



Our Town

by Kerry Torpey '20
A&E Staff

THEATER

On Sunday, October 23, I attended the matinee performance of *Our Town* at the Angell Blackfriars Theatre in the Smith Center for the Arts. Written by playwright Thornton Wilder in 1938, *Our Town* follows the lives of ordinary people living in Grover's Corners, New Hampshire at the turn of the 19th century.

The play is separated into three acts: "Daily Life," "Love and Marriage," and "Death and Dying." Act I begins in 1901 and the play concludes in 1913. In each act, the audience follows the changing lives of the Gibb and Webb families, as well as their many counterparts throughout the town.

Immediately upon entering the theater space, I knew that this play was going to be unlike any production I have previously seen.

The first thing I noticed upon finding my seat was the lack of set design. Rather than creating a large, complex town, the production staff utilized nothing more than a few chairs, tables, and the theater itself. For example, the main street of Grover's Corners could be found in a blocked-off row of chairs in the middle of the audience.

Using the minimalist set gave the audience the opportunity to imagine it themselves. The omission of props allowed me to imagine what the actors were holding or doing based on their movements and emotions.

A major factor that made *Our Town* stand out from other productions was the audience's involvement in the play itself. The actors started the show in seats throughout the theater, meaning you could have been sitting next to Mr. Webb or Sally Stimson and would not have noticed until the play started.

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News

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Sports

PC's Field Hockey team has been making waves with an impressive season this fall. Turn to the front page of Sports to learn more about their year.

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A Look Ahead at New Student Family Weekend *Students and Families Will Celebrate Athletics, Arts, and Academics*

by Gabriella Pisano '18
News Staff

ON CAMPUS

With October about to come to a close, it is time for Providence College's annual New Student Family Weekend. This coming weekend, Friday, October 28 to Sunday, October 30, will be PC's Centennial New Student Family Weekend.

During New Student Family Weekend, families of new students are invited to come to PC and explore the campus, sit in on classes, attend lectures, watch the Friars play, and celebrate mass. This year is particularly special because PC has been "celebrating tradition and spirit for 100 years."

Families will not run out of choices with all of the available activities.

The weekend kicks off on Friday, October 28 with class sit ins. Parents are invited to sit in on a class of their choosing, and are even able to go to classes that their students do not take. A list of available classes is provided to parents upon registering for family weekend.

From 3-5 p.m. on Friday, PC's annual fall event, Pumpkinfest, will take place. Families from the Smith Hill community are invited to join the College's campus fun for an afternoon of entertaining fall events.

Activities will include pumpkin painting, a baby farm animal petting station, and hay rides. In true fall spirit,



Freshmen students and families will reunite this weekend to celebrate 100 years of PC tradition.

PHOTO COURTESY OF PROVIDENCE.EDU

there will also be apple cider and donuts. PC's A capella groups, Anaclastic, Special Guest, and Strictly Speaking will also be present.

The PC Department of Theatre, Dance, and Film invites all to attend a performance of Thornton Wilder's play, *Our Town*. Performances are on Friday and Saturday at 8 p.m. and Sunday at 2 p.m.

Sporting events are taking place during the weekend, including Women's Ice Hockey vs. the University of Maine on Friday at 7 p.m. at Schneider Arena and Men's Basketball vs. Carleton University on Saturday at 7 p.m. at the Dunkin' Donuts Center in downtown Providence.

Saturday morning from 8:30-10 a.m.

official registration for events will take place along with a continental breakfast in the Peterson Recreation Center. Pre-ordered tickets will be available for pick-up there. From 12:30- 3 p.m., registration will continue outside of the Ruane Great Room.

College President Reverend Brian Shanley, O.P., will welcome families of the Class of 2020 and give his opening remarks at 10 a.m.

Following this, a social entrepreneur, television personality, and women's rights activist will give a special presentation. Shiza Shahid is a co-founder of the Malala Fund along with Malala Yousafzai. PC's Class of 2020 read about Malala's inspirational story in *I am Malala* for

their common reading for New Student Orientation.

After this, families are able to customize their Saturday afternoon according to their interests. They are able to select sessions and events to attend.

Sessions include: "Mid-Semester and Beyond—Strategies for Students and Parents," "Career Education and Professional Development Seminar: Don't Wait...Discern and Prepare for Who You Will Be," "Study Abroad 101," "Wrestling with God," "PC's Centennial: The Future Emerging from the Past," "New Student Family Weekend Performance of Music, Dance, and Theatre," and more.

The two "Explore Providence bus tours," which are two-hour journeys exploring the city of Providence, have attracted great interest and are actually sold out.

This tour will drive through the most historic neighborhoods of Providence, stop at beautiful sights, and show those in attendance places to eat and shop.

The weekend ends on Sunday, October 30, with an 11 a.m. mass, which will be concelebrated with Fr. Shanley as the principal celebrant and other members of the Dominican community.

A jazz brunch will immediately follow mass. The jazz brunch will have a buffet brunch with a live jazz band performance.

Sydney Caparaso '20 is very excited for the weekend after a long separation from her parents. She thinks the weekend will be "comforting and refreshing" and feels lucky "to have the opportunity to spend my first parents weekend during PC's centennial celebration."

Honors Symposium: 'Truth in the Liberal Arts' *Doris Kearns Goodwin & Others Participate in Weekend Event*

by Benjamin Bauchiero '18
News Staff

CAMPUS EVENTS

This weekend, Providence College's Liberal Arts Honors Program hosted a two-day "Truth in the Liberal Arts" Honors Symposium.

According to Dr. Stephen Lynch, the head of the honors department, the idea for the symposium was proposed four years ago. The idea was to create a topic that was relevant to the Development of Western Civilization curriculum and the liberal arts nature of the college.

The symposium was different from many other academic conferences that usually take place. Rather than focusing on a single discipline, the aim of the symposium was to create a conference that would speak across the disciplines and focus on one central question that encompasses them all. The question of truth was the overarching question on which the symposium focused.

Scholars were brought to campus that could address the issues of truth from broad perspectives that would be an interest to faculty, alumni, students, and non-academics.

The main speaker was Doris Kearns Goodwin, who addressed over 300 people in the Peterson Recreation Center on Friday night.

She was able to speak to both specialists and non-specialists alike as she discussed "The Presence of the Greatness of the Past." Upon the completion of her speech, she received a standing ovation from every member of the crowd. In addition, she answered several questions regarding her speech in a complex, insightful, and probing response.

The symposium continued on Saturday morning with several panels in the Ruane Center for the

Humanities that further addressed the theme of truth. The panels offered a unique opportunity for students as they were brought outside the classroom, where they are largely influenced by only one professor. During these smaller panels, students were able to see differences in opinions of their own professors and the panelist brought in to talk.

Scholars were brought from all over the nation, including the University of Notre Dame, Brown University, Sewanee: The University of the South, Poynter Institute, and the CEO of the Ground Truth Project.

One panel was titled "Truth in Contemporary Media," and it was given by Kelly Malone '86, Dr. Eric Bennett, Roy Peter Clark '70, and Charles Sennott '03.

Sennott, the founder of the company Ground Truth, shared his story which brought a unique perspective to truth. He began by explaining how journalism is a profession of truth, that each journalist enters an unspoken contract to seek truth in any and all situations that they cover.

Sennott explained how it is harder now more than ever to discover what the truth is. He has an interesting history, which has included time in both Afghanistan and Iraq reporting on what was taking place during the global war on terrorism.

During his time, while in the midst of a war zone, Sennott found that he was able to travel freely because everyone wanted their side of the story shared with the press. Nowadays, however, journalism is not as welcomed as extremist groups such as ISIS target journalists in order to stop the spread of the news from their territories.

This led to Sennott's work with Ground Truth, which has the main goal of delivering truth across all medias including written stories, photographs, videos and other media, and local interviews/opinions.

The second panel was titled "Truth in Philosophy, Science, and Religion," and it was given by Dr. Colin G. King, Rev. Nicanor Austriaco, O.P., Professor Kenneth Miller, and Professor Meghan Sullivan.

Nicole Herendeen '17, a member of Dr. Suzanne Fournier's honors writing class, attended the symposium with her classmates. Herendeen stated, "The panels were lively and engaging. I enjoyed listening to both the PC professors and the visiting speakers. They really helped me think about my own writing and journalism!"



Doris Goodwin addressed a crowd of 300 people talking about "The Presence of the Greatness of the Past."

NICK CRENSHAW/THECOWL '20

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Friar Flashback: Exploring The PC Tunnels

Do They Exist? Where Are They? And...WHAT'S DOWN THERE?

by Meaghan Dodson '17
News Co-Editor

FRIAR FLASHBACK

During this centennial year, massive amounts of construction mean that Providence College is both "breaking ground" and gaining new ground. As Halloween approaches, however, another "ground" to consider is PC's underground, a.k.a., the PC tunnels.

The College's tunnels run underneath a large part of the campus. The lower campus tunnels connect what used to be Dore Hall (and what will soon be the Arthur F. and Patricia Ryan School of Business Studies) with Fennell Hall. Offshoots of these tunnels connect to buildings such as St. Catherine of Siena Hall and Koffler Hall. Suites Hall and the Bedford/Davis Halls, although also a part of the lower campus scene, were built more recently and thus are not a part of this tunnel network.

The tunnels exist because lower campus was once the Providence City Hospital for Contagious Diseases. According to a former Cowl reporter, the hospital opened its doors in 1910 and for 50 years it treated patients with diseases such as chicken pox, measles, diphtheria, and scarlet fever.

The hospital was renamed the Chapin Hospital in 1931 in honor of its founder, Charles V. Chapin. By 1965, the majority of patients that the hospital took in were being committed to the hospital's psychiatric ward.

The tunnels themselves were used to transport staff members, supplies, and bodies without exposing them to the harsh New England winters.

The hospital closed down due to bankruptcy in the mid-1900s, falling into the hands of the City of Providence. PC began paying \$1 a year to rent Fennell Hall as a dormitory and by 1975, the College purchased the former hospital property from the City.

The second set of tunnels exists on upper campus and connects buildings such as St. Joseph Hall, Feinstein Academic Building, Accino Hall, and the president's house. These tunnels, just like the lower campus ones, were used for PC staff members to transport supplies without needing to step outside.

Both the lower and upper campus tunnels are no longer in use. The lower campus tunnels were open until the 1980s as the site of annual "haunted" Halloween tours. Eventually, however, the pipe network and structural integrity of the tunnels made them unsafe.



This photo, displayed in the Phillips Memorial Library foyer, shows Dan Crimmins '85 leading the way on a Knights of Columbus sponsored Halloween tour of the Dore Hall tunnels.

PHOTO COURTESY OF KEN SAGGESE '85

Kevin Hillery, associate director of residence life, doubts they will ever be reopened again since all of the recent construction has altered the landscape of the College even further, making the tunnels even more unsafe.

The upper campus tunnels, meanwhile, have been cemented over. According to a member of the PC community, however, students were able to get some use out of the tunnels before this occurred. At one time, a group of students from St. Joseph Hall apparently snuck through the tunnels and entered the cellar of the president's house, stealing several cases of beer. Unfortunately, however, the nature of the evidence makes it all too likely that it has been consumed by the students who stole it.

In the present day, when PC students discuss the tunnels, they usually ask two questions: Are they haunted? And, do people still go in them?

Hillery affirmed that the tunnels are locked and that both the tunnels and the dorms they connect are most certainly not haunted. "No, they're not haunted," he laughed. "If anything, we have friendly ghosts. They make your beds and fluff your pillows."

Some students, however, tell a different story. One PC senior revealed that he has been in the tunnel "two or three times" via a loose window screen on Dore Hall. The inside of Dore, he claims,

was "sketchy," with the insides ripped out and doors off their hinges. According to the student, Dore had "two or three" staircases, one of which led to an unlocked basement door which in turn led to the tunnels. The student claims that the tunnels are in varying stages of development, with some having been built with only stone and mortar, while others have plain, straight cement walls. Some of the tunnels are big enough to walk through, while others are so small that the student had to duck his head to avoid the pipes.

The student revealed that he could occasionally recognize where he was. One room was filled with paintings, he said, while another was filled with spray paint cans and students' initials on the walls. The student claims to have added his own initials to the "mural."

When asked if he saw anything "spooky," the student disclosed that he left the tunnels disappointed. "I wish I saw something. That would have been cool."

In the end, the PC tunnels are—very literally—a part of the College's very foundations. From their hospital beginnings to their current decaying state, only one thing can be known for sure: as PC's underground begins to crumble and fade, the campus above them is ready to flourish and add even more history to the College.

PC Alumni Inducted into RI Hall of Fame

Former Athletes Jenkins and McBurney Known For Community Contributions

by Daria Purdy '19
News Staff

HALL OF FAME

Two unique Providence College alumni, Lionel Joseph Jenkins '58 and John F. McBurney Jr. '48, have been recognized by the state Hall of Fame.

The Rhode Island Heritage Hall of Fame announced 14 recently deceased and prominent Rhode Islanders to be inducted on Oct. 30, including Jenkins and McBurney.

The Rhode Island Heritage Hall of Fame was created in 1965 to recognize exceptional citizens of the state. According to the Hall of Fame induction citation, the organization was created to honor men and women who have "made significant contributions to their community, state, and/or nation."

The Hall of Fame also uses interactive technology to tell the biographies of their inductees,

thereby illustrating the history of the state.

To be inducted into the Hall of Fame, a person must have been born in Rhode Island, or studied, lived, or worked in the state for a significant amount of time. The Hall includes 757 Rhode Islanders, including Roger Williams and the chief sachems of the Narragansett and Wampanoag tribes.

Jenkins, one of the PC inductees, was an outstanding basketball player at both Mount St. Charles Academy in Woonsocket, Rhode Island and later at PC. Jenkins was born in Washington, D.C., in 1934, but his parents sent him to a non-segregated boarding school to get an education.

After displaying his impressive basketball skills at the Mount, Jenkins received a scholarship to play the sport at PC. According to the Hall Board of Directors President Patrick T. Conley, at the time "black athletes were a rarity at PC, and he broke the color line."

After graduating from PC in

1958, Jenkins enlisted in the U.S. Army. After his period of service, Jenkins began a career with the U.S. Department of Housing and Urban Development (HUD), where he rose to the position of regional director and worked to prevent instances of housing discrimination.

Throughout his life, Jenkins always remembered the opportunities PC gave him. He was a loyal alumnus and remained active with the school. For his contributions, he received PC's National Alumni Association Exemplary Citizenship Award in 1993 and the Mal Brown Award in 2004.

McBurney was also a very talented athlete at PC. He was an All-American baseball player during his time at the College, and went on to play AA baseball for the Pittsburgh Pirates and New York Giants.

After graduating from PC in 1948, McBurney went on to serve in the military during World War II. For his valor during his service, he received the Legion of Honor and

the Bronze Star.

McBurney entered the State Senate in 1958 and served as the representative of the 38th district of Pawtucket for 16 years. According to the *Pawtucket Times*, McBurney "chaired the Judiciary and Health, Education and Welfare Committees, and introduced RI's Fair Housing Act in 1964 over entrenched business interests."

McBurney was also a practicing trial attorney starting in 1953 and founded McBurney Law Services in Pawtucket.

A dinner and induction ceremony for the Rhode Island Heritage Hall of Fame will be held Sunday, October 30, at the River Falls Restaurant in Woonsocket. The donation for the dinner is \$50, and tables for eight can be reserved.

The Rhode Island general public is urged to attend the event, at which all 14 inductees will be presented and recognized.



Bursting the PC Bubble

by Marla Gagne '18
News Co-Editor

Global CO2 Levels Reach Record High

Despite international efforts to lower fossil fuels and increase renewable energy, the UN World Meteorological Organization (WMO) says greenhouse gases increased to a symbolic milestone for 2015. Global amounts of carbon dioxide (CO2) have reached 400.0 parts per million (ppm) for the first time in history and are 44 percent above recorded Industrial Revolution levels. The increase in CO2 comes largely from the 2015 warm weather cycle El Niño, which affected temperature and rainfall and has caused severe drought in some regions. Some sources, such as forests, vegetation, and oceans, may soon become unable to absorb the CO2, keeping it in the atmosphere for longer periods of time. Secretary General of WMO, Patteri Taalas, said despite action by international powers to increase renewable energy, countries must be highly aware of increasing carbon dioxide levels that can stay in the atmosphere for thousands of years.

Immigrants Struggle to Find Secure Homes in France

Thousands of immigrants are looking for a place to stay after the French government dismantled their makeshift campsite. Known as "The Calais Jungle," the camp is home to 6,500 immigrants mainly from Afghanistan, Syria, and Eritrea. The relocation in Calais, France has been peaceful so far, despite some protests from immigrants who burned toilet blocks or threw stones at the police. The French government plans to relocate the immigrants, which includes 1,300 children, to over 450 centers across the country. France is one of many countries around the world struggling to handle immigrants fleeing from war-torn and impoverished nations.

Explosion in China Injures Over 100 People

Some buildings and homes in northwestern China were torn apart or reduced to rubble, forcing firefighters to search for and rescue survivors. The destruction came in the afternoon when at least 10 people were killed and more than 150 wounded, many still recovering in the hospital. The explosion, which investigators believe was not deliberate, may have been caused by dangerous chemicals and substances being improperly stored too close to homes. The Chinese government has become increasingly strict in enforcing safety rules, reducing deaths and injuries from industrial work.

Trump's Campaign Admits They Are Behind

Despite claims by Donald Trump that he is winning the election, his campaign manager, Republican Kellyanne Conway, said, "We are behind," in a *Meet the Press* interview. But she believes her candidate is still very much in the race, and they plan to target undecided voters. Going forward, Trump will pay special attention to Florida, Ohio, Iowa, North Carolina, and Nevada, while protecting Arizona and Georgia. Trump has recently come under scrutiny for his comments and treatment regarding women. He announced in a recent speech in Gettysburg, Pennsylvania that the women stepping forward claiming he sexually assaulted them are "liars," and will be sued after the election. Recent polls show Clinton leading Trump by 12 points.

Congress Updates

by Meaghan Dodson '17
News Co-Editor

CONGRESS

On October 25, 2016 the 67th Student Congress was in session. The presidents of the various classes thanked congress members for an excellent weekend retreat, and they encouraged everyone to attend this Friday's Pumpkinfest.

Congress members further discussed internal issues. A piece of legislation transferring the Student Congress committees to the Constitution of the Student Congress was passed. Members also discussed approval for the process for cuts, but this legislation was tabled until the piece could be fully completed. Finally, congress discussed the suspension and expulsion process for its members.

Student Congress' support for the Civility Statement of Providence College was discussed. The piece is based off other colleges' civility statements and it was written in collaboration with other clubs on campus. There was some concern, however, that the piece would de-legitimize some of congress' other statements of position and that it would limit constructive criticism.



Club Spotlight: Best Buddies

by Meaghan Dodson '17
News Co-Editor

CLUB SPOTLIGHT

Looking to make a few more friends on campus? Then maybe you should join Providence College's Best Buddies!

Best Buddies is a club that pairs PC students with individuals who have intellectual and developmental disability disorders in order to form long-term friendships. The club is the PC chapter of a larger, international organization aiming to establish "a global volunteer movement" of friendship and caring.

During their time with Best Buddies, students are expected to meet with their buddies at least once a month, and the club sponsors numerous on-campus events to facilitate these meetings. Examples of club events include Halloween and Christmas parties, yoga classes, and dance nights.

The club also takes part in off-campus events, as several students and their buddies participated in Best Buddies' annual Blum Shapiro Softball Showdown held in Cranston last month.

The most recent Best Buddies event was the Match Party/Halloween Party that was held last Friday, October 21 in the Aquinas Lounge from 5-8 p.m. Students were "matched" with their buddies as both students and buddies alike were given half of a Halloween themed picture and told to find their partner who would complete the picture. After the matching, there was pizza, music, and dancing, as well as a toilet paper mummy contest and a T-shirt drawing contest.

Daniel McGrath '17, the club's friendship coordinator, stated, "The club opens people up to the idea that people with intellectual disabilities have the same interests, hobbies, and individual personalities as those who do not."



Students and buddies alike thought the Halloween Party was a "treat!"

KRISTINA HO '18/THE COWL



Review: TDF Presents *Our Town*

Continued from front page:

The narrators of the play were two stage managers, played by Brian Kozak '17 and Amanda Piechota '19. With their help, Grover's Corners came to life. They pointed out where everything was in town and served as the guiding directors for the play.

As the actors moved around the theater during "Daily Lives," it felt like I was a resident of Grover's Corners. Watching the Gibb and Webb children bicker and run off to school resonated with the audience; anyone could see aspects of his or her own daily routine reflected on stage.

In Act II, "Love and Marriage," the audience focuses its attention on two of the main characters, Emily Webb and George Gibbs, played by Emily Clark '19 and Steven Sawan '20. During a sweet moment in this act, Emily and George create a relationship they hope will last forever.

"Death" looks at the sadness and grief associated with dying from a new perspective. As the town laments the passing of a main character, the audience is brought to a realization that our lives are happy when we acknowledge and appreciate everything in them. As Mr. Gibbs says, "Happiness, that's the great thing!"

Our Town and the universality of its characters and story make for an enjoyable, heartfelt play that encourages the audience to live life to the fullest.

The final performances of *Our Town* will be from Oct. 28 to 30, so get your tickets now!



Actors performing a scene from *Our Town*.

PHOTO COURTESY OF PC THEATER, DANCE & FILM DEPARTMENT

Chainsmokers Drop New EP

by **Luiza Alves '19**
A&E Staff

MUSIC

Since the Chainsmokers visited Providence College and gave what is debated to be one of PC's best spring concert performances, they have not stopped.

At the time of the spring concert, the duo of Andrew Taggart and Alex Pall were in the midst of performing at Coachella. They showcased new music from their set on March 19, 2016, one of the songs being "Closer."

The song debuted on July 29 and quickly reached new rankings on musical charts for the pair. "Closer" is the first song by the Chainsmokers to reach number one on the *Billboard Hot 100*, and has also maintained its number one spot on iTunes since its release, with occasional drops.

Nevertheless, the song has not left the Top 10 rankings on iTunes and has done better than "Roses" and "Don't Let Me Down," which did not go above the top 10 of the *Billboard Hot 100*.

Recently, the Chainsmokers have communicated to their fans via Twitter that they have no plans to produce an album because it would have to develop a period over time



The Chainsmokers pose for a promotional photo.

PHOTO COURTESY OF INYOUSPEAKERS.COM

and is more of a musical commitment than singles.

Nevertheless, they said they would continue to produce singles and that something was in the works. On Sept. 29, they released another single featuring singer Phoebe Ryan titled "All We Know" and disclosed to fans earlier this week that they will be releasing an EP bundle on Nov. 4.

This EP will be named *Collage* to showcase a collage of their best work from different times in their lives. No exact word has been said on what songs will be featured on the EP. However, rumors have circled that "Closer," seeing as it has been their most successful song to date, will be featured as well as a brand new track titled "Setting Fires" featuring XYLØ.

This past weekend the Chainsmokers performed at ADE, or Amsterdam Dance Event, where they showcased some of their most famous remixes and played new songs for the crowd.

The duo announced to Twitter this past Friday, October 21, that the official music video for "Closer" will be available on Monday, October 24.

Beach Boys Album Turns 50

by Joe Clancy '18
A&E Staff

MUSIC

In 1966, it seemed as if the British Invasion had permanent rule over the United States, as bands such as the Beatles, the Rolling Stones, and the Kinks, who all hailed from the United Kingdom, dominated the airwaves.

It seemed as though the American bands that were successful in the late '50s and early '60s had lost their prominence with the death of Buddy Holly and enlistment of Elvis Presley. Not all of the number one hits of 1966 were by British artists, however. Artists such as Simon and Garfunkel found success with "The Sound of Silence" and the Monkees found success with "I'm a Believer."

The Beach Boys were one of these bands and were known as California's band, as they were associated with tunes such as "Surfing in the USA" and "Surfer Girl." The band itself was founded by the three Wilson brothers, as well as Mike Love and Al Jardine, in Hawthorne, California, in 1961.

The Beach Boys received critical acclaim early on, and for the first three years of their existence they had a number of lighter pop singles. In 1964, however, Beach Boys member Brian Wilson took time off from touring and started experimenting with psychedelic drugs.

Unknown to Wilson, at the time of his drug use, he was also suffering from mental disorders, chemical addiction, and food addiction. This led to a number of the band's successful hits, including "Sloop Johnny B" and "California Girls" in 1965.

By early 1966, the Beach Boys decided to stop touring and focus on their studio work, several months before the Beatles made the same decision to release *Sergeant Pepper's Lonely Hearts Club Band*. The recording was unlike anything the Beach Boys had done before, as the band was much more willing to experiment with psychedelics.

The Beach Boys used a number of unconventional



The Beach Boys pose for a promotional photo.

PHOTO COURTESY OF NPR.ORG

tools to make the unique sounds of their album, including actual animals, hence the name of the album, *Pet Sounds*. When the album was finally released in 1966, it received mixed reviews. The album did not fare well with sales in America, which is often attributed to the Beatles' release of *Revolver* not too long after.

However, in the United Kingdom, *Pet Sounds* was received with tremendous acclaim. In the wake of the lack of initial success, the other band members were at odds with Brian Wilson and stopped producing psychedelic songs.

On the 50th anniversary of the album's release, *Pet Sounds* has been cited as the major influence on a number of artist and albums. John Lennon and Paul McCartney have identified *Pet Sounds* as one of the major influences on their groundbreaking, historic album *Sergeant Pepper's Lonely Hearts Club Band*. Roger Waters of Pink Floyd also has said Beach Boys album,

God Only Knows influenced a lot of his work.

After the 1966 release of *Pet Sounds*, Brian Wilson battled a number of mental demons for the next 30 years. These demons were further multiplied by the death of Wilson's brothers and the famous case of him being physically and mentally abused by his appointed mental health overseer.

Last year, in anticipation of the 50 year anniversary, the movie *Love and Mercy* was released, showcasing Wilson's battles with mental health during the production of *Pet Sounds*. The movie featured major stars like Paul Giamatti, John Cusack, and Elizabeth Banks.

Wilson has also made a return to the music scene over the past few years with his successful album *Love and Mercy*, and has made a new tour celebrating *Pet Sounds*. There is no doubt that *Pet Sounds* is one of the greatest records of all time.

Willy Wonka Prequel Largely Unpopular

by Blaine Payer '18
A&E Staff

FILM

It has just been announced that Warner Brothers Studio has finally acquired the rights to *Willy Wonka* from the Roald Dahl estate this week. The studio has been trying to purchase the rights since January, and although the purchase price has not been released, one can only imagine that it was tremendous.

They hope to start a new *Wonka* franchise with these rights, and according to *Variety*, who originally broke the story, the first movie will be based on what Willy Wonka was up to before he got wrapped up in the chocolate factory.

Some fans have speculated that it will be a story about where and how he got the Oompa Loompas, but Warner Brothers has not confirmed any further specifics. All we know is that Simon Rich, the screenwriter and former *Saturday Night Live* staff writer behind Disney's *The Secret Life of Pets*, will be penning the screenplay for the reboot. It is unknown which, if any, other characters from the original novels will be appearing in the films as well.

Apparently, the news from Warner Brothers has not been received with open arms. Fans immediately pointed out how insensitive it was for Warner Brothers to announce a *Willy Wonka* reboot within two months of Gene Wilder's death. Wilder is the face that everyone initially pictures when



Gene Wilder as Willy Wonka in *Willy Wonka and the Chocolate Factory*. PHOTO COURTESY OF IDEPENDENT.CO.UK

they hear the name Willy Wonka, for he made the role famous with his performance in the 1971 film *Willy Wonka and the Chocolate Factory*.

It was the role that put him on the map in Hollywood, and although he never became a megastar, he solidified his presence as a household name that seems to grow in reverence every year. It was his most memorable and well known role, and now fans feel as though Warner Bros is trying to replace him for the sake of making money off this new reboot.

Part of the outrage, aside from the announcement coming shortly after

Wilder's death, is due to the fact that *Willy Wonka* was remade by Tim Burton in 2005, and although it had a surprisingly good box office return with young kids, fans of the original remained lukewarm about it.

Krista Cagg, an outraged Gene Wilder fan remarked on Twitter, "didn't we learn from the Johnny Depp remake?" The original *Willy Wonka* is a cult classic, with a seemingly permanent time slot on ABC Family, and the worst thing you can do a cult classic is try to remake it and expect the same beloved results.

Cult classics like *Willy Wonka* are praised for their excellent features as much as their terrible, cheesy ones, if not more so for the latter. The new remake will presumably feature massive amounts of CGI, beautiful and popular Hollywood superstars (Chris Pratt maybe?) and completely lack the quaint charm of the original.

A recent *Forbes* article warned of the danger of rebooting the *Wonka* story, since it appears as though fans can already see through Warner Brothers and know that this is ultimately a scheme to make money while standing on the shoulders of past success.

Look at other attempted reboots like *Alice in Wonderland/Through the Looking Glass* (2010/2016), *Oz the Great and Powerful* (2013), or the seemingly never-ending series of *Transformer* films; none were successful, none were able to recapture the allure of the original source material, and most importantly, none of them were wanted.

Fans already expressing vehement disapproval for the series the day the news is announced is never a good sign. It seems as though Hollywood will never learn to just leave well-enough alone.

Judging by all of the moans and groans in response to the news of the reboot and the inevitable hype it will get over the next two years before its release, it seems likely that whatever this new *Willy Wonka* turns out to be, the product will not be "scrumdilyumptious."

Wolverine: Logan Trailer Drops

by Michael Welch '17

A&E Staff

FILM

"I've got three words for you guys: Old Man Logan." That's how the one and only actor to play Wolverine, Hugh Jackman, teased his upcoming final film in Wolverine's X-Men franchise. After months of viral marketing, a trailer for *Logan* finally dropped on Oct. 20.

We don't know much about the film, but that isn't stopping people from piecing together as much information as possible. The first trailer for the movie showed Logan holding the hand of a little girl who we see more of in the trailer. We can almost certainly confirm that this girl is X-23, also known as the next wolverine who replaces him after the iconic death of wolverine storyline.

Considering this is Jackman's finale as Wolverine, it would make sense for the movie to establish X-23 as the next Wolverine for the sake of the X-Men storyline. However, it should be noted that the X-Men storyline is an absolute mess, with movies cancelling out other movies. Now, there's at least a ten-year gap between all the modern X-Men movies, but the actors never age in between the movies.

The villains of the movie are rumored to be a group of guys called the Reavers. The trailer also begs the question, where did all the mutants go? It wouldn't be ridiculous to assume that the Reavers are out here killing mutants and now have their sights on Old Man Logan.



Hugh Jackman as Wolverine in Logan trailer.

PHOTO COURTESY OF COMICVINE.COM

In the comics, the Reavers are enhanced mechanically, as exemplified by their leader's robotic hand. However, the most interesting part of the Reavers is that Tom Felton was cast as their leader. Draco Malfoy is going to be in a movie with Wolverine and they are probably going to fight. Felton is by far the most exciting addition as far as new cast members in the X-Men universe goes.

Patrick Stewart is returning as Professor X and his mental state seems to be deteriorating, much like Wolverine's physical state. Wolverine's

healing factor seems to be on the fritz in this movie and Professor X's sanity appears to be coming and going throughout the trailer.

We don't know much so far, but I am looking forward to old characters exploring the iconic Old Man Logan storyline. It should be noted that there doesn't seem to be a world-ending threat or over-the-top superhero action in this film, and after *X-Men: Apocalypse*, a little dose of small-scale reality is what this universe needs. *Logan* hits theaters March 3, 2017.

A Truly Alternative Music Festival

by Alexis Jais '18

A&E Staff

MUSIC

Earlier this month, a music festival unlike any other took place in Berlin for two relatively confusing days of all-genre-inclusive, independent, live music performances. In a time when huge music festivals, Lollapalooza, Coachella, Mad Decent Block Party, Sunset Music Festival, and Vans Warped Tour, are highly publicized, and are boasting an enormous amount of profit from attendance and merchandise sales, it is nice to see a change of pace.

To make sure that attendees and

performers are as alienated as possible, the smaller, more independent festivals are attracting a larger focus from both large media corporations as well as more independent ones.

This particular festival that took place at a venue called the Funkhaus in Berlin, Germany on the weekend of October 1, 2016 is truly like no festival you have been to or heard about before.

Without the help of partners or sponsors, Tom Michelberger and Nadine May of the Michelberger Hotel and recording company, teamed up with Justin Vernon of Bon Iver, Aaron and Bryce Dessner, Brandon Reid, Vincent Moon, and a few others to create a rather unique festival relatively separate from the media and

popular culture.

The purpose was to focus on promoting artists' new material, organic and improvised collaborations between artists, unique arrangements, and the dissolving of genre and style borders.

Musicians and bands from all over Europe were invited to perform, including Volker Bertelmann, a "prepared pianist" who relies on placing foreign objects on and near the strings inside a piano in order to achieve unique sounds; Justin Vernon; Damien Rice; the Cantus Domus choir; Rabih Beaini, an experimental krautrock, dark wave, and techno electronic musician; and many more artists, representing the widest variety of genres of any popular music festival

today.

This music festival was, however, unique in many other ways as well. While most festivals will give schedules and locations for artists' performances during a festival week or weekend, this one did not. Artists would begin playing when and where they had initially agreed, and attendees were expected to listen to music wherever and whenever they pleased.

What is also intriguing is that most of the time, artists would jump on stage with other bands and performers where they would then collaborate together on songs, creating an incredible and inclusive atmosphere, as well as wildly new and interesting musical sounds and environments.

For instance, Rice joined the Cantus Domus choir on stage during one of the final acts of the festival, and the result was absolutely magical.

According to one concert-goer, the environment of the festival, aside from the music, was admirable; eco-toilets created no waste, no smell, and no plastic. Food was organic and locally sourced wherever possible. Serving utensils and plates at the food stations were one hundred percent decomposable, and the security as well as attendants were personable, polite, and willing to help.

One might wonder whether this is the future of music festivals, and I can honestly say that musicians and concert-goers would be more open to it. Maybe this sort of all-inclusive, creativity-driven festival style will come to North America, and maybe in just a few years it will be the new connotation of "music festival."

Maybe the rarity of this music festival preserves the special and inviting nature, and music lovers will be all the more grateful for getting the chance to participate in this unique type of festival.



Bon Iver performs in Saal during the Funkhaus Festival.

PHOTO COURTESY OF WBUR.COM

Let's

Rave



Alec Baldwin poses as Donald Trump.

PHOTO COURTESY OF BUSTLE.COM

This Week: Election Season Satire

by Ryan Cox '18
A&E Staff

EDITORIAL

I can't stand election season. I hate the empty political rhetoric and mudslinging that spews from the mouths of the candidates without them saying what they would do if elected to office.

Maybe that's why I love watching comedians like John Oliver and Stephen Colbert. Their shows take everything I hate about the election and make it entertaining. The juggernaut of political satire and the saving grace of every election season, however, is *Saturday Night Live*.

Election after election, *SNL* delivers its best material about the candidates in what may be the highlight of the series.

It has to be too easy for the show's writers to come up with material this season. Donald Trump practically writes his own material with every outrageous headline or controversial comment. Hillary Clinton's inability to connect personally with voters and her dry, over-practiced way of speaking makes her a fitting contrast against Trump. The two are, at times, caricatures of themselves.

Alec Baldwin's portrayal of

Trump is fantastic; his voice, his body language, and his delivery are spot-on impressions of Trump's inflammatory speech and behavior, which are poorly suited for the presidency. Kate McKinnon's Clinton is perfect as well. Her impression is great, her facial expressions when reacting to Baldwin's lines are hilarious, and her actions capture Clinton's rehearsed, rigid presence as she tries desperately to connect with voters. "Let me begin by walking over to you just as I practiced," she says in one sketch. "Now, Patrice, you're a teacher? (No.) You have kids? (No.) You've seen kids? (Yeah.) Great, we're bonding already!"

The best part of *SNL*'s parody of each election is the same thing that draws me back to Oliver and Colbert. Year after year, the show comes back with new material that brings the absurdity of this election to the foreground, starting over a year ago with the six Democratic candidates and 17 Republican candidates in the race.

Regardless of which candidate you support, *SNL*'s political satire is consistently entertaining, and for me, is the one thing about election season that I eagerly await.

Wrabel in the Spotlight

New Artist Moves Audiences

by Brigid Walshe '19
A&E Staff

MUSIC

Andy Grammar and Gavin DeGraw made a quick pit stop at the Providence Performing Arts Center during their 2016 North American fall tour.

Andy Grammar sang some of his well-known hits, such as "Honey, I'm Good," along with "Good To Be Alive (Hallelujah)," and "Keep Your Head Up." Gavin DeGraw belted out some of his hits from the past decade, including "I Don't Wanna Be," "Chariot," and "Not Over You."

But what I was most impressed with was their opening act, Wrabel. Originally from New York, Wrabel got his big break as a songwriter when he signed with Pulse Recordings, and has since produced his own records.

Before he signed with Pulse, he attended Berklee College of Music in Boston, where, after a year, he decided to move to California to pursue his dreams of a music career.

Many people may recognize him from "Ten Feet Tall," which he

produced with DJ Afrojack in 2014 and currently has over 67 million views on YouTube.

He has been compared to artists such as Sam Smith and Sia because of the combination of contemporary pop and R&B in his music. His songs are rooted in emotion, which make them even more relatable.

His latest single, "11 Blocks," was written about the first person he fell in love with who moved 11 blocks away from him in California.

His quirkiness was adorable and although he admitted to being nervous, considering this was his first tour ever, you could not even tell. He played for about 45 minutes, performing songs like "11 Blocks" and "Ten Feet Tall."

He even had his own meet-and-greet session after his set by the merchandise booth, where a mob soon formed to get the chance to talk to him.

After his performance, I was hooked and started to explore more of his music. I definitely recommend checking out his EP "Sideways," along with his latest single "11 Blocks," if you're looking for a new, quirky, adorable, and talented artist to follow.



Wrabel poses for a photo.

PHOTO COURTESY OF FREEBIKEVALET.COM

Friars look out for one another, so Friars like you are sharing what they've learned about safety.

#FriarStepUp



“In order to stay safe, I stay aware of my surroundings, keep my phone charged before I go out, and I look out for my friends.”



Interested in joining the **Step Up! Club** or in participating in future bystander training events?

Contact Carlene Lighty-Fiorito at clightyf.ga@providence.edu

Class Year: **2016**

First-Year Residence:

McDermott Hall



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PHOTOGRAPHY

The Cowl 11
October 27, 2016



KRISTINA HO '18/ THE COWL

TOP LEFT: Students and faculty discuss the importance of black lives and women, sponsored by Women Empowered.

TOP RIGHT: Students enjoy cannolis at BOP's Things for Thursday, sponsored by BOP.

BELOW: Students raise money for Campus Ministry's immersion program by bidding to have a meal with faculty and staff members, sponsored by Campus Ministry.



KIMBERLY LEZAMA '18/ THE COWL



KRISTINA HO '18/ THE COWL

ABOVE: Students enjoy food, dancing, and crafts with their buddies at the Best Buddies Halloween party, sponsored by Best Buddies.

BOTTOM LEFT: Students enjoy German festivities with food and music for Oktoberfest, sponsored by BOP.

BELOW: Friar Dom celebrates the Men's Ice Hockey team's win 6-3 over the St. Lawrence Saints at Schneider Arena.



KIMBERLY LEZAMA '18/ THE COWL



KRISTINA HO '18/ THE COWL



DANIEL HENTZ '17/ THE COWL



PROVING PHOTOGRAPHY

What is your favorite holiday?



"Christmas."
Steve Poueriet '19



"Easter."
Vincent Ndahayo '20



"Christmas and Thanksgiving."
Brenna Murphy '20 and Emily King '20



"Christmas."
Chris Casswell '20 and William Bozian '19



"Christmas and Thanksgiving."
Bryan Potenziani '18 and Tim Trocchio '17



"Christmas, Thanksgiving, and New Years."
Gillian Melikian '20, Anxhela Hoti '20, and
Giana Paolicelli '20



PHOTO COURTESY OF WWW.HOLLYWOODREPORTER.COM

"Fourth of July."

- Chris Hemsworth

The Cowl Takes D.C.

by Katie Puzycki '17 and
Jacquelyn Kelley '17
Editor-in-Chief and Associate

EDITOR'S COLUMN

The Cowl took the nation's capital by storm last weekend at The Associated Collegiate Press's National College Media Convention. The annual conference features informative workshops for journalists and editors as well as inspiring addresses from prominent keynote speakers. Along with six members of our editorial staff, we packed our bags and set off to strengthen our publication and fortify our friendships.

Our staff attended numerous sessions to improve their skills as writers and editors. For instance, some attended an important workshop titled "Reporting on race, identity, and community," and walked away with tips on approaching these topics in the future. Others sat in on a tutorial called "Snapchat success" and learned how to increase *The Cowl's* social media presence. The most helpful session was a critique of our publication, conducted by an adviser to Oklahoma State University's newspaper. She mostly praised *The Cowl*, but had a few pointers that we will put to work.

In addition to attending instructive seminars, we had the honor of hearing both Bob Woodward and Edward Snowden speak. Woodward emphasized the importance of face-to-face interviews in our digital age and reminded us that good journalists never succumb to authority. Snowden, who video conferenced in from an undisclosed location, asked us to think for ourselves and to do the right thing for our country by reporting on issues with substance.

Although we learned a lot at the conference, perhaps the best memories were made outside of lecture hall walls. Spending four days together in the tight quarters of our hotel rooms meant that we would be doing some extra bonding. And what a great experience that turned out to be.

Even though we all have to work with each other throughout the regular school week, and especially on Wednesday nights in *The Cowl* office, spending time together exploring the great city of Washington, D.C., and being friends outside of the workspace helped reaffirm just one of the many reasons why we joined *The Cowl* in the first place.

Getting to learn more about the people who we work with on a weekly basis on a more personal level has strengthened our bond as co-workers, but most importantly as friends. We got to enjoy a lot of great moments together, tried to ignore the dread of returning to the regular workweek, and took back some memories that we will not be forgetting anytime soon.

Our time in D.C., more than anything, was an experience meant to strengthen what we put so much time into every week. While we spend numerous hours putting together the newspaper every week, we also spend a lot of time with each other, and for that, we are both grateful. We leave you with some insight from our editors.



From left to right: Cowl members Marla Gagne '18, Joey Aiello '17, Brianna Abbott '17, Casey Clark '17, Katie Puzycki '17, Jackie Kelley '17, Paige Calabrese '18, and Anna Munroe '17 pose at the Grand Hyatt Hotel in D.C.

The ACP Conference was an adventure that I got so much out of. It was great to see the journalism community come together and realize how important reporting and relaying news to the public really is, especially during the tremulous election season. Bob Woodward and Edward Snowden drove this point home particularly hard—the public only knows as much as the media can provide and it is therefore the responsibility of the media to be objective and report the truth to the best of their knowledge, and to dig deep to find answers rather than settling for the shallow parts of the story. Furthermore, Washington, D.C. was the perfect location for the conference due to the atmosphere and the history of the city. What made the experience so great was not the conference itself, but the location and the opportunity to explore.

-Brianna Abbott '17, Opinion Co-Editor



This past weekend I had the chance to attend my second College Media Conference with *The Cowl*. Last year was quite different as I headed to Austin, Texas as the sole representative of *The Cowl*, yet this year I was able to board a plane with seven other editors. Walking into the conference, I expected similar seminars as the previous year, yet my expectations were blown out of the water. This year there was an overwhelming amount of social media marketing seminars, an aspect of marketing I'm considering for the future. Maybe this new addition was due to the lover's quarrel between the ACP and CMA or maybe the organization is adapting to the evolving world of media that we live in. Either way, I am grateful to have spent the weekend learning and exploring with my fellow editors.

-Casey Clark '17, Head Copy Editor



Head copy editors Anna Munroe '17 and Casey Clark '17 sharing a laugh.



Cowlers enjoy a day of sightseeing and pose in front of the nation's Capitol building.

I did not know what to expect when I decided to attend the trip to the ACP National Media Conference in Washington, D.C. When our plane took off, I was mostly just excited for a weekend away with some people I was already friends with, and some I wanted to know better. I left the conference with more than I expected; I bonded with a group of people beyond the confines of the office and I made connections between the things I learn inside the Providence College bubble and the real world of journalism and beyond.

What stands out in my mind was the end of the keynote speech by Edward Snowden. We stood up and gave him a thunderous and thankful round of applause, but he told us that he was the lucky one. We students were connected in that moment, and impacted him as he impacted us.

The Cowl is more than a club I attend a few times a week. This weekend put the work we do in perspective. Our paper does not just exist within the PC bubble, but is a part of something bigger, a network of people who will have their voices heard.

-Anna Munroe '17, Asst. Head Copy Editor



Another shot from outside the Capitol.

This past weekend, Oct. 20-23, I had the privilege of attending the Associated Collegiate Press National Media Conference in Washington, D.C. I attended workshops and lectures by professionals in the industry, including Bob Woodward, Edward Snowden, and various professors.

The session I found to be the most interesting centered on how Arts & Entertainment editors can improve their sections by making content and layout more relevant and eye-catching to the student body. As a bonus, the professor who conducted the session was dressed in a bright red suit with "libel" sprawled everywhere in different fonts.

Listening to guest speakers such as Bob Woodward and Edward Snowden was truly an amazing experience, and both gave valuable advice to aspiring journalists and spoke in detail about the inseparability of politics, government, and journalism.

Finally, the most memorable portion of the trip involved sightseeing with fellow *Cowl* editors, exploring the city, and eating delicious food. Because of the ACP conference I made stronger connections with other members of *The Cowl*, and we all shared unforgettable experiences we can look back on and new friendships we can look forward to.

-Paige Calabrese '18, Arts & Entertainment Editor



All smiles at the Smithsonian's Mary Livingston Ripley Garden in the heart of D.C.

The ACP conference was great because we were surrounded by hundreds and hundreds of other students that love writing and reporting just as much as we do. A highlight of the week was seeing Bob Woodward, one of the reporters who broke the Watergate scandal, speak. It was surreal seeing someone I studied in my journalism and political science classes speaking to us and giving us tips on how to get a story. The whole crowd loved Woodward, but was even more excited for the next day when Edward Snowden spoke. Snowden, known for leaking classified government documents to expose the government infringing on Americans' privacy rights, video conferenced in from Russia. He was greeted with a huge round of applause and students couldn't wait to uncover his story and what he thinks of American politics today. While we were busy moving from session to session, we also got to be classic tourists; the pictures in front of the White House are priceless. Despite not finding a Joe Biden bobble-head (I know, I was disappointed too), we came away with a lot of information and memories that will help continue on the great tradition of *The Cowl*.

-Marla Gagne '18, News Editor



Cowlers hoping for a glimpse of the Obama family outside the White House.

The ACP conference in Washington, D.C. was an extremely informative experience. One of my biggest takeaways was how important it is to have an unfiltered platform for student voices in college journalism. No matter what the workshop subject was, the speakers all stressed the importance of tackling tough subject matter regardless of the potential blowback. The most interesting workshop I attended was titled "Race, Sex, and Gender: How to Write About Tough Topics on a Conservative Christian Campus." The crux of the workshop was that these are important subjects to campus culture and culture as a whole and therefore, they cannot be ignored. Of course, if you attend a Catholic institution, it may be tricky to talk about some of these subjects, but these issues affect the student body and they need to be addressed with tact and respect. We also attended a video conference with Saturday's keynote speaker, Edward Snowden. In the same vein, Snowden stressed the importance of speaking out and standing up for what is important to you. In summary, the conference experience was about learning the importance of finding ways to tackle tough topics, rather than shying away from them for fear of causing offense.

-Joseph Aiello '17, Portfolio Editor



PHOTOS COURTESY OF KATIE PUZYCKI '17



OPINION

The Trouble with Halloween

by Allison LaBelle '20
Opinion Staff

HALLOWEEN

Halloween creates a lot of mixed emotions: you love it or you hate it, or I guess you're just indifferent. Many people's experiences and thoughts about Halloween alter as they grow older and mature through the different stages of their life.

As little kids, we look forward to that one night of the year when we get to dress up as whatever we want (or whatever our parents allow): a princess, a superhero, a dragon, a witch—the list goes on and on. Whatever this costume may be, we are transfixed by the idea that we can pretend to be someone or something we are not for one night.

It's so magical and exciting. We all carry around plastic pumpkins collecting candy, competing with brothers, sisters, and friends to see who can get the most candy. Then, time passes and those awkward middle school years arrive. It's now a question of whether or not you are too old to go trick-or-treating.

It's upsetting being told that you can no longer dress up and parade from door to door around the neighborhood, collecting as much candy as you can. There is the occasional haunted house or scary movie night as a substitute for being too old to trick-or-treat, but too young to go to a party.

Next is the high school stage. Parties become the place everyone wants to be. People still dress up, but it quickly becomes apparent that things are changing, especially the expectations of costumes.

Finally, we reach college and Halloween has taken on a completely new form. Whether or not people want to openly admit it, magazines, TV shows, and social media portray Halloween as a day for girls to pull out some of their most revealing clothes, whereas there are hardly any expectations for guys' attire.



PHOTO COURTESY OF BUSTLE.COM

If you've ever seen the movie *Mean Girls*, you'd recognize the famous quote "In girl world, Halloween is the one night a year when a girl can dress like a total slut, and no other girls can say anything about it." Is Halloween still a competition, like it was when we were younger, to see who comes up with the best costume, or is it now a competition to see who can wear the skimpiest outfit?

If you Google "Halloween costumes for teenage girls," you will notice that the majority of the search results will include skin-tight clothes, low necklines and short hemlines.

The pressure put on girls not only to look good on Halloween, but also to fit into some of these costumes is completely outrageous. Many girls are labeled and shamed for the way that they dress on this night, whereas guys' costumes are commonly just overlooked.

Why is it that society associates this image with girls? They should not be shamed for the way that they dress, but rather society should be shamed for creating this expectation.

The majority of teenage girls just want to get dressed up and have a fun Halloween night, but this societal pressure can serve as an annoyance when trying to find the perfect costume.

There will come a day when many of us will have our own children and we will have to watch them go through the Halloween ages and stages. Halloween not only generates lots of opinions but also lots of societal pressures and expectations.

It is important to keep in mind that we all hope for the same thing: a fun Halloween night. A revealing costume does not say anything about the person in the costume; rather it demonstrates a societal expectation that needs to be put to an end.

Honors Symposium Focuses on Truth

by Kevin Copp '18
Opinion Staff

CAMPUS

Renowned presidential historian Doris Kearns Goodwin appeared at Providence College last Friday to a packed crowd in the Peterson Recreation Center. Goodwin not only shared stories of her early days as a fellow in Lyndon B. Johnson's White House, but also related her career as a historian to a discovery of the truth. Goodwin demonstrated that history and our own experiences can help us to discern the truth and inform us about modern issues.

For students getting a liberal arts education, this means that you should use what you learn in class in your real life, especially when voting. Goodwin opened with a string of stories related to getting her start in appreciating history. She was selected as a fellow to work in the White House just out of college and followed Lyndon B. Johnson as he completed his presidency.

Studying History became an intense passion for Goodwin, so powerful that she would find herself talking to her subjects, such as when she implored Eleanor Roosevelt to forgive her husband Franklin for cheating on her. History is a lens

that Goodwin uses to situate herself and her values in the world.

Students at PC can do the same; many liberal arts classes give us the opportunity to choose our values. Based on the topic of study, whether it be theology, philosophy, English, or history, we receive the chance to determine our own position on any given issue. It becomes our responsibility to make

a wise choice, one that can impact the world in a positive way.

Goodwin often related the subjects of her books to the current presidential candidates. She spent time helping Johnson with his memoirs and was wrapped up in the study of other great presidents like Kennedy, Lincoln, Taft, and both Roosevelts. Goodwin noted how a common trait all of her best subjects

shared was the ability to lead others well.

She then compared this high quality of leadership to the current candidates. She uses her own studies and work to relate to the important decision she faces in this year's election. It is important that students use their free-minded education as a resource with which to make an informed decision.

Participating in a democracy means using your vote in an educated way, so it is important for students to apply what they are learning to the leaders they will be voting for. The issues that the candidates have debated upon for so long can often be broken down from a moral, philosophical, or historical perspective.

There is always a historical tidbit or a fragment of philosophy from Civ that can help a student make up his or her mind. The liberal arts are essentially a study of humanity that has developed in thought and deed which can always be applied to the present day. Using the trials of those we read and learn about can often be the best guide for how we should make our own decisions.

Goodwin, throughout her studies of the great leaders of our country, certainly believes this. Every liberal arts student should believe and act the same.



PHOTO COURTESY OF USATODAY.COM

Hidden Gems of Providence

Students Should Venture Off Campus to Try New Things

by Lela Biggus '18
Opinion Staff

CAMPUS

These early autumn weeks are sweeping a beautiful scene of multicolored foliage across our campus, reminding me and my fellow non-New Englanders why we are so lucky to be on the east coast for fall. However, as lovely as our little home away from home at Providence College is, it is relatively closed off from the rest of the city.

In fact, we are quite literally fenced off from even our immediate surrounding community. Living on a closed campus can feel isolating, and sometimes you just have to get out. For those that often want adventure, I offer some of my favorite alternatives to spending the day sitting in my apartment pretending to read for ethics. I present my top three hidden gems of Providence: food edition.

First up on my list has got to be Serendipity Gourmet. On the corner of Weybosset and Union Street in downtown Providence, this little grocery store is a gastronomic treasure chest just waiting to be explored. This place includes a deli, a full buffet of steaming hot meals ready to go, and row upon row of obscure food items you didn't know you needed until you saw the words "Speculoos Cookie Butter" for the first time.

Let me be clear, this isn't just a deli or just a convenience store. This place has everything, and it is all bundled up



Serendipity Gourmet, located on Weybosset street in Providence.

PHOTO COURTESY OF PROVIDENCEJOURNAL.COM

behind the store's quaint exterior. You'll find yourself lost in a heavenly maze of exotic candies you've never heard of.

You descend a few quick steps towards the back of the store into a glowing cove of sparkling beverages and coffee drinks. In case it is not yet clear, I live for snacks, and Serendipity Gourmet is the snack capital of Providence. The place doesn't lose its charm after the first few visits. I am enchanted every time I step through its doors.

Number two on my list must be Ken's Ramen. I admit that this place,

and perhaps all of the spots on my list, is not news to everyone. However, I experienced Ken's for the first time this past weekend and I would be lying if I said it wasn't already one of my new favorite places to eat.

The reason I expect that Ken's Ramen is a well-known eatery is because the line to be seated spilled out the front door and stretched a good way down the sidewalk. What's more, people weren't leaving the line. If a hungry crowd is willing to stand outside in the cold for an hour to wait for some ramen with a hundred other options

nearby, then I think it's safe to make the judgment call that we are dealing with a well-established joint.

The atmosphere is cozy but electric. Their speakers are a fan of Kanye West and Kendrick Lamar, and for some reason rap makes a perfect pair with ramen.

Last but not least, I present Wayland Square Diner. This old-timey mom-and-pop restaurant is a little out of the way and might cost you an Uber ride, but it is so worth it. The diner itself serves exactly what diners should.

If you're feeling a little homesick, the warm smiles that greet you from behind the counter and the heaping stack of flap jacks set in front of you will melt that right away. The Wayland Square neighborhood is really a hidden gem in itself, at least to PC students who might not find their way to that side of town very often.

Just a little way down the street from Wayland Square Diner is the wide Seekonk River and a winding sidewalk adjacent to it. You can stop there at a bench and sit a while, or turn around and go exploring in Blackstone Park. The park is more like an expansive forest preserve with natural paths weaving through it. Wayland Square is the perfect spot to get away and take a deep breath.

Providence is full of tiny treasures; I have lived here for three years and am constantly finding new destinations to pull me away when campus feels cramped. If you're feeling antsy, try out these three and see what else you find along the way!

'Voter Fraud' is a Fraud

by Carolyn Walsh '17
Opinion Co-Editor

POLITICS

With Election Day looming ever closer, almost as close as Donald Trump lurking behind Hillary Clinton at the third debate, Americans will soon be able to wake up from our nearly 16-month collective nightmare. The 2016 election, best described by *Last Week Tonight* host John Oliver as "the electoral equivalent of seeing someone puking, so you start puking, and then someone else is puking, and pretty soon everyone is puking," has no doubt been one of the nastiest and more unprecedented presidential races in modern American history.

As we enter the home stretch of election season, one of the most eyebrow-raising topics dominating political news has been the issue of voter fraud. Trump has doubled down on rhetoric of a rigged election, which he has tried to support with claims that democrats are committing mass voter fraud nationwide. This sort of "cry wolf" strategy has certainly exposed Trump's desperation as he heads toward probable defeat on Nov. 8.

However, his rhetoric has also legitimized the urban myth of voter fraud, which can have dangerous consequences for the integrity and stability of the electoral system. Here is the truth: voter fraud in the United States happens so rarely that it is more common to be struck by lightning.

To put it in numerical terms, a recent investigation published in *The Washington Post* found 31 credible incidents of voter fraud out of 1 billion votes cast from 2000 to 2014. Experts in the field have long reiterated the virtual non-existence of voter fraud in the U.S., but that has not stopped Trump from repudiating the evidence and espousing false claims of non-citizens and dead people casting illegal

ballots. This unhinged funneling of false information promotes paranoia and distrust in the legitimacy of our political system.

Disturbingly, Trump has also called on his supporters to "monitor polls" and specifically cited urban areas like Philadelphia, Chicago, and St. Louis as being "horrendous" environments of voter fraud. Beneath these not so subtle remarks is an equally not so subtle encouragement of voter intimidation targeting people of color. Trump's seeming desire to whip his supporters into action behind a belief that minorities and other groups could steal the election from him reveals a cheap fear-mongering ploy and an arguably veiled attempt to suppress the free

exercise of civic duty.

Robust democracy cannot thrive under the conditions Trump is proposing. Surely, free and fair elections depend not only on the equal ability of all citizens to freely cast their votes but also on people's faith in the legitimacy of the system. Moreover, free and fair election depends on the commitment from candidates and public officials to uphold the rules of the system and to not peddle false and manipulative information to voters.

There can be a silver lining to Trump's false and fear-mongering claims about voter fraud. Come Nov. 8, let's hope that Americans vote against the real fraud of the election: Trump himself.



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TANGENTS & TIRADES

Who Works Out on a Friday Night?

It goes without saying that the fitness facilities and programs Providence College provides for their students are state of the art. It is a privilege that our school gives its students the means to live an active lifestyle while managing their academic programs of study.

With that being said, the Concannon Fitness Center's hours, especially on the weekend, do not coincide with the life of your average PC student. Take Friday and Saturdays for example. The fitness center is open until 12 a.m., a time where it is safe to say most individuals at PC are not planning to get their daily workout in.

On top of that, the fitness center closes at 10 p.m. on Sunday nights, a time where a good amount of students would like to fit a workout into their schedule—considering a Sunday night is the exact same as a weeknight in the world of a college student.

This is not to insult people who work out on weekend nights, nor is this to say that all students should be out partying on those nights either. Even if students aren't into partying, many spend their time unwinding from a stressful week by relaxing in different manners, like watching a movie or going to an event on campus.

It simply does not make sense to have employees at the fitness center supervising the one individual that works out between 10:30 p.m. and 12:00 a.m. on a Saturday night when there are hundreds of students that would much rather end their Sundays at the gym.

-Dan Barton '18

We Need Club Tennis at PC

There are so many changes occurring at Providence College as of late. Among the best are the new tennis courts on top of the parking garage. At first, the tennis courts were built on solid ground, and then taken down, which really upset me. Then, the situation got even better because not only were the tennis courts brought back, but now they had a view.

With the addition of the parking garage, the beautiful new tennis courts were raised up, literally, and now stand at the roof of the garage. Even though these courts are such an eye-stopper, I have to notice when I am staring at them as I walk to class, that no one is ever playing on them!

Even at nighttime, right before dark when students are out practicing on the neighboring soccer field or playing kickball on the softball field, no students are using the courts. I am sure that there have been many PC students who have enjoyed this new addition to our campus, but I am pointing out that there could be many more. How? Well, there currently are no tennis intramurals or club teams at PC.

I often find myself questioning why this is the case. Perhaps we do not have enough courts to make this happen, but other colleges have the same problem, and they merely visit courts that are off-campus.

I think that seeing more students using those courts would complete this piece of PC, and one way to make that happen is to start tennis intramurals or club teams. It could be you, I dare you.

-McKenzie Tavella '18

Dear Fall, I Miss You

As someone whose favorite season is fall, I am not particularly enjoying the fall weather this year—if it can even be referred to as such. When I think of fall weather, I think of a sunny day, but not too warm, with a cool breeze in the air.

It is never too hot, but it is also never too cold; instead there is a perfect balance between the two. Leaves are falling everywhere, making for a beautiful scene of red and orange around campus. It is the kind of weather that is perfect for layering, so you never have to think too hard about how to dress for going to class in the morning.

If it is too hot, you can take your sweater off, and if it is too cold, you can put it back on. However, the past couple of weeks have basically been the extreme on both ends of the spectrum—really cold in the morning and like a sauna in the afternoon.

In the morning, it feels like a heavy jacket and long pants kind of day but by lunchtime it feels like summer all over again, which should have ended weeks ago. It is hard to fully enjoy autumn when it seems as though it really is not autumn yet at all.

I love warm weather, but I love it more when it happens at the appropriate time. Let the fall weather have a chance before the season is over.

-Hannah Paxton '19

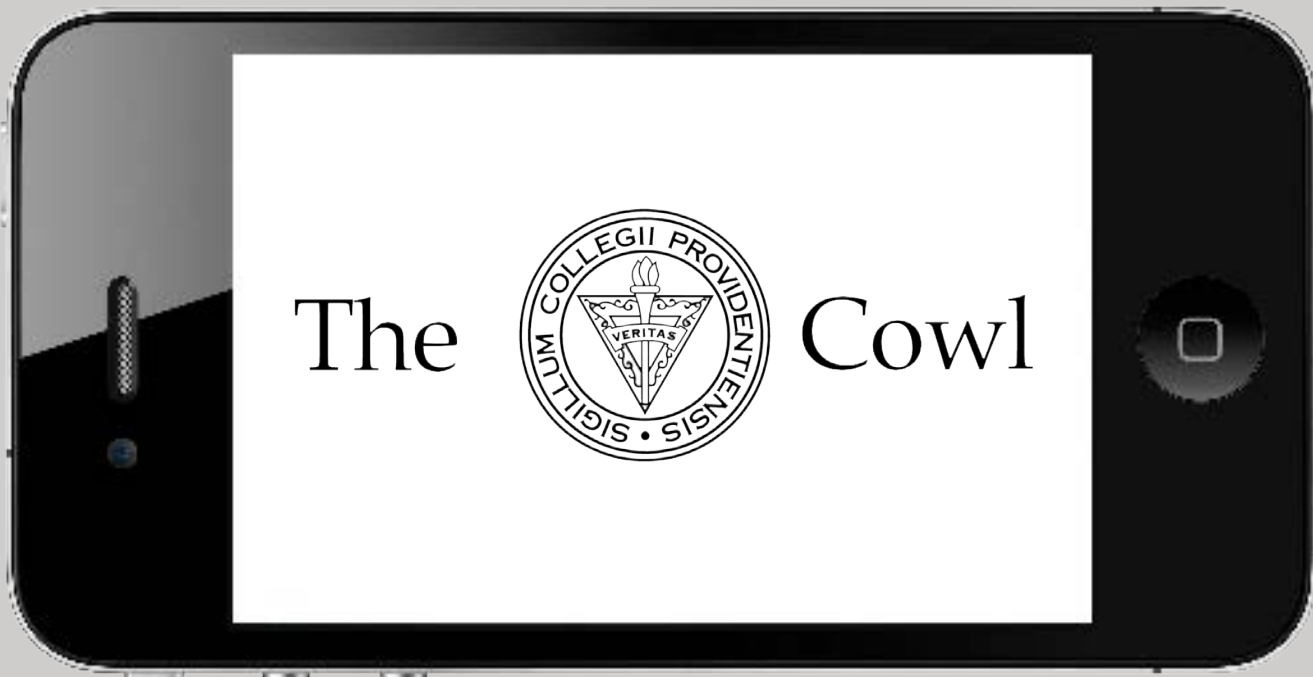


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my Regulars

by Sam Pellman '20
Portfolio Staff

FICTION

Ugh. Another eight hour shift. I was dreading it. As I slid on my black sneakers, I wondered what kind of nasty customers I would be dealing with today. Would it be the hurried man that gets antsy when his coffee isn't ready in point two seconds? The woman with three crying children who kick and scream for ice cream even though it's negative degrees out? Would I get the grumpy old woman who sticks her head over the counter just to make sure I am pouring decaf instead of regular? Maybe I should just switch the pots one day and give her regular, keep her up all night. See how she likes it. Then again, what if she's allergic to caffeine and has a weird reaction to it that leads to her death? No, I couldn't do that. I grabbed my apron and visor. The clock read 2:52 p.m. I had to be there in eight minutes. Yikes, cutting it close, but then again, when don't I? Not to mention the clock on the register is literally eight minutes slow. So technically I can get there at 3:08 p.m. to clock in and it would say 3:00 p.m. Convenient when starting work, not so much when you're trying to leave. It's 11:00 p.m., you're dying and would love nothing more but to sprint out of there, but no, the time on the register says 10:52 p.m. So yeah, you gotta wait another eight minutes just to leave. And let me tell you, it's the longest eight minutes of your life.

I started toward the stairs, and of course when I got to the bottom I realized I forgot my name tag. What a shame it would be if the customers didn't know

my name. Now it's 2:54 p.m. and I'm still not out the door. Oh well. Luckily work is only down the road, a four minute drive at most. I hop into my car and plug in my phone. Even if the ride is only four minutes, there's nothing I hate more than the car radio. Unfortunately, you really can only get in one song, two if you're lucky and get stuck at a light. I pulled into my usual spot and waited for the song to finish before getting out. I guess you could say I was mentally preparing for this dreaded shift in front of me.

I walk in slowly and already I can see Nisha grabbing her things to get going. Her shift is over as soon as I walk in. Lucky her. Not to mention there's already a line out the door, my favorite. I place my keys and phone down and quickly clock in. Every minute counts. Then I adjust my apron and put on the wonderful visor. "Have fun babes! Oh and Sam, it's Wednesday, the milk machine needs to be cleaned. Bye!!" says Nisha as she bolts out the door. Great. Just great. Thank you for leaving me to clean the disgusting milk machine. I mean, I only gag every time I do it. I look at the line, and in my fake happy voice shout, "Can I help who's next?"

My overly happy boss walks by me as I make a hot latte. He's leaving soon too; he's also been there since 6 a.m. "Make yourself coffee please, you look like you need it." Thanks Edmund, I am indeed tired. There are going to be multiple coffees during this shift. All I pray is that it's not too busy by the time closing comes around.

There's nothing I hate more than trying to simultaneously get ready to close while helping a line out the door.

Now you're probably wondering what gets me through these shifts that honestly just seem miserable at this point. The truth is, I live for my regulars. The customers that come in everyday at the same time with the same order. Not only does it make them happy to not have to say a word, but it's one of the most accomplished feelings ever. My regulars know an abnormal amount about my life. That's because instead of wasting time spitting out an order, an actual conversation can be held instead.

I look at the clock. My first regular will be coming in at 4:10 p.m. Bill, that's his name. He has a wife and sometimes they both come in, but usually just Bill. Sometimes Bill even comes in twice a day. An extra-large, milk, two sugars for his wife and a medium iced light and sweet with cream, in a hot cup. Don't forget that last part. I usually have Bill's coffees ready before he comes in; he's always in a rush.

My second, and probably favorite, regular comes in between 6:15-6:45 p.m. Large hot with a splash of cream. This man, old enough to be my grandpa asks me how my day is every time he comes in. He asks me about my college search, intrigued in what school I'll pick. He even suggested some careers for me. I can listen to him all day; sometimes he stays for a half an hour talking in

between customers. I think I've grown wiser just from listening to him talk about his life. He was an accountant, but just retired this year. His son went to Siena and played baseball and his daughter went to Notre Dame. I guess you can say we know a little too much about each other's lives, but it's nice to have someone who cares, and not just about the coffee. Just as he leaves he always drops two dollars in the tip jar and says he'll see me Friday. Yes, he knows the days I work. It's customers like this that make my heart happy.

It's already 7:00 p.m. now—my last regular should be here in fifteen minutes. One large iced coffee with milk and one Splenda, and a medium tea with skim milk and two Sweet-n'-Lows, for his wife. He usually comes from the gym, and although he is slightly awkward, he always manages to ask me how my day's been. I ask the same. I'll usually have his order ready for him too, since he's not too big on conversation.

Suddenly the dreaded shift I walked into doesn't seem so dreadful. These regulars, the people who stop to remember that I'm a person too, make up for all the people who are too focused on what's going to happen next, instead of just appreciating being in the moment. Sometimes it only takes a few good souls to see that. Look at that, it's 11:00 p.m. Well actually 10:52 p.m., but for once, these next eight minutes don't feel like the world is ending.

That We Still Are

by Clara Howard '19
Portfolio Staff

POETRY

The girl with curly red hair shot a brief glance to the person who walked into the diner, stamping snow from his boots, before focusing back on the scene she was writing. After a second thought, her gaze slowly moved up to lock on the man in uniform. He held in his hands a small, rectangular yellow slip of paper—a telegram, she noticed, as he drew close to her. Her hand froze in midair, the pen dropping from her limp fingers. He stopped in front of her, his hard expression softening almost imperceptibly at the sight of her. Wordlessly, he eased down onto the booth bench across from her and slid the envelope over the table towards her.

She didn't move. She gazed down at the letter in front of her and didn't move.

Not when he started speaking, his words floating over her head, echoing unintelligibly. Not when he awkwardly patted her hand before slowly bringing himself upright beside the table. Not when he walked away and out the door. Not even when the edges of the telegram grew blurry before her. She didn't move even when she felt the eyes of the diner's patrons on her—searching, wondering, worrying. She didn't—she couldn't—move. She sat there staring at it, not daring to open it and make it all real. Not daring to lose all hope in half a minute. She felt the world stop turning; she felt the atmosphere around her grow heavy. She sat and looked at that telegram with dread in her heart and ice in her veins.

She didn't move. He was gone, and she didn't move. Her life crumbled around her, and she couldn't move to recover it.

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Being Known

by Christie Smith '17
Portfolio Staff

POETRY

I'm not sure how we can ever say we know someone
Because it has to do with knowing and being known,
The subtle difference between recognizing and understanding.
Are we leaving footprints or building a house?
Without being known, everyone is the same,
Yet somehow different.

I'm not sure how we can ever say we know someone
Because most of the time we don't fully comprehend ourselves.
We hand pieces of ourselves out to the public,
Free samples, mere glimpses into the myriad of our complexity.
So then what's left to share
When we've doled out our emotions to all those passing by?

I'm not sure how we can ever say we know someone
Because what control do we have over who remains and who strays?
When do we invest, when do we put ourselves on display, our true selves,
And when do we retreat, compromise, build a wall
To conceal the construction going on within,
Making ourselves better, stronger, for what?
And for who?

I'm not sure how we can ever say we know someone
Because when are we willing to sacrifice the time to see it all
When does it make sense to pool our efforts into someone's very being?
Their tears, uncertainty, fears, hopes, anxieties,
Their passions, doubts, celebrations, and trials.
When is it ok to say that your feelings are simultaneously mine?
When is it convenient to bear someone else's load?

I'm not sure how we can ever say we know someone
Even though there's a kind of contentment
That comes from being the one to know, to understand.
To see the rubble and help pick up the pieces,
Taking part in the process, rather than using the finished product,
Going through someone's winter to appreciate their spring.

I'm not sure how we can ever say we know someone
But I want to know you.

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Amazing Grace

by Matt Farrell '17
Portfolio Staff

POETRY

Blood boils on sidewalks made
from soil,
Whiffs of cigarette smoke and
gunpowder
Inhaled.
Shortness of breath
An effect
Of a city
Dying from the inside.

Young boys and girls never see
angels
In this real Hell.
I could spell it out but the children
don't learn,
For when Eden is forgotten
The fruit of knowledge becomes
rotten,

And it all continues

PHOTO COURTESY OF PEXELS.COM

THE ADVENTURES OF PHIL FELLOWS

by Abby Johnston '17
Portfolio Staff

SERIAL STORY

The last of a molten-gold sunset shimmered behind the trunk of a pine tree, turning the opposite side, and everything else facing Phil, black. They had been following dried and cracked hoof prints for miles up the American River's rocky bed, still looking for the shadowy figure who stole Kep's horse from the center of town. Phil, still wondering, though more and more only occasionally, what year it was. He shifted in his saddle, letting another part of his rear get numb.

He wished Mr. Collins were here. Never mind that the old man was crazy. At least he was confident; falling out of the sky was the cheeriest he had ever seen the man. And there had been something in the way he spoke to Phil, in the way he played off Phil's dumbfoundedness as a mere "out of sorts" with Mr. Collins' lack of manners that betrayed a confidence in and respect for Phil. That had been comforting. He wondered if Mr. Collins would laugh at the blackness now creeping in as he had at Nietzsche. Phil tried. No luck.

"Gittin' hard ta see the tracks," Kep stated authoritatively. "There's

a bit 'a ridge up ahead we can camp under." Phil wasn't sure why Kep trusted him to help find the horse. Phil wasn't sure why he had volunteered, anyway.

Kep, a middle aged, or at least leathery-faced man, sported a Guinness-red beard and a whisky-fire temper. But he didn't let Phil fall behind, he knew the mountains and hills, and they were both surprisingly well-fed at the end of the day. And so, after (barely) helping to water the horses, Phil crashed into a sleep filled with fleeting, shadowy, indescribable dreams.

"Come heeere, ducklin's! Heere, chick chick. Albert, stop wandering. Heeere, chick chick."

Phil's eyes shot open, and he crept towards the voice. Peering around the corner, he became rather abashed of his caution. On the bank, balancing

on a fallen pine, was a tiny wisp of a girl, with feet that nearly stretched the diameter of the trunk. Around her toes, on the edge of the water, tumbled a small herd of ducklings, which she gently drove along by tapping a branch on the ground.

"Howdy," she chirped. "Ma name's Clementine, pleased ta meetcha."

"Oh hi, erm, I'm Phil," said Phil, looking up from the ducks. Then he remembered: "Hey, have you seen a shadowy figure go by on a horse?" "Wow. Really narrows it down," he thought. "I mean, a dappled grey, with a red plaid blanket under the saddle?"

"Ooohh yeess, I believe I did, yes, some while ago. Yep he 'us rather slouchy n' gave us some worthless piece a' mettle fer a bunch a' jerky." Clementine held out a purple floppy disk with a black question mark on it.



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Rota Fortune

David Martineau '18
Portfolio Staff

SHORT STORY

Stage I: Innocence

Your eyes open, seeing nothing and everything. All is the same. Nothing is good, and nothing bad. The world is but an amalgamation of sights and sounds, smells and sensations, their meaning indiscernible. The voices around you are speaking in foreign tongues, and their words convey no meaning. Eventually you understand the patterns, compile them into catalogs of words and their associations, but still they pass by, signifying nothing of note. You forget them, and they pass. Ignorance is bliss.

Stage II: Understanding

For the first time, you feel gravity—not in the physical sense. The people stand in a line, all in black, and while you aren't sure what's going on, you suddenly feel as though it is important. "It's like he/she is sleeping," they say, or "He/she looks so peaceful." You understand for the first time that something has changed, that things are different than they were before. Things become permanent—life, pain, sorrow, joy, death...and love. Words take on new meaning, thoughts new relevance. Now you can feel...

Stage III: Love

He/she looks at you in a way you've never been looked at before. It's different than your parents, different than your siblings. It feels vibrant and fresh, like the return of spring after a winter of interminable cold, or like the first glimmer of sunlight on the horizon of a new day. You're nervous and exhilarated at the same time. It takes a while to comprehend, but when you do, everything changes. Thus the search begins, ending with a ring and a promise. The feelings of life are heightened. You feel like living forever.

Stage IV: Comprehension

You watch them run back and forth on the playground, their small legs moving with a speed you wish you still had. The realization dawns on you—this is the purpose of life. Everything is cyclical...all things have the same beginning and end. Like the turning of the leaves, everyone has a season. Children grow up, get married, have children of their own. You've known this all along, but until now it meant little. You begin to cherish the moments that come and go so quickly. Time becomes your greatest virtue.

Stage V: Virtue

It seems as if nothing has changed, as though everything moved in reverse. The world seems to slow down around you. Colors lose their vibrancy, words seem to mean little and less. But it's not a bad change—now you see the things that Innocence did not. The warmth of a smile, the comfort of a hand. The issues of youth matter so little...you know now that they were fleeting and minor. The path is almost ending, the wheel revolving slower every day, but in your heart you know that it will not stop—it never can. With that as your comfort, you close your eyes and sleep.

PHOTO COURTESY OF PEXELS.COM

Tiffany & Earl

Making PC an emotionally stable place one letter at a time

Dear Tiffany and Earl,

Last week I asked you about vegan nuggets. This week I need the low-down on instant coffee. Can I just add Swiss Miss?

Sincerely,

My Life is in Shambles

Dear College Student,

Coffee is a very sacred thing—kind of like cheese, if you read my last column. It needs to be taken very seriously in every instance and respected. It does an important job for every college student and beyond, supplying pure fuel in a delicious package to keep morale up and procrastination low. It is a best friend in the waking hours of an 8:30 a.m. class and the middle of the night when you have a paper due in that 8:30 a.m. class and didn't start until the night before. It's the closest thing we have to a miracle.

Instant coffee is not what God intended. God intends for you to take your time, to enjoy your coffee while reading a good book or sitting and observing nature. However, desperate midterm, times call for desperate measures, and those desperate measures can include instant coffee if they must. As long as you are aware that you are mistreating the coffee and that you must repent for this later, you are completely allowed to take advantage of this horrible disgrace to the miracle beverage.

Just don't put Swiss Miss in it. At least pretend to have some respect. Don't get me wrong, I love Swiss Miss, especially when it's fuzzy sock season. It just has no place in your coffee. Mocha, however, is encouraged.



Tiffany

Dear Lazy Bums,

Listen up chump, ain't nothing worthwhile in this life instant. Instant coffee? What's next— instant car? Instant baby? Where does it end? Where do we draw the line in this rapidly growing age of instant gratification? What makes this coffee instant, huh? I don't trust anything that cooks in less than a minute. Why, that coffee would be ready faster than it takes me to do an activity that's longer than a minute! Who makes this instant nonsense anyways? The government? Are we going to get our meals emailed to us someday? "Oh boy 7 a.m., better check for my instant breakfast e-mail." I, for one, will not be a part of Big Brother's scheme to lessen the meaning of my life with this so-called instant food.



EARL

Listomania

Best College Pets

Bearded Dragon

Guinea Pigs in Costumes

Otter

Koi Fish from the Pond

Rooster

Pet Rock

Roommates

Dust Bunnies

PC Squirrels

Corgi

Courier Owl

Chameleon

COOKIE*



*Our Editor-in-Chief's wonderful pet rat pictured left

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SPORTS

Podium Goals: Women's Cross Country Aims High

by **Chris McCormack '18**
Sports Writer

WOMEN'S CROSS COUNTRY

One thing all Providence College students and alumni pride themselves on is the success of their sports teams. With a nationally ranked hockey team and a basketball program that has reached the NCAA tournament three years in a row, it is hard not to be proud of our athletes. However, one sport that is overlooked year after year is the women's cross country team. The girls were previously ranked number one in the nation and have had great success in recent years. I was able to sit down with Head Coach Ray Treacy as well as runner Sarah Collins '17G to talk about this year's season.

The Women's cross country team had their fair share of success at the end of last year and has continued it into this year. "Last year our women's team was fourth in the country and won the Big East meet. We have mostly everyone back so the expectations are high enough for this year to do just as well, if not better," Treacy told me. So far the team has met the expectations and arguably exceeded them. On Sept. 30, the women's team competed at Notre Dame in the Joe Piane Invitational. They were able to win the race as a team with Collins finishing ninth overall. When I asked Collins how she thought the season was going so far she answered confidently saying, "So far so good. Everyone came back from a solid base of summer training fit and ready to go. From there we have been able to get in consistent good training together while getting the results out of the meets we've been at so far." Collins is in an interesting position this year as she can make history as a PC runner. "Sarah Collins has been on the podium every year she has run with us and she can become the first athlete we have ever had at Providence College to make it on the podium all four years if she is able to make

it this year," Treacy said. When asked if she feels any added pressure with this possibility, Collins was very humbled and attributed a lot of her success to her teammates. "It's absolutely a very exciting prospect and a major goal of mine. I've been so lucky to be able to be on a team with such talented girls during my time here and to achieve that would be amazing. I try not to add too much pressure, the aim is to podium as a team and to focus on the present tense," Collins said.

Even though running a race is done individually, cross country is a team sport and depends on how everyone on the team finishes. With that said, both Treacy and Collins stressed the importance of working together as a team to get the best results. "Training varies from individual to individual. Obviously the seniors do a little bit more than the freshman. Our regular workouts are at 2:45 p.m. each day and everything including our recovery runs are of a pretty good pace. We don't do any jogging and the workouts are hard," Treacy explained. With a workout regimen like this, it can be very tiring, but it is always important to keep everyone motivated and on task. As a senior on the team, Sarah looks to keep everyone encouraged, "We are really lucky that as a team everyone comes ready to work hard and give it their best. I look to encourage everyone to just enjoy the sport for what it is and not take it for granted. As long as we stay healthy and train smart we can achieve our goals. As a senior member of the team, I have gone through the ups and downs of the sport and look to be a support figure for those who go through such situations."

Treacy, Collins, and the rest of the girls look to continue their great success as the season progresses. They are hoping to thrive meet after meet and return to number one in the country. Both Treacy and Collins talked about hopefully having success at the conference championships, regionals, and nationals. "We will look to show up to meets ready to achieve and continue to learn

and improve after each race. We will be aiming for success at Big East and Regionals, and come Nationals we want that podium finish," Collins explained. It will be extremely interesting to see how the season ends up for these athletes. Keep an eye out for updates on how they do the rest of the season and in the postseason.



Collins '17G running for 1st place.

PHOTOS COURTESY OF STEW MILNE

Field Hockey Shines Bright in 2016 Season

by **Max Anderson '18**
Sports Staff

FIELD HOCKEY

The Providence College Field Hockey team has been looking incredible during the 2016 season. Last season, the team finished 4-14 and had a final mark of 2-3 in the Big East Conference. Things have taken a full 360 degree turn this year, as the team currently holds a 12-5 record heading into their final game against Old Dominion in Virginia. With one game left to play, the Friars have already shattered last year's win total by eight games, and are currently tied with Liberty University for second place in the Big East Conference, trailing only the University of Connecticut. Perhaps the best part for the Friars

squad? They have already doubled their win total in the conference from last year, being two games above .500 at a 4-2 mark.

The team's first win against a conference opponent came against Temple University back on Sept. 16, when the Friars won 3-2. The game, which was televised on Fox Sports GO, went into overtime, after the score was tied 2-2 at the end of regulation. In the first half, the Friars went up early, getting two goals from Megan Hamilton '18 and Natalie Mitchell '19 within the first 32 minutes. However, Temple responded with two goals in the second half, sending the game into overtime, where Adrienne Houle '17 scored the game winning goal for the Friars in minute 81. Goalie Megan Guilbert '18 helped contribute to the Friars victory by saving 8 shots, and only allowing two goals through 81 minutes.

The team scored their second win in Big East play a week later, defeating Villanova at home by a final score of 3-1. Houle once again fueled the Friars with her play, netting two goals in the contest; one in the 13th minute of play, and one in the 60th minute of the contest. Hamilton also contributed another goal to the Friars stat sheet, as she scored in minute 67, shutting the door on a Villanova comeback, and handing the Friars their second win of the season. Guilbert also padded her stats in the contest, adding another five saves to her resume.

The third win in conference play came when the Friars traveled to New Haven, Connecticut to take on the Quinnipiac University Bobcats. The game was hard fought by both teams, as the Friars used overtime to capture another victory, after the game was tied 1-1 at the end of regulation. The first 35 minutes were scoreless, and neither team could muster a goal in the first half. The Friars came out swinging in the second half, however, as Sylvia Miller '20 scored in minute 38. A Quinnipiac goal later in the half tied the game at one sending the game into overtime, where Hamilton once again scored for the Friars, and netted her first game-winning goal of the season.

The final win in the Big East Conference came against Georgetown on Oct. 14, where the Friars won 3-2 yet again in overtime. While the Friars went scoreless in the first half, Floor Rozemeijer '20 and Mikayla Michals '20 both scored in the second half to help the Friars even the score at two. In overtime, Miller once again stepped up for the Friars, scoring the game-winning goal, just two minutes into overtime, to give the Friars a 3-2 victory.

While the Friars certainly have momentum heading into the Big East Tournament, they will face some tough challenges ahead, especially against the undefeated UConn Huskies. However, with a much improved record, and a new look for this Friar team, it is safe to say the Friars are up for the challenge.



Guilbert '18 and Miller '20 playing their hearts out.

PHOTOS COURTESY OF FRIARS.COM

Roll, Pack, Roll!

by Dan Tracy '17
Guest Writer

COLUMN



The Backpack enters a scrum.

PHOTOS COURTESY OF DAN TRACY '17

For the first time since their 2012 Championship team, the Providence College Men's Rugby Team is undefeated. Having posted an impressive 6-0 record in a competitive Rugby Northeast Conference, the Backpack has but two remaining away matches: University of Massachusetts Lowell and Bentley University. Since Lowell recently lost to Southern Connecticut State University, a team whose only loss came at the hands of the Backpack, they are out of contention for the Championship. This means Providence's final game against Bentley is automatically a championship match, the winner of which will advance to the National Tournament to compete among only 15 other teams. Bentley is proving to be a formidable foe, as they too are undefeated and have won many of their matches in convincing fashion.

Coming into the season, the men's rugby squad looked to rely on their large senior class of eight members to lead the team to victory. On Aug. 30, it seemed that would be the case as the Backpack won an out-of-conference match against a tough Fairfield University. Yet, as the season has progressed, the starting 15 have sustained multiple injuries. While seniors like Captain Tadas Jalinskasc '17 and Conor Lane '17 have remained staples in the lineup this season, staying healthy has proved a challenge for others, leaving holes in the starting

roster. It was then the young members, even first time rugby players, who stepped up and contributed to the continuing success of the team. This year, the Backpack attributes its success not only to a talented starting 15 players, but also to a cohesiveness that permeates throughout the entire team, from seniors down to freshmen.

This year's team is certainly not the most experienced, but their work ethic is undeniable. Led by a creative and competent coaching staff in Coaches Cox, Dekoeyer, and Hoder, the team has upped weekly practice times and overall intensity. Priding themselves on sound fundamentals, the Pack goes over weekly film to identify mistakes and make adjustments in time for the challenges ahead. Captain Cameron Hughes '17, had this to say of the team: "The work rate in practice has been fantastic and it shows through our superior fitness and skills on the field." Fitness and skills certainly mattered in the Backpack's recent victory over state-rival Roger Williams, edging the Hawks 31-29 and avenging a loss from last year. This weekend will see one of the pair of senior flankers, Conor Adler '17 and Dan Tracy '17, return from injury, as fellow teammate Matt Raffoul '17 seeks to continue his dominance at the fly-half position. Come support the boys in their final two games as they chase their first championship in four years! Go Backpack!



The Backpack sets up a play.

PHOTOS COURTESY OF DAN TRACY '17



The Backpack moves down the field.

PHOTOS COURTESY OF DAN TRACY '17

ICE HOCKEY!

Men's ice hockey provides the attendees with an incredible atmosphere that is unmatched at Providence College. Anyone who has attended even one hockey game at Schneider Arena knows that the energy and excitement of being in the student section adds a whole new element to the scene. Yes, it is true that PC has started charging students to attend, but it's for good reason; the Friars are really, really good. Winning a national championship is a once in a lifetime event that the upperclassmen were lucky enough to experience in 2015. PC hockey continues to be considered one of the top programs in the country, something that should not be taken for granted by its students.

Big hits, highlight-reel goals, and fast-paced action keep the fans on their toes for the entire 60 minutes of play. The game itself is so unique as it is, and the collegiate level provides a threshold for young stars to emerge. PC students are fortunate enough to have a program as good as ours, located right here on campus, allowing for what some may consider "the perfect study break." The action-filled hour gets your mind off the three essays you have to write later, and lets you escape to the wonderful world of sports. Watching the Friars push into the postseason as legitimate contenders year after year is a joy that not every school has, so for me, the decision is easy. Go Friars!

-Kevin Skirvin '18



BASKETBALL!

Nothing compares to the feeling of winning a national championship—the immense school pride that you feel when that last buzzer rings—but this is a once in a while feeling that only comes every so often. Lucky for Providence College students, we can feel this same school pride every time Friars basketball takes on an opponent at the Dunkin' Donuts Center. The Dunk is a larger venue than Schneider Arena and attracts more than just PC supporters and at each game there is an overwhelming feeling of unity amongst students, and supporters alike. You do not have to necessarily be a basketball fan to benefit from the buzz of the Dunk on game day.

During my time at PC, I have had the opportunity to attend dozens of sporting events including soccer, rugby, hockey, field hockey, and basketball games. I've found that the support that comes from the student body for all sports is impressive, but the support for basketball is not only impressive but also immense. Last year, I can recall that for many games there were lines out the door for students and non-students alike to get tickets to games at the Dunk. This year, PC has sold a record number of season tickets, proving that students support the team even during a "rebuilding year" after the loss of Kris Dunn '16 and Ben Bentil '18. Here at PC we take time to celebrate basketball with an entire night-long pep rally aimed at getting the students hyped for the upcoming season. There are also game watches for PC alumni all over the country. No other sport on campus has the same overwhelming following as basketball. There is no doubt about it, Friars Basketball is the most fun to watch, whether in McPhails or at the Dunk.

-Gretta Schultz '17