

THE COWL



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Providence College

October 6, 2016

Friartown Goes Pink

by Lauren Altmeyer '17
Sports Staff

BREAST CANCER AWARENESS

Saturday, October 1 was the kickoff of Breast Cancer Awareness Month. The entirety of this month is dedicated to raising money and increasing awareness of the disease, as well as honoring all those who have been affected by it. Throughout the month, many of the athletic teams will be contributing to the cause and raising awareness around campus.

The Providence College Field Hockey Team will be holding a Pink Out game on Sunday, October 23 against Boston College. When asked what makes this game different than a regular game, goaltender Megan Guilbert '18 said, "The Pink Out game is different for us because we are fundraising money for a breast cancer foundation and we have signs hung up around the field of who donated to the cause. We also wear pink in our uniforms and we wear a different shirt to warm up in."

"I don't think the cause is extra pressure for the team, but more of an honor to play for something that is bigger than ourselves," Guilbert noted. "To see the Friar Family come together for this cause is moving and special. It is very important for all those in the Friar Family to know they are not alone fighting their battle, whether they are directly affected by it or someone they know and love is."

Providence College's Softball Team will be participating in the American Cancer Society's 2016 Making Strides Walk on Oct. 16. Pitcher Taylor Huntly '17 explained, "We have done this every year since I've been here, and maybe even before. We collect and donate close to \$1,000 in a week for the walk." Although they have not chosen a date yet, Huntly also noted that the team will be holding a Breast Cancer Awareness game saying, "Every year we host a game where we 'pink out' the field and our uniforms. We work closely with the Gloria Gemma Breast Cancer Resource Foundation for this event."

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Providence College's Student-Run Newspaper Since 1935

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News

Rick Gotham was recently at Providence College. Turn to the News section to find out more about his visit.

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Opinion

Taylor Godrey '19 shares her opinion on how gender has influenced the 2016 election.

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A&E

Read more about Clement Valla, who will display his artwork at Reilly Gallery.

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Score! Celtics President Comes Back to PC

Rich Gotham '86 Teaches Students How to Climb in Their Careers

by Benjamin Bauchiero '18
News Staff

LECTURE

On this past Thursday, September 29, Providence College's Entrepreneurial Society welcomed alum Rich Gotham '86, president of the Boston Celtics, to come talk about his successes in the business world and his journey to become the President of the Celtics. This event had quite a large turnout—an entire Ruane lecture hall was filled before students then had to be brought to the Great Room to watch a live streaming of the event.

Gotham began his talk by discussing his time spent at Providence College. He studied psychology and stated that he was unaware of what he wanted to become after graduating from PC. Gotham could not speak more highly of his time at PC, explaining how the College helps shape students into well-rounded individuals.

During his time at PC, Gotham worked several jobs to afford the expensive tuition. He explained how, despite that fact that he disliked the jobs he held at the time, he always remained motivated and strived to do his best on any assigned tasks.

Gotham explained how later this paid off as his bosses were able to attest to his character, something that contributed to his initial success right after PC when he successfully entered the business marketplace.

He described how immediately after his time at the College, he found a job working for a computer systems company that specialized in the sales to various businesses. Gotham recalled that he was not fond of this job, but that it provided him with enough of an income to provide for himself, as well as pay off his student loans.

One of the major pieces of advice Gotham gave throughout his entire speech was that, despite the fact that you may find yourself working at a job that you are not completely interested in, you must "find something that motivates you" so that you may complete each task to the best of your ability and separate yourself from everyone else.



Rich Gotham '86, president of the Boston Celtics, told PC students to "find something that motivates you" in every job.

KRISTINA '18/THECOWL

He stated that, "Sometimes, you just have to do what you have to do," and that your first job will choose you more than you choose it. For Gotham, selling computer systems was not ideal, but he found himself becoming more interested in the growing field.

Gotham knew that he did not want to spend his whole career selling these technological systems, so he decided to pursue a path with a startup company. This company was investigating the technology of computer communication, something very new and highly idealistic for the time frame.

He explained how he took a risk and a severe payout to pursue this opportunity and remained motivated in his daily work activities. Gotham, after working 80-100 hours per week for an entire year, helped facilitate the sale of the company, making him very well off.

It was from here that Gotham was able to explore

opportunities that some may view as obscure or insane, opportunities such as becoming the President of the Boston Celtics NBA team.

Gotham's talk was not primarily focused on his time as the President of the Celtics, a job that many people dream of obtaining. Instead he talked about the climb in his career.

He discussed the ups and downs that he faced and how he was able to keep his performance supreme despite the lack of appeal for certain tasks. Gotham's parting words with the PC crowd was to continually seek to find things that motivate us and to fall in love with a job, not an industry.

By falling in love with a job, we as individuals will be able to complete every task with eagerness, whereas loving an industry can lead to performing jobs in the industry that one has no passion for.

"Published and Proud: Millennial Authors"

Alumni Authors to Discuss Their Experiences in Upcoming Panel

by Patrick Healey '17
News Staff

ON CAMPUS

For students interested in learning about what goes into writing a book, how to become an author, or the process of becoming published, an event called "Published & Proud: Millennial Authors and their Stories," will showcase four alumni authors who will discuss their experiences with writing and getting published.

This event will take place in Ruane 105, from 6:30 to 9 p.m., on Monday, October 17.

English Professor E.C. Osondu, who is also a published author, will be moderating the panel of alumni in their discussions with each other and the students. The event is a part of the Veritas and Values program, which is being sponsored by the Office of Institutional Advancement.

Brigid Flaherty, part of Alumni Relations, a segment of the Office of Institutional Advancement,



(Clockwise) Alison Espach '07, Michael Hartigan '04, Emily Benfer '99, and Matt Weber '06, will be featured as PC's alumni authors.

PHOTO COURTESY OF PROVIDENCE.EDU

explained that a goal of this event is "to increase the relationship between current students and alumni. We put this event on to invite alumni back to campus in order to foster relationships and allow students and alumni to engage each other in discussion."

The authors who will be speaking are Alison Espach '07, an English Department faculty member, Michael Hartigan '04, Matt Weber '06, and Emily Benfer '99.

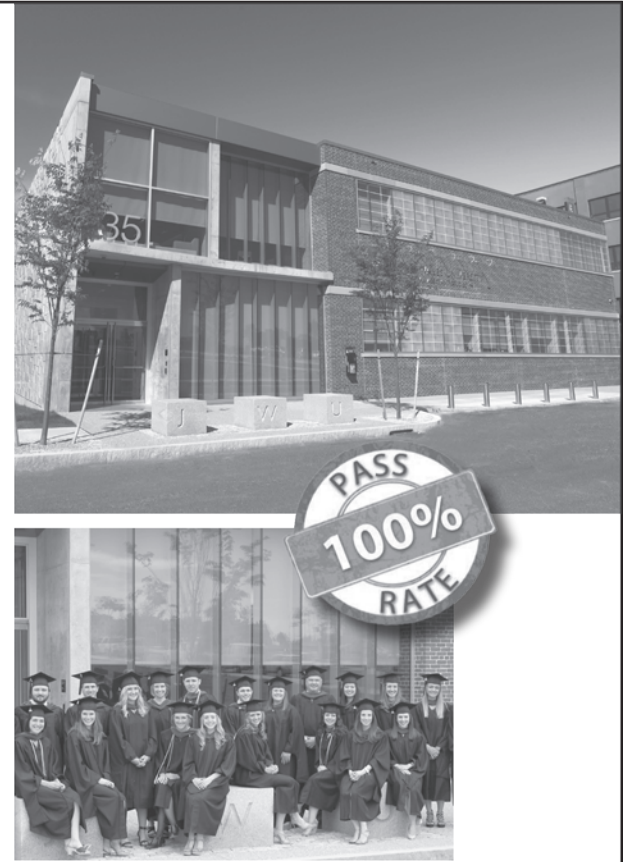
Flaherty noted that the authors will talk about "their position as millennial authors and their experiences getting published."

All students are welcome to attend this event, which will undoubtedly provide students who wish to become writers themselves with information directly from PC graduates about the road that lies ahead, and how to navigate it properly.

There will be a small reception in the Great Room after the event where students can further engage with the alumni authors and take advantage of this unique opportunity.



CENTER FOR Physician Assistant Studies



OPEN HOUSE

WEDNESDAY, OCTOBER 19, 2016

Registration: 4:45 p.m. / Presentation begins promptly at 5 p.m.

RSVP: 401-598-4558. Space is limited.

Location: 35 Claverick Street, Providence, R.I.

GPS address: 157 Clifford Street, Providence

The ARC-PA has granted Accreditation-Provisional status to the Physician Assistant Studies Program sponsored by Johnson & Wales University.

Accreditation-Provisional is an accreditation status granted when the plans and resource allocation, if fully implemented as planned, of a proposed program that has not yet enrolled students appear to demonstrate the program's ability to meet the ARC-PA Standards or when a program holding Accreditation-Provisional status appears to demonstrate continued progress in complying with the Standards as it prepares for the graduation of the first class (cohort) of students. Accreditation-Provisional does not ensure any subsequent accreditation status. It is limited to no more than five years from matriculation of the first class.



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Bursting the PC Bubble

by Daria Purdy '19
News Staff

San Diego Police Release Shooting Video

The San Diego Police Department has released two videos of the fatal shooting of an unarmed black man. The incident took place outside a shopping center on Sept. 27. The footage shows two officers confronting Alfred Olango, a Ugandan refugee, before one of the officers shoots him dead. The police claim the man had been behaving erratically, and shot him when he pulled an object out of his pocket (which turned out to be an e-cigarette). Olango's mother claimed that he had been having a mental breakdown and needed help. Protesters took to the streets in San Diego after the shooting.

Hurricane Matthew Hits the Caribbean

Hurricane Matthew, a storm expected to have winds up to 145 mph, is heading toward Jamaica, Haiti, and Cuba. The rainfall is expected to produce flash floods and mudslides. A direct hit on Haiti could be devastating for the nation, where infrastructure is still recovering from the 2010 earthquake. In Cuba, the United States has evacuated 700 employees and their families from the naval base in Guantanamo Bay.

FARC Peace Deal Rejected By Voters

A deal between Colombian President Juan Manuel Santos and the Revolutionary Armed Forces of Colombia (FARC) leader Timoleon Jimenez was signed after nearly four years of negotiations. The deal was meant to end 52 years of conflict between the government and the FARC rebels. Yet, in a shocking result, the deal was rejected in a referendum, with 50.24 percent of people voting against it. The result means that the peace process in Colombia is now surrounded by uncertainty.

ISIS Sniper Kills Dutch Journalist

A Dutch freelance photojournalist, Jeroen Oerlemans, was shot and killed by an ISIS sniper in the Libyan city of Sirte. Sirte is one of ISIS's last strongholds in Libya, and U.S.-backed militias have been conducting an offensive against it. Oerlemans is at least the tenth journalist to have been killed in Libya since the conflict began in 2011. In 2012, Oerlemans had been kidnapped in Syria by militants for nine days.

Congress Updates

by Meaghan Dodson '17
News Co-Editor

CONGRESS

On Tuesday, October 4, 2016, the 67th Student Congress had guest speakers Bob Driscoll, athletic director of Providence College, and Nate Leaman, head men's hockey coach. Driscoll expressed his desire to be "the most respected program in the nation" with 100 percent graduation rates for student athletes. The College's current rate is 93 percent, one of the highest Division I rankings in the country.

Leaman, meanwhile, asked Congress what can be done to get students to not only come to the games, but to stay at them. Schneider Arena's newest policy is to charge students \$4 a ticket to get them to stay the entire game. Congress members suggested having students be reimbursed for the ticket if they stay for the whole time. In addition, the arena is looking into serving alcohol at the games.

There will be an external review of the Office of Community Standards (OCS) on Tuesday, October 18 from 12-1:30 p.m. Students who have received sanctions from the OCS are encouraged to offer feedback.

The bill for the creation of the Committee on Outreach was passed with 38 members voting yea, and one member voting nay.

Clubs & Organizations introduced the PC chapter of the American Medical Student Association. There are currently 45 official members.

Finally, a piece of legislation was proposed that would reform campaign finance limits. It was suggested that the Elections Chair should monitor the amount of inflation.

Club Spotlight: Pre-Dental Society

by Daria Purdy '19
News Staff

CLUB SPOTLIGHT

For students thinking about pursuing a career in dentistry, there is no better resource on campus than the Pre-Dental Society. The club, lead by Nick DeMeo '17, meets on a biweekly basis and works to inform and prepare students at Providence College who are considering dentistry careers.

The Pre-Dental Society is a fairly new club, as it was started in 2013. During club meetings, students who have applied to dental school, took the Dental Admissions Test, or who are currently in dental school speak to the club members about their experiences.

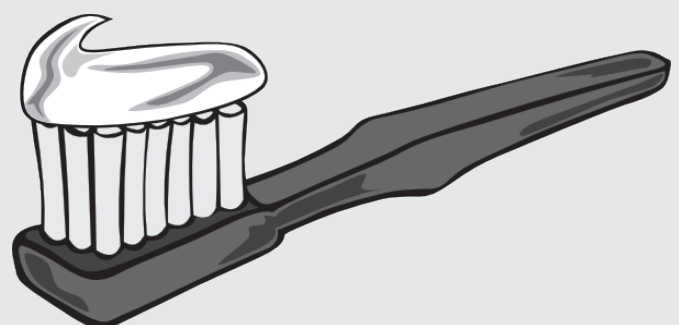
DeMeo reveals that, "Personally, I share strategies for how I studied for the Dental Admissions Test and what I would do differently." DeMeo says that he has also donated his study materials to the club, which any club member can use to aid them in their own studies.

The club also visits the local Paul

Cuffee Elementary School to help teach young students about oral health. DeMeo says, "We show them how long to brush for, and give them purple tablets that when they swish around their mouth, it shows where they miss brushing." The club members also play games with the kids to teach them about oral health, and hand out goody bags containing toothbrushes, floss, toothpaste, and stickers.

The club organizes an annual fundraiser to raise money to donate to the Cleft Palate Foundation. Examples of some past fundraisers include ice cream socials and picture campaigns. The club also travels to nearby dental schools, such as those at Tufts University and Boston University, to attend dental school information sessions.

The club provides resources and opportunities for students interested in dentistry. DeMeo says that, "Hopefully, the Pre-Dental Society cultivates a passion for dentistry and service for the students interested in entering the dental field."



Friar Flashback: Constructing Campus

A History of the College's Physical Transformation

by Marla Gagne '18
News Co-Editor

FLASHBACK

Walking around the Providence College campus, everyone will see progress. Construction is being done on the Arthur F. and Patricia Ryan Center for Business Studies. Huxley Avenue, once a city road, is now a green walkway connecting both sides of campus. But before the College became a 105-acre campus with big athletic facilities, advanced technology, and students attending from all over the country, it was one building—Harkins Hall.

To understand the history of PC, we have to go back to the dream of one man named Fr. Matthew D. Harkins, O.P. Harkins was named the bishop of Providence, Rhode Island in 1887 and wished to, despite previous failed attempts, form a Catholic College in the city.

Harkins would eventually gain support from the Diocese of Providence, the Dominican Friars of St. Joseph, the blessing of Pope Benedict XV, and the General Assembly of Rhode Island.

In order to build a new school, Harkins needed money. Harkins himself donated about 17 acres of land and \$10,000 in scholarship funds, and Father James Meagher, O.P., pledged Dominicans as teachers and \$25,000 for the first building. But Harkins still aimed to raise \$200,000.

The real backbone of the school funding came from the surrounding Catholic community. Modest families in the area, many Catholic immigrants, held rummage sales or bake sales with Irish soda bread and Italian cannolis to raise the money.

The school then needed a name. Fr. Meagher suggested the College be named Matthew Harkins College, as Harkins was behind the College's creation. Fr. Meagher also suggested taking the name Guzman College, the family name of St. Dominic.

The final name of Providence College came from the suggestion of the College's architect. The Providence College website says, "Father Meagher liked the name immediately. He felt it had great appeal because it located the College in its own city and diocese and also was sufficiently religious for a Catholic institution." Harkins agreed.

In 1919, after delays from World War I, Providence College welcomed its first class, a group of 71 males that would



Bishop Harkins Hall was officially opened on September 18, 1919.

PHOTO COURTESY OF PROVIDENCE.EDU

one day transform into over 4,000 co-ed students. The pedagogy of the institution centered on figures that may sound very familiar to students: Aristotle, the ancient Greeks, St. Thomas Aquinas, and Albertus Magnus.

The year 1922 was one of firsts for PC students, as they participated in their first athletic competition, a baseball game against Rhode Island School of Design, and their first theater performance of "A Thief in the House." The '20s brought PC's first graduating class and resulting alumni association.

In the 1930s, Aquinas Hall, the first residence hall for students, was built. PC obtained its first mascot, created the College's own newspaper, *The Cowl*, and expanded its Ph.D and masters programs. Throughout the Great Depression and World War II, the support from the Catholic community in Rhode Island kept the school afloat and expanding.

Fr. Robert Joseph Slavin, O.P., had a strong vision for the College in the post WWII world. Under his presidency, the College constructed Albertus Magnus Hall, Alumni Hall Gym, and Raymond Hall dining hall and dormitory. He supported the War Memorial Grotto, which honored any fallen men who died in American wars. The College also created the WDOM-AM radio program, which still exists today, and established the Liberal Arts Honors program.

The 1960s was both a time of success and tension. Under Fr. Slavin's successor, Fr. Vincent C. Dore, O.P., the College started to build the Guzman, Meagher, and McDermott Hall dorms. National issues, such as civil rights, student rights, and the Vietnam War, made their way onto the campus by 1965.

Fr. William Paul Haas, O.P., managed to maintain peace and work with students on campus as they practiced hunger strikes and protested the Vietnam War and school dress code; the latter was abolished in 1969. Fr. Dore also managed to change the nurse's dormitory from Chapin Hospital to Fennell dormitories and build the Slavin Union Center, Phillips Memorial Library, and refurbish all campus facilities.

The 1970s were an era of change, as women were welcomed onto campus and Aquinas Hall became a co-ed dorm. By 1978, women outnumbered men and the majority of students came from outside of Rhode Island.

The '70s were also a very tragic and saddening time for the PC community as ten girls passed away from the Aquinas fire. The College, city, and state were overwhelmed with grief, but established a united front.

The '80s brought a campus-wide computer system, and men and women lived together for the first time. The college continued to expand into the 2000s, during which St. Dominic Chapel and Campus Ministry were formed along with Suites Hall and Smith Center for the Arts. Many things that students love today, such as the Dunkin' Donuts in Slavin and the Concannon Fitness Center, were also constructed.

Time changed Providence College, transforming it from an educational outlet for local Catholics to an advanced institution ranked number one for best Colleges in the Regional Universities North. As PC continues to expand and make plans for the next 100 years, it will continue to look back to its roots in Harkins Hall.

Go Green!

"Just One Cup"

by Dr. Edward E. Andrews
Department of History & Classics

ENVIRONMENTAL COLUMN

For me, it started with just one coffee cup. I vividly remember last year, during December's final exam period, watching one of my students submit his test and head for the door. He paused for a moment, standing over the recycle and trash bins, savoring the last, sweet ounce of Dunkin' iced coffee.

The student took the final sip, gazed down at the two containers, and dropped the plastic cup into the grey bin before walking out of class. I have long thought that our campus recycling practices need to be improved. But, I kept asking myself, "Why did he choose to not recycle?"

So, I started doing something creepy: I started taking pictures of trash. I saw trash bins overflowing with recyclable iced coffee cups, rooms lacking recycle bins altogether or, in some cases, classrooms that host over 500 students each day, but held blue containers the size of ice buckets.

Through my weird obsession, I came to realize that our negligence in recycling is of epic proportions and we are all to blame. Providence College does not currently provide enough recycling containers, but faculty, students, and staff often do not even use the ones that already exist.

Our campus recently moved to single stream recycling, but most of the signage on our containers does not reflect this change. Thus, the green containers located around Slavin and the "cans only" blue containers in Ruane Atrium are out of date by several years.

Although recycling in academic spaces is improving slightly, we have no grasp on whether we have enough bins in classrooms. I teach in four separate classrooms this semester and only one of them—Ruane LL05—has recycling bins in it.

It is a mess, but there is hope. In starting conversations with others, I have heard from students who had leadership positions in sustainability efforts in high school and are eager to get involved here, faculty members who move recyclable office paper from trash bins to blue ones, and others who address the issue in their own ways on a daily basis.

I also helped to put together an ad-hoc committee consisting of exceptionally motivated faculty, administrators, and students looking to improve sustainability at PC. Recently, Student Congress unanimously passed a resolution in support of such initiatives, and the Faculty Senate will take up the issue soon.

The enormity of the problem can be frustrating, but whenever I'm discouraged, I recall Nicholas Kristoff's compelling message to the students at Convocation: drops in buckets add up. One might not seem like much, but just one drop can make a difference.

I think my student's deliberate decision to not recycle one small coffee cup ignited something in me to try to address this problem on campus. That one drop in the grey bucket changed me, mobilized me.

So, let's put some more drops in those (blue) buckets. In fact, let's overflow them. It's time.



PHOTO COURTESY OF MNENERGYCHALLENGE.WORDPRESS.COM

Don't Wait! The Career Expo Is Great!

Career Education Center Helps Students Network

by Gabriella Pisano '18
News Staff

ON CAMPUS

Students go to college for many different reasons, but what many consider the main reason is job opportunities. College students are all trying to prepare themselves for what comes next. Providence College has a number of resources to aid students in pursuit of their futures.

Each semester, the College has a Career Expo. This year's Fall Career Expo took place on Wednesday, October 5, from 2:30-5:30 p.m. in the Peterson Center.

The PC Center for Career Education, located in Slavin 108, organized events in preparation for the Expo. On Wednesday, September 28, there was a Prep for the Expo event from 5:30-6:30 p.m. in '64 Hall.

On Tuesday, October 4, in '64 Hall, there was Resumania. This event gave students the opportunity to bring in their resumés to get professionally reviewed. The event ran from 10-12 p.m. and 1-7 p.m. and allowed the most amount of students to attend.

The Expo featured many different companies and organizations including PricewaterhouseCoopers, Teach for America, The Peace Corps, Bank of America, and many more.

The Expo allowed students to learn about the summer experiences of other PC students, as well as what employers look for in a potential employee. A LinkedIn photo station was also present at the fair, and students were encouraged to get their photo taken for their LinkedIn profiles.

There was also a section in which graduate schools shared information

about what they offer, and what steps students should take in order to apply and thrive.

In addition to all of this preparation for the workforce, the Career Expo included the Major/Minor Fair that lasted from 2:30-4:30 p.m. At the Major/Minor Fair, students who were uncertain of their majors or students looking to add a major or minor could explore the many various fields of study PC has to offer.

While the Expo may at first appear intimidating, the Center for Career Education advises, "Do not be intimidated because of preconceived notions you may have about an organization. This fair is comprised of organizations that are interested in students of all majors for internships and job positions. Keep an open mind, speak with a variety of employers, you could discover career possibilities that you have yet to consider."



OPINION

The First Female Candidate *Frustration Over Gender In Politics*

by Taylor Godfrey '19
Asst. Opinion Editor

POLITICS

Regardless of who wins the 2016 presidential election, it has already made history. Having a woman as the candidate for a major political party is a huge achievement, giving hope that the world is finally starting to change. However, with these changes comes a new awareness that voters must be able to separate a candidate from her gender.

The problems female politicians face are evident even regarding their appearance. Ask someone to picture a politician and he or she will probably picture a tall man in a suit with a flag pin on the lapel. Male politicians have this option to dress inconspicuously in a sort of uniform.

No one writes articles on Donald Trump's choice of navy suit, while many people cite the color or cut of Hillary Clinton's pantsuits as evidence against her. Before she even gets a chance to open her mouth, she is already being criticized or belittled. What voters should be doing is listening to what she has to say, not commenting on her fashion choices.

Another superficial criticism of Clinton is her voice. People say her voice is loud or shrill. A simple Google search of "Hillary Clinton's voice" will turn up many articles that focus on octaves, not policies. When has a male politician's voice overshadowed his platform? When has a man's



PHOTO COURTESY OF DAILYSIGNAL.COM

voice ever been described as "shrill"? And how can people watch Trump yell over Clinton's words during the debate and still call her the loud one?

There have been a myriad of ways that both Trump and his supporters have tried to discredit or patronize Clinton because of her gender. During the debate, Trump told Clinton he "just wanted her to be comfortable" and questioned her stamina.

Trump's role at such events is not to make female candidates such as Clinton feel "comfortable." She is a competent politician, regardless of her gender, who has been doing this for much longer than he has. To assume that she needs to be taken care of is just insulting, and to

question her "stamina" to do the type of job she has been doing for years is just feeding the outdated idea that masculinity equals strength.

The field of politics is clearly male dominated and it has been that way since the very beginning of our country, when it was declared that "all 'men' are created equal." Women in this field are always scrutinized more closely, but in a world of growing equality, this should no longer be the case.

Women in the public eye often have very personal details used against them in ways that men do not. Many of Clinton's opponents have brought up her husband's infidelity as a point against her even though

it has nothing to do with her own actions in the past or in the future as president of this country. Yet, no one has spoken about Trump's multiple wives as proof against his character.

None of this is to say that voters should all agree with Clinton. It is just as problematic to support her because she is a woman as it is to oppose her because she is a woman. The point is that we need to look at Clinton, and all female politicians, as we would male politicians. We need to evaluate her platform and her ideas without letting our opinions on her outfit sway us.

So, when someone says he or she simply cannot stand Clinton, probe a little deeper and see why. Is it because of a problem with her policies or just a general feeling of dislike? Because it is all too easy to fall into our old ways of seeing politics as a men only field.

Clinton's nomination means more than just a personal success for her. It is a huge step forward for women and girls everywhere. Every time Clinton is belittled by another candidate or a journalist, or has her articles overshadowed by her choice of pantsuit, it is a blow to all the women fighting to be taken seriously and to be seen as equal to men in their fields.

This election has already been historic, and we have a chance here to enact lasting change. So regardless of our personal political views, we need to separate Clinton's platform from her gender, if not for ourselves, then for all girls that deserve this same chance in the future.

Hard Work Pays Off

Rich Gotham's Story Sets Example for PC Students

by Dan Barton '18
Opinion Staff

CAMPUS

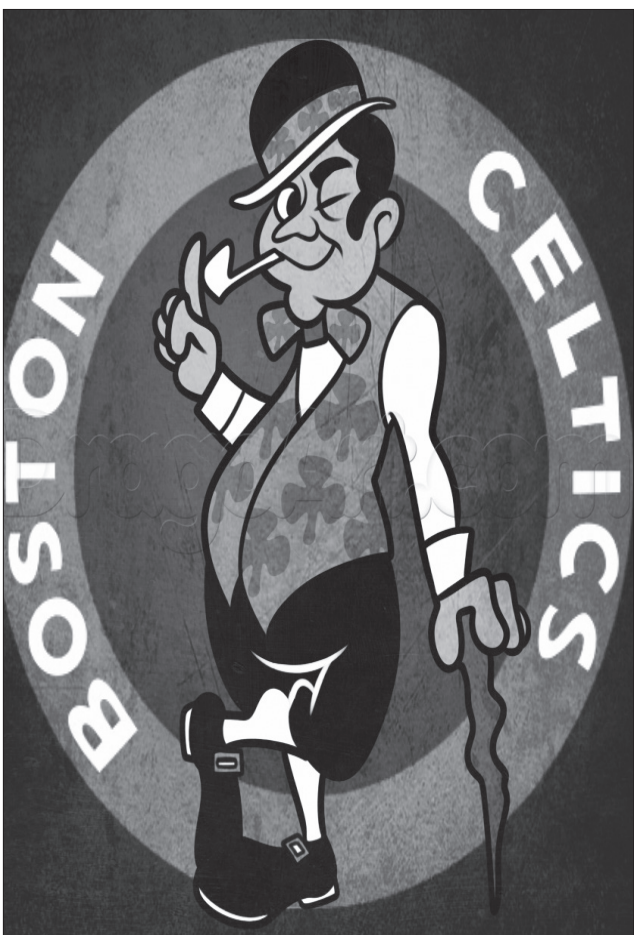


PHOTO COURTESY OF DRAGOART.COM

This past Thursday, September 29, Providence College's Entrepreneurial Society hosted Rich Gotham '86, the President of the Boston Celtics. At this event, Gotham spoke about his experience at PC and how it helped him get to the position he currently holds within the Celtics organization. While Gotham is a unique success story, it seems like he is just one of the many successful individuals that come to PC each year.

One of the most interesting parts of events like this is when the speakers talk about the long, often indistinct journey they found themselves on from when they were college students to where they are now. They talk about how the "bottom of the totem pole," dead end, lower level jobs prepared them for holding high positions of authority in larger organizations.

For example, Gotham talked about his experience as a morning janitor at a department store in his hometown. He referenced an experience where he had to scrape dirty chewing gum off a carpet. While sharing this story, he talked about how degrading it felt to be picking up someone else's gum, but he also referenced that he learned a valuable lesson from that job: that work ethic is the most

valuable skill for success.

Those who work harder will always be more successful than those who do not, regardless of qualifications or even skills. Without a superior work ethic, the dream of success and riches that many students at PC hold will never be achieved. Without this, valuable time will be wasted at PC.

That is not to say that PC is not a place where people don't help each other out. In fact, Gotham even noted that when he was going into his junior year at PC, he was in need of financial assistance in order to stay enrolled, and with the great generosity of the PC Financial Aid Office, he was given the assistance he needed. That's not to say that he still did not work as hard as he possibly could to maintain the academic qualifications to receive that aid. Even when people do give you help, your work ethic determines what you get out of it.

While it was incredibly fascinating to hear Gotham talk about what it was like to be in charge of a big market NBA team, constantly surrounded by the best basketball players in the world (including PC's own Ben Bentil) and a part of the most legendary franchise in the sport's history, the biggest takeaway from Gotham's talk is that nothing was handed to him. He did not get any free handouts, and everything that he has accomplished is a result of his own hard work—from being in charge of hundreds of employees on the biggest stage in sports, all the way down to scraping gum off a department store's carpet.

Was Civ Really That Bad?



PHOTO COURTESY OF FREELANCECHRISTIANITY.COM

by McKenzie Tavella '18
Opinion Staff

CAMPUS

I have always been curious to find out how many students at Providence College did not enjoy Development of Western Civilization as a part of our curriculum. Of course, before attending PC, Civ is listed among the very few reasons why a high school student may not want to attend the College.

Despite this, students still come here because PC is a wonderful college. However, I wonder how many students, after completing the program, did not actually enjoy it. I myself am biased because I enjoyed Civ, and find myself missing it now.

It is a very difficult course, as it is essentially four subjects combined into one class. However, this does not mean that DWC doesn't have its positives. Let's take a moment and have a Friar flashback to the days of the DWC program, both the ups and the downs.

You are a freshman in college, and you have just walked into your first day of Civ class. You do not know anything about your professor, except perhaps his or her name, and then you realize that you have multiple professors for this single class. You are in your lecture hall—thankfully you made it on time and found the right one—but there are so many people in this room that you begin to feel nervous. It may only be 50 or 60 kids, but to you—well, let's just say that you aren't in your small high school classroom anymore. You find a seat in the back because you are too nervous to sit in the front.

Your professors come in, introduce themselves, and explain that this course actually consists of two types of classroom settings: lecture and seminar. Panic. As the first lecture goes by, you are wondering which one of these professors is going to be your seminar leader. You are hoping, of course, that it will be the one you want, but you do not get him or her. You get your least favorite option. Panic.

Flash-forward now to your first seminar class.

You are thinking, "Can I really do this every week for two hours?" Yes, you can. You make it through your first seminar and manage to talk at least once. Progress. Do you hear that noise? Midterms come knocking. Your friends are telling you that their midterm exam is actually a paper; but yours is not. You have an exam that consists only of essay questions, and it is on everything you have learned up to this point. Panic. You make it through that exam, and with a passing grade. All is well again.

Wait, how is it finals week already? Luckily, you have a final paper as your exam. Others are not so lucky because they have a cumulative exam. This paper, however, means everything—exactly 25 percent of your grade. You go to the Writing Center to make sure it is absolutely perfect. You print out multiple copies just in case you get a Starbucks coffee stain on the first one. Your hand is shaking as the teacher collects them around the room. They take yours. You did it. Your first semester of Civ is done. Now you just have three more to go.

There Is Room For More Than Two *Third Party Candidates Should Have Their Platforms Heard*

by Lela Biggus '18
Opinion Staff

POLITICS

The first presidential debate of the 2016 election went down just last week, giving America a lot to think about, the media a lot to report on, and me a lot to roll my eyes at. I am, to be quite honest, over it. I was over it while shaking my head and laughing during those 90 minutes. I was over it when I went online the next seven days to read the news and found way too many headlines reading "Clinton vs. Trump: What You Missed." I'll tell you what I missed. I missed my candidate. I missed another option, any other option; I missed those teeny-weeny third party oddballs and less-than-15-percent-in-the-national-polls misfits. All I saw in front of me were two propped up, rehearsed, and scripted mainstream people-pleasers with shaky agendas and hidden tax returns.

Sure, Gary Johnson doesn't know what Aleppo is nor could he name his favorite foreign leader when asked by Chris Matthews on MSNBC because he simply couldn't think of one. Yeah, Jill Stein is farther left than that box Beyoncé put everything you own in. Bernie Sanders pulled out towards the end and betrayed everyone and that little bird by endorsing Clinton, probably in the hopes of a later

"collaboration" with her on the same policy issues he rallied his army of young people against her with. But what has Trump said throughout his campaign? What has he called women and immigrants and people of color? That's what I thought.

The way I see it, if a candidate keeps up his or her campaign long enough to see the first presidential debate, he or she should be up there yelling over one another and the moderator right alongside our Democratic and Republican nominees. Yes, I know, the polls matter. This is a democracy, after all. I forfeited my right to get everything I want in life when I

signed up to be a part of a society based on majority rule. But why was it that Sanders' campaign manager felt it vital to sell him as a Democrat in this election? Some people may say "because he wouldn't have gotten anywhere good under any other party." So? Clearly he didn't get as far as he intended anyway when the true cookie-cutter Democrat prevailed.

This is my whole issue with the process; there is an assumption that things just wouldn't work out if it were any other way. I disagree. Let's have Sanders in all his socialist glory and Libertarian, Johnson; and Green Party, Stein out there in the public eye

saying their piece on an equal playing field with a Clinton or a Trump. The fact that people still hear from third party names at this point and the fact that they have a presence in the polls means that a substantial number of people like what they see and want their country to move in that direction, whichever direction that may be. I'm not expecting a win from Stein or Johnson or Darrell Castle. Yes I know, "who?" I am expecting democracy to work in practice like it does on paper and at least act like the underdog has a shot until the day I vote in November.



Libertarian party candidate Gary Johnson speaks at the Conservative Political Action Conference in March 2016.

PHOTO COURTESY OF ABCNEWS.GO.COM

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New Cowl Feature To Spark Change

by **Katherine Puzycki '17**
Editor-in-Chief

EDITOR'S COLUMN

It is with much excitement that I announce one of *The Cowl's* newest features: a monthly article that will center on recycling and sustainability efforts on campus. These stories will run in the News section of our first issue of each month. Dr. Edward Andrews, from the Department of



History here at Providence College, presents us with the first of this series; I am thankful to him and fellow *Cowl* member Sarah Kelley '18 for helping us put this together.

The conversation about sustainability seems to be increasingly important in this day and age. Yet, it also seems as if it is a system that is ignored on a large scale. If we think about it, there is only one day a year in which a majority of the world acknowledges the importance of Reduce, Reuse, Recycle—that is, Earth Day.

While it is a wonderful thing to see people come together every April 22, it is simply not enough to make any real, lasting changes on our environment. I think that part of this may lay in the fact that they view sustainability as work.

Even so, in 2016 there are so many resources that can turn this seemingly mundane task into a painless few extra minutes of work a day. Yes, this will require you sorting through and perhaps even researching what is recyclable or not. But the long-term effects seem to be worth it.

I'll admit that I am a frequenter of the Whole Foods on North Main Street in Providence. It took me several grocery shops before realizing that outside the doors leading into the store is a whole setup designated to

helping people recycle.

You can find several bins that are separated by category—plastics, compost, paper, etc. It is easy enough to figure out, as everything is labeled yet I have also noticed that not too many people seem to take advantage of this simple setup, myself included.

I will not claim to have enough knowledge as to why this is the case, but I think it is safe to say that a lot of it has to do with the extra time commitment and perhaps even lack of accessibility. While we all lead busy lives, starting small, in terms of joining the effort to recycle, will have a larger and lasting impact on future generations.

It is not enough anymore to prophesize these generations as if they are hundreds of years away from sharing this earth with us—we must start taking actions now, for those who are, at most, only twenty years younger than we are.

I will leave you with one of my favorite quotes; from Chief Seattle of the Suquamish tribe in Washington State. As a Native American myself, a member of the Mohegan Tribe, I can speak to his concerns for a world that is continuing to suffer at the hands of technology and an ever-changing, rapidly growing world.

"The Earth does not belong to us. We belong to the Earth."

TANGENTS & TIRADES

Pop Quizzes Are Unfair

Unfortunately, but understandably, quizzes are a significant percentage of our grades no matter what classes we take. However, there is a decided difference between a quiz—one that you are able to study and prepare for days or maybe weeks in advance—and a pop quiz.

A regular quiz involves minimal stress as long as you do the reading or put in the practice required to grasp the material, and you have enough time to properly prepare for it. A pop quiz, however, is another story. You never know when pop quizzes are coming, especially if the professor does not so much as announce at the beginning of the semester that they are including pop quizzes as part of the class. They are not all bad, so long as the questions are not ridiculously specific. But for the most part, as someone who likes to be well prepared for assessments, I find them to be unfair. Particularly in the case of Civ or English, or any other class with reading involved, I think students should have time to reflect on and better understand the reading.

With a regular quiz we are often able to find out which parts of the reading to focus on, whereas with pop quizzes we are left to practically memorize the entire text rather than focus on the important parts. As a whole, pop quizzes are an unfair assessment of a student's ability to understand the class material.

- Hannah Paxton '19

Where's My Giant Party?

I have a problem. After attending the Providence College Centennial Celebration on Saturday night, I have come to the conclusion that I need better friends because I know for a fact that none of them would ever throw me a birthday party that fun.

At first, I decided to make an appearance because my roommate and I heard that there were black and white cookies in Slavin. The cookies were gone by the time we sprinted there in our pajamas, but we still got to paint part of the mural and take a look at the colossal Harkins cake. Where's my paint-by-numbers mural? Why didn't anyone make a giant cake of my bedroom, complete with a frosting-version Bri in my favorite pair of shoes?

On top of that insult, the after party that the student body could attend was amazing, and I don't get an after party at all. Workers made sure that everyone got cake, there was a cash bar for those over 21 years old, and the band, Eaton Street Funk, completely rocked. Those who stayed for the whole show even called for an encore.

Students, staff, faculty, and alumni celebrated the birthday of the place we all call home in style, and I was having so much fun that it made me jealous to know that my own birthday party would never compare.

I want to blame my delinquent friends who would fail to throw me such an elaborate celebration, but I guess it is my own fault. No matter how hard I try, I just don't think I can compare to Providence. Happy Birthday, PC!

- Brianna Abbott '17

Take A Break From Technology

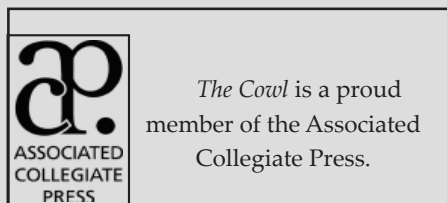
A strange thought occurred to me as I was scrolling through Instagram a few nights ago: why am I looking at these same photos for the fifth time in 20 minutes? Why do I need to know that my good friend from home has added six likes in the last 12 minutes and 32 seconds? It was scary how frequently I would find myself on social media without any clue as to how I got there. I realized that I could really use a break from social media. We all could.

The bad thing about social media and technology in general is that it keeps us from focusing on the world around us. In the age of the cell phone, it's too easy to split your attention when you could be focused entirely on one task. Too often people stare at their phones instead of looking up when walking on campus.

Doing this prevents you from making human connections with people you know and appreciating the beauty of Providence College. Plus phone-users make themselves vulnerable to the select group of people who will not move out of their way, and who will gladly crash into the person staring at Snapchat.

Remember that there is no legal maximum on the amount of time it takes to reply to a text. Appreciate the world around you a little more often next week—it's a lot more worthwhile than your Instagram home page.

-Kevin Copp '18



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The Cowl 9
October 6, 2016

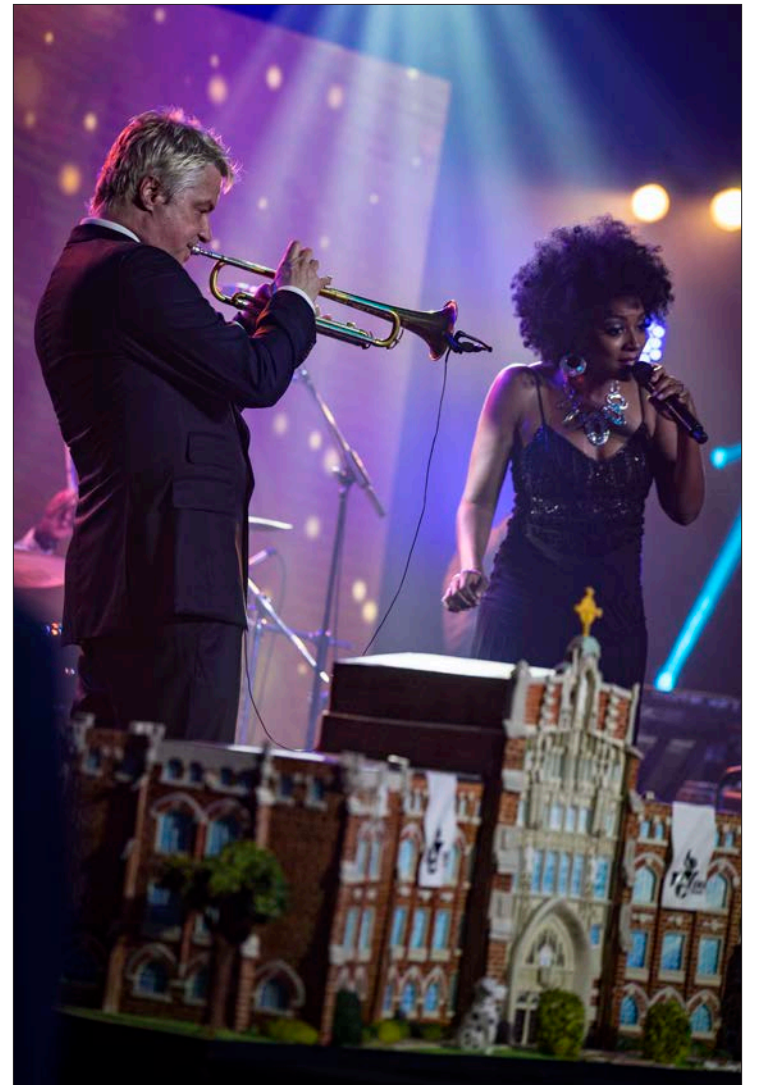


NICHOLAS CRENSHAW '20/ THE COWL

TOP RIGHT: Students and alumni enjoy a performance by world-renowned musician Chris Botti at PC's Centennial Celebration.

TOP LEFT: Students enjoy performances by Eaton Street Funk, food, and cake at PC's Centennial Celebration.

BELOW: Students enjoy a combination of Coca-Cola and ice cream for the Coke and Cream Party, sponsored by BMSA.



NICHOLAS CRENSHAW '20/ THE COWL

BELOW: PC Men's Ice Hockey celebrates their win over the Arcadia Axemen 3-0 at Schneider Arena.

BOTTOM LEFT: Students, faculty, and alumni participate in the annual Friar 5K, sponsored by PC Athletics and Alumni Relations.

BOTTOM RIGHT: Students enjoy Friday night with food and games at McPhail's, sponsored by Student Activities and Cultural Programming.



KIMBERLY LEZAMA '18/ THE COWL



KIMBERLY LEZAMA '18/ THE COWL



KRISTINA HO '18/ THE COWL



KIMBERLY LEZAMA '18/ THE COWL



PROVING PHOTOGRAPHY

If you were a crayon, what color would you be?



"Magenta."
Chalayna Smart '18



"Red."
Peter Chin '20



"Turquoise and Black."
Elizabeth Cairo '20 and Cait Lane '18



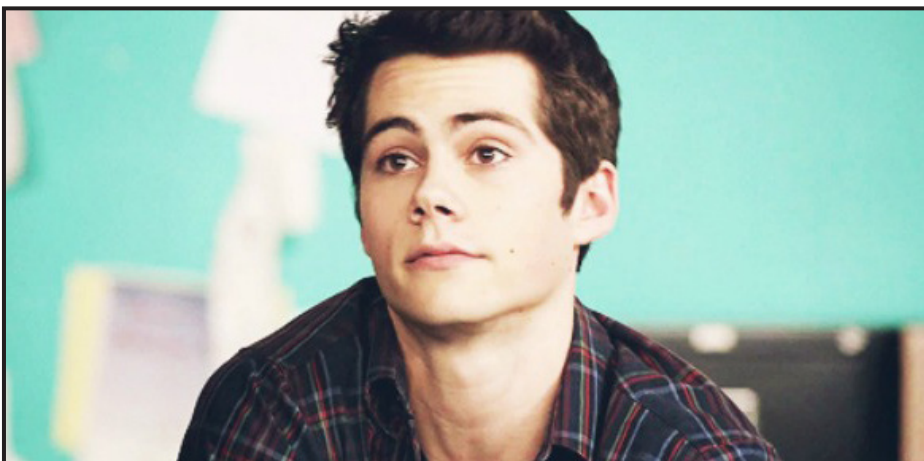
"Orange and Yellow."
Natalia Fournier '19 and Tatiana Padro '19



"Blue, Red, and Blue."
Rodelyn Cherry '19, Andre Rogers '20, and Sara Jean-Francois '19



"Blue, Burnt Sienna, and Blue."
Sean Hurley '18, Mitchell Schirch '18, and Dan Zawaki '18



"Purple."
- Dylan O'Brien

PHOTO COURTESY OF WWW.WORLDOFWONDER.NET



Guest Artists at PC: Valla & Andrade

by Alexis Jais '18
A&E Staff

CAMPUS

On October 27, 2016, Providence College's Reilly Gallery in the Smith Center for the Arts will feature the work of photographer, sculptor, and computer-based artist, Clement Valla.

Valla graduated from Columbia University with a B.A. in architecture, and also received an M.F.A. from the Rhode Island School of Design. He now works as an assistant professor at RISD.

Valla's exhibit at PC will be comprised of a variety of computer edited photo sculptures of tools and materials used to display exhibits—including tarps, hammers, sheets, etc.—taken in PC's Reilly Gallery.

The display, which Valla will develop specifically for PC, focuses on demonstrating the intricacies involved in creating an exhibition, as well as the unexpected beauty and artistic essence composed within plain work function spaces, such as art galleries or exhibitions in progress.

The premise behind much of Valla's other work surrounds the idea that there are many images in this day and age that are being created by computer software, rather than by humans. Valla's goal is to convey that there is a different way to represent and view art, specifically digital photographs and sculpture, and that such different forms of art can go together and be visually representative of something not necessarily obvious with singular forms of media.

The exhibit will remain in the gallery between Oct. 27 and Dec. 10. On Dec. 1, Valla will host a talk regarding his work.

The Hunt-Cavanagh Gallery will be occupied by

the work of another artist, Robert Andrade, during the same time period.

Andrade received his B.F.A. from The School of the Art Institute of Chicago and an M.F.A. from Cornell University. Although he resides in San Diego and works as an artist and teacher, he exhibits his work around the country and speaks at lectures for various occasions.

Andrade will also be displaying an exhibit made specifically for the PC galleries, focused on cathedral plazas and infrastructures around the world. He will concentrate on both past and present components of Catholic architecture and design, paying special attention to historical changes and implications as well as the hidden narratives these structures possess.

In this particular exhibit, Andrade will use a variety of materials, from wooden platforming to paint to miniature landscape design, in order to convey the enduring traditions of classical design. In general, Andrade's art is made using an unlimited variety of media, including sculpture, digital photography, video, and graphic design.

His goal lies in confronting the general public so that they pay more attention and have a more acute awareness of physical structure and its relation to spatial politics. Andrade tries to show the public that there could be something significant to consider beneath the mere visible structure of a building.

His talk will take place on Oct. 27, and his work will be available to view between then and early December.

The two exhibits will be open to the public from Oct. 27 through Dec. 10 in the Reilly and Hunt-Cavanagh Galleries, respectively. Both the talks and exhibits are free and are presented in conjunction with PC's Centennial Celebration.



"Wrapped Terracotta Neck-Amphora" made by Clement Valla
PHOTO COURTESY OF CLEMENTVALLA.COM

A Horrifying Year in Hollywood

by Blaine Payer '18
A&E Staff

FILM

Who does not love a good horror movie? Unfortunately, a good horror movie is often hard to come by. Since the ever-growing popularity of streaming services such as Netflix and Amazon Prime Instant Video, bad horror movies have started being produced by the score. But why?

Simply put, horror movies are often the cheapest films to make. A zombie movie can easily be produced with under \$1 million, and then distributed directly to a streaming service which basically guarantees that it will be seen by someone.

Without the hassle of middle-man distribution, fighting for a screen in theaters, and taking the gamble of direct-to-video sales, bad horror movies finally have a chance to be seen by the masses, for better or for worse.

While these new developments in film distribution are beneficial for new filmmakers trying to catch a break, they also assure that there will never be a shortage of poorly made, hypersexual blood and gore, and demonic possession flicks collecting dust in our Netflix queues.

Luckily, 2016 has been a bit of an outlier year in the horror department. The year started off strong with the slow burn indie horror film, *The Witch*, which received overwhelming critical acclaim and a reputation as one of the most chilling films in recent memory.

After seeing *The Witch* on opening



Anya Taylor-Joy in *The Witch*.

PHOTO COURTESY OF NIAGARA-GAZETTE.COM

night, it is safe to say that the bar was set pretty high. It was new, refreshing, and easily had one of the most bone chilling and unsettling soundtracks I have ever heard.

Its greatest success was found in its strong focus on character development, especially set in the backdrop of the 17th century New England witch scare. Instead of filling the screen with flat, stock characters who cannot help but make bad decisions and take their clothes off, *The Witch* showed real people struggling with their inner demons, as well as with the demons found in a never-ending wilderness. This created one of the most

important horror films the 21st century has yet to see.

Following the momentum set by *The Witch*, came the direct-to-streaming, low budget home invasion film, *Hush*, which was the most popular movie on Netflix for three weeks straight.

The formula for this film was interesting in both content as well as production, for there are only two characters in the entire film, and one of them cannot hear or speak.

The director of *Hush*, Mike Flanagan, who also directed the 2015 Netflix horror hit *Oculus*, took the home invasion mold created by post-millennial films such as

The Strangers (2008) and *When a Stranger Calls* (2006), and put a unique and very successful twist on it.

This summer saw more horror hits than those of previous years, finding major critical and box office success with *The Conjuring 2*, *Lights Out*, and most recently, *Don't Breathe*.

The former two somehow managed to take the tragically overused demonic possession frame story and make it feel new and interesting. The latter flipped the home invasion story on its head, making you question the moral worth of both the invaders and the victim, who quickly turns out to be more of an assailant than the invaders are.

The question is, why were these movies so successful? Because they are all explorations of the "less-is-more" attitude in Hollywood's independent studio systems.

Rather than overinflating these films with star-studded casts and special effects, they focused more on intricate camera work and complex character studies. Every film shows its flawed characters set in an unforgiving, stressful environment that forces them to confront themselves as much as the monsters that are out to get them.

Hollywood should take notes. Less blood, gore, and sex, more character development and backstory. In the words of Robin Wood, "horror films are society's collective nightmares," which translates into ghouls and ghosts as much as they do to mental illness and a broken family.

A new mold is slowly but surely being set in the horror genre, and it is changing the status-quo for the better.

Local Singer Impresses on *The Voice*

by Ryan Cox '18
A&E Staff

MUSIC

Many child celebrities quickly fall out of fame as they grow older, and some will often retreat from the spotlight in favor of a quieter, more normal lifestyle.

Billy Gilman, however, is fighting for his chance back into stardom. From Westerly, Rhode Island, Gilman was signed to Epic Records Nashville as a country artist in 2000 at age 11.

His debut single, "One Voice," peaked on the Billboard Hot 100 chart at number 38, and he was the youngest artist to have a Top 20 single on the Billboard country charts. Gilman was also nominated for two Grammy Awards.

Gilman, now 28, auditioned for the 11th season of *The Voice* on Sept. 20, leaving behind his country roots for a more pop-influenced sound. He sang a cover of Adele's song "When We Were Young," and displayed his impressive tenor range, moving smoothly through runs and reaching the higher parts of his range effortlessly.

He definitely showed that he is trying to move away from his former country background, although some parts of his audition still featured that slight



Billy Gilman poses for a promotional photo.
PHOTO COURTESY OF THEGAVOICE.COM

country influence from his childhood.

All four coaches turned their chairs to show their interest in Gilman, who was overwhelmed by their reaction.

"I know Billy," coach Blake Shelton said after Gilman's audition. Gilman then explained his background to the panel, "I started out as a young country artist and had great success. To finally be here at a moment where I can finally sing the way I wanted to, even then, and to finally be amongst you, it truthfully is such an honor."

He also admitted to coach Miley Cyrus that he was the opening act for her father, Billy Ray Cyrus, as a child. Coach Adam Levine was incredibly impressed, saying, "That intangible quality that you possess is exactly the kind of person that wins [*The Voice*]."

Gilman ultimately chose to work with Levine, first thanking Shelton for his influence while he was growing up. Looking at the direction he is trying to move in, it seemed like the obvious choice for him to choose Levine as his coach.

Gilman enters the 11th season of *The Voice* as one of the clear frontrunners in the competition, but will likely have to work to uphold that. *The Voice* airs Monday and Tuesday nights at 8 p.m. on NBC.

OldChella: Fest of the Best

by Joe Clancy '18
A&E Staff

MUSIC

The Baby Boomer generation may have thought that their glory days of music festivals ended with Jimi Hendrix's rendition of "The Star Spangled Banner" on the morning of August 18, 1969 in Woodstock, but last April the music festival world was rocked with the announcement of Desert Trip.

Deemed OldChella, the massive festival offers two weekends for boomers to see their favorite legendary acts, with the lineup including Bob Dylan, Paul McCartney, the Rolling Stones, Neil Young, The Who, and Roger Waters of Pink Floyd.

The festival has been in the works since early February, thanks to the efforts of Rolling Stones' frontman Mick Jagger, while he was still touring Latin America, planning a concert in Cuba for the first time ever, and writing his first television show *Vinyl*. Paul Tollett, the main organizer of the massively successful music festival Coachella has also been involved in the festival's planning. The concert has been confirmed for two weekends from Oct. 7-9 and Oct. 14-16.

Music festivals have always been a cornerstone of the music industry, with famous gatherings such as The Newport Folk Festival. Music festivals started to become the dominant source of revenue for the music industry in 1999 with the launch of Coachella. However, these music festivals have really only been targeting younger generations and neglecting the largest and richest generation of all—the Baby Boomers.

On both weekends, there will be 150,000 fans descending into the small city of Indio, California, whose population is

half that of the number of concert goers.

It is estimated that between the two weekends of the festival, it will gross \$160 million, with the average person spending around \$399 per ticket. Alone, that is nearly double the revenue from what the millennial-focused Coachella concert made—\$84 million—last year. The concert also offers packages with neighboring hotel rooms costing up to \$4,000 and tents that cost \$100.

Desert Trip has one of the greatest lineups in rock history, rivaling festivals such as Monterey Pop Festival 1967, Isle of Wight Festival in 1970, Live Aid in 1985, and of course, Woodstock in 1969.

All the artists are now approaching their own final acts in their performing careers, with the majority of the artists in their late 60s and early 70s. The Who, for instance, floated the idea that their performance in the United Kingdom in 2015 could have been their last appearance.

Pink Floyd, of which Waters was a major member, recently broke up in 2014 due to deaths and exhaustion. However, age is just a number to those performing. Former Beatle McCartney is not only still producing number one hits, but is set to appear in the upcoming *Pirates of the Caribbean* movie, one of his first acting roles since his Beatles movies.

The Rolling Stones have been touring the globe, showing they can't get no satisfaction without being able to shake it in their leather pants. Young is still writing new material despite becoming the old man he sings to, and Dylan is set to release a 36 disc album showing how the times have changed.

One thing is for sure: the artists of Desert Trip have definitely left their mark on history, but they will prove that they are not history just yet.



Crowd at music festival in Indio, California.

PHOTO COURTESY OF THEBIG4FESTIVAL.COM



Niall Horan poses for a photo.

PHOTO COURTESY OF INQUISITIR.COM

Niall Horan Goes Solo

by Luiza Alves '19
A&E Staff

MUSIC

This past Thursday, September 29, Niall Horan, former One Direction band member, surprised fans with his first solo single. "This Town" caught the public and media off guard, but in the best way possible.

The single has been receiving nothing but positive reviews, including those from his former band mates. Harry Styles tweeted at Horan, "A lovely tune my friend. Congratulations," while Louis Tomlinson mentioned that he was "Feeling super proud" and "[Horan] sounded great."

None of the remaining members, Styles, Horan, Liam Payne, or Tomlinson, have announced to news and media outlets that the band has broken up or that One Direction is officially over. Nonetheless, three of them have signed solo contracts and are exploring their options within the entertainment industry.

So far out of the four band members, only Horan has released music, and the song is currently number four on the all-genres chart of iTunes.

Instead of the usual upbeat songs that he sang while One Direction was together, "This Town" is a more soulful and slow-paced song in which the lyrics become the focal point. He

sings about a girl he cannot get over and has also released a black and white lyrics video on YouTube that accompanies the song.

Out of all the previous members of the band, Horan may have been the least expected one to release a song so soon after the group stopped producing music together, especially because no implications of a single surfaced on social media.

"This Town" is part of Horan's first solo album, although he hasn't released much information on its name. He has stated, however, that the album will have the same vibe as the single in that it will be upbeat, but with acoustic connotations.

The song is the only one from the album that is finished, and Horan wanted to release it as soon as possible so that fans would know something big was coming in the future.

In his personal life, Horan is rumored to be dating a college student named Celine Vandycke, although he remains very private when it comes to relationships, not confirming his relationship status to any reporters.

Although Horan is doing well for himself, when it comes to the question of whether One Direction would ever have a reunion, he commented to Ryan Seacrest on a radio interview that he "definitely wouldn't rule it out."

Patton Oswalt Wins an Emmy

Dedicates Award to His Late Wife in Acceptance Speech

by Michael Welch '17
A&E Staff

TELEVISION

In a surprise victory, comedian Patton Oswalt won an Emmy this year for Outstanding Writing in a Variety Special. The special was "Talking For Clapping," but the attention was focused more on his acceptance speech than the award.

Oswalt thanked two people that night. Speaking humbly and with a heavy heart, Oswalt said, "I want to share this with two people. My daughter, Alice, who is waiting at home. And the other one who is waiting somewhere else, I hope."

He was speaking of his late wife, Michelle McNamara, who died suddenly in her sleep at age 46. McNamara was a true crime author who thought the information she researched on cold cases would be better off shared. She was a loving mother and wife who is sorely missed by those she left behind.

Oswalt has recently opened up about his tragic loss and enlightens many of us on what it feels like to lose someone so close. The Emmy's massive audience received the initial taste of all the wisdom he had to share, but he has recently elaborated much more through Facebook and visiting late night shows.

McNamara shaped Patton's life, showing him what a real self-actualized, mature adult looked like in a time when he considered himself to be all of these things. She changed him for the better and is largely responsible for shaping him into the man he is today. Oswalt's brave transparency has offered a window into something many of us deal with in privacy.

Posting on Facebook, Oswalt explained how grief "makes depression cower behind you." Oswalt



Patton Oswalt poses with his Emmy.

PHOTO COURTESY OF ETONLINE.COM

is burdened with both depression and sudden loss, but still manages to share his private life and feelings with his fans.

Depression and grief are such grim subjects, but hearing about them from the perspective of a relatable and vulnerable comedian brings them into the light where they do not seem as scary. He is clearly a man in pain, which makes how candid he has been all the more surprising and brave. Oswalt wants everyone dealing with loss, grief, and depression to know that they are not alone.

Despite everything, Oswalt has stated that he looks forward to returning to work. He will continue

writing jokes, acting, and supporting and working on projects that make him happy.

Oswalt specifies that he will not be doing this because it is what his wife would want. She was always full of surprises, one of her many amazing characteristics, according to Oswalt, and he could never assume what she would or would not want from him.

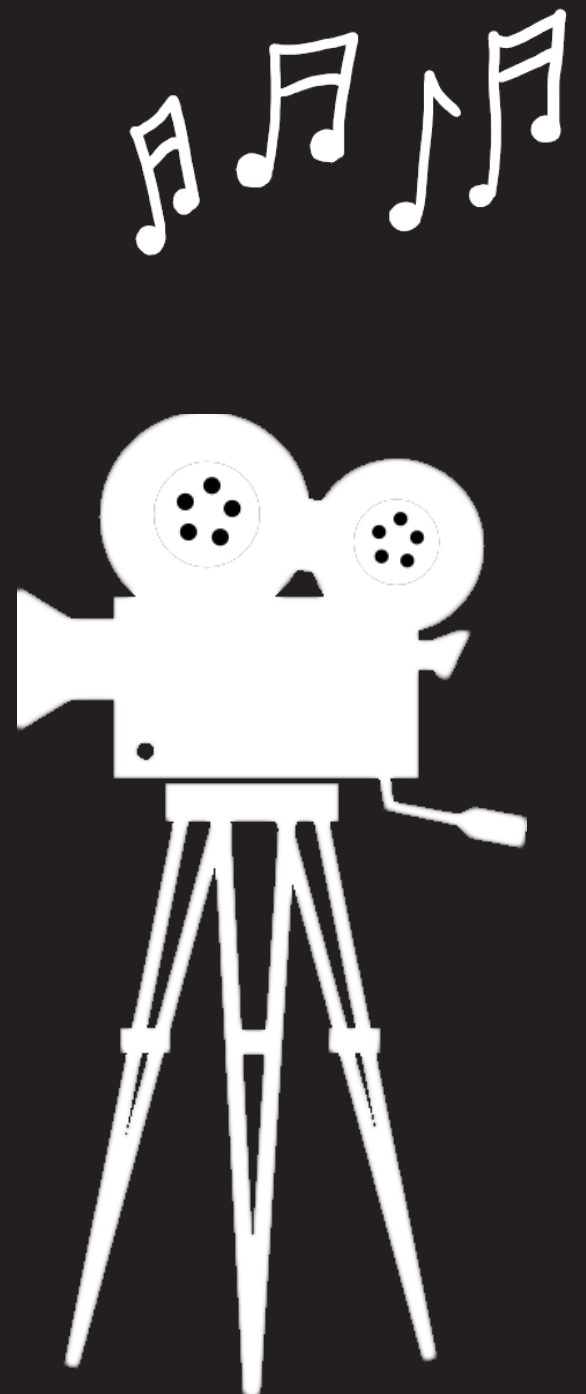
Time heals all wounds, but recovering from grief requires support from loved ones and company from those who understand. Oswalt has offered himself as tribute for those in need of someone who understands their personalized brand of suffering.

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PORTFOLIO

EMILY AND CHARLOTTE BRONTE WALK INTO

by Abby Johnston '17
& Clara Howard '19
Portfolio Staff

TWO WRITERS

(The morning rush of the first day of pumpkin spice lattes.)

Charlotte: Sister dear, let's pause our morning circuit for this quaint, well-attended tavern.

Holds door

Emily: Thank you. Gracious! In all America, I do not think that we could have fixed on a situation so completely in the thick of the stir of society....Charlotte? Charlotte, where'd you go?

Charlotte: Over here! Behind the door! And the people!

Emily: Use your elbows!

Charlotte: Pardon me...Excuse you, miss!...Ah, there you are Emily! Finally! Perhaps we are in luck and this would imply that the fare is quite delicious? There seem to be a great many exclamations of something called "pumpkin spice" or other. Shall we attempt to try our luck in this line?

Emily: Oh! Pardon you, sir! Perhaps, sister, if the locusts don't descend on us, as well.

Charlotte: Yes, Emily. There seems to be a decided lack of manners in this establishment.

Gets bumped again

Emily: Sir! Kindly watch where you swing your newspaper! Some of us

are occupying that space! **Turns to Charlotte** I cannot say anything for his manners, and still his hair is rather slovenly; he seems a gentleman in dress only, yet there is something strikingly familiar, as of an old acquaintance.

Charlotte: Rather like a particular fictional jilted character I have erstwhile run across. Fancy a chat with the gent?

Emily: Not entirely. He appears to be of middling height and past his youth— I would be loth to deny you the chance to speak with the courtly gentleman. Be wary; he may be hiding away wives past their wits!

Charlotte: Hmph. Curt repartee here. Right. On to the line of drastic proportions, sister, if we are to ever allay our thirst.

Emily: Yes, I suppose we had better. Have you any idea what you should like to order?

Charlotte: A specialty of the locale, so as not to pass over the opportunity to discover what frontier ruggedness Americans have applied to food. That young man in the square spectacles and shepherd sweater lounging on the sofa looks as if he has nowhere to go and nothing to do. You should ask assistance of him.

Emily: All right, then. Perhaps he can direct us in the way of securing food. Hello sir, how are you today?...Hello?

Charlotte: Might he be deaf? He seems to be ignoring you, otherwise.

Emily: My goodness, are all Americans this rude? **Waves her hand in his face** Sir! Excuse me! Sir!

Random Kid: What?

Charlotte: Did your governess neglect to teach you the proper way to address your elders? For it is certainly not that.

Random Kid: "Ma'am" is a dead word for good reason; the country needs to start listening to its future voters.

Emily: Surely he jests. Sir, we were attempting to ask for your aid in directing us towards a favorable choice from the bevy of drinks and pastries behind that counter.

Charlotte: Yes, there are far too many people for us to possibly understand what it is we would be ordering.

Random Kid: Oh, I know, right? The dependency of the average American on this corporately-distributed mass production of caffeinated drinks is disgusting. It shows just how far we've truly fallen as a society.

Emily: Sir, I would suggest you check the situations in which you put yourself and refrain from making grandiose statements about the evils of society when you also appear to have fallen victim to them. **Stares pointedly at his enormous cup**

Charlotte: Oh, look, there's a lull in the line. Shall we?

Emily: We shall. Good morning, miss. How do you do?

Barista: Fine. How can I help you?

Charlotte: Emily, I'm going to start a governess reform school. Miss we would like two cups of tea, if we may.

Barista: Regular or decaf?

Emily: We don't want anything about calves, we take our tea from leaves, thank you.

Barista: Do you want your tea caffeinated or not?

Charlotte: We'll have the house tea, please.

Barista: What size?
Emily: Small, please.

Barista: Ok, tall.

Emily: No, a small, please.

Barista: Yeah, so, tall.

Charlotte: An epidemic of deafness. Sign language will have to be the first mode of reform for the governesses. Miss—Two. Small. Cups. Of. Tea. Please.

Barista: Sugar or no?

Emily: Three lumps, if you would be so kind.

Barista: So what is that, like three spoonfuls?

Charlotte: I'll take mine plain, please.

Barista: Okay, two teas, one sugar, one plain. Either of you want cream or anything?

Charlotte: Oh no, we are not going through that again.

Barista: Okay, your total is \$10.59.

Emily: Charlotte, add basic arithmetic to your curriculum.

Random Kid: Ya shoulda gone to Dunkin'—it's more democratic.

October 2nd

by Chennah Sharpe '17
Portfolio Staff

POETRY

United in Bishoftu, Ethiopia
Triggered rubber bullets and tears of gas shower
running people, 52 out of 2 million
Deceased from the Irrecha Thanksgiving Festival

Nations sign New Delhi to the Paris Treaty,
With \$2.5 trillion the clock tick tocks
Work towards 40 and 175 gigawatts
Percent non-fossil sourced, and renewed energy

Now go build peace in Bogota, Colombia
FARC shook President Santo's hand via media
But now, voters choose between 28 or 52?
Trust FARC to leave their battle zones or years of war?

October 2nd, Italy had invaded
Revered non-violence activist Gandhi was born
And two prior agreements with FARC had faltered.
Twelve months, a year will pass, are we still quartered?
As the two hands meet again, shall we stay cornered?

PHOTO COURTESY OF PEXELS.COM

THE ADVENTURES OF PHIL FELLOWS

by Clara Howard '19
Portfolio Staff

SERIAL STORY

Phil stood, wincing at the pain in his hand where the bullet had grazed it. Glancing back down at Chibbs' remote, he tried to examine it more closely, but the rapidly setting sun was making it hard to see anything beyond a few feet in front of him. Recognizing it was a lost cause until he found somewhere with more light for him to see better, he slipped the device into his pocket. A steady stinging sensation across his palm reminded Phil of his injury, and he did his best to wipe the blood off with the bottom of his undershirt. When that only seemed to make things worse, he shrugged off his long-sleeve shirt and tried to rip it like they do in the movies all the time. The shirt was holding strong, though, and he cursed as all he accomplished was to make his hand hurt even more. With disgust he tossed it on the ground and looked around him. Only the barest slivers of pink could be seen at the horizon line, and he squinted in the dusk to see if there was any civilization around at all.

The sight of soft orange lights near what looked like a body of water drew Phil downhill, his recovered shirt wrapped around his injured hand and Chibbs' remote weighing his pocket down unevenly. He trudged through the muddy grass, cursing under his breath as his loafers soaked through and his feet became nearly chilled to the bone. A sudden gust of wind from the direction of the water cut through his undershirt, and Phil shivered, his cursing turning to address Chibbs and whatever freaking mess the man had gotten himself, and now Phil, into.

He reached the bottom of the hill to find a small village in front of him, mostly dark but for some glowing lights shining through thick, wavy glass. He looked around in the fading light, shoving his good hand through his hair as he tried to find a diner or bar or old-timey tavern or something that wasn't a house with people who would probably bolt their doors at the sight of him. He wandered a bit down a cobblestone street, glancing at the houses he passed and growing more hopelessly desperate with each passing minute. The sudden bang of a door being thrown open and raucous laughter

filled the air to Phil's right, and he breathed a sigh of relief. Where there was laughter, there would be people. And where there were people, there would probably be a phone and maybe even a good Samaritan.

Phil jogged over towards the sounds, clutching his nearly saturated shirt tightly to his hand. As he got closer, the laughter got louder, and Phil could even hear strains of music coming from the most brightly-lit building on the block. Checking both ways first, though, come to think of it, he hadn't seen a single car in his wandering, he crossed the street, wrenching open the heavy wooden door of what was clearly a bar. He ducked inside, blinking against the sudden onslaught of first light, and then silence. He looked at the various people seated at tables throughout the place, and had an immediate gut feeling that something had gone very, very wrong when Chibbs handed him that remote. Swallowing past the lump in his throat, he stepped forward.

FAST FICTION

by Chennah Sharpe '17

Pick apples wisely, especially
those

fallen...

by David Martineau '18

"The World"

Look...do you see? It's beautiful.

by Marisa Gonzales '18

Tranquility
Deep blue fades into the light.

by Matt Farrell '17

In Our Attempts to Reach Success

We all become the impoverished.

by Abby Johnston '17

The kettle screamed six times today.

PHOTO COURTESY OF PEXELS.COM

PHOTO COURTESY OF PEXELS.COM

Listomania Future Presidential Debate Topics

Best Ice Cream Flavors

Hair Gel: Yay or Nay

Coughing, Sniffing, and Tissues

Staples or Paper Clips

What's the deal with airline food?

Brangelina

Internet Explorer or Firefox*

Marvel or DC

Coke or Pepsi

Oreo eating methods

Taco Tuesday or Chicken Nugget Thursday

Team Edward or Team Jacob

Gale or Peeta

Dunks or Starbucks**

*JK, Chrome

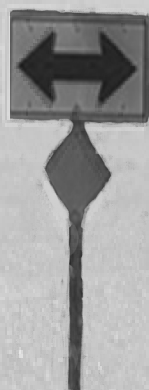
**Peet's? Anyone?

BASIC TRUTHS

by Matt Farrell '17
Portfolio Staff

POETRY

What is truth? Is it the lack of falsehood, or can truth be what one makes it? Without proper knowledge, truth is a label that defines anything possible. There is knowledge not yet discovered, is that "truth-to-be-determined?" We become obsessed in finding out the truths to our world, but we deny basic truths such as, "Everyday children go hungry." Those same children, starving for knowledge, grow weary. Many beings' basic needs failed to be reached, and we see injustice become truth. History will be written about these truths, but where's the justice in that?



anything possible. not yet discovered, be-determined?" We finding out the truths we deny basic truths children go hungry." starving for knowledge, beings' basic needs and we see injustice History will be written but where's the justice

PHOTO COURTESY OF PEXELS.COM

Tiffany & Earl

Making PC an emotionally stable place one letter at a time

Dear Tiff and Earl,

There is a cute guy who sits next to me in class. We're almost halfway through the semester. Is it too late to say "hi"? How do I break the ice?

Sincerely,
Looking for love in all the wrong places

Dear Juliet,

It's never too late to say "hi," especially if the boy is really cute! The most important thing that you need to do in this situation is to be bold.

Boys find it endearing when you're awkward and clumsy, so try to break the ice by spilling your entire iced coffee on him. Not only will that literally break some of the ice cubes as they shatter on the floor, but you'll have plenty to talk about as you desperately try to clean up the huge mess. "Oh, I'm sorry! I'm just so awkward and adorable and girl-next-door-like that I just completely spilled all over you like we're in a movie and now I need to make it up to you and eventually make you fall in love with me in the process! Have we met before?"

Don't fret if he seems to get upset or curses at you for ruining all of his notebooks and his laptop—that's just him playing hard to get! The angrier he appears, the cuter he thinks you are. Trust me. I've done this hundreds of times, and although no romance has budded from any of those moments, I know for a fact that it works if the coffee is cold enough.

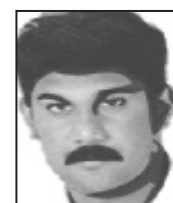
Just remember: you're not annoying, you're endearing.



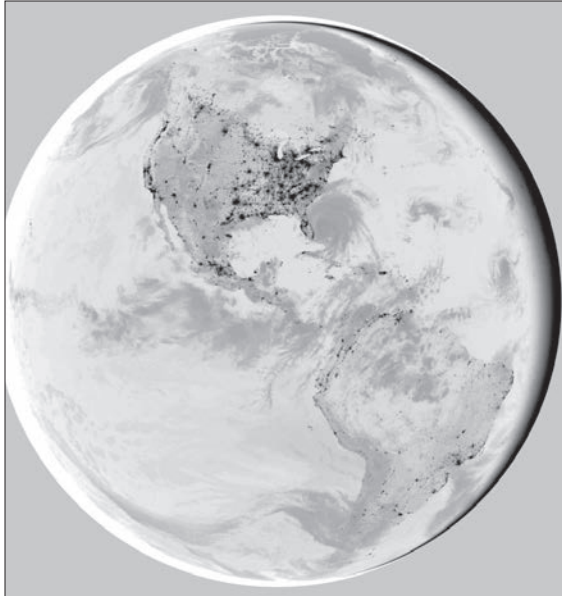
Tiffany

Dear Love-seeker,

You ever see that movie, what's the one? You know the one, the one where Zooey Deschanel plays the awkward girl and she's all quirky and unconventional and the guys just can't get enough of it?! I don't remember which movie it was, but it doesn't really matter, literally just watch any Zooey Deschanel movie and that should be better than any advice I can give. Zooey knows how to get a guy's attention. It's all about being quirky, and Zooey's got it down to a science.



EARL



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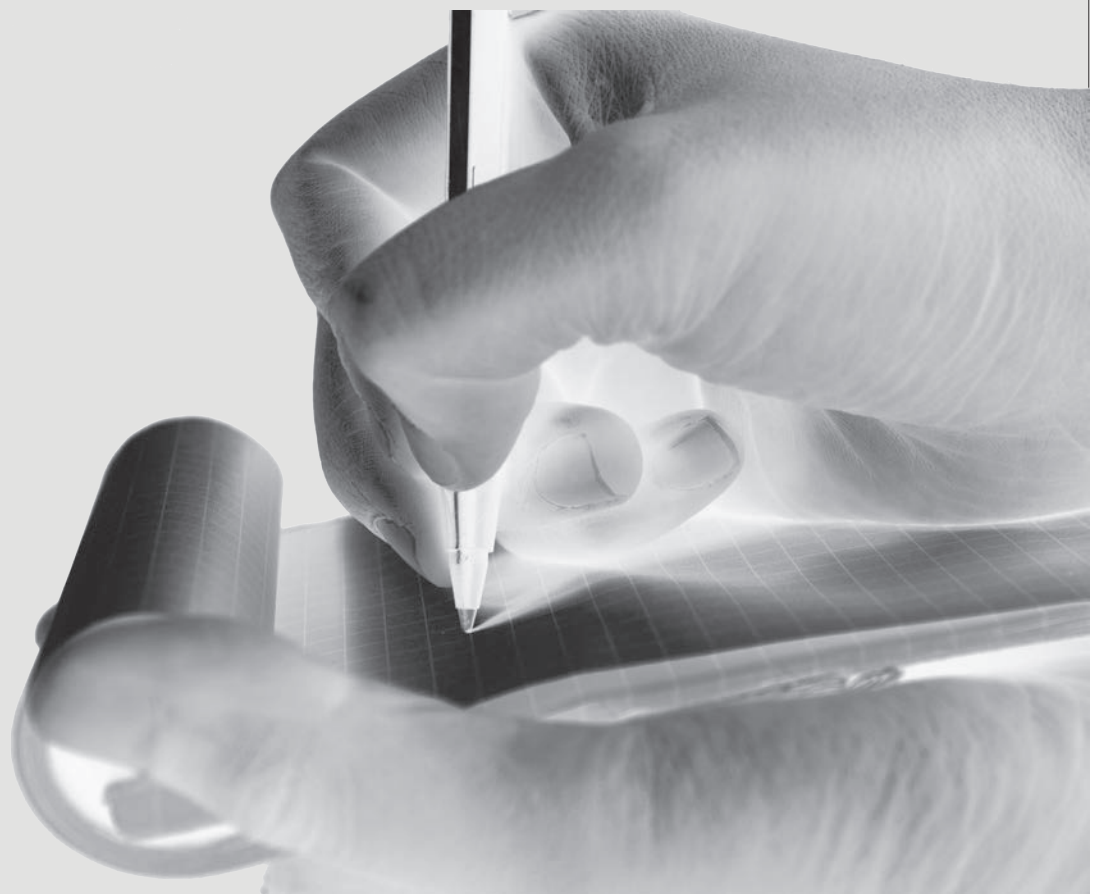


PHOTO COURTESY OF WWW.WIKIHOW.COM

Dear T:

It seems like just yesterday we met and were chatting about our future plans in Peterson!

Thank you for the best 15 years a husband could ever wish for. I'm so thankful that God brought us together, blessed us with A, and strengthened our family every day since.

Happy 15th Anniversary, and...Go Friars!

Love,

B

10/07/01-10/07/16





SPORTS

Your Guide to Concannon's New Equipment

by Jake Searbo '17
Sports Staff

COLUMN

All of us students at Providence College are blessed to get memberships to a world-class gym for just the small price of tuition. Many of the students here utilize these facilities to get in tip-top shape for the intramural season or to impress that cute boy or girl in class. This year, there are a few new pieces of equipment that students can use. All of them will turn you into the athlete you have always desired to be.

The first piece of new equipment is the rowing machines. Anyone who has used rowers before knows how jerky they can be when you're moving back and forth. The great aspect of these rowers is that there is water in the front of the machine, which creates tension while rowing. Since there is water, this rower is incredibly smooth and made for a tough cardio workout. Not only was my heart rate high but I could also feel the burn in my whole body. I was

sweating up a storm after a couple minutes of rowing, so only try this if you're ready to feel sore in the morning. There are two rowers on the second floor and two on the first floor so there should always be one open for use.

The next pieces of new equipment are the elliptical machines. There are the classic standing variety but there are also ones where you can sit down. Even though the sitting ones felt like a glorified bike, it will be nice to be sitting for all the lazy gym goers out there. I would not recommend using the this kind if you are attempting to actually exercise, but if you are feeling lazy and want to sit while using an elliptical, be my guest.

The classic standing variety ellipticals are very nice. Of all the times I have used ellipticals in my life, this one felt the most like I was truly running. There were endless options of workouts, ranging from speed training and long distance to the X mode. This setting allows you to set a goal for your workout and helps you reach

that goal by showing your progressions throughout. I used this mode to try and run two miles in 16 minutes and it helped me keep my pace. It was almost like a personal trainer leading me through a workout.

The only problem I had with these machines was trying to figure out my stride length. I ultimately figured out my ideal stride length, but I had to estimate a couple of times before I found the best one. Overall, these are the best ellipticals I have ever used and would recommend them if you're not up for a jog around the neighborhood.

The new equipment is awesome, but the talk of Concannon Fitness Center is the Jacob's Ladder. This machine is like nothing I have ever seen before and does not seem to fit in at a gym. To use it,

you must buckle a strap around your waist and slowly start walking up the ladder. Once there is tension on the strap, the ladder rungs start to move. The more

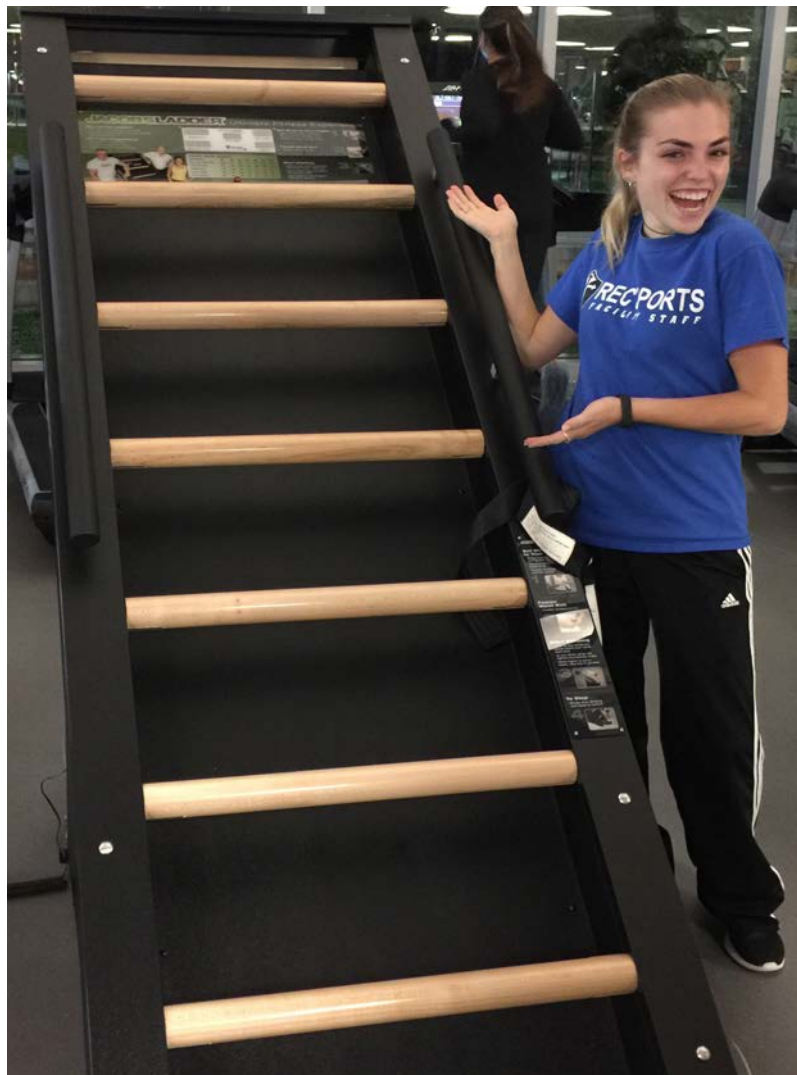
tension you put on the strap, the faster the rungs move.

Connor Hoge '17 commented that the ladder machine "challenges you to

have great hand eye coordination and to know your own abilities because if you go too fast you will lose control and fall."

From watching him use the machine, I could see how hard it was to put your hands and feet on the correct rungs while also controlling the speed. Steve Crowley '17 noticed, "The strain the machine puts on your calves." The ladder machine is exciting but should not be a part of anyone's easy workout.

Overall, the new gym equipment is a huge positive for anyone trying to exercise. Now is a perfect time to bulk up because winter is coming.



Lauren Wyse'17 poses candidly with the new ladder machine. PHOTOS COURTESY OF EMOJIPEDIA.ORG AND THE SPORTS SECTION

Pink: All Pink Everything!

Continued from front page

The Providence College Women's Soccer Team is getting involved as well. The team will be wearing pink jerseys for the whole month, as well as having a Pink Out game (date to be decided). When asked what it means to be able to support this cause, goaltender Shelby Hogan '20 and her teammates said, "As a women's team it's a good chance for us to show our support. There are many people in our community and members of our team with loved ones fighting against the disease, so to be able to have an opportunity to raise awareness means a lot to us."

Similar to women's soccer, the Women's Volleyball Team will be hosting a Pink Out game on Oct. 16 against St. John's University as well as wearing pink jerseys for the entirety of the month. Defensive specialist Michelle Cruz '17 said, "The pink out game is so special to me because we are raising awareness for this unfortunate disease and, as a Friar Family, we are raising money for these individuals who are fighting courageously for their lives while we have the opportunity to fight on the volleyball court."



PHOTO COURTESY OF WPRL.COM

On top of PC's Division 1 teams getting involved, Club teams have started making plans to celebrate the cause. Gianluca Diubaldi '18, a member of the Providence College Men's Club Soccer Team, is working on getting pink tape and socks for the team to wear during a game. The

Athletics department will also be hosting their annual push-up competition, which they call "Pink Out Friartown." In the past, they have sold dri-fit T-shirts to benefit the Gloria Gemma Breast Cancer Resource Foundation.

All for Intramurals, Intramurals for All!

by Liza Sisk '19
Sports Staff

COLUMN

Providence College boasts many Division 1 accolades in athletic endeavors ranging from conference championships to national championships, and everything in between. This theme of athletic excellence not only pertains to Division 1 Varsity sports, but to the intramural teams as well. As of last fall, PC was voted the number one Intramural Program in the country by The Princeton Review. The quality of the program, combined with the immense pride PC students have in winning intramural championship t-shirts creates a strong opportunity for students to get involved in sports ranging from the typical to the unusual.

The intramural sports program is overseen by the Intramural Athletic Board (IAB), a student group that organizes all games and competitions. The goal of IAB is to create a competitive and fun environment for students who desire to participate in athletics without the commitment of Division 1 or club level sports. At the College, over half of the student body participates in intramurals. PC was ranked number six by The Princeton Review for schools at which "Everyone Plays Intramurals."

Last year, IAB incorporated the addition of a Spikeball league to the spring intramural schedule. It was incredibly well received by students and was offered this fall as well. Allie Patrina '17 participated in the Spikeball season for the first time this fall and she said, "Spikeball is a new, fun sport that anyone can play and have fun with. It was highly competitive, but all in good fun." Brendan Carroll '19 also participated in Spikeball this season and while reflecting upon the experience said, "Despite a losing record, it was a lot of fun to compete in the growing sport of Spikeball against some great opponents." He looks forward to competing in Spikeball again this spring. Their season just wrapped up, along with the singles tennis

season. Indoor soccer, field hockey and kickball are in the throes of their seasons, and flag football playoffs have just begun.

The remainder of the fall semester brings handball, wallyball, 3 vs 3 basketball, ice hockey, and dodgeball. Handball and 3 vs 3 basketball are offered in both men's and women's divisions, while dodgeball is offered in a co-rec division, as is ice hockey. Wallyball is offered in men's, women's and co-rec divisions.

The most popular intramural sports at PC are flag football, 5 vs 5 basketball, and badminton. Maggie Salandra '19, a member of the IAB, said that, in her opinion, "Men's flag football is generally the most competitive and popular sport we offer." Flag football is offered in four different leagues: Men's A, Men's B, Women's and a Freshman division. This year there are 48 flag football teams participating in intramurals across the four different divisions.

The spring semester brings the beginning of the 5 vs 5 basketball, badminton, table tennis, wiffleball, inner tube water polo, outdoor soccer, volleyball, ultimate frisbee, softball, and lacrosse seasons, as well as a second Spikeball season. The process for registering for intramurals is made very simple, allowing for as many students to get involved as possible. All that is required is one team member to attend a captains meeting, followed by online registration from all team members.

The next opportunity for PC students to get involved in the intramural program is by participating in the wallyball or handball leagues. Wallyball is a combination of volleyball and racquetball, while handball is similar to soccer and football. The captain's meeting for wallyball is Oct. 18 at 7 p.m. and the handball captain's meeting follows the wallyball meeting at 7:30 p.m.



Students showing off their championship shirts.

Top left to right: Jake Beman'18, Ant Fallon'16, Matthew Gould'19, Jack Simoneau'18, Sean Wilson'16, Nick Sweeney'18, Jake Quinn'18, Brain Sparke'16, George Allen'16, Cam Condry'16, Ryan Casey'16, Rob Taranto'19, Joseph DeChirico'17, Kyle Caragliano'18, Mitchell Sullivan'17, Tony Caragliano'16

Bottom left to right: Richie Williams'19, Mike Powers'18, Kaitlyn Dempsey'17, Tegan Eileen'16, Kaitlin Koste'17, Carley Pearson'18, Julie Bloomer'18, Morgan Itz'18, and Maggie Salandra'19

PHOTO COURTESY OF MITCHELL SULLIVAN

EASY, MLB!

As we progress further into the NFL season and draw closer to October baseball, fans are presented with one of the best times of the year for professional sports. It seems every NFL Sunday gets more and more important for team's playoff hopes, as there doesn't seem to be a standout favorite to win any division (excluding the AFC East where New England runs the show). Meanwhile, the MLB season reaches its final days and the playoffs are shaping up to be another battle that could result in anyone taking home the World Series.

It's so hard to argue against an NFL empire that has practically claimed ownership over every day of the week, but the MLB playoffs cannot be shortchanged. This year in particular, the Chicago Cubs are attempting to finally break their curse of 107 seasons without a championship, and the Boston Red Sox find themselves trying to repeat what they did back in 2013 by going from worst in their division to world champions the following year. The MLB playoffs never seem to disappoint, as there are always late game dramatics and huge comebacks that seem impossible (looking at you, 2004 Red Sox). Personally, baseball has blessed me with countless unforgettable moments that I'll cherish forever. October baseball just brings an elevated level of skill, one that you don't always see as a fan watching the six month long regular season. As for the NFL, there are only about four or five teams that are actually worth watching. So go and enjoy your Sunday football, but don't forget that playoff baseball can put fans in the seats too.

-Kevin Skirvin '18

WHAT'S MORE

ENTERTAINING: NFL
REGULAR SEASON
GAMES OR THE MLB
PLAYOFFS?
NO WAY, NFL!

For me, the question is relatively simple—which is more watchable? I used to love baseball, and I still enjoy it. But the problem is it gets so old after a while. The MLB plays 162 games, averaging over three hours long each time. Play is slow and lethargic, and while the constant commercial breaks between innings are bad, the time between pitches is just as annoying. The MLB has tried to pull out all the stops to quicken games, only to be met with furious opposition by traditionalist players and coaches. Call me out for having a short attention span if you want, but even the baseball playoffs have become a slow drag—I'll watch the Red Sox play, but apart from that, wake me for the final game of the World Series.

Contrast that with the NFL. I would watch a regular season game in a heartbeat. The games are three hours long, but note that in football there are only 16 regular season games, with one game a week, which is perfect for viewers to kick back and enjoy their Sunday afternoons. The games are much more high scoring and fast-paced—unlike in baseball where the right fielder could find himself unused for innings on end. In football, the right guard (and every other player on both offense and defense) has to keep going hard on every snap. The way that I look at this argument is that I would never, ever miss a Patriots game. The Red Sox? Maybe I'll check the score later. With my apologies to the Red Sox, the beloved team of my youth, give me a drink and bowl of popcorn and I'll watch the Patriots first any day of the week.

-Jeff Williams '17