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Providence College - Providence, Rhode Island

September 23, 1993

Fr. McGonigle Named VP

PC Hires New Vice President for Academic Administration

Rev. Thomas D. McGonigle, O.P., a member of the Catholic Theological Society and the Catholic Historical Society, has been named vice president for academic administration at Providence College, according to Rev. John F. Cunningham, O.P., president of the college. His appointment was effective July 1, 1993.

Father McGonigle will serve as principle academic officer of the college, and will have major responsibility in all faculty personnel matters. He will serve on the major administrative committees of the college and will be the administration's representative at all meetings of the Faculty Senate. He will also teach in the college's Graduate School.

The new vice president succeeds Rev. Robert J. Hennessey, O.P., who served as acting vice president for academic administration for the 1992-1993 academic year. Rev. Hennessey has been appointed chair of the college's Department of Theology.

A native of Denver, CO, Father McGonigle has served since 1987 as vice president, academic dean, and associate professor of church history and spirituality at Catholic Theological Union in Chicago, IL. He served as president of the Aquinas Institute of Theology in Dubuque, IA from 1978-1981 following his service there as chair chaplain of the Dominican Motherhouse in Sinsinawa, WI from 1981-1985. The Dominican priest has also conducted many retreats for groups of men and women religious.

Father McGonigle received a doctorate of theology in church history from The Divinity School at Harvard University, Cambridge, MA in 1976. He received a master of arts in theology degree in 1969 from Aquinas Institute of Theology in Dubuque, IA. He also received a master of arts in philosophy degree in 1965, and a bachelor of arts degree in philosophy in 1964, from Aquinas Institute of Philosophy in River Forest, IL. He was ordained a Dominican priest in 1968 in Dubuque, IA.



Rev. Thomas McGonigle

Father McGonigle has co-authored a book with Rev. James F. Quigley, O.P., entitled *A History of the Christian Tradition: From Its Jewish Origins to the Reformation* (New York: Paulist Press, 1988.) The Italian transformation of the book is entitled, *Breve Storia del Persero Cristiano: Dalle origini ebraiche alla Riforma* (Bologna: Centro Dehoniane, 1991).

Father McGonigle has also written many articles for religious publications, including a fall 1993 article entitled "Ecology and Spirituality: A Twelfth Century Perspective" for *The Ecological Challenge: Ethical, Liturgical and Spiritual Responses* (Collegeville: The Liturgical Press). His article entitled "St. Paul of the Cross: Faithful Witness to the Paschal Mystery" was published in *The Passionist*, Number 20, 1990.

He contributed six articles to the *New Dictionary of Catholic Spirituality* (Collegeville: The Liturgical Press, Fall 1992), and wrote three homilies for *Homilies for the Christian People: Cycles A, B, C* (New York: Pueblo Publishing Co., 1989).

Father McGonigle contributed two articles to the *Encyclopedia of Religion* (New York: Macmillan Publishing Company, 1987), and an article entitled "The Significance of Albert the Great's View of Sacrament Within Medieval Sacramental Theology" to *The Thomist*, Vol. 44, 4 (1978).

In 1988, Father McGonigle's article, "A Response to Theological Scholarship: Freedom and responsibility in the Seminary Setting," appeared in *Theology of Priesthood and Seminary Formation: Issues of Assembly II*, (The Lilly Endowment and the National Catholic Educational Association, 1988).

If you would like any more information about the role of the Vice President of Academic Affairs, please contact that office at 865-2155.

It's A Feintime to Leave Us Five Million

by Judith Colonna '95
News Writer

Do you remember the question, "What would you do for a Klondike bar?" that was constantly broadcast over our television sets some years back? There was an annoying can't-get-it-out-of-my-head-now-that-I've-heard-it-jingle that accompanied it (not to mention the disappointment of probably not having access to one of those chocolate-covered vanilla squares at that moment - or the remote). Well this time, the question is "What would you do for 5 MILLION DOLLARS?" and it is being addressed to the Providence College Administration. The answer is not what *would* we do for \$5 million, but will we do *with* \$5 million? That's right, PC recently acquired a \$5 million donation from Mr. Alan Shawn Feinstein, a local business man and philanthropist. And now for the second question: "What for?"

The answer is simple. The donation was made to establish a new undergraduate degree program in Public Service Management, which will evolve over a four-year period at Providence College. With this donation, PC will be renovating an on-campus building that will be utilized in part for the Feinstein Institute for Public Service, paying the operating costs associated with the program, and establishing a \$3.7 million endowment for the Program. PC will become one of only a few colleges and universities nationwide to offer an undergraduate degree program in Public Service Management. The Feinstein grant enables PC to be the first Rhode Island higher education institution to implement this program.

Though \$5 million is an attractive sum of money, it is not the reason why Providence has taken up the challenge to create a public service program. As Fr.

Cunningham had stated on June 3 at a conference about the program, it's a "long-term investment in a bold, new academic enterprise." It has also been seen as a reinforcement of our College's mission - a "focus on service to mankind and to one's community as an integral part of a Providence College education."

After spending numerous hours and months drafting the proposal for the challenge presented by Mr. Feinstein, PC's proposal was accepted out of the six submitted (Brown, URI, RIC, Salve Regina, and Roger Williams). This new project will add to the community and social service infrastructure at PC that has been growing rapidly. We now have approximately 100 different service programs. Providence's investment in the Feinstein program is estimated to be \$7.5 million over a 10 year period.

A Faculty Research Team, along with several student associates, has been established to design the program for the new major. Dr. William Hudson, a Professor of Political Science, is the Acting Director of the Feinstein Institute for Public Service. He is leading his fellow faculty members, which includes Stanley Azaro, Jane Callahan, A. Cemal Ekin, Linda Jamieson, Hugh Lena, Ann Norton, Ellen Salvatore, and Robert Trudeau. The committee is planning the program's various courses, activities for the students, and what the curriculum will consist of. As Dr. Hudson put it, "Students will be learning about the value of living in their community, the importance of good citizenship, brotherhood, and besides compassion for, obligation to their fellow man. Their service in the community will be reflected upon and discussed in class." Dr. Hudson went on to explain that he expects PC to gain national prominence as a

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Benefiting Everyone

Service Employees International Union Versus PC Business Affairs

by Kristen Garipey '95
News Editor

The date? September 7, 1993. The time? All day and all night. The place? Any on-campus residence. The problem(s)? The air conditioners don't work, the bedroom windows don't open, the burners on the stove won't work, some windows don't have screens...and the list continues. It's frustrating to return to PC and find your apartment or dorm room in need of countless repairs. Question: Who do you turn to? Answer: The physical plant and its employees. On move-in day, some PC students and parents found themselves being handed a flyer. Surprisingly, it did not offer a free plant from Frey Florist or announce the Trip to Newport. The notice discussed recent changes within the benefit plans for all employees of the PC campus. These employees include faculty, administrative,

clerical, food service, security officers, and physical plant workers. The flyer explained that the Service Employees International Union, Local 134, which consists of Providence College physical plant workers, was less than satisfied with the changes that had taken place. It

"Nothing is final until a contract is final"

states, "the College simply crammed the very onerous changes down their throats without considering alternatives." The notice goes on to discuss the changes that had occurred in their benefit plans. "The plan increases deductibles, has employees pay a substantial

share of monthly premiums, reduces prescription coverage and eliminates needed vision, mental health and dental services." Following the explanation of the changes, the flyer claims that the Union has several ideas they are willing to share with the College. Because their contract expired on June 30, 1993, the Union has been working without a contract since July 1. However, they are being covered under the terms of the previous agreement until a new one can be reached. Currently, the Providence College Business Office and the Union are negotiating possible solutions for the benefits plan. They have met often within the past week in hopes of reaching an agreement which satisfies every party involved. "Nothing is final until a

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What's the one thing you'd like to accomplish most this year?

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Coach Doyle Gets 200th Win With PC Soccer

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Feinstein

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well-known institution that administers one of the best, if not the best programs in this country for Public Service. He expects that students who are interested in their community, will definitely want to come to PC to seek an Undergraduate degree in Public Service.

Right now, there is going to be a temporary office set up on the first floor in McDermott Hall until the offices in Stevens are renovated next year. But in the mean time, if you are interested and want more information, or if you have any ideas of your own you would like to express, please feel free to contact Dr. Hudson at 865-2434, Howley 213, or any other faculty member on the committee. The students involved that may also be contacted are Lisa Champagne '94, Linda Charlot '94, and Tricia O'Hare '95.

By the 1997-98 academic year, public service will become PC's 25th academic major. Together, PC and the Feinstein Foundation will work to create a high quality, highly visible program that will motivate and train young adults to become leaders in the community and public service. Skill proficiency, internships, ethical training, and regular reflection and self-evaluation about the appropriateness of pursuing a career in this particular field is what the degree program will consist of. This is an exciting new adventure for PC, and not only are we lucky to gain the \$5 million grant, as soon as the program gets under way, its undergraduates will be lucky to receive their education from Providence College.

The Feinstein Institute for Public Service will sponsor its first event, a lecture entitled

"Public Service Education and the Undergraduate Curriculum"

on Monday, September 27, 1993

2:30 p.m.
Moore Hall II

The President's Forum
series for 1993-94
will begin on
Thursday, September 30.

Norman Sherry,
biographer of
Graham Greene,
will lecture
in Moore Hall I at 7:30

Shuttle Hours

Sunday	6:00 p.m. to 2:00 a.m.
Monday - Thursday	noon to 5:00 a.m.
Friday	noon to 5:00 a.m. (van 1) 7:30 to 4:30 a.m. (van 2)
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There's No "I" in Team

by Theresa Edo '96
Asst. News Editor

It looked like someone had ripped open a giant bag of Skittles and scattered them all over the Peterson Rec floor. But when the Skittles started breaking out into games of tug-o-war and dizzy-bat-races and voices echoed cheers, the hectic confusion quickly took the form of PC's Second Annual Dorm Wars.

"The way everyone comes together is really amazing," said Brian Sears '95, one of the RA's in charge of the day's activities. Brian seemed to sum up the general feeling of all those participating. "We hope that this event will become just as much a tradition as the Freshman Class Trip to Newport," he continued.

Dorm Wars, which don't actually pit dorm against dorm, were held this past Saturday, September 18. They consist of thirty teams of eight or nine people each who wear different, brightly-colored t-shirts. All participants sign up individually and are assigned to random teams the morning of the games. This allows freshmen to meet many of their classmates who they would not normally meet. Over the course of the day, the teams bond together in competition which is all in fun. Events ranged from the silly to the messy. Games included a human wheelbarrow race and an egg-in-the-spoon relay, to a three-legged race and a chocolate marshmallow drop.

"I can't remember the last time I did stuff like this!" said Susan Pires '97. Everyone seemed extremely excited and got into the spirit of the occasion while regressing to their youth for the games.

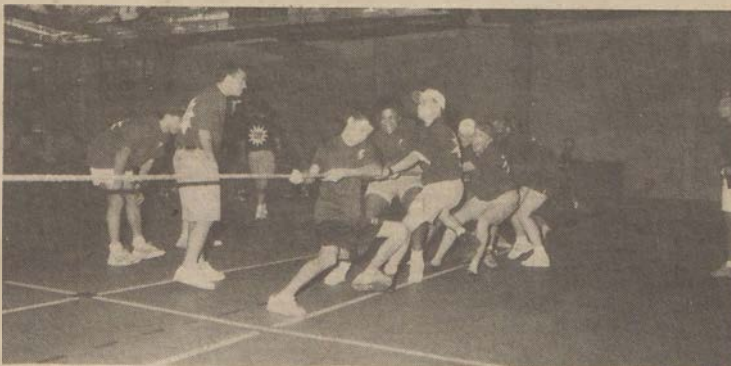
Wendy Webster '94, an RA in Aquinas, was chosen to head a committee of fifty RA's and Hall Directors. They had a tremendous job before them. The group took charge of planning the day and making sure every event ran smoothly. Since the number of freshmen participating increased four times since last year, Wendy hopes that the day is becoming something for incoming students to look forward to. RA Mike Dowdle '95 confidently predicts that the relationships the Class of '97 formed at Dorm Wars will last for their next four years.

"We're a family!" proclaimed one team. "We're what you might call the Top Gun of Dorm Wars!" boasted another. Many of the freshmen admitted that the day went far beyond their expectations.

The finale of the long day, which even Friar Boy found tiring, saw the team wearing Red T-shirts emerge as the ultimate victors. The members of the winning team were Erin O'Keefe, Elise LaFortune, Erin Maddox, Michelle Druvy, Ed Pinkin, Matthew LaCava, Mark Andrade, Chris Miller, Jeff Smith, and Mike Friess. The champions were extremely pumped and psyched; however, they did admit to having eaten their Wheaties that morning.

Tom Nesbitt, Stephens' Hall Director, has high hopes for the expansion of Dorm Wars. Not only does Tom hope Residence Life will want to run this event more than once per year, he spoke of an inter-building type of format that could be developed also.

Dan Murray '97 philosophized on what he will take with him from Dorm Wars. "It takes four seconds of pain to get four years of pride."



Members of the Class of '97 vie for bragging rights during the tug-o-war

Congratulations Red Team!

Negotiations

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contract is final," said Charlie Wood, Union negotiator. "We hope everything will be resolved soon." Bill Nero, Vice President of Business Affairs, hopes for an answer also. "We're still in negotiations, but things look encouraging," he said. "We want to be fair to the employees."

The Business Office and the Union have another meeting Friday afternoon. Both parties hope the negotiations go well and an agreement is reached soon. When the final decisions are complete, they will be willing to go public with details.

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Block Island Tea...Party?

by Jim Kane '94
Class of '94 President

I'm sure by this point most of you are probably wondering exactly what happened on the "Cruise to Nowhere." I hope this article will address all concerns and set everyone straight on last Friday's unfortunate events.

Before I begin I would like to express a personal note to several people. First of all, I pray for a speedy recovery to our fallen classmate. I wish you the best of luck. Also, a special note of thanks to two groups of people. Thank you to the people who helped in the end. You all went far beyond what should be asked of anyone and you deserve to be commended. The second group who I would like to thank are those classmates who were polite and agreeable and left the boat in an orderly fashion. Your maturity did not go unnoticed.

However, there were many problems which led to the cancellation of a good time. I would like to let it be known that it was not the decision of the event organizers to cancel the cruise, but rather the inexcusable

actions of a few select students. Many of you are not aware of exactly what happened that night. I would like to take this opportunity to recall the events which led to the cancellation.

To begin, there were many accounts of smoking marijuana on the buses as well as on the boat. Also, several students were less than cordial to the bus drivers. I personally see no need of harassing the drivers. They were doing us a service. Why give them a hard time? By doing so, we're only developing a reputation that will hinder us next time we need transportation.

After we set sail, matters were generally under control. There were a few isolated incidents of throwing things overboard. I will not list them, but I will emphatically state that throwing things overboard is a federal offense. I would also like to state for the record that everyone was notified that if throwing items off the boat continued, the cruise would be cancelled.

Shortly after the announcement, an unfortunate accident occurred. One of our classmates

was injured. She should have received respect and sympathy, but the treatment she got was inexcusable.

Once she was removed from the boat, the decision was made to depart again. Everything was set until students took matters into their own hands. Some started throwing pizza and water bottles at the staff and security guards. A bar was flipped over and these students decided to throw two kegs overboard. These kegs had to be pulled out by the Coast Guard. What would prompt someone to throw kegs overboard? I hope these students enjoyed themselves. This was the point when we were considered out of control and therefore unable to go back out.

At this point the beer was cut off and some bartenders attempted to refund money for tickets. We all know this was going to be tough. Instead of being patient, some individuals became very rude and obnoxious. The reason why the refunds stopped was because the individuals who flipped over the bar proceeded to steal drink

tickets and attempted to refund them. Therefore, there was no way to tell who actually purchased tickets and who had had them passed to them. I realize the security guards were also acting agitated, but they were instigated by the previous activities of some students.

I hope I haven't offended anyone. I would like to restate that it wasn't the entire class, but rather a small group which caused trouble for all of us. I hope it is clear to these individuals that our behavior not only affects our class, but other classes and PC as well. Furthermore, I can only hope that these individuals realize the impact their actions had on the rest of their classmates.

The events sponsored by the Class of '94 are planned as fundraisers so that we may provide a memorable Commencement. Those of you who feel the need to cause problems are only spoiling what could be one of the most memorable weeks for our class at Providence College. I hope everyone remembers this incident at future '94 class functions.

The Residence Life Office has formulated a process for an apartment Application and Lottery. Beginning October 12, info sessions will be held to fully explain the Application and Lottery process.

Important Dates to Know:

10/12 Info sessions begin (times and dates TBA in

The Cowl)

10/15 Applications available

10/22 Deadline for applications

10/29 Lottery Draw

11/15 Last date for \$100.00 deposits

Peek-A-Boo...I See You

by Brian Hylander '95
Asst. News Editor

Beware fellow Providence College students. Someone, or something, may be tracking your movements around campus, listening intently to your personal conversations, or recording the places you have been. Remember: Big Brother (or Father) is always watching. What do you think those new surveillance cameras and card access systems around campus are designed for? Although these melodramatic notions of

invasion of privacy might make for an exciting and suggestive novel or film, Providence College's new system of surveillance serves a more benign and helpful purpose: the safety of Providence College students.

New to every dormitory and apartment complex are card access systems that allow only the residents of a specific building to gain entrance via their Providence identification cards. Like many computerized networks, the information that the system receives is recorded

into a memory bank. Thus, each time a card is slid through the system, that person's social security number, together with whether he has been accessed or denied, is logged into computer memories located in the Residential Life Office, the Security Office, and the Classroom Building. Although some students have their doubts about the necessity of such a recording, the Residential Life Office maintains that the system is not unlike other computerized networks, such as an ATM machine, that automatically records each process. Although the card access systems have been implemented in all the residential buildings, the new surveillance cameras have only been introduced to the apartment complexes. This restriction is due mainly to the fact that only the apartments have cable television which give direct access to what the camera records. Located in each of the lobby of the apartments, the cameras are situated to give a wide view of the access system and elevator. Thus, residents of the apartment complexes are able to turn their televisions to a pre-set cable station and observe who is entering the building as well as those who want to gain entrance. To alleviate some of the Orwellian hang-ups that are

expressed by some students, the Residential Life Office has stated that each camera is independent and distinct. Thus, only those residents in Apartment C can view what is recorded by the camera in Apartment C, and likewise for the other two complexes. Furthermore, although it might make for a sinister role for the movies, there is no "Great Overseer" at Providence College who sits at a large desk and continuously monitors the cameras. Mark Raposa, of the Residential Life Office, seeks to dispel such absurd myths. He stresses adamantly that the sole purpose of the surveillance system is for, "the security of the residents in the halls." Moreover, although the members of the Providence College community have little to fear from each other, Mr. Raposa explains that the new measures will help, "protect us from those we don't know."

Over the last years, there have been instances where people outside of Providence College have been entering the dormitories and on-campus apartments creating a potentially dangerous situation. The card access system, along with the cameras, should help restrict strangers from entering and wandering around the residential buildings, thus

increasing the security of all off the residents.

Even withstanding the numerous safety benefits that exist, there is also a practical side to using the new system. Not only does it cut down costs of cutting excessive amounts of keys, but it also has the potential to save even more money by discouraging vandalism. An instance of this occurred last Saturday night. Although the specifics have yet to be released, a resident of one of the apartment complexes, by watching through the camera, caught an inappropriate action being committed by someone in the lobby. Security was promptly notified and the situation was resolved. Through this preventive action, according to Mr. Raposa, "A message did go out." Despite all of the positive feedback from the new security system, there have been instances of abuse. Most notably has been the verbal harassment that has occurred over the intercom as people enter and exit the building. However, according to Debra Gilbert, the Apartment Complex Director, this abuse has decreased significantly. Eventually this new toy will be forgotten and the new system will be used solely for one purpose: to secure the residential buildings.

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THE GOOD NEIGHBOR

One year ago this month, the Good Neighbor Plan was introduced.

It was the College's most ambitious attempt to improve relationships between off-campus students and Elmhurst neighborhood residents, to improve housing, safety, and other quality of life issues and to develop a long-term strategy to maintain a stable neighborhood.

A lot of changes have taken place. Housing inspections are now a pre-requisite for all landlords who want to rent to our students. Community policing was introduced to the neighborhood and a police substation located on Pinehurst Avenue. A new campus-to-neighborhood van shuttle service was introduced. Student discount cards were negotiated with area merchants. Late night food trucks were brought on campus. Litter patrols and other service projects were organized in the neighborhood as part of a college-wide challenge to contribute 25,000 hours of community service.

Focus groups, Block Council meetings and cookouts were held to improve student-neighbor communications. Student Congress leaders expanded The Peaceful Coexistence newsletter and with the help of a couple hundred student volunteers, distributed it monthly to area residents within a mile of campus.

One year later, as we begin the 1993-94 academic year, other elements of the Good Neighbor Plan are taking shape. Some 500 new on-campus apartments are being built for next year. A police foot patrol experiment is underway Tuesday through Saturday to enhance student safety, strengthen neighborhood security and provide early dispute resolution to weekend parties. Teams of college officials and community police are going door-to-door to survey housing inspection results, offer more security programs, review the student code of conduct and encourage students to exchange phone numbers with their neighbors. Strategy groups from the college, St. Pius parish, the Elmhurst Neighborhood Association and the Elmhurst Preservation Society are forming to discuss neighborhood stability.

Critics of the Good Neighbor Plan say it is nothing more than a PR campaign, others argue it is solely intended to break up parties. Those who contributed to the Plan view it as a vehicle to build off-campus relationships without students having to trade off living conditions to gain independence and a social life and permanent residents having to leave the neighborhood to live a normal life.

Whether advocate or critic, all those with a stake in the neighborhood need to keep communicating. That is why this column has been developed. In each edition of *The Cowl*, issues relating to the neighborhood and the Good Neighbor Plan will be addressed. If you have a recommendation, a comment, a criticism, etc., we want to hear from you c/o the Good Neighbor Column, *The Cowl* staff.

I want to thank the editorial staff of *The Cowl* for providing this space. Hopefully, it will develop into a valuable new informational service to your readers.

Edward J. Caron
Vice President for
Institutional Relations
and Strategic Planning

ROTC Cadets Earn Honors

For six weeks this summer, cadets from all over the eastern United States assembled at Ft. Bragg, NC to "Go for the Gold" at Camp All-American 1993, the greatest test in a future officer's cadet career. Five Providence College seniors and eight cadets from area colleges represented the Patriot Battalion and met the challenges of Carolina heat and the stress of battle with bravura.

Of the 13 cadets, five scored within the top 30% or higher in their platoons and thus the Patriot Battalion earned a highly commendable, "positive green report" from ROTC Cadet Command. Eleven cadets proved their mettle by qualifying "Recondo." This prestige involves scoring above the Camp average in physical

fitness, qualifying in rifle marksmanship, passing the land navigation test, and successfully completing a challenging water and land obstacle course which includes the infamous 40 foot rope drop.

All cadets will have the opportunity to compete nationally as part of the highly motivated Ranger Challenge team, under the coaching of Master Sergeant Neil Damon and SFC Bruce Pare.

The Military Science Department at PC welcomes two new cadets into the program throughout the year. To learn more about the ROTC program and available scholarships, please contact Captain Nick Speliopoulos at x2025 or Cadet Karen Da Ponte '94 at x4111.



Students attend a candlelight vigil held by Students Organized Against Racism last Monday, September 13, 1993

Guess What?

Ten-year old child prodigy

Marketa Ornova will be receiving a diploma from UMASS Boston before most of our Class of '96.

Watch out Doogie! Her new show will be running opposite yours.

Holy Cross is calling it "quits" for all smoking students on campus. Does that mean they'll all B-line to WPI to satisfy their nic-fits?

ATTENTION!

If you have any concerns about your own safety or the safety of your apartment, please contact Fr. McPhail's office at x2143.

The Providence College Poetry and Fiction Series

Sponsored by the Department of English Presents:
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Forrest Gander

Poet, Editor
Author of Rush to the Lake
and Lynchburg

This event will take place in
Aquinas Lounge
at 8 pm and is open to the public.

Refreshments will be served!

Family First

by John Olohan '95
Editorial Writer

Contrary to popular opinion, the greatest "thing" a person can have is a good family. Family and all that comes with it is what life is about, period. Life isn't about money, careers, power, popularity, and prestige; life is about family.

Slowly but surely society has made it seem as though any sort of combination of people in a home is as good if not better than a husband and wife bound in marriage.

Family units are the building blocks of society. Good moral families impact society in a positive fashion. When people see a "model family" they try to imitate that family. Parents and children from a model family become role models, so to speak, for their community. Parents and children that don't have a sense of self-respect or values also influence those around them, though not in a positive way.

Good families aren't born they are made. When family members do their own thing the rest of the family feels the impact of their errors and their lack of presence. There needs to be a tremendous amount of sacrifice in order to keep a family tight.

Children are very per-

ceptive, when they see a family member getting drunk, swearing, fighting, lying, and so on they see it as acceptable behavior; thus passing on bad habits to the next generation.

A family should be a team of players ready and able to withstand the abuse that society is ready and willing to give. It is far better to be respected and not liked than liked and not respected.

We study from textbook to exam. We don't apply

**Family and
all that
comes with
it is what
life is about,
period.**

what it is that we learn to our own lives. We are making the same heinous errors today as we made 2000 years ago. How many times do we need to see what infidelity does to a family? How many times do we need to see what drugs and alcohol do to a family? How

many times do we need to see what selfishness does to a family? How many times do we need to see what a lack of discipline does to a family? We have the answers but we choose to ignore them.

Traditional families are found much less frequently in the nineties than in the past. In 1990 only 57% of children lived with both parents, compared with 78% in 1960. Good families are not on the rise but rapes, drug use, alcohol abuse, teen-age pregnancy, domestic violence, and homicides are.

Just take a look at what is going on around us. It isn't hard for one to figure out where the roots of our problems lie. Deep down we know what we should be doing but we are afraid of the truth. We should be doing whatever it takes, convenient or not, to keep our families together.

We tend to think what we want to think and we tend to hear what we want to hear. When reason, logic, and rationality do not fit our political and social agendas we turn our heads to find a person or group that will.

Louie's and Eagles will eventually be out of our lives. Come graduation, friends and classmates will go their own ways. If we are smart there will always be one aspect of our lives that we can count on to be there for us, our families.

NAFTA

Merely A Stepping Stone

by Anthony R. Zupka '94
Asst. Editorial Editor

The North American Free Trade Agreement (NAFTA) is now the focus national attention and the topic of intense debate. This treaty involving Canada, the United States, and Mexico will eliminate trade barriers between these states. The resulting environment of cooperation and free trade will benefit American consumers by increasing overall economic output and lowering prices. Those opposing NAFTA fear that the loss of American production jobs to Mexico will create massive unemployment and undermine the U.S. economy.

The arguments over NAFTA are bound to be long and vociferous, but few Americans realize that joining NAFTA is only the first stride of a long journey that our economy must undertake to remain viable in the twenty-first century.

Individuals who fear impending economic doom in the NAFTA treaty are simply committing themselves to the same short-run economic philosophies that cost the United States its superiority in the automobile and computer software industries. Regrettably, Ameri-

cans will lose jobs in the short-run, but the long-run economic growth spawned by NAFTA will provide those displaced with new high-skill jobs which pay more. American consumers will also benefit as the prosperity fostered by this treaty is multiplied through the U.S. economy.

The NAFTA treaty will also establish an international trading block for the United States to manage. In the present day world economy, the U.S. is on the outside looking in. Japan and the little dragons of the Pacific rim, and Germany in the European Community are competitors already firmly entrenched in a quasi-trading block system in which, without NAFTA, the United States can not compete.

Ultimately, Americans must realize that the United States is no longer the hegemonic power in global economics, and that success in this novel arena depends as much on cooperation as on competition. To this end, NAFTA is the logical, initial step for America to take on the path to a progressive economy which can compete in the world economy. Irregardless of opposing opinions, the political economics of the world are beginning to walk away from America. NAFTA is a step in the right direction.

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Red White And U2

by David McGuire '94
Editorial Writer

In 1988, the band U2 released in America an album entitled *Rattle and Hum*. It was a soundtrack for a movie of the same name which depicted the experiences of an Irish band on tour in America. The movie was a flop, but the tour and the album stuffed the band's pockets full of United States dollars.

In the summer of 1993, pockets again teeming with the great American buck after a US tour, Bono and his boys attacked the European continent. I was one of many Americans living in Rome who ventured out to experience "Zoo TV" when it pulled into town. I was also one of the many who left the show a little over half way through, feeling disgusted and insulted.

Bono, the always vocal, usually clueless leader of U2 had found a new target to vent his pent up anger and frustration on, and his all out assault on America gave new meaning to the term "biting the hand that feeds you." He attacked US foreign policy

attacked US foreign policy throughout the show, citing our involvement in the Gulf War and Somalia as examples of how the US uses force to bully smaller countries into compliance with American policies. He went on to criticize our lack of involvement in Bosnia and described Americans as lazy money whores.

Everyone is entitled to their opinion, and Bono even had some valid points about faults in the American political system, but his overwhelming ignorance on issues that he blasted America over, along with the blatant malice he showed towards our country, made him seem like a spoiled, uninformed child trying to gain attention.

He continually rambled on about the "situation" in Bosnia and America's failure to react in any significant way. Unfortunately he never offered any sort of solution to the problem, nor did he give any sort of indication about who we should be trying to save

we should be trying to save from who. He never gave any sort of indication that he even knew what the "situation" in Bosnia really was, only that there was fighting going on and the US was not there. If the leaders of this world have been unable to rectify a three way, ethnic civil war, I seriously doubt that Bono has come up with a valid solution.

When he had exhausted his wealth of knowledge on the "situation" in former Yugoslavia Bono moved on to the Gulf War. He attacked the US for its involvement in the war, stating that the only reason we were there was to protect the precious oil fields that run our country. He claimed that our use of excessive force was for the love of money, not humanity. The love of money is a topic Bono should know a lot about.

Several of my friends who attended the show were US Marines who had served in both Desert Shield and Desert Storm. Al-

though they told me many stories about their experiences there, I never heard anything about the Kuwaitis being disappointed over their liberation from Iraq. None of the Ma-

rines expressed any interest in Bono's misguided interpretation of what happened in Desert Storm, although many of them wanted to give him a first hand demonstration of excessive force.

Had Bono kept his remarks on a political level I might have been able to walk away from the show with only a mild hatred for the man. People speaking out against American politics is not a new concept in Europe, but Bono wanted not only to bite the feeding hand, he wanted to watch it bleed. During one of his spasms of senseless rambling Bono began a "f— you USA" chant.

I was pleased to see that the Italian audience did not give Bono's chant the reception he was obviously expecting. Although some people answered with mild enthusiasm, most people just looked a little bewildered. My friends and I had heard enough and headed home, determined to start a campaign that would squash "The Fly" and make people aware of the band's hypocrisy.

Track number 15 on "Rattle and Hum", a little ditty called "The Star Spangled Banner", in my opinion is the best song on the album. This album is supposed to be about the American experience, but I find it hard to believe that U2 got a very good look at the US through the tinted windows of their limousine. Having lived in Ireland for three years I know that there are enough problems in that country for Bono to sing about, problems he might even know something about.

My purpose in writing this is not to ask people to boycott music they like. I do not want to see any band censored or silenced. I just want you to feel those teeth clamp around your hand every time you slap down your hard earned American dollars on a U2 album. It is "In God We Trust", not Bono.



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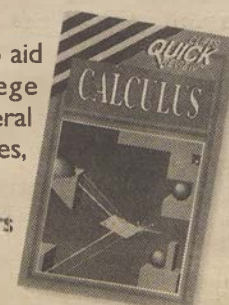
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Flowers and Misspent Dollars

by Theodore Hazard '94
Editorial Editor

As an academic institution the Providence college campus is undeniably gorgeous. However, the breathtaking scenery enjoyed by we students is accompanied by a hefty price tag. While colorful flowers and shrubs are planted, trees are pruned, and gardens are freshly mulched, many important projects go unnoticed and unattended.

At \$19,000 a year the price we pay is obviously partially a monetary one. We also pay a price in the form of simple everyday inconveniences that are overlooked, and in obsolete academic facilities. On one hand, the outstanding grooming of our campus is aesthetically pleasing and commendable. Given other exceedingly important needs, however, is the extent of this landscaping project really necessary? It is nice to be pretty, but aren't we taught that it is the inside that counts?

In the last three years attempts at providing bike racks at the main buildings on campus, properly equipped restrooms in Slavin, and change machines for the dorm and apartment laundry rooms, have been either poor or non-existent. Students that rely on a bike for transportation are forced to chain them to trees, no-parking signs, and stairway railings if they park anywhere

other than at the library. Students that need to use a restroom in Slavin will find, more often than not, that they lack either toilet paper, paper towels, or soap- depending on which restroom the unfortunate student entered. Finally, all students must walk down to the Hospital Trust bank on Smith Street to get quarters for laundry unless one is lucky

...the declining state of our academic facilities must be attended to...

enough to live in McVinney or Dore.

These needless, frustrating inconveniences could and should be properly attended to before more perennial flowers are planted at the base of another shrub. Simple improvements, such as these discussed here, would be permanent and would vastly improve the everyday lives of the students living, working, and studying on campus.

More importantly, the declining state of our academic facilities must be attended to prior to any further landscaping projects. Three of the largest academic facilities that have been neglected are: the teach-

ing facilities, the computer lab, and the library.

Many classrooms are terrible places to concentrate and learn; for example, the classrooms in the basement of the library. Laboratories and classrooms in Albertus Magnus desperately need updating to compete with science departments at other colleges. The answers to these problems do not lie in the removal of shrubbery on the outside of the buildings and constructing flower gardens. The strength of our academic departments must be increased not the number of violets decorating the entrance.

The computer lab and the library suffer from similar neglect. Yes, these facilities are respectable, but they are outdated. Funds should be directed at improving these two vital learning centers before the "Bartlett Tree Experts" are called to trim the branches of the trees on campus.

Providence College is here today because of us, the students. A college needs tuition paying students to survive and students need a college that provides a current, quality education to survive after graduation. Ask yourself: Are new stonewalls, shrubs, trees, and flowers more important than new books, periodicals, study areas, and computers? We must not lose sight of our shared long term goal: the best education possible.

Shape Up Before We Ship Out

by Noelle Cusack '94
Editor-in-Chief

We know what classes to take. We know to avoid the bank machine on Fridays. We know how to answer to the administration and even sometimes, police officers. Why is it that we don't know the common laws of conduct? Or maybe we've just lost all respect for it?

Let's face it, whether we like it or not, the Class of '94, like every senior class preceding us, is considered to be the role model for Providence College. Any freshman would take our word for it if we told them where Sowa is. It's too bad that Stix isn't around for the sophomores to have a Club Nite like we had, and I'm sure that the Class of '95 will consider themselves lucky if their JRW turns out as well as ours did. Why, then, are we using the last 8 months of the best 4 years of our lives to ruin the reputation of our class and jeopardize the annual Commencement Week activities?

Last weekend, Student Congress and the Board of Programmers planned a "Cruise to Nowhere." Keep in mind that the Congress officers and the BOP executive board were voted into office by us - their peers. Also remember that everyone who went on the proposed 4-hour cruise paid \$15 for it. Everyone was having a great time. Some of us were

even able to have \$15 worth of fun in the two hours we were at sea. The effects that alcohol had on the people on the cruise cannot be used as an excuse for some people's irresponsible and obnoxious behavior. We were only at sea for two hours. I'm sure most of you have stayed out longer than that and driven home. Why is it then, that when one of our classmates suffered a compound fracture in her leg, members of our class walked over her looking for the nearest bar? When the boat docked, why throw the contents of your water bottle at security guards, police officers, and even members of Congress and BOP? Was it their fault that the 2nd deck was slippery?

I realize that the cause of the problems does not rest solely in the hands of our class. I know that fault can also be found with the rapport of the hired security guards, as well as the disorganization of the rescue effort after our classmate injured herself on the deck. But let's get real - we can shift the blame to others all we want, but we must all be responsible for our own actions and for encouraging the responsibility of our peers.

In the end, we all know that bad reputations last longer than good ones, and I am positive that come May, none of us wants to apply for a job, say "I graduated from PC", and have an executive laugh in our face.

Letters to the Editor

Oakland Ave. Loses A Landmark

To the Editor,

The incoming class of '97 will never be able to appreciate one of the people who made the Providence College area unique. That person was the "Pizza Dude". Many students stopped by the now empty one-story brick building on Oakland Ave. to take a break from "partying". Only after his passing away would the heroic life of the cynical man, who could refute anything a young Providence College student could hold dear, be known. That was the beauty of Tirana's Pizza. World Wars and "big brother"; the specific topics of conversation are insignificant now. His building was a refuge from the slush and sleet that Rhode Island offers during the winter months. It was a place where conversation was solicited although one could feel comfortable in solitude.

Tanazi Shola was a naval veteran who served during the second World War. Our pizza maker participated in the D-Day invasion at Normandy and had been awarded the WWII Medal of Victory, the European-African medal with one star, as well as other decorations. Tanazi also had a degree in economics from the University of Rhode Island. The aroma may be gone, but the memory of this man lingers at The Pizza Shop on Oakland Ave. Rest in Peace.

Respectfully,
Brian Kelly '95

The Cowl Editorial Policy 1993-1994

I. Commentary articles and letters to the Editor are welcome from any member of the P.C. student body, faculty, or administration. Submissions from those outside the P.C. community may be printed if space permits.

II. All submissions to the Editorial Department are subject to the editing of the Editorial Staff. If there is a specific part of your letter or article you do not wish to have altered, please see one of the Editorial Staff members prior to publication.

III. All letters must be double spaced and limited to 250 words. Letters must be signed; however, if you do not wish your name to appear in print, please contact a member of the Editorial Staff or the Editor-in-Chief. Complete anonymity may be granted if the subject is of a particularly personal or sensitive nature.

IV. The staff respectfully requests that all articles contain no personal attacks.

V. All submissions should be delivered to The Cowl office no later than Monday at noon prior to publication on Wednesday.

Police Beat... on PC?

To the Editor,

A growing concern about off-campus violence is permeating Providence College. Recent occurrences at off-campus residences lead us to believe that the Providence police misunderstand not only what the problem is, but how to remedy it.

This past weekend at a party that was broken up in an unorthodox fashion a student was unjustly arrested. We realize that people get arrested all the time, yet this case was exceptional with orders to dissolve the party. All of this occurred well after this particular officer tried to instigate a fight with us. The enraged police man then punched the aforementioned student in the face and threw him against a

window which consequently smashed. An innocent student was arrested, thrown in jail, and treated like a criminal for merely attending a party. The excessive use of force and poor judgement on the part of this police officer resulted in a gross injustice for a fellow student and close friend.

We are currently in the process of pursuing this matter through the Internal Affairs office of the Providence Police Dept. Providence College is also looking into the incident. We would like to thank all of those who have supported our endeavors to achieve justice in this manner.

Thank you,
Chris Donato '94
Rob Rappa '94

—Roving Photographers—

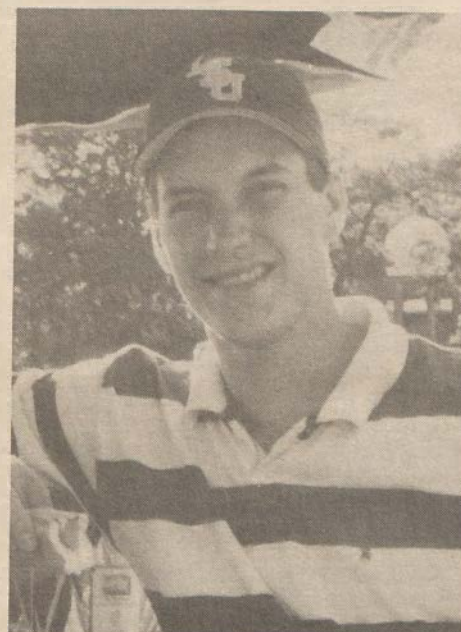
What's the one thing you'd like to accomplish most this year?



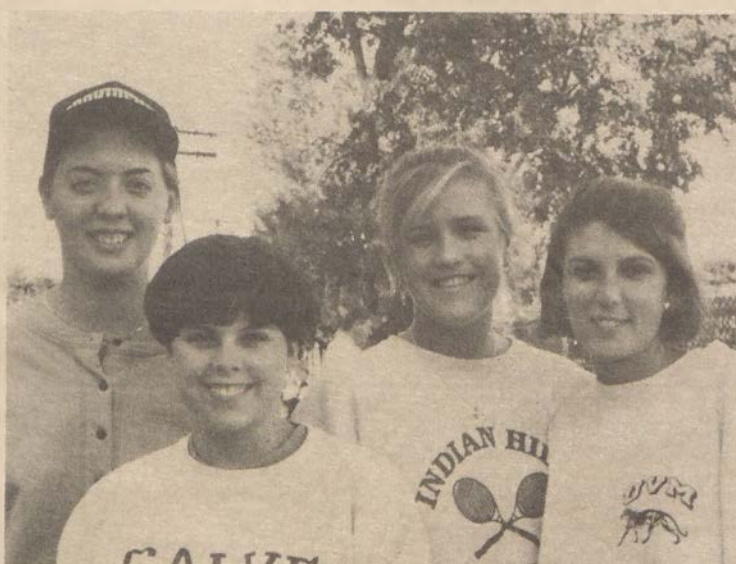
Mike Sorensen '94: I want to streak through Matt Miner's house!



Margi Clifford '97: Make lots of new friends and pass everything so I can come back next year.



Glenn Stewart '94 : Be the #1 hot dog seller on campus and get a real job after this hot dog stint runs out.



Michelle Madison, Gillian Getzewich, Katie Austin, Jessica Waggett '94: Get at least one hours worth of studying in on the weekends.



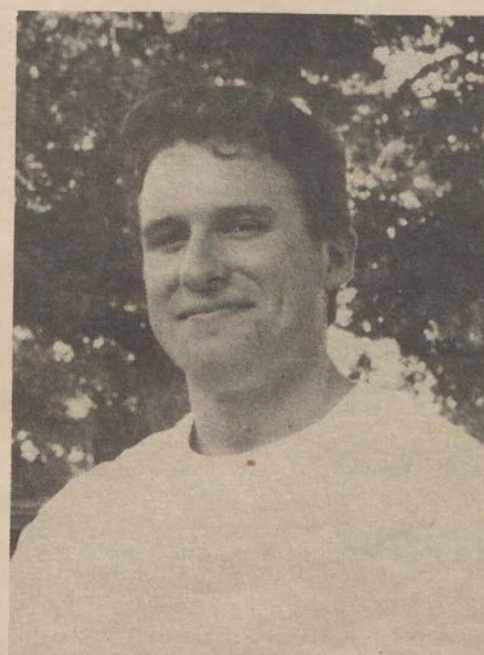
Tim Maher, Kevin Dolan, Dan Cullinan '97: Tim - Learn every word to every Cat Stevens song. Kevin & Dan - Get in at Eagles!



Son Nguyen '97: To survive Civ!!



Sue Mazzeo, Dawn Brint '95: To survive the year without getting arrested.



Christian Potts '94: Sleep home on a Saturday night.

Dina & Sue: Go to the library drunk — Oops!! We already did that!!

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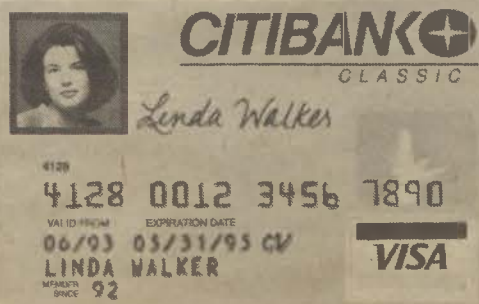
on one's driver's license.) It's an immediate form of ID, a boost to your self-image. ¶ Of course if your card is ever lost or stolen and a stranger is prevented from using it, you'll feel exceptionally good (showing no signs of Credit Card Theft Nervosa). ¶ Other experts point to specific services, such as **The Lost Wallet™ Service** that can replace your card usually within 24 hours. Or the **24-Hour Customer Service** line, your hotline, if you will, for any card-related anxiety whatsoever. ¶ Further analysis reveals three services that protect the purchases you make on the Citibank

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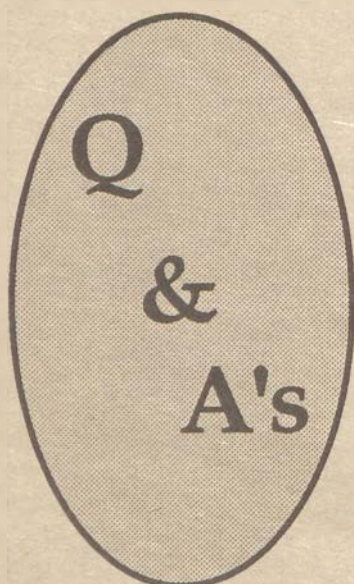
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Heeere's Johnny...



John Ryan '94
Executive President

Welcome Class of '97 and students of Providence College. The Student Congress is committed to ensuring that our experiences at Providence College meet our expectations. We accomplish this by being the primary student voice on campus. Our representatives serve on most college committees. We are here to assist you and represent all our rights as students. To achieve our goals we need students to be involved. The Class of '97 and Residence Hall elections take place Thursday, September 30th. Please Vote!

What are some things the Student Congress does? We dispense the student activity fee to student organizations; coordinate various student activities; communicate student concerns to the administration; approve new clubs; publish and distribute the Peaceful Coexistence News Letter to the Elmhurst Community; publish the Student Telephone Directory; publish the Course Description Survey summarizing student evaluations of courses; conduct the election process for the Student Congress and subordinate organizations; and much more...

What are some things I should know as a Student? An open container of alcohol in public is illegal even if you are 21. If you get a warning from police about noise, etc., do not expect to get another. Do not walk alone. Taking money for alcohol is selling alcohol without a liquor license and possibly selling to minors. If you witness an incident worthy of being reported tell the Student Congress or a College Official so something can be done.

The Student Congress meets every Monday at 6:00 pm in Slavin 203. If you want to find out more feel free to sit in on any of our meetings. Our office is located in Slavin 109 and we are available to hear your concerns and answer your questions.

Pastoral Council Has Something for Everyone

Julie Shea '95
Pastoral Council President

The Pastoral Council welcomes everyone back! For those of you new to campus this year, the Pastoral Council is the student extension of Campus Ministry. Over 700 students volunteer in 20 projects. We have something for everyone. If you are interested in social justice you can get involved in our Social Action committee and volunteer at Amos House, McCauley House, Smith Hill Center or the Women's Center. Studio art majors hoping to sharpen their skills can help with publicity. There are many opportunities for people who love working with children, you can volunteer in Providence public schools, teach CCD, work at a Special Olympics Event, or lend a hand at a Smith Hill Center Youth Program. If you are concerned with literacy issues, we have opportunities for involvement in tutoring English as a second language and working one on one with developmentally disabled adults, teaching them basic skills. Fundraising helps to raise money for charities such as Covenant House and Dominican Missions abroad. Our Special Events committee plans the Thanksgiving and Lenten skip-a-meal days, the cookouts after the Grotto

Masses, the Senior Citizen Banquet, the Giving Tree project, and Easter baskets for disadvantaged children.

Spiritual Life, Lectors, and Music Ministry work directly with the office of Campus Ministry in planning liturgies, retreats, days of recollection, faith sharing groups, and much, much more.

Every Saturday about 20 volunteers help out on Habitat for Humanity projects. At these projects, you can do anything from digging foundations to putting the finishing touches on a brand new house. In the spring a group of students go down to Appalachia to participate in the Collegiate Challenge run by Habitat for Humanity.

A recent addition to the Pastoral Council is AIDS Awareness. This committee hopes to bring speakers to PC and also to volunteer to work with people living with AIDS. On Monday, the Office of Campus Ministry sponsored an AIDS Awareness talk entitled "AIDS... The Tragedy That Need Not Happen." For the second year in a row Sr. Zita Fleming and Bob McBride, a young man living with AIDS, spoke about HIV infection, how to avoid it, and the reality of living with AIDS. The presentation was well-attended and the message reached many students.

Last Monday, September 13, the Office of Campus Ministry, the Office of Minority Student Affairs, SOAR (Society Organized Against Racism), and Pastoral Council sponsored a Candlelight Vigil against Racism and for Human Dignity. The theme of this event was respecting the diversity of humanity as a gift from God. Fr. Cunningham opened the vigil with a prayer, Dean Commissiong delivered opening remarks, and Fr. Barranger, the new chaplain, gave a homily on the gospel message of loving one another. The last line of the gospel was spoken in several different languages representing the diversity of Providence College. This Vigil set a positive tone for respecting one another this year and for the rest of our lives.

As you can see, the Pastoral Council has something for everyone. We invite everyone to join us! You can make a difference! If you are interested, visit Slavin 214A or call 865-2440 or 865-2216. It's going to be a great year!

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PC



'95 CLAMBAKE
SATURDAY, SEPTEMBER 25
TICKETS \$12.00 ON SALE IN LOWER SLAVIN
SEPTEMBER 21-24, 11:30 am - 3:00 pm



BUSES LEAVE STARTING AT 3:30 pm ON SATURDAY
FROM LOWER CAMPUS

CLASS OF '95

JRW Bids on Sale

October 4, 5, 6, 7
in Slavin Rm. 220
\$95.00 a couple

Junior Ring Weekend

Thurs. November 4- Mass and Ring
Distribution

Fri. November 5- Semi-Formal Dinner
Dance

Sat. November 6- Formal Dinner Dance
Sun. November 7- Brunch and Slideshow

Come One, Come All...

To The Midnight BBQ
on Slavin Lawn

Sponsored by the Class of '96
Saturday, September 25
11:30 pm - 2:00 am

\$1.00 Hot Dogs and Hamburgers
.50 Sodas

MUSIC PROVIDED BY DJ

Come One, Come All...

Minutes of the September 20th Student Congress Meeting

COMMITTEES:

Bill of Rights: Meeting scheduled with Deborah Gilbert concerning safety issues on campus.

Ethics: New markers are on order. There is new paper in. Dinner to Wright's Chicken Farm was cancelled due to lack of attendance. Members need to sign in for office hours.

Finance: Budget Allocation Hearings began September 20 and continue through Thursday, September 23.

Elections: There will be an Elections Meeting on Wednesday, September 22 at 4:00 pm in Slavin 217.

Student Life: The Campus phonebooks will be printed next week. The physical plant should be fixing the lights in the library as soon as possible.

Clubs and Organizations: The Club Fair is Wednesday, September 22 from 10-3 in '64 Hall. The physical plant will be painting the Club Room.

Public Relations: The first issue of The Cowl will be out on Thursday, September 23.

Time and Space: The Accounting Association will have a cookout on Thursday, September 23.

BOARDS:

IAB: Waiting for lights on tennis courts.

BOP: Coffeehouse on Tuesday featuring Chinese food and Kung Fu movies, *Some Kind of Wonderful* will be shown Thursday, First Stag on Friday from 8-1 for \$5.00, *Benny and Joon* on Sunday.

ACC: BBQ Wed. 4:30-6:30 \$1.00 - all you can eat.

Lobbyists: In process of registering for lobbying. Tricia O'Hare, member of Feinstein research team reported that PC received a five million dollar grant over a five year period from Mr. Feinstein to start a public service program.

CLASS REPORTS:

'94: Report on Cruise to Nowhere.

'95: Clambake Friday 4-8, 3:30 buses leave from lower campus, tickets are \$12.00; Ring try-ons this week.

'96: Midnight BBQ 11:30-2:00 Saturday, Sept. 25; JRW info. meeting 7pm Monday Oct. 4.

MODERATORS COMMENTS: Fr. McPhail commented on the Senior Cruise and asked that all students encountering problems in the neighborhood to report to him.

Grotto Mass
Sunday, September 26
at 11:30 am

Followed by a cookout

Come find out
how PC can use
their \$5 million
Grant...

Richard Ballistoni
From Rutgers University
Speaking on
Public Service Education
and
The College Curriculum

Monday, September 27
2:30 pm in Moore Hall II



Share your voice
and
your musical talents
(or just sing your heart out).



Join The Music Ministry

Rehearsals are every Thursday in
Aquinas Chapel at 6:00 pm.
All are welcome and bring a friend.



GET OUT AND VOTE!!!

Freshmen / Residence Hall Elections
Thursday, September 30
9:30 am - 4:00 pm
in lower Slavin

You Can Make The Difference!

WBRU Celebrates With A Bang

by Mark Cybulski '95
A&E Editor

WBRU celebrated its 24th birthday this past weekend with concerts at Lupo's Heartbreak Hotel and the Strand, both located in downtown Providence. The money raised from these two shows went to the City of Hope, an advanced medical center where physicians and scientists work to provide treatment for cancer and other types of life threatening diseases. Saturday's show at the Strand had an amazing lineup assembled, featuring Buffalo Tom, The Ocean Blue, Aimee Mann, David Byrne and The Posies.

The Boston based trio, Buffalo Tom, has just released its fourth album, *Big Red Letter Day*, which follows 1992's excellent *Let Me Come Over*. The band, which consists of guitarist-vocalist Bill Janovitz, bassist-vocalist Chris Colbourn and drummer Tom Maginnis, formed in 1986 while enrolled at the University of Massachusetts at Amherst. Buffalo Tom opened the evening with a blistering version of the title song from their 1990 LP *Birdbrain* and proceeded to perform songs from *Let Me Come Over* such as "Taillights Fade" and "Mineral", as well as newer material from *Big Red Letter Day*. If their performance on

Saturday was any indication of their potential, the best for Buffalo Tom is still yet to come.

Hershey, Pennsylvania's The Ocean Blue brought their own brand of ethereal pop to the show on Saturday. The band has just released *Beneath the Rhythm and Sound*, the follow up to their 1991 release, *Cerulean*. The Ocean Blue performed much material from their 1989 self-titled debut album, including "Between Something and Nothing" and "Drifting, Falling," as well as songs from *Cerulean*, such as the title track and "The Planetarium Scene." However, it was the band's newer material that sounded the most impressive. While guitarist-vocalist David Schelzel, bassist Bobby Mittan, keyboardist-saxophonist Steve Lau and drummer Rob Mining didn't seem to offer much in the way of personality, their incredible sound carried them through what turned out to be the most enjoyable set of the evening. The band's music has an entirely different dimension when heard live, as opposed to hearing it on record. The Ocean Blue's performance at The Strand showed that they are a band that must be seen as well as heard.

Aimee Mann rose to fame in the mid-eighties as the front woman of the Boston band "Til Tuesday, who had such hits as

"Voices Carry" and "What About Love." Mann is now out on her own and has released a new solo album, *Whatever*. She performed an excellent set on Saturday, which included newer songs such as "I Should've Known," "Stupid Thing" and "Could've Been Anyone." The highlight of her set, however, was the encore in which Mann and her band performed a faster version of the "Til Tuesday classic, "Voices Carry". Mann was undoubtedly the loosest performer of the evening, often bantering with both her bandmates and the crowd.

David Byrne has experimented with almost every type of music. From his early dissonant rock with Talking Heads to the complex latin and brazilian music from 1989's *Rei Momo*, Byrne's expansive musical career is indeed impressive. His set on Saturday consisted of new material that he and his band had never previously performed live. While the songs were unfamiliar, the music was very danceable and Byrne always has a stage presence that makes him one of the most distinguished and recognizable figures in music today.

Seattle's The Posies closed out the show on Saturday with a loud and powerful set. The band first gained attention a few years ago by opening up for The Replac-

ments on their final tour. They were also one of the first Seattle bands to be signed to a major label when they released *Dear 23* on DGC Records in 1990. Consisting of guitarist-vocalists Jon Auer and Ken Stringfellow's distorted strumming and thrashing about the stage along with bassist Dave Fox and drummer Mike Musburger pounding out a solid rhythm section, The Posies stormed through their forty minute set, playing much of the material from their new album *Frosting on the Beater*. While The Posies performed well, they seemed to be a poor choice to close the show. The Posies have a long musical career ahead of them before they can be in the same class with the likes of David Byrne.

Saturday's show at The Strand showcased some of the best talent in music today. The concert had a wide variety of acts and seemed to have something for everyone. Whether or not you like the Seattle rock of The Posies, the ethereal pop of The Ocean Blue or the world beat influences of David Byrne, WBRU's 24th Birthday Bash proved to be one of the best area concerts of the year.

The Strand
presents:
**The Mighty Mighty
Bosstones**
on September 25

The Gavin Report's Top Ten College Albums

10. The Cranberries, *Everybody Else Is Doing It, So Why Can't We?*
9. The Coneheads, *Soundtrack*
8. Cracker, *Kerosene Hat*
7. Sweet Relief, *A Benefit for Victoria Williams*
6. Urge Overkill, *Saturation*
5. Bjork, *Debut*
4. The Juliana Hatfield Three, *Become What You Are*
3. Catherine Wheel, *Chrome*
2. The Breeders, *Last Splash*
1. Smashing Pumpkins, *Siamese Dream*

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ROTC 865-2025

Arts & Entertainment

Siskel And Castello

by Cyndi Castello '95
Assistant A&E Editor

What is the purpose of reviewing movies that were hits two or three months ago? That is a good question and there are two good answers. For one, the movies below can all be seen right here in '64 Hall this semester. Also, it is no secret that a favorite pastime of this intellectual community we belong to at Providence College is watching the idiot box and throwing back a couple of "beverages": sad but true. So consider yourself getting the edge on everyone else. Now, with no further adieu, here are four boxoffice hits that, in my opinion, either skyrocketed to the top or at the last minute had technical difficulty.

✓✓ Sleepless in Seattle

What good movie begins with a funeral? That's the first sign to get out while you can. Even though Tom Hanks, Meg Ryan and Rosie O'Donnell did a magnificent job with the stale clay with which they had to work, the movie seemed unrealistic and drawn out. Come the last ten minutes it did not quite matter who Tom Hanks was being united with, just hook him up and role the credits. Showing at '64 Hall, Sunday, November 7, 8 and 10 pm.

✓✓ The Firm

Regardless if you have read the book by John Grisham or not, the movie is a must see.

Tom Cruise, Jeanne Tripplehorn and Gene Hackman work fabulously together. For our age bracket, it was especially enjoyable. It told the story of the "real world" - love, sex, money and deceit. Mitch McDeere is a yuppie hoping to get a headstart. The question at hand is, does he sink or swim? Showing at '64 Hall, Sunday, November 21, 7:30 and 10pm.

✓✓ Indecent Proposal

Typical rating coming from a girl, but this was truly an outrageous film. Yes, Demi Moore is more than perfect, Woody Harrleson is equally as seductive and Robert Redford is still Robert Redford but it goes beyond that. As a relief from our "eye-for-an-eye" world this movie reminds us that true love can solve any problem. In love mistakes are made, but with love can mistakes be forgiven? Showing in '64 Hall, Thursday, September 16, 8 and 10pm.

✓✓ Jurassic Park

Steven Spielberg's latest offered an average plot with incredible special effects. If you're going to see it because your a fan of Sam Neill, Laura Dern and Jeff Goldblum, you're in for a big surprise. The dinosaurs are the real stars here. This movie did offer plenty of thrills and was thoroughly entertaining. Was it scary? Bet Jurassic! Showing at '64 Hall, Saturday and Sunday, December 4 and 5, 9pm.

Lupo's
Heart-
break
Hotel
presents

They
Might
Be
Giants

on
October
2, 1993

Be
There!

Supper in a Snap

These recipes were taken from
*Better Homes and Gardens,
Meals in Minutes.*

The kitchen is no longer a place solely for women. The kitchen belongs to the hungry, the curious and also the men. Is your time scarce, your wallet thin, and you mental cookbook empty? Not to fret, this is a think-fast dinner and dessert that even your mother would use probably. While head chef, remember some small hints. Never reveal what you're making because if dinner burns your roommates may believe that Ronzio's was the original plan. Never cook while your starving because there won't be much left to serve and don't forget, to many cooks spoil the stew. Be brave and cook confidently-GOOD LUCK!

Speedy Italian Supper

4 slices bacon
1/3 cup each chopped
celery and onion

1 3-ounce can broiled
sliced mushrooms, drained

1 1-pound can spa-
ghetti in tomato sauce

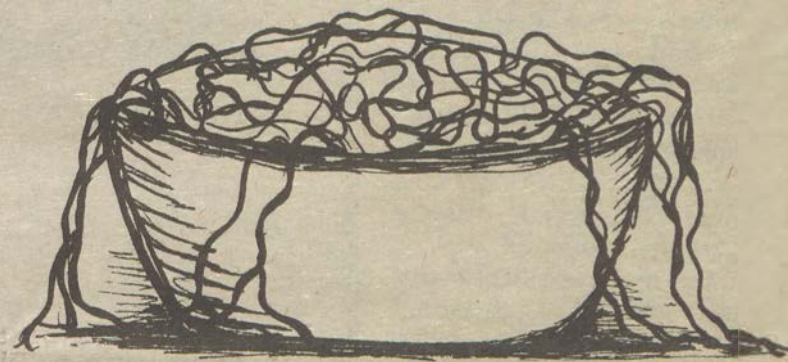
Cook bacon crisp; drain,
crumble. In one tablespoon of
drippings, cook celery and on-
ion. Add mushrooms, spa-
ghetti. Heat to bubbling.
Sprinkle bacon over. Serves 3.

Peanut-butter Pudding

1/4 cup peanut butter
2 cups milk

1 4 1/2 ounce package
instant chocolate pudding

Beat peanut butter and 1/4 cup
milk with rotary beater till
smooth. Slowly add remain-
ing milk, beating until well
blended. Add pudding mix;
blend well, about one minute.
Pour into serving dishes; chill.



Scrumptious!

by Cyndi Castello '95
Assistant A&E Editor

Amazing, absolutely amazing! That is how to describe Geoff's on the corner of Thayer Street and Angell Street. This is the best and probably the only sandwich shop where you can read an unlimited amount of options off multi-colored black-boards while listening to alternative rock. Basically, everyone and everything adds to the unorthodox atmosphere. Keeping in mind that it is located in the Brown/RISD vicinity, it seems that the workers are instructed to be upbeat, forward, slightly abrasive, yet not offensive and outrageously funny. While munching on your "oodles of love on bread", as my

roommate once described it, there are plenty of interesting pieces of literature to read and finger through. On a brisk day, they even have a small deck for outside eating. These seem to be reasons enough to go check out Geoff's, but my favorite still hasn't been mentioned. This is great, are you ready? When purchasing anything a customer can help themselves to a boundless amount of pickles, and these are good pickles. In addition, day old breads are available to anyone who needs and/or wants them. The price is right and the food is even better. I can guarantee that an adventure to Geoff's will be an extraordinary one, without fail!

All You Can Eat!
at
LUCIA'S
Restaurant

Tuesday Special:
All you can eat
Chicken Dinner
only \$5.00 with
Pasta, French Fries
and Salad
From 4-9pm

Wednesday Special:
All you can eat
Pasta Dinner
only \$2.95 with
Bread and Salad
From 4-9pm
For P.C. Students

Monday: 8am -3pm
Tues-Thurs 8am-9pm
Friday: 8am-10pm
Sat: 8am-2pm & 4pm-10pm
Sun: 8am-2pm

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Greetings from the President

by Tim Henzy '94
BOP President

On behalf of the Board of Programers, I would like to welcome you all back. For anyone new to Providence College, or for those of you with your heads in the clouds, the Board of Programers (BOP) is responsible for planning all social events on campus. The board consists of about forty students who give up many hours a week to bring first class events to you. The board is divided into eleven committees—Coffeehouse, Entertainment, Film, Fine Arts, Lecture, Over 21, Programers, Publicity, Social, Student Congress, and Travel.

One of our upcoming events will be the first stag dance, this Friday, September 24th from 8:00 p.m. - 1:00 a.m. in Peterson Rec Center. Sponsored by the Social Committee, this will be a great night of dancing, food, and drink—beer will be available for those over 21. Dress is semi-formal, and the doors will close at 10:00 p.m. Don't forget to bring your PC ID!

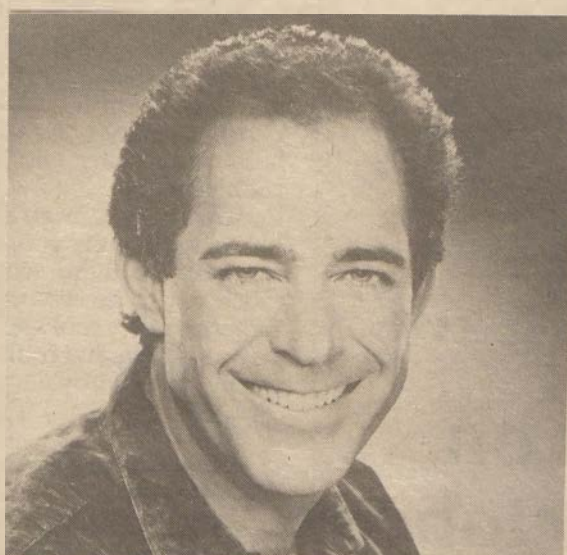
This Monday, the Lecture Committee will bring you Barry Williams, otherwise known as "Greg Brady" of *The Brady Bunch*. Starting at 8:00 p.m. in '64 Hall, Mr. Williams will give a lecture titled "I Was a Teenage Greg" based on his best-selling book of the same name. Admission will be \$3 per person—don't miss it!

The Coffeehouse Committee continues the Brady theme on Tuesday night by showing episodes of *The Brady Bunch* and serving cheese fries. Coffeehouse runs every Tuesday night from 9:00 p.m. - 12:00 a.m. in The Last Resort. It's a great excuse for a study break, so come on down!

Look for these upcoming events in October: a scavenger hunt, comedy night, trip to Medieval Manor, and apple picking (just to name a few). Also, be sure and catch some more of our first rate movies on Sunday and Thursday nights at 8:00 p.m. and 10:00 p.m.

Because BOP is funded by your money, it is vital that we receive your input. We encourage everyone to come to our office located in Slavin 119 with his/her ideas, questions, and comments. Good luck in the upcoming year!

Lecture presents: GREG BRADY!



**Barry Williams
presents
"I was a Teenage
Greg"**
Monday, September 27
'64 Hall
8:00 p.m.
**\$3 Admission at the
door**

Fine Arts announces:

Tickets will go on sale
Tuesday, September 28th
for the Trinity Repertory
Company's production of
Mrs. Bedgewick's Head
on
Sunday, October 3rd.

Tickets are \$7 each and can be
purchased in the BOP office.

Social presents:

The First STAG!!!

Friday, September 24
Peterson Rec Center
8:00 p.m. - 1:00 a.m.
**Tickets \$5 in the BOP
office or at the door**

- * **Semi-formal dress**
- * **D.J. and dancing**
- * **Beer with proper I.D.**
- * **Doors close at 10 p.m.**
- * **BRING PC I.D.!!**

Coffeehouse presents: *Brady Night* with

\$1 Cheese Fries
Tuesday, September 28
The Last Resort
9:00 p.m. - 12:00 a.m.

- * **Brady Bunch reruns!**
- * **Free cheese fries if
you dress '70's**

Film presents:

*Benny
&
Joon*

Sunday, Sept. 26th
8:00 & 10:00 p.m.

'64 Hall

**\$2 Admission at the
door**

*Stealing
Home*

Thursday, Sept. 30th
8:00 & 10:00 p.m.

Moore Hall

FREE Admission!!

Back to School: PC Style?

by Mathew Bunnell '95
Features Writer

Well, summer is officially over and if you couldn't tell by that breeze blowing the first leaves off the trees, then the fact that the bookstore is hauling away our hard-earned money by the truck-load should give it away. Fall is here. It's time to put away the speedos and sunblock and pull out the sweatshirts and raingear. It's time for football, leafblowers, two layers of clothes and sunsets at six o'clock. It's time for walks around campus or relaxing with your friends in the grotto, on your porch or at a soccer game on a cool, sun-drenched afternoon. Most noticeably, the PC student body is out and about, anxiously awaiting the coming year and the good times ahead.

Everyone seems to be settled in. After buying and returning books, adding and dropping classes, and trying to find a job as well as a perfect setup for your room, you can finally get down to business. Whether that means spending your time getting acquainted with the works of Dickens at the library, or the works of Anheuser Busch at the local pub, all are back doing what they do best.

Now when you bump into

a new acquaintance or an old drinking buddy, you can have some substance to your conversations. No more saying "What's up?" or "How you doin'?" and hearing the same thing you just said as a reply. No more need for words like "chief", "big guy", "man", "dude", "buddy", "bro" (I am not familiar with the female dialect, so how about "Big Gal", "woman", or "sis"?). Or the worst case scenario, the wrong name. When this happens you just want to cue Homer Simpson's shriek of stupidity (i.e. "DOPE" or "GOAT" yelled loudly while the body winces like Lee Harvey Oswald when he got shot).

No more of the obligatory "How was your summer?" routine where the "Pretty good, how was yours?" reply

sends you quickly on your way to conversational limbo (eerie, dreaded silence while you think of something to talk about). Don't worry because you're starting to remember everyone's name and you have things to talk about. Things like a great party, a bar getting raided, a teacher who is just a bit strange, some great play you saw on Sportscenter (Da, Da, Da... Da, Da, Da), or some new memories you've made the past couple of weeks. Yes, PC is back in the swing of things.

For some, coming back to school means nothing more than building back that old tolerance. Once again you can tell everyone how you managed to drink that half-case after you finished that liter of the hard stuff and still didn't

get sick. Hey, why stop there? I bet a toilet bowl kissing, clothes staining, cop dodging, stomach pumping adventure would sure be a great story to tell your friends tomorrow over lunch (dinner for you late risers) provided of course you're not a drooling, hungover mess. The problem with having this happen, besides the fact you might not be able to eat solid food for a couple of days, is waking up the next morning and trying to piece together a night you might not want to remember.

To do this, drill yourself with the five basic questions common to all frequent party-goers at some point in time: the "who, what, where, how and why" of the night before. Specifically, "Who did I hook-up with?" (could also begin with What), "What the heck did I drink last night?", "Where in God's name am I?", "How did I get all these bumps and bruises?", and the simple yet all-encompassing "Why?"

The irony of the matter is that while some days are better than others, there is a pretty good chance the following day won't be too great. With that I leave you, with the hope that everyone has an exciting, fun-filled semester. Good luck PC and stay out of Rhonda's grasp.

Top 10 Reasons to Read The Cowl

by the Features Staff

10. For the \$100,000 scratch-off game inside
9. To read when the laxative from Ray Cafe hits you hard
8. To find out who Greg Brady is smooching now
7. To find out what the administration is whining about
6. To hunt through the Roving Photographer in search of the perfect JRW date
5. For Dr. Ruth's weekly guest column
4. Because you don't have enough Civ reading
3. You have to do something after parietals!
2. For page after page reminders that Ronzio's Pizzeria really does exist
1. Because every word you read is ours - we're not censored - HONEST!!



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Ronzio

PC

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2 Medium Cheese Pizzas
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Nutrition Notes

by Vera Schomer '96
Features Editor

Trying to keep the pounds off while remaining nourished and healthy can be a challenge at PC, especially if you eat at Raymond Cafeteria. Crash dieting and eating disorders seem to be a way of life here, as do colds, infections and general exhaustion among the student body.

Unfortunately, poor eating habits and lack of sleep don't add up to anything but poor health and poor grades. So what ought to be done to remedy this situation? First of all, everyone needs to know about the fundamentals of dieting.

Did you know that skipping meals, fasting or eating abnormally small amounts of food will make you fatter later? The key word here is **metabolism**. When you eat too little, your metabolic rate slows down into a starvation mode and stores everything you eat to be used as energy. Your body begins using muscle tissue for energy, and yes, you get thin.

But once you realize that you can't survive on lettuce, water, rice cakes and an apple alone, you begin to enjoy real food again. Then you start making and storing fat faster than when you began your outrageous diet, only now, you have no muscle underneath it (must look nice, eh?). If you are stuck in this starvation mode, try exercising regularly to speed up your metabolism and eat lots of protein and fiber-rich foods.

Now for beginning dieters or those just concerned with maintaining their weight, good nutrition is the key:

Fats. A low-fat diet is essential for someone trying to stay healthy or lose weight. However, fat is necessary for insulation, cushioning, energy storage and vitamin transport. But did you know that for every pound of fat gained, you also gain eight miles of blood vessels? That's quite a strain on your circulatory system! Anyway, always go for unsaturated fats such as vegetable oils, but avoid coconut and palm oil, and those labeled, "partially hydrogenated." Hydrogenated oils come in store bought cookies, crackers, pastries and margarines, and they may be worse for you than animal fat. So if you like real butter, by all means, eat it instead of margarine (in moderation, of course).

In the caf, avoid gravies, cheese sauces, mayonnaise, thick salad dressings, fried foods and pastries. Try to eat only lean meats and skinless chicken, and avoid cured meats such as hot dogs, bacon and cold cuts.

Carbohydrates. Another thing to cut down on is simple sugars found in your candies, desserts, sodas, juices, and white breads. They, like alcohol, are a

bunch of empty calories, but rest assured, they won't kill your brain cells. Stick with whole grain breads, non-kid cereals, pasta, potatoes and other fiber-rich vegetables. For longer-lasting quick energy, always take a fruit from the caf to eat before a workout or while studying. And if you are going to drink, please eat something first for the sake of your digestive system.

Protein. To get an adequate amount of protein each day for bodily functions and muscle growth, drink lots of skim milk and eat eggs, lean meats, cheese, yogurt and beans. Milk products and green vegetables are also important for getting our much needed calcium.

Vitamins. In terms of vitamins, broccoli is power food! Broccoli, cauliflower, cabbages, carrots, peaches, apricots and squash all provide powerful anti-oxidants and beta-carotene which help the immune system and protect against cancer. These, along with citrus fruits, tomatoes, strawberries, red and green peppers and cantaloupe provide us with Vitamin C as well. Don't forget to eat RED meat and dark green vegetables for iron. Red meat is the best source, so if Raymond meat doesn't turn you on, go out to eat a burger or steak. In general, eating lots of fruits, vegetables and grains will keep you up to par with vitamins. If you're not wild about veggies though, consider investing in a multiple vitamin supplement available at local health food stores.

pH. One thing a college student must be wary of is too much acidity in the diet. Stress combined with an empty stomach or acid food can lead to an ulcer and even break-outs. But many important nutrients, such as Vitamin C, come from acid foods. So the thing to remember is not to eat these foods alone. Eat them with acid absorbing foods such as milk and bread. If you find acidity to be a problem for you (burning stomach, etc.), always drink milk in the morning or whenever you have an empty stomach. Also consider taking calcium-based antacids such as Tums.

Some well-balanced meals not to be missed in the caf are chicken fajitas, tacos and stir fries. Frozen yogurt, with only 100 calories a serving, no fat, four grams of protein and 15% of the RDA for calcium is also a nutritious treat.

Maintaining or losing weight in college is not easy. Just remember not to gorge yourself at meals, to keep healthy snacks in your room (popcorn and fruit, instead of potato chips), to exercise two to three times a week and to not get obsessed with it. After all, being thin does not necessarily mean being happy.

by Tina Kloter '95
Asst. Features Editor

Yes, PC, it's true. We now have our very own TV station. Due to unprecedented student demand, the administration has invested in a TV station for the college. And it's a good thing, too. Ever since last spring, students had been trudging around campus, sadly wailing, "Oh! Woe is me! If I could only be on TV, then I would be truly happy." Other more desperate students broke the glass out of their televisions and stuck their heads through the back, kind of like Bugs Bunny does when he's trying to fool Daffy Duck. But when their annoyed roommates began trying to convince them to do shows about PC students that jump out of their windows, allowing their roommates to get 4.0s, they realized that they needed a new, more receptive audience.

So, students began holding demonstrations on Slavin Lawn. For the first few days, the inexperienced crowd chanted "Donna Martin graduates." Then, their leader, Iwanna B. Astar, finally informed them that Donna Martin graduated about four months ago. Upon receiving this update, the demonstrators cheered and then started to disperse. Iwanna was very frustrated, but she got the protesters back and led them in endless emotional choruses of "There's No Business Like Show Business." The administration finally gave in when a radical student threatened to turn the new parking lot back into tennis courts. So, administrators purchased Channel 3 W-PCTV for what officials are calling, "a whole lot of money."

Right now, satellite dishes, disguised as apartment buildings are being built on lower campus. Since these structures aren't complete yet, at this time, only residents of the on-campus apartments are able to watch the new station. By approximately June

Smile, You're on PCTV

15, 1997 at 6:15, however, every on-campus resident as well as most cable subscribers in Juneau, Alaska, will be able to watch PCTV.

In an attempt to maintain PC's Veritas ethic, PCTV is an entirely live channel. All of the shows and commercials are filmed in the lobbies of the three apartment buildings. This informal setting has allowed students to pro-

duce a wide variety of programs. The show which appears most frequently is a kind of candid camera show. This show catches students doing all kinds of embarrassing things, such as smooching, talking to themselves and slipping on strategically placed banana peels and doing six or seven flips in the air before coming back down to earth. This show is rived by a show featuring Fab from Milli Vanilli, who beats up fans that question his singing ability. Fab's

show is usually followed by a commercial for Ronzio's in which a delivery person hands an apartment resident a pizza in exchange for some money after which they both smile broadly at the camera. As PCTV develops, students hope to produce many different kinds of shows. The show that is in highest demand is a game show which will test knowledge of Western Civilization. (You knew it would come in handy some day!) Students are also looking forward to PC's very own dating game. This show is being examined by an ethics board and may not go on the air until Juneau can see us.

The station managers have asked that all students interested in auditioning for the new shows come to one of the apartment building lobbies as soon as possible. Since the camera person is trapped behind the wall, you should simply look up at the camera and act out an excerpt from an approved Shakespearean tragedy, sing a selection from your favorite opera, or pretend you're a grapefruit. (The directors know good citrus when they see it.)

Parts for new shows are going fast, so students are urged to audition as soon as possible. Warning: Those who audition are reminded that PCTV is a family station with a PG rating.



duce a wide variety of programs. The show which appears most frequently is a kind of candid camera show. This show catches students doing all kinds of embarrassing things, such as smooching, talking to themselves and slipping on strategically placed banana peels and doing six or seven flips in the air before coming back down to earth. This show is rived by a show featuring Fab from Milli Vanilli, who beats up fans that question his singing ability. Fab's

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Where to Turn When You Feel Like a Freshman

by Bridget Hughes '96
Asst. Features Editor

Are you feeling lost, scared - maybe even a little pathetic? Never fear, Bridget's here! I am your personal guide to PC's system. When you feel the need to panic, or scream, just refer to this article. It might help, it might not, but it probably will be the only sane thing you read all year.

The RA - (a.k.a. - your best friend or your worst enemy) You don't know if the resident assistant will hurt you or help you until it comes down to the point where you did something wrong. Then the moment of truth comes - will you get written up?

Quiet Hours - (a.k.a. - Loud as you can be hours) Technically they are supposed to be from 8:00 p.m. to 8:00 a.m. However, they only seem to be enforced when the RA has an exam.

Mail - (a.k.a. - no one loves me because my mailbox is

empty) Last year I used to get excited about going to get mail. But having a mailbox empty 90% of the time and the other 10% full - of Ronzio's coupons, makes going to get mail a chore. Not to mention I would check my mailbox three times a day until I learned that although my roommate's mail came early, mine didn't. I can say one good thing came out of this tragic mail saga - I saved time by not going to Slavin three times a day.

The Phone - (a.k.a. - let's see how much money I can get from home because I can't pay my phone bill) No one realizes how dangerous the phone can be until the first phone bill comes. Although AT&T allows you to reach out and touch someone, they don't allow you to do it until you reach into your wallet to find money to pay them. Suddenly AT&T is your worst enemy - besides your RA.

Civ Exams - (a.k.a. - why did I wait to start studying the night before the exam?) Better yet, why did I come to PC where I would be forced to take Civ? Why not?! After the initial panic of realizing that you have to grasp all the material that was covered in four weeks and trying to cram it in your head in just hours, the panic leaves, and you soon realize that this is fun. Think - study groups, popcorn, everyone else panicking. And now is the time to use those Ronzio's coupons, and of course AT&T comes in handy when you call home in tears after getting a D or an F. And no, the D doesn't stand for dynamite.

Ray Cafe - (a.k.a. - your substitute for a laxative) Just beware that you don't eat too much of Raymond's pancakes at breakfast when you have an 8:30. You might be spending more time in the bathroom than in class.

Parietals - (a.k.a. - The Honor System) Yes folks - we are now on our honor to not have the opposite sex in our rooms after 12 or 2. I am surprised they don't have us call in to report when we get home at night, or better yet, they don't come around to tuck us in.

The Shuttle - (a.k.a. - your AA Taxi Service) At first the idea of taking the shuttle may seem embarrassing. However, it seems worse to try to find your way home after a tough night at Brad's or Louie's on foot. So, soon, you along with hundreds of other drunken fools will be fighting the crowd for the shuttle just like you fight the crowds for a beer at Louie's.

The Weather - (a.k.a. - if you like to swim - you picked the right college) It is an undeniable fact - it rains here 70% of the time, and snows the other 30%. So if you like water, gray skies, and snow

that will melt and turn into more water - you have come to the right place. (i.e. - life preservers and rowboats are located in Peterson.)

Yuk Truck - (a.k.a. - greasy food, cheap prices, enough said.)

Well, fellow students, our tour has ended, but hopefully your career at PC has not. It's really a wonderful place to learn social as well as academic lessons, along with survival methods. After 4 years at PC, you will be ready for an advanced outward bound course. Why? Well, after all, you will have overcome great obstacles - like trying not to starve when you avoid Ray Cafe's food, fighting the 20 below weather with 100mph wind-chill, trying various ways to sneak around PC rules and finding shortcuts through what would otherwise be very long paths, which in turn would lead to four very long years.

Senior Year: Don't Let it Pass You By

by Beth Brezinski '94
Features Writer

I don't know about you, but I feel like I never left PC for summer vacation. As a senior, nothing is new or unfamiliar to me now; I'm familiar with all the usual campus activities, I've been to all the local bars, and I have my established group of friends

(although I'm always willing to meet new people).

For those of us who are not going on to further our education, this will be the last year of homework (or blowing it off in some cases), quizzes, exams, and studying (or again, blowing it off). We'll all have our last first stag, last fall Grotto Mass, possibly our last chance to dress up in

Halloween costumes, our last Midnight Madness, last Parent's Weekend, and so on. I don't mean to depress anyone, but it's true that all these things will come and go before we know it.

To cheer things up a little, there is so much to look forward to this year including the aforementioned activities, 194 days, 94 days, Spring

Break, and of course, Commencement Week. This year could potentially be the best of our lives. It is not necessarily what happened in the past but what we make of it now that determines what this year has in store for us.

As photography chairperson for the Commencement Core, I am anxious and excited about capturing on film

all the highlights of our last year together. I want to see lots of smiles, friends, and memorable moments.

I want to wish my fellow classmates a great year and hope to see everyone out enjoying themselves to the fullest. Now is not the time to wonder about what could have been, but to enjoy the present and take advantage of what the future holds!!

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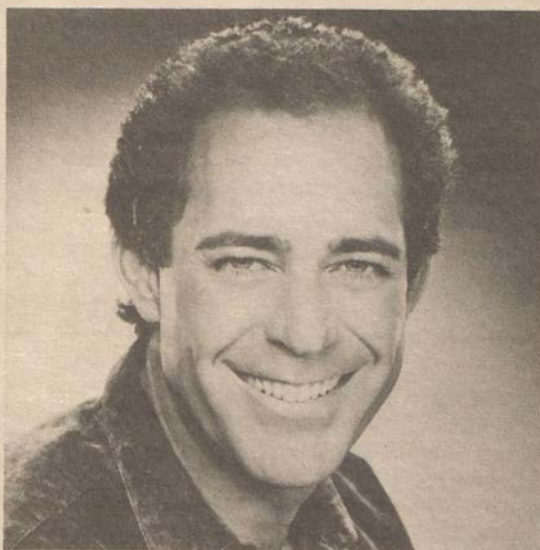
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Sports

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Organizational Meeting

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Section T- Schneider Arena

- *Old and New members invited
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Friar Hockey: The Show's About To Start

Rugby Kicks Off This Saturday

Joe Downes '94
Contributing Sports Writer

It's fall once again here at PC and that can only mean one thing: Rugby season has begun. More than 60 of PC's finest students have found time to put the books aside and begin in their quest for this year's Division II title.

Although this will be no easy task, the team feels confident that they can bring home their first title since 1989. "Things have gone great these past three weeks in practice and I feel unstoppable," said co-captain Matt "Spock" Zubrycki. Zubrycki had three tries in last week's 22-7 scrimmage romping of Roger Williams.

This weekend, the team opens the season against URI at 1:00 at Veasie St. Field. Female readers may be happy to know that "every day is Ladies Day" at Veasie Field," according to Billy "Woodchuck" Thompson. See you at the game!

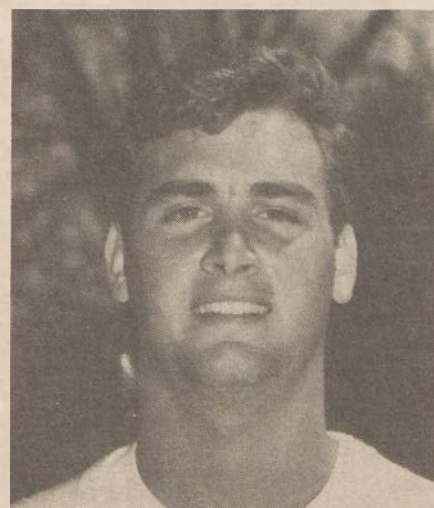
Clearly Canadian

PC Athletes of the Week



Jennifer Mead (Raynham, Mass)

Mead, a senior goalkeeper had an outstanding week as she led her team to a 1-1 week. In a 1-0 double overtime loss at nationally ranked UConn, she had one of her best performances ever, with 11 saves. In a 2-1 win at Villanova, Mead made 10 saves in helping Providence improve to a 2-2-1 mark.



Gil D'Andrea (Sayville, NY)

D'Andrea recorded rounds of 78-74, and 75 for a three-round total of 227 as PC finished 7th of 15 teams at the Yale Invitational and finished ahead of all Big East teams in the field. His score was best among the five Friars in the field. D'Andrea, a junior, leads his teammates into this weekend's Big East Championships in Maryland.

PC's Hidden Gem: Volleyball Team's Winning Tradition

Christian Potts '94
Sports Writer

Bump. Set. Spike. To the average PC student, those words mean very little. In fact, if you put them together in a sentence and asked people to identify what you were talking about, they wouldn't have a clue. But ask any of the eleven members of PC Women's Volleyball team, and their eyes would likely light up and they would quickly explain the significance of those three words. Very few students know about women's volleyball

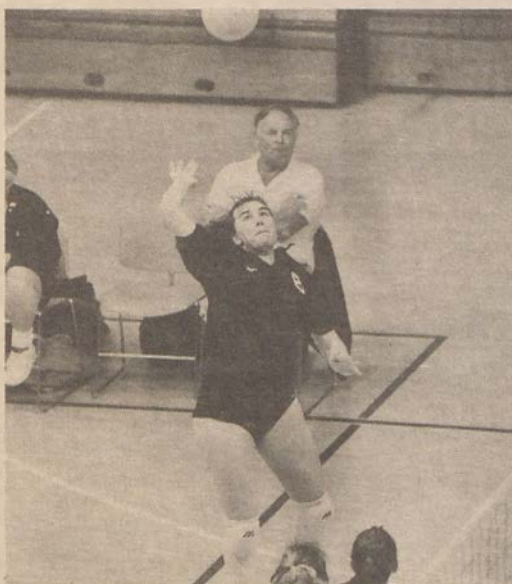
Volleyball

on campus, but that should soon change, because PC has a Division 1 powerhouse team right in their own backyard. A talk with Coach Dick Bagge quickly reveals two things: 1) he knows his sport and his players, and 2) this sport and its players are exciting. Volleyball is a rare sport that combines the coordination and timing of tennis with the athleticism and teamwork of basketball. In short, it is an exciting game that allows its players to showcase all-around defensive and offensive skills. Consider this: senior captain Missy Dawson, a four-year starter, is number one in the nation in Digs per Game (according to the AVCA National Player Statistical

Rankings, week of September 12, 1993), an important defensive statistic which she finished eighth in last season; and, even more impressive, junior setter Marnie Panek is number two in the nation in Hitting Percentage, an offensive statistic, and she is number eleven in the nation in Digs per Game, which is especially notable because it is an indication of her all-around play. So before you flip to the article about baseball or the one on soccer, stick around: PC has another powerhouse sport. Thus far, the PC Women's Volleyball squad is 9-4 on the season. Coming off a 26-11 season a year ago in which they finished in a three-way tie for first with Pittsburgh and Seton Hall in the Big East (with a 5-2 conference record) and which they lost only one starter. "I

would be disappointed if we weren't competing for the Big East title again this season" says Coach Bagge, and a quick look up and down the roster shows just why Coach Bagge shows so much confidence and enthusiasm. The Lady Friars this year are an unusually tall team with five six-footers, as well as five players who were picked as all-tournament team

members at various tournaments last season, most notably Missy Dawson and Aileen Koprowski, who were picked as MVP's of different tournaments (Dawson at the URI Volleyball Classic and Koprowski at the Hartford



Senior Missy Dawson will be under the watchful eye of Coach Dick Bagge (background) in her final campaign at PC.

Invitational and the Quaker Classic). With the addition of talented freshmen Becky Loftus and Sarah Parsons as well as the leadership of senior captain and outside hitter Missy Dawson, senior outside hitter Cate Rohrs and senior middle / outside hitter Karen Nieman, the Lady Friars seem ready to step up to the next level and be recognized nationally as a serious program

to be respected. After what Coach Bagge called a "great preseason", expectations are high. The Lady Friars went into their season-opening tournament at the University of Hartford on September 4 playing strong and continued their good play with a 3-1 finish in the tourney. But on September 8, they suffered a setback with a loss to Northwestern at home in Alumni Hall here on the PC campus. But they bounced back with a 3-0 sweep of the UPenn Tourney on the weekend of September 10-11, and they appeared to be playing solidly, living up to their preseason Big East Conference number two ranking. But then came the afternoon of Sunday, September 12 and the University of Toledo came to Alumni Hall. In what proved to be a very tough afternoon, the Lady Friars were swept

3-0, dropping their record to 6-3. The following weekend they played in the Colgate Invitational tourney, advancing to the semifinal match, only to fall to Princeton because of a breakdown of fundamentals, especially blocking and defense, something Coach Bagge believes should be much better and stronger, given their great height, for as Coach says

"Blocking sets our offense up. Our defense can help our offense when it is on." With an impressive win against Hartford on Tuesday night (despite the absence of senior captain Missy Dawson, who has been sidelined by a sore ankle and is due back next week) The Lady Friars seem to be shaping up for the Big East Conference season, which begins for the Women's squad on Saturday, October 2, with a matchup against preseason number one ranked Pittsburgh at Alumni Hall here at PC. In the meantime, the Lady Friars Volleyball team faces inter-state rival URI, as well as a team from Sherbrooke, Canada and an up-and-coming UMass team, at the Rhode Island Invitational. The rivalry between PC and URI is well-documented in all sports, and Women's Volleyball is no exception. So, mon PC, let's get out there and support a real hidden gem of the PC sports scene. Just remember, you heard it here first: you better learn what Bump, Set, and Spike mean, because the Lady Friars Volleyball squad is going to make some noise this year.

Tennis Teams Slam Into Fall Season

Seniors Vital to Success on Both Sides This Year



Kristin Brooks played superbly this past weekend at the Syracuse Invitational.

Justin Macione '95
Assistant Sports Editor

When the PC tennis courts were demolished to make way for a parking lot last spring, it put the tennis lives of both recreational and varsity players into a state of trauma. Following continuous promises that the new courts would be finished by the start of

school, recent weather problems have caused this deadline to pass by like a Pete Sampras ace. Despite these problems, the Friar and Lady Friar teams see the light at the end of the tunnel; a potential completion of construction this weekend. When that occurs, Coach Carl LaBranche and his troops will finally feel at home again.

"Even though it has taken longer than expected, we'll have an excellent facility for tennis once the courts are finished. It's just been difficult for the team, because we've had to practice at the field house or at local courts", explained coach LaBranche. The end result of this problem is a lack of playing time and on-court instruction. None of these inconveniences have affected the Lady Friars though, who have gotten off to an impressive 3-1 start. After opening the season on September 11 with a 6-3 loss to Seton Hall, PC rebounded the next day with a 7-2 win over the University of Vermont. This is especially impressive considering the Lady Friars have been playing home matches at Brown, their "home away from home". The Lady Friars continued their winning ways last week, shutting out both UMASS and The University of New Hampshire 9-0. Coach LaBranche predicted, "We have a number of returning seniors, which makes this a very experienced team. They expect

to do very well this fall". LaBranche is also very pleased with the play of his returnees and newcomers; "Karen Taylor has improved greatly over last season, and Gretchen Maguard, one of our freshmen, played very well against Seton Hall". Not to be forgotten though is senior Kristin Brooks, the Lady Friar

Tennis

mainstay. Facing stiff competition at last weekend's Syracuse Invitational, Brooks advanced to the finals, eventually bowing to one of the top ranked players in the country 6-4, 6-4. Whenever this group feels a letdown, senior leaders such as Brooks and Doryan Hughes can carry a team. The men's brief fall season, despite an uncertain beginning, shows a lot of promise with their own "Fab Five" frosh. The Friar netmen opened with a 5-4 loss to Seton Hall, but LaBranche explained, "Because of our lack of court time, none of the walk-

ons have gotten to try out and our ladder was partial guesswork for this match". Once the courts are in place, LaBranche feels he'll be able to better evaluate the men and create a consistent ladder. There is no question at the top though, where seniors Tom Noud and Steve Sullivan will be the team anchors. Back to the "Fab Five, "John Webber has been very tough and John O'Neil has been impressive at both singles and doubles", informed LaBranche. Rounding out this youthful quintet are 1992 Rhode Island High School champ Aaron Berman, Mike Taylor, and Rob Newton. While the lower campus courts receive some finishing touches this weekend, the Lady Friars hope to continue their winning ways this weekend when they to the Rutgers ITA Qualifier. The winner of this tourney, featuring PC, Boston College, and Rutgers will advance to a future ITA round. Meanwhile, the men will test their mettle at the competitive Yale Invitational.

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Sports

Alive and Kickin'

Balanced Scoring Leads Lady Friars to 2-2-1 Start

Todd Bianchi '95
Sports Writer

Welcome back to Providence soccer fans. It's once again time for women's soccer and with five games already played the season is alive and "kickin'". So, time to look at the team and give you a recap of the past games.

With a team consisting of four seniors and seven underclassmen, there was great optimism before the season started. However, according to Coach Creapeau youth would be a key factor this year. Speed in the middle and up front have been looked upon as the team's strength. This is best exemplified by senior co-captain Kerry Lyons, who is Providence's all time point scoring leader, and Erin Valla, a sophomore who had eight assists last year. Margaret Mirecki, whose tenacious defense, leads the backfield will be joined by second year starter, Amy Helestin. The goal keeping will be solidified by All-America candidate and co-captain Jenn Meade. This past summer Jenn played with the National Team to aid her goal of playing in the 1996 Summer Olympics.

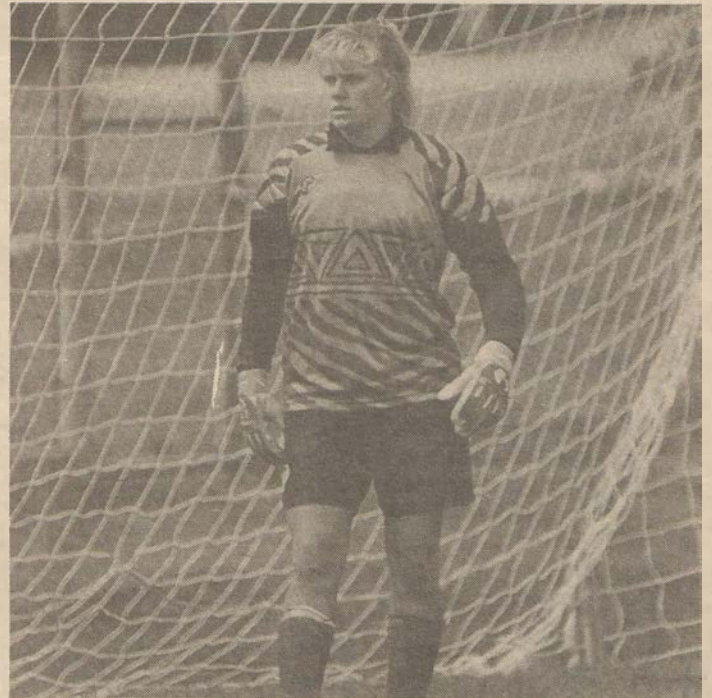
The season started off on the downside for Providence when they dropped their first game at New Hampshire 4-1. Sophomore Erin Vailla had the only goal of the game for PC with assist coming from Jenn Meade and Kerry Lyons. Providence's home opener was a successful one against Big East rival St. Johns. The lone goal of the match was an unassisted one from sophomore

Women's Soccer

Liz Holmes. Following the St. Johns game, Providence squared off with Colgate and had to settle for 0-0 tie despite out shooting Colgate 19-9. It was the second straight game in which Senior Wendy Cafra was able to produce a shutout for the Friars. The game against UConn was one that was very disheartening for the Friars. In a game dominated by Friar defense and UConn goal keeping, the Friars were able to outshoot the Huskies 26-10. However, the Friars were upset in overtime and lost 1-0. The Friars next traveled to Villanova

and were able to pull out a overtime victory of their own. Karen Stouffer scored her first goal of the season for the game winner.

As you can see there are great expectations for this team which is well balanced with senior leadership and confident underclassmen. They are already setting their sights towards capturing their first ever Big East tournament and earning a berth to the NCAA. With games against Brown and Monmouth over the next week, the Friars have their work cut out for them.



Goalkeeper Jen Meade's play in the crease has kept the Lady Friars in several games this season.

Men's Soccer Underway

Pieter J. Ketelaar '97
Sports Writer

The 1993 Providence Friars men's soccer season is now underway. Piloted by coach Bill Doyle starting his twenty-sixth season with the team, hopes are high that he can rebound the club from a sub-par 6-7-4 record last season and two consecutive seasons below .500. Doyle, who has been with the men's soccer team since the inception of the

program in 1968, entered this season with a career 196-133-32 record. He just recently won his milestone 200th game as the Friars coach. The trademarks of Doyle's teams are discipline and consistency. This year's team is no exception. The team looks for the maturity and experience gained last year by having so many untested players thrust into the lineup to greatly benefit the team this season. And with a 2-5-1 record in Big East play

last year they hope they will fare better in their second trip through the conference. With key players Sean McDermott '94, Sean Clark '94, and Matt Baldwin '95 returning this season, the Friars feel they have the talent and the firepower to return to the level of play that had become almost synonymous with Providence Soccer.

Look for soccer results and reaction from Coach Doyle in next week's Cowl

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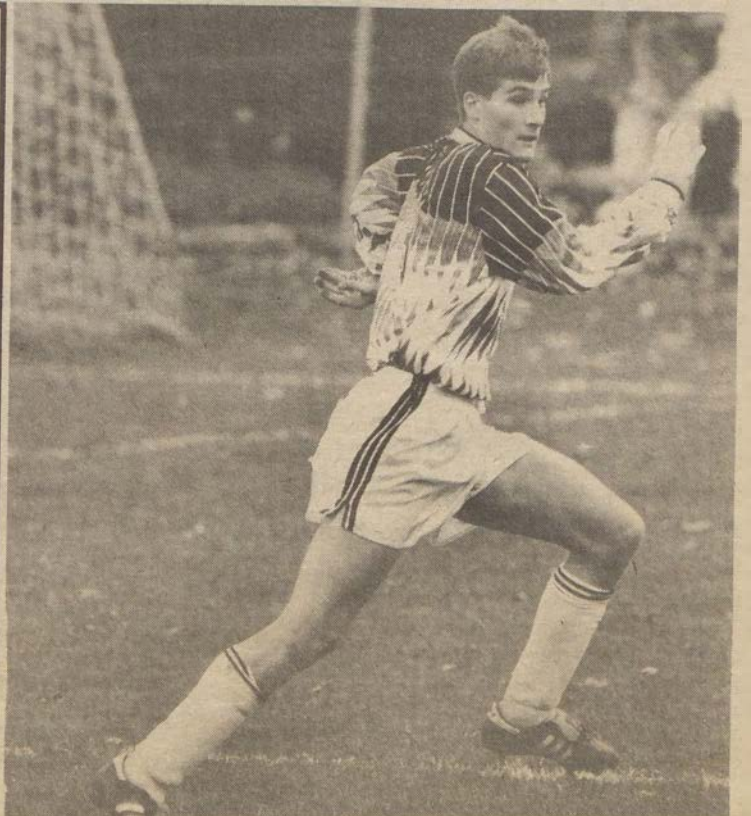
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Junior midfileder Matt Baldwin will be counted on for offense by Coach Bill Doyle this season.

Up Close: With Cathy Guden

Derek Stout '95
Sports Interviewer

If there were two siblings that represented the work ethic and dedication that Providence College athletics are noted for during the last five years, it would be the brother-sister duo of Dave and Cathy Guden. Dave was a standout on the Providence Hockey team who graduated in 1990, but will soon be remembered simply as the brother of Cathy Guden. Cathy

Ohio State whom they beat at home last week. "That win gave us confidence, it was the first time we saw how we played as a whole team, and that we could play with tough competition even though we are young," commented the Watertown, Massachusetts native. As a senior captain Cathy sees her role as being both a leader on and off the field. "As a captain I have to instill confidence into many of the sophomores, as it is the first time many of them have

honors. But Providence College has offered her more than just athletic success. "I have met a lot of nice people and have learned to set long term goals, being a student-athlete has also taught me time management which many younger athletes take time to learn." The senior co-captain believes the key to winning the Big East and moving on to the NCAA's will be in overcoming Villanova and Boston College. The Friars are currently on their way led by Cathy who has a team leading twenty-seven shots on goal this season. However it will be a difficult road ahead for Cathy as the opposition is constantly marking on her the whole game and keeping her goals to a minimum five games into the season. But Cathy is used to overcoming obstacles, having grown up with four brothers whom she constantly competed against.

The Guden's have brought a lot of excitement to the P.C. sports scene throughout the years, sadly the legacy will end with Cathy graduating this year. After graduation Cathy has plans to go on to graduate school, and eventually find a position within the Sports Administrative field.

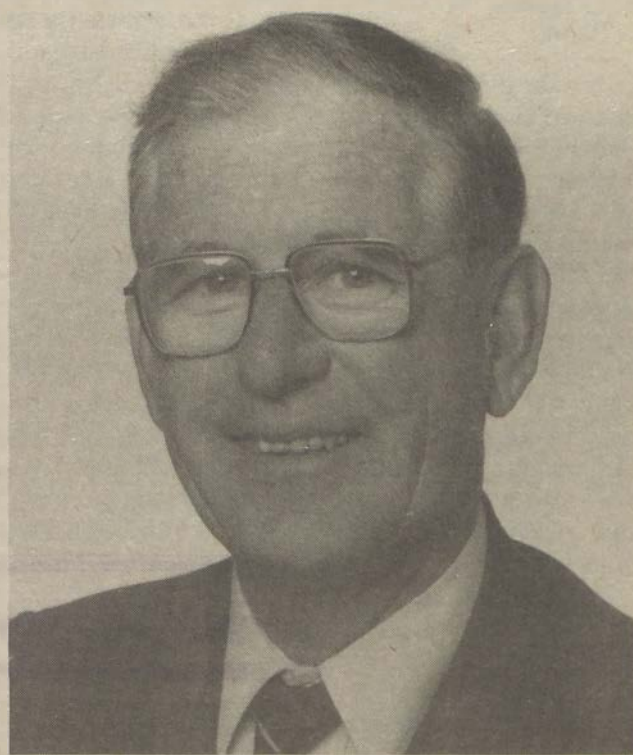


Senior All-America Cathy Guden hopes to lead PC field hockey to another successful campaign.

is a senior, Midfielder for the P.C. Field Hockey team, she is currently sixth (with one year remaining) on the All-Time Providence College scoring leaders list. Cathy is a co-captain this year for the Friars and ranks as one of the premier players in the country. She is returning from a 1992 season that saw her named as a first team All-American and saw the team climb to as high as seventh in the NCAA polls. However, this year the team has lost seven seniors and is off to a 2-2-1 start. Cathy however regards the teams' youth as somewhat of an advantage. "The team is really young which other schools realize, and many will take us lightly as a result, but we could surprise a lot of teams with our young players." So far the Friars have surprised some teams including highly rated

played, but basically I try to lead by example." Leading by example is an attribute that coach Jackie Barto sees in Cathy. "Cathy is an exciting player to watch. She creates offensively with her speed and stick skills, and in the same sense is still very team oriented; she is unselfish and an outstanding leader." Personally Cathy feels there is a lot she expects of herself returning from an All-American performance in her junior year. "There are high expectations this year which will make it tougher on me as well as the fact that I do not have older and more experienced players around me. I do feel added pressure being a senior on a young team, but all I can ask of myself is to go out and play my best." Cathy will be the key to the Friars' success this season and will once again be a candidate for All-American

Congratulations Coach Doyle!



The entire Cowl sports staff would like to send our congratulations to men's soccer head coach Bill Doyle who recorded his 200th career victory on Sunday against UMass. Doyle is presently in his 26th season of coaching all at PC. During his tenure, he has compiled a 200-135-2 record. Hopefully, the PC community will be graced with his presence for many years to come. Good luck to you, Coach, as you start building towards win number 300!

This Week In Providence College Sports

Friday, Sept. 24	Women's Volleyball vs. Sherbrooke (Rhode Island Invitational)	7:30 PM
Saturday, Sept. 25	Men's Tennis at Yale Invitational	TBA
	Men's Tennis at Yale Invitational	TBA
	Men's Golf at Big East Championships (Avenel C.C.- Potomac, MD)	TBA
	Women's and Men's Cross Country at Boston College Invitational (Franklin Park- Boston)	11:00 AM
Sunday, Sept. 26	Women's Volleyball vs. UMass (Rhode Island Invitational)	12:30 PM
	WOMEN'S FIELD HOCKEY VS. MAINE	1:00 PM
	Women's Tennis at Grass Court Champs (Newport, RI)	TBA
	Men's Golf at Big East Championships	TBA
	Women's Field Hockey at Harvard	1:00 PM
	Men's Soccer at Pittsburgh	12:00 PM
	Women's Soccer at Monmouth	11:00 AM
Wednesday, Sept. 29	Women's Tennis at ITA Qualifier (Rutgers University)	TBA
	WOMEN'S FIELD HOCKEY VS. BOSTON COLLEGE	3:30 PM
	MEN'S TENNIS VS. HARTFORD	3:00 PM
	Women's Soccer vs. Dartmouth (St. Mark's School- Southborough, MA)	3:30 PM

HOME GAMES IN CAPS

Formula For Success

Teamwork and Field Balance Key For Close Knit Group

Annica Ambrose '96
Sports Writer

"A heroine knows no boundaries", is a quote for the day. For the Providence College Field Hockey team, "out-of-bounds" is merely a painted line on the field.

The Lady Friars have played six games so far this season, posting a record of 3-2-1. The schedule kicked-off with a win at home against Ohio State, followed by their first Big East game, which ended in a disappointing tie with UCONN, after an exhausting double overtime.

Coach Jackie Barto feels that this talented group of players have yet to reach their potential, but are learning with each game. One learning experience occurred when Providence opposed the minutemen of UMASS, who were ranked fourth in the country at the time. Proving to be a tough loss, the young PC team had a taste of some intense competition.

More lessons were learned on the road against Georgetown, where the Lady Friars had no trouble dominating with a 4-0 victory. The promising Lady Friars then suffered a startling loss to Villanova, where they felt the lack of reaching potential.

Teamwork and fundamental play is the formula for success. Offensively, field balance and ball support will be key, along with giving the ball carrier options. Senior co-captain, Cathy Guden, a returning All-American, will be integral in the offensive attack.

Defensive play is tipped-off with senior co-captain, goalie Gina Martiniello, who has been clutch in the crease this year. Martiniello agrees with Coach Barto on the fact that the young team has yet to put into action what they have in store, often sitting back on the defensive end.

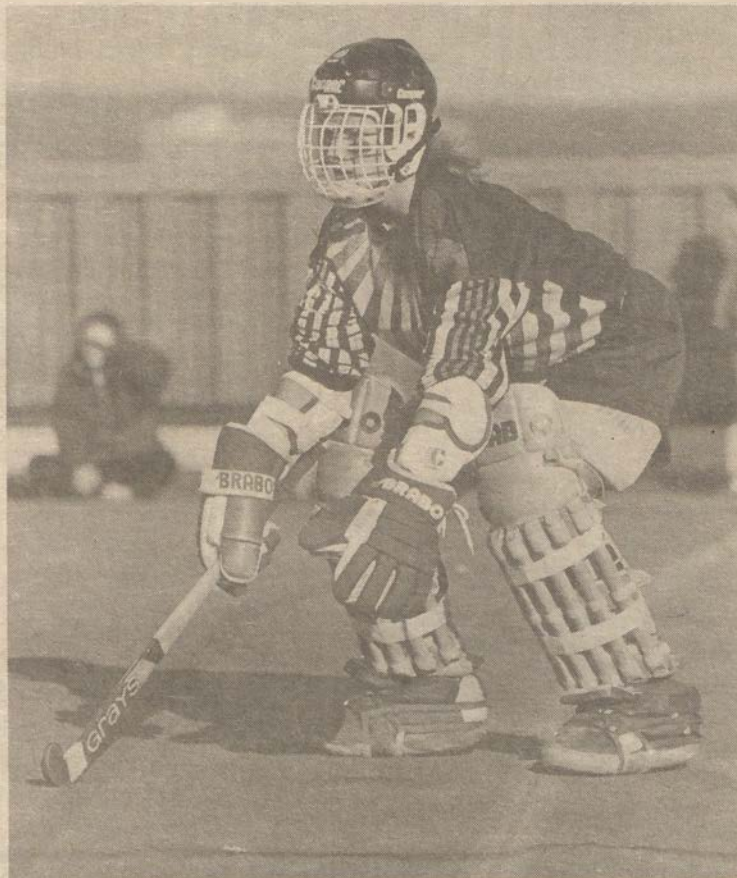
Field Hockey

Wednesday afternoon, Providence fired up a win against Holy Cross, with a final score of 2-1. Coach Barto had been looking forward to this game to bring momentum and give confidence to her team. PC seemingly outplayed the Crusaders in the first half, though the score remained 0-0. In the second half, it was time to turn it on with a goal scored just one minute into play by junior forward/midfielder, Melissa Mills. Junior Kim Robbins stepped up from the back

position to score a second goal with less than eleven minutes to go. Both scores were assisted by Cathy Guden. Martiniello was key in fending off three shots until Holy Cross' Stacy Franklin managed to slide one by for a goal with eight minutes left in the game.

"Playing as a unit" is imperative for a successful season, according to Coach Barto. Gina Martiniello already senses an apparent closeness among her teammates early-on in the season. Promising freshman sweeper, Kathleen Schanne, also feels "the positive effects of how well the team gets along," even as a newcomer.

Come to Hendricken Field and see for yourself that when it comes to potential for the Providence College Field Hockey team, there is no "out-of-bounds".



Senior goalkeeper Gina Martiniello has been a vital defensive cog for the 3-2-1 Lady Friars.

Look Out! The Harriers Are Smoking!

Mike Myers '94
Assistant Sports Editor

So far, so good. At this point in the season both the Men's and Women's Cross Country Teams have unblemished records as both squads take aim at making some major noise on the national level. The male harriers recently completed a successful weekend as a split squad earned victories

Cross Country

both at New Hampshire and at the Central Connecticut Invitational. All members did a fantastic job of contributing to the victories and picking up the slack for the several runners who are out with injuries. The meet at UNH was won by Friar Co-Captain Andy Keith. Keith was followed closely by teammates Nick Jackson, a junior from

New Zealand, and David Healy, the freshman phenom from Ireland. Andy Wedlake, Jose Libano, and Jesse Cody also ran strong races and contributed to the team's first place finish at UNH. Meanwhile, the following day in Connecticut, the Friars cruised to victory at the Central CT Invitational. The squad was led by freshman Michael Donnally's first place finish. Following closely in his footsteps were Matt Kenney, Nicholas Kent, Stephen Myers, and Michael O'Conner. Particularly key to this year's squad and their current ranking of #2 in the nation is the added boost provided by the talented freshman runners. According to Coach Ray Treacy, "Healy and the other freshman on the squad have all been running very well and have contributed nicely to the depth of this year's squad." That "depth" will play

a huge factor this Saturday at the Boston College Invitation since the squad is currently running a little thin with key injuries to Mark Carroll, Mark Burdis, and Nick Jackson. Not to be outdone, the female harriers have also enjoyed a season that has yet to experience defeat. The female squad is also ranked nationally as they look to improve on last season's success. Recently, the team enjoyed a big victory at the Central Connecticut Invitational as they beat out such teams as UMASS, URI, and Holy Cross. The Friars were led by junior Amy Rudolph who not only won the race but also broke the course record in doing so. It should come as no surprise that teammates Natalie Davey and Vanessa Molloy both finished within one second of Amy's record time. "All three are in the top 20 at the NCAA level and



Coach Ray Treacy has built national powerhouses for PC in both men's and women's cross country.

have the capability of taking this team a long way," says Coach Treacy. The women's squad will also run in this weekend's Boston College Invitational and is expecting a big victory. "Because of the added depth, this could be one of our best teams ever. If everyone stays

healthy, we have a strong chance of winning the NCAA Championship," states Coach Treacy.

Both squads are looking for victorious weekends and very successful seasons. It certainly sounds as if they are on their way.