidential candidates to covering controversial world events to just talent just is not there anymore. It being outright inappropriate, SNL has is almost mind-boggling to picture definitely crossed the line more times the combination of people that went than not—but that is what has always through that show from the late '70s made it so appealing. But starting to the mid '90s. It was genius. It was in the 2000s, Saturday Night Live almost too good to be true. When I seemingly lost its touch. Its ratings watched it recently, I was shocked at are down, and last week I could not how noticeable it was that all of the even get through the whole Amy actors were using teleprompters. With Schumer episode. The question is, Farley, John Belushi, Murray, and what happened to the show that once Adam Sandler, it was pure mayhem. had people skipping a Saturday night Farley would go completely off script out just to watch it? When I think back on the old and break it. Adam Sandler would not Saturday Night Live, I think of the be able to finish skits because he was legends like Chevy Chase, Dan laughing too hard at what was going Aykroyd, Bill Murray, and Chris on. The show has lost the magic it Farley—all men who were nobodies once had. Every once in a while I will that turned into somebodies. They hear about a skit that was funny and were all just starting out and agreed crossed boundaries, but I no longer to a show that did not even have an have the desire to turn it on or watch official place to write or produce. the episode. Unfortunately, I do not Picture young, broke writers think Saturday Night Live will ever be crammed into an old apartment trying the same as it once was.

"Live from New York-it's to produce content for a show they

So what is the problem then? The and slam his body onto a coffee table

# **October Preview: Films Worth Watching**

by Isabella Goldstein '17 A&E Staff LOCAL

Get your popcorn and candy ready, Friars, because it is time to enjoy the show. Check out the following movies, all of which will be released during the last two weeks of October, and make your way to the theater at Providence Place Mall.

Looking to celebrate Halloween a week early? Paranormal Activity: The Ghost Dimension hits theaters tomorrow. Directed by Gregory Plotkin and starring Chris J. Murray, Brit Shaw, and Ivy George, the sixth and supposedly last installment of this horror series follows a family that must protect their daughter from an evil spirit. I suggest that you prepare yourself for some nightmares. Up for some more holiday spirit? Check out The Last Witch Hunter directed by Breck Eisner. Starring Vin Diesel, Rose Leslie, Elijah Wood, and Michael Caine, this supernatural action film chronicles an immortal witchhunter who must stop a group of witches in New York City from destroying humanity by means of a terrible plague. However, in order to accomplish such a task, the witchhunter must work with a female witch, something difficult in and of itself. Will the witchhunter be able to save humanity? Find out tomorrow!

If perhaps you are not quite yet ready for Halloween, come and see *Burnt* in theaters, directed by John Wells and starring Bradley Cooper and Sienna Miller. *Burnt* follows the life of Adam Jones, a man who destroyed his career as a chef due to ego and drug issues. After finally getting his life back in order, he returns to London with the hope of redeeming his name in the culinary world by owning a top restaurant.



Not the biggest fans of dramedies? Check out *Difret*, a much more serious film from Executive Producer Angelina Jolie and Director Zeresenay Mehari. Starring Meron Getnet, Tizita Hagere, and Abel Abebe, *Difret* tells the story of a young lawyer who must travel to Ethiopia in order to represent a 14-year-old girl who shot her would-be husband that had previously abducted and raped her. This case deals with one of Ethiopia's oldest customs of marriage by abduction, and the movie explores the issues that follow such a controversial practice.

Looking for something lighter? Next Friday, check out *Our Brand is Crisis*, starring Sandra Bullock, Billy Bob Thorton, and Zoe Kazan, a flick that follows an American female who is an expert in political campaigning. She is sent to South America to help elect a new leader, but is threatened by a long-term rival and must therefore come up with clever tactics to combat the competition. The hilarious and extremely talented Sandra Bullock will surely bring a good laugh as she attempts to win a political election. However, it is only fitting to go see *Scouts Guide to the Zombie Apocalypse* on Halloween Eve. Directed by Christopher Landon and starring Tye Sheridan, Logan Miller, and Joey Morgan, this combination of comedy and horror follows three scouts on a camping trip where they must save their town from zombies. Along the way, they discover the true meaning of friendship. Check out if these friends can actually save the day!

If you have some time to escape campus, head on out and catch one of these October movies.

# Interested in films, theatre, or art?

# Become a writer for Arts & Entertainment



# Apply Now At

# www.thecowl.com/join



FACEBOOK.COM/THECOWL



# **SENIOR YEAR PARADISE** FREEDOM AND A FREE FLAT SCREEN TV JUNE 2017 THRU MAY 2018

### SECURITY SYSTEMS, CLEAN BASEMENTS, WASHER/DRYERS



### 93 PINEHURST (KILLARNEY)

### 133 PINEHURST (GALWAY)

The **GRANDEST** in off-campus living!

Single family home 7 bdrms Large common area w/piano Front porch/back deck Off-street parking for 8 cars





6-bdrm home Enclosed front porch Off-street parking for 6 cars NEW bath and kitchen

#### 2-3 bdrm units (house accommodates 7) Front porch, backyard grill

Off-street parking for 6 cars

### **100 EATON (EDENDERRY)**



1st floor 4-bdrm unit (unit accommodates 5) Large common area Large front porch NEW kitchen

### 141-143 PEMBROKE (TIPPERARY)

### 29 HUXLEY (LIMERICK)

Large 6 to 8-bdrm home 2 fireplaces, piano 3 full baths Off-street parking for 8 cars NEW kitchen



### 127-129 PINEHURST (CASTLEBAR)



1st floor 3-bdrm unit Upper 5-bdrm unit (house accommodates 10) Off-street parking for 8 cars NEW baths and kitchens

#### Contemporary duplay



### 138-140 RADCLIFFE (TOLLAMORE)

Contemporary duplex Unit - 3 bdrms and 2-bdrm loft, 2.5 baths (unit accommodates 5) Off-street parking for 10 cars

#### DISCOUNTED LEASES AVAILABLE FOR 2016 - 2017

127-129 Pinehurst, 141-143 Pembroke, and 29 Huxley

### PROPERTIES UNDER NEW MANAGEMENT CONTACT SHELLY AT 781-248-4313 / ErinStudentLiving.com

Page 16 October 22, 2015

**LORTFOLIO** Do You Have Everything

> **by Jose Martinez '16** Asst. Portfolio Editor

#### FICTION

It's an old building; it's barely used these days. It was once used as a way to keep hostages in line though. They'd be put in a small room with a tattered bed. A bed that looks like it could break at any given moment with the wrong shifting of weight. If it broke, the captive would have nothing else but the cold hardness of the floor, a pillow that was as stiff as tug-of-war rope, and blankets that looked like they were breeding moths. They'd cave in a matter of hours, and beg to be taken to the room in the basement where all the other past captives were quickly and swiftly put out of their misery. Now that's something.

And it's also now his temporary place of solace, what one man's, or many men's, place of imprisonment once was. How funny things in life work.

The man, who sometimes referred to himself as Luc, other times not referring to himself with any name at all, sat on the bed in one of these hurt rooms, in the same position that he had been sitting for the last several hours; legs spread, arms resting on legs with his hands hanging off the knees and his head hung low, staring at the bleached yellow grime of the floor. In one of his hands was a Beretta, black with a few splotches of dried gunpowder here and there. Most of the

bullets fired from this gun made contact with flesh and bone, and the blood that had splurted out landed on Luc's clothes. Some of it was hard to make out, seeing as he was wearing a suit with a black blazer, black slacks, and black tie, and some was not on account of caller replied. The voice sounded the tiniest bit androgynous.

"I gave you specific instructions. If you weren't paying attention, that's not my problem," Luc said in return, immediately resuming his game of mingling designs.

There was a silence before either one of them began talking again.

"I'm guessing it'd be a good idea to lie low, right?" the caller asked.

"Yeah," Luc replied. "In fact, if you don't hear from me in the next 96 hours, I would go beyond lying low. New town, new life, the whole nine whatever."

He was to say more, but once there was a banging at the door of the room, his train of thought had derailed. That's all there was as well, just banging. No words needed. Luc knew that whoever was on the other side of the door was saying all that needed to be said with the continuous crashing, which only got more intense as it

went on. Luc, ending his game of studying the filthy designs, turned his attention to the Beretta in his hand. He looked over every aspect of it one, two, and three times as the clashing went on. He noticed on the third time that the handle had a speck of blood he didn't see at first; he probably thought it was gunpowder or something else. He propped the Beretta on his leg, but then decided against this and continued to let it hang off his knee with his hand; he didn't know why.

"Luc, you still there?" the caller said. "Luc?"

"Yeah I'm still here," Luc replied.

"You think we could have avoided this?" the caller asked.

"What does it matter, asking that at this point?"

"I'm just saying, I wish it didn't have to have this kind of ending?" "Don't we all..."

Whoever was on the other side of the

door was close to tearing it down at this point. T h e caller didn'tbring up anything about it before, but it was at least clear at this point that they knew of what was to come.

"Do we have any time left?"

"20 seconds maybe. Anything left to say?"

They didn't, at least for fourteen seconds, that is.

"See you on the other side I guess."

Click. The call ended. Luc used whatever time he had left before the inevitable to unload the Beretta's mag and check how many rounds remained. He had two.

Close to perfect as perfect would allow. Two would be all he'd need anyways.

The door finally tears off of its hinges and crashes down. In come two men, probably of the same height, definitely of the same proportion. Both carry slightly larger pistols than Luc's Beretta.

It's not until the almost simultaneous cocking of the guns that Luc decides to look up at them. Dead eyes. Tightly-closed mouths. *Pulp Fiction*-esque poses.

An arm is raised. Then out comes a bullet, charging. Almost one second later, another bullet.

> Then twenty seconds of magazines rushing to empty. Imprisonment, solace, and now liberation. Funny? More like relieving.



his white dress shirt and his, at the moment, pale complexion. And some blood was his. The same blood that was his was all the blood that came from the bruises and cuts on his face; he got them shortly after firing some of the first bullets from the gun.

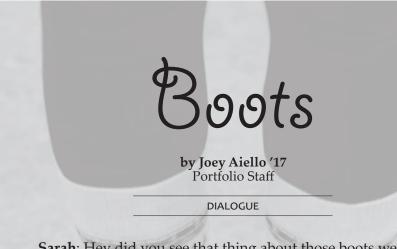
He continued to stare at the floor, imagining some of the designs that formed in the grime communicating with each other, when his phone, on the bed with him, began going off. He didn't want to end his game of dancing muck, which is why he didn't answer until the phone was about two buzzes away from sending the caller to voicemail.

"I told you not to call until it was all said and done," Luc immediately said. "Well, when the hell was I supposed to know when that would be?" the

Illustration by Abigail Sawyer Henry '16



#### The Cowl 17



**Sarah**: Hey did you see that thing about those boots we wanted?

Sam: Yeah, it's ridiculous, they're on back order.

**Sarah**: I can't believe we live in a world where stuff like this still happens.

Sam: I know right! It's 2015!

**Sarah**: Exactly. You would think that with the Internet and social media today that they'd know how everyone feels about these boots and they would have just been fully stocked for the winter.

Sam: It's a tragedy.

Sarah: I know. I even saw it on the news last night. Sam: Really?

Sarah: Yeah, I guess there were like people gathered all around the store sort of protesting that they couldn't get the boots. Sam: That's crazy, and it was on the news?

**Sarah**: Yeah, but only briefly, then they cut to sports news. **Sam:** Figures. You think something like this would get more news coverage.

**Sarah**: I mean it's become apparent that this is a real problem. The boots I mean, it's a real problem.

Sam: Yeah, the boots.

Sarah: Anyways what are you doing later? Sam: I think I'm going to go to the mall, wanna come? Sarah: Yeah sure!

PHOTO COURTESY OF kellyinthecity.co

# Hope in the Form of a Letter

**by Marisa Gonzalez '18** Portfolio Staff

POETRY

The eerie atmosphere Engulfs broken graves. Death has left This place long Ago. His cloak, left Draped over the Sky.

Moans once haunted The shallow graves. Now silence remains. Lost souls roam With no guidance.

A figure bursts Through the darkness. Flowing hair forms Around her body Like golden wings.

Steady footsteps reach A tree, limbs reaching For a savior. A gentle hand Caresses the rough Skin. Light pours down, Arms stretch out. A letter, placed Within the reaching Arms.

The figure leaves. Light swallows the tree. It explodes. Darkness shatters. Souls smile.

They have been Known, heard. Hope has been Restored.

PHOTO COURTESY OF mirko delcald

# Pocket Poems

#### Hello, Sunshine!

Good morning sun! Good morning sky! How sweet to see you smile! ...but if you'll just let me shut the blinds I think I'll sleep a while...

> by Jonathan Coppe '18 Portfolio Staff

You opened the door, No words of goodbye, Nor of gratitude,

"Go, seek a Great Perhaps"

by Chennah Sharpe '17 Portfolio Staff

Conditioner smoothly, evenly clumped itself onto my palm into a perfect heart shape. Ah, serendipity. I reached for my phone, Instagram a lifeline. Realization struck; technology does not groove well with showers. Aesthetic, rest in pieces.

> by Konner Jebb '16 Portfolio Staff

> > 0

We are sun-worn, dirtied legs at the end of the day after the waves have risen from the pavement, burning.

> by Ariana Pasquantonio '16 Portfolio Staff

A coal burning heart covered in snow Jesus lead me where I want to go I swear on the leaf-covered ground, I'll lay this summer of acedia down, Take up my hymn, and my fall, And walk and sing 'till the spring robin's call.

> by Abby Johnston '17 Portfolio Staff

> > PHOTO COURTESY OF Billy Alexander

### Listomania

#### What Time Is It?

Hammer Time

Summertime (It's Our Vacation)

Time to Cry

Crunch Time

**Closing** Time

Time to Duel

Adventure Time

Tangent Time

Past Your Sushi's Expiration

Spontaneous Dance Party Time

Past Take 3 Time

Peanut Butter Jelly Time

Friar Time

Homework Time



**by Branan Durbin '16** Portfolio Editor

PROSE POETRY

Two days never work quite the same. At first, they may seem to: the same green, somewhat rusty bicycle rolling down the same neighborhood street, at the same early evening moment, with the same golden sun shining sideways on the red hair of the same girl. But, on the first day, there's laughter, with the wind rushing not only through her ginger curls but through her very mind, blowing away knots and dust and frustrations balled up tight. It is a success in spring cleaning exacted in the late summer, and light that reflects off the glass of an old dormant streetlight acts as applause praising the perfection of the moment. On the first day, the air and sunlight inside her mind assure that this, this is joy. The next day, or next week, next time she needs that saving breeze and sunlight, it is somehow never so sweepingly glorious. As she rides the same bike along the same curves, she finds only potholes; as she cuts through the summer air, she shivers with chills. The same sunlight she pedals beneath now only mocks this wobbling girl gripping the handlebars, gritting her teeth. Her mind overnight had changed the secret password that the first day had uncovered, reacting against the unwelcome onslaught of sun and unhindered smiles, locking out the newfound joys and locking in a different, all-too-familiar dankness. Instead, in the harsh, taunting sunlight, she can only focus on the towering streetlight to her right, and on choosing not to veer her bicycle into it.

### Tiffany & Earl

Making PC an emotionally stable place one letter at a time

Dear Tiffany and Earl,

I'm just SOO done with the food from Alumni and Ray. It's, like, ridiculous. I mean, c'mon, how can they REALLY expect me to eat the pizza they serve (seriously, I'm too good for that stuff) or those old veggies from the salad bar I have to force down? And don't even get me started on the grilled chicken. Can you say dry?! (And sometimes it's even, like, red. I mean, like, I don't wanna eat food that raw AND dry! I mean pick one, seriously.) Anyway, what should I do? Honestly, if I eat any more of that stuff I might just DIE! How can I even handle it? Am I supposed to just starve?!

Angrily, vinesluver22<3

Dear Picky Eater,

How about you just starve already and we can both go home happy? Me knowing that you will never write in with such a first world problem question again, and you knowing that you will continue to be ungrateful and never have to eat Ray pizza again.

IDK HOW, but you've managed to list literally the two stations in Ray that are the "I am lazy and don't want to eat anything else" options, but failed to take note of places like the theme cuisine or the main dish. Normally you'll be able to find something between the two.

Yes Ray has its down sides, but with a little looking around you too can have food for only 21 dollars a plate (assuming unlimited meal plan)+taxes+our new business building fee.

As for Alumni, if you are tr.uly that picky where you cannot customize something to your liking, I suggest you dip cotton balls into your favorite sauce and eat them instead. Or eat the questionable selection of over priced sushi daily and contract mercury poisoning. Either way, please just never ask another question again.

Bye Felicia,



Tiffany

Dear Angry Vinesluver22<3,

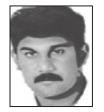
I'm so with you. How on earth can they serve such subpar food on an American college campus?! We're the future of America after all, and we deserve good healthy food like properly grilled chicken. Seriously, where can I get a damn steak?!

-----

The school really needs to serve some better quality dead cows so we can all grow up to be good, strong, freedomloving, bacon-eating, terrorist-fighting, Commie-hating, Nazi-beating, red-blooded Americans like our forefathers. Next thing you know the terrorists are going to be rolling over our starving malnourished bodies and we'll all be speaking Chinese.

We've got to fight for our chicken and burgers because when the enemy wins, those will be the first things to go.

See you in the kitchen/battlefield, soldier,



#### Disclaimer

The Tiffany & Earl feature is a satirized account of Providence College. Both the question and answers are purely works of fiction. Tiffany & Earl are anti-heroes whose comments ultimately satirize the stereotypes they each represent.

# Sports

Page 19

October 22, 2015

# **A Star Emerges for PC Men's Soccer**

by Brannon Walker-Hodges '17 Senior Sports Writer MEN'S SOCCER

When it comes to contextualizing the ProvidenceCollegeMen'sSoccerTeam's run to the BIG EAST championship and the NCAA College Cup, there are themes of senior leadership, along with grit on defense and timely goalscoring. However, every team has at least one player that takes charge of the offense and has the opposition keying on him whenever he is on the attack. That player for the Friars is forward Mac Steeves '17. Hailing from Needham, Massachusetts, Steeves played varsity soccer all four years at Needham High School, serving as team captain during his junior and senior seasons.

During his senior year campaign, Steeves recorded 20 goals and 25 assists. His 45 point total set a new school record. That year, Steeves led his team to the 2012 Division I State Championship, where he scored the game winning goal. High pressure moments are something Steeves is accustomed to as an athlete, along with receiving accolades for his success.

In 2012, Steeves was named the Gatorade Player of the Year in the state of Massachusetts, NSCAA State Player of the Year, and an NSCAA All-American. He was named a Division I Tournament MVP, Division 1 Player of the Year by

*The Boston Globe;* he was also named a two-time All-New England selection, a three-time All-State honoree, two-time Bay State Conference MVP, a three-time Eastern Mass. All-Star and a four-time Bay State Conference All-Star.

His confidence, along with his skill set, has allowed him to become a valuable asset to men's soccer Head Coach Craig Stewart. As a freshman, Steeves played in 13 games for the Friars, including starting nine of those games. He finished fourth on the team in points with nine, scoring three goals and three assists. Coach Stewart did not mind Steeves being aggressive on the offensive end despite his inexperience, as he was third on the team in shots, totaling 40 throughout the season. Teams in the Big East conference took notice of his potential as he was named the Big East Rookie of the Week twice in 2013.

Last season, Steeves took on a bigger role for the Friars as the main offensive threat on the frontline. Starting in 21 of the 22 games he played for the Friars, he led the team with 26 points, 11 goals, and 61 shots taken. At the end of the regular season, Steeves finished first in the Big East with 0.5 goals per game; his 11 goals also led the conference and he ranked 17th nationally. Steeves' finest moments came during the most crucial points of matches. He ranked second on the team in game-winning goals with four. During the Friars'

College Cup semi-final match against UCLA, Steeves scored the only two goals for the team, keeping hopes for the Friar Faithful alive to until the end. His success in the national spotlight has earned him many accolades. Steeves became the first player in 31 seasons of College Cup history to be named the Most Outstanding Player of the tournament albeit his team not making it to the final match.

Steeves' other accolades last season include being named to the Top Drawer Soccer National Team of the Week, Big East Weekly Honor Roll, and Corvias ECAC Men's Soccer Tri-Offensive Player of the Week. At the end of the season, Steeves was named to the All-Big East Second Team, NSCAA Great Lakes All-Region Third Team, and the 2014 College Cup All-Tournament Team, along with being named the Friars' co-offensive MVP.

This season, Steeves is picking up right where he left off on the offensive end. As the Friars approach the halfway point in the season, Steeves has almost eclipsed his total amount of goals from last season with 10, currently ranking within the top 10 in the country. Steeves also currently ranks within the top 10 in points per game with 1.75, goals per game with 0.83, game-winning goals with four, and shots per game with four. Recently, on Oct. 17 against Seton Hall, Steeves recorded two goals in a win against the Pirates. Steeves' first goal came off of an assist in the 21st minute of the match, while his second goal came off of a free kick in the 60th minute.

According to an article on *NBCSports. com*, Steeves gets much of his confidence and attitude toward the game from his father, Jay Steeves, who played semipro in Japan while in the Marines. Within the article, Coach Stewart commended Steeves for his physical nature and professionalism.

"The one player I like to compare him to...is Alan Shearer [of Newcastle]," Coach Stewart said to *NBC Sports*. Both Shearer and Steeves both stand over six feet and tower over defenders to score goals. What makes Steeves so unique is that the numerous accolades and awards do not cloud his vision of what his, or the team's, mission is.

"I put a lot of work into my game and trying to become better," Steeves said to *NBC Sports.* "The amount of success I'm having is a little surprising just because I didn't know exactly what I was capable of."

It is that type of humility, along with his skill set, that has FIFA clubs, MLS clubs, and the United States National Team lining up to scout the junior from Needham, Massachusetts, who continues to lead the way for the Friars.



Steeves lunging for a ball during last year's College Cup mattch-up against UCLA

PHOTO COURTESY OF SOCCER.NBCSPORTS.COM

#### 20 The Cowl

# **Editor's Corner:** The Wild, Wild West

by DJ Anderson '16 Sports Editor

COLUMN

Over the past few National years, the Basketball League's Western Conference has asserted its dominance over its counterpart, the Eastern Conference. In fact, if not for the greatest basketball player of our generation residing in the Eastern Conference, then the East would truly have no hope come playoff time. This season, this Western supremacy could be at an all-time high. There are several reasons for this, as the Eastern Conference rosters have failed to revamp themselves in the way that numerous Western Conference rosters have done. However, my main takeaway from this year's offseason is that three great teams in the West made themselves even greater. These teams include the San Antonio Spurs, the Los Angeles Clippers, the Houston and Rockets. Each of these teams has made moves, either through trades, free agent signings, or individual re-signings, which have bolstered their depth and reenforced their teams as huge contenders in the Western Conference.

San Antonio Spurs: It is hard to argue against the Spurs as the ultimate winner of this year's NBA off-season. The Spurs were able to take care of nearly every member of their team set to become a free agent, as they re-signed first ballot hall of famer Tim blossoming Duncan, superstar and reigning defensive player of the year Kawhi Leonard, sixth man Manu Ginobli, and crucial role players Danny Green and Matt Bonner. In addition to these resigning, the Spurs pulled in the biggest free agent of the 2015 NBA off-season, signing perennial All-Star Lamarcus Aldridge to a four year, 84.1 million dollar contract. This move will allow Head Coach Greg Popovich to rest his aging legend Tim Duncan, as he now has a supremely talented

big man in Aldridge. If the Spurs are able to employ their traditional regular season "resting of superstars approach," and escape without any major injuries, then they will be able to roll out the most talented playoff roster's that their franchise has ever seen.

Los Angeles Clippers: Despite the massive free agent signing of Aldridge, LaMarcus this off-season's largest news story was due to the decision of Clippers DeAndre big man Jordan. In the span of one week in early July, Jordan revoked his decision to leave the Clippers for the Dallas Mavericks, deciding that his LA teammates gave him his best chance at winning the thing that he most desires, an NBA championship. Although he took quite a bit off heat from the media, Jordan's decision could prove to be a wise one if the Clippers are able to capture this championship in this coming summer. In addition to re-signing Jordan, the Clippers were also able to lock down two-guard Austin Rivers. However, their biggest impact in this off-season came in the form of trades and free agent signings. The Clips acquired a proven playoff performer and athletic shooting guard in Lance Stephenson, losing Matt Barnes and Spencer Hawes in the process. Their off-season spending spree did not stop there, as they replaced Barnes at the small forward position with Boston Celtics legend Paul Pierce and the ever-so-athletic Josh Smith. The Clippers finished their off-season with the signings of Cole Aldrich and Wesley Johnson, two veterans who have proven that they can play roles on NBA teams. All of these moves have made the Clippers one of the deepest teams in the NBA, and it has become increasingly clear that they are going all in this

season.

Houston **Rockets:** The Rockets were the surprise team of last off-season, reaching the Western Conference Finals only to lose to the eventual champion Golden State Warriors. They were the two seed in the regular season, due to the MVP-type play of James Harden. However, there were not many people that believed them to be better than the Spurs or Clippers. Nevertheless, the Rockets defeated the Clippers in their second round playoff series, proving all of their doubters wrong. Josh Smith was huge in that series, scoring big baskets down the stretch in several big fourth quarter moments against Los Angeles. Losing Smith to free agency certainly hurts the Rockets, but does not characterize the strong overall off-season orchestrated by the Rockets front office. The biggest acquisition for the Rockets came in a trade with the Denver Nuggets. In this trade, the Rockets packaged four bench players and a first round pick for Ty Lawson, a point guard that has proven his ability to compete with the numerous talented players that lace the Western Conference at his position. Prior to this trade, the Rockets had been rolling with Patrick Beverly as their starting point guard. This is no knock on Beverly, as he is one of the best perimeter defenders in the NBA. However, Houston's outlook certainly looks a lot better with Lawson at the helm of their offense. Furthermore, when Beverly went down at the end of last season, the Rockets were painfully scarce at the point guard position, and this definitely contributed their Western to Conference Finals loss to the Clippers. Lawson gives the Rockets the much needed depth which could guide them to post-season glory.

#### JALEN LINDSEY

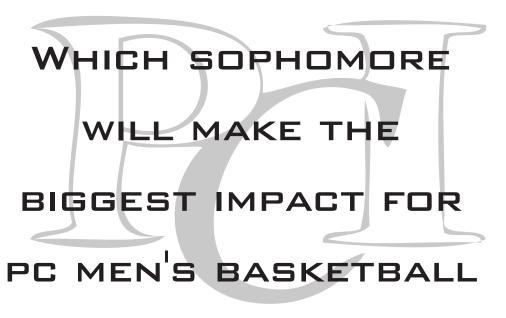
For many college basketball players, sophomore year is the make-it-or-break-it season. For Jalen Lindsey '18, last year's end of season surge indicates that he is ready to make a huge step up this season.

It looked to be a fairytale start for the former ESPN Top 100 recruit, highlighted by a 15 point performance against Florida State that showed glimpses of his potential. However, he struggled throughout early Big East play, and spent most of crunch time glued to the bench. Lindsey began to find his niche at the end of the season, stepping up to become the Friars' number one three-point shooting threat. Last post-season, Lindsey regained his early-season rhythm, pouring in three three-pointers in a Big East Tournament loss to Villanova and knocking down four three-pointers in the Friars' NCAA Tournament game against Dayton.

This year, Lindsey is expected to take the next step. In addition to adding a much needed three-point shooting threat, he is also expected to use his length to aid the Friars on the defensive end. On a team lacking for size, Lindsey should be able to play a solid "stretch four"—a forward with the ability to both defend down low and provide offensive punch from inside and outside the three-point arc.

The athleticism and natural scoring ability that made Lindsey a Top-100 recruit briefly came in flashes last season. However, with a full season under his belt, and an offseason of constant preparation, Jalen Lindsey will be the one sophomore who establishes himself as a sidekcik to Kris Dunn '17 this season.

-Joey Ciccarello '16



#### BEN BENTIL

During last year's Big East Tournament, it may have been easy to focus all of your attention on the play of National Player of the Year candidate Kris Dunn '17. I certainly cannot blame you for this, as this is the tendency of every single person that follows Providence College Men's Basketball closely. One player that may have escaped your eye last season is Ben Bentil '18. This certainly is not due to his physical stature, as Bentil is a 235 pound, 6'9" monster. Instead, I am speaking of the unsung importance of his game.

Bentil is a ferocious rebounder, and HE showed this capability in the Friars' two Big East Tournament games against St. John's and Villanova when he collected 23 rebounds in 71 minutes, which was good for an average of 11.5 rebounds per game. It is clear that Bentil turned it on in the second half of last season.

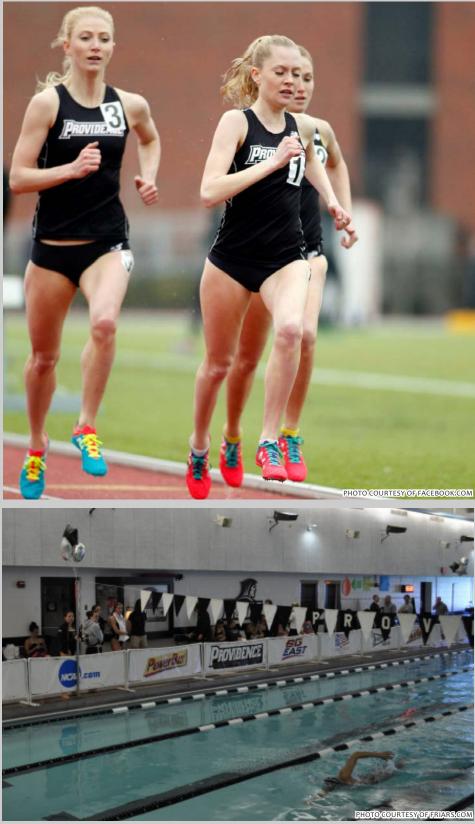
During the final stretch of the 2013-14 season, Bentil scored double digits in seven of the 14 contests that he played in. This was a great improvement upon the first half of the season, when Bentil was only able to score double digit points in one of the 20 games that he played in. I believe that Bentil will start right where he left off last season, and will continue to develop his post moves and mid-range game throughout this year's campaign.

Bentil's importance to this year's team became even more apparent during the off-season, when Paschal Chukwu, the seven footer recruited by Head Coach Ed Cooley, decided to transfer to Syracuse University. Now, Bentil is the tallest player on the Friars' roster and will need to rebound at a high level on both ends of the floor.

-DJ Anderson '16

# WINTER SPORTS PREVIEW 2015 FRARS 2016











2 The Cowl

WINTER SPORTS PREVIEW

October 22, 2015

# **MEN'S BASKETBALL** LOOKING TO BUILD OFF OF TWO STRAIGHT NCAA TOURNAMENT APPEARANCES

#### by Bryan Blum '17 Senior Staff Writer

MEN'S BASKETBALL

This may come as a surprise to everyone in the Providence College community including administration, athletic personnel, and even fans, but there is something they fail to realize about the Providence College Men's Basketball Team.

Kris Dunn '17 is not the only player suiting up this season. Shocking, yes, but true as hard as it may seem. In fact, he is one of 14 players on the current roster. Feel free to take a moment to let that sink in before continuing to read.

That is not to say Dunn is not good. He is very good. Very, very good. That is not even to say that the success of the team will not depend on how Dunn plays this year. In fact, it probably will.

Last year Dunn was top five in both steals and assists per game and (thankfully for the Friar Faithful) turned down the opportunity as a potential lottery pick in order to return this season. He is easily the best player that Head Coach Ed Cooley has to

work with and is arguably the best player in the Big East and maybe even the country. The point is, however, there still needs to be four other guys on the court with him at all times.

on the court with him at all times. Just because Dunn is extremely talented does not mean that he does not have talent around him. Despite losing Carson Desrosiers '15 and LaDontae Henton '15 to graduation, the Friars still have Ben Bentil '18 and Jalen Lindsey '18, who both came alive during the end of the season to prove that they were worthy of the top 100 ranking they received coming out of high school.

In addition, Rodney Bullock '18 is finally healthy and eligible to play. Kyron Cartwright '18 also showed signs that he could be a valuable backup if Dunn finds himself on the bench for any reason. No one is questioning the talent of the Friars, but there are two major holes in the team that cannot be overcome no matter how much the team practices: experience and size.

The team has no seniors and only has two juniors who saw significant playing time last year. One is Junior Lamomba'17, who excelled on defense, but did not show any real offensive ability, and the other is, well, Dunn.

The team also has no traditional centers. Bentil can certainly handle his own in the paint, but if he gets into foul trouble, the only other forwards on the team consist of Bullock, who is more of a small forward that a power forward, and Quadree Smith '19, who is only a freshman. The only way the team can be successful this season is if they run everybody out of the gym. But they can.

They may have some trouble on the inside, but on the perimeter, this team is built to create match up problems. Besides Dunn, who no one can guard regardless of size, Lindsey and Ryan Fazekas '19 are both over 6'7" at the guard position. Bentil has a decent mid range jumper, which will allow him to pull out centers from the paint and open up the lane for the 11 guards currently on the roster. This team may not have size, but they do have speed.

That speed may be enough to sneak the Friars into their third straight NCAA tournament. It is also very likely that they might have to settle for a National Invitational Tournament bid. As good as Dunn is, he cannot win on his own, and as good as a distributor

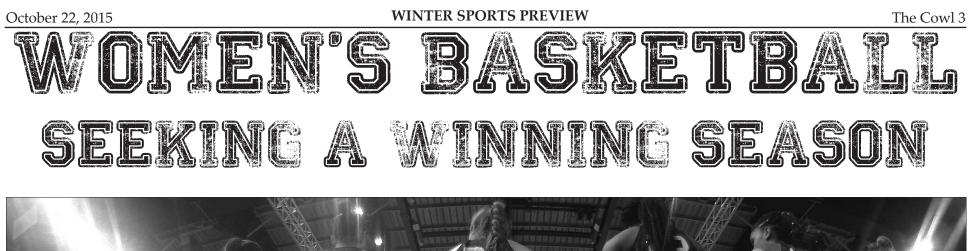
as he is, he also does not have the go-to scorer that he had last year in Henton.

Success will come down to two main factors: how well the freshmen and sophomores play this year, and how well they play against bigger teams. There is no reason to think that this season will be a repeat of the Keno Davis years, but there should be cautious optimism on such a young, although talented, team.

Durn is an amazing basketball player, but even Michael Jordan needed Scottie Pippen to win a championship. As much as the Friar Faithful would like him to, he cannot do everything by himself. However, everyone is certainly glad that he returned, and with a little help, he might just be able to do everything that everyone imagined he could.



PHOTO COURTESY OF BIGEASTCOASTBIAS.CON





#### **by Brent Bauerle '16** Sports Staff

#### WOMEN'S BASKETBALL

The past few years for the ovidence College Women's Providence Basketball Team have been lean to say the least, as they have finished with no more than 10 wins in either of their first two seasons under heralded head coaching acquisition Susan Robinson Fruchtl. And while championship contention may still not even be on the team's radar, a season of appreciable progression may be in store for the Friars. Playing in possibly the toughest conference in women's college basketball means that the Friars face the highest level of competition on a nightly basis, and in recent seasons they simply did not have the talent to match up with juggernauts like Villanova or the University of Connecticut (prior to their program's move to the AAC). This year, however, may be a slightly different story. Holdovers from last year's team are a year further into their development, and, despite enduring struggles during the majority of their tenure, they will still benefit from being a year further into Coach Fruchtl's system. In particular, Evi liskola '16, the only senior on this year's squad, and Sarah Beal '17, the team's only preseason All Big East selection, are expected to help carry the burden for a team that has four freshmen and eight underclassmen total.

makes this year's group intriguing. While most teams in power conferences such as the Big East who are labeled with the term "young" often struggle recordwise, the Friars boast an impressive influx of talent that may help offset a lack of on-court synergy in the early going. In particular, highlytouted recruit Yoyo Nogic '19 was selected to play in the under 19 FIBA international competition for her home country of Serbia after putting up an impressive state line in Serbia's Senior League, averaging 14 points per game on a robust 50 percent shooting from the field and an outstanding 90 percent from the free throw line; she also logged major minutes despite struggling from the field in the tournament. Meanwhile, teammate Clara Che '19 played minimal minutes for her home country of Spain, but still deserves recognition for even being considered for a spot on a competitive international team. With such a young team, an easy opening to what is always a tough schedule would be a godsend for these young and fearless Friars. Luckily for them, the schedule gods were kind and delivered just such a scenario, as Providence opens against a perennially mediocre Boston College team and does not play a team of national repute until mid-season matchups with St. John's and Villanova. Combined with a light out-of-conference schedule that includes teams such as Florida Gulf Coast, Bryant, and Brown, the

in the park before they end up in the thick of it later on in the season.

If one wanted to lay out a blueprint for the Friars to improve upon the miserable seasons of the recent past, they would have drawn it up just about the way the chips have fallen so far: bring in a talented recruiting class and give them a soft schedule early on to give them time to gel into a cohesive unit. The Friars still have to prove that such cohesion is forthcoming—only their play on the court in meaningful games can display such progress. However, the opportunity is there, and it is compelling.

The optimistic fan would hope that

PHOTO COURTESY OF WWW.FACEBOOK.COM/PROVIDENCEWBB/PHOTOS

strides towards a winning record and remaining competitive against topflight teams would mark a significant step forward for the team, even if it does not result in accolades or achievements. As such, year three of the Friars' rebuild may not be the time to hang banners, but rather the time to look to improve and continue to build a foundation for success.



It is that youth, however, that young Friars get a proverbial walk

the Friars score early-season wins that have become elusive in recent years while still working out some of the kinks that come with massive roster turnover. With a bit of luck, the Friars could be well above .500 when they roll into their matchups with St. John's and Villanova, matchups that in previous season have not exactly been competitive—last year, both teams beat the Friars by double digits, with St. John's registering a rather lopsided 70-49 victory in Queens.

It has been a tough transition for the women's side at Providence in recent years, especially when they work in the shadow of a program that has successfully resurrected itself from the ashes of the disastrous Keeno Davis era on the men's side.

However, building a program is not an overnight process, especially for a group that rarely lands the kind of truly transcendent recruits that can carry a team at the collegiate level. In the Friars' situation, making

0	Sarah Beal	Jr.
1	Alise Parker	Sc.
2	Alison Lewis	Sc.
3	Ērica Meyer	Fr.
10	Allegra Botteghi	Sc.
raak A	Jovana Parker	Fr.
21	Maddie Jolin	Fr.
22	Aliyah Miller	Jr.
23	Clara Che	Fr.
24	Rachel Aho	Fr.
25	Brianna Frias	se.
30	<b>Evi liskola</b>	Sr.

# MEN'S ICE HOCKEY THE ROAD TO TAMPA

by Nate Svogun '16 Sports Staff

men's Hockey

Fresh off of last season's exhilarating thrill ride through the NCAA tournament, the reigning Division I Men's Hockey National Champions are back in action.

There is no other way to say it: last season's men's hockey team was one of the most special teams in the history of Providence College sports. Only three games into this young season, this group of Friars seems like they could very well be another special group.

Losing standouts like goaltender Jon Gillies '16 and forward Noel Acciari '15 hurts. There is a reason why Gillies is now with the Calgary Flames and why Acciari signed a contract with the Boston Bruins over the summer—these guys are simply phenomenal players. No one can deny that these two were big reasons why PC won it all last season.

But do not count this season off as a rebuilding year for the Friars. Head Coach Nate Leaman returns to coach a squad with plenty of big-time experience. Newly named captains Kevin Rooney '16 and Tom Parisi '16 are appropriate leaders for this deep, talented group. Rooney, a forward, had seven goals and eight assists last season, including one goal and two assists in the crucial final three NCAA tournament games. He was on the ice for all of the 41 games that the Friars played last season. Parisi, a key defensive player, led Friar defensemen in points scored, with 19 total: five goals and 14 assists.

Also returning for the Friars are Alternate Captains Nick Saracino '16 and Mark Jankowski '16. Saracino, another one of Providence's returning forwards, proved himself to be one of the most potent offensive threats in the Hockey East conference last season, leading the Friars in scoring with 38 points. Jankowski, another forward, returns after a strong 2014-2015 season, having tallied 27 points on the year.

And of course, last year's big game hero, Brandon Tanev '16, will be back for the Friars as well. As Friar Nation will fondly recall, it was Tanev who scored the game-winning goal in the National Championship against Boston University back in April.

While the players are important, having one of the best coaches in the country back for another season does not hurt either; Coach Nate Leaman returns after having been named *USCHO.com* Coach of the Year last season. Leaman discussed the offseason and the upcoming 2015-2016 campaign recently on *This Week in Friars Hockey*.

Although he confirmed that the offseason has "been hectic, to say the least," Leaman also noted that "it was a good time for the program" as they celebrated the National Championship in a variety of ways (including a golf outing and a trip to Fenway Park).

But about midway through the summer, Leaman said the team started to come to the realization that the championship was "moving to the past now," and that it was "time to get going with another season."

As for the state of the team moving forward into an exciting, new season, Leaman offered a short but optimistic statement: "At the end of the day, I like our team."

In the four games that the team has played so far this season, it's safe to say that Coach Leaman and Friar fans saw a lot to like.

The team opened up the season with an exhibition game at home versus Simon Fraser. The result was a 9-1 drubbing by the Friars that allowed Coach Leaman to give several of his hard working bench players some valuable playing time. The Friars scored five times on the power play, and the end result was never really in doubt.

Next came a two-game away series against Miami University (Ohio), a consensus Top-15 team in the country. The Friars, then ranked seventh in the nation, came away with a convincing 7-3 victory in the first game, and a 2-2 overtime tie in the second.

Most recently, the Friars beat Holy Cross at home, 4-1, in front of a raucous sell-out crowd on the night the Championship banner was raised. Now ranked second in the nation, the Friars look to continue their momentum in a two-game home stand against Ohio State.

Although predictions are always hard to make this early into the season, I do not think I am rocking the boat here by predicting another deep run into the NCAA tournament for the Friars this year. The Hockey East schedule will be grueling, as it always is, but another 20-plus win season seems quite likely with this kind of talent on the roster.

As for talk of a repeat? If the Friars keep this kind of play up, expect it to start soon.



Captain Kevin Rooney '16 pursues the puck during the Friars 4-1 win over Holy Cross.

PHOTO COURTESY OF HTTPS://WWW.FACEBOOK.COM/PCMHOCKEY/PHOTOS\_STREAM

# WOMEN'S ICE HOCKEY A CHANCE AT HOCKEY EAST GLORY



**by Bryan Blum '17** Senior Staff Writer

women's Hockey

Last season, as every one on campusis aware of, the Providence College Men's Hockey Team won its first National Championship. What people may not know, however, is that the Women's Hockey Team has actually had the more illustrious history. The team has won more conference tournaments than their male counterparts and has also won a conference championship more recently than the men's team, in 2005. Although they probably will not have the success they have had in the past this season, the team is poised to improve from last year, when they went 5-15-1 and finished last in Hockey East.

So far this season, the women's team has not gotten out to the start they wanted, but they have played hard against very formidable opponents. Their first two games of the season were against the then number three ranked team in the country, the Wisconsin Badgers. In a game that sold out an NHL practice arena in California, Kate Friesen '19 scored first for the Friars, making this her first collegiate goal. But they then allowed five straight goals and dropped the first game of the season 5-1. In their second game of the California road trip, Wisconsin proved that they truly were deserving of their number three ranking and handily beat the Friars 8-1.

Despite the poor outcome against the talented opponent, there were some positive takeaways from the experience.

"Playing Wisconsin was an important learning experience for such a young team," said goalie Sarah Bryant '16. "The transition from high school or club hockey to Division I hockey is a big one for many players, so getting an idea for how fast and skilled the best teams are can hopefully speed up the learning process. I was pleasantly surprised at how well my team adapted to the pace of the game out there, I believe that it has contributed to the competition level and speed of practice in the past couple of weeks."

After losing to the Badgers on the West Coast, the Friars returned home to play Colgate on Oct. 17. The Friars lost this game, dropping to 0-3-0, as Colgate improved to 3-0-0. After giving up three goals in the first period and one in the second, the Friars managed to score two goals in the third period, one by Emily Landry '19 and another by Brooke Boquist '18. The Friars gave up one more goal and eventually lost 6-2.

After the loss to Colgate, the Friars were shut out by Syracuse and remained winless in their first four games. In the game against Syracuse, Madison Myers '19 made her first career college start in goal.

Despite the slow start, there is reason to be hopeful that the women will turn their season around.

"The team we have this year is a lot different than the team we had last year," said defenseman Ariana Buxman '17. "This team has a lot of chemistry and is the most skilled team I've been a part of at college. If any team can turn it around, it will be this one." If the team expects to turn their season around, it may have to be on the back of Captain Lexi Romanchuck '16. This defenseman was assistant captain last year and led the team in blocked shots while playing in all 35 games. She also led all defensemen in scoring with two goals and seven assists.

The Friars also need some offensive help and hope to get it from Cassidy Carels '17. Last year, Carels was second on the team with 14 assists and was third on the team with 21 total points. She also had four multi point-games and tied for team lead in power play goals with five.

It will take a team effort to turn this season around; however there is no reason that with this young and talented team that it cannot be done.

"I have very high expectations for this season," said Bryant. "The talent on our team this year is unrivaled by any other team I have been a part of, and if we can figure out how to best utilize it, we have the potential to be at the top of our league."



2015-2016 Roster

Madison Myers Fr.

1

21 Christina Putigna Fr.

Kate Friesen '19.

PHOTO COURTESY OF WWW.FACEBOOK.COM/PCWHOCKEY/PHOTOS\_STREAM

2	Ariana Buxman	So.	22	Kendra Goodrich	Jr.
4	Blair Parent	Fr.	23	Madison Sansone	So.
5	Courtney Kukowsk	i Sr.	24	Lauren Klein	Jr.
6	Kate Friesen	Fr.	26	Daniel Hardy	Fr.
8	Lexi Romanchuk	Jr.	27	Sarah Bryant	Sr.
13	Emily Landry	Fr.	28	Natasia Burzyinski	Fr.
16	Brittany Thunstron	n Sr.	29	Cassidy Carels	Sr.
17	Cassidy MacPherso	n Fr.	31	Allie Morse	Sr.
18	Arianna Reid	So.	33	Alanna Serviss	Sr.
19	Brooke Boquist	Fr.	Bob Dera	ney- Head Coach	

# Svinning and Diving **Early Results Show Promise**

#### by Brannon Walker-Hodges '16 Sports Staff

#### SWIMMING & DIVING

If there are two teams that are looking forward to making their splash in the realm of Providence College athletics, it is the Providence College Men's and Women's Swimming and Diving Teams. The Men's and Women's Teams began their seasons with a meet against Iona College on Oct. 11 in the Taylor Natatorium. The women's team was victorious as they prevailed in multiple events, including the 800m freestyle, 50m freestyle, 200m butterfly, and the 200m backstroke. This group of young women was led by Katherine Fallon '18, as she earned victories in the 800m freestyle and the 400m freestyle. Right behind Fallon in the 800m freestyle, finishing second, was Kaylie O'Connell '19. In the 200m backstroke, the women's team convincingly took the event as the Friars all placed within the top three: Helen Smith '17 finished in first place,

Paige DeLago '19 finished in second and Juliet McGlaughlin '19 finished in third. Smith also took first place in the 200m freestyle. There were many other first place finishers on the women's side including Reilly O'Connell '16 in the 50m freestyle, Erin Cunningham '18 in the 200m individual medley, and Mackenzie Coughlin '19 in the 200m butterfly. Collectively, the women's team claimed first place in their 400m medley relay. The most impressive aspect of this win was that the freshmen led the way. The team was composed of McGlaughlin swimming backstroke, Abby Czerniecki '19 swimming breaststroke, Smith swimming butterfly, and Kelly Quinn '17 finishing the race in freestyle. Kendall Jerzyk '18 took home first place on the diving board as she scored a 242.85 from the judges.

The men's Swimming and Diving Team is also building momentum in their meets thanks to their young group of swimmers. Against Iona, Ricky Billig '19 earned first place in his first 200m backstroke, with Jonathan Batista '19 finishing right behind him in second. Jordan Frielingsdorf '17 also found success on the diving board, finishing first on the springboard with a score of 161.17. The momentum continued for both teams as they competed at the New England Catholic Invite hosted by Boston College on Oct. 16 and 17. Both teams placed second overall.

The women again found their top performer in Fallon, who recorded two first-place finishes in the 500-yard freestyle and the 1000-yard freestyle. Fallon also placed second in the 200yard freestyle. Kathryn DeSernia '19 took home a close second place finish in the 200-yard breaststroke, finishing just 0.47 seconds behind the Boston College winner. As a team, the women placed third overall in the 400-yard freestyle relay. The relay team was composed of Quinn, O'Connell, Sophia Forneris '18, and Fallon, who anchored the relay. There were multiple third place finishes including Smith in the 500-yard freestyle

and 200-yard backstroke and the unit of Cunningham, O'Connell, Forneris, and Mary McKenna '17 in the 200-yard freestyle relay.

As for the men's team, the top finish came courtesy of Zach Begnaud '17, who finished second in the 1000-yard freestyle and placed third in the 500yard freestyle. Other top three finishes for the Friars came from Connor Fabian '18 in the 100-yard breaststroke and 200yard breaststroke. The unit of Begnaud, Michael Martinico '16, Jacob Hedrick '19, and Liam Straker '19 also placed third in the 400-yard freestyle relay.

Both the men's and women's teams will rely on many underclassmen to deliver more top three finishes in the future while they compete on a high level. The next meet for the Friars takes place on Oct. 23 as they travel to Smithfield, Rhode Island to face off against Bryant University.



# TRACK AND FIELD **BUILDING ON PAST SUCCESS**

#### by Joey Ciccarello '16 Sports Editor

#### TRACK AND FIELD

Despite the Cross Country season being in full swing, both male and female runners alike are already gearing up for the fastapproaching Indoor Track season. Before the season begins on Dec. 5 at the Fordham Quad invitational in the Bronx, the Friars must look to replace key contributors such as Emily Sisson '15 on the women's side and Phil Reed '15 on the men's side.

Despite losing Sisson, the women look to have depth, talent, and experience in their corps of distance runners. Judging by their success this fall, Lauren Mullins '16, Sarah Collins '16, Catarina Rocha '17, and Katie Lembo '18 will be key contributors in races

such as the 1,600 and 5,000 meters. The mid-distance runners are headlined by Devyn Pryor '15G, who has consistently helped pace the team with high finishes in many events, especially the 1,000 meters and the 4x800 team relay. The other returnees for mid-distance events are Sarah Hammond '17 and Angelina Kartsounis '17; otherwise, the Friars must rely on contributions from new sources.

Lauren Basile '16 leads the cast of sprinters for the women. Basile was the Friars most frequent representative in sprinting events such as the 60 and 200 meter dashes. Alessandra Foresti '16 also returns as not only a sprinter, but also as the Friars number one option in the 60 meter hurdle events as well. Rounding out the sprinters are Lillian Smith '18 and Paige Santos '18, who will also participate in

the high jump. Jumping alongside Santos will be Michelle Longlois '18, a frequent participant in both the high jump and long jump.

Like the women's team, the Friars sprinters are young and relatively inexperienced. Brian Zied '17 and Tom O'Hare '17 are the only returnees; they must rely on new faces such as Stephen Farr '19, Joseph Hurton '19, and Andrew Kayata '19. Hurton will also compete in the jumping events for the Friars.

Mid-distance runners Kevin Olsen '16, Joseph Vercollone '16, and James Campbell '17 will be other key contributors for the men this winter. Olsen and Vercollone are the most experienced, having been some the Friars' most successful finishers in the 800 and 1,000 meter races in the past few years. Distance figures to be the men's strength as

well. Although Shane Quinn '15G is ineligible to run for the cross country team, he is eligible to run this winter, adding to the Friars already talented list of distance runners. Alongside Ouinn, Julian Oakley '16, and Tom O'Neill '17 will be two of the most successful Friars on the track this year.

Distance, of course, will be the Friars' strongest asset this winter. However, for the team to thrive as a whole, Providence must rely on a relatively unknown cast of characters to bring results in the mid-distance, jumping, and sprinting events. Knowing the genius of Head Coach Ray Treacy, however, one thing is abundantly clear: the Indoor Track and Field teams will be amongst the cream of the crop come this winter.

October 22, 2015

The Cowl 7

# **DUNN'S DECISION** WHY KRIS CAME BACK

#### by Jeff Williams '17 Sports Staff

MEN'S BASKETBALL

At the beginning of the college basketball season, the national media anoints <mark>one</mark> player as the best in the nation, and he is treated to a flurry of articles promoting him as a one-of-a-kind basketball player who could bring his team to great heights. UCLA's Lew Alcindor and Bill Walton, Cincinnati's Oscar Robertson, Indiana State's Larry Bird, North Carolina's Michael Jordan, Texas' Kevin Durant, Oklahoma's Blake Griffin, and Kentucky's Anthony Davis are just a few of the greats who generated huge national buzz about their play on the hardwood in college. As we come upon the 2015-2016 NCAA Men's Basketball season, Providence College's own star, Kris Dunn '17, is the one making the headlines.

A simple Google search returns countless articles from the past week written by big media outlets such as *Sports Illustrated, The New York Post, CBS, NBC, ESPN,* and *The Sporting News,* whose Tim Casey interviewed Dunn earlier this month. "I don't let the hype get to me," Dunn said. "I've been through the ups and downs. I've been at my lowest point when

nobody was around. Now, I'm at my up. Everybody's trying to be appreciative, but like I said I stay true to myself and stay humble." He told Jeff Goodman of *ESPN* that it was obvious that he needed to stay at PC and get better. "You can see it, I could see it. It wasn't a hard decision from that standpoint because I want to get better." In the 2014-2015 season, Dunn

led the Friar men to a 22-12 record, who were at times ranked in both the AP and Coaches' polls for the first time since 2004. He averaged 15.6 points per game, good enough for sixth in the Big East, on 48 percent shooting. His 7.6 assists per game led the league and helped LaDontae Henton '15 to lead the league in scoring. He is a prolific rebounder as well, and his 5.5 per game was good enough for 12th in the conference. He has showed incredible ability on defense, too, averaging 2.7 steals a game and being named to the All-Big East Defensive Team. Of course, he was also named to the All-Big East Team and shared the Big East Player of the Year Award with Villanova's Ryan Arcidiacono. Dunn's Friars went to the Big East semifinals and made the NCAA Tournament for the second straight year. Coach Cooley told CBS' Jon Rothstein

even better this year. "I think he's stronger, quicker, and faster. I think his court awareness is better just because he's played more. I would say those things will stand out more as well as his ability to score the basketball. I think we'll lean on him a little bit more to score the ball this year."

Dunn surprised a lot of people by returning to school this year. *CBS'* Matt Norlander wrote that most in his position would have left. "It's quite possible Dunn's decision to bypass last June's NBA Draft was an unprecedented choice for a player of his standard. First, consider how rare it is, over the past 25 years, for a guy considered to be a lottery pick to refuse to leave school. Then factor in Dunn's injury history. He's already had two major shoulder surgeries. He's endured missed time-nearly two seasons' worthand was still highly coveted." Howie Kussoy of The New York Post reported that even those closest to him thought he would leave. "His father thought he would leave. His coach, Ed Cooley, suggested he go, too. Millions of dollars were one decision away. Instead, Dunn returned to school, never considering—or reconsidering— the alternative for a moment."

In September, Dunn was chosen

as the Blue Ribbon Preseason National Player of the Year. NBC Sports' Rob Dauster can't stop gushing about him, "We at College Basketball Talk are about as allin as you can be when it comes to Providence point guard Kris Dunn." CBS Sports named him as not only a preseason All-American but also the number one player in college basketball. On Oct. 19, a Sports Illustrated preview of the Big East predicted that not only would Dunn win the Big East Player of the Year award, but would do so while being forced to carry a serious load of playing over 90 percent of total game minutes. It is becoming clear that Dunn may be forced to shoulder a load just as heavy as Bryce Cotton '14 did in the Friars' Big East title season. In the 2015-2016 season, Providence College Men's Basketball is going to be the Kris Dunn Show. The NBA can wait, as he wants to take the Friars deep one last time.

PHOTO COURTESY OF BIGEASTCOASTBIAS.COM

# **The Right Mix for Men's Hockey?** New Players, Returnees Provide Balanced Attack

#### by Lauren Altmeyer '17 Sports Staff

#### MEN'S HOCKEY

The puck has dropped. The banner has been raised. It is time for the Providence College Men's Hockey Team to focus on the season ahead, and on beginning a new campaign to defend their national title. The hockey program's first national championship would not have been possible without the leadership and experience of key players, such as former captains Ross Mauermann '15 and Noel Acciari '15 and standout goaltender Jon Gillies '16. Although the team will have to play without them this season (all three are now playing professionally in the AHL; Mauermann with the Springfield Falcons, Acciari with the Providence Bruins, and Gillies with the Stockton Heat), Head Coach Nate Learnan is not too worried about these losses. "We have a very large senior class and this class will really be dictating how the team performs. They will set the tone for our culture," Leaman said. Center forward Kevin Rooney '16 and defenseman Tom Parisi '16 were named captains for this season, with centerman Mark Jankowski '16 and left winger Nick Saracino '16 both taking on the role of alternate captains. The culture that they have set so far is similar to previous seasons underCoachLeaman:physical, determined, and unwavering play. The team's slogan from last year's championship run, "make it happen," has been carried over into this year, evidenced by PC's undefeated record so far. Friar men's hockey has been known for their strong defensive play,



"Nick will also be a player we rely on offensively. He always plays his best in the biggest games." An underrated player, Saracino has done nothing but improve since arriving three seasons ago. Last year he was ranked second on the team in points with 28 on 10 goals and a team-best 18 assists. If he continues this trend, he could end his senior year with upwards of 40 points.

Players such as Steven McParland '16, Rooney, Brian Pinho '18, and Brandon Tanev '16 lead the Friars' forecheck. Arguably the fastest skater on the team, Taney has seen offensive improvement in each of his first three years. Last year he posted a career high 10 goals and 13 assists, but no goal he will ever score will be bigger than his game-winner on April 11, 2015 against Boston University. As far as the rookies go, Leaman said, "I really like all seven freshmen on the team as well. I know they will play big roles with the team this year." They seem to be a promising bunch, with defensemen Erik Foley '19 and Steven Ruggiero '19 both getting picked up in the NHL draft this year by the Winnipeg Jets and Anaheim Ducks respectively. In the previous draft, goaltender Hayden Hawkey '19 was selected by the Montreal Canadiens. The other freshmen include 6'6" defenseman Vincent Desharnais '19, forwards Ryan Tait '19 and Garrett Gamez '19, and East Providence native Bryan Lemos '19. The Friars have started their season exactly where they left off last year and do not seem to be slowing down any time soon. As long as they keep playing Friars hockey, there could be another national championship in their future.

PHOTO COURTESY OF BLOOMBERG.CO

and although Gillies is gone, the team has total faith in netminder Nick Ellis '17. Right winger Trevor Mingoia recently told *The Boston Globe*, "We knew Nick was a very capable goalie last year even with Jonny Gillies backstopping us. Every time he got in last year he did great for us...so we knew we had a capable goalie coming into this year."

In front of Ellis, the defensemen have made their presence known. Out of the 13 goals the Friars have scored this season, eight of them have been assisted or scored by a defenseman. Jake Walman '18, a St. Louis Blues prospect, is currently the highest scoring defenseman in the country. Providence has a strong backcheck, led by Kyle McKenzie '17 and Buffalo Sabres prospect Anthony Florentino '17. Neither of these players are afraid to use their bodies to protect their zone. John Gilmour '16 and Parisi are two of the fastest defensemen on the team and combined for nine goals last season.

However, defensive players are not the only ones worth noting. Jankowski, who has always been a solid player for the Friars, has exploded this year. Coach Leaman states, "Mark is currently leading us in scoring, he is very gifted and I believe he could have a very big year." Jankowski finished last season with a total of 27 points (eight goals and 19 assists) and he already has seven points (two goals and five assists) in just three games played this year. The 6'3" Calgary Flames prospect will definitely be someone to keep your eyes on this winter as he plays his final season with Providence College before making his move to the pros. Leaman also praised Saracino, saying,



# THIS IS...



