



Women's Cross Country Finishes Fourth At Nationals



PHOTO COURTESY OF TWITTER.COM/FRIARSXCTRACK

Above, the Women's Cross Country Team holds their final practice on the Ray Treacy track before heading to the NCAA Championships in Louisville, Kentucky, where they placed fourth, pictured below.



PHOTO COURTESY OF FACEBOOK.COM/PROVIDENCE-COLLEGE-CROSS-COUNTRY-AND-TRACK-AND-FIELD

by Brannon Walker-Hodges '16
Sports Staff

WOMEN'S CROSS COUNTRY

The Providence College Women's Cross Country Team competed in the NCAA National Championship on Saturday, November 21 at the E.P. Tom Sawyer State Park in Louisville, Kentucky. The Friars placed fourth overall in the standings, earning another podium stand at the end of the race. This marks the third time in the last four years that this Friars team has been placed on the podium at the NCAA Championship, and includes taking the national title back in 2013. Leading the way for the Friars were Sarah Mary Collins '16 and co-captain Catarina Rocha '17, both of whom earned All-American Honors.

The race course consisted of a six kilometer track for the competitors. Collins ran a strong race throughout as she found herself jousting for a position within the head of the pack for most of the race. Her efforts placed her 20th overall in the

standings with a time of 20:11.2. Collins' All-American honor marks the third time that she has received this accolade. Rocha had a strong showing as well, staying within the Top-40 throughout the course's entirety. Her strongest stretch came in the second half of the race, as she jumped 11 spots during that span. Rocha placed 39th overall with a time of 20:26:8. Rocha's Top-40 finish earned her All-American Honors for the second time in her collegiate career.

NATIONALS/ Page 23



PHOTO COURTESY OF TWITTER.COM/FRIARSXCTRACK

PC Prints Balance Serves as Quota, Reduces Waste

by Sabrina Guilbeault '18
Asst. News Editor

CAMPUS

For the past five years, Providence College has been using the PC Prints system as a way to conserve paper and prevent waste. Contrary to popular belief, the efforts made to put a limit on printing were not instituted so that the College would make money, but were instead an effort to conserve.

"What's important to understand is the printing money automatically given to you by the school is not real money," said the College's Help Desk manager Jim Rizzo. "We're basically giving you \$40 of free printing, so it's more like a printing quota." He explained that students can think of it as a limit to the amount of paper

or pages they can print, but because of the way the system works and because some print jobs cost more, it appears as dollars.

"The balances don't mean anything," said Warren Gray, assistant vice president of Business Services. "It's a credit of sorts. We made the value about five years ago to prevent waste and it's worked absolutely fantastically." Gray went on to explain that printing "money" is different from FriarBucks (which carries over into the spring semester) because the printing money holds no real value.

"It's a simple system that's been in place," said Rizzo. "I reset everyone in the system to \$40 at the start of each semester."

PRINTING/ Page 2

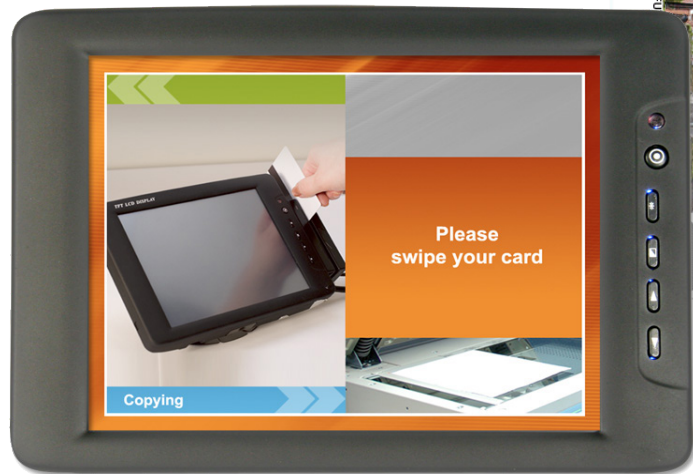


PHOTO COURTESY OF PRWEB.COM

UNDER THE HOOD

Providence College's Student-Run Newspaper Since 1935

News	2
Opinion	7
Photography	11
A&E	13
Portfolio	18
Sports	22

A&E

Did you do Black Friday shopping last week? This week's "Let's Rant" discusses how this day has evolved.

Page 14



News

Did you know that PC has a program for seminary students? "Friar Focus" explores a day in the life!

Page 3

Opinion

Despite ISIS' terrorism, Jacquelyn Kelley '17 believes that all students should forge ahead with study abroad plans.

Page 7





Active Minds at Ease with New Health Resource

Students Can Now Track and Improve Their Mental Health with WellTrack

by Gabriella Pisano '18
News Staff

ON CAMPUS

Feeling stressed lately? How about anxious? Depressed? There is now an online resource for stress, anxiety, and depression available to Providence College students.

WellTrack, a new online resource, aims to help students better understand their own mental health. It provides users with balancing strategies that can prove useful in getting through the ups and downs of college.

On WellTrack, there is a wellness assessment that rates the user's levels of stress, anxiety, and depression. After this assessment, users are given immediate access to personally tailored resources that meet their needs. Self-directed courses allow users to address difficult experiences.

Along with WellTrack, there is a free mobile app, MoodCheck, which syncs with one's online WellTrack account. MoodCheck allows users to quickly check their mood.

On Wednesday, November 18, in the Slavin Atrium, the Active Minds club was available to answer questions and promote WellTrack. Active Minds is a nonprofit organization dedicated to raising mental health awareness among college students on the peer level.

The PC chapter of Active Minds currently includes about 25-30 members. All students are welcome to attend meetings and get involved. These students have been working with the



PHOTO COURTESY OF CASSANDRA CAGGIANO '18

Caggiano and Harper attended the Active Minds Conference in California this past November.

Providence College Personal Counseling Center to raise awareness of mental illness.

Cassandra Caggiano '18, member of the PC Active Minds club, commented on the general lack of discussion surrounding mental illness. She stated, "So many schools face obstacles. Our campus is great compared to others in opening the conversation."

Caggiano explained that using WellTrack was the idea of the Personal Counseling Center, specifically Dr. James Campbell. The PC chapter of

Active Minds acts as the liaison between the student body and the Personal Counseling Center.

While the Personal Counseling Center remains a great resource for students, WellTrack can be a resource for students who do not wish to talk to a counselor. At the launch, students expressed great interest in using WellTrack along with the MoodCheck app.

While the PC chapter of Active Minds is relatively new, they have been busy. On Thursday, November 19, "Things for Thursday" was sponsored by Student

Activities and Active Minds. The "Things for Thursday" activity was "Cookies & Compliments." While enjoying cookies, people were invited to write fellow Friars a compliment.

Caggiano, along with club member Ben Harper '18, attended an Active Minds Conference. The purpose of the conference was to network with other chapters, learn what events work for the club, and to learn how to collaborate with other groups on campus.

Speaking about the conference, Caggiano stated, "One of the biggest take-aways was that we learned conversation starts with discomfort. Don't be afraid to reach out and talk about things that make you uncomfortable."

Caggiano stressed the importance of starting the conversation and ending the stigma. An increase in awareness about mental illness will lead to a decrease of the negative stigma that often surrounds it.

"People see mental illness as one component. People fail to realize that there are many forms of mental illness and each form is individual. In addition to this, each individual person's case is unique to them," stressed Caggiano.

WellTrack is designed to be personal, acknowledging the individuality of each person's mental health. WellTrack is a helpful tool for all students. It not only increases awareness of one's own mental health, but it offers ways to improve it and better one's everyday life.

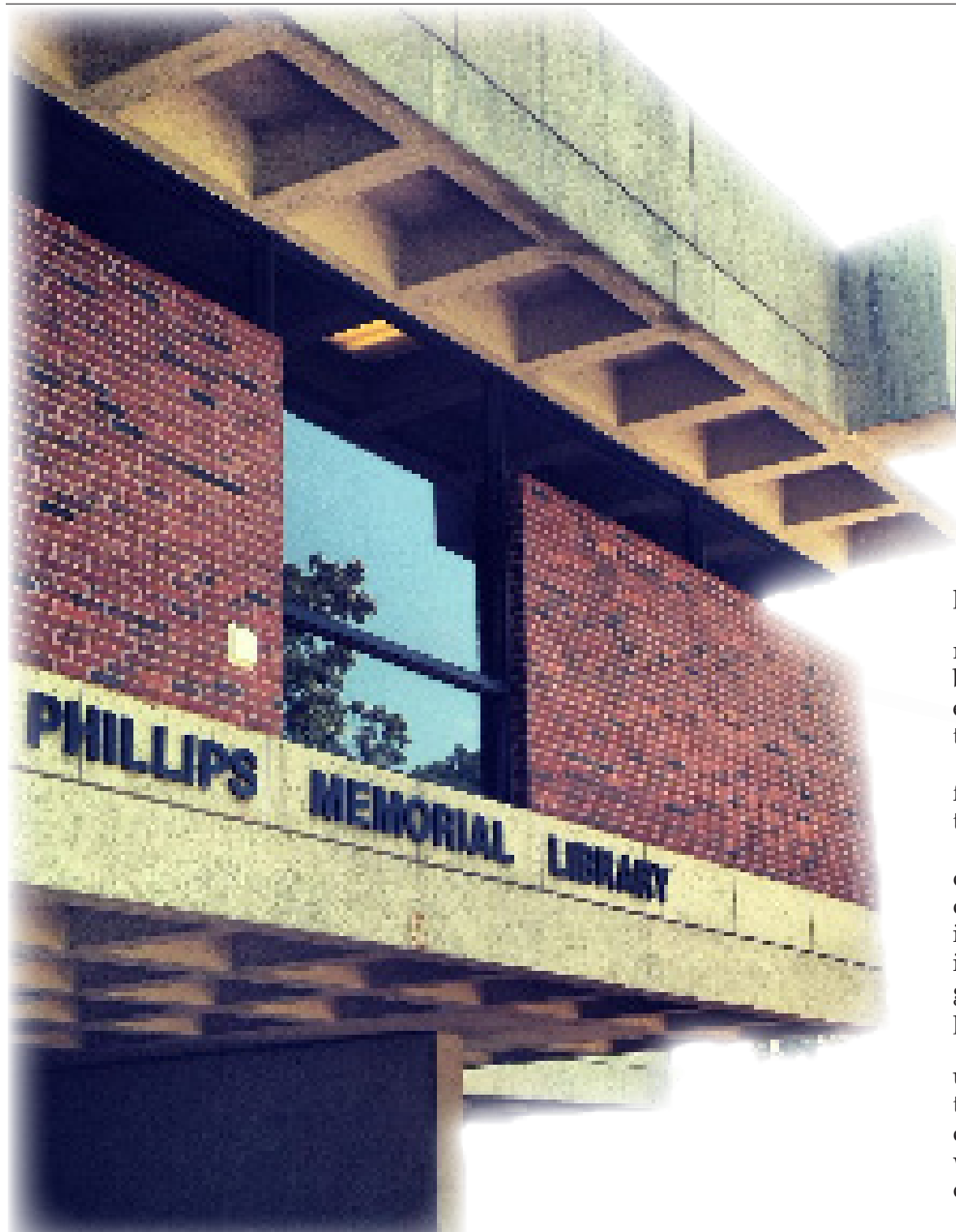


PHOTO COURTESY OF WWW.FACEBOOK.COM/PCLIBRARY

Printing: PC Prints Explained

Continued from front page

Rizzo explained that he does not delete the printing money that students have left at the end of the spring semester, so students here for the summer can continue to print.

"Our goal is to provide students with an adequate allocation for printing while trying to discourage a waste of paper that ends up in the recycling bins," said Warren. According to Warren, only 1 percent of PC students used up their printing allocation in the fall semester last year, and only 6 percent of students used all their printing allocation last spring.

"The vast majority of students do not run out," said Rizzo. In January, right before the semester starts, Rizzo resets everyone to \$40, regardless of how much they have left after the fall semester.

When the College's tuition and required fees are broken down, there is a general tech fee in which every student pays \$420.

"PC Prints wasn't created so the College could make money, but was instead a conservation effort," said Rizzo. A perk in instituting the PC Prints system is that it allows money accumulated from the general tech fee to go toward more than paper and printer toner.

Prior to PC Prints, students had unlimited access to printing. At that time, the Help Desk was next to one of the computer labs and Rizzo explained that he would throw out at least a case of paper a day.

"Students would print more than what was necessary," he explained.

Due to the fact that all print jobs would go right to the printer, students would often print multiples of the same document, resulting in an excess of waste. "If there was a paper jam, we'd find five print jobs of the same document from a student who left over an hour ago," said Rizzo.

"Now, if students print the same thing more than once, they can see it after running their student ID, and would only print what was necessary," Rizzo said.

He went on to explain that before the system was instituted, the display cases in the lobby of Phillips Memorial Library were filled with all of the scrap paper accumulated from a semester to show students just how much paper waste there was. "It makes students think a little bit more about what we're printing," said Rizzo.

Warren explained that from Aug. 31 until today, there were 359,997 pages that were never printed, because students hit the print button on the computer, but never went to the print station to release the job. "That means these pages of wasted printing never occurred because of this program," he said.

In the first year PCPrints was instituted, students were given \$30 of printing money for each semester and then an additional \$10 during finals week.

"We thought this was unfair, as many students print regularly throughout the semester, so we decided to change the limit to \$40," said Rizzo. "The stats are looked at yearly, so we'll know if students are running out of money or not."

Friar Focus: Not Your Average PC Student

Behind the Scenes with the College's Seminarian Students

by Marla Gagne '18
News Co-Editor

FRIAR FOCUS

When students come to college, they are trying to figure out a life plan. What clubs should I join? Where should I live? What career should I pursue? Four years at Providence College gives them the chance to find these answers. And for a group of 18 seminarian students that attend PC, it is a chance to answer another question—should I enter the priesthood?

About one mile down the road from PC resides Our Lady of Providence Seminary, home to 21 men exploring their call to enter the priesthood. These men double as both seminarian and college students, and they attend PC and Rhode Island College to receive undergraduate degrees in philosophy.

So what exactly does being a seminarian student entail? The men are sponsored by dioceses throughout New England, and they have all the responsibilities of a regular student plus more. The students go to the chapel at 6:30 a.m., attend Mass at 7 a.m., and have breakfast and dinner as a community. Their education consists not only of the regular requirements of a PC student, but also of fulfilling intellectual, spiritual, human, and pastoral formations.

Academic formation connects the Our Lady of Providence seminarian program to the College. This formation requires students to obtain a philosophy degree, but the seminary has stricter requirements than the standard PC version. Seminarian student Matthew Harrington '17 said, "It is great being able



PHOTO COURTESY OF MATTHEW HARRINGTON '17

Harrington and Amazeen feel truly #blessed to be part of the Our Lady of Providence Seminary.

to meet Providence College students and a lot of professors I have are absolutely amazing."

Another requirement includes spiritual formation, which involves attending Mass, morning and evening prayers, individual prayer, and bonding with the seminarian community. Students also experience human formation, which aims at improving one's manners and making each individual a better person.

Although spiritual formation is seen as the most important of the four parts, the fourth formation—pastoral formation—is a large part of the seminary experience. Pastoral formation aims to prepare students for ministry and a life of service. Each year students are assigned a place to volunteer for the year. Service

can be anything from teaching religious education to visiting people at a hospital to serving in a nursing home.

Harrington says the seminary program "can be a lot of work, but pastoral experience is what helps remind you what this is all about." Harrington is currently serving at St. Edward's Food Pantry, where he stocks shelves, carries goods, and gives out food. Ryan Amazeen '16, also a seminarian student, currently volunteers at a nursing home in Pawtucket, Rhode Island, and enjoys being a listening ear for the senior citizens.

Along with these four parts, seminary life also places a large emphasis on the community. Amazeen said, "[An] essential part of the seminary formation is growing in fraternity with other

men that are also being formed for the priesthood." This group of men lives, prays, eats, and attends class with one another. Amazeen believes being "focused on one goal" forms close friendships and a special understanding within the group. In fact, many current seminarian students continue to talk to friends that have discerned out of the program, deciding the priesthood was not for them, or that have graduated and moved on to Major Seminary, where future priests study theology.

Amazeen and Harrington both emphasize that the seminarian program is about balance. Some students choose to be more involved at PC—Harrington is involved in *The Cowl* and Campus Ministry's Liturgical Ministries—while others focus more on their role in the seminary. "The relationship with PC adds to the seminary experience," said Harrington. Seminarian students do live a different lifestyle than most college students. But despite the added responsibilities and experiences, they still are college students just trying to figure out their life plan. Amazeen wants everyone to remember, "We're just normal guys who feel that God is calling us to something different than most people."

Looking into the future, Harrington is most looking forward to his summer assignment. He will be assigned to a parish and live in the rectory, getting the full experience of the life of a priest. Harrington plans to continue on the road to priesthood and looks forward to studying theology.

Amazeen, who will be graduating later this year, hopes to take advantage of Providence while he still has the chance and to enter Major Seminary.

Worth 1,000 Words: Honoring Veterans through Pictures

DWC Colloquium Continues to Share Veterans' Stories at "War in Pictures" Event

by Daria Purdy '19
News Staff

EVENT

As Veterans Day was celebrated this past November, issues specific to veterans are thrust into the spotlight. One of the challenges veterans have to face is the disconnect from the reality of families and societies back home. This issue was highlighted by the "War in Pictures" event run by Dr. Robert Hackey's Honors Colloquium, "Storytelling in the Public Square."

The event was held Thursday, November 19, in the Slavin Overlook Lounge. Pictures of veterans and active military members were displayed, along with cards explaining the stories of the people pictured. The pictures displayed

veterans from a variety of periods of American history, from World War I to the Vietnam War to the War in Iraq.

The stories of the men and women pictured contained miraculous escapes, acts of incredible bravery, and tragic, premature deaths. Students wandered quietly from display to display, taking in and reflecting on the images and stories they encountered.

A slideshow displayed on a screen showed more images of veterans and active military members, set to the Dixie Chicks song "Travelin' Soldier."

Molly O'Leary '17, a student in the class that held the event, stated, "We collected the stories and images through emails that I sent out to the students, faculty, and staff at Providence College specifically, as well as through word of mouth to our families and friends at home." Refreshments were provided for

those attending the event.

O'Leary says the honors colloquium "focuses heavily on stories told by war veterans, and we talk a lot about mending the disconnect between civilians at war and those at home." In accordance with this area of focus, the War in Images event tried to connect students at PC with the lives and stories of veterans past and present. As O'Leary says, the event was meant to "mend the disconnect" between civilians and members of the armed forces and to "honor our soldiers."

The "Storytelling in the Public Square" colloquium has held three public events to honor and celebrate war veterans, one being the "War in Pictures" event.

O'Leary ran the event with her classmates Brittany Mandeville '16, Meaghan Enright '16, Emma Hodges '17, and Kevin McNeil '17. She has said that the specific goal of her group's event,

in comparison to the others run by the colloquium, was to connect soldiers and civilians and honor veterans "through the power of photography and storytelling."

According to O'Leary, the audience's reactions to the event were profound. She described how participants were touched by the pictures and stories displayed, and that they enjoyed specifically the "write-ups of first-hand accounts submitted by war veterans that we printed out as well as the slideshow we had projected on the screen."

The last event held by the "Storytelling in the Public Square" colloquium took place on Dec. 2.

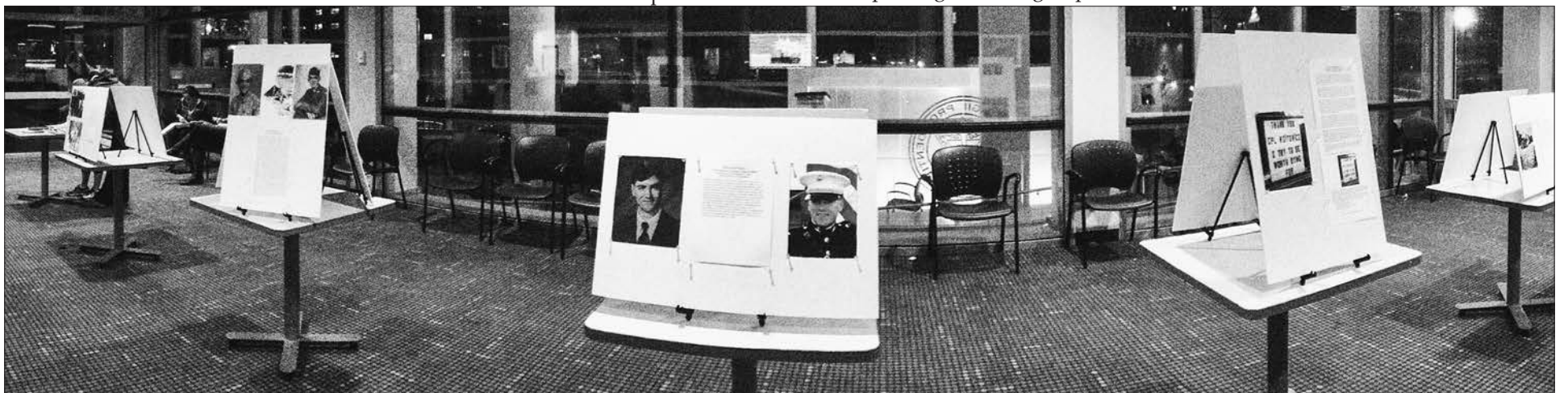


PHOTO COURTESY OF MEAGHAN ENRIGHT '16

"War in Pictures" featured photographs and stories of both veterans and active members from as far back as World War I. This is part of an ongoing effort to thank veterans for their years of service.



Bursting the PC Bubble

by Patrick Lovett '17
News Staff

Paris Hosts Climate Change Conference

A U.N. conference about setting global limits on carbon emissions and limiting global warming began Monday, November 30, outside Paris. The conference features negotiators from 195 countries and 150 world leaders, all attempting to reach a deal within two weeks.

The goal is simple: find a way to keep the average global temperature short of a two degrees Celsius increase per year. However, all seem to be in agreement that this goal will require fast, major change.

At the beginning of the conference, President Obama offered words of encouragement for his fellow world leaders, saying, "Here in Paris, let's secure an agreement that builds in ambition, where progress paves the way for regularly updated targets."

Police Officer Trials Begin in Freddie Gray Case

The first of six police officers put on trial Monday in the Freddie Gray case, seven months after the city of Baltimore broke into protests and riots over Gray's death in police custody.

The officer on trial is William Porter, 26, who has pleaded not guilty to charges of manslaughter, assault, and reckless endangerment.

The case is being closely monitored both as a precedent for future charges of police misconduct and because of the prospect of further rioting if Officer Porter is acquitted.

Queen Nefertiti's Tomb Discovered At Last?

Egyptian officials say there is a 90 percent chance that there is a hidden tomb behind a wall of King Tutankhamun's burial chamber. Making this discovery even more intriguing is the chance that this hidden tomb belongs to Queen Nefertiti.

If it is in fact the Queen's long-sought-after tomb, then many say it would be the 'find of the century.'

Planned Parenthood Attacker Brought to Trial

The man accused of killing three people in an attack on a Planned Parenthood clinic in Colorado Springs was told he faces first-degree murder charges on Monday. Robert Dear, 57, appeared by video link from jail to hear the charges brought up against him.

Little is known as to what motivated the attack on the Planned Parenthood clinic, but authorities have now released that Dear told investigators "no more baby parts" upon being arrested. This insight, along with his use of firearms, has sparked debates about abortion and gun control nationwide.

However, regardless of political standing, support for the victims of the shooting has been unanimous. All have offered their condolences to the victims' families.

Congress Updates

by Patrick Lovett '17
News Staff

CONGRESS UPDATES

The 66th Student Congress Meeting opened with a report from Dr. James Keating on how the new core curriculum is working with new students; he asked Congress for their input and observations on the core. Congress members covered several issues in the core curriculum, from why some classes do not fulfill core requirements to the difficulty of completing both core and major requirements.

Following announcements about campus events, Congress proceeded to hear proposals from several clubs and organizations. First, a club called "Providence Immigration Rights Coalition" was proposed, a club aimed at raising awareness and getting students involved in being "allies" for those attempting to gain citizenship. Next, the "Cyber Leadership Initiative" club was proposed. The club's purpose is to "look at some of the implications that may be affecting the world as a result of the evolution of technology" by means of guest speakers and hands-on activities.

To end the meeting, Congress discussed various ways to promote mental health awareness and care. First, it was proposed that numbers for the Personal Counseling Center be put on student IDs, which would be an easily accessible resource for all students. Next, it was proposed that professors include mental health information on their syllabi. This would theoretically reduce stress and anxiety about school work or at least raise awareness about the resources available to do so.

Club Spotlight: Students for Social Action

by David Toro '16
News Staff

CLUB SPOTLIGHT



PHOTO COURTESY OF JULIA AVERNA

Students for Social Action (SSA) is a newly approved club on campus and is open to anyone with an interest in volunteer work and helping refugees in the Smith Hill community.

Julia Averna '16, the club's president, stated, "We are so excited that SSA has been approved; we look forward to spreading our mission and welcoming the passionate students of PC into our club to make positive changes both on and off campus."

SSA began as a group for social work majors but has since expanded to include any major from global studies to psychology. Events that SSA has created include a food drive with volunteers at Halloween and Thanksgiving. The goal of SSA is to help and improve the lives of people around the Providence College area by working with volunteers from PC.

Averna continued, stating, "SSA is such a great group because it welcomes all people with all kinds of passions. All members welcome

different topics at each meeting, and the club leaders make an effort to hold events and discussions based on what the various members are excited about."

During their weekly meetings, SSA hosts guest speakers such as Major Leyden. Additionally, members and the board of SSA watch news clips, discuss current events, and talk about how everyone can make PC a more inclusive and diverse community.

Averna said, "This club has been very important to me because as a business major, I'm not exposed to many service opportunities," Averna stated. "This semester we have participated in a number of community activities, but working with the immigrants and refugees has been especially important to me because my parents are immigrants and this is something we're very proud of. I look forward to attending the meetings each week because we all get to educate one another on global issues and topics that I may not otherwise know about. This semester I have learned how to register to vote and how our voting system works in America. This sparked my interest in our own political system at PC, and I have been able to explore this interest and shape my own political views."

Anyone can join Students for Social Action. Meetings are held in Feinstein 405 at 7 p.m. on Wednesdays. Everyone is encouraged to take part in great discussions and make a difference in our community!



DON'T LET THE FINALS GET TO YOU...



Courtesy of Huffpost.com

22 DAYS UNTIL CHRISTMAS,
WHAT'S ON YOUR LIST THIS YEAR?

Has one of your professors gone above and beyond in providing a quality education experience, mentoring, advising, or otherwise having a meaningful impact on your life?

Why not take a moment to thank your professor?

THE CENTER FOR TEACHING EXCELLENCE NOW PROVIDES AN OPPORTUNITY FOR CURRENT STUDENTS TO SEND A THANK YOU NOTE TO THEIR PROFESSOR THROUGH THE CTE. THANKS CAN BE SENT ANONYMOUSLY.

VISIT OUR WEBSITE.

<http://www.providence.edu/cte/Pages/thank-professor-form.aspx>

If you have any questions please contact the Center for Teaching Excellence at 401-865-1340 or email cte@providence.edu.

GOT SOMETHING TO SAY?

SEND LETTERS TO THE EDITOR TO:

COMMENTARY@THECOWL.COM



Extended Hours

NOVEMBER 30 - DECEMBER 10

OPEN UNTIL 3AM!

24 hours

begin on

December 11th

library+commons

@Providence College

SPRING SEMESTER SHOWS

PLAYHOUSE CREATURES
BY APRIL DE ANGELIS
JAN 22-24 & JAN 29-31

A MIDSUMMER NIGHT'S DREAM
BY WILLIAM SHAKESPEARE
APRIL 8-10 & APRIL 14-17

AUDITIONS:
A MIDSUMMER NIGHT'S DREAM
WEDNESDAY, FEBRUARY 10 7PM

THE VETS

AN EVENING OF STRIPPED-BACK ARRANGEMENTS HIGHLIGHTING THE MUSIC THAT LAUNCHED HIS CAREER.

FESTIVAL OF LIGHT: MATISYAHU

AN INTIMATE EVENING WITH

SATURDAY, DECEMBER 5 AT 8PM
THE VETS | PROVIDENCE

THEVETSRI.COM
(401) 421.ARTS (2787)

Ho, Ho, Holy Cowl! Next week is our last issue? (...Just wait for our special surprise!)



OPINION

Page 7

December 3, 2015

Study Abroad in Spite of Fear

Students Should Not Allow the Threat of Terrorism to Change Their Plans

by Jacquelyn Kelley '17
Opinion Editor

INTERNATIONAL STUDIES

There are many reasons to be afraid of studying abroad. Terrorism is not one of them. Many students are nervous to study abroad because they have to leave their families and friends for months. Others worry about adjusting to a new lifestyle in a foreign country. Some, however, are reluctant to travel abroad because of the terrorism that continues to threaten the stability of our world—but they should not let paranoia prevent them from having the experience of a lifetime.

The terror attacks on the city of Paris last month have forced many students to question their safety as they prepare to travel abroad next semester, next year, or in years to come. If they are not questioning their own safety, their loved ones have been quick to question it for them.

Thanksgiving break was the perfect opportunity to reunite with family members and friends who inevitably asked: "How are you feeling after what happened in Paris? Are you still planning to go away? Have you taken any precautions?" If students were not considering their safety before, they are now thanks to the questions of others.

My article could easily take the same approach that the majority of our media does and inspire a great deal of fear. I could present the devastating death toll in Paris and write on all of the suffering there. I could present violent images of terrorism and warn about the dangers of traveling. I could tell students to never leave the confines

of their homes in order to stay safe, but I will not. I refuse to fill them with any more fear. Instead, I would like to remind students why they decided to study abroad in the first place or why they are considering study abroad in the years to come.

Living in another country for an extended period of time is an incredible opportunity. Students are not only able to experience another culture, but can actually call themselves members of it. Furthermore, they have a chance to define themselves in a new environment where they are able to learn more about themselves as they embrace unique opportunities and overcome challenges on their own. They will be inclined to see things through a new perspective and will have more respect for different ways of thinking than ever before. Above all, though, they will have a unique and fun experience that could never be replicated.

The bottom line is that the threat of terrorism will always exist no matter where one is in the world. The only way to begin to overcome it is to stop living in fear. One cannot refuse to go on with their life or with their plans out of fear. Whether a student is scared to be away from home, to settle into a new city, or of violence, they must stand up to their fears and prove that they are stronger than them.

Forget about all of the evil in the world and remember all of the good that can come from studying abroad. Personally, I cannot wait to follow my dreams and study in London next semester. I only hope that other students will continue to pursue their dreams of traveling too and that they will refuse to let their fears win.



PC Should Host Syrian Refugee Families

It Is Our Duty as a Catholic Institution to Help Them

by Edward Walrod '16
Opinion Staff

SYRIAN REFUGEE CRISIS

Believe it or not, there is a group of people who fear and hate ISIS more than we do. They are the same people whom 31 governors across the U.S. have threatened (illegally, I might add) to block from entering their states. They are Syrian refugees who are Muslim, Christian, Yazidi, secular, and everything in between. We as a Catholic college cannot in good faith stand idly by and do nothing; we must heed the call of the Pope, who has called upon every parish that is financially able to host at least one refugee family.

Many may be opposed due to unfounded fears of terrorism in the wake of recent bombings in Paris, Lebanon, Iraq, and Syria. Funnily enough, everyone involved in the Paris bombing were EU citizens, not Syrian refugees. As Sen. Sherrod Brown (D-III) correctly pointed out, most terrorist attacks in the U.S. have been carried out by white males with U.S. citizenship. The fact stands that these refugees are fleeing the very same people who are committing such acts of daily violence in their home countries. As a nation, state, and college with the financial resources capable of bearing the burden of a few refugees, it remains that we have done little to advance such causes and humanitarian missions.

I have written before that our shiny new athletic facilities and buildings (as awesome as they may be) are nothing if we as a college do not support our faculty. Let's take this one step further and support those in dire need of some sort of humanity. These buildings mean nothing if we are as hollow as their halls and do not heed their mission to improve the world around us. As the cold weather moves in, it is pertinent that we mobilize the full efforts of the College to do something in order to support the



PHOTO COURTESY OF THEGUARDIAN.COM

refugees.

Due to U.S. laws, the process of screening, resettling, and granting refugee status is a long and costly one. The College, however, is in a unique position as both a financially stable and Catholic institution to spearhead an effort to resettle a refugee family under its wing. The College owns a few properties near or off campus that could serve as a temporary settlement for a refugee family.

Even if that remains beyond the realm of feasibility, there have an enormous amount of other paths the College could choose to take. A fundraiser in which the College focuses on the plight of refugees. A commitment of funds coming from an outside source (such as a portion of gross income the College receives from investments or things like Dunkin'

Donuts on campus). Maybe recommit a portion of the College's toy drive to refugee children this year. Even a Mass dedicated to the purpose of asking for divine wisdom and comfort for the refugees would be a show of effort on our part. The issue is that the College as a whole has yet to act on this issue, and the current effort would be nearly non-existent if it were not for the individuals and smaller subsets of the community who act.

This goes just beyond feasibility, though. This is at its very heart an issue of our faith and whether we stand up and embrace it, all of it, or let it wither and turn our backs on fellow human beings. If we as a college are to truly heed Pope Francis' directive and live out the missions of this college, we must do more now.

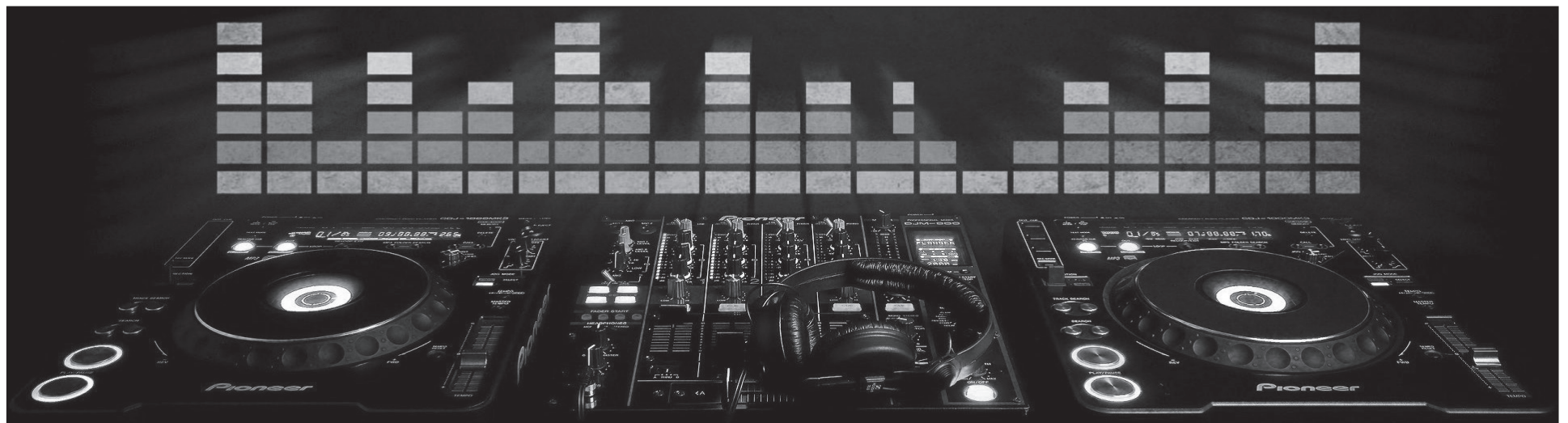


PHOTO COURTESY OF HULKSHARE.COM

Radio Remixing Ruins Songs

Standard Pop Beats Detract from Artist's Sound

by Brianna Abbott '17
Opinion Staff

MUSIC

Rocking out to music in your car alone is a sacred, necessary time for most people, myself included. During this sacred time, the radio can be your best friend or your worst enemy, depending on what those three stations you listen to decide to play. This time the radio had seemed like a good decision. The song "Hello" started playing, and I started to pretend that I vaguely sounded like Adele. And then I heard it, that terrible, unoriginal, techno beat that the radio decided to add to the already chart-topping song. It made me cringe, and I think it is time that radio stations leave Adele and other less bubble gum-like pop artists alone.

This is not the first time the radio has tried to force pop beats on originally

slower and sadder songs. A few years ago, Gotye came out with the hit song "Somebody That I Used to Know," and the world completely ate it up.

And so did the radio, responding by adding a pop beat in the background that turned a deep, soulful song about a lost love into a machine-made monster that was indistinguishable from any other song on the radio. The original song received over 700 million hits on YouTube. The radio version got about 900,000. The John Legend song "All of Me" went through the same alterations with roughly the same results.

Now they are trying to do the same thing with Adele. Her hit song "Hello" has already broken numerous records; it is the first song to have sold over one million downloads in a single week. Clearly, it is popular and people enjoy it. Why change something that people want to hear?

Of course, there is artistic value in

remixing and mashing up songs. Not all remixes are bad. DJ Earworm's "United States of Pop 2014" is a testament to that. But what the radio is doing to these songs is not remixing. The radio simply implants a standard beat in the background of the song without attempting to fuse them or change the song in any other way. It is not art. It is assimilation.

The current pop stations that boast things like "Rhode Island's Best Variety" actually do their best to quench the variety in the music that they play if it ever does actually appear. These songs like "Somebody That I Used to Know" and "Hello" break through the standard pop machine that those stations usually play, and those stations counter right back by reigning in that originality and not letting those songs be fully unique. And they almost always sound worse.

Maybe those stations believe that

the songs will do better if they match the must-dance theme of radio songs. Maybe the stations believe that a fake, unnatural beat drowning out Adele's incredible voice actually does sound better. Maybe they do not know what the word "variety" means. Either way, they try to speed up every slow song on the radio when they should really just let those songs be.

The only good thing that comes out of the radio trying to force a mechanical beat on people is that people have seemed to resist this change. The radio version of "Somebody That I Used To Know" is now just a horrible memory, while the original version still survives. The world is freaking out over Adele's new album, preferring her slower songs to the pop ones. The world has not completely lost its taste in music yet, and the music industry and radio stations should take note.

Confront History, Don't Erase It

Removing Woodrow Wilson From Princeton University Is Wrong

by Carolyn Walsh '17
Asst. Opinion Editor

SOCIETY

At Princeton University, Woodrow Wilson has become a topic of protest and controversy. As Princeton's 13th president, Wilson is revered for improving the university's academic standards. In his political career as the 28th President of the United States, he is regarded as one of pioneers of American progressivism. Yet, Princeton student activists are calling for the removal of Wilson's name from buildings and the prestigious Woodrow Wilson School of Public and International Affairs because of reasons very different from his scholarly and political adeptness. The demand for Wilson's erasure from Princeton is based on the fact that he was a racist, and that during his U.S. presidency he implemented policies that derailed the economic and social progress of racial minorities. While the condemnation of Wilson's racism is certainly deserved, expunging his name and legacy from Princeton would be a mistake. Denying the complexity of our history and our past leaders does not better our ability to confront the remnants of their ugliness and injustice in today's society.

Of course, it would be unfair to dismiss Princeton students as being simply hypersensitive or even childish, as some have claimed. The protests at Princeton are not just focused on Wilson's legacy, but are part of the larger issue of the systemic racism and marginalization of minority students of color on college campuses. The Black Justice League at Princeton, the

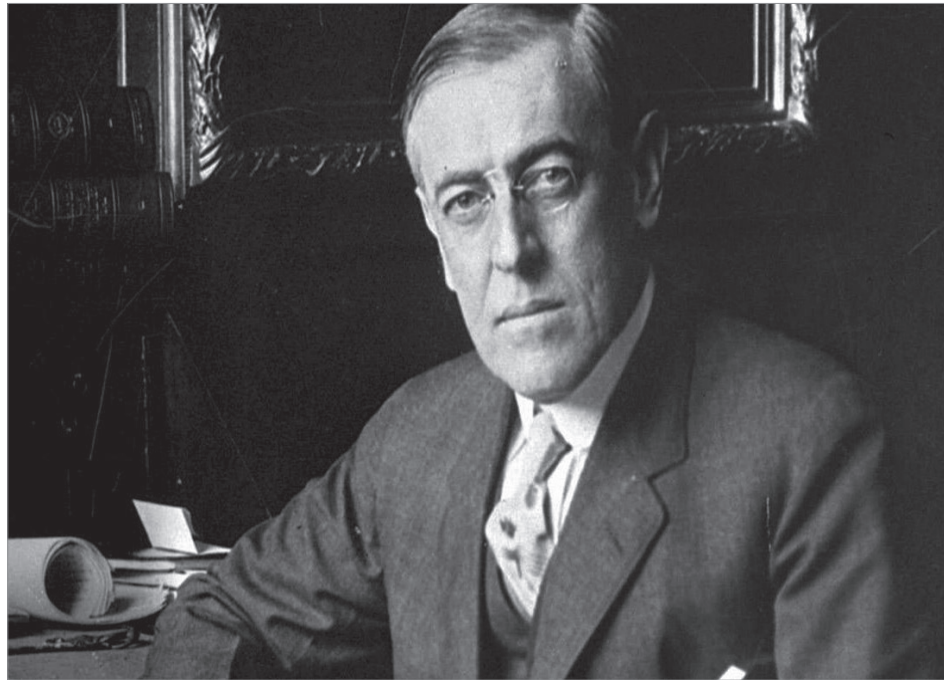


PHOTO COURTESY OF POLITICO.COM

Princeton University students are fighting to have former President Woodrow Wilson's name removed from all campus sites because of his racist views.

group organizing the activism, wants the administration to acknowledge Wilson's racism and remove his name from campus as just one element of a plan to improve the quality of social and academic well-being of minority students. Creating an environment where students of color feel secure and respected is an extremely important task, but removing Wilson's name from buildings and programs is not the way to go about accomplishing it. In order to achieve constructive progress on issues plaguing our society today, like racism, we have to grapple with and have honest conversations about our history, and that includes Woodrow Wilson. Simply doing away

with parts of our history that are not pleasant not only prevents us from fully understanding why they are not pleasant, but it also prevents us from learning valuable lessons to help us combat what is contemptible in our own society.

Even though it is certainly tempting to classify people in our history as being either one thing or another—either evil or heroic—we must learn to recognize, and come to grips with, the fact that a person can be two things at once. Yes, Wilson was a racist. Under his presidency, for example, progress in racial equality achieved during the reconstruction era of the 19th century was promptly rolled back by the re-

segregation of the federal workforce. The extent of Wilson's racism is a divisive issue among historians, with some asserting he was an extreme racist, while others contend that he was more moderate in his racism but political pressure forced him to concede to more extreme policies. Nonetheless, Wilson's racism existed and it is something that should neither be glossed over nor apologized for. But to strip his legacy down to only that of a monstrous villain does a disservice to how we should understand our history. As president, Wilson achieved a significant number of reforms of benefit to society, including establishing the Federal Reserve and ardently supporting the passage of the 19th Amendment, which granted women the right to vote. As he led America through the first World War, his views on world peace and international cooperation set the foundation for influential organizations like the United Nations. Wilson accomplished all of this while being a racist. The immediate lesson to be learned from Princeton's debate over Wilson extends to how we deal with the glaring imperfections of great past leaders. We must accept the complexity of people and recognize that we can learn equally from their ugliness and their greatness. One cannot be exchanged for the other.

Erasing Wilson from Princeton University does a greater injustice to our ability to deal with history than it does to the man himself. Evading ugliness and refusing to acknowledge the complexity of individuals only deprives us of lessons we desperately need to learn.

Finals Are Right Around the Corner

New Academic Calendar Leaves Little Room for Exam Preparation

by McKenzie Tavella '18
Opinion Staff

ACADEMIC CALENDAR

Each and every Providence College student knows how vital the time between Thanksgiving break and winter vacation is. That's right, someone had to bring up the elephant in the room (or newspaper, I should say): finals. From the moment students get back from stuffing themselves with turkey lathered in gravy, only thoughts of essays and exams can fill their heads. Normally, students have three weeks of this mental torture, but this year, PC students only have from Nov. 30 to Dec. 11, two weeks of schoolwork, to gain worry wrinkles in preparation for the examination period. The question is: is this change a good thing or a complete and utter disaster?

It seems that there is no right or wrong answer to this question because students on campus tend to have mixed feelings about it. However, that does not stop me from adding my own two cents to the matter. Why would anyone contest with an additional week of Christmas vacation, A.K.A. minus seven days of played-out, nail biting anticipation? Some students have opinions similar to mine, such as student Chloe Conley '18, who said, "It is easier to handle only two weeks of school rather than three." Having an extra week of classes only gives professors the opportunity to assign more assignments. In addition to this, students often psych themselves out from over-worrying. An additional week of stress could cause a significant difference in students' grades from nerves alone.

Some students seem to disagree, specifically Rienne Dugas '18, who feels as though this change



PHOTO COURTESY OF FREECOLORINGPAGES.CO.UK

"is too fast" and that students are coming back "just for finals." In addition to Rienne, Abigail Raser '18 acknowledges how it's nice to have only two weeks, but agrees with the opinion that "finals are coming up too fast then." However, two weeks is still a lot of time to get re-acclimated to classes but is not enough time for professors to assign time-consuming assignments, such as essays or presentations. Also, some professors don't have cumulative final exams, but instead only have their final exam on the most recent material. As a result of having one less week, there would be a significantly reduced amount of material on the test. Personally, I usually have a lot of homework in addition to studying for exams. However, this is the first time before midterms and finals when I actually only have small assignments, such as readings.

The best part of having two weeks rather than

three is that students get to go home and prepare for Christmas sooner. In my opinion, this in itself is the best present I could ask for. I am mentally preparing for my favorite holiday earlier than ever before. Clearly, the administration at PC was in full Christmas spirit when this decision on the 2015-2016 Academic Calendar was made.

The Cowl staff enjoys hearing the opinion of each and every student at Providence College. Are you finding that this change has made your life a breeze, or has it given you a brain freeze? (Sorry for the lame rhyme, I just couldn't resist). Perhaps the administration thought that the majority of PC students would enjoy this adjustment to the calendar. Let your opinion be heard, and as a result, the administration may keep this change or return the calendar to how it once was. Good luck studying and may the odds be ever in your favor.

**Providence College's
Student-Run Newspaper Since 1935**

Publisher: Kristine Goodwin

Co-publisher: Dr. Steven A. Sears

Advisor: Richard F. Kless

Graduate Assistant: Joseph Flynn '15

Editor-in-Chief: Kathleen McGinty '16

Associate Editor-in-Chief: Gabriella Nigro '16

Managing Editor: James Seabright '16

News Co-Editor: Meaghan Dodson '17

News Co-Editor: Marla Gagne '18

Asst. News Editor: Sabrina Guilbeault '18

Opinion Editor: Jacquelyn Kelley '17

Asst. Opinion Editor: Carolyn Walsh '17

Arts & Entertainment Editor: Serena Ambroselli '16

Asst. Arts & Entertainment Editor: Katie Puzycycki '17

Portfolio Editor: Branan Durbin '16

Asst. Portfolio Editor: Jose Martinez '16

Sports Co-Editor: DJ Anderson '16

Sports Co-Editor: Joey Ciccarello '16

Asst. Sports Editor: Gretta Schultz '17

Photography Editor: Jessica Artigliere '17

Asst. Photography Editor: Kristina Ho '18

Head Copy Editor: Casey Clark '17

Asst. Head Copy Editor: Abbey Guerino '16

Copy Editors: Katie Coyne '18, Courtney Day '19, Jennifer Dorn '18, Sara Grassie '18, Lauren Ioli '17, Annie Loftus '18, Kristina Meyers '16, Anna Munroe '17, Zoe Pavoncello-Kelley '19, Abby Shelley '17, Annie Shelley '19, Rachel Sullivan '18, Jessica Wilson '17, Olivia Winslow '16

Letter/Guest Submission Policy

The Cowl welcomes guest opinions and letters to the editor from members of the Providence College community and outside contributors. All submissions must include the writer's name, signature, a phone number, and an email address where he or she can be reached. Letters should be no more than 250 words in length and will be printed as space permits. Guest commentaries should be limited to 500 words in length, and only one will be published per week. The Cowl reserves the right to edit articles for grammar. Submissions must be emailed to The Cowl office no later than 9 p.m. on the Sunday before publication. We do not print previously published articles. Email responses to commentary@thecowl.com, and remember a guest submission is only an email away!

Accuracy Watch

The Cowl is committed to accuracy and carefully checks every article that goes into print to ensure that the facts are presented clearly and truthfully. If you find an error in any article, please email the Editor-in-Chief at editor@thecowl.com. Corrections will be printed as necessary.

Advertising

Contact The Cowl with advertising requests and questions at cowlads@providence.edu or, if necessary, via telephone at 401-865-2214. Visit www.thecowl.com/advertise for rates, publication dates, and other information about advertising with The Cowl.

Subscriptions

Subscription rate for a weekly issue by mail is \$100 per year. Send payment to The Cowl, 1 Cunningham Square, Providence, R.I. 02918; make checks payable to The Cowl. Student subscription is included in tuition fee; issues are available around campus on Thursday nights.



The Cowl is a proud member of the Associated Collegiate Press.

Cheering to the Finish Line

by Kathleen McGinty '16
Editor-in-Chief

EDITOR'S COLUMN

Here we are, the end of the semester barreling toward us with less than two weeks left of classes and a week



of finals looming before us. If your Thanksgiving break was anything like mine, chances are you packed your duffel bag to the brim with textbooks intending to get ahead on those final papers and projects. Inevitably, you became distracted with food, family, friends, and fun over the holiday, making the return to campus bittersweet given all the work that lies ahead.

While the next few weeks will be full of late nights and multiple Dunkin' runs per day, I do not regret the fact that my checklist of things to do expanded, rather than shrunk, over the course of the break. Visiting with family and friends certainly ranked as one of the top highlights of my break, but I was particularly impressed with a display of community I witnessed on Thanksgiving Day.

Each year, I participate in the Feaster Five road race in Andover, Massachusetts, a five-mile turkey trot through the local neighborhood that

attracts over 10,000 runners. During the doldrums of the race, the course is spotted with the same group of elderly men playing trumpets and trombones each year, spectators cheering for the name written on your race bib, and residents of the local neighborhood playing music from their garages and handing out water cups to runners from their driveways.

This year's race was not a personal best for me, but I did finish much faster than I had expected, something I attribute to these acts of kindness by complete strangers. The support I felt, and the motivation I garnered from the cheers and music, helped me to make it across the finish line more quickly than anticipated.

Entering into the last few weeks of the semester, let's act towards each other as these strangers acted towards me. As students, we are all feeling the end of the semester crunch, and being a fellow Friar's cheerleader can help us make it through.

TANGENTS & TIRADES



PHOTO COURTESY OF NJPACKAGING.COM

Christmas Never Starts Too Early

A sigh of exasperation ensues. "Why are they already playing Christmas music? It's not even Thanksgiving!" How atrocious! Someone is celebrating Christmas before Turkey Day. It is not as though Christmas is a huge deal and requires a lot more preparation and holiday cheer. Every time I hear "it's too early," I want to blast the extra festive version of "All I Want For Christmas Is You" just to prove a point. Before Halloween it is understandable, but come Nov. 1 it is time to don the Santa hats and prepare a wish list. Christmas requires special effort and dedication. Does Thanksgiving require a large tree for the living room? Or presents for everyone in the family? Is there a Thanksgiving Eve that needs to be accounted for? Face the facts: Christmas has so many more pieces and parts that have to be put together come Dec. 25. Thanksgiving is important too, and the two holidays should not have to be mutually exclusive. In fact, Thanksgiving is almost like a pre-Christmas. Both celebrate the importance of family and friends. Why should they not be enjoyed together? So the next time someone tries to shut down your Christmas spirit in November, ask if they have all their Christmas shopping done. If they say no, they probably should not be encroaching on others' holiday cheer.

-Hannah Paxton '19

Black Friday Reveals Income Inequality

Last week, Americans everywhere sat around a table, enjoyed a feast, and reflected on what they are thankful for. Almost as quickly as that outburst of thankfulness started, it all came to a close at the stroke of midnight when Thanksgiving became Black Friday. This day is often associated with the start of the holiday shopping season, blockbuster sales, store mark-up conspiracies, long lines, and incredibly aggressive fist fights over seemingly useless material items. As a result, the "holiday" started and maintained by both America's outspoken media and consumer culture is often looked at as a black mark on our society. How can people go from being so thankful for what they have to so focused on what they can monetarily obtain? Has America's consumer culture overtaken commonly accepted morals? Maybe not. Next time you see an individual or a group of individuals on Black Friday fighting over a shirt from the clearance rack, or waiting in line for days to get that purse they've been eyeing for 50 percent off, think not that they are shallow and taking lives for granted. Think about what it says about society that we allow people to live with such inconsistent wages, requiring them to physically hurt another human being in order to provide a joyous holiday season for their families.

-Daniel Barton '18

We Want Housing During Break

Room and board costs so much. So much. You would think for the price we pay we could have a little freedom in our on-campus living, but no. What am I talking about now? Well, Thanksgiving break of course. Even though I pay for a six-person apartment, in a building that remains open over breaks, I cannot stay in it over break. Not that I have a burning desire to, but the option would have been nice on Saturday. In case you missed it, PC hockey had a really big game that night, and I had to go, of course. Granted, I do not have a very long drive to and from campus to my hometown, but it would have been convenient to be able to stay on-campus overnight, in my own room nonetheless, just one night early. Considering there are a couple of basketball and hockey games over winter break that I would love to attend, it would be really nice if people were given more flexibility in being able to stay on campus. Sure, Residence Life does not want to have to deal with them, but if it is only a night here and there, and the student has been approved beforehand, would it really be that big of a deal to accommodate the few of us who might have good reasons to stay on campus over breaks (and the even fewer of us who just want to come to watch sports)?

-Wesley Trask '16



PHOTOGRAPHY

The Cowl 11
December 3, 2015



JESSICA ARTIGLIERE '17/ THE COWL



ANDREW BUTLER '16/ THE COWL



ANDREW BUTLER '16/ THE COWL

TOP LEFT: The Fair Trade Christmas Fair works with Catholic Relief Services to sell Christmas gifts. Sponsored by Campus Ministry.

TOP RIGHT: The Office of Cultural Education and Programming hosted an International Thanksgiving dinner for students, faculty, and staff to taste different cultural dishes.

BELOW: Friends gather on Slavin Lawn to watch the lighting of the tree.



ANDREW BUTLER '16/ THE COWL

ABOVE: Students have already begun to deck the halls this holiday season with BOP's Holiday Extravaganza! Immediately following the tree lighting, students gathered to enjoy crafts, food, and pictures with Santa.

BELOW: Providence College Dance Club members graced the stage at their Fall Showcase on Nov. 23.

BOTTOM RIGHT: All members of the Providence College community were invited to the Annual Christmas Tree Lighting. Music and refreshments were provided to enjoy during the blessing and lighting of the tree.



COURTESY OF ALLEY HARBOUR '17



ANDREW BUTLER '16/ THE COWL



PROVING PHOTOGRAPHY

What was your favorite dish from Thanksgiving?



"Pumpkin pie, stuffing, and cranberry sauce."
Lauren Arenz '17, Taralynn Vecchio '17, and Grace Maxim '17



"Stuffing and green bean cassarole."
Colin Young '19 and Jake Whitney '19



"Stuffing."
Tom O'Brien '16



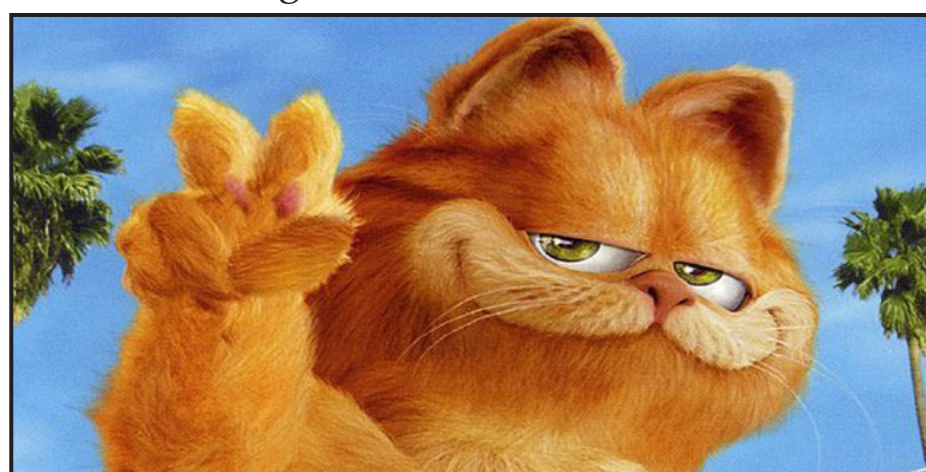
"Swedish apple pie."
Danielle Brennan '16 and Megan Johnson '16



"Sweet potato cassarole and green bean cassarole."
Kerri Biagiotti '16 and Alex Ahern '16



"Mashed potatoes and stuffing."
Dennis Buckley '16 and Michael Christian '16



"Lasagna."

- Garfield

PHOTO COURTESY OF SKYGO.CO.NZ



Spectre: The Must See James Bond Film

by Kealy Robertson '16
A&E Staff

FILM

Enthralling, captivating, and action-filled, *Spectre* will have you at the edge of your seat for all two and a half hours of the film. Daniel Craig was riveting in his fourth performance as James Bond, also known as 007. The movie began with a classic Bond fight scene, where Bond takes down the villain with his bare hands. However, the musical introduction possessed a certain artistic feel that was different than that of previous Bond movies. The theme song, Sam Smith's "Writings on the Wall," was accompanied by intriguing imagery, including Bond, a range of women, and an octopus that viewers soon learned was connected to the organization Spectre. All imagery moved fluidly across the screen in the colors of black, white, and gold.

What should you expect from the new Bond movie? Expect to pay close attention. The story line is hard to follow at some points because there is so much going on. However, once you start to catch on, you can focus on the indestructible Bond. In this movie, Bond is left completely on his own. He must take down an entire operation by himself with some help from love interest Madeleine Swann, played

by Léa Seydoux. Bond finds Swann as a result of a favor from her father, and their love flourishes from there as they continue to save each other throughout the film.

Bond risks his life to take down the criminal organization of Spectre. Spectre becomes linked to the intelligence agency of the United Kingdom, which has hired a new employee that wants to create a surveillance system that will listen and see every single thing in the world for his own ulterior motives. Ultimately, Bond teams up with Oberhauser, a man that Spectre thought was dead. However, Oberhauser, played by Christoph Waltz, turns out to be the ultimate villain. He admits

to have ruined Bond's life. He has killed all of his loved ones and continues to pursue the destruction of Bond.

Spectre is a must see this holiday season. Though you may have to mark your calendar and put away an entire afternoon for the action flick, it is well worth it. No one walked out of the theater disappointed. For the fourth time, Daniel Craig completely embodied the character of James Bond. And as Peter Travers wrote in *Rolling Stone*, "If there is such a thing as 'James Bond's Greatest Hits,' then *Spectre* is it."



PHOTO COURTESY OF COMINGSOON.NET

The Revenant: DiCaprio's Best Oscar Bid Yet

by Francis Hannon '17
A&E Staff

FILM

This Christmas, Leonardo DiCaprio and Tom Hardy costar in *The Revenant*, a story based on the true events surrounding 19th century frontiersman Hugh Glass. Leonardo DiCaprio, who has reportedly taken extreme measures to prepare for the film, stars as Glass. In an interview with Yahoo, DiCaprio is quoted as saying, "Whether it's going in and out of frozen rivers, or sleeping in animal carcasses, or what I ate on set. [I was] enduring freezing cold and possible hypothermia constantly." Much of the movie was filmed in the Canadian wilderness, and the cast dealt with the same climate that is depicted on screen. DiCaprio's comments on this indicate that it was not only intentional, but that it will yield powerful artistic results. In the same interview with Yahoo, DiCaprio said, "The end result is going to be one of the most immersive experiences audiences will ever have with what it would be like to come face-to-face with an animal of that magnitude that is incredibly primal."

Hardy's character, John Fitzgerald, begins the story as an accomplice to DiCaprio's Hugh Glass as they embark on a hunting expedition into the untamed wilderness. When a bear mauls Glass, Fitzgerald abandons Glass, becoming the antagonist and object of Glass' fury. This



Leonardo DiCaprio and Tom Hardy being directed by Alejandro G. Iñárritu for upcoming film *The Revenant*.

PHOTO COURTESY OF COMINGSOON.NET

part of the villain is familiar to Hardy, who recently thrilled audiences as Bane in *The Dark Knight Rises* (2012). Hardy played a similar character in *Lawless* (2012), in which he was a likeable but dangerous outlaw selling moonshine during Prohibition in rural Virginia. The role of Fitzgerald is perfect for Hardy, and his character should be an excellent foil to DiCaprio's.

The Revenant is directed by Alejandro G. Iñárritu, who recently won fame at the Academy Awards with *Birdman* (2014). Critics received the film exceptionally well; it won the Golden Globe Award

for Best Screenplay, and the Academy Awards for Best Picture, Best Director, Best Original Screenplay, and Best Cinematography. Between actors DiCaprio and Hardy, the beautiful set locations, and a thoroughly talented director in Iñárritu, the movie is set to thrive among audiences and critics alike.

Any commentary on the movie would be remiss if it did not address the elephant in the room that is DiCaprio's Oscar-less career. Many critics have called him the best actor who has yet to win the award despite being nominated four times in his career, as he is one of the

most popular actors among audiences of this generation. It would seem that *The Revenant* could be the film that finally wins DiCaprio his much-deserved Oscar. The story is enthralling, his costars are talented, and the director is a critically vetted artist. DiCaprio's preparation for the film seems borderline manic, but we have seen him thrive in that element multiple times throughout his career. All this considered, expect *The Revenant* to be a huge hit in both the box office and the Academy Awards—a film definitely worth seeing.

The Martian: A Man Lost on Mars

by Olivia Walsh '19
A&E Staff

FILM

I am a sucker for Sci-Fi, so when *The Martian* came out, I could not wait to rush to the theater and watch as the movie unfolded. The basic plot is the story of an astronaut that is left behind on Mars. He is assumed dead by his crew, and struggles to live on a lifeless planet until NASA can come up with a plan to bring him home. It is the kind of sit on the edge of your seat, gasp every five minutes, cry at the end movie that restores your faith in humanity's ability to get through impossible circumstances.

Matt Damon stars as Mark Watney, a botanist who is sent on a space mission to Mars with a lively and comical crew. After being left behind he declares that he is going to survive and attempts to do so by growing his own potato garden, fixing an abandoned satellite, and somehow managing to communicate with NASA so that they can come to his aid before he dies. As the movie progresses, Watney's condition disintegrates and all hope seems lost.

The movie portrays both Watney's life on Mars and the dynamics of the NASA community. While NASA's higher ups are communicating with Watney, his crew is unaware that

he is even alive and is experiencing the grief and guilt that would come along with leaving a crewmate behind. The dramatic irony that occurs is frustrating at times, but that only adds to the movie's experience. The technical difficulties that NASA faces along the way as they try to save Watney make the plot of the film suspenseful.

The movie scored a 93 percent on Rotten Tomatoes, a very high score for the site, and *Rolling Stone* claims, "You won't find a space epic that's more fun to geek out at than *The Martian*." The cast was a perfect mix of well-known actors like Matt Damon and Kristen Wiig and up-and-coming actors such as Kate Mara. The mix of actors helped make the movie more serious due to the fact that casts made up of entirely rich and famous actors can sometimes make it difficult for the viewer to see the movie as realistic.

The direction given by Ridley Scott is superb and the acting is flawless. While I myself may be biased due to my love of suspenseful Sci-Fi and Matt Damon, the movie is definitely worth the \$9.50 it costs to see it in theaters.



Matt Damon in his role of Mark Watney for *The Martian*.

PHOTO COURTESY OF SCIENCEFICTION.COM

Let's

Rant



PHOTO COURTESY OF serialhalfbacked.blogspot.com

This Week: Black Friday Ads

by Luiza Alves '19
A&E Staff

TELEVISION

Black Friday; is it even on a Friday anymore? When you think Black Friday, what words immediately come to mind? Serenity and rest are most likely not at the top of that list. Especially with the recent advertisements and commercialization of popular stores, as consumers, we may feel urged or even pressured to get to those "door buster deals." Though they may or may not be really worth busting the door for, someone will be there buying something, guaranteed.

Advertisements for Black Friday are meant to get customers in the store. They showcase what type of deals and savings we would really be missing out on if we did not show up, or did not show up fast enough. Old Navy, for example, offered 50 percent off everything in stores along with \$1 million to a lucky customer during checkout nationwide. It draws our attention and it certainly gets us through that door, even more so since you need to leave with *something* in order to even qualify for the \$1 million. Is

it really necessary, or even a good marketing strategy? A customer who is willing to find a good deal would have shopped with a discount of 50 percent off regardless of the slight chance of winning \$1 million.

Retailers want us so badly on the reported "busiest shopping day of the year" that they appear on our TV commercials, radios, e-mails, and basically everywhere else to provide us with what we want for that incredible low price. Like our family members pushing turkey down our throats on Thanksgiving until we give in for just a little bit more, so do all commercials push their messages.

Retailers such as Walmart, among others, opened as early as 6 p.m. on Thanksgiving Day for Black Friday to give us more. I do not know about you, but I was still recovering from my food coma. And as if they did not already offer deals on Thursday and Friday, the sales continue on to Saturday, Sunday, and Monday. Perhaps Black Friday is not really so special anymore since it has turned into a four-day event.

Silence: Scorsese's Newest Endeavor

by Ryan Charland '18
A&E Staff

FILM

For his next feature, director Martin Scorsese is going from 20th century New York City to 17th century Japan. Coming off of the massive success of 2013's *The Wolf of Wall Street*, his new project is another literary adaptation, but is radically different from his previous efforts. Based on the 1966 novel by Shusaku Endo, *Silence* is already looking to be a phenomenal Scorsese picture.

Endo's *Silence* follows Father Sebastião Rodrigues, a Portuguese missionary to Japan in 1639. At the time, Christianity was outlawed by the Japanese government, and the priest was forced to live in secrecy as he tended to the local villagers. Christians who were discovered were forced to trample upon an image of Christ (known as a *fumie*), or face torture and



Andrew Garfield and Shin'ya Tsukamoto filming for upcoming Martin Scorsese film *Silence*.

PHOTO COURTESY OF COLLIDER.COM

execution. Persecution and imprisonment forces Rodrigues to examine his faith and the faith of those around him, as he questions the silence of God in times of trouble. The novel won the prestigious Tanizaki Award in its native Japan and was adapted into a 1971 Japanese movie entitled *Chinmoku*.

In contrast to *The Wolf of Wall Street*,

Silence looks to be a quiet and pensive look at one man's faith. Scorsese has broached religious topics in the past, most famously in *The Last Temptation of Christ* (1988). That film starred Willem Dafoe in a performance as Jesus Christ that drew controversy for drastically deviating from the Gospels. The picture was critically acclaimed, leading

Scorsese to take home the Academy Award for Best Director. Scorsese is no stranger to controversy in his work, so it remains to be seen how his depiction of *Silence's* fascinating portrayal of a man's relationship with God will be received.

The 2000s and 2010s have been an excellent time to be a fan of Scorsese's work. *Gangs*

of New York, The Aviator, The Departed, Shutter Island, Hugo, and The Wolf of Wall Street have all been critical and financial successes. Most of these have come to be considered modern classics, and this string of blockbusters is a good indicator of the quality of this upcoming release. While *Silence* raises the question of Scorsese's ability to handle such subdued

and profound source material, his track record should be more than enough to prove his capability.

Scorsese's adaptation has a stellar cast and crew behind it. Andrew Garfield stars as Rodrigues, with Liam Neeson and Adam Driver co-starring as his fellow priests in Japan. Neeson's role is particularly interesting, as his character has already succumbed to the whims of his captors before the events of the story. Screenwriter Jay Cocks previously collaborated with Scorsese in *Gangs of New York* (2002), which was nominated for Best Picture at the 2003 Academy Awards, and *The Last Temptation of Christ*. Filming for the project began in January 2015, with a projected release date in 2016. There are hopes for the film to premiere at the 2016 Cannes Film Festival, but a wide release most likely will not happen until later in the year.

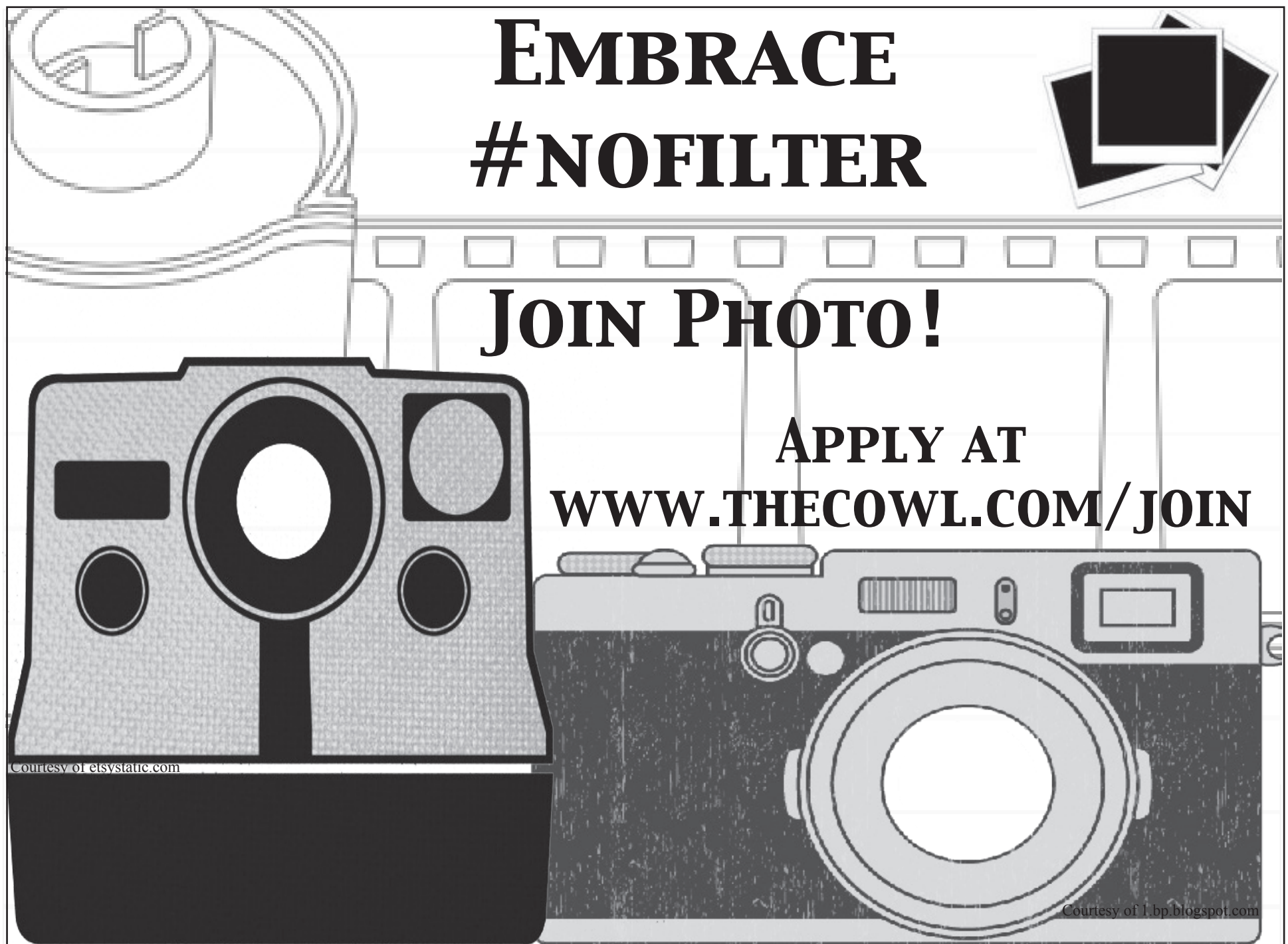
Interested in films,
theatre, or art?

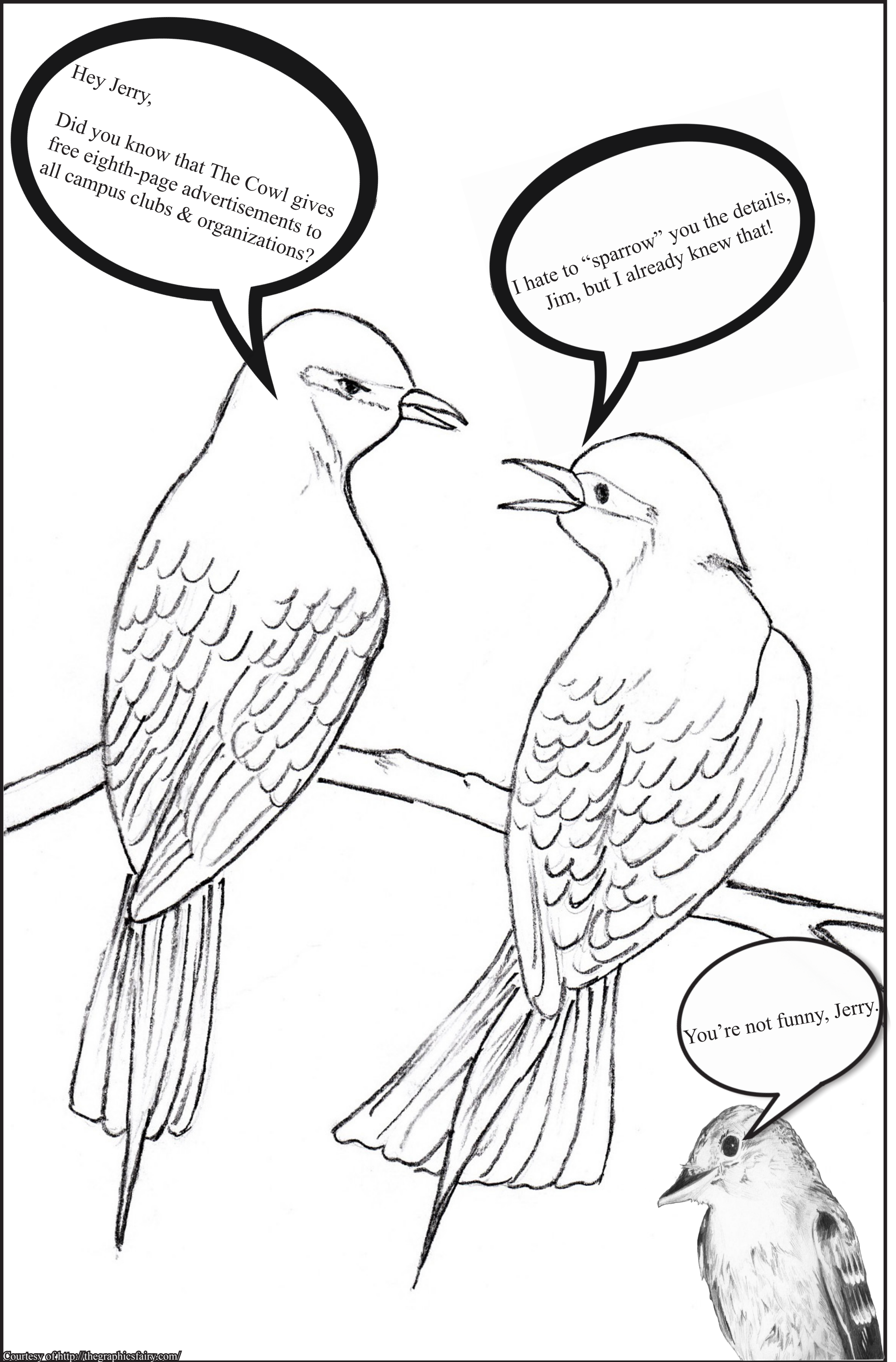
Become a writer for
Arts & Entertainment

Apply Now At

www.thecowl.com/join







Hey Jerry,
Did you know that The Cowl gives
free eighth-page advertisements to
all campus clubs & organizations?

I hate to "sparrow" you the details,
Jim, but I already knew that!

You're not funny, Jerry.



PORTFOLIO

The Cowl 18
December 3, 2015

A Face in the Crowd

by Marisa Gonzalez '18
Portfolio Staff

FICTION

Dark, cold: a dismal life. The concrete rug of her home provides no comfort, just memories and reminders, reminders that she is useless and once had it all but now has this hard rug. Everyone can see this rug. Everyone can see her nothingness. They do nothing! They stare and if she is lucky, say hello. They are outsiders who she used to be among. Now, she is stranded in a concrete jungle. She only has herself and a crumpled piece of paper. She is Gail.

Gail used to have a home, family, and friends. She used to enjoy the luxuries of this jungle, those that tear her down now. Happy faces are nothing but alien. Gail shrinks her shoulders into her turtle shell made of garbage bags. The cold wind kisses her on the cheek: another reminder that she is nothing. Gail sighs and grasps a tiny pencil. With shaky hands she writes about her old life and new. She has nothing else worth saying. What was there to say? She messed up her life and now is a speck on the street. Her rich friends pushed her away once she had no money and her family hated her. But who could blame them? How could anyone respect a person who wasted her life on alcohol?

As Gail writes, she cries. Her tears blend in with the fresh rain. Another burst of cold air, this time slapping her. Gail takes this as a sign to stop crying. She does and closes her puffy eyes. She dreams of blue skies. A few days pass and Gail is still on her patch of concrete. After waiting a while to see if anyone

is kind enough to throw something edible, she pulls out the paper. Running her hand over her scribbled script and taking an agonizing breath, Gail continues to write.

The rain has stopped and it is refreshing to breathe in the fresh atmosphere. When she closes her eyes, Gail envisions her old life. She has done this before, blocking out the commotion that surrounds her and going back to her past. As she does this, she often tries to change it. Gail constantly goes back to when she had her first taste of alcohol. The taste was bitter at first, but the overall soothing sensation which coursed through her body had just what she needed. In her mind she never took that beer at her friend's party and her parents forever saw her as their precious child. Seeing this revised future, Gail smiles, but once she opens her eyes reality sinks in. With a sigh, Gail writes down her vision.

It was on days like this that she wished she had an actual home, perhaps a dog. Gail laughs at the idea of having another mouth to feed. She lifts up her frail hand and the small pencil glides through the crumpled paper. She reads her thoughts and, satisfied, closes her eyes. As she drifts away, Gail feels something hit her. Thinking it is rain, she dismisses it and pushes further into her shell. Gail is about to drift away when the object hits her again, but with more force. With a grunt, she slowly opens her eyes. Her eyes move up the sidewalk and finally

rest on a vibrant young face.

The face has bright blue eyes that sparkle in the sun, a wide smile, and freckles. This young face burns a hole in Gail's soul. A memory is sparked of when Gail was a child, so full of life. She was so bubbly and wild; nothing could penetrate her happy demeanor. A tear falls down as she closes her eyes. Gail wants to remember this sense of invincibility but her efforts are destroyed by a little "ahem."

A sigh escapes her and she slowly opens her eyes. The face seems angry now. "My mamma told me that when someone is nice to me I betta be nice back," the young face squeaks. *Your mamma is right*, Gail thinks. The face doesn't appreciate Gail's silence and continues squeaking, "So ya betta be nice 'cause I gave ya food."

Food? Is that what I felt? Gail wonders. Her face must have shown this confusion because the young face holds up a bag of what looks like bird seed. Gail lets out a laugh, "I am not a bird."

"I know that. Ya a person like me," the young face says, proudly pointing a finger to itself.

"Good," Gail says, giving the face her best smile.

"Amy, where are you?" A voice penetrates the concrete jungle's wall of sound. Gail has never heard such a strong voice since her mother's. A memory overwhelms her and she closes her eyes. "Don't sleep. That's mean." More bird seeds hit her.

With a laugh Gail asks, "Are you

Amy?"

"Yah."

"Your mom is looking for you."

"My god," the mother's voice exclaims, now closer to Gail. "Amy! Leave that woman alone." *Why? She is not bothering me*, Gail thinks, *Just pelting me with bird seed*. A smile spreads across her face and she decides to write this down. Amy sees the paper and asks, "What's that?" *My, you are nosy*.

"Amy, be nice. Oh, what is that?" the mother says. Gail lets out a sigh. *Like mother, like daughter*, she thinks. "Oh, how rude! I am sorry. That's my reporter side coming out. I'm Robin, and you are?" Gail blinks, unable to believe what she heard. This woman wants to know her name.

"Ga, Gail," she stammers.

"Nice, like a gale force wind. You must be strong then." Gail laughs a little at that. Amy moves closer to her mother and begins to tug on her pant leg. "Mamma, can she come with us? I tried to give her food but she didn't want it 'cause she's not a bird. We have people food at home," Amy states sincerely. Her tone almost breaks Gail's heart. *This little girl wants me*.

Robin considers her daughter's question for a moment. Gail watches Robin's eyes scan her body. They stay on her turtle shell of trash bags for a while, and deepen with sadness. Finally, she looks at Gail's face and extends her hand. "Welcome."

Two Writers Walk into... AL MAG

by Jose Martinez '16
Asst. Portfolio Editor

ROBERT FROST

by Abby Johnston '17
Portfolio Staff

CHARLES DICKENS

Frost: Which of these two diverging hallways shall we take first?

Dickens: As we walk towards this one here on our left and discover that it is not exactly a hallway but one more deceiving and reminiscent of a dead end, it certainly should not be that one.

Frost: Onward, for we have many miles to go before we sleep.

Dickens: I know this, for you have repeated this many times prior to our entran—

Frost: Many miles to go before we sleep.

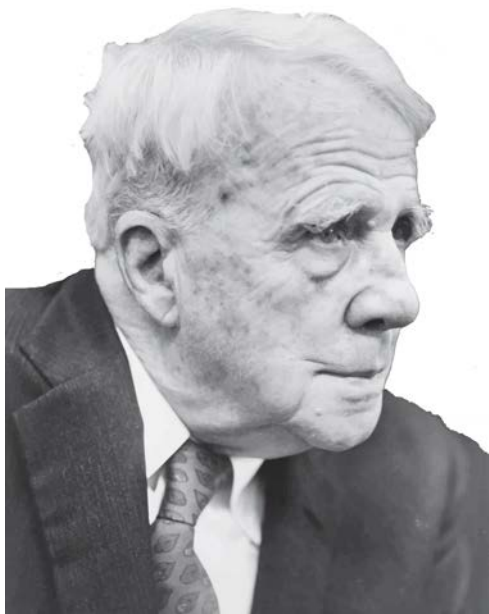


PHOTO COURTESY OF PUBLISHERSWEEKLY.COM

Dickens: Confound it man! My my, I say. These students from this urban area of *Tex-as* exhibit the most curious behavior.

Frost: It reminds me of my dear hometown of San Francisco, California.

Dickens: Why do people bother migrating from London to The New World? You fare no better than a poor street urchin from England.

Frost: You know what they say about anything or anyone that is gold: it cannot stay.

Dickens: Ahh, but if we could only see the gold in each child factory worker's soul!

Frost: What do you say here about these tiny rooms?

Dickens: Good god! Is this where they keep the apprentices?

Frost: "Cold Room"—Ah, must be the school dungeon.

Dickens: We would be wise to turn around. I have walked the streets plenty of times to know what to find within.

Frost: Ahem, Charles, we've arrived at one of those "deceptive" hallways you mentioned earlier.

Dickens: Very well then. Let us retrace our steps back to the stairwell. Onwards! Perhaps these floors too will be reminiscent of London's structure and become more pleasant as we

ascend.

Frost: Charles, look! They've left this fancy equipment, useless and lying about, behind this glass panel.

Dickens: Oh, if the Queen Mother could see the waste left behind by the industrial age.

Frost: And would you take a gander at what is down this hallway? This door, for instance, has a plastic panel of white attached onto it.

Dickens: And it seems that it can be scribbled upon. But how do you suppose one removes it?

Frost: Like the snow, I believe. With one's hand.

Dickens: Well then quickly, I would like to leave them a strongly worded message.

Frost: But not too strongly worded—it does not appear that it could hold even *Copperfield's* first chapter.

Dickens: "Waste not, want not. If it pleases you sirs, may I please have more of this dreadfully used equipment?" There, that should keep the porridge in the other departments' mouths.

Frost: Take that, individual with the initials "L.O.L.!"

Dickens: These hallways awfully resemble the ones we found benea— wait, never mind, we could walk along this one. Do you believe this one to be

the one closest to the exit?

Frost: Two hallways diverged in a run-down building. Charles, we took the one less maintained by, and I do not believe it will make any difference.

Dickens: Good god man, it makes all the difference! It is how we get to His House in the Village!

Frost: Charles, I do believe we will meet the Ghost of Buildings Yet to Come before we depart from this establishment.

And they did not actually die but went missing. They were never heard from ever again. Fin.



PHOTO COURTESY OF ENGLISHCONNECT-SPB.COM

Marigold Roots

by Branan Durbin '16
Portfolio Editor

POETRY

Some people ascend to where they belong with elegance, power surging through each bit of their body.

I am not that girl.

No, me, this girl with dirt under her fingernails and her frizzy hair in knots, I'm the girl who drops the marigold she planted at 16 against the tiled floor, terra-cotta and dirt going everywhere.

I'm the girl who, after cursing and kneeling with the pieces of clay cutting her jeans, picks up the botanical bursts of flame cradling them, mourning them, but finally seeing their source for what it is: a tangled, mangled heap of paper-thin roots.

I'm the girl who leaves soil on the kitchen floor and pieces of flowerpot under the refrigerator, but maybe, just maybe, I'm also the girl who can find hope in this hidden tangle where weakness meets confusion and yet still is the vessel for grace.

PHOTO COURTESY OF ITTAR

Black-Out in the Corner

by Chennah Sharpe '17
Portfolio Staff

POETRY

the confirmation of expectations
the confirmation of expectations
lead to
boredom.
between
expectations
the possibility of
a work of art
the perception of
an event
art generates
greater
interpretations
meaningful experience
continuous attempts at analysis
continuing analysis
just
music or art
will
satisfy

Listomania

Rejected *Star Wars* Episode VII Titles

Harrison Ford is Still in These

Jar-Jar's Revenge

An Ewok's Adventure

The Force is Politically Correct

Isn't BB-8 Adorable?

Yoda Gets Stilts

Star Wars Episode 7 1/2: C-3PO and R2-D2's Story

Pirates of the Caribbean...In Space

Jasmine: A Whole New Galaxy

Not *The Phantom Menace*...

...Nor *Attack of the Clones*

Grandpa Luke's House

Revenge of Spock

Stoicism and Star Wars: a Thesis by Justin Fernandez

Tiffany & Earl

*Making PC an emotionally stable
place one letter at a time*

Dearest Tiffany and Earl,

With the holiday season upon us I am starting to wonder how I will spend my break this year. I was curious to see if PC's favorite advice givers have any fun tips for a college student's brief time at home for the holidays!

Sincerely,

Student thinking about going home and neglecting post-Thanksgiving anxiety-inducing responsibilities

Dear Student,

First of all I'd just like to say that the way you signed your advice request is a #relatablepost that I'd totally RT and Fav. Secondly that's a great question. Winter break, for most students, is the only time we're truly free from school and/or working for a few weeks, therefore figuring out a meaningful way to spend it is important. However, I'm not sure how to give advice on this, so I've decided to let all of our readers know how I plan on spending my vacation time, and hopefully that'll give y'all some ideas. First order of business when I get home is to watch all six *Star Wars* movies in preparation for Episode VII. I plan on doing this with all my cats while sipping a delicious hot chocolate out of one of Starbucks' paganistic heathen cups! I call it "Starbucks Episode VII: Secularity Strikes Back." Do you guys think that'd be a funny tweet? It totally would. I'm saving that in my drafts. I'm trying to build up my social media presence in 2016 by being more #onfleek and #relatable to you kids. And also! This winter break be sure to record all your family gatherings on your snapchat stories, every second, because all of your friends need to see how your individual holiday is going! Anyways, hope this helps!

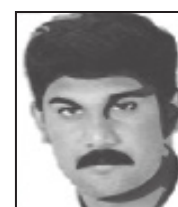
Your aspiring #Relatable Vine Star,
@PCTiff



Tiffany

Dear Student,

Eat. Sleep. As much as you can. Forever.



EARL

Disclaimer

The Tiffany & Earl feature is a satirized account of Providence College. Both the question and answers are purely works of fiction. Tiffany & Earl are anti-heroes whose comments ultimately satirize the stereotypes they each represent.

7 (o) t h

by Konner Jebb '16
Portfolio Staff

POETRY

Not every sin is deadly. In the center of the room, sunlight shot down from skylight windows illuminating an artificial tropical canopy that caged the physical embodiment of the slowest sin. Wiry body cradled inside a hammock, a paw armed with three curved, four-inch, yellowing claws extends towards a high branch at the rate of molasses. His beady eyes blink as he grabs the branch numerous slow seconds later, carefully wrapping his claws around faded bark, sending upward his second paw, carefully, carelessly, contently. His name droops in damnable depth for a creature who swings atop trees, floating above meaning.

Not-so-soon, he's observing us upside down, stubby head cocked and staring, a kind smile on thin lips. The circular nose occupied the center of his face, sniffing the wet air for the one hibiscus leaf of the day; his chocolate energy bar, documentaries say. Though, energy is unnecessary when the realm of dreams is his true awakened self. The leaf is munched one chlorophyll per sunrise and we watch, almost listen for the little eyes to blink once more, to share mystical knowledge locked within. His sin isn't in his silent vocabulary, as he is a follower of Buddha. "Smile, breathe, and go slowly."

Advertise with *The Cowl*

· 3,000 in circulation · Distributed in 80 locations · Over 5,000 Students Enrolled · Competitive Rates · Expert Execution ·

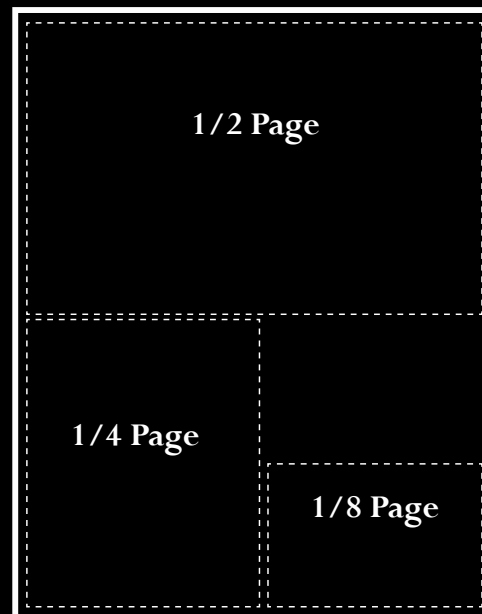
NATIONAL RATES			LOCAL RATES			ON-CAMPUS RATES		
Description	Size (LxW)	Price	Description	Size (LxW)	Price	Description	Size (LxW)	Price
*Full Page	16"x10"	\$600.00	*Full Page	16"x10"	\$500.00	*Full Page	16"x10"	\$250.00
Half Page	8"x10"	\$550.00	Half Page	8"x10"	\$450.00	Half Page	8"x10"	\$200.00
Quarter Page	8"x5"	\$450.00	Quarter Page	8"x5"	\$350.00	Quarter Page	8"x5"	\$100.00
Eight Page	4"x5"	\$300.00	Eight Page	4"x5"	\$200.00	Eight Page	4"x5"	FREE

*all local and on-campus full page advertisements receive a complementary tweet from *The Cowl* twitter, @thecowl.

DISCOUNTS

NATIONAL			
FREQUENCY DISCOUNT		UPFRONT DISCOUNT	
#Ads	% Discount	%Upfront	% Discount
3	2%	25%	3%
4	5%	50%	6%
8	10%	75%	9%
10+	15%	100%	12%

LOCAL & ON-CAMPUS RATES			
#Ads	% Discount	%Upfront	% Discount
3	3%	25%	4%
4	6%	50%	7%
8	11%	75%	10%
10+	16%	100%	13%



PUBLICATION DATES

Fall	Spring
September 3	January 14
September 17	January 28
September 24	February 4
October 1	February 11
October 8	February 25
October 22	March 10
October 29	March 17
November 5	March 31
November 12	April 7
November 19	April 14
December 3	April 21
December 10	April 28

CONTACTS

Kathleen McGinty, Editor-in-Chief
kmcgint1@friars.providence.edu

Gabriella Nigro, Associate Editor-in-Chief
gnigro@friars.providence.edu

James Seabright, Managing Editor
jseabrig@friars.providence.edu

Richard Kless, Faculty Advisor
rkless@providence.edu

Payment Method

Payments are only acceptable in cash or check. They must be delivered by mail or in person to Richard Kless (Providence College - Slavin Center 206, Providence, RI 02918) by the due date. Make sure to discuss these options with your assigned Business Associate. Checks must be made payable to "The Cowl". A PDF of the newspaper will also be available on our Web site for your convenience.

Graphics

All advertisements/graphics should be sent to your personal Business Associate by 5:00pm on the Tuesday before the publication date. Advertisements should be in PDF, JPEG, or PSD and should not contain color (for best quality, we recommend PSD). We print on 11x17 paper (tabloid). Please measure your graphic accordingly to avoid distortion. We do not make graphics.

Contact Method

Contact the Editor, Associate Editor, or Managing Editor if you are a current client. The most efficient way to resolve any issues is to contact your personal Business Associate. If you are not a current client, e-mail either the Managing Editor, Editor-in-Chief, or Associate Editor-in-Chief. If you are a prospective on-campus client, please contact our On-Campus Business Associate. If you are a national advertisement agency, please contact the Managing Editor. Note, local ad rates apply to local, privately owned businesses only. All national advertisement agencies pay national ad rates, even for local accounts.



SPORTS

Editor's Corner: Friars Must Build Off Early Momentum

by Joey Ciccarello '16
Sports Editor

COLUMN

I will be the first to admit it—I did not expect as strong a showing from the Providence College Men's Basketball Team as they put out at the Wooden Legacy Classic. There seemed to be an abundance of questions surrounding the Friars this year: where are the big men? Who will complement Kris Dunn '17RS as a scorer? Is this team capable of a third straight NCAA Tournament berth? The Friars answered these questions emphatically this week, dispatching of Missouri Valley Conference contender Evansville and No. 11 ranked Arizona before playing an inspiring 40 minutes in a loss to No. 3 ranked Michigan State in the tournament championship.

Early season tournaments are often an omen of how the rest of a team's season will go. For example, not much was expected of Connecticut headed into the 2010-2011 season. However, Kemba Walker carried the Huskies to a Maui Invitational victory, raising expectations and ultimately providing vital experience that was needed for their National Championship run. In fact, that Connecticut team and this year's Providence team have an eerie similarity. Walker, like Dunn will undoubtedly

be this year, was the team's go-to, prime-time player, a guy they turned to when a play needed to be made. Surrounding him was unproven talent, including two players in combo-guard Jeremy Lamb and point guard Shabazz Napier. Up front, the Huskies had the undersized Alex Oriakhi, a near-carbon copy of Ben Bentil '18. Does this mean the Friars will win a National Championship? Not at all; this early on, it is nearly impossible to tell how a team will look in March. However, what it does say is that the Friars, behind one star and a supporting cast teeming with potential, will be a team nobody wants to play going forward.

Time will tell if the Friars are as good as they showed they can be in California. Over the past few seasons, disappointment has followed a promising early start. In 2013, a 10-2 start was followed by a three game losing streak which included two overtime losses to Massachusetts and Seton Hall and a blowout loss at the hands of Villanova. In 2014, a Hall of Fame Tip-Off victory over Notre Dame was overshadowed by upset losses to Boston College and Brown. This year, the Friars cannot afford to repeat this fate; trap games against in-state

rivals Rhode Island and Bryant loom, as well as matchups with Boston College and Massachusetts once again. An one-less out-of-conference campaign is entirely possible; the Friars must now put forth the performance they put forth in California to achieve it.

Thanksgiving weekend answered a lot of questions about the Friars, and kudos to Head Coach Ed Cooley for playing extremely well with the hand he has been dealt. At their peak, Providence pushed the pace, got shooters like Ryan Fazekas '19 good looks when they were available, and stretched the opposing defenses out with their athleticism at all five positions. Even more encouraging is that the Friars won without Rodney Bullock '18 and Jalen Lindsey '18 playing at their best; when those two find their grooves again, watch out.

Yes, there is a lot of time left this season, and there is certainly a lot that can change for the worse. However, if the Wooden Legacy Classic taught us anything, it is that Providence has the pieces for a deep run come March.

YES

In any other year, I would tell you that the deck is stacked against Cam Newton and the Carolina Panthers. Going 16-0 is a near impossible task, especially considering that every NFL team has the ability to win on any given Sunday. This year seems different; with the gap between the top three or four teams and the rest of the league being so large, this feels like the year for a team to go undefeated. That team is the Carolina Panthers.

Let us first start with their remaining schedule. Yes, the Panthers have to travel to play the Saints, Falcons, and Giants. However, take into account the general poor play of New Orleans, Atlanta's 1-5 record since their 5-0 start, and New York's incapability to play consistently good football, and those games seem much less daunting. Home games with Atlanta and the Tampa Bay Buccaneers do not seem like much of a task either; in reality, the onus falls on Carolina to keep playing consistent football.

Much of the buzz surrounding the Panthers has been due to Cam Newton's MVP-caliber season, and rightfully so. Even still, it will be Carolina's defense that carries them to a 16-0 season. With Thomas Davis Sr. and Luke Keuchly manning the linebacker position, and All-Pro-caliber cornerback Josh Norman available to slow down the likes of Julio Jones, Mike Evans, and Odell Beckham Jr., the Panthers' defense will likely have the final say in each and every one of their last five games.

It takes a special team to go undefeated; the perfect combination of clutch offense, timely defense, and a small dose of luck must exist. For the first time since 2007, it seems as though there is a team that possesses it in Carolina.

-Joey Ciccarello '16

WILL THE PANTHERS FINISH THE SEASON

16-0?

NO

The Carolina Panthers have been firing on all cylinders this season. Under the tutelage of Head Coach Ron Rivera, one of the most underrated football coaches in the entire National Football League, Carolina has thrived on both sides of the ball. Their defense is one of the best in the league, trailing only the Denver Broncos in both total points and total yards allowed. Their offense, which was widely seen as under experienced, has been almost equally as impressive. They trail only the New England Patriots and Arizona Cardinals in total points per game, with a whopping 30.2.

Despite the impressive statistics from their 11-0 start, it is wholly unrealistic to expect the Panthers to finish the regular season undefeated. Over the course of their final five games, they will have to face some tricky opponents. First, they will take on the New Orleans Saints, a team that has underperformed throughout the entire season. However, this game will take place at the Superdome, where the Saints are always capable of an offensive explosion.

They will also still need to take on the Atlanta Falcons two times before the season concludes. After a 5-0 start to the season, the Falcons have certainly struggled over their last six games. Nevertheless, it will always be difficult to knock off a division opponent twice in the span of three weeks. In Week 15, Carolina will take on the New York Giants. As the entire football community knows, Eli Manning and the Giants have had the tendency to rise up in big games.

Last but not least, the Panthers will have to take on Jameis Winston and the Buccaneers. By this time in the year, the Bucs could be fighting for the final wild card spot and could give Carolina a very tough game. If the Panthers make it through this slate of games with an undefeated record, then it will certainly be deserved, but I do not believe that this will happen.

-DJ Anderson '16



Kyron Cartwright '18 contests a shot against Arizona.

PHOTO COURTESY OF EASTOREGONIAN.COM

Men's Hockey Knocks Off Yale

Holds Number 1 Ranking for Fourth Straight Week



PHOTO COURTESY OF FACEBOOK.COM

Josh Monk '17 scored his first career goal helped the Friars remain undefeated on the season.

by Lauren Altmeyer '17
Sports Staff

MEN'S HOCKEY

The Friars are on fire. For the fourth consecutive week, the Providence College Men's Hockey Team is ranked no. 1 in the national polls. The Friars swept the Northeastern Huskies before Thanksgiving and goaltender Nick Ellis '17 recorded his second career shutout. After the break, the Friars took on the Yale Bulldogs, who were ranked 9/10 coming into the matchup.

Saturday's game was action-packed as the two teams faced off in front of a sold-out crowd at Schneider Arena. Just over six minutes into the first period, Anthony Florentino '17 put the Friars on the board with a wrister from the point. Assisted by Steven McParland '16 and Brandon Tanev '16, the bar-down goal marked Florentino's third of the season.

Just four minutes later, the Friars struck again as an incredible no-look pass from Mark Jankowski '16 found Trevor Mingoia '16, who buried it past Yale's goalie, Alex Lyon. The Bulldogs kept pressure on Ellis and were eventually rewarded with just under two minutes remaining in the period. Carson Cooper forced a turnover and found forward Cody Learned in the slot as he put the puck past Ellis, making the score 2-1 heading into the second.

The game started to get rough in the second period after Tanev was tossed for a hit from behind, resulting in a five minute major. Yale was able to capitalize twice on the power play, the goals coming just 19 seconds apart. Ryan Hitchcock notched his fourth of the year while Stu Wilson's second goal of the season put the Bulldogs up 3-2. The Friars regained control of the puck and had numerous shots on goal, but Lyon was able to fend them off.

For the first time in 12 games this year, PC was trailing into the third. A tussle after the horn resulted in a penalty for each team and the third period began 4-on-4. Captain Kevin Rooney '16 blasted a shot just wide of the net, which was gathered by Josh Monk '17 at the point and deflected into the net. The equalizer marked Monk's first career goal. Shortly after, the Friars went on the power play and put Yale's 94.7 penalty kill to the test. Nick Saracino '16 passed the puck to Jake Walman '18, who sniped it past Lyon for his team-leading tenth goal of the season. As the time ran out, Yale pulled their goaltender for an extra attacker, but were not able to get past Ellis and the Friars held on for the 4-3 win.

Pleased with his team's comeback, Head Coach Nate Leaman told the *Providence Journal*, "I think it's the first time we've gone into the third period trailing. We got a little hectic in the second period after the kill. We were making some great plays, but we were a hair away from

giving up two-on-ones because we were pressing everything. In the third period we didn't do that. We played smart hockey. We got back to what we needed to do."

Eleven different Friars registered points in the game. Saracino's assist leaves him just one point shy of the 100-point mark. Providence's defense continues to shine as this group leads all of the nation's defensive corps with 18 goals and 3.55 points per game, while Walman's game winning goal keeps him atop of all defensemen in scoring.

The Friars now hold a 9-0-3 record and their unbeaten streak is at 16 games dating back to last season. PC returns to Hockey East play this week as they take on Merrimack College for a two game series Dec. 4-5.

XC:

Continued from front page

Trailing behind Rocha for most of the race was her teammate, Lauren Mullins '16. Mullins had a mishap with a mile to go as her shoe came off, setting her back in the pack momentarily. Mullins recovered well as she picked up 29 spots over the second half of the race to place 62nd overall with a time of 20:37.5.

Friars Head Coach Ray Treacy also had to be impressed by the outing of his young runners, Katie Lembo '18 and Brianna Ilarda '18. Both Lembo and Ilarda found themselves side-by-side as they paced themselves well throughout the race. Lembo passed 29 other runners after the halfway mark to place 101st overall with a time of 20:50.3, while Ilarda finished six seconds later at 20:56.8 to place 114th. Molly Keating '16, who was competing in her final collegiate race, earned her best career finish. Keating placed 133rd overall with a time of 21:03.4, improving by 28 places during the second half of the run. Emily Bushey '17 rounded out the Friars team with a 179th overall finish,

coming in at 21:25.0. The Friars totaled 231 points at the end of the race to earn their fourth-place finish as a team. They were only 16 points behind the third-place Oregon Ducks.

Coach Treacy has established success here at Friartown with his women's

cross country team, specifically during these past four years. Along with a national title in 2013, these phenomenal women have accomplished a lot on an individual level and as a unit. There were high expectations for this team as they were ranked no. 1 in the Preseason Northeast

Regional rankings. They certainly have not fallen short of these expectations. This year alone, the Friars have taken first place in several meets, including the Coast-to-Coast Battle in Beantown, the Big East Championship, and the NCAA Northeast Regional Championship. Coach Treacy has done an excellent job in not only training his team, but also motivating them to seize the moment on collegiate cross country's biggest stages. Treacy's excellent coaching has earned him the NCAA Northeast Region Women's Cross-Country Coach of the Year, while his staff was named the Big East Coaching Staff of the Year.

However, much of the credit for this team's success goes to the runners, especially Collins and Rocha. Both individuals received more accolades to add to their already loaded resumes of collegiate cross country success. The loss of Collins will certainly leave the Friars bereft of one of the best collegiate runners in the country. However, the Friars look to remain a nationally ranked program for next season, with Rocha and some of the other top runners from this team returning to lead the way.



PHOTO COURTESY OF FACEBOOK.COM

Men's Basketball Starts 6-1

Strong Showing in California Earns Them No. 23/24 Ranking

by Nate Svogun '16
Sports Staff

MEN'S BASKETBALL

It was a busy week for the Providence College Men's Basketball Team, a week in which Friar fans learned quite a lot about what to expect from this year's team.

Sure, the Friars looked good in the first three games of the season, against Harvard, Illinois, and Brown—but a solid victory over NJIT and an impressive run in the Wooden Legacy Tournament seemed to be much more concrete confirmation of this team's ability to compete with some of the best in the nation. It also did a lot to bolster the hopes of Friar fans everywhere that this team could be a serious contender for a third straight NCAA Tournament berth.

Indeed, many of the big question marks that hovered around the team in the off-season were buried, at least for the time being. Who can be relied upon to score the ball besides Kris Dunn '17RS? Rodney Bullock '18RS and Ben Bentil '18 are a huge part of the answer. Will the Friars be able to shoot the three better this year? Ryan Fazekas '19 has emerged as a poised, reliable threat from beyond the arc.

Will the Friars have enough height after the graduation of Carson Desrosiers '15 and the unexpected transfer of Paschal Chukwu? Their lack of height has actually helped them speed up the pace of a game that has increasingly trended toward "small-ball" in recent years—just look at the line-

ups that the Western Conference-leading Golden State Warriors of the NBA send out onto the court on a nightly basis. And do not forget that Bullock, Bentil and Quadree Smith '19 all hover around 6'8"—they are not exactly small, even in the world of college basketball.

The story of the night against NJIT, as it will likely be on many occasions throughout the season, was the play of Dunn. Once it became clear that Providence would secure a comfortable victory (it was not as close a game as the 83-76 final score would suggest), Friar Nation had their collective attention focused on the box score throughout much of the second half.

Most NCAA basketball fans have assumed that Dunn is bound to have a triple-double or two under his belt by the time the season is over. But against NJIT, an unexpected quadruple-double began to look like a distinct possibility. While Dunn did not, in the end, achieve what would have been only the second quadruple-double in NCAA Division I history, he did finish with 22 points, 10 rebounds, nine assists, and seven steals. Bullock added 18 points and 12 rebounds, while Bentil had 19 points and five rebounds. NJIT was tenacious and scrappy, refusing to be blown out, but ended up falling to the Friars 83-76.

To commence their impressive run through the Wooden Legacy Tournament in Fullerton, California, the Friars faced off against perhaps the least well-known team in the bracket. The Evansville Purple Aces proved to be a tough out with a lot

to prove. They frustrated the Friars in the first half with quick, effective ball movement and many easy buckets down low. Dunn struggled to find his pace initially, but Bentil shouldered the scoring load, ending up with 24 on the night, most of which came in the first half.

When Dunn finally did start to find his groove, Evansville found themselves overmatched and the Friars pulled away for a 74-64 victory. Again, Dunn put up strong numbers across the board with 18 points, six rebounds, five assists, three steals, and a block on the game. After the game, Coach Cooley took time to acknowledge the underappreciated efforts of Junior Lomomba '17, saying, "If I had a game ball today, I'd go with Junior...He did all the little things that don't show up on the stat sheet." Even so, Lomomba's stat sheet was solid, with 13 points on 50 percent shooting to go along with three rebounds and two assists.

Friday night's outing against No. 11 Arizona may prove to be crucial later in the season as the NCAA Tournament selection committee reviews how many "quality wins" each candidate has. This one definitely counts as a quality win no matter how you spin it. Again, Bentil stepped up in a big way, scoring 21 points against a stingy Arizona defense. These 21 points included two three-pointers (Bentil went 2-5 from beyond the arc), a skill that Bentil developed over the off-season. When the player at the center position can drill threes consistently while also offering stellar offense in the post, he

tends to become a big problem for opposing defenses.

Even with Dunn sitting on the bench for large portions of the game due to foul trouble, it was a close, edge-of-your-seat type match the whole way through. But he came up big when it counted most, with a difficult turnaround jumper to break a 65-65 deadlock and another clutch shot off of an Arizona turnover to seal the 69-65 victory for the Friars. Dunn finished with 19 points.

One moment that certainly qualifies as a head-scratcher came early in the second half when Bullock dunked the ball that then hit an Arizona player's head and popped back out of the basket.

In the deciding game of the tournament, squaring off against No. 3 Michigan State, the Friars again showed tremendous tenacity and heart. The two teams exchanged small, single-digit leads for most of the game, until the Spartans managed to pull away in the final minutes of the game for a 77-64 victory. Despite facing foul trouble for much of the game, Dunn was again able to submit an impressive stat-line with 21 points, seven assists, and five rebounds on the night. Bentil continued his superb play in the tournament with 20 points and seven rebounds. The Friars fell to 6-1 on the season.

Since their eye-opening run through the Wooden, the Friars have risen to No. 24 nationally in a recent *USA Today* poll. They look to continue their success against non-conference rival URI on Saturday, December 5.



Dunn flies to the rim during the Friars' victory over Evansville.

PHOTO COURTESY OF AZDESERTSWARM.COM