What's Your Best Memory of Freshman Year?

Adetola Ablaede: "Getting into the Friar's Club"

Matthew Amato: "Civ?"

Katie Chase: "Being a member of the Dorm Olympics" Jolly Green Giants"

Nicole Dabekia: Water Balloon fights during finals

Kate Griffiths: "Jell-O Wrestling in Peterson- it was cold, icky, and fun."

Brian Junkins: "Freshman Team" winning the Intramural Softball Championship T-shirt

Jeanne Labaranza: Living on 2nd McVinney

Marie-Claire Lamarre: Comment Not Available

Brian Lamoureux: Comment Not Available

Kate Levesque: I found my home in the Congress Office

Sarah Storz: Making new friends.

Garth Trask: My 1st Civ scream.

Mary Veideman: My 1st experience at Midnight Madness

Welcome to PC Class of 1997!
I Wish I'd Known
Reprinted from the 1985 Summer issue

...I'd have to learn with sleep to the lights, to the radio blaring, and the phone ringing...
...my old car takes twice as much money than it's been running away from home and that it's not so hard to walk sometimes.
...Christian colleges are little utopias. They have their problems, too... college isn't all fun and games. It's hard work and takes a lot of self-discipline...
...a Saturday night can get pretty lonely.
...I need an iron and the know-how to use one.
...everybody's human and I'd have to learn to live with different kinds of people...
...should and could have learned to type...
...there would be no one to tell me to do my homework before I turned on making all my own decisions.
...I must take life as it comes. That I shouldn't get uptight before I even know what's going on. Play it cool...
...there is more to learning than just what happens in the classroom, as well as outside of the classroom...
...I should take advantage of campus events like concerts, clubs, and discussion groups. Not only does it round out my personality but also makes me a more interesting person...
...the best education comes from getting to know people, not only from books...
...the most important thing I should try to learn is to think and solve problems and get to know myself, accepting myself as I am.

Avoiding Being a "Freshman"
by Noelle Casac

At first, it's really hard to be a freshman. After awhile, however, it gets a lot easier. This is a guide to what to do and what not to do in order to avoid being labelled a "bad freshman." The purpose of this guide is not to make you nervous. It's simply a way for you to enjoy your first year without the hassle of someone asking you, "Are you a freshman?"

First, for those of you who are from out-of-town, there are some words that you may not be familiar with (as well as some of the obscure pronunciations)

Meagher (maaahah) This is a residence hall located on the quad that was obviously dedicated to someone who had an extreme Boston accent.

Mondo (a.k.a. Alfalfa Kate) The place to eat if you like to watch them actually cook your food before you sit down.

Raymond- Not only a residence hall, but where you can also find an abundance of chicken patties, chicken cordon bleu (from food), and a frozen yogurt machine. Freshmen will arrive in packs of 25 on the first few days of school. Don't worry this will all change when you realize that there are only tables for four.

Cwl- This is the classroom building behind the security office. It has not yet been dedicated to anyone, so it has been temporarily named for the late Fr. Classroom.

Cowl- What you are reading right now. It's the school's weekly paper and it contains all of the news (and hot gossip) about PC.

Eaten Street - Where you'll find heaps of other freshmen lining the streets looking for a party the night you move in.

Secondly, there are some sure signs of freshmenhood. First, there are some questions that should surely be avoided and why.

"Where do you live?" (don't ask this because you're going to meet as many people that you're not going to remember anyway).

"What Civ team are you on?" (usually no ones unless they carry around their schedule-definite freshman)

"Where are you from?" (everyone here is either from Massachusetts, Connecticut, or New Jersey- someone who says they're from somewhere else if probably lying)

"What's your major?" (hardly any freshmen have majors- if they do, it's probably changes four times before they graduate).

A FEW REMINDERS ABOUT MOVING IN:
The Residence Life Office would like to remind everyone that the residence halls open for Freshmen on Sunday, September 5th from 9:30 a.m. - 4:00 p.m.

There will be people to help you move in and to watch the belongings in your car while you move in.

If you have any questions, contact the Residence Life Office at (401) 865-2392. You will receive room assignments in early August.

Top Ten Things You Weren't Told While on a PC Tour

10. Pariets end at 12 a.m. on weekdays and 2 a.m. on weekends.
9. Curling irons are only available in the bathrooms.
8. Everyone on campus will watch a fire safety movie in the first two weeks of school.
7. Your phone bill the first month must be ten times more than you had planned.
6. Blind Date Balls are sometimes called "Get Back At Your Roommate" Balls.
5. Cable is being installed in all the residence halls.
4. If you live in McNalley, moving in takes ten times the amount of time that the dorms takes.
3. Those fire exits doors will really be alarmed.
2. Your books will cost more than your first car.
1. You will eat chicken patties at Raymond Café more than you will call your mother.

Good Luck Class of 1997
Come to The Cowl Office in early September if you're interested in writing for the News staff.

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Come to the Club Fair!
Learn how to get involved in all the clubs on campus!

10:00 a.m.-4:00 p.m. in Slavin's '64 Hall, September 24th

GET INVOLVED!
First Week Back With B.O.P.

Sunday, 9/5 Slavin Night
Cook out with D.J. Comedy Show
Coffeehouse Dance

Monday, 9/6 Newport Trip
Tuesday, 9/7 Coffeehouse
Wednesday, 9/8 Hypnotist
Thursday, 9/9 Movie
Friday, 9/10 Outdoor Concert with Gyro and Airball

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Packing Your Bags:
A Guide Of What To Bring and What To Leave Home

Reprinted from 1992 Issue

After the hurdle of orientation is behind you, the next step in preparation for your future PC career is to determine what to bring. Looking back, I remember spending far too much time and energy being terrified I would forget something of the utmost importance. First of all, don’t stress. After about a month of school, Columbus Day will roll around and most freshmen and sophomores head home for the long weekend. Anything you might have forgotten can be easily picked up then or sent by Mom and Dad. (Toothbrushes are also available in the bookstore.)

A few weeks before you arrive at PC, the school will contact you with the names and phone numbers of your roommate(s). Don’t be shy; call them right away and decide who will be bringing a phone, a stereo, a computer or word processor, and a TV or even a VCR or microwave. If none of you own a small refrigerator, one can be rented when you get to school. Remember, space is limited and you’ll want to make the most of it. For the lucky people with big rooms in Raymond, Meagher, McDermott, Stephens, and Joseph halls, you might want to book yourselves up with a small couch or comfy chair. These are key for intimate gatherings in your room with friends. Be sure of the size of your room before you bring one, though.

Bring lots of things to decorate your room; this is your home for the next year, and you’ll want to make it feel that way, so bring posters and lots of pictures of friends and family. As a side note, leave home the posters of kittens or New Kids on the Block and, for guys, those cheesy posters of busty women sprawled out on sports cars. The Claude Monet’s and Salvador Dalí’s look a lot nicer and people will think you’re very worldly and cultured. They will also help you when Civ art lectures roll around.

Cardboard storage boxes that can fit under your bed are a good idea since closet and dresser space is very limited. DO NOT bring any plastic shelves or milk crates because they are prohibited under strict fire regulations. Extension cords are also a no-no, but circuit breakers with a row of outlets can be bought at any hardware store and they work just as well. You can leave the candles and incense burners at home too.

For girls, pocketbooks are a sure sign of freshmanhood on the PC campus. A sturdy backpack with pockets is more convenient and definitely more cool. A good buy is the L.L. Bean bookpack; I’ve had mine since eighth grade and it’s still good as new.

Here are some other miscellaneous items you will need; buy all of your stationery supplies at home since you don’t want to spend all of your money for the semester in the bookstore.

- typing ribbon/computer paper
- typewriter ribbons
- index cards
- paper clips
- rubber bands
- rubber bands
- tape
- paper clips
- rubber bands
- staple stapler
- dictionary
- thesaurus
- ruler
- stationery
- stamps
- notebooks
- folders
- pens and pencils
- address book
- calendar/dates book
- towels/facecloths
- extra-long sheets (regular ones won’t fit)
- blankets
- pillows
- prop-up pillow
- mattress cover
- clock radio
- plants
- desk lamp
- nails
- screws
- hammer
- screwdriver
- hammer
- adhesive hooks
- over-the-door hooks
- detergent/fabric softener
- big laundry bag
- quarters for washing machines (getting quarters is a major task)
- flashlight
- hangers
- hot pot
- glasses/mug
- a few utensils, bowls, and plates (they’ll catch you if you try to steal them from Raymond Cafe)
- coffee/tea/hot chocolate
- toothbrush and toothbrush holder
- a case of Diet Coke
- shower bucket
- soap and soap holder
- flip flops for the shower
- bathrobe
- shampoo/conditioner
- razors
- make-up bag
- band-aid kit
- deodorant
- vitamins
- cotton balls
- Q-tips
- comb/brush
- blow dryer/hot rollers/curling iron
- safety pins
- small sewing kit
- wallet/change purse
- umbrellas
- boot for winter
- an afghan
- camera
- walkman
- radio
- high school yearbook
- a waterproof jacket
- blank tapes (everyone here will have a copy of that song you really want a copy of)
- batteries
- key chain
- light bulbs for your lamps
- MONEY!!!!
- a sense of humor and a lot of patience to deal with dorm life!
The Hoops Class of 1997

by Matt Mlodzinski
Sports Editor

It's time to meet the new kids on the block. PC basketball fans know all they have to about guys like Michael Smith and Dickie Simpkins. Now you have to learn about the three newest PC hoopers: Eric Williams, Austin Crohere, and Jason Murdock.

Williams comes to PC from Newark, New Jersey via Vincennes University (Indiana) junior college. The 6'7" forward led his team in scoring (21 PPG) and rebounding (9.2 RPG) while helping Vincennes to a 33-3 record. He was also second on the team in blocked shots for the Trailblazers, who were the top ranked junior college team in the nation during part of the 92-93 season.

Williams was one of the most sought after small forwards in the junior college ranks this year. He is an athletic player, with an excellent low post game and strong rebounding skills. His presence will afford Coach Rick Barnes more flexibility with his baseline game plan.

Joining Williams on the front-line will be 6'7" Austin Cronshere from Crossroads School in Los Angeles. He was his league's MVP and a first team all-state selection in California while averaging 21 points, 18.1 rebounds, and 5.1 blocks. His rebounding statistics were even more impressive in league play where he snagged 20.4 boards a contest.

Crohere also will be a strong addition to the front-line, where his rebounding ability will be welcome. He began his career in a tough role fighting his way this time with all forwards but Tony Turner returning. However, his recruitment will be sure to pay dividends for the PC program in the coming years.

As a freshman, I was witness to some brilliant performances by Eric Murdock, now playing in the NBA with the Milwaukee Bucks. In my senior year, it will be Murdock Time once again in Providence. Jason Murdock (Eric's cousin) will bring his athletic and versatile game to the Friars this season. The 6'5" Murdock averaged 17.8 points, 4.5 rebounds, 6 assists, and 4.6 steals for Bridgewater-Raritan High School in New Jersey. He was a second team all-state selection and he was considered the best defensive and all-around player in Central New Jersey. He was often given the assignment of covering the opponent's best scorer.

Murdock's fine senior season was tinged with tragedy as his high school coach, Vaughn Stapleton, passed away after his team's first regular season loss on January 12th. The 71 year old Stapleton was regarded as one of the finest high school coaches in New Jersey and his loss was a difficult blow to all who knew this outstanding individual.

The team was able to put this tragedy behind them (which is probably what Stapleton would have wanted them to do) and they finished the year with an impressive 25-2 record. Now Murdock joins a long line of outstanding guards to bring their talents to Providence College. He could see some decent time with the losses of Trent Forbes (graduation), Matt Aloia and Ira Bowman (transfers) depleting the backcourt.

The addition of these three talented players will hopefully help Coach Barnes take the Friars back to the NCAA's for the first time in four years. I'm sure that Vaughn Stapleton will be cheering us on from a nice box seat in the sky.

---

If you're interested in Sports writing, come to the Cowl Office in Lower Slavin and find out about Sports staff interviews!

Get Involved with I.A.B.

The intramural Athletic Board is a group of approximately 20 selected students who are in charge of organizing leagues, publicizing sports, overseeing game officials, scheduling teams, and supervising the flow of activities in intramural competition.

The IAB meets once a week and hold office hours from 1:30 - 5:30 in lower Peterson. Members of the IAB are assigned a particular league, sport to run and are responsible for everything from equipment to scheduling.

To participate in intramural sports, one must be a current full or part time student, or member of faculty or staff. Member of intercollegiate teams are ineligible to play in that particular sport.

Intramural teams are formed in Football, ice hockey, basketball (5 man and 3-on-3), street hockey, soccer, wiffleball, frisbee, volleyball, softball, tennis, water polo, field hockey, wally ball, and weight lifting.

Go to the I.A.B Office for details!

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Student Tickets for Basketball Games are available in Lower Slavin for $3 two days before each game.

PARENTS!

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