

# Should Health Center Doors Remain Open on Weekends?

by Sarah Kelley '18  
Opinion Staff

## HEALTH AND WELLNESS

As Providence College students, we all know the effects that college can have on our overall health. We face increased levels of stress from the workload of classes, as well as from balancing clubs and extracurriculars in addition to any other jobs or activities we may be involved with. Mix this in with a chronic lack of sleep—I don't know many (or any) PC students who claim they get a full eight hours a night—along with the detrimental effects of binge drinking on our immune systems, and you have yourself a relatively immuno-compromised (vulnerable?) group of 4,000 Friars all coexisting within the relatively close quarters of PC's campus.

But despite these factors and many more that negatively impact students' health on campus, our health center is still not open seven

days a week. The Student Health Center hours, as posted on its website, list "Monday-Friday: 8:30 a.m.-4:30 p.m." And while yes, as many will point out, we are extremely fortunate to have such

a great health resource on campus in the first place, shouldn't we do more to extend these open hours to the weekend or at least have part-time weekend availabilities?

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KATHLEEN MCGINTY '16 / THE COWL

The Student Health Center, located in Bedford Hall, is currently open Monday through Friday.

## New Editorial Board



Please join us in welcoming *The Cowl's* 2016-2017 editorial staff!

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# Women's Tennis Set to Play in Big East Tournament

by Liza Sisk '19  
News Staff

## WOMEN'S TENNIS

With the return of nice weather to Friartown comes the end of the Providence College Women's Tennis regular season. The Friars played four matches this week, wrapping up their regular season. They prepare to head into the Big East Conference Tournament that begins April 27. The ladies stayed local this week, hitting the road to Kingston, Rhode Island,

to face University of Rhode Island. They then made an even shorter trip to Smithfield, Rhode Island, to take on Bryant University. Following the two contests on the road, the Friars took on DePaul University in the first set of matches played on the new Providence College tennis complex that is adjacent to the newly completed Anderson Stadium. This series was followed by another set of home matches against Seton Hall University.

TENNIS / Page 24



PHOTO COURTESY OF INSTAGRAM.COM

The Women's Tennis Team celebrates graduating seniors during the last regular-season game.

# Dr. Jordan-Zachery Receives The Joseph R. Accinno Teaching Award

by Sabrina Guilbeault '18  
Asst. News Editor

## FACULTY

Each year, Providence College awards The Joseph R. Accinno Teaching Award to a faculty member who best exhibits excellence in "teaching, passion and enthusiasm for learning, and genuine concern for students' academic and personal growth." This school year, the award was presented to Dr. Julia Jordan-Zachery, a professor of political science and director of the Black Studies Program.

"Academic success is not measured in a grade," said Jordan-Zachery. "It's how students deal with their discomfort. You can run from it or face it." Jordan-Zachery explained that she does not celebrate A's and B's in her classroom, but instead believes students find success in recognizing their discomfort and finding their own personal growth. "You owe it to yourself to find and speak your own truth," she said.

JORDAN-ZACHERY / Page 2



PHOTO COURTESY OF PROVIDENCEJOURNAL.COM

Dr. Julia Jordan-Zachery currently teaches as a professor in the political science department and serves as the director of the Black Studies Program.

# UNDER THE HOOD

Providence College's Student-Run Newspaper Since 1935

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## A&E

Do the last few weeks of classes have you stress eating? Check out these five Food Network series to satisfy your cravings!

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## Opinion

The search for a job after graduation may be stressful, but college students' search for summer jobs can be just the same.

Page 8



## Sports

The Women's Softball Team played an impressive series of games against St. John's following the re-opening of Glay Field.

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## PC Students are Encouraged to Spread the Light *Student-Run Presentation Raises Awareness of Sexual Violence On Campus*

by Patrick Healey '17  
News Staff

ON CAMPUS

Sexual violence is a pressing and often suppressed issue on college campuses nationwide and Providence College is no exception. On Wednesday, April 13, in the Mural Lounge, a student-organized question and answer style presentation titled "Spread the Light" was given in regards to sexual violence here at PC. There was a panel of three faculty members who answered prearranged questions from the students responsible for the event, as well as from any member of the crowd who raised their hand.

Dr. Jim Campbell, Dean Gaffney, and Major Lessard made up the panel, all speaking from different areas on campus and from perspective about the issue of sexual violence here on campus. The title of this event, "Spread the Light," refers to a journal that was placed underneath a bedside light near the panel of speakers that was filled with anonymous accounts of sexual violence at PC. The journal was at a small table and was able to be read at the end of the presentation, serving as a quietly powerful reminder that sexual violence is alive and well on this campus; the need for action and discussion is dire.

The opening 10 minutes of the event revolved around transparency in the community in regards to sexual violence on campus. Questions were raised about the judicial process of students accused of sexual assault and the overall student body's ability to gain access to that information. The idea for this was brought about because of the controversial nature of sexual violence on college campuses and the way in which sexual violence is hidden or spoke about vaguely.

The panel explained that there are certain privacy rules in place that protect information surrounding an accusation of any crime on campus and the consequential judicial process that occurs. A recurring theme was that there has been much more attention paid to the issue of sexual violence over the last five years, but that there is always room for improvement. They emphasized that the school encourages reporting and that an increase in the number of reports is actually a good thing because it means that less cases are going unreported.

When the question of whether the current culture of casual sexual encounters contributes to sexual violence, Dean Gaffney said, "The hook up culture objectifies people and generally people treat objects differently than people." There was a lot of discussion about making the reporting process clearer so

that in the terrifying case of someone needing to report sexual violence, the process is as easy and efficient as can be. It was stressed that it is vital for there to be immediate, lasting, and excellent support on campus for victims of sexual violence.

The panelists also touched on the idea that because PC is a Catholic college, same-sex sexual violence may be reported less often; PC is trying to do everything they can to encourage all reporting and to ensure that victims feel comfortable when doing so. Major Lessard stated, "The culture is ultimately maintained by students," which is why education on the issue is so important. While there did not seem to be any definitive revelations regarding the elimination of sexual violence on campus, the fact that this event happened and that students' concerns were able to be voiced and heard, as well as awareness raised, is

exactly what is needed to stop sexual violence.

While "Spread the Light" showed the ugly side of PC's campus life and sexual violence, there was a silver lining in that the fight to eliminate sexual violence and provide the absolute best care to victims, while lagging behind, is getting stronger nonetheless; it will strengthen even more through events like this.

Overall, the general and overarching purpose to everything that happened at this event was voiced in a campus wide email sent by Jacqueline M. Luciano '16, one of the students who organized the event, reading, "Through this discussion, we hope to increase awareness to the student body, faculty, and staff on this prevalent issue. Ultimately, we hope to make the Providence College Community a safer environment for us all through this education."



PHOTO COURTESY OF BLOGSPOT.COM

## Jordan-Zachery : Award Given for Excellence in Teaching

Continued from front page

According to the Providence College website, faculty who have received tenure and were scheduled to teach during the spring 2015 semester were eligible for the award. The award is administered by the Center for Teaching Excellence and the Teaching Award Selection Committee. Jordan-Zachery will be recognized at Academic Convocation in September and her name will be inscribed on a plaque that is permanently displayed in Phillips Memorial Library.

Jordan-Zachery has been a professor at the College for eight years. She said it was a good location for her family and that she was intrigued by the Black Studies Program. She said that since her arrival she has seen the Program grow in that the "black experience across a wide spectrum" has developed an "intellectual curiosity on campus." Bringing an intellectualized idea of the notions of blackness to campus has been one of Jordan-Zachery's goals.

Jordan-Zachery said that although she does not know if she has a favorite class, she thoroughly enjoys teaching Critical Feminism and Race, Gender, and Public Policy. Critical Feminism delves into women of color and understanding feminism, which, as Jordan-Zachery explains, are "worthwhile subjects of interrogation."

Her other class consists of

experimental learning. "By that, I mean students discover things about themselves as well as others," she said. The Race, Gender, and Public Policy course delves into the stereotypes behind HIV and AIDS. "In the class, students realize they have held on to certain stereotypes and missed the humanity and beauty of things," Jordan-Zachery said.

She explained that she parents and teaches the same way in that we will be living outside the classroom in life; teaching only for the classroom would be a waste of time and energy. Jordan-Zachery said she normally has her students write a note for themselves and encourages them to read this note throughout their daily lives. "I want them to ask themselves where they are going, and how are they taking their knowledge and giving their knowledge away," she said.

"Students have to be open and not buy into the narrative of what things are," Jordan-Zachery said. She went on to say that students often play into a particular way of gathering knowledge to achieve an end goal. "Being materialistic in the way we seek knowledge limits all of us," she said. "Don't limit yourself by doing something because it is the way that ought to be done. Make the vision of yourself real."

When asked about her opinion on the current campus climate, Jordan-

Zachery explained the importance of being vocal. "To remain silent is to remain complacent," said Jordan-Zachery. "All of us must choose to recognize who are harmed by oppression because racism has a negative impact on everyone and everything." She explained that our voices should be used to speak for justice.

"To the students doing the hard labor, I want to remind them that sometimes change can seem illusive, and there is always a backlash," she said. She went on to explain that oftentimes remaining silent comes at a bigger cost than that of the backlash. "Just be honest, and speak the truth of the community you envision," she said. "By speaking the truth, people will have a better understanding of what is going on."

Jordan-Zachery explained that she is fortunate to have support from her family and that the openness in her family allows them to value what she does as a teacher. "I am very fortunate in that my family values what I do. When this happens, family becomes a great resource," she said.

According to Jordan-Zachery, teaching should be viewed as an open space. Jordan-Zachery does not believe in the hierarchy of teacher versus student. "I want students to see their best possible selves, and that we are vessels in this together," she said.



PHOTO COURTESY OF PROVIDENCE.EDU

Dr. Julia Jordan-Zachery won The Joseph R. Accinno Teaching Award.

### Corrections From 4/14/16

In last week's article, "Boston Marathon Bombing Survivor Heather Abbott '03G to Deliver Commencement Address," Ann Molchester-Molak should be Ann Manchester-Molak.



# Sara Curtis '16 Wins Rene Fortin Essay Contest

## Senior Earns Award from Department of English for Noteworthy Work

by Marla Gagne '18  
News Co-Editor

ON CAMPUS

As Sara Curtis '16 checked her email, she was expecting the usual cluster of event announcements or messages from the school. But instead of just spam and lectures, she found two emails from the office of Fr. Mark Nowel O.P., dean of undergraduate and graduate studies, telling her to check her mailbox—she had just won two academic awards.

After Curtis ran to her mailbox and tore open two envelopes, she realized that she had won the Rene Fortin Essay Contest hosted by the English Department and had earned the award for the highest academic achievement in Women's Studies. She just won an award in both her English and Women's Studies majors.

Every spring, the English Department encourages sophomores, juniors, and seniors to submit their most noteworthy and developed works from any English course on campus. The essays, which can be seven to 20 pages, are judged anonymously; the winner receives both an award and a monetary prize.

Curtis' essay revolved around the third book of *The Divine Comedy*, the classic work of Dante. She had gotten a small taste of Dante as a freshman in Development of Western Civilization, but did not really fall in love with his work until she read him in her



Sara Curtis '16 won the Rene Fortin Essay Contest and received the highest honors in Women's Studies.

Medieval English classes. Entitled "To Make Still Finer Mirrors of My Eyes: Transformative Light in Dante's *Paradiso*," Curtis' essay explored the topic of earthly and divine light in Dante's work. She showcased the path of the character Dante, who gradually increases his inner light as he becomes closer to God. She discussed the different types of light throughout the book before showing that Dante becomes more heavenly and connected with God by the end.

Curtis wrote this piece about a year ago while taking Dr. Margaret Healy-Varley's Beauty in Medieval Literature course. She believes it was the "most time" she put into an essay before reaching senior year, and she

spent around two weeks reading books, looking up scholarly articles, and doing extensive research. I am "really tired just thinking about it," joked Curtis. Curtis had previously taken both Chaucer and History of the English Language classes with Dr. Healy-Varley and was glad to be working with her again while discussing one of her favorite areas of literature. Dr. Healy-Varley was a "huge source of knowledge...and helped me through every step of the way."

Curtis is also carrying her love for Medieval Literature into her senior year. In a tutorial class with Dr. Healy-Varley, one that is similar to an independent study, Curtis, Gabriella

Nigro '16, and Patricia Krupinski '16 are studying women in medieval literature and have even created their own syllabus for the use of future students.

The three students felt they did not read a lot about medieval women during Civ. Curtis said the group is working toward "the argument that the reason we don't read medieval women in big survey courses like [Civ... is because] women weren't writing, but we found a whole course focused on women as writers and as characters in male writers' works." Their new course would include works by Dante and Christine de Pizan. The group will present their new course, "Medieval Women On and Off the Page," at the upcoming senior symposium on May 3 at 11:30 a.m. in Ruane 206.

Looking into the future, Curtis plans to attend graduate school once she figures out whether she should pursue her love of English or Women's Studies. Looking back at her four years at Providence College, Curtis says she found "both my majors [to be] rewarding and they've complimented each other really well." For now, her focus is on a busy week of finals and then spending some time with her friends before Commencement; she says she is glad that "[her friends are] all going to be able to celebrate before we leave."

PHOTO COURTESY OF WESTBLOOMINGTONEXPERT.COM

# PC Celebrates Mental Health Awareness Week

## Awareness Raised by Office of Residence Life and Personal Counseling Center

by Gabriella Pisano '18  
News Staff

AWARENESS

What is mental health and why is it so important to be aware of it? These are the questions that Mental Health Awareness Week aimed to answer.

Providence College's Second Annual Mental Health Awareness Week took place from Monday, April 11 to Friday, April 15. Mental Health Awareness Week was recognized by the National Association of Student Personnel Administrators (NASPA) Region 1 as the Rhode Island Program of the Year for 2015. Because of the variety of events to attend, this year's Mental Health Awareness Week was a success.

Mental health issues affect many college students whether the issues be depression, anxiety, bipolar disorder, alcohol abuse, or a range of others.

With a main event each day of the week, Mental Health Awareness Week allowed students to educate themselves. It also allowed those in attendance to reflect on how mental health impacts their lives either through their own experiences or through the experiences of loved ones.

The Office of Residence Life and the Personal Counseling Center sponsored Mental Health Awareness Week. Last year Grace Stover '16G, hall director in Aquinas Hall, had the idea for Mental Health Awareness Week, and many at PC were happy to plan the events. Seeing that many students struggle with mental health issues, Stover wanted to have an event where people talked about it and helped to reduce the stigma. Stover said that when the idea was brought up many others jumped on board right away and brought different ideas to the table.

The week kicked off with Fresh Check Day, the week's main event. The event, taking place in '64 Hall, was where over 400 students, faculty, and staff could go around to different tables and learn about different aspects of mental health and self-care. Fresh Check Day is an interactive fair that aims to educate the College community about the signs and symptoms of suicide ideation; it also allows students to engage with resources on campus.

While attendees were encouraged to stop at every table, they were free to choose to stop at tables that interested them. However, if students went to every table, they were allowed to go into the Pet Therapy section of Slavin 112. The only table that was required was the "nine out of 10" table which gave

out information regarding suicide and suicide prevention. Students then took a pledge to be the nine out of 10 who reach out and help the 1 that is contemplating suicide.

Other tables at the event included alcohol awareness, the elephant in the room, and prayer and reflection. The alcohol awareness table was one of the more interactive tables that allowed students to wear judgment impairment goggles and see the effects alcohol can have. Elephant in the room gave students the opportunity to write down something that they think is important to talk about, but that is generally avoided.

When asked what table she believed to be the most popular, Stover said the Campus Ministry table was programming

focused around prayer. We are a Catholic institution and we wanted to keep that in mind. I think that faith is something consistent when going through a struggle and it's something people really value. The prayer box where students wrote down intentions allowed them to reflect on what they need."

The other events included a Mental Health Panel where representatives from the community who have experienced mental health issues personally or through loved ones shared their stories. On Wednesday there was a coffeehouse in McPhail's that allowed members of the community to share stories, poems, and songs. The vigil held on Thursday gave members of the community the chance to remember loved ones lost to suicide. This event allowed students to support each other with prayer and reflection.

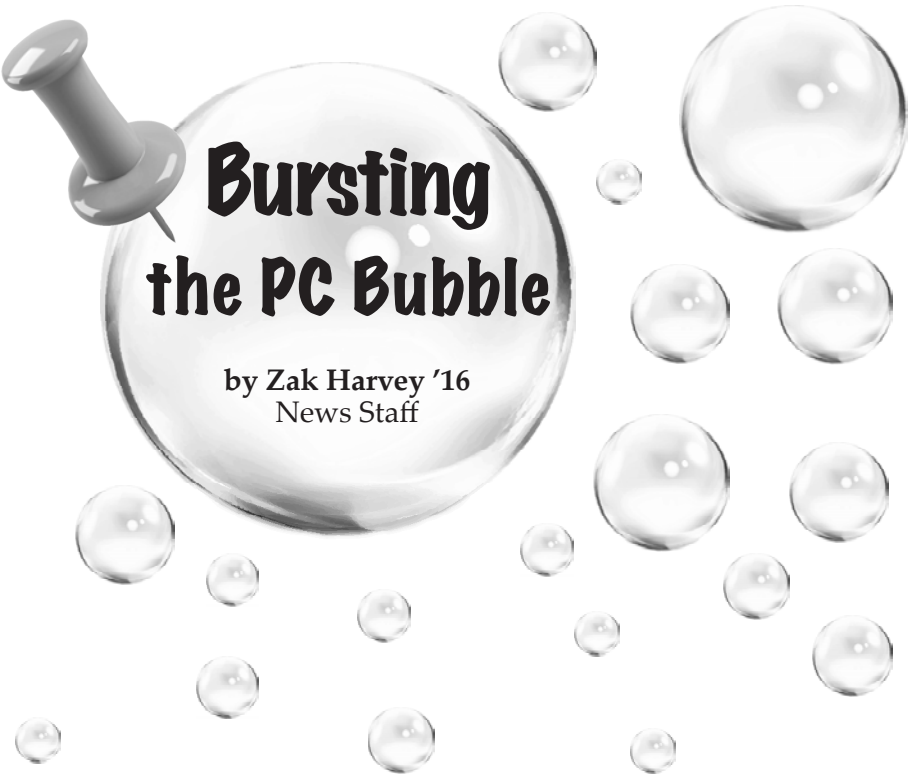
It was here that the intentions written at Fresh Check Day were acknowledged. Over 100 students wrote prayers and intentions for the vigil. On Friday there was flower planting that was held outside to celebrate spring. Over 100 plants were given out at the event. Stover said that each event had high attendance that exceeded their expectations.

Speaking of the importance of Mental Health Awareness Week, Stover stated, "I think that it has a lot to do with the fact that we don't understand mental health in this society. Mental health ranges from diagnosed mental health issues to less serious matters. The campus should know the resources available to them. There are a lot of different options and everyone's path is different." The feedback for Mental Health Awareness Week was very positive and Stover is hoping that it will become a tradition here at PC.



Selina Leboeuf '17 and Phionna Claude '18 perform at the Coffee House in McPhail's for Mental Health Awareness Week.





## Bursting the PC Bubble

by Zak Harvey '16  
News Staff

### U.S. Politics Back at Center Stage

This past Thursday night, the United States presidential race once again took center stage. News reports formed a unanimous chorus declaring Donald Trump and Hillary Clinton the winners of their respective party's contests in New York. Trump's new tone struck pundits across the news media as more modest and presidential. Much of the shift in tone can be contributed to his new campaign advisor Paul Manafort. Hillary Clinton also laid claim to an impressive margin of victory over opponent, Bernie Sanders. Sanders again struggled with translating his support amongst young millennials and African Americans into votes. The presidential contest continues into next week with primaries being held in Maryland, Connecticut, Rhode Island, Delaware, and Pennsylvania.

### Andrew Jackson Taken Off the \$20 Bill

Former U.S. president Andrew "Stonewall" Jackson will be taken off the \$20 bill. The decision came Wednesday from United States Treasury Secretary Jack Lew. For months, and even years, this decision has been anticipated—not, however, on the \$20 note. Many believed that Alexander Hamilton would be replaced, but with the rising popularity of the musical 'Hamilton' the support proved too influential for the Treasury Department to ignore. The person replacing Jackson is none other than Harriet Tubman.

### Taliban Launch New Attack in Kabul

In Afghanistan, new threats from the Taliban terror organization were realized as bombs exploded at a compound in the city killing 64. More than 300 others were wounded in the attack, which marked the single most dangerous attack in the region since August of 2015. Though the terrorists were ultimately killed by police personnel, the aftershocks of the attack still reverberate around the region today.

### Brazilian President on the Verge of Impeachment

Brazil's lower house voted to impeach President Dilma Rousseff. This marks another move in an extremely tenuous back and forth between the Brazilian leader and the nation's legislature. President Rousseff has vowed to defend herself and her name, citing that what the lower house has done is a complete "injustice." The vote has been moved to the Senate where pundits estimate a trial will occur in mid-May.

# Congress Updates


by David Toro '16  
News Staff

STUDENT CONGRESS

Following last week's discussion of introducing vegetarian and gluten-free options at paid and no re-entry events on campus, a recommendation has been submitted to Congress by Cassandra Caggiano, representative of the Class of 2018. The recommendation, as discussed last week, will require events such as Friar Ball, Senior Ring Weekend, and Junior Jam to have vegetarian and gluten-free options.

A bill introduced by Brittany O'Shea '16, chair of the Committee on Clubs & Organizations, has passed a bill to approve the proposition of Active Minds as a new club on the Providence College campus.

O'Shea also introduced another bill that builds on the discussions from last week regarding the procedure for dissolution of clubs and organizations. After much discussion on the topic, the bill states that if the executive board of a proposed or recognized organization at Providence College feels that the club will be unable to continue activities in future years, a dissolution form will be signed by the club's executive board, the Chair of the Committee of Clubs & Organizations, the Executive President of Student Congress, and the Dean of Students. The signed form will then be submitted to the Office of Student Activities.



# Club Spotlight: SHEPARD

## Students Practice Day of Silence

by Sarah Gianni '18  
News Staff

CLUB SPOTLIGHT

Imagine being silent for an entire day. Most people would struggle with this task, as you would be unable to communicate with friends and incapable of articulating simple needs or questions. The Day of Silence is a national youth-run effort using silence to protest the actual silencing of LGBTQ people due to harassment, bias, and abuse in schools.

SHEPARD, Providence College's support group for all members of the LGBTQ community and their allies, showed support for the Day of Silence on Friday, April 15. "SHEPARD started participating in this event in 1998 to help promote awareness on campus," said SHEPARD member Jake McIlveen '18. "Many students in the LGBTQ community feel silenced during their school experience because they lack the ability to speak out and defend themselves against bullying," he said.

The Day of Silence also acknowledges students who feel silenced due to the hiding of their true identities. Participants in the Day of Silence wore black T-shirts that read "SHEPARD Day of Silence 2016," an easily identifiable symbol of their partaking in the event. "The Day of Silence caused me to reflect on some times in life that I felt voiceless, and reminded me of the people who still are," said McIlveen.

Student participation in the Day of Silence helped to encourage other PC community members to address the issue of anti-LGBTQ behavior that is still an ongoing concern. "I participated in the Day of Silence because I have seen so many close friends suppress their true selves just to appease others," said Michelle Feely '18. While participation in the Day of Silence expressed PC students' solidarity with those who have felt silenced by harassment, there is still much work to be done. "I felt there could have been far more participation from students and community members," said 2016-2017 SHEPARD Vice President Mallari Bosque '18. "Personally, I believe there are better ways to spread awareness rather than being silent, and I want to work with the rest of the executive board in order to achieve the same desired goal," she said.

While SHEPARD is acknowledged as a group for LGBTQ community members and their allies, it also welcomes anyone who is interested in participating. "I feel as though the club's small size is a big factor in people's misinterpretation of who participates in the group," said Bosque. "Ultimately, SHEPARD is more of an open space for dialogue on how to make PC realize that people's identities are not black and white, and grey areas are okay," she said.

SHEPARD meets every Monday at 6:30 p.m. in Feinstein 403, and all are welcome to attend. "It is a really great club which gives you the opportunity to make friends while creating change on campus," said McIlveen. SHEPARD's support of the Day of Silence represents the change community members wish to see, but still has a long way to go.

PHOTO COURTESY OF DIGITALDEALER.COM



# “Can Your iPhone Save You?”

## Students Confront Controversial Topic Over Pizza

by Patrick Lovett '17  
News Staff

THEOLOGY ON TAP

Have you considered whether or not your use of technology is spiritually beneficial? Have you imagined ways in which you could fundamentally change your daily life, change the way in which you interact with the digital world, for the better? In either case, whether you have or you have not, imagine doing so in a bar on a Friday afternoon while drinking beer and eating pizza. Sounds strange, right?

Providence College students are accustomed—required even—to confront provocative theological questions in the classroom, but to do so in such a casual atmosphere is rare. However, experiences as mentioned above are in fact offered.

This past Friday, April 15, Campus Ministry hosted their latest, “Theology On Tap” event in McPhails. The event featured Sister Anna Wray, O.P., a Dominican Sister from The Catholic University of America, who spoke on the way in which students interact with technology and whether or not it can “save you.”

Understandably, students were captivated by the topic, as it directly applied to each and every one of their lives. They heard from Sr. Wray about the growing prominence of technology, why many are attached to their phones and other devices, and the spiritual effects of this attachment. Apart from the prevalence of the topic, however, it was the bar environment that made the event remarkable.

Event Coordinator Meghan Lescault '16 agrees that this “casual and relaxed

setting” makes these events “a great place for students and faculty and staff alike to come together, listen to some words of wisdom, and sip on a cold beer—if they are of age of course.” This past Friday’s talk was no different.

Sr. Wray herself contributed to the laid-back environment, interjecting jokes and partaking in friendly banter with the audience. Lescault thought this humor, her ability to be “extremely funny and witty while still conveying serious and important messages,” made her all the more compelling.

One of these important messages was covered when Sr. Wray spoke on the relationship between technology and identity. She explained that, of the many reasons we look to our phones and social media, one reason is to try to project an image of ourselves. That is, we want to seem something other than what we truly are, and, in most cases, this is an ideal we cannot live up to. As

she put it, “Technology cannot save you from yourself.” Although this was quite a sobering segment, it was nevertheless significant and intriguing.

Following the talk, many students and faculty had follow-up questions for Sr. Wray. They wanted to discuss the topic further and confront the challenges she had set. This was a testament to both Sr. Wray’s talent as a speaker and the interest of the audience; it showed that both parties were thoughtful and thoroughly engaged.

Campus Ministry hosts “Theology on Tap,” the event series responsible for featuring speakers like Sr. Wray, three times a semester. Thus this event that seems so unorthodox, so casual yet religious, is recurring.

For more information on these types of opportunities, contact the President of Campus Ministry at acorapci@friars.providence.edu or visit the basement of St. Dominic’s Chapel.

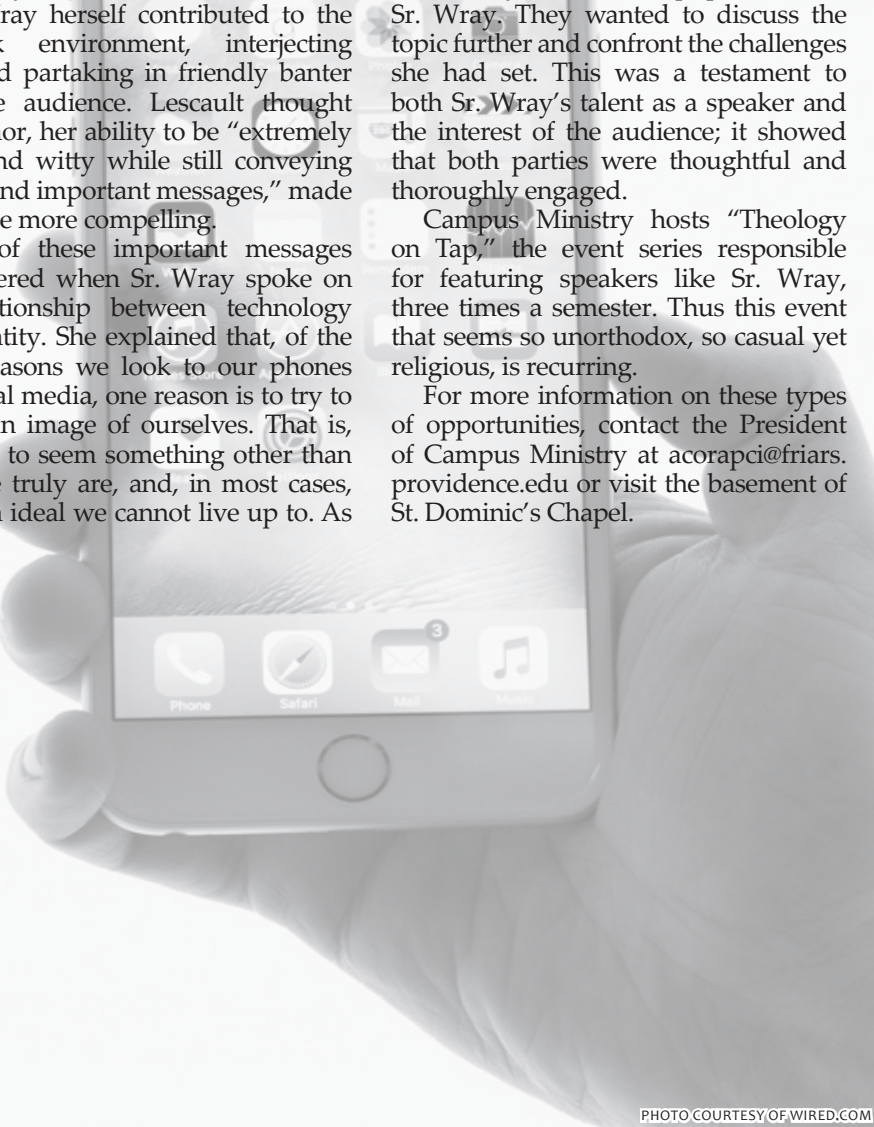


PHOTO COURTESY OF WIRED.COM

# Kaplan Test Prep Comes to PC

## Career Services Offers Workshop for Grad School Success

by Daria Purdy '19  
News Staff

WORKSHOP

As another school year ends, this pressing question is on the mind of every student: what am I going to do after graduation? For some students, the answer to this question will be continuing on to graduate school. Christopher Collette, a representative from Kaplan Test Prep, visited campus on April 13 to give a presentation to students about grad school. The presentation included information on why a student should attend grad school, strategies for applying to grad school, and financial advice. The points Collette stressed in his presentation included:

- A high score on the Graduate Record Examination (GRE) and a high undergraduate GPA is critical to a strong grad school application. A low GRE score is considered the number one application killer by admissions counselors.

- In addition to a GRE score and GPA, a graduate school application will ask the student for multiple personal essays, evidence of work experience, and letters of recommendation.

- Collette stressed the phrase “a master’s is the new bachelor’s.” With increased access to higher education, more and more people in the American workforce possess bachelor’s degrees. A master’s degree, or a Ph.D., will give a student more knowledge in a specific field and help him or her stand out to

potential employers.

- For people with a master’s degree, there is increased employment stability. According to Collette, a 2014 Bureau of Labor Statistics study showed that when the national unemployment rate was 5 percent, for those with a master’s degree it was 2.8 percent, while for those with a Ph.D. it was 1.9 percent. People with graduate degrees also earn 20-40 percent more annually than those with bachelor’s degrees.

- Graduate school not only has financial benefits, but also helps to increase a person’s knowledge in their field and allows them to develop critical thinking skills. According to Collette, graduate school “positively impacts many facets of a person’s life-long career.”

- Collette recommended one to three months of prep time for the GRE. The

GRE consists of analytical writing, quantitative, verbal, and experimental sections. The test is offered daily at designated testing centers, and the score on the test is valid for up to five years. A high GRE score can help students fund their education.

- Every graduate program is different, so students should research any institution they are interested in to see what is valued on the application and what type of career skills the program will give them.

Graduate school is a viable option for many Providence College students as they near the end of their time on campus and contemplate what the next step should be. Graduate school represents a chance to grow, develop new skills and knowledge, and attain more employment stability.



KRISTINA HO '18/ THECOWL

Christopher Collette, a representative from Kaplan Test Prep, says GRE scores are crucial for grad school.

### Student Congress Election Results

2017:

Gretchen Barrett is elected President with 267 votes, defeating John Fischer with 114 votes.

Reim Alian is elected Vice President with 357 votes (unopposed).

Taylor Gibson is elected Treasurer with 147 votes, defeating Jimmy Carrillo with 122 votes and Anthony Ravosa with 117 votes.

Kristen Sauer is elected Secretary with 251 votes, defeating Billy Dumais with 125 votes.

Representatives are Pedro Alemán (216 votes), Nat Senoble (212 votes), Zach Brown (202 votes), Chris Casey (202 votes), and Mikaila Christopher (172 votes). The next-highest candidate had 169 total votes.

2018:

Conor Glendon is elected President with 323 votes (unopposed).

Jenna Shanley is elected Vice-President with 392 votes (unopposed).

Michael Bartels is elected Treasurer with 380 votes (unopposed).

Elaine Headrick is elected Secretary with 394 votes (unopposed).

Representatives are Jackie Bechtel (349 votes), Ben Harper (333 votes), Doug Cassidy (319 votes), Gianluca DiUbaldi (307 votes), and Ivy Barclay (194 votes). The next-highest candidate earned 181 votes.

2019:

Caroline Cook is elected President with 296 votes, defeating Rachael Minassian with 264 votes.

William Oser is elected Vice-President with 301 votes, defeating Katy Nardolillo with 160 votes and Isabella McCann with 98 votes.

Samantha Dever is elected Treasurer with 333 votes, defeating Fabian Brunner with 214 votes.

Michael Fahy is elected Secretary with 279 votes, defeating Abby Northgraves with 270 votes.

Representatives are Chris Campanelli (320 votes), Devon Guanci (244 votes), Gretchen Petrie (239 votes), William Bozian (214 votes), and Jack Thornton (192 votes). The next-highest candidate earned 184 votes.

Statistics for voter turnout:

Class of 2017: 41 percent (392/958)  
Class of 2018: 49 percent (462/942)  
Class of 2019: 56 percent (575/1020)





## Success at Golf Party 2016

### *PC Finds Unity in an Unexpected Place*

by Wesley Trask '16  
Opinion Staff

COMMUNITY

Spring is in the air. The sun is shining, birds are chirping, and Providence College students are wandering around the neighborhood dressed in preppy clothing. It is time again for one of PC's most sacred traditions: golf party. Students get up bright and early for a full day of "golfing," complete with imbibing whatever liquids they can get their hands on. While golf party may seem a bit disruptive—as an event which the school does not exactly condone—when done correctly it can be one of the most positive aspects of this college.

Naturally, there are a few drawbacks to an essentially campus-wide party. One is the neighborhood, which is guaranteed to look like it just hosted a bunch of college kids doing stupid things when all is said and done. There is really no avoiding this occurrence, short of a tornado ripping through and cleaning up (or burying) all of the beer cans. No matter how often or loudly the school or any other authority tells the student body to be respectful and mindful of the area, there is no helping the mess that will inevitably follow a large party. What the school—or an entity at the school such as a club, a



Party goers at Golf Party 2016.

PHOTO COURTESY OF INSTAGRAM.COM/PCGOLFPARTY

certain class, or Residence Life—can do is organize groups of students who would be willing to help in the cleanup. This school certainly could produce enough people who would volunteer to at least make a tangible

impact on cleaning the neighborhood. Another complaint the school may have is that the event this year and last year fell on Accepted Students Day. Although the school is probably not very fond of the image golf party

presents and cannot control when it happens, this is not the worst problem it could have. Last year, the school hosted its own version of golf party on the lower campus quad and probably kept the prospective students as far away as possible. This year, the prospective students were probably kept away from Eaton Street as best as possible, and probably heard little about why everyone was dressed as they were. Ideally, Accepted Students Day would not be the best day to hold golf party on, but it also is not something the school should be ashamed of.

Yes, golf party is an event where almost the entire student body spends an entire day drinking, but it is also one of the few moments that every single PC student can be a part of with every other student. Not many events, at PC or any other school, can create an atmosphere that involves an entire campus in the way that golf party does. No, the school probably should not advertise a huge party, but it can at least mention it as a unifying event that prospective students can look forward to being a part of. As long as everything goes smoothly, as it appears did happen this year, there are few drawbacks to golf party, and it is a signature event for PC that is great for the student community as a whole.

## Reevaluating the Election Process

### *Congress Should be Fair and Unbiased*



PHOTOS COURTESY OF JACKSONDEM.S.COM

by McKenzie Tavella '18  
Opinion Staff

POLITICS

This year is not only a crucial year for our country, but it is also the first year that I personally have a say in who is the leader of my home country, as I am finally eligible to vote. At first, I did not want to register as I felt that my vote did not make much of a difference. However, it is my right, just as it is anyone's, to exercise my citizenship and the right to vote. Now, although the Student Congress election is clearly not as large scale as the race for the presidency, it still is significant for the future of the Providence College community.

This past week, polls opened and all members of the PC community were encouraged to vote. However, as I opened the PC Sakai page and scrolled down, I noticed two things: nearly everyone was unopposed and that a PC student's name had been taken off the ballot.

The journalist and human in me was instantly curious as to what had happened. Michael Knight '18 was a candidate for president of the sophomore class, but his eligibility was then removed. Of course there are many sides to every story, but I believe that this is an unfair decision on the part of PC's Student Congress. According to Student Congress, Knight broke the rules and was accused of illegal campaigning. In

addition to this, his name was taken off the ballot within only two hours of being told of these allegations. The rumor is that Knight was accused of promoting underage drinking due to a campaign party that was thrown for him on the Saturday night before the election. However, those in attendance say that the party was intended to be a surprise, meaning that he was unaware of its planning. Do you think it's fair that he is held responsible for something out of his knowledge and control? I certainly don't. It seems that Student Congress believes that he was directly involved and even expressed the need for punishment. I am unaware as to whether or not there is proof of Knight's supposed involvement in the party, but I believe that these are

merely empty allegations. I encourage the PC community to speak up about this, whether it be to bring more truth to the situation or to simply state your personal opinion. This should not be ignored or merely passed over as simply daily gossip. Knight had a large following on social media, put hard work into his campaign, and could have made a significant difference as PC's Student Congress 2018 Class President. That is not to discount the other candidate, but to truly make sure that this process is fair and unbiased. Student Congress should investigate this matter further by analyzing the facts and results of the election, as these statistics have not yet been brought to light in the general PC community.



# The Right Type Of Commencement Speaker

## Heather Abbott is a Refreshing Choice



PHOTO COURTESY OF AUGUSTAFREEPRESS.COM

by Matt Tinsley '16  
Opinion Staff

COMMENCEMENT

What qualities should you look for in a Commencement speaker? What should be expected of the speech given at a college graduation? This past week, Providence College announced the speaker of this year’s graduation ceremonies: Heather Abbott, a Providence alumna and survivor of the 2013 Boston Marathon bombings. Abbott is an ideal candidate for Providence’s commencement speaker, not because she has a successful and established career, nor because of her recent fame. Abbott is a person who has overcome real trials and real hardships, she is in touch with the Providence community and she will have a powerful message for this year’s graduates.

At Harvard University’s Class Day in 2003, actor Will Ferrell took the microphone dressed in a sailor costume. He marched around the stage to music and a clapping crowd, approached the podium, and opened, “There has been a terrible mistake. I thought this was the Worcester, Massachusetts boat show!” The crowd of graduates and families roared in laughter.

In 2012, Harvard hosted *SNL* comedian Andy Samberg at Class Day. In his speech, which consisted of a 20 minute stand-up comedy routine, Samberg did impressions of Mark Wahlberg and Nicolas Cage and he did his own rendition of Montell Jordan’s “This is How We Do it.” Towards the end of the speech, Samberg became serious and told his Ivy League audience, “Whatever it is you try, make sure it is

what you really want to do. Because the only person who knows what that is, is you.” Never before had the students encountered such subtle wisdom.

Clearly, Harvard’s faculty intended to have a comical and lighthearted speaker at Class Day. And so did the faculty at Dartmouth, who chose TV personality Conan O’Brien as their Commencement speaker in 2011. The trend amongst elite schools seems to be inviting funny celebrities instead of distinguished academics or political leaders.

What does that say about Harvard, Dartmouth, and other elite schools’ attitudes towards the Commencement address? Is it an occasion to make jokes or impart wisdom? Should we take the speech at graduation seriously, or not? After all, comedian Daniel Tosh once pointed out, “No one has been [lazy] his or her entire life, and then turned it around because of the Commencement address.”

I think that the speaker and his or her address should coincide with the purpose of the event, namely to congratulate and award the new graduates. In other words, Commencement addresses have their own genre; they are not stand-up routines, yet they often contain jokes. They are not philosophical treatises, and yet they often contain thought-provoking material. Abbott is not a TV personality, a comedian, or a United States senator. She is hardly a celebrity at all. Abbott is a “real person,” so to speak, with a whole host of challenges and hardships in her past. She is not some distant politician who knows little about student life here at PC. In a time when it is fashionable to invite celebrity speakers, it is refreshing to see Providence College choose someone who can relate to this year’s graduates.

# Health Center: I Get Sick On Weekends, Too

Continued from front page

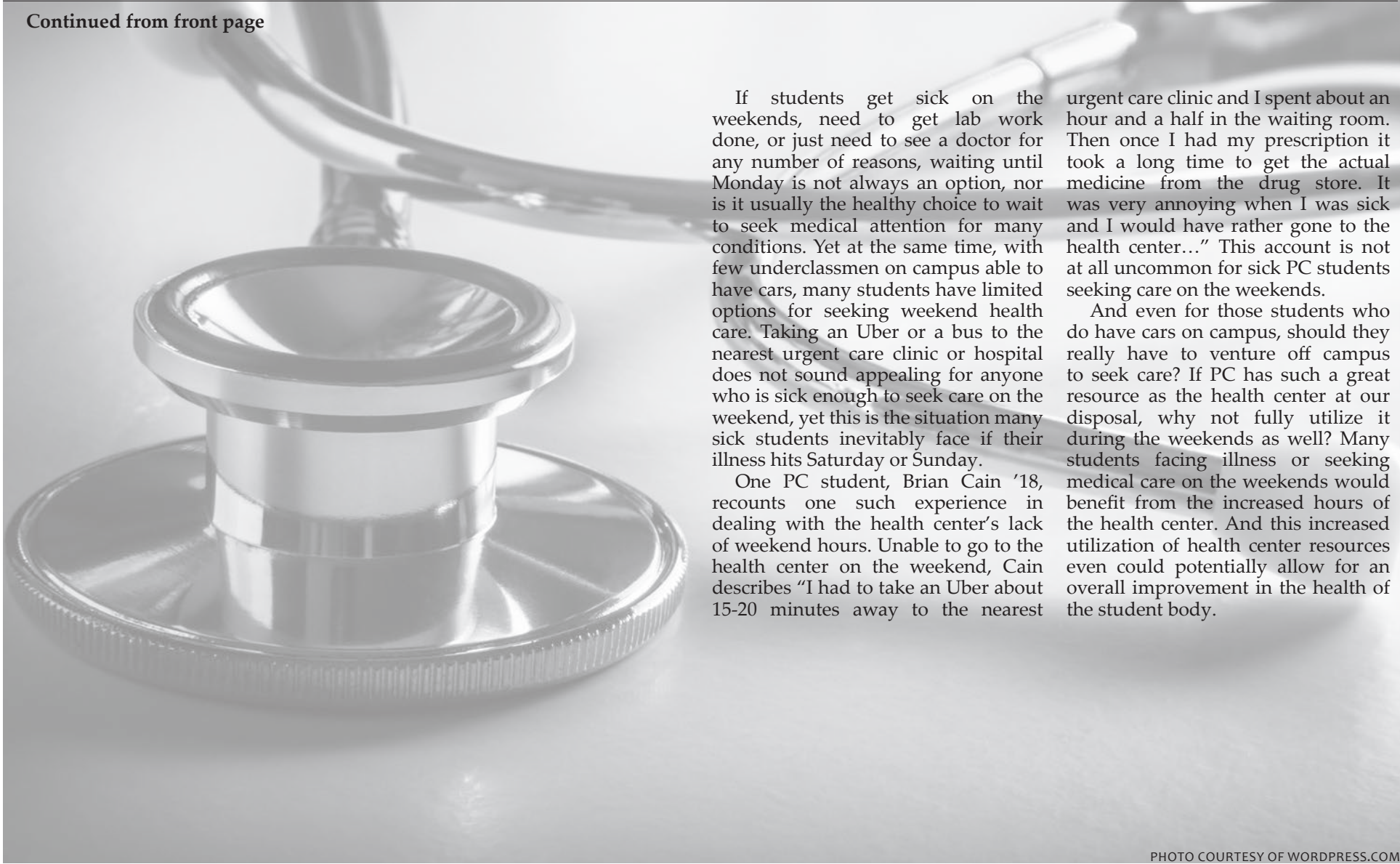


PHOTO COURTESY OF WORDPRESS.COM

If students get sick on the weekends, need to get lab work done, or just need to see a doctor for any number of reasons, waiting until Monday is not always an option, nor is it usually the healthy choice to wait to seek medical attention for many conditions. Yet at the same time, with few underclassmen on campus able to have cars, many students have limited options for seeking weekend health care. Taking an Uber or a bus to the nearest urgent care clinic or hospital does not sound appealing for anyone who is sick enough to seek care on the weekend, yet this is the situation many sick students inevitably face if their illness hits Saturday or Sunday.

One PC student, Brian Cain '18, recounts one such experience in dealing with the health center’s lack of weekend hours. Unable to go to the health center on the weekend, Cain describes “I had to take an Uber about 15-20 minutes away to the nearest

urgent care clinic and I spent about an hour and a half in the waiting room. Then once I had my prescription it took a long time to get the actual medicine from the drug store. It was very annoying when I was sick and I would have rather gone to the health center...” This account is not at all uncommon for sick PC students seeking care on the weekends.

And even for those students who do have cars on campus, should they really have to venture off campus to seek care? If PC has such a great resource as the health center at our disposal, why not fully utilize it during the weekends as well? Many students facing illness or seeking medical care on the weekends would benefit from the increased hours of the health center. And this increased utilization of health center resources even could potentially allow for an overall improvement in the health of the student body.



# Changing the Way We Look at Body Image

## “Body Positivity” Applies to All Bodies

by **Taylor Godfrey ’19**  
Opinion Staff

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BODY IMAGE

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Attending some of the events during Mental Health Awareness Week last week got me thinking. As I looked around at the booths set up during the Fresh Check Day, I noticed how many resources and messages there were that focused on combatting body negativity or eating disorders. And while I was thankful for all of the resources that are available, it upset me that we even need to have these resources and raise this awareness. We, as a society, have created a culture that idolizes one body type above the others; while this problem has existed for years, we are the ones who need to fix it.

By looking at advertisements and the media, one thing is very apparent: the tall and thin stereotypical “model” body is the one that prevails. In almost every advertisement you look at, no matter what it is for, the model is probably tall and thin. It may be that clothes look best on this type of body or that idealized beauty sells best, but the media being flooded with just one body type is creating a pattern that is harmful to everyone, especially to teenage and young-adult women. When constantly being surrounded by the same type of body, it can sometimes feel like you are the odd one out, the only one who does not fit into that perfect mold. But in reality, that couldn’t be further from the truth.

While it is true that some people’s bodies are naturally healthy at a very small size, it is certainly not the case for as many people as the media might

lead you to think. Even in TV shows and movies, the actresses are almost always slim and petite. I remember watching the new *Shadowhunters* TV show and being frustrated that all of the female characters had that same long frame and thin body. It eventually begins to feel like the only people who will go on adventures or be successful are the ones who have that idealized body.

It is true that the body positivity and acceptance movement has made real strides recently. The increase in “plus-sized” models like Robyn Lawley and the campaigns from companies like Dove that focus on “real beauty” in any size are making progress.

However, over with the increasing

prevalence of plus-sized bodies, there still seems to be a lack of real body diversity in the media. It seems like there is a staunch dichotomy between being a traditionally idealized body type and being plus sized and loving your body the way it is. There is a serious lack of any other body types of other sizes and shapes. It seems like we have widened our cultural representation of bodies from one choice to two without appreciating the full spectrum of different bodies that really exist. And while body diversity is often talked about in the context of women’s bodies, it is still a problem for men too. That perfectly shaped and muscled form on the Hollister or Abercrombie bag is not realistic.

This is an issue that is particularly important for teenage and college-aged people. With all of the other pressures we face in our lives, we certainly don’t need another voice telling us that our bodies are not good enough. Our bodies are all amazingly wonderful and capable and they allow us to do all of the amazing things that we do, no matter what size or shape they are. This is what should be reflected in the media and on-screen: the plethora of diverse body shapes and types that exist in reality. The first step toward true body acceptance is showing it in the places where people will see and appreciate it. And this is something that we all can and need to work towards, together.



PHOTO COURTESY OF STORIFY.COM

# Life Experience Trumps Work Experience

## The Perfect Summer Job May Not Be an Internship

by **Kelsey Dass ’18**  
Opinion Staff

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SUMMER JOBS

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As the school year winds down, the bank accounts of most students follow accordingly and the panic sets in. Not only is there an overall stress of finals brewing like a bad cold, but the summer job issue seems to be at the forefront of every conversation.

It seems the biggest issue people are having is coming across a job that both pays well and will “look” good on your résumé. It almost appears that students feel they need to sacrifice one in order to have the other. I have seen the actual fear in my friends’ eyes when they talk about summer jobs: “Is it bad that I don’t have an internship for this summer?” “Do you think it will be harder for me to find a job in two to three years because I am just going to nanny this summer?” Personally I do not believe it is necessary for students to be putting as much pressure on themselves as they are to obtain this “perfect” summer job.

When you think about it, do you ever hear a parent, uncle, or grandparent discuss their perfect internship they had when they were about 20 years old going into their junior year of college? I have heard other stories from my parents and older cousins about fun things they were doing in

their 20s as college students, but none of them involved stressful, stuffy jobs. I have heard the greatest stories about throwing on a backpack for the summer and traveling through Europe. But that is not something people put on a résumé nowadays—under experience you will certainly not find “Traveled to Europe.” But what if it was exactly this type of unique experience that shaped a person into being who they truly are? What if I were to waitress and have a conversation with a family

that made me realize that social work is exactly the major I am supposed to be in because I want to be able to make an impact on families like the one I just met? Does that not mean anything anymore because I cannot write it down on a résumé, or because it would not look right if I did?

As students, we are constantly being pushed to gain experience in the field we believe we want to go into. But I don’t know how fair I think it is to weigh the experiences students have

based on what they look like on a piece of paper. In my opinion, I think we should be applauding students who are trying to figure out who they are and what they really want to do rather than who they are trying to look like on paper. Maybe, just maybe, if we do not pressurize the concept of the “perfect summer job” students will choose for themselves rather than feed the image they are depicting for somebody else.



PHOTO COURTESY OF WORDPRESS.COM



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*The Cowl* welcomes guest opinions and letters to the editor from members of the Providence College community and outside contributors. All submissions must include the writer's name, signature, a phone number, and an email address where he or she can be reached. Letters should be no more than 250 words in length and will be printed as space permits. Guest commentaries should be limited to 500 words in length, and only one will be published per week. *The Cowl* reserves the right to edit articles for grammar. Submissions must be emailed to *The Cowl* office no later than 9 p.m. on the Sunday before publication. We do not print previously published articles. Email responses to [commentary@thecowl.com](mailto:commentary@thecowl.com), and remember a guest submission is only an email away!

### Accuracy Watch

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# New Editor-In-Chief Encourages Adventure

by Katherine Puzycki '17  
Editor-in-Chief

## EDITOR'S COLUMN

If there is one thing I would have never imagined my freshman year, it is that I would be sitting down to write



my first editorial as the newly chosen Editor-in-Chief of *The Cowl*. It was by a strange chance that I ended up with a *Cowl* application my freshman year—a former member was sitting at a table they had set up in lower Slavin when he called out to me asking if I was interested. I figured, “Why not,” because I didn’t have much to lose and I was desperately anxious to join something in order to meet new people and hopefully make new friends.

Two years later, I can happily tell you that answering that call for participation was one of the best decisions I've ever made. Probably the "Divine Providence" we speak so much of here. Being a part of *The Cowl* has brought to me everything I had hoped for, tenfold. Every week I am surrounded by the most amazing group of students, from our writers to our entire editorial staff, who put their heart and soul into our weekly publications. And I am honored that I, along with Jacquelyn Kelley '17 as our new Associate Editor-in-Chief, can serve as the leader of such an inspiring group of people.

It will be a pretty big role to fill, though. Kathleen and Gabriella, you have done a tremendous job this year. Without leaders like you, this 80-year-old tradition would not be the same; you have both been the exemplary models of hard work paying off, and as you pass your roles on to Jacquelyn and me, I hope you know that we are nervous but excited to be following in your footsteps—thank you for passing the keys onto us.

While transitions are never easy, I now know that I am not alone in making these types of big changes. Whether you are a freshman, sophomore, junior, or senior, I encourage you all to try something new. If it's a job that seems out of your comfort zone, living in a new country for several months, or just involving yourself in a completely different activity, I urge you to take the jump. As I have found, with a little hard work and dedication, anything is possible, and it might just be the best decision of your life. Good things will always come.

# TANGENTS & TIRADES

## Anti-Vax Man Causes Uproar

Are you freaking serious? Who are you? No, really. Luckily I don't think this rant applies to most Providence College students for once. I think it applies to idiots who are outsiders looking in. Recently I was on the Providence College Facebook page. I don't remember the reason so don't ask me. Probably out of sheer boredom or mindless clicking. That's when I saw it. The single comment that has caused me more rage than anything else since the *How I Met Your Mother* finale. A reviewer of the school by the name of Jason Bailor, who by research has never attended this school, is a raging racist, homophobe, and all-around crazy person (I looked at his Facebook wall, call me a stalker) gave the school a one star review. Why you may ask? BECAUSE HE IS AN ANTI-VAXER who specifically called the school a place to "massage big pharma and condition its students with vaccine classes...students must understand the difference between indoctrination and education." ARE YOU KIDDING ME? People like this must be stopped. They are crazy conspiracy theorists who endanger society around them. How? For no other reasons than pseudo-science and their own diluted egos, they refuse to vaccinate and put those who, for legitimate reasons of age, allergies, and other medical reasons, cannot get vaccinated at risk.

- Edward Walrod '16

## Representation in Congress

The Providence College Student Congress website states, “The Student Congress is the only group on campus that is representative of the entire student body.” However, without more participation from students not directly involved with Congress and especially the Class of 2018, Congress will continue to fail to be representative and cognizant of the issues involving the everyday student.

According to Michael Bartels '18, a candidate for Class of 2018 treasurer, only 37 percent of students voted in the Congress Executive Election in 2016. The fact that barely a third of the school elected the Executive Committee shows that students who may not have the support of the entire student body may hold positions. In the Class of 2018 elections, nearly half of students voted: 49 percent did so according to Bartels. While this is a significant increase, only one-in-two sophomores voted. Moreover, there was barely any competition to be found on the ballot for sophomore voters. The positions of secretary, treasurer, vice-president, and president were all uncontested (including the late removal of a candidate by Congress in the presidential race). It becomes rather difficult for the voices of all students to be heard when there is only one choice for a position. It is also necessary for more students from outside Congress to run for and win positions. When Student Congress consists of the same members year after year, there is much less likelihood that every student-citizen's voice will be heard. The need for this change in voice is the exact reason U.S. presidential terms are limited to four years.

The Class of 2018 and all student-citizens of PC must take a more active role in voting and running for positions in Student Congress.

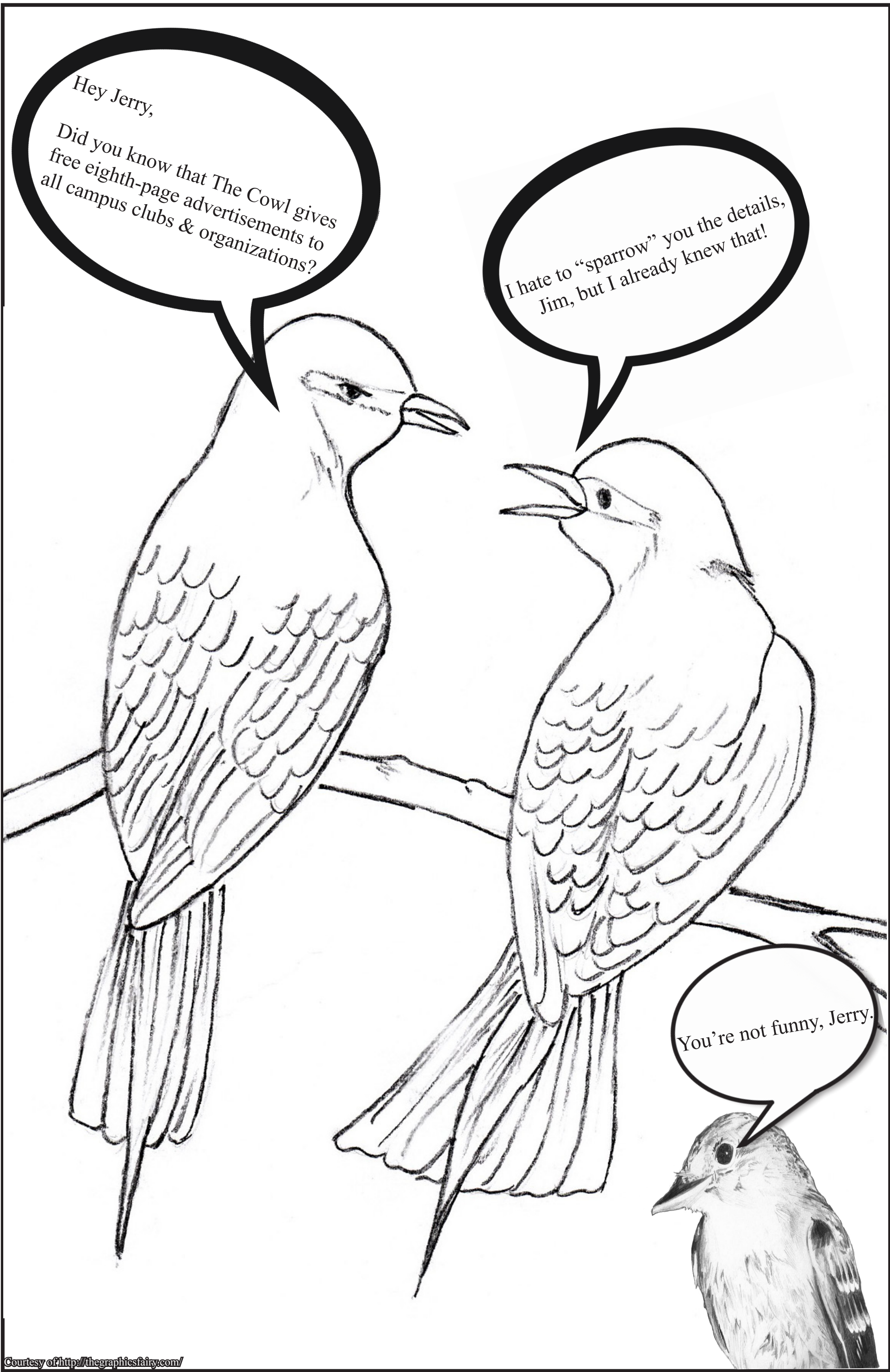
- Kevin Copp '18

# Thank You, ABM Workers

There is a certain aspect of living in traditional dorms that many students tend to overlook, and that's how clean they always are—whether it is after a weekend, where the male dorms tend to be mistaken for jungles, or after a casual weekday where students seem to lack the courtesy to clean out the sink after they shave or brush their teeth. Something that goes incredibly unnoticed is the amazing crew of workers the school has in order to keep our buildings up to a livable standard. ABM, the building maintenance and facility service that Providence College contracts, is filled with some of the most genuine and hardworking individuals in the PC community. Mondays are not easy for anyone, but when you are tasked with cleaning up the bathrooms in McDermott or Aquinas Hall after spring weekend, it's that much worse. Like clockwork, the ABM workers are cleaning up the gross urine puddles and scattered beer cans that the seemingly unappreciative college student who sleeps until noon every day left behind—and they always do it with not only some electrifying Spanish music in the background, but also a smile. These selfless individuals clean our messes and refill our toilet paper, the least you could do is smile back when you walk by.

- Daniel Barton '18









# PHOTOGRAPHY

The Cowl 11

April 21, 2016



KIMBERLY LEZAMA '18/ THE COWL



KRISTINA HO '18/ THE COWL



KIMBERLY LEZAMA '18/ THE COWL

**ABOVE:** Students plant flowers to help raise awareness of the Syrian Refugee Crisis and world peace, sponsored by the Global Studies Capstone.

**BELOW:** Students make ice cream sundaes at Things for Thursday, sponsored by Student Activities.

**BOTTOM RIGHT:** Students enjoy food trucks, inflatables, tie-dying, and many other activities at the Business Barbecue Bash, sponsored by Future Friar Executives.

**TOP LEFT:** Students participate and watch their peers' films in PCTV's Third Annual Film Fest, sponsored by PCTV.

**TOP RIGHT:** Students learn about different cultural traditions through music, food, performances, and crafts at the Cultural Jamboree, sponsored by BMSA.

**BELOW:** Students bond with friends and enjoy a variety of rides, amusements, and food at the annual Clam Jam, sponsored by BOP.



KRISTINA HO '18/ THE COWL



KRISTINA HO '18/ THE COWL



KIMBERLY LEZAMA '18/ THE COWL





# PROVING PHOTOGRAPHY

## *What is one superhero ability you would like to have?*



**"Time travel."**  
Aleyah Campbell '19



**"We don't need powers, we are already super."**  
Malik Osumah '17 and Sam Vaccaro '16



**"Super speed, ability to make things appear, and stop time."**  
Chace Baptista '16, Lauren Hindley '19, and Fiona Anonuevo '19



**"Teleport...together."**  
Kat Mahder '16, Sophia Johnston '16,  
and Courtney Hunter '16



**"Invisibility, shape shifting, and stop time."**  
Ben Tyler '18, Tom Nee '18, and Jon Van Beaver '16



**"Flying and super strength."**  
Jon Volpe '19 and Austin Kulig '19



PHOTO COURTESY OF WWW.EW.COM

**"Super strength."**

**-Dwayne Johnson**





## Series or Swindle?

by Ryan Charland '18  
A&E Staff

FILM

Film series are nothing new. Going as far back as the serials of the early 20th century, the movie industry has had a knack for churning out franchise after franchise. What is new, however, is the trend of groups of films inhabiting the same universe, piggybacking off one another in one of the best marketing strategies in recent years.

Marvel set a new standard in 2008 with the launch of the “Marvel Cinematic Universe” (MCU). Starting with *Iron Man*, Marvel’s releases became a tangled web of interconnected titles, each linked

to the other in preparation of staggered milestone films like *The Avengers*. Within a few years, the first two MCU “phases” have yielded 12 feature films, grossing \$9.09 billion on a combined budget of \$2.15 billion. Another 10 releases are currently slated for the next three years, ranging from beloved properties (*Spider-Man: Homecoming*) to cult favorites (*Inhumans*).

With the massive returns the MCU has earned, it is no surprise that other companies are jumping on the bandwagon. The DC Extended Universe launched its own attempt in 2013 with *Man of Steel*, followed by this year’s *Batman v Superman: Dawn of Justice*. So far, DC’s films have a darker and more serious tone than Marvel’s, which

has been met with mixed reception. However, the upcoming *Suicide Squad* looks to alleviate some of these issues.

The final member of this trinity of massive franchises is J.J. Abrams’s *Star Wars* sequel trilogy. In addition to Episodes VII, VIII, and IX, numerous side-projects are in the works, including *Rogue One* and a Han Solo origin story. Dubbed “anthology” films, these serve to flesh out the already gigantic *Star Wars* universe.

Film universes present an interesting issue for audiences. Basically, they guilt a viewer into purchasing tickets to a slew of features, rather than one stand-alone movie. They are necessarily built around references, teases, and cliffhangers. As such, the viewer who buys just one ticket

does not receive a complete experience. This is perfect for the industry, as it effectively creates an obligation in the viewer to “study up” for upcoming releases by viewing older ones.

In small doses, this trend is not too large an issue. However, the problem begins when this trend spreads too far. Without spoiling any plot, *Star Wars: The Force Awakens* presents a strong example of how the type of storytelling employed in these series is problematic. Whereas the twists of the original *Star Wars* trilogy were complete surprises, the new film forecasts its developments and is laced with contrivances and cliffhangers that may have been fun, but instead can be frustrating. This points to a larger issue: the industry’s fear of taking risks.

Essentially, film universes are an insurance plan for their studios. By intertwining releases, poorly received titles like *Batman v Superman* still draw audiences with the promise of something greater further down the line. Filmmakers are thus given an excuse to produce a mediocre product as long as it functions as a cog in the greater machine.

Despite these worries, what Marvel is doing with the MCU is certainly impressive. Using big names like Iron Man to promote smaller properties like Doctor Strange is brilliant. Hopefully, DC and other emulators will learn from Marvel’s success and experiment with more original content.



Marvel’s impressive network of characters.

PHOTO COURTESY OF SCREENRANT.COM

## The Ever-Changing World of Fashion

by Paige Calabrese '18  
A&E Editor

FASHION

The fashion industry is ushering in sweeping, monumental changes with the upcoming season. Runway styles have shifted away from grandiose, display-only pieces and towards items that are wearable and readily available to consumers. In addition to becoming more consumer-oriented, there are significant changes in the way brands and companies are organizing their administration as well.

Luxury fashion brands are now adopting more casual, street-style inspired runway looks to complement the busy lives and the budgets of their customer base. Rather than designing lavishly over-the-top pieces for the purposes of trendsetting and pleasing a small base of wealthy buyers, brands such as Burberry, Saint Laurent, and Moschino are now targeting a wider range of customers and aiming to make their runway displays more consumer-friendly instead of focusing on the press and celebrities.

Another major area of change in the industry that will require much time to perfect is the desire to shorten the amount of time between when collections are presented on the runway and when they are available for purchase. According to a recent Vogue article, this is known as the “see-now-buy-now” model: items and styles are presented on the runway, and they are then available to customers as soon as possible, ideally the same day.

Separating fashion shows and trends by season may soon become obsolete, as well-known high fashion brands, such

as Burberry have decided to only have two non-seasonal shows each year. This move is part of the idea of catering to the consumer, as the people who purchase clothes from designers want pieces and styles they can wear throughout the year in an effort to get the most out of their purchase.

In addition to design overhaul, companies are changing their administrative structure, as it has seemingly become a trend for CEOs and creative directors to step down from their positions after short periods of time. The most recent example of such a resignation is Yves Saint Laurent’s former creative director Hedi Slimane, who resigned after just three years with the brand. Slimane appears to be the latest in a string of directorial resignations within the past several years, with previous resignations including Alexander Wang leaving Balenciaga and Raf Simons leaving Christian Dior both after three years, and Stefano Pilati leaving Zegna.

Having executive positions become more temporary can potentially be detrimental to a brand and to the industry as a whole, as the short-term directors aim to facilitate momentous change and can potentially alter the brand’s identity, all within an extremely short period of time. Consumers usually need time to adjust to brands’ changing identities and values, and in some cases the consumer base of the evolved brand can change entirely. By enacting bottom-up changes throughout the course of less than five years, directors and designers cannot truly establish an identity for the brand, especially when their successors follow in their footsteps of shaping the brand to their own short-lived vision.



Former Balenciaga director, Alexander Wang.

PHOTO COURTESY OF FRUKMAGAZINE.COM



# Cumberbatch Tapped for New Grinch Movie

by **Ryan Cox '18**  
A&E Staff  
FILM

A new animated production of Dr. Seuss' *How the Grinch Stole Christmas* was announced last week, produced by a division of Universal Pictures. It was also announced on April 13 that British actor Benedict Cumberbatch will be voicing the Grinch himself. The feature-length film is being developed by Illumination Entertainment and will be produced by Peter Candeland and Yarrow Cheney.

Heading the production is Chris Meledandri, who hopes to return to the 1966 animated special starring Boris Karloff and Thurl Ravenscroft rather than the 2000 feature film starring Jim Carrey as the Grinch.

Meledandri said in an interview with *Tech Time* that the 2000 film focused on the commercialized nature of Christmas. "What we've set out to do with this telling of the Grinch is make it both modern and traditional at the same time. It's the simple question of whether or not innocence can transform cynicism."

Hiring Cumberbatch as the newest Grinch seemed too easy for Meledandri. "I love the sort of wicked comedic aspect...there's an undeniable appeal in the character in spite of that kind of wicked persona," he said. Louise Chan, writer for *Tech Times*, mentions that "Cumberbatch is indeed perfect for the role because

he has already proven how well he can mix cynicism, snarkiness, and brilliance." He does seem like the perfect fit: Cumberbatch's baritone voice and British accent mirrors Karloff's narration of the 1966 special. The Grinch must not be sinister but comically dark instead, and given Cumberbatch's work on *Sherlock* and in *The Imitation Game*, he is already a master of this art.

Meledandri intends his film to take the viewer back to the television special that is still a Christmastime tradition for many families. In order to achieve the same effect, Illumination Entertainment must keep that special at the core of their work, perhaps expanding on the Grinch's backstory or his plans for wreaking havoc on Whoville.

It would be a great comedic montage to watch the Grinch and Max brainstorm other plans that grow increasingly excessive before they settle for their Santa Claus act. The song "You're a Mean One, Mr. Grinch" is nearly a requirement; if not a remastered version of the original Ravenscroft recording, then something of equal caliber. Meledandri's plans are lofty, but they can be accomplished with the right planning and thought put into the project. *How the Grinch Stole Christmas*, starring Cumberbatch, is currently set for a November 2017 release.



PHOTO COURTESY OF SYMSON.DEVIANTART.COM / IN.IGN. COM

# Cooking Shows to Eat Up

by **Luiza Alves '19**  
A&E Staff  
TELEVISION

More often than not, during this day and age college students are up-to-date with all TV shows within any network. With thousands of networks and a variety of television shows to choose from, it is surprising that a younger crowd chooses to watch cooking shows and actually keeps up with them. The Food Network has attracted its present viewers with an array of different chefs, a range of foods, and the overall quality of its TV programs. With a click of a button, more and more people are looking to water their taste buds for about an hour. These are a few of the many television shows making that happen.

Ina Garten, hostess of *Barefoot Contessa*, provides an abundance of entertainment by preparing basic and classic recipes. Garten makes her show accessible to viewers through easy and savory meals that anyone can make at home. Her TV show is based in East Hampton, New York, though she alternates between living in New York and Southport, Connecticut, where her husband Jeffrey is the Dean of Yale's School of Management. As if a successful show was not enough, Garten has eight best-selling cookbooks on shelves all over the country, her most popular dishes being garlic roasted potatoes, lemon chicken breasts, and baked



Food Network stars Giada De Laurentiis and Ina Garten cooking together.

PHOTO COURTESY OF BLOG.FOODNETWORK.COM

shrimp scampi.

Giada De Laurentiis, an Italian-born celebrity chef and hostess of *Giada at Home*, focuses on authentic Italian food. Her lively and upbeat personality, along with her welcoming smile, has made her an Emmy Award recipient. Her daytime show *Everyday Italian* allowed her to win Outstanding Lifestyle Host. Some of her best-known dishes that have led to her most popular episodes have been chicken piccata,

pasta primavera, and chicken cacciatore.

Most known for his snow-white spiky hair and for being a "culinary rock star," Guy Fieri hosts *Diners, Drive-Ins and Dives*, *Guy's Grocery Games*, and has made guest appearances on *Food Network Star*. As he visits various restaurants spread throughout the nation on *Diners, Drive-Ins and Dives*, Fieri explores fun and unique foods. He was inspired to create two books

based off of his memories and the foods he has stumbled upon; they have given him the #1 one spot on *The New York Times* Best Sellers List for more than 12 weeks. He is famous for his double fried French fries, crispy garlic potato planks, and Morgan's veggie patties.

Bobby Flay, a household name within the culinary world, is the host of *Brunch @ Bobby's*. Flay is the owner of various restaurants within the United States and the Bahamas: Bobby Flay Steak and Bobby's Burger Palace, or BBP, to name a few. Flay directs the focus of his shows toward classic, foolproof American dishes. His most popular recipes are those for fish tacos, Philly cheesesteak, and perfectly grilled steak. His past shows have been *Grillin' & Chillin'*, *Boy Meets Grill*, and *Hot Off the Grill*, confirming his passion for outdoor BBQ, though he is now expanding his recipes further on *Brunch @ Bobby's*.

From sharing recipes on her blog, *The Pioneer Woman*, to later having her own cooking show named after her blog, Ree Drummond has successfully made the transition into the culinary world. Drummond is a ranch wife, focusing on southern and classic foods. She also has a #1 best-selling cook book named *The Pioneer Woman Cooks: Recipes from an Accidental Country Girl*. Her most popular recipes are pan fried pork chops, perfect pot roast, and simple, perfect chili.



# Teen Couples Now and Then

by Kelly Laske '16  
A&E Staff

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CELEBRITY

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If you did not run into the family room when you heard the Disney Channel Original Movie song or bdid not beg your parents to bring you to Orlando to get “slimed” on *Slime Time Live*, then can you actually consider yourself a millenial? From *All That* to *Lizzie McGuire* to *iCarly* to *Hannah Montana*—these were the shows we lived for. We would rush home after school or do all of our homework on Sunday nights just so we would be able to watch them. Though we loved the characters these actors played, it was their real and personal lives that we would obsess over, especially if they were dating behind the scenes. Where are these couples (with the stupid combined nicknames) now?

How could any of us forget that infamous love triangle between Hilary Duff, Aaron Carter, and Lindsay Lohan? Back in 2001, Duff and Carter met on the set of a *Lizzie McGuire* Christmas episode and dated for three years—until Carter met Lohan and decided to date them both at the same time. Rumors were swirling and we still do not know what really happened between them to this day. Lohan publicly dissed Duff on shows like *SNL* and *Access Hollywood*, even when the stars were no longer interested in each other. Duff, now 28, is acting in small projects while raising her son, Luca. Just last week, rumors spread that Lohan, 29, got engaged to Russian heir Egor Tarabasov; her representatives denied this. Carter, on the other hand, has had some serious financial issues and is now playing small shows around the country.

Back in 2006, according to Miley Cyrus, she and Nick Jonas started dating

the second they met each other. They kept their relationship extremely private for two years, rarely letting the paparazzi catch them together. When Cyrus and Jonas broke up in 2008, he began seeing Selena Gomez. From that point on, there have been rumors regarding a feud between the two Disney actresses. Since then, because of passive aggressive tweets and questionable actions on stage (such as Cyrus repeatedly flirting with Gomez’s ex, Justin Bieber, during performances), it is quite obvious that the two do not get along. Is it all because of heartbreak over Jonas? Today, they have each gone their separate ways pursuing their music careers.

Zac Efron and Vanessa Hudgens’ relationship flourished right in front of everyone’s eyes. Back in 2006, no one expected there would be that kind of success surrounding the Disney Channel Original Movie, *High School Musical*, which pulled in 7.7 million viewers its first night. The second movie brought in 17.2 million, which broke yet another Disney viewership record.

Fans went crazy when they realized Efron and Hudgens had the same feelings toward each other as their characters Troy and Gabriella did. Efron and Hudgens were the epitome of “relationship goals,” but Hudgens recently revealed that their relationship was far from butterflies and rainbows and that she had trouble dealing with all of the women who were after her boyfriend. The two split in 2010, and continued to go their separate ways by filming various movies.

As tweens, keeping track of these off-screen relationships and love triangles was *everything*. Now, almost a decade later, each celebrity leads a completely different, Disney-less life.



Zac Efron and Vanessa Hudgens at the 2009 Kids’ Choice Awards. PHOTO COURTESY OF JUSTJARED.COM

# Big Gigantic Heads Electronic Factory



Jeremy and Dom of Big Gigantic. PHOTO COURTESY OF NOISY.VICE.COM

by Tim Morris '14  
Alum Guest Writer

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MUSIC

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Eager for an escape from the inclement weather, a few thousand supporters of Philadelphia’s vibrant music scene descended upon the Electric Factory Saturday, April 9, for a night of hard-hitting bass. The event was headlined by none other than Big Gigantic, the “livetronic” brainchild of Dominic Lalli (saxophonist/producer) and Jeremy Salken (drummer).

In a genre frequently criticized for being too artificial, the duo has been defiant, leaving a wake of aural satisfaction wherever they take their instruments. Fortunately for the industry, the journey that brought Lalli and Salken to Philadelphia (and that has taken them to many other places, including Bonnaroo, Lollapalooza, and Coachella) began in Boulder, Colorado in 2008. In an interview with *Vice Media*, Lalli reflects on the early days of his career.

“We started experimenting with these house tempo beats and I started twiddling with computers. I was sitting in with different people...There were some bands that were already doing some electronic stuff and I got really intrigued with the writing process. After graduating [from the Manhattan School of Music], I went to Colorado where there were people who were just like, ‘Start a project, we’ll follow you.’ Jeremy got involved—it really happened quick...”

Since then, Big Gigantic has collaborated with a number of other artists and released five studio albums—not counting their portfolio of singles, remixes, and feature tracks. Concertgoers at the Electric Factory had the distinct

pleasure of listening to a freshly-squeezed remix of “Wave,” a track put out in 2016 by electronic music group Major Lazer.

Needless to say, they went wild for it. Those daring enough to push toward the barricade bobbed their heads, arms outstretched, and bounced in sync with the meandering bassline. Saxophone at his side, Lalli worked the table and the crowd as Salken looked on, attacking the drums. A vocal contribution by Kali Uchis, “Just let it go / If you wanna go, we could make everything better, oh” was the final, delicious ingredient.

Big Gigantic may have dominated on stage, but those in attendance helped themselves to a sampling of other talents, among them Wax Future, Horizon Wireless, and Melvv. Many came to see the Chicago-based prodigies known as Louis the Child. Part Freddy Kennett, part Robby Hauldren, the electronic music duo has earned its reputation turning great songs into better, more outrageous versions of themselves (and it produces original content, too).

Louis the Child’s remix of Ty Dolla \$ign’s “Blasé” has been listened to 4.5 million times since it was uploaded to Soundcloud over three months ago. Their remix of “It’s Strange” by K.Flax has now been listened to 7.5 million times.

These two clearly succeed in the production studio, and their performance at the Electric Factory is a strong indicator of sold-out events to come. Over the course of a short set, the young producers managed to remix tracks as upbeat as Outkast’s “Ms. Jackson” and as mellow as “Body Gold” by Oh Wonder, all without losing the crowd. If anything, the mere range of Louis the Child speaks for itself.



# Kimmy Schmidt is Back for More

by Elizabeth Jancsy '18  
A&E Staff  
TELEVISION

Exactly one year ago, a new series hit Netflix: *Unbreakable Kimmy Schmidt*. Created by one of the most hilarious women in television, Tina Fey, the series follows a woman who is trying to find her way in New York City after being trapped in an underground bunker. She and three other women had been part of a doomsday cult in Indiana.

Ellie Kemper, who is no stranger to the comedy circuit as she starred in the hit television comedy *The Office* and the movie *Bridesmaids*, performs the title role. One can easily see how natural she is in the role after watching just one episode of the hit show. Kimmy is a unique female lead; she is smart and witty, but also vulnerable, and goofy too—a personality that makes it hard to stop watching this show. Clearly audiences would agree, as *Unbreakable Kimmy Schmidt* has been nominated for People’s Choice Awards, Screen Actors Guild Awards, and Emmy Awards. It is no wonder that Kimmy is back for a second season.

Last season we left Kimmy as she won the court case against Reverend Richard Wayne Gary Wayne, the man responsible for trapping the four women in an underground bunker for 15 years. After living in New York City for a few months, Kimmy has finally started to find her bearings in the concrete jungle as she finds a job, a place to live, and even love to get caught up in. But, of course, all of



Ellie Kemper as Kimmy Schmidt.

PHOTO COURTESY OF VOGUE.COM

this does not come easily for Kimmy. Within the first week of living in the city, Kimmy lands a job working for Manhattan socialite Jacqueline Voorhees (played by Jane Krakowski) and her two stepchildren, Buckley and Xanthippe Voorhees. From making sure Xan does not burn down the apartment due to teen angst to throwing Buckley a birthday party all the other mothers will be jealous of, Kimmy’s day-to-day tasks are never normal.

Season two promises even more

work with Mrs. Voorhees as she becomes Ms. White and seeks Kimmy’s help in dealing with her divorce from Mr. Voorhees. But even when her days are long at the office—a penthouse suite in the heart of Manhattan—Kimmy gets to go home to her two closest friends and roommates, Lillian Kaushtupper (Carol Kane) and Titus Andromedon (Tituss Burgess). They are hands down two of the funniest characters on the show—every line they speak is a guaranteed laugh. Titus is a favorite character, known for being a sassy, budding Broadway diva who works to showcase his talents and is hopeful that some big time producer will come knocking on his door.

Both Lillian and Titus are back in season two, hopefully with even funnier lines this time around. Of course, a series would be nothing without some romance in it. Kimmy believes she has met the one, Dong Nguyen (played by Ki Hong Lee), but unfortunately her dreams fall flat when she finds out Dong is set to be married to a random woman in order to keep his green card and stay in America. In the second season, Kimmy must face the fact that no matter how much she loves Dong, they cannot be together.

It can be hard to live up to the expectations set by a great first season, especially when it comes to a show like *Unbreakable Kimmy Schmidt*. The bar has been set pretty high, but season two will surely deliver the laughs, the tears, and the same awesome theme song.

# Coachella Festivites Begin Again

by Kealy Robertson '16  
A&E Staff  
MUSIC

The sun is out again, and the weather is finally warming up, which means that it is time for one of the most anticipated events of the year—Coachella. The annual festival kicked off last Friday in Indio, California. The event brings people from near and far to come listen to a range of music, including rock, indie, electronic, and hip-hop. There are also five main stages. Those are the Coachella Stage, the Outdoor Theatre, the Gobi Tent, the Mojave Tent, and the Sahara Tent.

The music and arts festival is a place where free spirits can show off their style and listen to some great music. Some of the artists include A\$AP Rocky, Guns N’ Roses, Flume, and Sia. The best part of the festival is the fact that music is playing at all hours. People who attend the festival have the option to camp out, allowing them to be on the grounds 24/7. Coachella is not merely a concert; it is a one-of-a-kind experience that allows individuals to become a part of something that they will remember for the rest of their lives.

The artistic value of Coachella cannot be forgotten. Not only does the event bring in musicians from around the world, but it also gives



Crowd from Coachella 2015.

PHOTO COURTESY OF STEREOGUM.COM

artists a chance to share their medium with a diverse crowd. This year, some of the artists featured were Katrina Neiburga and Andris Egiltis, The Date Farmers, Jimenez Lai, Robert Bose, Raices Cultura, and Lucent Dossier. Ultimately, the event focuses on bringing artists from every part of the world to add to the experience of Coachella in a unique and diverse way.

Not only are you bound to experience some good music, but Coachella is a breeding ground for celebrity sightings as well. Vanessa Hudgens is a frequent Coachella-goer. Katy Perry, Rihanna, and Leonardo DiCaprio have also been seen there, as they tried to remain under the radar by wearing hats and sunglasses. Not only do celebrities attend the event, but a lot of fashion bloggers also use Coachella as a way to promote their festival style through Instagrams and SnapChats. People such as Whitney Port, who was first introduced to the

world in the MTV show *The Hills* attended, and blogger Danielle, who started *WeWoreWhat*, keeps you up-to-date with the style and music going on every day during Coachella.

Coachella’s unique undertone is what makes it such a hot commodity—if you are even considering attending the event next spring, you should plan ahead, as the tickets sell out fast and the prices often rise.





# PORTFOLIO

The Owl 17  
April 21, 2016

## BROKEN WILL

by Dawyn Henriquez '19  
Portfolio Staff

FICTION

The small black sparrow darted across the azure sky with ease, gliding from tree to tree under the emeralds of the canopy. Each feather an obsidian blade he wielded to cut the air and get him where he needed to go. His maneuvering? Unparalleled. His skill? Immeasurable. He was the hawk of all sparrows. Diving and weaving past powerful gusts. Dodging or simply cutting through with his bladed limbs, in turn disturbing the very Wind's path.

The deep inverted sea was his playing ground. Nothing could prevent him from flying, he knew it. What he didn't know was that the Wind conspired against him; tired of being cut off by the arrogant young sparrow, the Wind, in all her glory, shot a grasping paw upward into the flyer. It was an uppercut that parachuted the young sparrow too high up. As he fell he

thought to himself how he could have avoided such a hit and how he could yet survive such a disastrous fall. He prepared himself, puckered beak first, facing the tragedy head-on. The ground approached quickly and just as his lips were about to touch down on the green spikes of earth he opened his wings, catching air and sailing himself from doom. He thought of how great his flying was for his being able to avoid sure death, only to have one of his wings hit a tree branch a moment later; he was going too fast.

Limb crumpled, blades ineffective, he fell into the unknown darkness of the canopy roots where he lay in a heap of pain never to be seen again by the Wind and last to be seen by an altruistic boy's grubby hands, the scratchy inside of a beige shoe box, and a plethoric amount of overfilling hotdog bread.





# Pocket Poems

*vignettes and bits of verse untied to a longer piece, just pulled out of our back pocket....*

## A New Pledge

Patriots of the patriarchy armed with  
An arsenal of littered liberty. No peace for the poor  
Or vulnerable, Huddled masses starve for justice,  
While authority keeps this country safe for  
The Privileged.

*by Matt Farrell '17  
Portfolio Staff*

## Cloudy Spring

Laid me down among the daffodils  
They grew near two feet high  
So far below their waving sunshine heads  
was I

*by Abby Johnston '17  
Portfolio Staff*

## Insecurities

Not knowing where to stand,  
she took his hand  
and was led into the abyss.

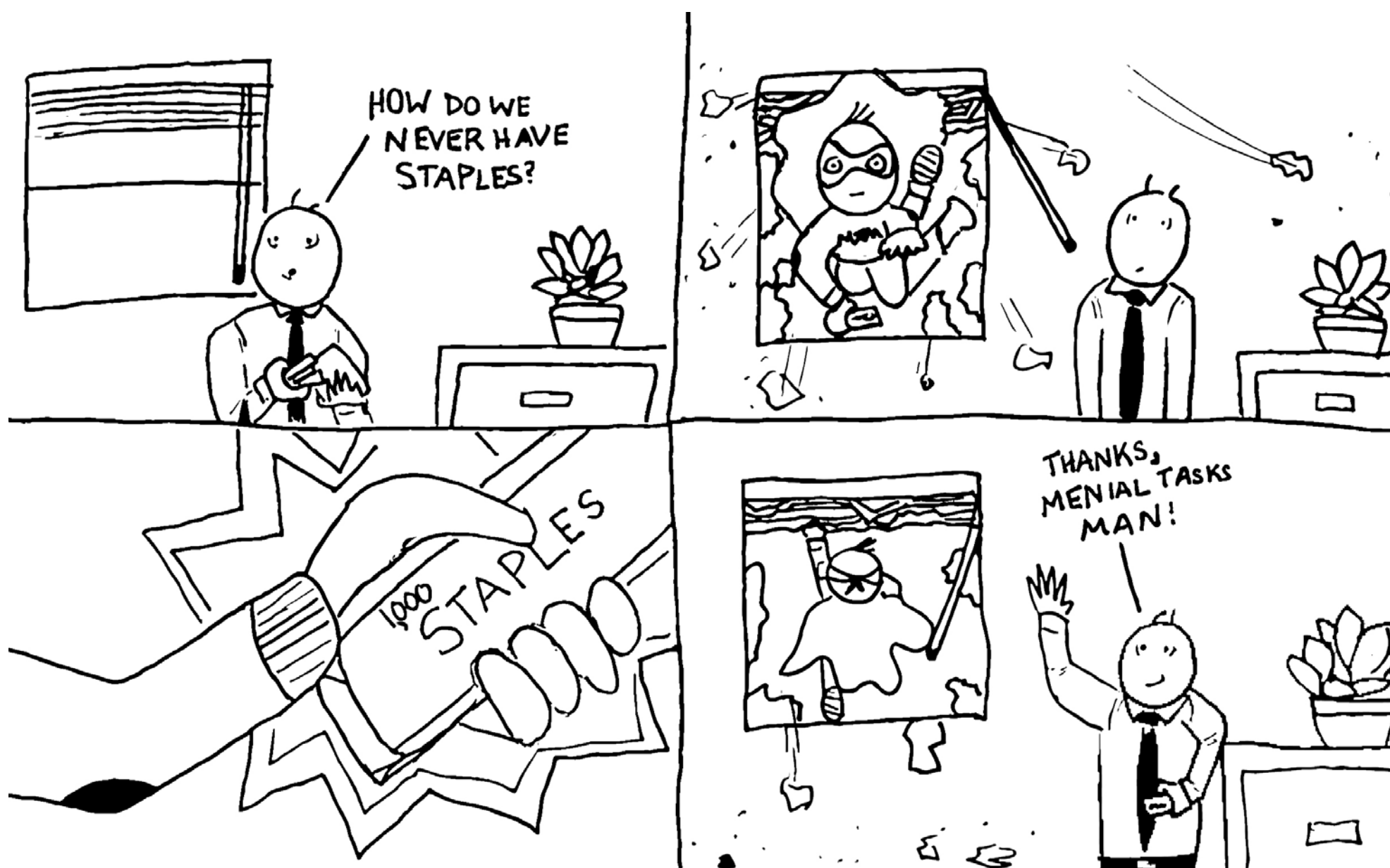
*by Marisa Gonzalez '18  
Portfolio Staff*

## Thankful

Wit and a ball  
Just as a man who knows only solitude,  
cannot appreciate society  
the deaf who know not of noise  
can also not know peace.  
Without our affairs,  
I could not have ever known,  
the comfort of love weathered by the ages.

*by Kate Mechem '17  
Portfolio Staff*

PHOTO COURTESY OF BILLY ALEXANDER



COMIC BY JOEY AIELLO '17/THE COWL



# Listomania

## Clothes You'll Need This April

Tank Tops

Yourself

Shorts

Cowboy Boots

Snowpants

Flip Flops

Togas

Bell Bottoms

Banana Suits

Jorts

*Cowl* Ponchos

*TRON* Suits

Crocs

# Tiffany & Earl

*Making PC an emotionally stable  
place one letter at a time*

Dear Tiff and Earl,

What did you think of the Master's Tournament recently? I don't really think Danny Willett deserved it, but when it comes to golf, what can you do? Anyways, interested to hear your thoughts.

Sincerely,  
Putter-Nutter

Dear Bogey Man,

Golf sucks. Watch Quidditch.

Xoxo,  
Tiffger Woods



Tiffany

Dear Nine-Over-Par,

Did Danny Willett choke? No, he didn't. Winners don't choke, and chokers don't win. It was probably part of his strategy all along: play a solid game and trust that the final score would be enough for him. Do you know who can't play a solid 18 holes? Losers. Failures. Trump supporters. British prime ministers who have shady finances. People who get sick at golf party. And I'm not even talking about golf anymore, this is a life lesson. If you can't play a solid 18 holes of life, you should just stop playing. Think you're up to the challenge? See you on the links.

—Eagle Earl



EARL

### Disclaimer

The Tiffany & Earl feature is a satirized account of Providence College. Both the question and answers are purely works of fiction. Tiffany & Earl are anti-heroes whose comments ultimately satirize the stereotypes they each represent.

# Aisle 10

by David Martineau '18  
Portfolio Staff

MICROFICTION

The existential crisis had come upon her unexpectedly, in the middle of the local supermarket's snack aisle. There, arrayed before her in rows of various brightly-colored bags, was an assortment of potato chips larger than she had ever seen before. She was planning a party to celebrate some event she had forgotten in the quick onset of the crisis. Of course, parties need potato chips, so she had made her way down to the store to buy some. But now, standing amidst a plethora of crispy, multi-flavored options, her mind had come to a screeching halt, pondering which type she should buy.

There was so much to consider. Brand names, bag size, flavor. Should she buy one bag, or two...maybe even three? Should she buy dip to go along with the chips? If so, what kind? The glass jars of dip stood in the midst of the chips, conveniently placed to make her agonizing ordeal even more painful. French Onion, Ranch, Queso—there were simply too many options. She felt a numbness settle over her mind as she waffled back and forth—plain, barbecue, salt and vinegar. Which would her guests be most attracted to?

Maybe she was approaching this the wrong way...maybe it was a philosophical question. What would the flavor she chose say about her? It was all too much. Plain was too simple, barbecue too bold, salt and vinegar too risky. How was she supposed to decide?

In the end, she walked a few steps over. *Cookies*, she decided, *are much better...*

Then she saw them all.





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FOR Physician Assistant Studies

**Date/Time:** Wednesday, April 27, 2016  
Registration 4:45 p.m.  
(Presentation begins promptly at 5 p.m.)

**Location:** 35 Claverick Street, Providence, R.I.

**GPS address:** 157 Clifford Street, Providence

**RSVP:** 401-598-4558, space is limited

[jwu.edu/pa](http://jwu.edu/pa)



The ARC-PA has granted Accreditation-Provisional status to the Physician Assistant Studies Program sponsored by Johnson & Wales University.

Accreditation-Provisional is an accreditation status granted when the plans and resource allocation, if fully implemented as planned, of a proposed program that has not yet enrolled students appear to demonstrate the program's ability to meet the ARC-PA Standards or when a program holding Accreditation-Provisional status appears to demonstrate continued progress in complying with the Standards as it prepares for the graduation of the first class (cohort) of students. Accreditation-Provisional does not ensure any subsequent accreditation status. It is limited to no more than five years from matriculation of the first class.

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\*Students must obtain approval by the Office of the Dean before registering for summer classes.


**BREAKING NEWS:**  
There is a brand new club here at PC! It's called the Cyber Leadership Initiative! Here at CLI we hold events and bi-weekly meetings to discuss the Social, Ethical, Political, and Legal implications of technology. Best of all it is open to All Majors! Exec. Board openings available!

**Want to Learn More? Contact Us!**  
**Matthew Cavaco**  
[mcavaco@friars.providence.edu](mailto:mcavaco@friars.providence.edu)  
**Nick Thomas**  
[nthomas1@friars.providence.edu](mailto:nthomas1@friars.providence.edu)  
**Bruno Guiop**  
[bguiop@friars.providence.edu](mailto:bguiop@friars.providence.edu)

**Cyber Leadership Initiative**

**Topics to Explore**  
Artificial Intelligence  
Copyrights  
Cyberbullying  
Cyber Ethics  
Cyber Law  
Cybersecurity  
Data Aggregation  
Hacking / Hacktivism  
Intellectual Property  
Internet Governance  
Internet of Things (IoT)  
Net Neutrality  
Open Internet  
Piracy  
Privacy  
Whistleblowing  
Zero-Days  
& Many More!

**MONEY SMART WEEK**  
APRIL 23-30, 2016 | RHODE ISLAND



**library+commons**  
@Providence College  
& The Center for Career Education

**Money Smart Events @ PC**

**Personal Budgeting for College Students**  
4/25/16 @ 4:00PM

**Repaying Student Loans**  
4/25/16 @ 6:00PM

**Business Ethics and Job Scams**  
4/26/16 @ 4:00PM

**How to Read the Wall St. Journal Competitively**  
4/26/16 @ 6:00PM

All events in Library 233 (eClassroom)

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**EDITOR@THECOWL.COM**

**Spring Dance Concert**  
April 22 at 7pm  
April 23 at 2pm  
Student Tickets are \$5



Smith Center for the Arts  
Tickets: 401.865.2218  
[providence.edu/theatre](http://providence.edu/theatre)





# SPORTS

## 1995-1996 BULLS

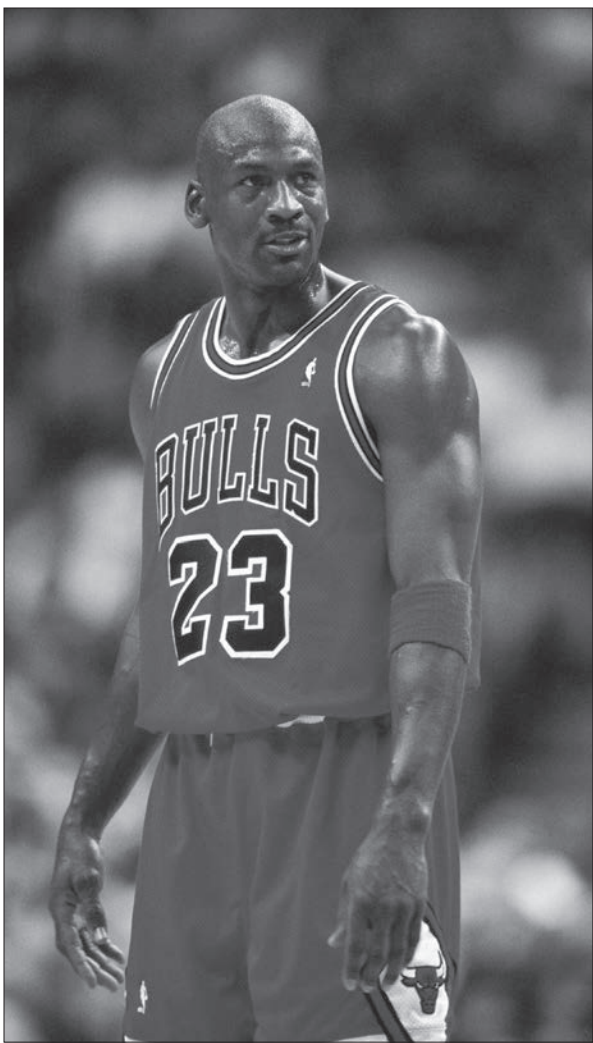


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First of all, let us all congratulate the 2015-2016 Golden State Warriors of the National Basketball Association for a historic run. They do, in fact, hold the new record for most wins in an NBA regular season by finishing with a record of 73-9. The eye tests, conducted by everyone who has watched the Warriors play this season at some point, show that this team will likely repeat as NBA Champions. However, we cannot discredit the basketball dominance that the 1995-1996 Chicago Bulls displayed during their reign over their magical run to a championship. Stephen Curry and Klay Thompson are arguably the best shooting duo in basketball history, but they do not compare to the overall basketball dominance of Michael Jordan and Scottie Pippen. Both Jordan and Pippen are Hall of Fame players, who were already on top of the basketball universe after pulling off three straight championships from 1990 to 1993.

The highlight reel of this specific Bulls team is memorable, especially considering pressure of the sports world that was on their shoulders. Jordan was one year returned from his 1st retirement, and sports critics were wondering if he would ever be able to return to his former glory. That Bulls team silenced those critics with great defense, efficient passing, and chemistry. The 1995-1996 Bulls had role models in Steve Kerr, Dennis Rodman, and Toni Kukoc, all of whom were provided pivotal to the team's success. Rodman provided the defensive intensity. Kukoc spread the floor with his midrange jump shot.

Kerr was the three-point marksman who played fearlessly and stepped up in the clutch when Jordan and Pippen were blocked by others. Kerr knows what it takes to continue to win as he now serves as the brains behind the Warriors' historic run in the position of Head Coach. When the chips were down and the team was in desperate need of a play, Jordan and Pippen were locked in and played at a legendary level. The 2015-2016 Warriors are on pace to potentially create their own place within basketball history. However, the Warriors have some more greatness to show before they can take the place of "His Airness" and his company.

-Brannon Walker-Hodges '16

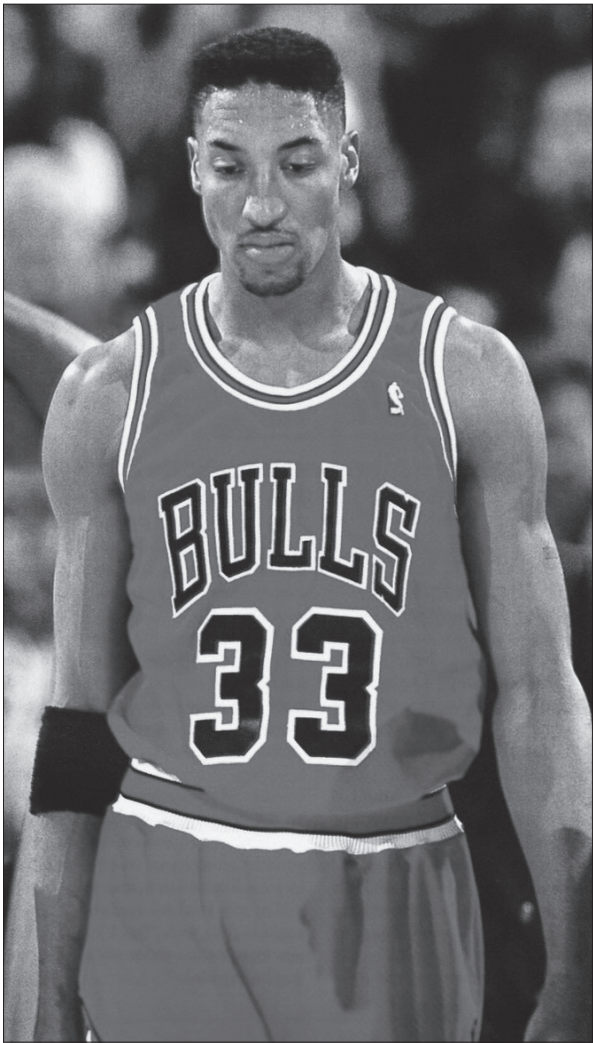


PHOTO COURTESY OF PINTEREST.COM

## WHO IS THE BEST TEAM IN NBA HISTORY?

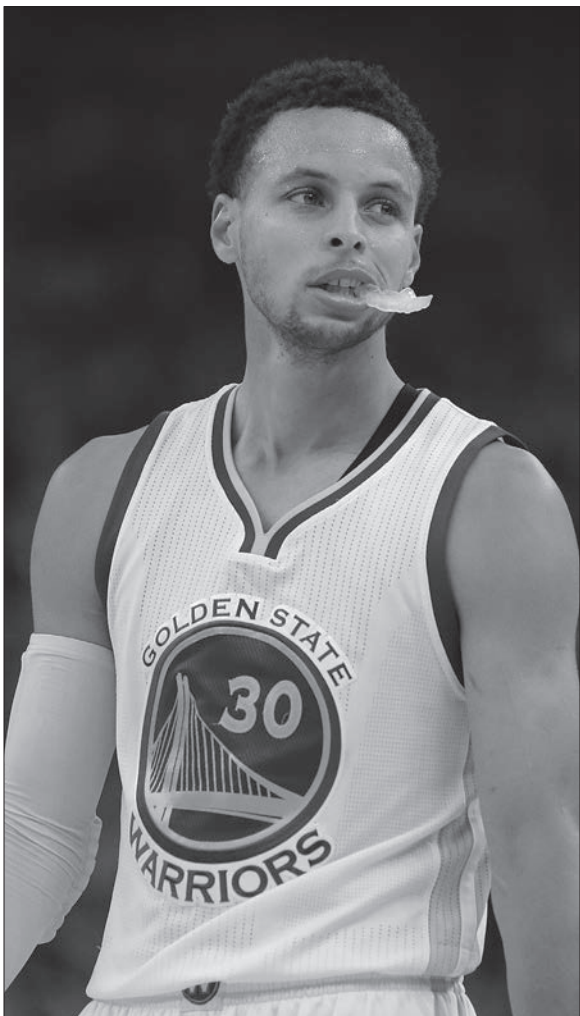


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## 2015-2016 WARRIORS

If you follow *ESPN* on social media, you've probably been inundated with a lot of obscure, meaningless stats in the past—even to the point where the truly historic ones do not have the same impact. I think this is part of the reason why you see comments on every Warriors status that *ESPN* posts from apathetic fans who have heard enough about the Warriors already.

But let's take a step back. This season, the Warriors have won 73 games in the regular season, the most in NBA history. Stephen Curry broke his own record for most three-pointers made in a season...*by more than a hundred.*

Aside from the unheard of numbers that they have been putting up this season, the "eye test" is another way to measure the Warriors' greatness. Sure, when you watch footage of the old Jordan Bull's teams, you see the greatest of all time—an individual who simply could not be stopped from scoring—as well as a phenomenal two-way player in Scottie Pippen and perhaps the best pound-for-pound rebounder ever in Dennis Rodman. But when you watch the Warriors, you see a team that just seems inhumanly in-sync on every possession.

Yes, Curry and Klay Thompson are excellent shooters and scorers, and Draymond Green is a rare defensive talent, but the impression you get when you watch is that they love playing as a team.

But what pushes them to the status of greatest team ever is the way they, as a whole, have adapted to the modern game. True centers are being phased out in favor of 6'8" utility guys who can play multiple positions. The Warriors have that covered with their impressive array of versatile wing players.

As their owner rightly said, the Warriors are light years ahead of the competition this season.

-Nate Svogun '16

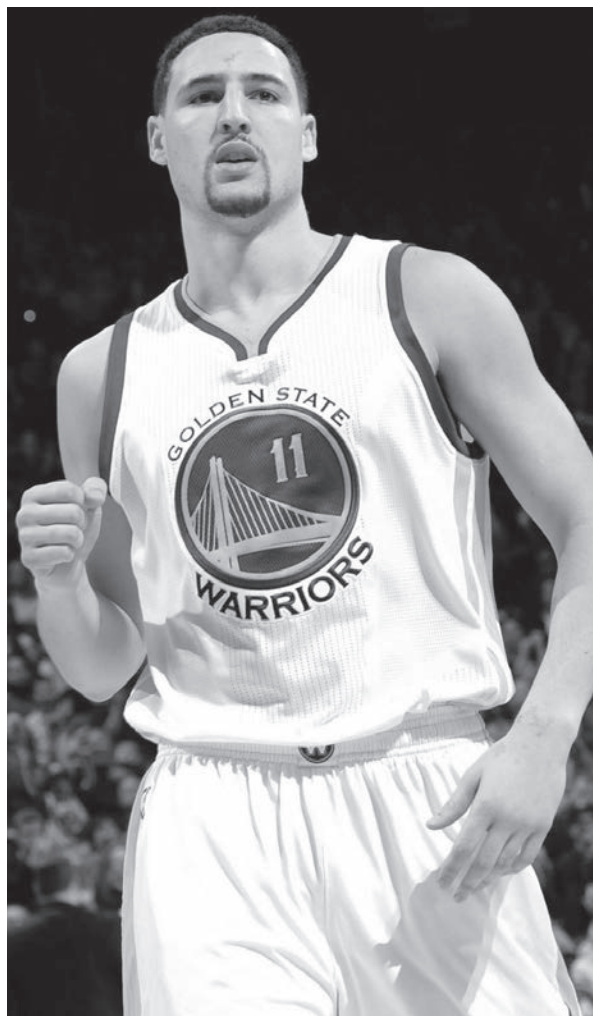


PHOTO COURTESY OF BLEACHERREPORT.COM





Friars Softball gets ready for game.

PHOTO COURTESY OF FACEBOOK.COM

# Softball Beats Bryant, Falls to St. John's

by Aidan Killeen '18  
Sports Staff

SOFTBALL

The Providence College Women's Softball Team earned a much-needed victory against Bryant after previously being swept by DePaul. Megan McCune '19 (4-2) threw a complete game shutout, with only allowing two hits and one walk. McCune got plenty of help from her teammates as they tallied a total of seven runs against Bryant.

Lead-off hitter Kiki Baldassari '16 scored in the first inning off of a Nicole Lundstrom '17 single. The Friars gained a lead in the first and never looked back after that. The game remained tight until the top of the sixth when the Friars really took control of the game. Julianne Rurka '18 got the first RBI in the inning as she crushed a double allowing Kelsi Luttrell (G) to touch home plate. The Friars were just getting rolling in the inning as Lundstrom, Rurka, Brittney Veler

'18, Nadia Kemp '17, and Danielle Deraney '16 all ended up scoring in the chaotic sixth inning. The scoring frenzy not only gave the Friars some insurance runs but also confidence leading into the important three game conference series against St. John's.

The series began with a dominant performance by St. John's in the first game of a doubleheader. The Friars only had one hit from Emma Lee '19, ruining Kramer's no hitter while Taylor Huntly '17 (4-11) receives the loss. The final score of the first game was 4-0 St. John's. While St. John's celebrated, Providence was obviously ready to bounce back in the second game later that day.

The second game of the doubleheader belonged to the Friars as they won the game 3-2. St. John's was first to get on the board as they scored both of their runs in the top of the fourth inning. Providence's pitcher, Christina Ramirez '18 (7-6), was nearly perfect after that inning as she only allowed two hits on her way

to pitching a complete game including an impressive six strikeouts. While Ramirez was dealing from the mound, the Friars' bats were alive when they were needed the most in the last three innings.

The Friars entered the fifth inning down two and desperate for runs against a team that has kept them shut out in both games so far. Lundstrom's single in the fifth inning allowed Lee and Baldassari to cross home plate and tie the game up. Vanessa Portillo '19 broke the tie by hitting a homerun in the bottom of the sixth giving the Friars their first lead over St. John's for the first time all series. The lead would not be lost as Ramirez ended the game in style by striking out the last batter looking. Providence was content to end the day splitting the games as they prepared for the rubber match the next day.

The last game of the series was the definition of a pitching duel as Ramirez battled the whole game against Kramer. Both pitchers threw complete games while they both fanned four hitters,

allowing four hits a piece. The game remained scoreless until the seventh inning when St. John's finally broke the tie. They used small ball to move the inning leadoff batter, Brittany Garcia, get to third base and eventually score by a single from Lauren Zick. Providence ended up losing the game 1-0 but should not be discouraged considering the way they played in the four game stretch. The team truly gave the campus an entertaining series against St. John's.

# Friars Lacrosse Fights to the End in Hopes of a Victory

by Sam Hardwick '17  
Sports Staff

MEN'S LACROSSE

The Friars Men's Lacrosse Team traveled to Milwaukee, Wisconsin on Saturday to take on the Marquette Golden Eagles, currently ranked No. 19 in the NCAA. It was a game of two halves for the boys, who came in looking to steal a win while away from Providence.

The boys could not buy a goal from the Golden Eagles in the first half, with Marquette almost taking a 7-0 lead before Kevin Blair '16 scored with 17 seconds left, quickly followed seconds later by Brendan Kearns '19, to make it 7-2 at the end of the first half. This signaled a turn for the boys who came out for the second half Friared up. The defense was able to lockdown the Golden Eagles for the second half,

only giving up one goal the whole time. Michael Perettine '16 added one for the boys in the third quarter with the lone Marquette goal of the half coming shortly after, putting the score at 8-3.

The fourth quarter was dominated by the Friars, with the team putting up four unanswered goals on the Golden Eagles coming from Keenan Assaraf '17, Will Mazzone '16 and Joseph McHale '19, to get the game within one goal at 8-7. The boys tried to rally and get one more goal, but the Golden Eagles were able to buckle down and prevent a goal from being scored in the final minutes. In the end the Friars fell in defeat, 8-7. The boys could not come away with the win but if the defense continues to play well and the offense can get going earlier, the boys could finish up the year strong and head into the Big East Tournament full steam ahead.



Friars celebrate goal.

PHOTO COURTESY OF LAXALLSTARS.COM



# Track and Field Hosts Invitational

by Max Anderson '18  
Sports Staff

TRACK AND FIELD

It was a big weekend for the Providence College Men and Women's Track and Field Team, as they were able to host the Ocean State Invitational on Friday night. Several colleges made the trip down for the prestigious meet, including renowned universities such as the University of New Hampshire, Boston College, Sacred Heart University, Fairfield University, and of course PC's neighboring Ivy League institution, Brown University.

The meet included an array of events, starting off with the men and women's 800 meter, immediately followed by the men's mile event. The women's team then took the next three events, including their own mile event, a 3000 meter event, and the 3000 meter steeplechase. The men then followed with their own 3000 meter steeplechase, which was then followed by both teams running another 800 meter and mile event (this time with two seeded sections instead of one

previously). The night concluded with both teams running a final 5000 meter event.

For the women's team, Catarina Rocha '17 and Katie Lembo '18 both performed strongly in the women's 5000 meter event. Rocha was able to beat out Lembo in the final 400 meters, clocking in with a final time of 16:07:33 to take first place in the event. Rocha's time not only handed her first place in the event, but also set a new Ocean State Invitational record. Lembo crossed the finish line four seconds later, handing her second place (16:11:53).

Sarah Collins '16 also ran well for the Friars, capturing a time of 16:17:69, which was good for fourth place in the event and gave the Friars three out of the top four finishes in the 5000 meter event. In the 3000 meter steeplechase, the Friars weren't as fortunate, but Brianna Ilarda '18 still earned a personal best as she clocked a 10:04:17 finish and shattered her previous best by 28 seconds. Keelin Hollowood '17 also set a new personal best, finishing with a final time of 10:39:11. Ilarda and Hollowood finished third and sixth

respectively in the event.

The PC men also dominated their respective 5000 meter event. Liam Hillery '17G was able to capture the 5000 meter event, crossing the finish line with a final time of 14:07:44, which also set a new personal best. Trevor Crawley '17 and Hugh Armstrong '17 followed Hillery's lead, finishing in second and third place respectively with final times of 14:09:06 and 14:09:79. It has been a great couple of weeks for Armstrong, who, along with the third place finish, also earned Big East Track Athlete of the Week for the week of April 6 for the first time in his career. Rounding out the top five of the event were fellow Friars Shane Quinn (G) and Christian Costello '18 who finished fourth and fifth respectively with times of 14:25:01 and 14:32:47. Aaron Hanlon '18 finished the event in seventh place, handing the Friars six of the top seven spots in the event. Jordan Mann (G) looked great in the men's 3000 steeplechase, winning the event and setting another personal best of 8:52.36.

Overall, the Friars were able to

capture two events on the men's side, while the women were able to win three events of their own. It was a great night as the PC track and field team represented the Friars with pride.



Friars Host the Ocean State Invitational on Friday, April 15.

PHOTO COURTESY OF FACEBOOK.COM

## Tennis:

Continued from front page

On April 11, the Friars set off to best the URI women's team, attempting to make a statement as the top women's team in the state. The ladies walked away with a tremendous 6-1 victory. They conquered the Rams, taking all the doubles points and four out of five singles points. Nicole Cyterski '18 and Risa Takenaka '19 teamed up for the first time this season and demolished the URI number three doubles combination 6-2. Hannah Zangari '16 and Amanda Pitocco '17 sealed the victory on the doubles front with an impressive 6-1 victory over the URI number two doubles team.

The Friars overcame windy conditions, proving their tenacity in securing four out of five singles victories. Katie Marvin '18 secured the win over the number six URI singles player. Takenaka defeated the number four URI player 6-4 and 6-3. Pitocco '17 conquered the number three singles player with a 6-4 and 6-3. Alana Prinios '16 topped the number

one singles player with a 6-4 and 6-2 sweep. With an impressive 6-4, 3-6, and 6-4 comeback, Brooke Burnside '18 secured a win over the number five singles player. This tremendous victory over University of Rhode Island boosted their record to 7-6.

Coming off of an impressive victory, the Friars took on Bryant University on April 14. Although they suffered

a 6-1 loss, they came away with one doubles and one singles victory. Zangari and Pitocco teamed up to take on the Bulldogs' number two doubles team, and walked away with a 6-4 win. Takenaka proved herself a true athlete and strong defensive player with the lone singles win. After a 6-3 victory in the first set, she used her competitive edge to come back in the second set to

win 6-3 again.

DePaul University recently broke into the Top-50 nationally ranked women's tennis teams and the Friars faced them on April 16. PC fell to the Blue Demons six to one. This was the first set of matches played on the new tennis courts, and the Friars put up an impressive fight. Zangari captured the lone victory for the Friars that afternoon. Not only was it the first match won on the new courts for Providence College, it was also Zangari's first singles win of the season as well. She defeated the number six DePaul University singles opponent. After losing the first set 1-6, she showed her tenacity as she secured the win with a 7-5 victory and followed that with a 10-8 win.

The Friars wrapped up their regular season with a 6-1 loss to Seton Hall, but are looking forward to making noise in the Big East Tournament next week.



Teammates shake hands during a match.

PHOTO COURTESY OF FRIARS.COM