Dr. Edwin Gora
Will Be Remembered

by Theresa Edzo '96
Asst. News Editor

"Every new discovery of science is a further revelation of God" - motto on the wall of Dr. Edwin K. Gora's PC office.

A long and brilliant teaching career has been silenced. One of the finest among PC's community has passed away from our presence, but his memory will live on. Dr. Edwin K. Gora, 82, died on Monday, February 28.

"He was a window into the evolution of physics," said Dr. Lamonaciek, chairman of the Science Department. "He was an active participant in the development of twentieth century physics."

Indeed, Dr. Gora enjoyed a lengthy and illustrious life and career. Born in Piotrkow, Poland, he received his MA at Jagellonian University in Krakow in 1934 and his Master of Philosophy in Krakow in 1934. "It was the same college that Copernicus and Pope John Paul II attended." Dr. Gora, who pretended to be 21 to enter the University of Leipzig in Leipzig, Germany in 1943. After World War II, he continued teaching during the turbulent times of Polish history.

Dr. Gora was faced with the possibility of not being able to find work even after deportation to a concentration camp. It was his struggle with Nobel Prize winner Werner Heisenberg that insured his future success. From 1939 to 1949, the professor held positions either as instructor or as a research assistant at several universities in Germany and Poland. During this period, he was promoted to St. Xavier's College in India, where he actually met and held a philosophical discussion with Mahatma Gandhi.

He was then offered a position at the University of Stellenbosch in Cape Town, South Africa, but chose to return to Poland in 1949. He was assistant professor of physics. He was first promoted in 1952 to associate professor and again in 1957 to professor of physics. From 1968 to 1972 Dr. Gora served as the chairman of the Physics Department. Dr. Gora was promoted in 1982, but neither his work nor his honors survived.

It was then that he was given the title of special lecturer. Shortly thereafter, he was called Professor Emeritus of physics, one of the highest honors a professor can receive. Also, since his retirement, he has taught several courses, and continued to work.

Fr. Tortorici Looks Ahead
Plans to Leave PC This Summer

by Brian Hylander '95
Asst. News Editor

"Nothing is for life. It is time to get used to it." These were the words Rev. Joseph S. Tortorici, O.P. used to describe the resignation sitting behind his desk at the Office of Residence Life. Although submitted to Fr. McPhail last fall semester, in order to ensure a smooth and effective transition for his replacement, Fr. Tortorici will not officially leave his post at Providence College until July 7, 1994.

Unlike speculation surrounding other recent resignations this year, Fr. Tortorici wishes to emphasize that his departure should come as no surprise to anyone. For, when he was hired in 1990, he agreed to a three-year contract which was then subsequently extended into this year to allow for the successful completion and integration of the new apartments currently under construction.

Fr. Tortorici will be leaving Providence College to a, at the request of his Provincial Fr. Urbain Voll, as associate for a position in the pastoral field at the Dominican House of Studies located in Washington, D.C. Considered a much needed change from the administrative work in the Office of Residence Life, he expresses a sense of enthusiasm and eagerness to return, "to something that is more in line with my profession."

After receiving undergraduate training for the priesthood and the Dominican Order at Providence College for two years during 1964-65, he was then chosen to continue his theological studies at the Dominican House of Studies in Washington, D.C., the same institution he will be heading to next year.

In 1973 he was ordained and subsequently received an assignment at St. Dominic's Parish in Detroit, Michigan. Working in this inner-city ministry until 1977, he continued child and family studies at Michigan State University, ultimately receiving his masters degree in 1983.

Furthering his education, Fr. Tortorici then moved out to study at the State University of Idaho where he concentrated on clinical psychology. Here, he received an Interdisciplinary Doctorate in family ecology.

Providence Police: Where are your priorities?

When the amount of off-campus violence surpasses the amount of violence daily in New York City, perhaps the Providence Police Department should take some notice. Every Monday, students hear stories of the afternoon that took place over the weekend.

Recently, another very serious act of violence took place near the corner ofboard and Pasteur. Pat Cooney (6T) witnessed an incident in The Cook in which he and another female student were held up at gunpoint. Pat was walking his friend home from a party when they were approached by two young black males from behind. One is stepped in front of Pat and demanded cash. The other took his wallet from his back pocket. After Pat handed over the $12 he had, the assailant said, "This isn't enough. I ought to shoot you." Luckily, they decided to take it instead.

Shortly after the assault, the two students found a PC Security officer on Eaton Street. They reported the incident and he made a report. Fortunately, Fr. Tortorici received the Providence Police Department.

"I am so happy that I am no longer responsible for this," said Fr. Tortorici.

The Morning After: Are We More Aware?

by Kristen Garipye '95
News Editor

Sometimes you just have to follow orders and keep your mouth shut. Sometimes putting up a fight only makes you angry and frustrated, especially when you're not going to win. Sometimes what is asked of you is reasonable and important, so to complain only makes you appear immature.

These phrases probably were not on the lips of many Providence College students last Tuesday night. Instead, grips such as "I'm twenty-one," "There's no way they can force me to go," and "I'm aware of alcohol, right Louie?" were heard throughout almost the entire PC community. However, Alcohol Awareness Day came and went. And we all survived, didn't we?

According to the administration, we did. "I think on a whole the day went very well," says Fr. McPhail. "Students were obviously unhappy, but as the day progressed, I think they became satisfied and felt their re-

Vandalism at PC Increases

by Judith Colonna '95
News Writer

Last Friday night, February 25, an act of vandalism occurred on upper campus. Though the act wasn't against any of Providence College's current students, it was against one of its alumni. David D. Peterson, an active alumnus from the class of '76, who can almost always be seen at Providence College's Center for the Performing Arts, was the victim of this act.

Though Mr. Peterson does not work at PC, he finds time to use the swimming facilities, and, among other activities, support the Lady Friar's basketball team. Because he suffers from cerebral palsy, he must use a wheelchair to get to and from the pool area, in order to avoid slipping on the wet floor. As a convenience, Mr. Peterson keeps his chair stored in the field house so he won't have to transport it every time he wants to swim. When he returned to Peterson Saturday morning to attend the Lady Friar's game, however, it wasn't where he had left it, six o'clock the previous night before he left for the continued on page 4

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PC Loses Dr. Gora

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as Natural Science, Science and Citizenship, and Cosmology.

"He was a storehouse of the history of physics, a member of the Lamontagne, I know we will all treasure his conversations. He had a way of bringing physics to life."

According to Dr. Lamontagne, Dr. Gora was always involved in a variety of outside research besides his teaching. He also recently, Dr. Gora was working with the quantum theory and relativity. One of his last papers concerned his main interest, cosmology, or the study of the birth and death of the universe. Dr. Gora was also well-publicized, with articles in such publications as the Journal of Molecular Spectroscopy, Physical Review, and Science News.

"Although I didn't know much about his research in physics but in the five years that I worked with him, I knew Dr. Gora as a kind and caring man who treated every student with care," said Rose Pagano, assistant to Fr. McGrigone.

"He had become such a well-known authority on cosmology," said Dr. Robert Shaw, a member of the Science Department, "I don't think there is anyone who could say anything bad about this enthusiastic, great, wonderful man."

Most recently, Dr. Gora was honored with a lecture given in his honor at the President's Forum in April of 1993. The talk was given by cultural historian and writer, Rev. Thomas Berry, C.P., entitled "The Christian Future."

He is survived by his wife Erika E. Gora, his son Michael J. Gora, of Atlanta, GA; his four daughters Evelyn T. Gora, of Munich, Germany; Monica M. Walzceck, of Lohwinds, Germany; Angela E. Gora, of East Greenwich; Sonja A. Marion, of Alamede, CA; and by his seven grandchildren.

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marks were taken seriously."

Alcohol Awareness Day was only the first step taken to address and solve the alcohol problem in PC. As many students already know, several complaints and requests have been raised by this year's students, faculty, and parents. The College has planned to address the situation head-on, present facts and opinions, and allow the students to voice their own concerns. However, most of the discussion was kept private.

"One of the reasons we held the forum was to provide a united voice for the concerns that are raised," says McPhail. "Alcohol Awareness Day was a beginning. Now we'll see how to move forward."

Since the forum, one o'clock, Father McPhail and President Cunningham inter- rupted the wave that broke out in Alumni Hall and greeted the students.

The next hour and a half included several presentations from Jack Colby (Psychology), George Jensen (Anti-Drug Coalition), several students, and Dr. Rodney Delasanta. Dr. Delasanta's speech paralleled alcohol abuse and it's destructive effects to the tragic Aquinas fire of 1978. "If you may survive to see your own children... unless some intervention is taken... you will not survive the tragedy of your own addiction," he warned, four.websocket Dr. Delasanta's speech, PC students divided into several groups by a faculty or Student Congress member. A questionnaire was filled out and dialogue began. The leaders of each group were instructed to complete a form stating the chief topics discussed and suggestions made by the students. The forms have been presented to the committee and are being correlated.

The committee will meet again in the near future and decide how to proceed and further address the alcohol abuse situation at PC. PC has to follow up," says Fr. McPhail. "We intend to include the student input in our decisions. We will move on together."

"However, according to some students, we may not survive. A lot of anger, re- sentment and frustration took place before, during and after the forum, and Dr. Kelly's afternoon's presentation. Students were somewhat disappointed. None of the discussion and one senior decided he would voice his concerns with the rest of the student body. According to Ron Kelly, director of the Center, he based it on his own research. If a student wanted it, he would be there. He was not inviting anyone into the discussion.

Some comments made by students in their smaller groups included:

"They should have gotten the students' input first, not now. It could have been orga- nized with the students. Everyone went in with a negative attitude." - Stacy Buoneme '95.

"The whole thing is in- consistent, the administration didn't care at Parent's Weekend. This perceived lack of consequences and proportion. There is a deeper problem here. It's serious," - Matt Albarnese '94

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Off-Campus Violence Must Be Addressed

The police said they would "get back" to Pat in a few days. The incident occurred on February 22 and he has not heard from them since.

Off-campus violence hap- pens - we all know that. However, students, the administration and the police have to unite to keep it as minimum as possible. It's scary to know that five pa- trol cars were used to break up a party last week that was held in a private apartment. Yet, only a written report was filed after two students were held at gunpoint. The energies of the police have to be divided equally among the PC community. Keeping us safe should be a top priority. Something has to be done to address violence before it goes to far.

Every week, the new- section prints the Disciplinary Measures obtained from the Judicial's Office. From now on, we are also going to print a Security Report that will list the week's vandalism and any other incident that took place within the days. This week's re- port is as follows:

2/10/12:15 am on Tyndall St. near Eaton St. - Two students robbed at gunpoint.
2/17/12: Late afternoon, a student physically assaulted.
21 Late afternoon - 218 Oakland house broken into.
RECENTLY - car broken into, stereo stolen

Please report all incidents to the security office or Fr. McPhail. The situation can- not be placed on a back burner. Someone/anyone has decided there is something more important to attend to than protect your- self, your friends and your belongings. It's not safe. Walk in groups during day- light whenever possible.

Take the chance when you must travel at night.

Obviously, we cannot al- ways depend on others to protect us, so we must do so ourselves. Be aware and be safe. - K.G.

ATTENTION: LIBERAL ARTS MAJORS

Considering the Business Studies Program? If you are an undeclared student or are considering a LIBERAL ARTS major but wish to also consider BUSINESS.

The BUSINESS STUDIES PROGRAM consists of seven business and business-related courses that students can take to supplement a non business major

The official Spring semester enrollment period will be Wednesday, January 26 through Friday, April 8, 1994.

Information packets about the program with an application are available at 115 Koffler Hall, 9am - 4pm

News

After Alcohol Awareness

Debate Team Shines at BU

Last week, at a tourna- ment hosted by BU, PC's debate team chalked up an impressive combined record of 4 wins and 1 loss. Other school teams rep- resenting Bates, Colby, Tufts, Babson, MIT, and Bentley. PC's first team fea- tured Mark Delany and David Jamara Farrell '97. The sec- ond team was lead by Tom Coffey and Linda Wallin- 97. In terms of total speaker points, Tom Coffey finished second overall in the tournament after being edged out by a fellow competitor.

Although there is little recognition outside its own organization, the adminis- tration has been staunchly supporting the undertaking during the past couple of years. New members are always welcomed and interested students are held Wednesdays in Moore at 6.

Fr. Tortorici Resigns

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emphasis on counseling.

After doing some post-doctoral work, it was then recommended to him by the province that he apply for a position at Providence College. For the next four years here at PC, Fr. Tortorici has remained the Residential Life Office Direc- tor, while also serving as a teaching counseling courses at the Graduate School.

Not explicitly a policy-making body, accord- ing to the mission statement, given by the college, the Off- ice of Residence Life is to, "provide for the overall well-being of all students res- iding on campus." In accord- ance with this task, Fr. Tortorici specifically out- lined some specific objec- tives and responsibilities have in his office. These include maintenance of buildings, purchases, budget, counseling, supervising, and generally, "keeping one year ahead of everyone else."

Within his tenure, Providence College has seen new procedures in the provi- sory systems, modernizing and upgrading of residential

March 3, 1994

Furniture, the building of new apartments, greater computerization, and implementa- tion of new safety measures with the card ac- cess system and video cam- eras.

Although someone has yet to be named as a s suc- cessor, a search and applica- tion process is currently under- way for the position. To this new director, Fr. Tortorici offers some further suggestions for improve- ment in the quality of PC campus life. Evaluation of Dorr and Fennell Halls, con- tinued development and ex- ecution of the meal plan, time Hall Directors as trained profes- sionals dealing with student concerns, an in- troduction of educational and theme programs in the resi- dental system.

Thus, although leaving the PC community, he will be stay- ing in the same community. Fr. Tortorici still wishes the college and his own position well. Stressing the opportunity he has had to contribute to the betterment of Providence College, he bids farewell, noting, "I have really en- joyed being a part of, and over the last four years."
Alex Kotlowitz: Breaking the Silence

by Christina Burgmyer '96

News Writer

Last Thursday, the Feinstein Institute and Providencesponsored a lecture by Alex Kotlowitz, entitled, "Breaking the Silence: Life for Children in the Inner City." One student described the lecture best with a few simple words, "It was great. I really learned something." Kotlowitz entered a room filled with students and faculty to talk about his acclaimed book, There Are No Children Here. Through his words Kotlowitz showed the audience to have a glimpse of a world that has been called "The Other America." His book and the majority of his lecture dealt with his three year experience in the Henry Horner Homes in Chicago. During his time there he befriended two children, Pharaoh and Lafayette. "The problem," stated Kotlowitz, "is not what they did; it's what they aren't." With that he began to paint a vivid picture of what this community, or more to the point lack of community, was like. There were no banks, churches, or bowling alleys for the children. There were no places for the children to play, and there were few jobs for the adults. It was a community without faith in God, trust, and stability. Kotlowitz recalled one incident where he asked one of the brothers if he trusted his friends. This twelve year old boy stated, "I don't have friends, just associates. Friends you trust." These powerful and sad words demanded attention and slowly Kotlowitz opened the eyes of this audience to a dramatically different world. The children have witnessed more violence in their young lives than most PC students will witness in a lifetime. Kotlowitz recalled a thirteen year old boy who had wished for his childhood back because he could not take the violence. Violence surrounds these children, it engulfs them, and most of them do not believe they will live to see twenty. Kotlowitz had asked one of the brothers what he wanted to be when he grew up. The answer, "If I grow up, I want to be a bus driver," was shocking. According to Kotlowitz, one of the reasons for this title community was silence. First, there was an institutional silence that kept children from speaking for fear they might be held responsible. The second type of silence was a self imposed one. According to Kotlowitz, many children kept silent because they did not think anyone would believe them. Kotlowitz had said it was true because the first time Lafayette told him of the deaths he had witnessed Kotlowitz did not believe him. It made sense because most Americans, especially those who have never witnessed violence, do not want to believe it is out there. Kotlowitz looked toward the audience and stated, "We have stopped listening. We have stopped believing. We need to listen to these children again. We need to help them!" In order to help these children and all the children who live with violence, we must get involved in the communities. We must find our voice and go talk to these children. We must rebuild that bridge that has fallen and isolated them from us. Roberta MacVoy '97 said it best, "He was excellent. He made me want to get involved. Just because we are not in the situation does not mean we should not do something about it. He really opened my eyes!"

Alex Kotlowitz, author of There Are No Children Here

The Feinstein Institute is...

Searching for Students

by Renet Ladoci '96

News Writer

The Feinstein Institute is currently recruiting twelve outstanding students to participate in its first pilot program. The program will take place this summer and continue into the next academic year. Administrators are searching for students who will ultimately act as facilitators in helping them to create this new and exciting Public and Community Service major. Members of the Feinstein Institute want to emphasize that these students will not simply be taking classes during the summer, but will be innovative participants in help in this program come to life. The goal of the summer program is to test various ideas about what type of curriculum should be offered to these majors and minors at PC. This pilot does not determine exactly what later students will learn and how they will be taught. The six week intensive program (and following academic year) will be a collaboration between five faculty members and twelve students who will work together as equals, to create and finalize all aspects of the major's curriculum. Students who are accepted to participate will receive room and board for the six weeks (hopefully in the apartments), a stipend of $1200.00 to cover the opportunity cost of their time spent away from jobs, six hours of credit from the School of Continuing Education, as well as the tremendous opportunity to make a great deal of difference with the PC and Providence communities. The Institute encourages all who are interested to apply despite any reservations or concerns one may have. This is a great opportunity to help the community as well as ourselves through public service. One can pick up an application in the Office of the Feinstein Institute located on the ground floor of McDermott Hall (room 10). Applications are due Friday, March 11, at 4:00 p.m.

Help the community, yourself and PC through public service

March 3, 1994

What's New?

The cadets and cadre of PC's Army ROTC Patriot Battalion will host their annual MILITARY BALL at the Sheraton Providence on Friday, March 4, 1994. The evening's events will begin at 6 p.m. and will include a cocktail hour, a black-tie dinner and dancing until midnight.

Want to go to the 1994 BIG EAST TOURNAMENT at Madison Square Garden in New York? Amtrak is offering a special rate for college students. An Amtrak representative quoted The Crossing $49 for a round trip to the tournament.

Students must present their college ID and make reservations ASAP. For more info, call 1-800-USA-RAIL.

The Providence College Chapter of the American Association of University Professors is seeking nominations for the PETER D. SALVATORE COMMUNITY SERVICE AWARD. This award has been established in memory of Peter Salvatore, an associate professor of social work, who taught at PC for over two decades. He died after a long illness in 1991. The award will be given annually to a PC senior who has a significant contribution to improving social welfare and communities in need through his/her involvement in community service during his/her years at PC. Nominations can be made by faculty, students, staff, community and friends. It should be sent to Dr. Lynne Ryan, Hankins 370, by March 25, 1994. The nomination should include a description of the student's involvement, the impact on the community, and other PC students, and the length of service.

On Tuesday, March 8, 1994, HEALTH CAREERS NIGHT will be presented by the Health Services Administrators Student Advisory Council of the SCA from 7:30-9:30 p.m. in 64 Hall. The council has secured speakers representing various careers in the health care industry including hospitals, long term care, community health, geriatric care, mental health, health insurance, public health and assisted living. The speakers will discuss career opportunities within their fields. For more info, call x2487.

The new SUPPORT GROUP has been formed for students who are troubled by a family member's ABUSE OF ALCOHOL. It meets on Thursdays from 3:30 - 4:00 p.m. beginning March 10 in Salvio 202. Confidential! For more info, call x2443.

Thai Lambert, a PUBLIC SPEAKING EXPERT, will speak in Salvio 203 on Friday, March 4 from 12:30 - 1:30 and from 3:30 - 4:30. Learn to speak effectively! The History Department is proud to announce that the Fourth Annual Induction Ceremony of the Alpha Epsilon Xi Chapter of the Phi Alpha Theta International HONOR SOCIETY IN HISTORY will be held on Friday, March 4, 1994, at 7:00 p.m. in 64 Hall.

There will be a meeting of the FEINSTEIN INSTITUTE STUDENT RESOURCE GROUP on March 9 at 6:00 p.m. in the Feinstein Office located in McDermott Hall on the floor of the Providence Institute. FATHER J. BRYAN HEHIR, Th. D., Professor of the Practice in Religion and Society at Harvard Divinity School and America's MOST NOTED EXPERT ON CATHOLIC SOCIAL TEACHING, will deliver the annual St. Thomas Aquinas lecture presented by the Theology Department of Providence College. The lecture on The Challenge to Catholic Social Teaching in Contemporary American Society will be held on Thursday evening, March 10, at 7:30 p.m. in Moore Hall.

A new LATE FOR SPRING BREAK

CALL TOLL FREE FOR EXCITING DESTINATIONS...

CANCUN BAHAMAS JAMAICA LONDON BRUSSELS

1-800-407-x704

The FEATURE is...

Too Late for Spring Break

Providence College"
Wheelchair Stolen

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Hockey game.

According to his Letter to the Editor, Mr. Peterson says a "wheelchair is not a toy." Unfortunately, many students at Friday night's Suicase Party, sponsored by the Board of Programmers, thought otherwise. "It seems the chair was taken sometime during or after the party," states Mr. Peterson, and "it is very disappointing to realize that a student ... could be so thoughtless." BOP, however, does not feel completely responsible for the behavior of the crowds; the security, according to them, had a lot to do with the negligence of Mr. Peterson's wheelchair.

To their knowledge, the wheelchair was left, unattended, and as BOP member Chris Marino states, "there were three security guards, including the head of security, watching kids play with the wheelchair, and no one stopped them." As Sarah Troy, a BOP representative, states, "If it's so valuable, comments on alcohol awareness day

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"At PC, students are treated like children. We're not looked at as adults, so we act like we're treated. Address us as adults and see the changes." - Nina Diaz '94.

"It's not just the PC campus, it's the area. You can only provide so many on-campus events. We need more of a town environment, it's so inconvenient to go to the East Side." - Nina Diaz '94

"People over 21 should not have had to attend." - Anthony Zupka '95.

These comments along with hundreds of others that were recorded in the group sessions are now being reviewed by the committee. Many students believe that their voices will not be heard, but according to Fr. McPhail, this is untrue. "All students are more than welcome to come and talk to me or write me a letter. I have received some already. We need to work together."

Victimized ??

If you have been victimized by violence, sexual assault, or some other abuse, the staff of the personal counseling service can help you to begin the process of healing and regaining power over your life.

For an appointment, call 865-2343 or come to

the student development center

Slavin 209

Thank you!

On behalf of the academic alcohol awareness committee I would like to personally thank all the students who participated in Academic Alcohol Awareness Day.

For any inconvenience to your schedule, my apology; for your good will, your cooperation, your assistance, your input and your thoughtful remarks, I am most grateful.

You demonstrated once again your concern for the college and your fellow students and willingness to support the college.

In the near future you will again be contacted to continue the dialogue and collaborative effort.

Father McPhail

RA's R Appreciated!

The job of a Resident Assistant is challenging, rewarding and unique. The rewards and frustrations that come from the RA job are many. Once you identify yourself as an RA you are perceived in many different ways depending upon how you are needed.

An RA must learn to be a good listener, a mediator, a fire safety official, an information source, a tutor, an event planner, and a good friend. An RA must learn to balance all of these roles to be there for any student that might need them.

In addition to being there for the residents, an RA is also a student with exams, grades, civ and a social life. RA's take a good deal of criticism for the policies that they enforce and for being the voice of reason. The Office of Residence Life would like to take this opportunity to express their appreciation to the men and women who serve as Resident Assistants.

Why not let your RA know that you appreciate their efforts and energy? Give him or her a hand-shake and say Thanks.

Shadows Shine

Pictured with Mrs. Clarkin and Ms. Godin are some of the 100 students who participated in this year's Shadow Program sponsored by the Career Planning Service. For more info, stop by Slavin 209.

Music Ministry

Come Volunteer and minister to others through song.

Vocalists of all talents welcome.

Music Ministry Rehearsals every Thursday at 6pm in Aquinas Chapel
Charles Is Right: Athletes Are Not Role Models

by John J. Olshah '95

EDITORIAL

Can you imagine being paid $5 million to stay in a big, fancy, kid-friendly hotel, do commercials, and be treated like a god? The incentive to become a professional athlete is so attractive that children at a very young age make up their minds that they will "be like Mike." In so doing, these children neglect what is most important to them and to our society: an education.

For all those that are on athletic scholarships, there are thousands upon thousands that are not. Children spend all their time trying to perfect their skills only to find that they are unable to make the cut at the collegiate level. The athletes who have invested all their time in a sport frequently neglect their academic responsibilities; these athletes do not earn an athletic scholarship, they are more than likely to flunk. Even the grades needed to attend a reputable college or university, if they are currently in high school, take education at all.

Colleges and universities are sending a very bad signal to the youth of America. Parents and children alike honestly think that one can get in and through college on an athletic scholarship. They know little about the competition and the few athletic scholarships that actually exist. The only way to get in and through college is to discipline oneself and study. They know not the riskiest and most beneficial avenue one can take.

It is not only the professionals that children should be trying to emulate are these money our government's (taxpayers') savages when he teaches a child's thinking so that he or she will not live a life of violence or become a white collar criminal. Americans should insist that if we do not take certain actions today then 20 years from now could prove to be disastrous. We live for the moment which is why our society is plagued with so many problems.

Teachers need to be role models for children. Children in the nineties are bordered by film and they need a place where they can feel good about themselves and about life. That place should be school. Morality should never have a seat in the classroom and it regularly does. If one does not produce in the business world, it is excused by someone who will. We must adapt that mentality within the school. The education market is full of millions of anxious children who are longing for someone to make them use their talents.

Education is vital for America. Children have athletic illusions of grandeur that need be cleaned up. Lucrative contracts should go to those who can effectively still self-respect, morals, and values into the minds and hearts of America's youth.

That is why I am excited.

by Ted Hazard '94

EDITORIAL EDITOR

There is nothing exciting about Providence College. As a freshman, over three years ago, PC was exciting. Really it was. The reason why our beloved college isn't exciting is simple because nothing has changed.

This school was exciting to me because it was new. PC was a fresh start, the hopeful life I lived during high school in Maine was behind me and the future, my future, was staring me in the face. A new place, a new lifestyle, new friends, and a blank slate all contributed to make PC very exciting.

Starting college anywhere, and finally being on your own, away from home, would excite anyone I suppose, but I believed and continue to believe that PC itself also contributed significantly in fostering the belief. Being a freshman, still wet behind the ears in most aspects of life, and feeling that part of something important was tremendous. But, unfortunately, PC hasn't changed. What has changed is my perception of this school.

Reflecting on my freshman mentality, I believe that I was naive. I'm not Catholic, but the values of PC and its Catholic tradition impressed me. I respected them and I tried to be a good role model and represented. I made the decision to attend PC because I thought that this type of community would be a great place to study, learn, and grow into an adult. I was excited to start my journey on life's path. Now, as a second semester senior, I am excited to leave PC.

The vision of a community that I believed to be uniquely strong and wonderful I have discovered is a mirage. As a student I have been treated with an appalling, low level of respect. The majority of encounters I have had with the administration and some professors, the leaders of this school, have been disappointing. I have continually been treated as a bothersome student. My problems seem trivial to those running this school. I feel as though I am student number 12,947 in a large state school of 28,000 students instead of Ted Hazard in a class of less than 1,000 students. I had no idea I would be treated this way when I decided to attend this small liberal arts college. My years of experience have shown me that I don't matter here. My vision of a loving community was way off target.

Leaving home and becoming a young adult, directly responsible for all my actions, was exhilarating. I quickly learned that this belief was misconstrued as well. Being forced into my dormitory at midnight because the entire campus closes down offered me no freedom. Being treated as a child at the age of 22 by the Alcohol Policy offered me no freedom. Speaking with deans about bad teachers and unfair grading policies and receiving the standard "There is nothing you can do" offered me no freedom. The idea that I was to make my own decisions and accept the consequences was also a mirage.

PC isn't exciting anymore. The hopes and dreams that I held as a freshman have vanished. I am excited to leave PC. My current dream is to graduate in May and get a job worthy of my hard earned education. I hope that there isn't a mirage.

by David McGuire '94

EDITORIAL WRITER

Last week my school had Alcohol Awareness Day. Our school is filled of naughtypeople and because some people are bad the whole school got in trouble.

I told my mommy about Alcohol Awareness Day and she laughed. Mommy said it was silly for me to go because I am older now (I'm twenty one and a half) and had a 3.8 GPA last semester. The school said they would do bad things to me if I didn't go, so I went.

I got out of bed and, although I felt poopy, I marched through the falling snow and freezing wind all the way to Alumni Hall. My ears were really cold, but the doctor said I should have all my hearing back in two months. My doctor is nice. He gave me a lollipop.

At Alumni Hall they made four thousand people get into a tiny little room. It was fun. We all looked like cows and some people went "moo" as we walked inside.

I waited outside because it was dangerous. My best friend's daddy is a fire marshall and he said that the school did was crazy and we could all have been killed. He said the school should have Fire Awareness Day. I laughed.

After everyone herded out of Alumni we met in small groups. Some of my friends said their groups were good and very helpful. My group was run by a very nice girl who was younger than me and didn't know very much. She did her best though and it is not her fault that the meeting was over in five minutes.

The last part of the day was cancelled because the snow was really deep and everyone had to drive home on icy roads. The snow was up to my knees and I fell down going home and hurt my nose. It didn't hurt too bad when the doctor set it, and he said it should heal nicely.

I think Alcohol Awareness Day was a failure, but the school was right to try something. Many of my school need help, but when we are treated like small little kids it does not make us feel so good. We like to be treated with respect.

I will be gone next year, but I hope the school finds a better way to deal with this problem. I hope they have some useful programs that really help people here. I hope they find people to come to this school who are interested in attending their classes and not just getting drunk. I hope aho-clear awareness will be treated seriously someday, not like storytime for children. Most of all I hope they never need the four thousand people into Alumni Hall again, "mooing" like cows to the slaughter.
Revamp The System

by Kimberly Bergstrom '96 Asst. Editorial Editor

"For infinite are the nine steers and the new year and the low brick wall and the red iron gate, thinking things that cannot be chained and cannot be locked." It is my hope that these words of Arturo Giovannetti might move one to consider, as perhaps he may have not before, that an imprisoned man, though he may be aptly described as animalistic because of a crime he has committed, is nonetheless a human being. My intent is not to elicit feelings akin to pity for those behind bars, nor am I asking that democracy be extended to convicted felons. I am not a bleeding-heart liberal who sympatheticly lifts the blame for rapes from the rapist to his genetic predisposition.

Prisoners, inmates, convicts, are all human beings. The society that has committed them to imprisonment has the responsibility to provide them with the best possible living conditions. It is the society's responsibility to ensure that the inmates are treated with respect and dignity, and that their rights are protected.

Inmates are not a homogenous group. There are those who have committed heinous crimes, and there are those who have committed less severe offenses. It is important to recognize the differences between these groups and to provide them with the appropriate level of security and services.

The criminal justice system needs to be reformed to ensure that inmates are treated with respect and dignity, and that their rights are protected. This requires a commitment to improve living conditions in prisons, provide inmates with educational and vocational opportunities, and ensure that inmates are treated with respect and dignity.

Two-Faced Feminism: Guilty Of Stereotyping

When Lorena Bobbitt emasculated her husband, women across the country cheered.

...if the criminal justice system continues to rest on its laurels, and remain as short-sighted as it has been, we will all be paying the price for years to come.

Keep all women in a state of fear. This hysteria has led to an absurd coda of conduct at Antioch College, an over-sensitized public awareness regarding sexual harassment, and the broad stereotyping of men. By demonizing men as violators, feminists may be doing more damage to their own movement than they imagine.

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LETTERS TO THE EDITOR

The Security Debate: Once Again It's On

Dear Editor:

On Wednesday, February 16th, I was verbally assaulted by a Providence College Security Guards. I needed to drive my car to the upper campus to get an over abundance of personal items. Normally, I would have walked the items down to my car, but I was just impossible for me to carry it all the way down to the parking lot. I live in Apartment C and have had no difficulty driving up there in the past. I understand that the college has rules and regulations, but the manner in which I was told about them humiliated me. I was indirectly called a liar and was yelled at when I asked the simple question: "Can I go up to Apartment C?"

I was told that my car has been seen, by these certain Guards, many times on "upper" campus. Unfortunately, or them only, they are the only car to Central Falls once a week. My directions to Central Falls do not include a short trip to "upper" campus.

I am an adult, I vote and I pay taxes. When I speak to another adult I expect to be treated in an appropriate manner. At one point during our confrontations, one of the two guards actually put his hands over his ears as if not to hear me.

I understand that having my car at school is a privilege and I know that security guards are hired for our protection. I don't think any of the security guards understand their roles here at Providence College. I feel they should be ashamed that their business here is not to harass and humiliate the very students who pay for this privilege to be run. Sincerely,

Jen McDowell

Dear Editor:

I am writing this letter in response to an article which took place Friday, February 25, 1994. Someone took a wheelchair and put it on the Peterson Recreation Center. This wheelchair belongs to the Department of Recreational Services. A person from Providence College from the Class of '76. It is my favorite hobby to hang around to avoid stairs or have to ask help to get around. I am always looking for a way to get around and I don't think it on any more difficult for me to get around than it already is.

I am an alumnus of Providence College. I appreciated their concern when I reported it missing and was grateful for their call telling me they found the chair. The Cowl has printed several column and letters complaining about how these people do their job. Some of these criticisms are deserved; however, many of it are the unreasonable expectations of some individuals. Unfortunately vandalism has become a reality. This is an open campus and the guards can't be everywhere simultaneously.

If the college wants to eliminate the vandalism to enter the campus, it should consider enclosing the grounds with a large fence or wall and turning the campus into some kind of personal facility. Judging from the comments I have read concerning the guards working at the gates to the campus, some people think the campus is already a personal facility. I would like to see this guard is only following his instructions. I realize there must be exceptions to the rules. My situation is a perfect example of an exception. It would be impossible for me to park in the visitors' lot and still use the recreation center. I have a handicapped parking permit; however, I take time out of work to go to the security office and apply for parking privileges on the campus. I would never expect the guard to make an exception for me without going through his superior first. If the guards let every driver through who is willing to be just five minutes, experience tells me there would be cars parked in fire lanes, driveways and anywhere else you could put a car.

Sincerely,

D. Peterson '76

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Established in 1935

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Letters to the Editor

Socialist Peacemongers vs. Politicians

FR. JES WILL GRANT INTERVIEWS

To the Editor:

Early yesterday morning two US fighter jets gunned down four Serbian planes over the Ottoman-ruled city of Banja Luca in Bosnia-Herzegovina, hoping to "enforce" peace by use of violence.

Last week the US threatened to call in air strikes and then took credit for the cease fire around Sarajevo.

But none of the sides in Bosnia, the International Civil War was satisfied. The Serb, Croat, and Muslim forces all wanted more understood, even more.

So, this morning, as Serbian planes sought to extend their territory by bombing a munitions factory, the US flew with the support of NATO decided it was necessary to enforce the no-fly zone that has been violated hundreds of times since it was put into effect in October, 1992.

The US shot down 4 jets and escalated the level of conflict in an attempt to hold together the fragile cease fire that Clinton had bragged to the world about.

Clinton justified ordaining the first air-to-air combat in the region since the cold war 3 months ago with this oxymoron: the US sent in its fighters to "create the expectation that the war could be carried into the air".

But the whole notion of "enforcing" peace through jet stoppage has already backfired. Seeking retribution, the Serbs began battering the Muslim held city of Tuzla shortly after the attack by the US jets.

The US had only initiated a new and more intense round of conflict by its act of aggression.

We need only glance at the recent history stemming from the war in Panama, Iran, Iraq, Somalia, and Haiti to see the facts. The US military uses the term of "Humanitarianism" as it weakens cities and bloodshed around the world.

The Vance-Owen plan proposes "ethnic enclaves" as a solution. But the logic of the Vance-Owen plan rewards nationalism by annexing ethnic fiefdoms that roughly match their current territorial holdings. The Vance-Owen plan also structurally underlines the possibility that an interminable anti-war movement could develop. As recently as the late 80’s, hundred of mail planes strikes sought better working conditions and, if they were to realigned, they could build highly politicized anti-war alternative.

There is no need to oppose US and NATO intervention of any kind in Bosnia. Join the powerful opposition - build an anti-war movement here in solidarity with peace movements in Bosnia that can stop the US from using its weapons wherever and whenever it wants.

Eric Rader
International Socialist Club
Brown University

Feminists Unite

To the Editor:

I am writing to protest The Cowl's decision in its February 10 issue to print a slanderous attack on me. Olohan in a letter to the editor and to wide the author's name. Section IV of The Cowl Editorial Policy 1993-1994 states that "The staff respectfully requests that all articles contain no anonymous submission. Assum ing that a letter to the editor is included under the term "article," The Cowl clearly disregarded its own policy. Furthermore, The Cowl al lowed the author of the letter to insult Mr. Olohan, and never once did her identity be revealed. Some people will speak strongly only when it is their identity that is preserved. They are afraid to have their name seen by the Critical staff members prior to publication.

Letters must be double spaced and limited to 250 words. Letters must be signed, however, if you do not wish to have your name appear in print, please con tact a member of the Editorial staff or the Editor-in-Chief. Complete anonymity will be granted if the subject is of a particularly sensitive nature.

IV. The staff respectfully requests that all articles contain no anonymous submission. A. All submissions must be delivered to the Cowl office no later than Tuesday afternoon prior to the publication on Wednesday.

Olohan Rules!

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To The Editor:

As evident in last week's issue of The Cowl issue I am not one to avoid being interviewed, even about sensitive or controversial issues such as cohabitation. The institution by the News staff on the front page of The Cowl ("Why Won't They Talk") that I have something to hide concern ing my resignation from the position of Executive Director of Residence Life was a feeble attempt at tabloid journalism. For those who enjoy a good story allow me to provide my readers with another perspective on the truth.

It is true that I declined or refused to be interviewed about my resignation at one moment in time. The reporter sent to interview me put to my answers unexpectedly without the courtesy of an appointment. It was late in the afternoon and He was pressed for a deadline, and I was in the middle of handling several important situations and just did not have the time to be interviewed at my resign ation at that moment. Such an important decision on my part to leave the Residence Life Office and the College and the College deserved, I felt, more than an off the cuff type of interview. Any information was passed on to me that an article would appear in the Cowl anyway based upon an interview given by Fr. Cunningham. As I know no such article appeared. Rather you chose to hide your story from the public of residence life members.

Now that I have provided you with my side of the story, I can confirm for you that I submitted my resignation to Fr. Cunningham as a semester in order to be able to accept a faculty position and assignment to the Dominican House of Studies in Washington, D.C. As a member of the faculty of the College of the Immaculate Conception I will serve in the position of Director of Past oral Field Education for our theology students. In this position I will be teaching Pastoral Counseling courses and supervising the pastoral ministry work of our students. Being asked to as sume this position by my Provincial, Fr. Urban Volf, O.P. is an honor. In my new position I will be fully involved in the education and formation of the next generation of Dom inican Friars, some of which I helped to form. I presently hold the faculty of Providence College in the future after their ordination. There was never anything to hide. Some things you read is the truth it is best to be patient.

Rev. Joseph Tortorici, O.P. Executive Director Residence Life

The Cowl 8

March 3, 1994

The Cowl

Editorial

The Cowl Editorial Policy 1993-1994

I. Commentary articles and letters to the editor are welcome from any member of the PC student body, faculty, or administration. Submis sions must be written in a typed page. PC community may be published in print as space permits. II. All submissions to the Editorial Department are subject to the editing of the Editorial staff. There is no specific part of your letter or article you do not wish to have seen by the Crit ical staff members prior to publication. Letters must be double spaced and limited to 250 words. Letters must be signed, however, if you do not wish to have your name appear in print, please con tact a member of the Editorial staff or the Editor-in-Chief. Complete anonymity will be granted if the subject is of a particularly sensitive nature.

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To the Editor:

Drunk Day vs. Mixed Messages

To the Editor:

The Cowl editorial in reference to what one may expect, the purpose of this letter is not to claim any more about Academics and Alcohol Awareness Day. Enough has already been said about that. When I was sitting in Alumni Hall, feeling embarrassed to be collectively associated with the immature and misguided hecklers in atten dance, I could help but recognize a glaring example of hypocrisy on the part of the "Administration."

What hypocrisy? you ask. Only forty-eight hours earlier I was sitting with the same group of students at the Providence Civic Center for St. John's game. At halftime we were entertained by a wonderful and eventful pickup game of men...the BUD LIGHT Dare devil Team. Yes, that's right, BUD LIGHT! The same school that orchestrated this day of "Awareness" also paid an unknown sum of money for this halftime "adver tainment." Entertainment!

Another example of this hypocrisy was a hockey game at Schneider Arena last year...Budweiser Key Chain Night. I doubt I believe that I saw Priets club members handing out Budweiser key chains to students and children. After all of these mixed messages, I must con fess that I have a choice to drink I want the school to know that I will most cer tainly choose a Bud Light, maybe to make a Bud Light, those daredevils were really great. Brian J. Lain

Class of 1994
THIS FATAL ACCIDENT WAS CAUSED BY TEENAGERS GETTING STONED AND GOING TOO FAST.

Every year, thousands of young people die in car accidents caused by drugs and alcohol. But now you can wreck your life without hitting the gas pedal. The number of reported AIDS cases among teenagers has increased by 96% in the last two years. If you get high and forget, even for a moment, how risky sex can be, you’re putting your life on the line. Call 1-800-729-6686 for a free booklet with more information.

AIDS, ANOTHER WAY DRUGS CAN KILL.

SO WAS THIS ONE.
Roving Photographers

How Do You Cope With All This Snow?

Ellen Awiszus, Michelle Giffune '94: We practice our luge down the icy Eaton Street sidewalks. We're preparing for Japan 1998.

Dave Rhoades '94: I wear my rubbers!

Jill Mallory, Kristen Stevens '97: We stay in and gamble with our RA.

Lauren Gradante, Julie Camardo, Kristina Ponte, Hillary DiCarlo, Caitlin McGrath '97: We get out of the cold and head to Olds!!

Kristen Dykeman '94, John Bussolari '97, Michelle Madison '94: We keep thinking about sea, sand, and sin in the Bahamas!!

Sean Kehoe, Mike Bean '94: Sean - I'm going to visit the sis in Ft. Lauderdale. Mike - I just keep thinking in two weeks I will be in the Bahamas!

Andy Hueser, Bob Ryan '95: We make it turn yellow!

David Forsyth, Tom Coffey '95: When our kegs run out, we serve yellow snow.

Dina & Sue: We keep fantasizing that in a mere week we will be in the Bahamas as these sexy Radcliffe men model their Speedos!!
CATCH THE WAVE
BEGINNING THE SUMMER OF 1994

WHAT: BECOME ONE OF THE TWELVE STUDENTS SELECTED TO SERVE AS THE PIONEERS OF THE FEINSTEIN INSTITUTE FOR PUBLIC SERVICE'S NEW PILOT PROGRAM

If selected you will work along side community leaders, students, and faculty to help inaugurate a unique and exciting academic program in public and community service.

The pilot program consists of a six-week summer program to prepare students and faculty for the 1994-95 academic year.

WHO: STUDENTS WHO ARE READY FOR THE CHALLENGE!

* Interested in public or community service?
* Are you a dedicated student?
* Do you have good communication, leadership and organizational skills?
* Are you actively involved in extracurricular activities?
* Have you achieved recognition from peers, teachers, and/or community?
* First year students, sophomores, and juniors may apply.

WHY: YOU CAN MAKE A DIFFERENCE! SAY YES TO CHANGE!

* Pilot students will receive a $1200 summer stipend!
* Room and board will be provided!
* Earn six academic credits!
* Participation in the program will be mentioned on your transcript!
* Gain significant experiences in service learning and leadership that will enhance your future in whatever career you choose!
* Make great community contacts for future referrals!

HOW: ASK AT THE FEINSTEIN INSTITUTE IN MCDERMOTT HALL!
GET INVOLVED!
* Applications are available at the Feinstein Institute in McDermott Hall Rm.10.
* Come to the informational meetings! (Dates and times will be posted)

DRUNK DRIVING DOESN'T JUST KILL DRUNK DRIVERS.
Nicholas Esposito, killed Oct. 13, 1993 at 8:25pm.

Next time your friend insists on driving drunk, do whatever it takes to stop him. Because if he kills innocent people, how will you live with yourself?

FRIENDS DON'T LET FRIENDS DRIVE DRUNK.

PC Super Savings

$1.00 OFF ANY MEDIUM RONZIO PIZZA
Free Delivery on orders of $6.75 or more.
This coupon cannot be used with any other promotional coupon, special, or offer. Only one coupon per pizza. Valid at participating locations only. Prices may vary.

Medium Special
2 Medium Cheese Pizzas only
$6.99 plus tax

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Free Delivery on orders of $6.75 or more.
This coupon cannot be used with any other promotional coupon, special, or offer. Only one coupon per pizza. Valid at participating locations only. Prices may vary.

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Wednesday, March 23

Watch for Details!!

Spring into Service

by Julie Shea '95
PSO President

The Pastoral Service Organization is in full gear for Spring Semester 1994. We are very excited about the events that we have planned for the semester!

We would like to thank everyone for their generosity in the collections and the Skip-a-meal program. PC students donated $310.73 to benefit victims of the California Earthquake. On Ash Wednesday, $1,750 was raised through the Skip-a-meal program. Thank you to all who so generously gave of themselves!

During the Lenten season, collections will be taken up every weekend at every Mass. The beneficiary of the collection will be announced at the Mass. It is through your generosity that others will benefit. Thank you again.

What are your plans for Spring Break? This year 36 PC students will be going to West Virginia and Ohio to work with Habitat for Humanity. Habitat for Humanity is committed to eliminating substandard housing. PC students will be working with members of the community to build houses.

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Minutes from the February 28, 1994 Student Congress Meeting

COMMITTEES: Ethics, Melissa Silva reported that anyone that did not show up for Peaceful Coexistence distribution last week must help out on Tuesday at 3:30. Legislative Affairs: Chris Caruso reported that there will be one new resolution introduced under New Business. Clubs and Organizations: Katie Griffis announced that only two out of seven clubs showed up for the last chance meeting on Thursday. She will be working with Chris Caruso and the Executive Board to draft legislation to deem these clubs inactive.

NEW BUSINESS: Chris Caruso introduced Resolution SS-02.44 concerning the Asian Culture Club. "Whereas the Asian Culture Club be renamed the Asian American Club to better suit its purpose. Be it hereby resolved by the Student Congress of Providence College, sitting in session on February 28, 1994, that the proposed name change be accepted as the club's standing legislation.

BOARDS: BOP: Alison Lent reported the events for the week: Monday - STUDS in '64 Hall at 7pm. Free admission: Tuesday - Coffeehouse in Sidelines; Thursday - Movie "Rudy"; Friday - Over 21 pre-Spring Break event in Sidelines 6pm. Residence Board: Christy Commer announced that she and Bill Mechlan will be meeting with Fr. Tortorici about the alcohol policy and how it is affecting the dorms. She also reported that the alcohol policy is the same, it is just the sanctioning that is different.

CLASS REPORTS: '94: Jim Kane thanked everyone for their help at 94 Days. '95: Kristen Gallagher announced that there will be a Class Night Friday, March 4 from 6:30 - 12:30 at a secret location. There will be dinner and a DJ. Tickets are $15. '96: Kristina Grace announced a Class Night on Friday, March 4 from 8:30 - 12:30 at a secret location. '97: Michael James announced that the Class ski trip is this weekend to Sugarbush, VT. They will leave at 5:00.

GENERAL DISCUSSION: The first issue discussed was Patrolwoman Kessler's proposal for a student Neighborhood Watch. John Rea expressed concerns about the safety of the students who would be working the patrol. Kristen Gallagher expressed concern about the safety as well because of the fact that Officer Kessler said that she did not know whether or not she would do it as a citizen. Ken Krilla thinks that this needs to be rethought. He also pointed out that there will be more people living on campus next year than in past years. Kevin Mulvihill pointed out that it would be very hard to get people to patrol in the middle of the night. Andrea Cano suggested that we work together with the Eliminant Coalition. Ted Giblin thinks that the whole thing is a bad idea because too many people hurt off campus already. A vote was taken and the majority of the people thought that this program would not work.

The second issue discussed was Alcohol Awareness Day. The following suggestions were made: Warning system needs to be implemented as a part of a policy. We need more co-ed residence halls on campus. This would alleviate some of the problems because people would not have to go to parties or bars to meet people of the opposite sex. There should be a motivational speaker. It should have been geared more towards underclassmen because they tend to drink more than 21 year olds. One day of lecturing will not change the people who have the real problems. It was not smart to start at 1:00 because this encouraged drinking the night before. Drinking is a societal problem which affects the teachers as well as the students. There should have been more interaction and not two separate sessions. There should be a bar on campus. By prohibiting drinking, it makes people want to drink more. Peterson and the library should be kept open later on the weekend nights. For example, people could go and play basketball on a Friday night instead of going out drinking. Also, the library should be kept open later during the week. This campus is hard to leave even after studying because of this.

Latin American Week March 21-25
Everyday mass will be given in Spanish at 11:35 am
Tuesday March 22 Lenten Reflection and movie "Romero" at 7:30 pm in Raymond Lounge

Winner of the Portuguese Club Raffle
1st Mat Carlos
2nd Lori Neri
3rd Lee Tedesco
4th Shannon Coleman

Due to the lack of interest and weather reports both the Class of '95's "Spring Fling" and '96's Class Night have been cancelled.

Congratulations 1995 Commencement Core
Chairperson: Jeanne Labanara Formal: Meg Sheehy
Semi - Formal: Alissa Murgia
Special Events: Kate Griffiths Jen Montagula
Baccalaureate: Adetola Abiade Entertainment: Melissa Fox
Photography: Dana German Video: Chris Banworth
Publicity: Lauren Cosgrove

Congratulations and Good Luck

'97 Update
by Michael James '97, Class President

Second semester is almost half over, and Spring Fever is coming as we get ready for Spring Break. Personally, I'll be spending break lying around in warm... not in the Bahamas however, but in my living room on the couch with the wood stove roaring. For those of you who are going away have fun and think of me often.

Already, this semester has been a successful one. We have already sold sweatshirts and more have been reordered. Keep your eyes and ears open for information concerning sales.

The Snowball was a successful event highlighted by the six hundred freshmen who attended. Ulysses, our DJ, wants to thank everyone who made his first visit to PC memorable.

This weekend 45 freshmen will travel to Sugarbush, Vermont for the Class Ski Trip. The weekend should be a great one for all involved. For those of you who are interested in any future trips, look for one coming sometime next semester!

Finally Alcohol Awareness Day was held and I think students came out of it with mixed emotions. What exactly did you think? Some concerns included the fact that drinking at bars or clubs is one of the only ways to meet other people. Maybe if we had more co-ed dorms, meeting we need to have our hands held through college then this might as well be grade 13. We must be able to use our own judgement and demonstrate responsibility in decision making. We must be able to learn from our own mistakes and realize what things can really affect us if precaution isn't practiced. So we have several points here to consider: first, the administration has to see our need for change, and second we must be responsible for our actions and learn from our mistakes instead of being ourselves for future experiences.

What about the rest of this semester? Well, we have several events in planning for our remaining weeks here. Be sure to support your class as we get ready for fantastic future years.
Welcome to the real world. Not the real world of MTV, where hip, young people live together in an apartment for which someone else pays the rent, leaving them with plenty of free time to expound upon pressing social issues. This is the real world of Universal Picture's Reality Bites.

The film, starring Winona Ryder, Ethan Hawke, and Ben Stiller, centers around the essentially weak story of a group of college graduates living out the woes of job searches and rent anxiety in a Houston apartment. Winona Ryder plays Lelaina, an aspiring film producer and valedictorian of her university who, when times are hard, can live pretty ingeniously off of her father's gas card. Much of the story is told through glimpses from behind her video camera, with which she tries to capture everything from her post-graduation talkfest to her best friend's visit to an AIDS clinic. At the beginning of the film, Lelaina gives a graduation speech railing against the BMW-driving white collar establishment. Soon after her father gives her a BMW as a graduation present. Such are the innuendos of reality. The two objects of her affection, Ben Stiller (who also directs) and Ethan Hawke are, respectively, a realistic, slightly unhhip man already initiated into the world of a steady salary and a struggling musician who is intelligent, cynical, and, alas, too lazy to keep a job. Enough said about the plot.

Because Reality Bites does not promise a deep, hidden meaning, no one can blame it for failing to deliver one. It speaks to and about a generation of twenty-something college graduates, and it speaks in a voice that is clear and natural. Stiller's direction, though at times almost too close to obvious ad-lib, captures the awkwardness and uncertainty of today's young adults. The soundtrack, featuring artists like The Juliana Hatfield 3 and The Posies, is well worth a listen. The characters, if they are types, are believable types. The acting is fresh, and the dialogue is snappy.

Reality Bites doesn't scream, "Yes! There is some sort of life after college!" It doesn't build a lot of suspense, and it doesn't ask or answer burning questions. But it entertains. It is funny, and, at times, wittily. It doesn't solve the problems of a generation of young Americans. But it makes a reasonable and wholly enjoyable attempt at recording the attitudes that define it.

You So Crazy!

Being a fan of Martin Lawrence, I will apologize early on for this impulsive article. Martin Lawrence has his own sitcom on Fox TV, Martin, which I am sure many of you know and I hope many of you love. I first started watching Martin early last fall and I think he is a blast, a modern day Lucille Ball. Martin, to me, is good clean humor. Shanane is a mighty fine impression of women of the nineties, a woman with an attitude. He also displayed women in relationships and men's view of them with his on stage love affair with the ever so beautiful Gina. With all the joking, silly body movements and unique impressions Martin never fails to leave me with one of those pleasantly painful stomach aches from constant laughter. Like I said, Martin is good, clean humor and he is.

Over the long weekend I saw the Saturday Night Live which Martin Lawrence hosted. The pedestal I had put him on was nearly shattered by a million dollar show which had not been on for five minutes and he had to. Embarrassed every adult was sitting in the room with me, including myself. Mainly Martin gave America his feelings on how women wash. He expressed his disgust with our lack of using feminine hygiene products in order to be extra fresh in preparation of being kissed all over by a man's man like himself. Now, don't get me wrong, I am not offended because I am a woman. I am offended because certain things are just not appropriates for national television. If I was to be watching cable I could not object to his language nor his choice of discussion but I was simply expecting the normal slapstick humor I usually see during SNL. Martin seemed to step over a line; a line his character fully respects.

To my further dismay, I learned that this vulgarity is a minute aspect of a full blown stand-up movie in which he lets everything fly. You So Crazy! is the name of the film and Martin Lawrence made it clear in a press conference I saw on HBO that his audience should be ready for some crazy, deranged "humor." Disappointed can not even describe my reaction, but I do have to make a confession. Martin Lawrence just has a way about him and speaks with certain truth that one can not deny of himself of watching. Martin is still a talented actor and comedian I would like to see the big screen and he makes me a little nervous. You So Crazy! is the name of his film which has made it official that Martin Lawrence has gone from sitcom to stand-up. The question is will I still be laughing at the end of it all.

You So Crazy!

by Cyndi Castello '95
Assistant A&E Editor

RELEASE ME!
CMJ's Report of Upcoming Album Releases

March 1: Beck
March 22: Morrissey, Bonnie Raitt, The Farm, Primal Scream, The Charlatans
March 25: Phish
April 12: The Pretenders, Live, My Bloody Valentine
April 19: Indigo Girls, King Missile
April 26: Sonic Youth
April 27: The Church
May 11: Siouxsie & The Banshees

CMJ New Music Report's Top Ten On Top

1. Ramones, Acid Eaters
2. Lemonheads, Come On Feel The Lemonheads
3. Spinanes, Manos
4. Jawbox, Savory
5. Cowboy Junkies, Pale Sun, Crescent Moon
6. No Alternative
7. Pearl Jam, Vs.
8. Nirvana, In Utero
9. The Breeders, Last Splash
10. Tori Amos, God

APARTMENTS

Lupo's Heartbreak Hotel
presents
Buffalo Tom
March 11

APARTMENTS

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1st, 2nd 3rd Floors

New Kitchen: New Cabinets, Stove, Refrigerator and Dishwasher
New Gas Baseboard Heating & Hot Water
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March 3, 1994
Shawn Colvin Shares The Stage With Jackson Browne

Bernadette Bleichert Asst. A&E Editor

Lupo's Heartbreak Hotel let loose another fabulous concert starring Shawn Colvin just a short while back on February 16th. "Up for a Grammy, which will be aired before this article is released," Shawn Colvin has been nominated for top female vocalist. As far as I am concerned, she has won. According to Shawn though, "It's not whether you win, it's what you wear." Her personality added to her incredible talent and made the show a real hit with the audience. She was quite humorous, as she told stories about her visit to the White House and her comedic encounter with President and Hillary Clinton and their cat Socks, whom she loved. Although she was ill with a bad sore throat and cold, she worked her way through it by talking to her fans in between songs. Shawn was a funny lady with a lot of spark. It amazed me when she stated that she was 38 years old. Her attitude and appearance made her look much younger.

The atmosphere that Wednesday night at Lupo's was unbelievably relaxing and calm. The club set up rows of seats in a semicircular fashion around the stage, and beyond that everyone stood in the back to catch the show. One of Shawn's best numbers was her extended version of "Polonoidy," which is a favorite of mine. She also sang her more popular tune "Round of Blues," along with one or two songs off her new album. However, the most exciting part of the concert was when Jackson Browne, who had a show that same evening at the Providence Performing Arts Center, showed up for a surprise visit. Shawn had already left the stage, and when she came back for an encore, he ran out onto the stage to sing "Tenderness on the Blocks" with Shawn. Strangely enough, she spoke about how much she liked Jackson Browne and how he happened to be in town too. Then, out of no where, he flew out and began singing a duet with her. The audience went crazy after their first song, so they did a couple of more together. It was a perfect finale to an excellent night.

If you have never heard of Shawn Colvin, I hope this article sparks your interest to go out there and listen to her music. She has amazing talent, and from what I witnessed at the concert she is just an all around fun person. Sick and all, she sang for over 2 hours, and made the show a memorable event for everyone!

WDOM night at Club Babyhead featuring Blueshift Signal with The Urge $4.00 with a PC ID Doors open at 8 p.m.

Delectable Desserts

The following recipes were taken from Better Homes & Gardens, Meals In Minutes

Mocha Dessert
1 3 or 3 and 1/2 ounce packages of vanilla pudding
1 teaspoon vanilla
1 teaspoon instant coffee
1/2 cup of semi-sweet chocolate pieces
flaked coconut
Prepare pudding according to package directions and add vanilla. Divide in half. To one half, add the instant coffee and chocolate pieces, stir to dissolve. Spoon the pudding into sherberts, alternating layers. Trim with coconut. Chill thoroughly. Makes 4 servings.

Angel Cake with Coffee Cream
1 package angel cake mix
2 cups whipping cream
1/2 cup sugar
1 1/2 tablespoons instant coffee
Beat together cream cheese, sugar and vanilla till smooth. Fold in whipped cream. Pour into pastry shell. Add almond extract to cherry pie filling and carefully spoon over cheese layer. Chill till set.

New!
Introducing Ronzio's
Steak Sandwich

Ronzio Sub Station

Free Delivery!
Call Now!
8-2929
**Over 21 Presents:**
**A Beach Party!!**
**Friday, March 4th**
**5-9 p.m.**
**in Sidelines**
*Tickets are on sale NOW in the BOP office for $4*
**Free door prizes for the first 50 people!**
**Free raffles with great prizes!**
*Cameras, walkmen, film, and all other essentials for Spring Break!*
*Live Entertainment!*
*Free food!*
*Beer with proper ID*

Deby Pasternak Returns...!

The following review is reprinted from the December 1, 1992 edition of the Boston TAB and was written by TAB Staff Writer Andrea Strickman.

Although the Boston music scene is loaded with good talent, a new face comes along every once in a while that makes you prick up your ears. This happened recently when Deby Pasternak opened for rockers Letters To Cleo.

Pasternak does not crowd the stage with a band, it's just she and a stool to sit on, a guitar to play and some of the finest original acoustic blues this side of the Delta.

Originally from Connecticut, it wasn't until moving to Los Angeles for medical reasons that she began writing songs and playing gigs. "When my arthritis flared up three years ago, I was nowhere in my life," she says. "I was convalescing, I had nothing to do in L.A. except start my life..."

And she did. Pasternak's music is not really folk, but as she has never really studied the blues she has a hard time with that description as well. In fact, her performance style and voice are reminiscent of Boston favorite Patty Griffin.

Pasternak hopes to build a following in Boston while attending Berklee College of Music. She shouldn't have too much trouble.

**Tuesday, March 8th**
**Coffeehouse Presents:**
**Deby Pasternak with cookie dough!!!**
**9:00 p.m. - 12:00 a.m.**
**SIDELINES**

**BAHAMAS UPDATE!!**

**A MANDATORY INFORMATIONAL MEETING**

will be held on Tuesday, March 8th in Alumni Hall at 8:00 p.m. All tickets and flight information will be handed out!!

*Note: Friends cannot pick up your tickets for you! You must attend yourself!!*

Traveller's Cheques from Rhode Island Hospital Trust will be available in Student Services / Slavin Rm. 204 on Wednesday, March 9th and Thursday, March 10th from 1-4 p.m.

*You must pay cash!*

*There will be a 1% charge*

*The minimum amount is $100!*

**Social Presents:**
**Tuesday, March 8**
**Fun Flicks**
**in lower Slavin from 10:00 a.m. - 4:00 p.m.**
**Come and star in your very own rock video!!**
**FREE!!**

**Entertainment Presents:**
**Thursday, March 24th**
**Battle of the Bands!!**

**Time of this event TBA**

'64 Hall
**FREE**

**Film Presents:**
**Carlito's Way**
**Sunday, March 6th**
**7:30 and 10:00 p.m.**

'64 Hall
**$2**

**Shag**
**Thursday, March 10th**
**8:00 and 10:00 p.m.**

Moore Hall
**FREE Admission!!**
March 3, 1994

Feautes

Hold On...I Have Another Call

by Bridget Hughes '96
Aust. Features Editor

When Providence de-
decided that it was a
must to install a voice mail sys-
tem, everyone was ex-
plained about how hard
it was to figure out, and
what an annoyance it was
to have. But now that
its all been figur-
out, there haven't
been that
many complaints. So,
that voice mail, it got
me thinking. Our society
too much involved with
the on the phone. Ha! If
my mother could hear me
now. I am the queen of
the phone, the chief
of long distance
phones, the lone
the whole long
distance
always gets turned
off, the
girl in the call
forwarding system.
But, haven't you
noticed this? Has
maybe, we gone a little
crazy with phones,
computerized
phones, and everything
even more along with it.

Do I get off the phone?
Maybe I should just ignore
the beep. But I never
could get to a ringing phone,
and that wouldn't be fair
to my roommates.
And whatabout
if someone calls me long
and far, and my line
beeps? Isn't it rude to
put someone on hold,
when the call is on
their bill? Feel confused
yet? I sure do. I'm really
not sure what to do.
Calling waiting is called
something like "nude beep,
"or "like friend X, better
friend Y". Have you ever
been on the line with
someone and thought
beeps and they get off
with you to talk
to the other person? It's all
very rude.
Moving on to Computer
Voices... When you call
a system like an airline or
a huge business, the computer
voices that answer the
phone are not always
convenient for all
involved. However, maybe I
just a little sick of pressing 1
to say
that I am calling from a
touch-tone, pressing 2
to enter the system, and the

# sign to verify that
everything I press.
Let's take
American Airlines. Say
you want to change
time 400 num-
ber just to find out
about flights or fares. It's
much easier. First
you have to enter the
system by pressing 1,
and then press
for
flight arrival. Then,
you have to enter the
first 4 letters of the
city from which the
plane departed.
So, let's say you depart from
Dallas, Texas. You have
to press 5295 for "Dall".
Next, you have to press the
4 letters of the
returning city, so you
press 2678 for "Best".
Finally, if you are
lucky enough, you
might get an actual
Human.

The Talking Computer.
Have you ever been at home
expecting an important
phone call when the phone
rings, and you answer it:
"Hello?" There is silence.
You try again..."Hello?"
Finally another second later a
voice comes on. "Hello. We
have reached the XYZ busi-
ness. I am your annoyance
for the day, and I can
drone on and on, and you can't
talk back." True, but I
can hang up. Click.

Speaker phone. My
father has an annoying
habit of calling me from
work, on the phone. He
only can't hear him because
of the static, but I also feel
end of the line, it is
impossible to hear over
his office. My best
friend also has a speaker
phone in her kitchen. When
she calls me, she does so
and answer it in the home.

Mission...Ambassadors

by Jen Siebbs '94
Features Writer

Being involved with
different clubs and or-
ganizations and having
to decide which one you
might not know. But
fill you in on any
missing details. The
Admissions Ambas-
dors Program at Prov-
idence College has
existed for at least the
last few years, and it
ever involves approxi-
mately eighty members
of our student body.
Under the guidance of
Susan Wray, the
program's purpose is to
"aid the Admissions
Office in the promotion
of Providence College
by welcoming all prospec-
tive students and their
parents to PC and shar-
ing with them informa-
tion about the college."
Ambassadors do a number of things to bring students to PC.
The eight major activi-
ties up by the PC
are as follows:
Day Hosting: Any
student and family
visiting PC and wants
to experience a day here
can be paired up with
any Ambassador who
will host them for a day. The
Ambassador takes the prospec-
tive student to his/her
classes and to lunch at
Raf Café (on PC's tab of course).
The students are paired with
PC students according
to their interests and likely
majors. Hosting an
interested high school student
is a great way to spend half
of your day, and it can be
a lot of fun.

Overnight Hosting: Any
Ambassador who partakes
in this program is able to
be a prospective student
for any night, Sunday
through Thursday. That
student will enjoy a
delicious dinner at
Raymond, a "typi-
cal night" on campus
(hang-
ing out, movies, game
room, coffeehouses...)
and the
following day will include
classes with his/her
ambassador.
Oftentimes, there are group
overnights and during these
visits of forty or more stu-
dents, various activities are
planned by the Admissions
Office.

Letter Writing: Every
Tuesday, from 3:00 to 4:00 p.m.,
Ambassadors meet to
write letters to high school
students who have shown
an interest in PC. I've even
had someone call me due to this

When the student with
her whole family is in
the kitchen. Of course she
picks this time to bring up
last night's embarrassment.
All members are not
are we that lazy, that we
can't even hold a phone
in our hands.

Beeper... Doctors need
them, police need them,
maybe even some business
people need them. But
do kids need them? I know
a girl that went to high
school with who suddenly
turned into a social butterfly
last summer when she
started carrying around a
beeper. She knew when the
latest party was, who was
dating who, and knew
where everyone in town
was at every minute of the
day. Is this necessary? She
is so worried about missing
calls, she feels that is urgent
to carry around a beeping
device, so people can reach
her. Ridiculous.

Is there no end? Is
there no time
when you're
got to the point where it is
so hectic that we must
answer every beeping
to other such annoyances?
Any day now I will call
and hear, "Hello DMU.
We have reached the Hughes
Professor, Dad, press 2 to
talk to mom. Oh, and if this is
our daughter, hang up and don't
call back." Yes, it seems that
computers are the answer
to our future as well as the
easy way out.

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SUN AND BEAUTY...
A Always Get The Best!...Always Hot Beds & Friendly Service!
Is Anybody Out There?

by Vera Schomer '96

Features Editor

March 3, 1994

The Cowl 18

Top 10 Reasons Why Not to Go Away for Spring Break

1. You became so alcohol aware from Alcohol Awareness Day that you decide to go on a week long seminar to learn more about the dangers of drinking.

2. There are so many other things to do - like term papers that are due the day we get back to school.

3. Why spend $500 to go to a warm climate, when you can spend $5.00 to go to a tanning booth?

4. You will miss out on all the sights of an exotic place anyway, because you will be too busy sleeping from sheer exhaustion, and recovering from mono and the flu.

5. You would rather spend time with our parents for a whole week.

6. It is a break away from annoying friends that you would otherwise go away with.

7. You can't get enough of the weather in the North-east.

8. $500 can be better spent paying for tuition.

9. You are saving your money for the Save Tonya Fund.

10. Because you ate an entire Ronzio's pizza last night and you can't fit into your bathing suit.

The Samaritans always needs caring volunteers for our 24-hour Suicide Hotline.

For information call 272-4516
Millennium Approaches

by Tina Kloet ’95
Ass. Features Editor

Angels are everywhere. Books, movies and plays are filled with these magnificent, lovely angels and prophecies of judgment. People give and receive angelins pins as gifts. Why this sudden obsession with seraphim, cherubs and the future of mankind? Well, as Tony Kushner so aptly titled his play, there are Angels in America: Millennium Approaches. In six years, it will be the year 2000 and people seem to be questioning what the world has become.

The environment is sacrificed not just by greedy businesses, but by people who have come to see disposability as a necessity. Plastics and toxic wastes infect our land, poisons enter our bodies. The ozone layer that protects us from the harmful rays of the sun continues to thin, while the rain forests that could replenish it are being ravaged, or...OR...GEE!...I hurt.

On the other hand, the environment is not the only thing that is being abused and neglected. People hurt each other too. People with AIDS are blamed and shunned. While Tonya Harding and Nancy Kerrigan haunted us daily through the Winter Olympics, a man died of AIDS. Randy Shilts was a gay man who left behind a loving long time companion. He was also a brilliant writer. Mr. Shilts was the first openly gay man to write for a major newspaper. In his writing, he did not deny who he was. In fact, he was the first reporter to talk about the disease that was killing young, otherwise healthy gay men. He did this despite warnings that it would ruin his career. His book, And the Band Played On traced the history of AIDS. It was later made into a HBO movie with an all-star cast. In the midst of the most successful part of his career, Randy Shilts died. A few days after I learned of his death, a friend mentioned the BOP sponsored trip to see the AIDS quilt. He laughingly stated that there wouldn’t be much to see. I gritted my teeth, but to my silence, nothing. Have people grown so cold toward each other that the association of sexual orientation with a disease could make them so insensitivity to suffering and death? It’s hard to understand. Instead of uniting to stop the dying, fingers are pointed at the victims. They are told that they are being punished by God. Maybe God is looking down, frustrated, as he thinks about the forgotten words of his Son; Love one another.

It’s Lent. Look around. Things aren’t so good. The environment and the people who live in it are being neglected and mistreated. We are the ones who foster hurtful, negative behavior. Through our actions and through our silence, people are isolated and rejected. It doesn’t have to be that way.加拿大

If you are the person this season is about and change is what is needed. Before angels crash through the roof of our lives, we have a responsibility and a reason to act. If we don’t...well, millennium approaches.

More Babble By Bunnell

by Mat Bunnell ’95
Features Writer

Hello, boys and girls and welcome to the rambling, rambling, stumbling, bumping, perverted, psychotic, insane world which I call home. If you have a heart condition or are the male gender as a whole, then I suggest you stop reading, now. This is one class, on the throne (is there any better headrush than sitting on a toilet in the middle of winter? Wooooo!), or anywhere else just remember...this is a don't-tongue-in-cheek, it's not supposed to be serious. With that in mind.

If two company's and three's crowd (as well as winky) then what if you’re all by yourself...hmm? (Three’s Company TV show theme in the background): "Go and lock up the door...good times when I was young when the motions are hers and hers and his...Five’s Company TV show theme in the background): "What about four? or five? Or...OR...GBE...I don’t know...Vanilla for (Play that awful music, White Boy) is trying to attempt a comeback...boy, is this S.O.B. a glutton for punishment or what? Ruiner is he going to be the spitting image of one of these new "Ice" beers—...STOP, collaborate and listen, Ice is back with a brand new invention...When I’m right in my 5 point O I reach for the one that’s 5.5% alcohol...Yes...when my woman is asking me what I’m drinking I tell her Ice, Ice Baby! Drink it, word! — Big Lie Over South— don’t Lie Over South...<— Spring Break break alert, Spring Break alert...only eight days left! WHOOOOOOOOGGGGHHHHH, Sex, drugs, and rock and roll, baby! It’s on everyone’s mind and why the hell not. A common goal of many who I’ve talked to is to make a trip to the nude beach (Whoohoo! Then my butt) but before you go off the handle there, think to yourself, ‘Do I really want to hang around with my friends naked?’ — Problem. A lot of people on this campus tend to fall madly in love with someone without really knowing that much about them (they’re mean, smelly food people, wearing a metal plate in the head, etc.). The name of this problem: Premature Indecision (Person: I used to have that problem. Other person: How did you get rid of it? Person: I just thought about baseball). — If you see me a smirking, it’s because I have a Pearl Jam tickets...goodbye, God bless...and until next week.
**Insomnia: Is it Keeping You Awake?**

by Beth Brezinski '94

Features Writer

Are you having trouble getting to sleep? Is your sleep constantly being interrupted over the course of the night? It may be more than just your body not feeling tired; you may have what is known as insomnia. What is insomnia? Webster's New World Dictionary defines insomnia as an abnormal inability to sleep. Many people suffer from this particular sleep disorder but a lot of people don't even realize what it is and what causes it.

There are several types of insomnia according to Collier's Encyclopedi.a. They are: difficulty falling asleep, difficulty staying asleep, and early awakening. The first of these is the most common. If you are experiencing this problem regularly, there are a number of causes related to insomnia. Among these are: emotional upset, conflict, or a medical illness. Indulging in caffeine can also cause insomnia. Caffeine is in coffee, tea, and soda. Chocolate also contains caffeine so that could be a factor as well. Another reason is that you may be falling asleep is that the room is too warm or cool. These two factors can be used to help induce sleep. However, they can become addictive and may not be the best solution for you in the long run. Many times the effect is merely psychological; because a person takes a sleeping pill, they expect to fall asleep, therefore they are more relaxed and the body is able to experience sleep quicker and easier just by thinking that using a particular product will be the answer.

Things that may help without the use of sleeping aids get ranging from a little extra exercise to regulating the temperature of the room you sleep in. For many including myself, exercising is a great way to insure a better night's rest. Because the body is exerting energy you should feel less energetic later on at night resulting in the body's need for rest. Do not exercise close to the time you plan on going to bed though exercise is also a stimulant because you get the heart pumping and the blood flowing. You should exercise several hours beforehand.

You could also try drinking a mug of warm milk with or without bananas, try different pillows to see which one suits you best, make sure the mattress you sleep on is the right softness or firmness for you. You may want to adjust the amount of light coming into the room. Light stimulates the retinas of the eyes and inhibits sleep whether your eyes are open or shut. Noise can obviously affect the way you sleep and can change the temperature and humidity of the room. Ideally, the heat in the room should not be more than 60 degrees at night because having the heat too high can cause you to get sick as well.)

Some people I know can name the day on which they are going to bed on the day or even the time. One of these is me. I actually try as much as you can to avoid naps during the day. The more energy you use up, the more your body will need to replenish it during the night.

I've read that true insomnia that needs specific medical attention is actually rare. Try some of the above remedies and see if they help. You may just need to stay up a little later at night instead of going to bed at the sign of the first yawn. You may also find that giving up that late night cap of coffee or hot chocolate will do the trick. However, if the problem persists and you can't detect any new factors, you may want to check with a doctor just to get a professional opinion.

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**Don't Miss The Bliss To Kiss A Swiss Floor.**

by Urs Obst

Contributing Writer

Stop! - this article does not deal with underwear; it is written for tourists or whoops! If the headline of this article has intrigued you to expect one more worthy comment about your college problems, I am sorry and refer you to some other articles in this respective edition of The Cowl. No, this article wants to make you aware of the fact that college life can have at least one truly difficult decision.

I have had countless experiences during my year at Providence College. This is probably how I will start to answer the questions of my friends in Switzerland about my exchange year in the United States. And the experiences are manifold. But do not want to bother you with the impressions I got here, for they have been perceived with a critical background that you may not understand first sight, unless, you know how the life in Switzerland is like. Well, it is not only banks, Alps, chocolate, cheese or the army-knife. It is much more! The 7 million inhabitants on 16,000 square miles seem to be a very small number I guess, but a variety of four national languages of innumerable regional and local customs makes the country very interesting. Contrary to a wide-spread opinion here at PC, the capital of Switzerland is Bern and not Stockholm. Only thirty minutes (by train) away from Bern is Fribourg. As Providence is the capital of Rhode Island, Fribourg is the capital of the (Swiss people name it) Kanton of Fribourg and that is probably the only similarity that the two towns share. Fribourg is a bilingual town with a partly French speaking, partly German speaking population of about 32,000. If you want to get an idea of how the town looks, you only have to blow down your race from one class to another and look at the picture in Harkins Hall 3rd floor. What you see is not what you get, but what you get is what you visit. In other words: Do not only think about how neat this picture is, try to imagine yourself there. Not as a tourist, mind you! You can do those superficial group travels when you are 72 years old! Think about yourself living there as a student. Providence College is maintaining an exchange program with the University of Fribourg which you enable to spend a year in a strange and challenging as well as interesting country. Among the students who went to Fribourg last year can assure you. Some of them even want to go back and work there. To study abroad is probably the best experience you can have during your education. I speak out of experience. It is more than the fun you enjoy in your established surroundings. It is the adventure to integrate into an unknown society where your family and friends are not around you all the time. You have to arrange your life on your own initiative. This adventure is the special chance you have only once, namely your junior year at PC. I am speaking about Fribourg, of course. So do not hesitate to see James Flanagan in Harkins 342 and get really not only to have a good time, but to have the time of your life! Believe me freshman students, you will soon forget the Super Bowl of 1996, but you will never forget the winner of the "Eidgenössischer Schwingfest 1996" when you have seen the life action.
Eddie Vedder Chronicles Vol. 4

The Dieries of Eddie Vedder by E. Vedder

FRI, FEB 18-SAT, FEB 19: Beau

SUN,FEB 20: With Monday
off for Pres. Day. Decide to
drink. Got drunk.

MON,FEB 21: First class on
the night until 10:30. So drunk Monday.

TUE, FEB 22: Classes done
by 2:15. Begin drinking by
2:30. Since the big day off
is tomorrow.

WED, FEB 23: The Big Payoff.
Drank in the morning. Skipped
school. Met a girl. Went
to Brad's. What a blast.

THU, FEB 24-SAT, FEB 26:
Decided to round out the
week by more or less staying
drunk for weekend.

In conclusion, God bless 
long live Alcohol Awareness Day!! I realize now that
after this week, I'm more
aware of alcohol than ever.

AS YET ANOTHER
FASCINATING SPEAKER
HELD THE CROWD ON
HIS EVERY WORD...

HE KNEW HE
WAS BEGINNING
TO REACH THEM

SHUT UP

Zzz Zzz

HE MIGHT EVEN CHANGE
A COUPLE LIVES...

GREAT SEATS,
MORE PROPS
RIGHT UNDER
THE BLEACHERS

PROBABLY NOT

FROM THE SPORTS DESK by CTP '94
AS GRAMMY TIME ROLLS AROUND, KEEP
AWAKES THEIR AWARDS..GO HEMP, SUN!

BRIGHT

TED

Ms. MODE OF CANADA 1994

AND THE
GRAMMY FOR
THE NEW
ARTIST (GOT IT)

LITTLE DID MILLIE KNOW THAT THE EVENING WEAR
COMPETITION WAS OVER...
BIG EAST
MEN'S BASKETBALL

STANDINGS

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Games Remaining
Saturday, March 5
St. John's at UConn (CBS) 2:00 PM
Boston College at Providence 8:00 PM
Miami at Villanova 8:00 PM
Pittsburgh at Seton Hall 8:00 PM
Sunday, March 6
Georgetown at Syracuse (CBS) 2:00 PM
Monday, March 7
Georgetown at Providence 7:00 PM

SENIOR NIGHT
Hockey East Action

PROVIDENCE COLLEGE FRIARS

VS.
BOSTON UNIVERSITY

Friday, March 4 7:00 PM
Bob's Stores T-Shirt Night
First 1000 fans get a free T-shirt courtesy of Bob's Stores

WHAT'S HAPPENING?

This Week In Providence College Sports

Friday, March 4
Men's and Women's Swimming at ECAC Championships (Yale University) 10:00 PM
Women's Track at ECAC Championships (Princeton University) 7:00 PM
TBA

Saturday, March 5
Men's Track at ECAC Championships (Yale University) 10:00 PM
TBA

Sunday, March 6
Women's Basketball vs. Boston College in Big East Tournament (6 UConn) 7:00 PM
Men's Ice Hockey at Boston University 8:00 PM
TBA

ALL HOME GAMES IN CAPS

1994 Big East Women's Basketball Tournament
Gamperl Pavilion (University of Connecticut)

1st Round  March 4  Quarterfinals  March 5  Semifinals  March 6  Finals  March 7
FRIDAY  SATURDAY  SUNDAY  MONDAY

#3 Pittsburgh  1:00 PM
#6 Miami  2:00 PM
#7 Villanova  3:00 PM
#10 Syracuse  7:00 PM

#4 Providence  6:00 PM
#5 Boston College  2:00 PM
#1 UConn  4:00 PM
#8 G-Town  8:00 PM
#9 St. John's
It's Tourney Time!
Big East Tournament Awaits Lady Friars

Women Take 6th, Men 9th at Big East Championships

This past weekend the Big East Swimming and Diving Championships took place at Pitt. Although outmatched, the Friars were able to hold their own against the other Big East teams. The men's side finished at ninth overall, a few points behind eighth place BC. The women fared a little better, finishing sixth for the weekend.

Among the highlights for the Friars was their sixth place finish in the 4x100 Free Style Relay, with a time of 3:25.26. In the 400 Medley Relay, the Friars captured seventh with a 3:51.79. The 400 Medley team consisted of Chris McAllister, Jeff Longo, Mike Shaw and Mark Tartaglione. However, the Friars took ninth place during Saturday's action in the 200 Medley Relay. Later in the day, the Friars were able to rebound and place seventh in the 800 Freestyle Relay, second behind sixth place UConn.

On the final day of competition, Jeff Longo was able to turn in the single best performance of the championship for the men's team, finishing sixth in the 200 Backstroke with a 2:06.89 time. The men would go on to place sixth in the Big East Basketball Action
 Providence Friars Host
 Nationally Ranked
 Boston College Eagles
 Saturday, March 5 8:00 PM

Rough Waters
Women Take 6th, Men 9th at Big East Championships

by Todd Bianchi '95
Sports Writer

Swimming
And Diving

400 Freestyle relay due to strong swimming by Paul Nathe, Allan Egeberg, Tartaglione and Longo. Coach O'Neill said, that "the meet was good, it was great and that we could have finished anywhere from sixth to ninth."

As I mentioned earlier, the Ladies fared a little better during the weekend. On Friday, the first day of competition, the ladies took fifth in the 200 Freestyle Relay, barely a half second behind Seton Hall. Individualistically the women had an excellent day. Colleen Doyle placed third with a time of 2:08.53 and Allyson Dunleavy finished sixth. Following the men's performances, the ladies also looked strong in the 400 Medley Relay taking fifth place. After two days of swimming, the women were still in contention at sixth place, behind fifth place Seton Hall.

The ladies kept up their spirited efforts on Saturday by finishing strong in the 200 Medley Relay which was comprised of Michelle Tamburo, Stacy Sweester, Allyson Dunleavy and Jenn Porter. Later on that day, Colleen Doyle and Allyson Dunleavy took third and fifth respectively in the 400 Individual Medley. Colleen's performance was the best finish for any one woman swimmer last weekend. That would be the highlight of the day as the Lady Friars would finish no stronger than seventh in any other event.

Spirited swims by Michelle Tamburo and Jessica Lee on the last day in the 100 backstroke allowed the women to finish sixth overall for the weekend.

Yesterday, nine men and thirteen women left for Rutgers to participate in the ECAC Championships. The East Coast Athletic Conference Championship is an open tournament to all swimmers who have qualifying times. For those who do exceptionally well, the Nationals lie ahead. Good luck to all the Friars and Lady Friars.

Consistent play at the point has come in the form of freshman Mandy Saunders.

by Christian T. Potts '94
Sports Editor

To call this a season of ups and downs for the PC Lady Friars basketball squad would be an understatement. The season began with high hopes for Coach Bob Foley's team, what with four returning starters from a squad that went all the way to the Big East Conference championship game. The senior quartet of guard Sonya Lewis, swingman Lucie Fontanella, forward Jen Mead, and center Stefan Gottsche as well talented incoming freshmen Jen Davis, Nadine Malcolm and Mandy Saunders all made something to look forward to.

But it was not to be. In the course of the season the Lady Friars lost two-thirds of their starting lineup and now two of their star freshman, including Jen Davis, who went down earlier in the week with a sprained ankle. And now, with the Big East tournament coming up this weekend, you would think that the Lady Friars might have lost their fire. Not so.

"We've faced a lot of adversity and we've been through some tough times this season. But we're going to be okay," said Coach Foley. "We're in real good shape. We got a good draw [the Lady Friars face BC on Saturday], and we match up well against BC. Besides, we always seem to come up with something at tournament-time-our own special brand of magic."

The Lady Friars are indeed in good shape. "Our inside game is working real well right now. Stefan [Gottsche] and Sarah [Miller, inserted into the starting lineup] are playing great right now, a good high-low combination. When Sara goes down low, she frees up Stef, so she can dish out the ball," notes Foley.

Particularly pleasing to Foley is the play he has gotten out of Mandy Saunders. "She's been real consistent lately, playing well. She's averaging 39 minutes a game, which is alot for any player, especially someone who plays her style, which is all out," notes Foley. He is also pleased with the play of his bench, including sophomores Ayanna Walden and Lori Penrod. "Ayanna been great off the bench, giving us points and defense and good solid play, and Lori has battled through her injuries to give us quality minutes every game."

Senior swingman Lucie Fontanella has played excellent defense in addition to being the heart and soul of the squad, playing hard night in and night out. "She's been great, playing hard and giving us senior leadership," says Foley. Fontanella is excited to be heading into the tournament, saying that she "feels good. We believe we can win and if we stay positive and focused, we will do well. This is my senior year, my last year, and I've never won the Big East tournament. It could be my last game, so I'm gonna go all out and do everything to win."

The Lady Friars are poised and ready to take on the Boston College Eagles on Saturday at five o'clock down at Gampel Pavilion. Drawing BC was not expected, and Coach Foley is prepared for and has his squad ready to go. "I'm going without saying that it's always better to be able to face a number 5 seed instead of a number 1 like UConn. But, come Sunday, we'll be ready for UConn if we get BC. By Sunday, UConn's home court and advantage will be gone, because every team will have already played and practiced in Gampel."

But UConn is the team to beat this weekend. They own the league's 1- conference mark (24-2 overall) and are in the midst of a 15- game winning streak. Come tournament time, however, "everybody's 0-0," it's a whole new game," according to Coach Foley, and the Lady Friars will be ready for the challenge this weekend. So come down on to UConn and watch the Lady Friars make their run at the Big East championship.
Against Villanova, Rob Phelps (94) was once again a star of the court.

... The story of the night was Eric Williams. The 6'8" forward shot 9-16 from the field and knocked home 11 of his 13 free throws. Villanova struggled to match up with him, as he consistently "out-quicked" Lawson and Ron Wilson inside to either score or earn a trip to the charity stripe. "I don't know what else I can say, but Eric Williams was just great tonight," said Coach Rick Barnes after the game. "Mike Smith was in foul trouble and wasn't able to do what he normally does and Eric stepped up and did a great job," added Barnes.

Williams modestly gave due credit to the rest of his teammates, especially Phelps. "Rob had a huge game for us tonight... he came in and hit some big shots down the stretch," noted Williams. Even more noteworthy of Phelps' performance was the excellent defense he played on Villanova's Kittles during the stretch run of the ball game. With Phelps constantly in his face, the sophomore managed only two points in the last 4:12 of the game (a meaningless dunk with 23 seconds left). Critics complain that Phelps isn't the offensive player that he should be, but he is the Friars best one-on-one defender and his intangible contributions to the Friars cannot be overlooked. He is the man who often brings home both the bench with his off bench.

It was Phelps and Williams who came up with big offensive plays to put the game away late for the Friars. With PC ahead by one, Phelps drained an 18 foot jumper to give PC a 68-65 and with 1:53 left. Then Williams converted a three point play to put PC ahead 70-65 at the 1:13 mark and the Friars were on their way to their 15th victory of the season.

The other key for the Friars was team defense. PC forced Villanova into 20 turnovers, with Michael Brown and Abdul Abdullah each getting 4 steals. "We felt coming in tonight that we had to have a great defensive effort because their match-ups cause a lot of problems... they have some outstanding three point shooters and an excellent motion offense," Coach Barnes stated. The Friars full-court pressure caused problems for the Wildcats and resulted in some easy baskets for PC.

The win was a nice addendum to PC's NCAA resume. The Wildcats were picked by many to end up in the Big East basement this year, but Villanova coach Steve Lappas brought the Cats to Providence sitting in fifth place with a 9-7 league record. Some observers feel that Villanova has a shot at grabbing an NCAA birth, with a 14-11 record playing the toughest schedule in the country. However, the Friars swept the series between the two teams, which will hopefully give them the edge for an at-large bid.

Two huge games loom ahead for the Friars in the form of matches with Boston College and Georgetown. Victories on these two games will put PC's record at 17-9 overall and most likely give them an inside track towards the NCAA's. The Friar players know the importance of these three games. "We know how much winning these last three games (including Villanova) will help us," noted Michael Smith. "Tonight was a big victory and now we have to build on it..."

It was time to collect for the Providence College Indoor track teams, and this time, you could definitely PC passed around the basket. Completing both the Big East and New England championships, each of the womens and mens teams are on their way to what should be a promising NCAA show-down.

Weeks of running in freezing temperatures and burning wind chill is concluded for both February 19th and 20th were the Big East Championships, held at the famous O'Connell Center at the University of Florida. The women took various places, beginning with Natalie Davey (100m) and Meghan McCarthy (300m) who were third and first respectively. Men's teams took two of the top three places in the mile event with Rick Wilson. This team won with ease, followed by John O'leary and Abdul Smith.

For the PC track team, this year's Big East Championship is perhaps the most important milestone since 1986 when the team placed third in the Big East Championship. This year, the team has been PAC-12 champions, turned in a top 25 national ranking, and placed third in the Big East Championship.

The year 2023 will be remembered as a year of growth and success for the PC track team. With a fresh start, the team has showed tremendous improvements and is looking forward to an even more successful season. The team's hard work and dedication have paid off, and everyone is excited to see what the future holds for the PC track team.

In conclusion, the PC track team's success in the Big East Championship is a testament to their hard work, dedication, and talent. With this victory, the team is poised for even greater success in the upcoming season. The team's momentum is building, and they are ready to take on any challenge that comes their way. The future looks bright for the PC track team, and everyone is excited to see what the next year holds for them.

Deja Vu?

Men's Hoops Once Again On NCAA Bubble

by Mike Myers '94 Assistant Sports Editor

It is just me, or is there a distinct pattern developing with the men's basketball season? It seems that it was just last year when the Friars were forced to win several late season games in order to be even considered for the NCAA Tournament. Unfortunately, we are sure that we all vividly remember, Providence never got mentioned in the March Madness tournament.

This year, the Friars once again have the potential to go deep in the NCAA tournament. The Friars have had a strong season so far, and with a big game against the Hoyas on Wednesday night, they have a chance to make a statement in the Big East.

The Friars have a chance to prove to the nation that they are a team to be feared. If they can win their remaining games, they could very well find themselves in the NCAA tournament for the second straight year. However, the road ahead is not easy. The Friars will have to face some tough opponents, including the Hoyas, who are currently in the top 25 polls.

Nevertheless, the Friars have been playing well in their last few games, and with a win over the Hoyas, they could very well find themselves in the NCAA tournament once again. The Friars have a chance to prove to the nation that they are a team to be feared, and with a win over the Hoyas, they could very well make a deep run in the tournament.

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Eagles Devour Friars
Boston College Sweeps A Pair From PC Icemen

by Justin Macione '95
Assistant Sports Writer

Coming off the heels of a promising January, the BC hockey team was showing signs of shedding its rebuilding image in 1994. Chad Quenneville sparked the club with his prolific goal scoring, closing out this resurgent month with an emphatic victory at the University of New Hampshire.

Shortly thereafter, the walls would crumble on the Friars again, precipitating an 0-4-1 February. Although the goals didn't arrive quite as easily, some of the ouch for the recent woes must be passed on to an exhausted defensive corps. The frustration culminated last weekend when the Friars were swept by the resurgent Boston College Eagles.

Backed by a surprisingly vibrant Schneider crowd on Friday night, BC dominated the first 15 minutes of the contest, compliments of some gutsy goaltending by Dan Dennis, and Stefan Brannare's spectacular goal at 14:25. The freshman right winger who has struggled to crack the lineup this season showed some of his flash with a backhand pass to Kramer in front of the PC goal. After a dish out to Quenneville, Brannare put himself in position to finish off the spectacular drive.

Despite the enthusiasm, Brian Callahan put wings back on the Eagles for four minutes later when his wrist shot eluded Dennis' pads. This would inaugurate two more periods of woe for the freshman netminder and his teammates.

While the Eagles accounted for seven goals in the final two periods, their tight defensive play sealed the 5-1 victory. Greg Callahan outmatched his twin brother with two more tallies (including a 2nd period fluke chipshot off the post), but goalmaker Greg Taylor's 30 save performance was the topper. Coach McShane summarized: "They had a couple of lucky second period goals and it deflated us."

The Friars regrouped quickly during Saturday's trip to Conte Forum though, jumping out to a 2-0 first period lead. George Breen opened the proceedings at 3:36, depositing Hal Call's backhand feed past Taylor. Extending the lead, Joe Hulag subsequently shocked Taylor with a flat slapshot at 13:56.

Shortly thereafter, PC's success would turn into disaster. Jerry Buckley, David Hymovitz, and Jack Callahan each scored on a beltedug Bob Bell between 5:0 and 2:43 in the second period. Especially distressing for the PC defense was Buckley's tally, a coast to coast sprint. Coach McShane showed concern with this letdown, "We need to play much tighter defense.

A similar defensive letdown plagued the Friars in early in the third period. While Taylor topped Friday night effort, turning away 43 shots, blueliner Don Chace provided a show on the offensive side with two goals, giving him three for the weekend. Chace put the final nail in PC's coffin at 8:42 when his game winner deflected off of Bell's pads into the net. Despite the 5-2 deficit, the Friars rallied at 14:46 when Brady Kramer regained his balance in front of the net to beat the Eagle defenders with his backhand. Five minutes later, Brian Rodoffi broke a six game drought, when he scored off a scramble. Unfortunately, it was impossible for the Friars to bring the comeback full circle, bowing to the Eagles 5-4 seven seconds later.

The latest misfortune drops PC's record to 14-15-3, falling into 5th place in Hockey East (11-2). Possibly most distressing is the Friars' 4-9-1 home mark. "It is very unusual for a team to have such a difficult time at home," added McShane. On the positive note, PC has exhibited some extraordinary road toughness this year, including upset losses to UNH and BC. This could pose as a bright light, since the Wildcats are a likely opponent in the Hockey East Playoffs.

The Friars close out their season this weekend with a home and home series against Boston University. While BU, the second ranked team in the country, has already clinched the conference title, the Friars are still shooting for home ice in the playoffs. The kids won't need any motivation for this one. We're looking forward to 2 great hockey games", added coach McShane.

The Friars will open up the series on Friday night, hosting the Terriers at 7pm. Come support the Friars in their final regular season contest.

Brian Rodoffi broke a six game drought with a goal against Boston College in PC's 5-4 loss on Saturday.
Eyes On The Prize
Lady Friars Beat Dartmouth 4-1 in Quest For Third Straight ECAC Title
by Pieter J. Ketelaar '97
Sports Writer

If there is one name synonymous with women's athletics in the last four years at Providence College it would be difficult to find a name that has lived up to the billing of Lucie Fontanella. Since 1990, Lucie has amazed Alumni Hall audiences with her heart and athleticism she has displayed on the hard wood. Lucie may not be a leading figure in the record book, but she brings an intangible to the court every night: guts. This was most evident in last season's Big East Tournament when Lucie courageously led the Lady Friars to the finals after entering the tournament ranked seventh.

Serving as captain for the second consecutive season, Lucie has led the Lady Friars through a season plagued with injuries. Standing at 12-14 overall, PC enters the Big East tournament (March 4-7) fourth in the conference. All this means that PC will need an automatic bid to make the NCAA tournament. Lucie believes the only way this can occur is if the squad comes ready to play in every game. "We have to go out every game and be intense in order to play well. We realize that an automatic bid is the only way we can get to the tournament. Intensity will be the key."

The Big East is a conference where a team such as PC could easily put a string of wins together and do some damage. Parity has become a trademark of the conference, as there is no major stand-out with the exception of UConn. This could bode well for PC who is a streaky squad and who has recently felt the negative side of a losing skid. The Lady Friars lost five straight, a streak that began on February 11 and did not end until February 25. Lucie feels mental preparation and the infamous "F" word have to be within the psychic of the team to prevent these disasters. "There is a mental aspect to the games we were lacking intensity, sometimes we would come out and play the best and then there would be ten minutes where we were awful. It is all a matter of being mentally prepared and getting fired up. We have to want it, there have been games where we have had much more talent than the other team, but it was just a matter of them wanting it more." As a captain Lucie has the burden of often carrying the responsibility of the squad's performance during a streak such as this. "It is tough getting yourself into games emotionally over a streak like that. Sometimes I just have to get in a really bad mood and hopefully the team will play off my emotions. One thing you can never lose is your enthusiasm for the game, because once you do that the season will be very difficult."

Lucie came to PC from Toms River, New Jersey (T.R. East) where she averaged 24 points and 10 rebounds in her senior season. In her freshman season at PC, Lucie came off the bench and earned Big East Freshman of the Week honors three times. What was the most difficult aspect of making the transition to college ball? "Re- minging into the game throughout mentally. In high school I pretty much did what I wanted, but in college you have to know what is going on at all times, it is much more regulated and everyone is just as good as you are. I have also learned a much stronger work ethic since coming here," commented Lucie. Lucie stayed competitive throughout her childhood and high school years in sports with help from her siblings. "My brother played basketball growing up. I was always a tom-boy and played sports while growing up, but I stuck with basketball," Lucie reflects back to the summer of her sophomore year for her fondest PC basketball memory. During this time she traveled with the Big East All-Star team to England, Belgium and Holland where they posted a 4-1 record. Lucie wishes to expand on this experience after graduation. She hopes to move to Europe and compete in a woman's professional league in either Italy, Spain or Belgium. Lucie will graduate in May with a degree in social work and health, but will remain in the game of basketball "as long as possible."

Chris Bailey '94 scored two goals in PC's win over Dartmouth in the ECAC quarterfinals.

goal assisted by Wendy Cofran 4:37 into the third period. That proved to be enough for goalie Gina Martinelli as she stopped Northeastern cold posting 36 saves (her second highest total this year) as the Lady Friars completed the regular season with a 1-0 shutout, their fifth on the year.

The Lady Friars began the playoffs on Sunday with a game against Ivy League Opponent Dartmouth at Schneider Arena in the ECAC quarterfinals. Providence scored in the first period on senior captain Chris Bailey's 8th goal of the year. In the third, Bailey struck again for her 9th and O'Sullivan and Wheeler added to their totals with a goal each. Wheeler's third period goal extended her consecutive game scoring streak to five games in-a-row. Martinelli was a force in goal stopping 24 shots for the 4-1 win that advances the Lady Friars to the ECAC championships at Brown on Saturday (March 5th) where they will play arch rivals and nemesis UNH. UNH split the season series with PC going 3-3 in 6 meetings this year. All signs point for this one to be a brilliant, well-played, hard-hitting contest. Both teams lay on the line to see who can advance in a test of wills and endurance as these two natural forces collide on the ice at Brown.
Plagued By Injuries, Lady Friars Drop Three on The Road

As the injury bug continues to bite the Lady Friars, the solid inside play of Sarah Miller (96) will be a major plus.

by Christian Pitts '94

Sports Writer

The Lady Friars hit the road for three games in the last two weeks, then returned home last Saturday for a home game against Pittsburgh. They left a tired team, having played three games in five days the previous week against Georgetown (a 99-84 win), Tennessee (a 73-63 loss), and Boston College (a 90-84 loss). PC boarded the bus with a chance to climb up in the Big East conference standings from their fourth position.

The Lady Friars beat Villanova, 92-86, on Monday, March 4. They led by double-digits for most of the game, putting the Lady Friars away early in the half, going up by 20 with 12:23 left and coasting to a 95-65 victory. The Lady Friars were led by senior Lucie Fontanella's 17 points and 4 rebounds, and fellow senior Stef Goettsche chipped in 15 points to go along with 7 boards.

In their next game, the Lady Friars traveled to du Pont Pavilion on the campus of Villanova University in Pennsylvania. They came out running against the Wildcats, exploding to a 20-point lead at the half (a 48-28 advantage), thanks to 21 points from the freshmen duo of Mandy Saunders (12) and Jen Davis'9. But the second half was a different story.

The second half began with the Lady Friars building a 61-38 advantage with 12:13 left before Villanova got back to within 12 from 3-point land and forced 20 turnovers from PC. And, much to the chagrin of the Lady Friars, the 'Cats stole an 81-80 victory from Coach Goettsche's Lady Friars, bruised and battered (they lost freshman guard Jen Davis, who was followed by a sprained ankle), looking to break a five-game losing streak that saw their record drop to 11-14 overall and 9-8 in the Big East.

The Lady Friars came out jumping to a 39-28 advantage in the first half, thanks to senior Stef Goettsche's 11 points and 6 boards and freshmen Mandy Saunders' 12 points and five assists, thanks in part to 9-point runs with 15:44 left, followed by a 7-point run with 10:48 left. PC shot 46.7% from the field and pulled down 9 more boards than the Panthers in the first half.

In the second half, the Lady Friars and the Panthers traded baskets throughout the half as each team exploded for 34 points. PC held on to maintain their 11-point lead and walked away with a 93-82 decision, thanks to senior Stef Goettsche's 14 points and 11 boards in the second half, followed by freshman Mandy Saunders' 15 points (including 13-15 from the charity stripe). Sophomore Ayanna Walden chipped in with 14 points, 10 boards and 5 steals on the game, and fellow sophomore Sarah Miller had 12 points and 9 boards in another solid effort.

The Lady Friars have the week off until Saturday afternoon to get their legs back, according to Coach Foley. They tip off their tournament run down the stretch at Kemper Pavilion, the best place to watch a game in the Big East. They face the Eagles of Boston College at six o'clock in a rubber game, as each team took home a victory from the opponent's floor.

UC is only a mere hour away, so pick up your phone and give them a call for tickets, and then pile into your cars and head on down. The Lady Friars are sure to make a splash, what with Coach Bob Foley's own special brand of tournament magic.

ATTENTION PLEASE!

The men's basketball game against Georgetown, originally scheduled for Parents' Weekend, has been rescheduled for Monday, March 7 at 7:00 PM.

Ticket refunds will be handled through the Office of College Events. All tickets must be returned in order to receive a refund.

Deadline for returns is THIS FRIDAY, MARCH 4.

Office of College Events
Located at Harkins Rotunda
or Call Ext. 2344