Taking Pride in PC's Students

From the Editor

It is with great pride that The Cow publishes the first Community Service issue of the Providence College student newspaper. More often than not, we print articles on events, athletics or concerns, and forget to praise those students who deserve public acknowledgment for their accomplishments. Unfortunately, these twelve pages do not even scratch the surface of all PC students' achievements. We stand by the old cliché: "All the news that fits, we print." Hopefully, in the future, The Cow can publish another special issue and highlight more student successes. This issue required tremendous input from the staff and many outside sources. We thank everyone who helped produce this special issue. To these students featured in this issue, congratulations on your accomplishments and good luck to you. We are honored to give praise where praise is deserved.

Sincerely,
Kristen M. Caryciy '95
Editor-in-Chief

Something to build on

Habitat for Humanity builds community

by Melissa McCrosson '95
Features Editor

In our four years of college, we tend to take for granted all that we have. While living on campus, we might gripe about the fact that we do not have enough closet space in the dorms, or that our dishwashers do not work in the apartments. Off campus is much the same, because it is cold in the winter, and we don't have a dishwasher. However, we are having the times of our lives living in sp ecil. Meanwhile, around the world, country, and our very own city of Providence, there are people who would be grateful for the same problems we have in our respective college residences. Forget about a dishwasher, they are lucky if they have a roof over their heads and working heat. Habitat for Humanity International, a nonprofit, ecumenical Christian housing ministry, with an official chapter at Providence College, is working to eliminate such substandard housing.

Originating on campus five years ago, Habitat for Humanity has since become one of the most well known and popular organizations on campus to date. There are approximately 140 students signed up on paper as members by the student body. "It's really exploring its potential. It's like night and day from last year. There was always interest last year, and I think we are just building on that. The amount of students responding is crazy. I can't even keep up with it anymore."

Perhaps one reason for the incredible response that Habitat has been getting is that the criteria for being a member is very low. We are hardly demanding. All one needs to do is raise his or her hand and be willing to work and they are automatically involved. As for experience necessary, there is none. This may seem illogical considering that building a house seems like a complicated job. Sam Lattman '98 mentions that concern by saying, "If you know how to use a nail and can hold a hammer, you'll do fine. On the site, you'll do anything from putting in..."

From the Heart

by Bridget Hughes '96
News Editor

Swimming, boating, sports activities, arts and crafts, drama... The list goes on. These are just some of the activities that are offered for one week during the summer at Camp Heartland. But this camp is not just any ordinary camp. Camp Heartland is a camp that is for children, ages 5-16 who are either infected or affected by the AIDS virus.

Neil Willenson, the founder of Camp Heartland started the camp in 1993 in Hubertus, Wisconsin. The first year of the camp served 75 children during the one-week session. In 1994, the camp had two locations—one in Hubertus and the other in Blairstown, New Jersey. These two camps served 250 children during four one-week sessions. Camp Heartland is open to children throughout the United States. The camp pays for the cost of any child who attends the camp. This includes travel fees, as well as any other fee that the child might have.

During the camp sessions, children participate in normal summer camp activities such as swimming, archery, horseback riding, nature studies, and more. It is a time for the children to get away from their everyday lives and have the opportunity to have fun, make friends and increase their self-esteem.

Michael James, a sophomore all PC is very involved in Camp Heartland. He was part of the original camp when it started in 1993. His goal is to try to get as many people as possible to get involved with the Camp Heartland program here at PC.

Michael has two main goals that he would like to accomplish by bringing the program to PC. One of those goals is to increase awareness...
Saying "thank you"

They did it out of the goodness of their hearts.

Camp Heartland continued from page 1

The conference is an opportunity to meet people from all over the world who share your passion. It's a chance to network and learn from others who have already been through the experience. It's also a chance to give back to others who might benefit from attending.

Habitat for Humanity continued from page 1

Habitat for Humanity is an organization that builds affordable homes for families in need. They believe that everyone deserves a safe and affordable place to live. Habitat for Humanity works with local communities to identify families who are in need of a home and then helps them build or purchase a home.

Know how to use a hammer and nail? You'll do fine.

Shack City for the night. This begins an upcoming function which Habitat is extremely excited about. It is a sleepout on Slavin Lawn on November 10 which is designed to raise awareness about the housing conditions in Providence, and also to get people to experience not having a roof over their head for one night. Like all of the other Habitat for Humanity programs, it is open to all students.

Shack City will also provide Habitat with a much needed boost in the form of funds to help cover the $16,000 required for the Spring Break trips alone. What this means is that Habitat for Humanity is asking you, the students, to help support this event.

If you want to show your support for Habitat for Humanity in any aspect, as stated before, just raise your hand. Everybody is invited to get involved. Habitat for Humanity is an organization that does not just build houses, it builds community. Everyone needs a home and community as soon as possible. You can begin by bringing your sleeping bag and sleeping bag and sleeping gear to Shack City on November 10th and seeing if this dedication is all about.
Prepapring for public service
by Bridget Hughes '96

Over the summer, Providence College started a new program that involved eighteen students participating in a six-week program. The Feinstein Pilot Program introduced the 18 students to public service classes as well as a chance to interact with the community.

The students lived in the on-campus apartments and received academic credit for two introductory classes on interacting in the community. In addition, each student took a public service class that involved a practicum at a local volunteer site. Such sites included: the Smith Hill Health Center and the Wiley Center. Since then, the Feinstein Program has grown and will continue to grow in the years to come.

by Stacy Baker '96

Feeding the hungry
by Theresa Izzo '96

"They really did it all. I didn't do anything," she humbly protested when asked about her leadership role in UA. Another activity which she was excited about was being a freshman Orientation leader. She enjoyed the fact that she was directly connected to these students first experience with college.

Months of planning went into the process which she called "amazing." Lulu said, "I saw myself three years ago. I wanted to let them all know that this is their time to be themselves."

In addition to her regular classes, Lulu also has a sixteen-hour per week internship at the Family AIDS Center for Treatment and Support. As a case manager for FACTS, she assists those who have AIDS with every-day and not so everyday tasks such as shopping or even looking for housing.

"I think that everyone is equal," Lulu said, "In all of my work I try to focus on what it's like to be alive today. I believe that there are other people out there who feel the same way." Often, through the school this Social Work major is able to see the immediate connection with the community. She joined the Friar Club her Sophomore year because she was attracted to the dedication of the club to the school and to others.

Students involved in the 1994-1995 Pilot Program.

"For me, the most memorable experience was the opportunity we had to connect with a number of the students in the PC community.

Amos House is a soup kitchen in South Providence that serves breakfast and lunch to people of low or no income. Run completely on a volunteer basis, they rely on donations of food and money to keep the place going.

They found volunteers in the PC community.

Lulu Alonso '95

Besides giving the well known tours, she has made trips to soup kitchens and to the Dominican retirement house as a representative of the Friar Club.

Since Freshman year she has had the chance to work with the Urban Action on organization. As a participant, a leader, and finally a planner she has watched PC students come together for the improvement of the neighborhood. This year, she explained, the program accepted alumni and was able to complete more projects, extending beyond the usual painting and waste clean up that UA has become known for.

Lulu has also taught Eng-
**Freedom through music**

by Rand Reffregt '97

A&E Writer

Last spring, over 300 fun-seeking individuals jammed into the Living Room for a great time and a noble cause. People came from all over the Providence community to watch this event, something which, for once, attempted to dispose of our selfish, nationalistic views, and thereby providing an al-ready strong community with a sense of international o p e n­ mindedness and respect. The truly good deed of the '96 America­ international concert, sponsored by Providence College's own radio station, WDOM. The show was an all day event, featuring several booths and tables to support various countries around the world. Those in attendance got the opportunity to learn about an appropriate international worldview, as well as to enjoy the live music.

"A lot of people had the opportunity to see a lot of great bands for a great cause," said one of WDOM's leading D.J.'s, junior Kate Kenny. Because of Kate's strong affiliation with the station, WDOM, it was her job, along with others who put in an extreme amount of hard work, such as Eric Smith and Skip Wilson, to find talented local bands to play at the show. These D.J.'s did a great job in finding the show's music, as local bands, such as "Blair's Carriage," "Lung,Mustard, "Riho," and "The Murmers," who have picked up some recent popularity. All took the stage to provide some very interesting music for the fans present in the Living Room. Because of this quality entertainment along with the hard work of WDOM, a generous amount of money was raised for this good cause.

In the end, with the promise of seeing local and international acts in this event, along with the great turnout in support of it, people from all over the area ended up having a great time. I think that Lisa Maci, who is also a junior, in her interview told the board that she realized that there was a need for this type of organization and that she would like to be a part of helping out the community. Volunteers in Providence Schools is part of the Pastoral Service Organization at Providence College. Initially it consists of about twenty-five students who go into the community once a week to help out in the schools. For one or two hours a week, they volunteer with individual students or all groups in the various grades Kindergarten through six.

Earlis, a junior who was involved in the program last year, worked with a class of first-graders. These students were tutored from Kindergarten, but were not ready for first grade. Earlis said her tutoring experience was wonderful and "that it's a great thing for an education major to do." She also added that it's worth doing just because it makes you feel good to know you're helping other people. The teachers that the club helped were in need, so Earlis felt as though she was a necessary part of the students' education.

According to Ellen Cressy, at least half of the members of the organization are Education majors. "It's good practice experience with the education part of it. The freshmen who aren't sure what they want to do," Cressy stressed, however, that the program isn't just for Education majors. Anyone who is interested in tutoring in Providence schools is welcome to do. Also, there are new "drop-off places" in Providence where parents can leave their children from 3:00pm to 5pm to be tutored. Volunteer in Providence Schools is open to be involved in this in the near future as well.

This small group of students works to help improve the education experience through the Providence schools, and their efforts should be applauded. For them, the colle-

**Teach the children well**

by Erin Ficerek '96

Mag. Writer

Every week, a group of about twenty-five Providence College students go out into the community to help out in Providence schools. They volunteer their time because they know they can make a difference. The efforts of these students have strengthened PC's bond with the community, and will continue to do so.

Ellen Cressy, a junior at PC, has been a member of various Pastoral Service committees since her freshman year. Last spring, the executive board appointed her co-chairperson of Volunteer in Providence Schools. She shares this position with Kristen O’Neil, who is also a junior. In her interview, Ellen told the board that she wanted the position because she is an Education major and wants to be a teacher after she graduates. She also told the board that she realized that there was a need for tutors in Providence Schools and that she would like to be a part of helping out the community. Volunteer in Providence Schools is a non-profit, city-run organization that started out in one area of Providence and spread to various parts of the city. The Providence College Chapter originated because the college is a big source for tutors, and it was more convenient to have an organization on campus than for students to have to go through the city-run program.

The Providence College Chapter works mostly with the Camden Avenue Elementary School, though they also overlook them to Ellen Cressy, the school is very small and classes consist of close to thirty students. Due to lack of funding, teachers cannot hire aides, so they are very grateful for volunteer tutors.

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**Amnesty International concert a success**

Written by Robert Mendes '95

Editorial Writer

The kids from Smith Hill Center were invited to a Halloween party on Thursday that was organized by PC students from the Special Events and Social Justice committees of Pastoral Service. Their party was held after school in Sidelines in Slavin Center.

Martha Casey '96, the co-chairperson of the Special Events committee, greeted the kids as they scrambled into Sidelines, which was already decorated with black and orange streamers and balloons, as well as pumpkins, witches, ghouls and ghosts. The kids were initially excited for a party.

The students on the two committees made sure that there was plenty of kids to do. The two most popular events were face painting and pin the stem on the pumpkin or pin the nose on the witch. Other kids spent the time making their own Halloween decorations. The kids were encouraged to bring their creations home to decorate their houses for Halloween. Most of the kids made scary pumpkins. Jen F LAND '96 was one of the students who was painting faces. She said that she enjoys spending some of her free time with the local school children.

"Things like the Halloween party are a great chance to spend my time with kids and have fun too," she said between painting pumpkins and ghosts on the kids' faces.

Meanwhile, on the other side of Sidelines, most of the kids had trouble pinning the stems on the pumpkins or the noses on the witches, but they all tried their best.

Once all these events were finished, it was time to tell scary stories. No Halloween party would be complete without them.

Finally, it was time for the tricks or the treats. The kids must have all been very good because none of them got tricks. Instead, they all got chocolate and cookies. Once they were given bags of candy to bring home with them.

Martha Casey was happy to see that the party turned out to be so successful after so much planning went into it. They all traveled to Wallingford to set up in various shoes and activities throughout the facilities. They had planned the activities such as these, the Friars Club represents students who want to make sure that the college stands for. So, if you happen to see a pumpkin in the campus, smile, say hello, give them a hug...You'll always want to see that a little can go a long way.

**Capturing the Halloween spirit**

photo by Kim France

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**Friars Club continued from page 1**

Blackfriars Theatre, Commencement Exercises, and Alumni Weekends. The Club is ready and willing to help out the school in any way. Besides helping the school, the Friars are also very involved in helping out the neighboring community. Every Tuesday and Thursday, members of the club get up at sunrise and head to Amos House, a local soup kitchen. Once there, Friars assist in preparing and serving breakfast as well as teaching the kids. Holbrook, a hardworking and committed Friar, had this to say, "Amos House is an example of how we can make a difference in a simple manner. It's amazing how something as simple as saying 'friend(s) hello' or 'good morning' can make such a difference to a person." On top of this, they are involved in the Ronald McDonald House, an intermedi-
Rebecca Kupka: Dreams of drama

by Mark Cybulski '95
ACE Editor

When considering the individual achievements of students, one cannot overlook accomplishments of Rebecca Kupka. As both a female classic in several of our Blackfriars Theater productions and an active figure in children's theater around the PC community, Rebecca has devoted much of her time to the artistic accomplishments of her peers and community service at PC.

Originally from Huntingdon, Long Island, Rebecca was first introduced to the theater when her mother was an actress in community and regional theaters in the New York area. When she was very young, Rebecca used to accompany her mother to her performances and rehearsals. She went on to perform in many grammar school plays and when she was 10 she auditioned for the role of Aladdin in a touring Broadway show, for which she was cast at age 12 when it came off Broadway and into regional theaters. She went to Holy Trinity High School, well known for its performing arts, and performed in almost every type of theater, including musicals, straight plays and dance concerts.

Rebecca credits her good friend, Brendan Byrnes, for encouraging her to come to PC. "He had said so many good things about the theater department and with combined with the financial aid I had gotten, I decided to give it a shot." She also says that Brendan has been a major influence in her theater career. He is currently directing the upcoming in the upcoming Blackfriars production, Meet Me In St. Louis, Rebecca has been involved in most of the Blackfriars productions since she has been here, including Our Country's Good, The Wizard of Oz, Arms and the Man and Crimes of the Heart.

Children's theater has also been another interest for Rebecca during her time at PC. She has worked with kindergartners and students at the Camden school doing theater games and improvisational theater. The idea of using drama as a communication tool was a great experience for me just to see what these kids could create," says Rebecca. She also worked in a behavioral disorder class of 3rd graders for a Child's Theater class, an experience that she didn't find too enjoyable. "I learned a lot in terms of how to deal with these kids, but also learned that these troubles of these inner city kids are not easily overcome. It was very frustrating for me not to be able to help them as much as I wanted to," she says.

Rebecca's current project is directing a multicultural children's production of The Rob F. Kennedy Elementary School. The play is called Moonbow and is co-directing it with Theater Department Chairperson Mary Farrell. The idea first came about when the school applied for a grant to write a play that dealt with multicultural issues and celebrate the school's diversity.

The school received the grant with a stipulation that they actually had to perform the play that they wrote. The school asked Mary Farrell to direct it and she asked Rebecca if she would like to help her and receive academic credit in return that it has been an interesting experience. "There is a lot of culture represented in the show. Although it is simple, "it deals with the difficulties in the characters themselves, in light of their interaction," she says. "This is really a culmination of the experiences that I've had working with kids. Moonbow Dramas will be performed on December 13 and 14.

Rebecca says that upon graduation she doesn't have any definite plans, but she would like to eventually pursue Broadway. If that doesn't work out, she says that she would like to enroll in NYU's well known graduate program in theater and education. "I love theater and I love kids, but I also want to perform on my own," she says. Whatever career path Rebecca chooses, her invaluable experiences and achievements at PC will undoubtedly play a role in achieving her future goals.


Rebecca Kupka '95
photo by Amy Couto

A home away from home

PC Pals spend free time with local kids

by Judith Colonna '95
News Writer

Every year, starting from the beginning of October until the beginning of May, a group of PC students dedicates an entire evening to spend free time after school to be either a Big Sister or Big Brother to a neighborhood child. The program is called PC Pals, and it has been a growing activity on campus over a number of years.

The weekly schedule is from Monday through Thursday, with the meeting times varying for each group of children. Currently, there are five participating institutions: The Rhode Island School for the Deaf (a.k.a. Duff), The Camden School (predominantly Coloradan children), The Chad Brown School (which come on Mondays and Wednesdays), and two after-school programs affiliated with the MCA and Federal Hill. Each group has approximately 25-50 children involved, and there is one PC student for every child. Due to the over-whelming desire to be a PC Pal, however, the Federal Hill program has two PC students for every child, to avoid turning anyone away.

Three weeks out of every month, PC Pals have activities they are required to participate in, involving the entire group. Such activities include swimming, sports, and seasonal exercises such as pumpkin painting. The fourth week is then set aside for one-on-one opportunities with the child placed by their sister/brother.

This year's senior President, Maggie Murphy, commented, "This is a great opportunity for the children to learn from the kids and experience the influence of helping others in a positive way." Being a fourth year student volunteer, Murphy extremely happy to see the program grow and encourages others to try it out. Though it's a year-long program, some students can't continue every month, but those who do, reviews will be held for open positions. As one senior PC Pal put it, "It's one of the most rewarding things I've ever done...I just love looking into my little brother's eyes and see them smile."

Ronald McDonald House gives us a chance to help the community

by Keith Christensen '95
Sports Writer

Bright yellow overalls, bad hair and too much make-up may be all that you think of when you hear the words Ronald McDonald. They have a little, however, to do with Ronald McDonald House. Though a m i l l i a r knowledge of Ronald McDonald House may be limited to the plastic box-shaped banks found in certain banks, the organization is actually a "home away from home" for families with hospitalized children.

Ronald McDonald House opened a Providence chapter five years ago this week, and members of the Providence Friars Club have been volunteering there twice a month for the past two years.

Ronald McDonald House was founded in Philadelphia 20 years ago to give those families, who have to relocate in order to have their children receive the best treatment, a place to stay. Most often, a nursing supervisor or social worker will refer the family to a local Ronald McDonald House. There are 140 Ronald McDonald Houses worldwide, including 125 in the U.S. The organization relies on volunteers and a couple of paid staff member to make life a little easier for people in trying circumstances.

The Friars Club volunteer group of four student to 45 Gay St. to re-touch paint rooms, put away cribs, or do anything else that is needed. "We do jobs for the people in charge," says Cassidy, who is in her first year of college and involvement with the charity.

Laura Kelley is the director of the Providence Friars Club. It is her job to oversee the operations of what Tainsh calls a "very special program. There are very special people, wonderful families." Tainsh points to the "very dedicated volunteers, all inspired by a tal-
The icing on the cake

by Justin Macione '95
Sports Editor

Upon entrance into Raymond Caffeteria on Monday, October 24, freshman and sophomore diners were probably shocked at the site of over twenty additional male workers. From the time hungry students walked in and checked their identification cards into the computer, until the point of exit where food thieves and free-eats seeking stragglers are sighted, the eatery featured a staff boasting the size and service of an elegant French restaurant, compliments of the Friar hockey team.

Upon first sight of Joe Hulbig at the cafe entrance, a number of thoughts could pass through the average student's mind. Have pure athletic scholarships been eliminated in tenured hockey, requiring the players to hold a work study job? Or could this be head coach Paul Pooley's punishment for an 8-0 loss to the University of Vermont, the previous afternoon? Rather than these absurd suggestions, the reason for this odd sight is much more realistic: a desire for increased visibility on campus.

Hockey players serve in Ray Cafe  
photo by Mike Carmean

This idea of serving dinner to the students is part of the new philosophy which Pooley has transported with him from the cold shores of Lake Superior State College. "Up at Lake Superior, we used to hold a midnight breakfast every season for the students and faculty," reminisces Pooley. Combing off an appearance by the hockey team at Midnight Madness two weeks ago and the fan friendly Black and White game, it is obvious that the Friars are making a serious attempt at winning back some of the fans lost due to consecutive dismal seasons and the emergence of the Providence Bruins.

The players/workers seemed to be enjoying their food service training as well. The first adjustment for the Friars consisted in taking orders from the legendary Rich, instead of the coaching staff. Many of the players earned their keep today, such as sophomore defensemen Layne Pooley, who was an oddity in the picture, but an interesting one.

The players who are having to go through this training experience, events like food service day give the players the opportunity to promote their team. While the current student body has only seen disappointment at Schneider Arena, The Friars have a richer tradition than their basketball counterparts, reaching the NCAA championship final four twice, and qualifying for the tournament regularly. Unlike other clubs, the hockey team doesn't practice in a gym, which students regularly pass, creating a "removed from the scene mentality, not to mention the fact that a lot of people can't even stand on skates, never mind navigate a stick on the ice."

Jon LaVarre of the Friars agrees with some of these previous problems: "In previous years, we were never seen around campus. This is a way of showing the students that the hockey team is part of the school." Upon helping students dump their trays full of trash, LaVarre and his teammates hope that some of these students will dump their support onto the ice and support the Friars in their 1994 season.

Cardosa, partially paralyzed, so getting out of her room is a rare event. Her physical condition, combined with the language barrier makes it difficult for interaction with other residents. Araujo, a psychology major who hopes to study criminal justice at Northeastern next year, would like to see these barriers broken. "My goal is to get her to leave her room, to get her into other activities and to get her involved," Araujo said. Araujo hopes that his presence will be the first step in getting Cardosa more active at the center. Although they only met a few weeks ago, Araujo already sees a strong relationship developing. Cardosa responds well to Araujo's comfort and understanding. "I can feel myself getting attached," Araujo said. "I know it's going to be tough to leave when I graduate."

The need to read

by Anthony Zupka '94
Editorial Editor

Few college students ever give a second thought to a great gift they possess: the ability to read. Millions of Americans cannot read a simple set of directions or street signs for that matter. A group of dedicated students are hard at work at PC, however, trying to help some handicapped members of the Providence community learn to read. Led by Sister Pat Farley and Pastoral Council liaison Patty Keefe '96, this group of thirty volunteers donate hours of their time in one-on-one tutorial with their students. The PC adult literacy program is sponsored by the Adult Learning Academy of Rhode Island and meets on a weekly basis.

While some of this program is the student volunteers, the heart and soul of this group is provided by the students, who range in age from 23-69. These individuals are living with disabilities such as Multiple Dyspraxia, Down's Syndrome, Cerebral Palsy, and Multiple Sclerosis. The dedication of these students shows potential ranges from group of the alphabet to more advanced competence in English.

Learning to read is important to these people for more than the obvious personal goal that the accomplishment will represent. Many of the students are living in group homes or with their families and the ability to read will enable them to become independent members of our community.

According to Ms. Keefe, the volunteers and students who are paired with each other during the session, she was immediately interested in the opportunity to meet Cardosa. "Araujo and I set up a trial meeting with Cardosa. "After the first day, we hit it off really well," Araujo said.

For Multicultural Affairs on campus as a candidate for Edward Cardosa, she has been interested in the opportunity to meet Cardosa. "Araujo and I set up a trial meeting with Cardosa. "After the first day, we hit it off really well," Araujo said.

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Being there

Big brother/BIG SISTERS reach out to local children
by John J. Olohan '86
Editorial Writer

Good people, providing a good example to the future of our country. This is what takes place year round here at Providence College in the Big Brothers and Big Sisters program. These altruistic PC students take time out of their schedules to be role models for children of the Providence community.

Every participating Providence College student is assigned a sixth grader from Camden Day school. The sixth graders are bused to PC every Tuesday. The sixth graders arrive the Big Brothers and Big Sisters give them "Big" and "Sisters" their undivided attention for three hours. Everyone has seen the Big Brothers and Big Sisters playing games, eating pizza, and just sitting around talking, with their "brothers" and "sisters".

As of today, 30 Providence College students are involved with the program. Providence College sponsors Halloween and Christmas parties for the program; aside from those, the only sponsored events are the 30 PC Big Brothers and Big Sisters.

"There are those that are Big Brothers and Big Sisters, and there are more people who should be involved in the program," according to Scott Baby '95. Kevin Magner '95 says, "it is extremely important to put yourself in the kids shoes. Some of us have been gifted by God and it is our obligation to help out those who want and need our attention."

It doesn't take much insight to see how much of an impact a college student can have on a very impressionable sixth grader. This program needs the financial support of the college and its generous alumni. By donating money to the Big Brothers and Big Sisters program of Providence College, more children will be able to partake in such a positive experience.

Most importantly, the Big Brothers and Big Sisters need more PC students to spend one afternoon a week role modeling. It is a win-win situation for everyone involved.

Ken Milligan: Medicine Man

by Mike Quinn '95
Assoc. A/E: Editor

Earlier this semester, I interviewed Ken Milligan for his achievements with WDOM. While his work with the station has been a part of his college life, his future plans involve large contributions to the medical field.

Ken has done research several times during college, most recently in December during the summer. The following is a discussion of Ken's aspirations and achievements in the field of medicine.

MQ: How did you manage to find the job in Houston?
Ken: I have a friend in Houston. I wanted to do something different for the summer, and I knew Houston had good hospitals. I called him up, asked him to look around for opportunities, and he came up with this one. I did paper application, they wanted to know what other experiences I had had, and the work I did at the radio station helped immensely. That along with the research I had done during college got me the job.

MQ: And I assume you had to write some kind of paper about the internship.
Ken: Yes, I did a full paper and a presentation. The paper will be published in a symposium of student research. I was able to make a contribution to during the week and come in on Saturdays as well. They had to give me a key, even though they usually don't give them to students. That's pretty much how the paper came together. At first, I put in a lot of hours.

MQ: Tell me about some specifics—what did you work on this summer?
Ken: I dealt with neuroblastoma. It's the second leading cause of pediatric cancer, and it is the most prevalent in the first year of life. Basically, there is a protein on the surface called the neuroblastoma cell, and I was testing for the binding of monoclonal antibody (Mo-101) to that protein. My advisor, Dr. Kaltash Mujo, created and cultivated the SC3 antibody. We tested it on growing neuroblastoma cells. It was very interesting because we were able to manipulate the binding over the course of the summer.

MQ: Did you make any significant progress?
Ken: I think that for a student, I did pretty well. I put a lot of time and effort into it, and I guess the other people in the lab were pretty happy with what I did. What I have is a good base for future research. It's not really substantial on its own, but Dr. Mujo will be taking up the rest of the research.

MQ: Did you work with patients at all?
Ken: Our research is a long way from reaching the clinical stage, so I never did anything with that. I worked on the pediatric floor. So every morning when I walked up, I would play with the kids. They were incredible. I would take time to see them in between experiments, and I was there so much I decided to volunteer there on Tuesday nights. I still have the shirt from that, I think.

MQ: You've never been to the south. What was the culture like in Houston?
Ken: It's a great city, and I had the benefit of knowing some people. We went country dancing, three times a week, at this big place called the Wild West. I loved the culture there.

MQ: Did anything catch you by surprise down there?
Ken: The Fourth of July holiday is a good example. Texas is the most patriotic state. I went to this place called Buffalo Bayou, where they were having five bands or something. It was great. By the way, there were 500,000 people there. The most amazing thing was the giant fire display that night. It was the hugest thing I had ever seen. Every set of fireworks was like a finale, and there were no pauses between them. It was announced at one point that it was the largest display in Houston; then later on, in Texas; and then I guess it was the greatest display and patriotic celebration in America. By the way, it was overcast.

MQ: You've done previous research up here. Do you notice a difference between the two that may have resulted from the changes in culture or society here?
Ken: Well, I've only done student research up here in the same setting, different setting, different funding, and different motivations. You really can't make their lives easier back in high school.

MQ: Is this how you got interested in science?
Ken: My sister was very sick when she was born, and that was probably the first thing, but my curiosity grew beyond that. I also want to become a doctor because I feel that I could make a sick child smile. I want to help in a more direct way. I feel that I can do my way, particularly with the help of certain people. Dr. O'Leary is the first person who believed in me scientifically. He and Father Cassidy have given me help and resources, and I really appreciate them.

MQ: What do you think about a career in cancer research? Ken: People don't get corrupted and focus on their work, and if they don't become pawns for other people's interests, they will find a cure. I was in the lab one day, and I was a wonderful, older, Southern lady there who used to be a benefactor in the hospital. While she was walking through the room, someone was talking on about how rich people can get when they make breakthroughs. She just leaned towards the guy and said, "I'll never find a cure." Luckily, there are a lot of good people in the field today.

As far as how far away it is, I don't know. I heard all over town about the Big Brothers and Big Sisters program in Houston, along with all the new ideas for treatment. We'll just have to see.
Colin Baerman: Poet extraordinaire

by Pat Heap '96

A&E Writer

I was nervous at first when The Cowl asked me to interview him, Colin Baerman, 21, senior, psychologist, and thinking, I was intimidated. After all he has accomplished most of the things I wish to accomplish before graduation. Colin has been in a number of plays, Fair Weather Therapy (a Korschach production) and 4 Black Friars plays; Arms and The Man, Edith Stein, Trojan Women, and Cookies of the Forest. Also Colin has a published book of poetry, which is something I am most envious about.

4 p.m. Saturday. Cool temp. Sunny. Picture of fall in a booklet of New England. I’m very relaxed as I sit on his doorstep waiting. I am a few minutes early. He gets dropped off in front of his house and meets me halfway in his front-yard. He walks with half strut, half ballerina steps. It suits his tall, slim figure. I had a friend, Miko, who walks like this. They knew each other. Their parents once lived in Kansas at the same time. Maybe they learned this secret walk together. There I go again with conspiracy. Too much X-files.

We go for coffee. I pay. I don’t mind. $1.10 is a small price to sit and talk to Colin. We sit under trees of red, yellow, and sunlight. His angelic pale skin illuminates the depth of his eyes. His face reeks of some strange knowledge. He has seen the world. He tells me memories.

After telling about his drama career, briefly mentioning his time in the army, to places like Kansas, New York, Germany, Hawaii, Holland, New Jersey, and then back to Colorado. Colorado is home for Colin and his first childhood.

Balfour Center Scholars: Motivating local youths

by Vera Schomer '96

Editorial Writer

Serving Providence College has become a growing commitment for PC’s students of color. The Balfour Center for Multicultural Student Affairs and S. Carolyn Sullivan, Director for Community Outreach, have supported Martin Luther King and South East Asian Scholars in their goals and incentives to give back to the community.

Summerbridge is a program in which college students work at area middle schools as tutors, mentors and friends to students who need extra encouragement to continue to succeed in school. During the school year, college students volunteer to work twice a week tutoring inner-city children and can then apply to work full time in the summer program. Mike, who walked in Summerbridge was named Summerbridge because, instead of leaving an academic gap during summer vacations, it gives students a chance to continue and enhance their academic interests in a fun and supportive environment. The Providence chapter was established three years ago, and is now funded with federal grants from the Clinton Administration’s AmeriCorps Program, which is a type of in-house Peace Corps movement.

Miriam Marcelin ’96 has been involved with Summerbridge for one year. This year, she and three freshmen, Mary Kong, Chan Ping and Cheechee Rue are volunteering at Nathanial Greene Middle School. When asked about the kinds of activities she works with, she said, “Some of them may be at risk because they live in the city. Many of them are gifted or exceptional students, but basically, they are kids that just need the encouragement to do well... We empower them.”

Summerbridge workers and volunteers make an effort to provide individualized attention to all students. They try to meet the needs of students that learn in different ways, whether they need help or more of a challenge. They also act as resource persons and they prepare students for entrance exams for some of the area high schools.

PC’s minority students also take part in the curriculum of a new specialized area high school. The Providence Chapter of Commerce has created the “School to Work Program” at the Feinstein High School for Public Service in South Providence. This program came about through teachers that were alarmed by poor attitudes, drop-outs, and absenteeism among students with high potential. 119 students were personally invited for four years to be served by a core faculty of teachers, two counselors and a principal.

What is different about this program is that when classes end at 1:30, most students go to work at area businesses and experience something much like college internship. Those who aren’t working yet still have to listen to motivational speakers. These speakers range from business professionals to college students, many of which come from PC. Our students tell a story of perseverance and beating the odds. They talk about being in college, about the difficulties involved and how it is well worth it. Because their academic life is made up of minority students, they also emphasize the importance of staying open-minded, and of taking the risk to enter into an environment that may make them feel uncomfortable. They describe the opportunities that an education at PC has given them, and they encourage students to go on to higher education.

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Taking Action

by Renet M.A. Ladoci '96
News Writer

The students of Providence College have spent much time and effort making sure that they leave this area better than they found it. From Big Brothers and Sisters to Helping to Humankind students have never been frugal with their spare time when it comes to helping our surrounding community. The urban surrounding of our college is yet another place where the students of Providence College see a chance to make a difference, the opportunity to make a lasting impression.

So students developed another public service organization, Urban Action.

The overall program invites freshmen students to come to school four days early. They are invited to spend a few days to become acquainted with their new surroundings and meet people with the similar goals and to face new challenges that will make them grow from adolescents to adults. In a way, the changes they make in their community foreshadow the changes that will come in their lives. Through helping other people they are helping themselves to grow and become aware of how lucky we all are for what we have been blessed with, and the opportunities we have been given. These students have chosen to give something back to the area that lays the background for their future memories, a way to say thank you in advance.

The goal is to become involved in the community, to make a impact. This past year 110 students spread themselves over six different locations in Providence. They worked on the future site of the Nigerian Cultural Center, laid the foundation for a house on Sayles Street for Habitat for Humanity, did demolition work for the Black Stone Construction Company on Whipple Street, painted playrooms at the Smith Hill Day Care Center, and finally, they painted 2 murals on one at Corliss Park and the other at Metcalf Field in Admiral Street.

The original team of "Urban Actioners" was headed by Nicole Riva and Meghan O'Sullivan '94. Having heard of other schools in depressed areas offering the same type of urban assistance, they decided to incorporate the same positive energy into Providence College.

Students, as well as faculty and administration, have recognized the overall dedication and effort students have put forth to beautify and rebuild Providence and it's surrounding communities.

These students accomplished tremendous amounts for our community. In 1991 the original project was from Providence. They worked at the Advent House. This is a shelter for ten males who were all drug and alcohol abusers. For four days Providence College students worked together to patch walls, rip down wall paper and repaint this house. Funding and supplies were obtained; these renovations that students were forced to use kitchen utensils, such as butter knives, to repair the house. These students were determined, they were dedicated, and they turned the heads of people in our college as well as the city of Providence.

The first Urban Action team consisted of 17 students. It grew to 68 students the very next year. Because of the success of the original group, offices such as Student Services, Public Relations and the Physical Plant were all highly cooperative and resourceful.

In 1992 the organization focused on renovating the West End Community Center in downtown Providence. In 1993 Urban Action was headed by Alyssa Margia and Gloriluz Alonzo '95. The students replaced the Smith Hill Day Care Center where many of our students volunteered during the year, and the beautiful Douglas Avenue Murals depicting children and the word HOPE. Obvi- ously a message to our community that we should not lose hope and that we should continually look to the future.

Adopting new grandparents

by Justin Macione '95
Sports Editor

Upon walking through the doors of the Elmhurst Extended Care, a nursing facility at the Roger Williams Medical Center, this first class facility houses over 100 senior citizens, ranging in age from 80 to 90 years young. "It matches up a PC student with an elderly resident. They'll meet once a week for an hour," explained program organizer Laura Earls.

Students can explore a multitude of activities, through which they can interact with their grandparent. While most "adopted grandchildren" choose to talk or watch television with their partner, they also have the option of using the Roger Williams van to attend ballgames, hit the beach, or take their grandparent shopping at the mall. Despite the opportunities, most of the nursing home residents are just looking for some company; the couples also tend to keep in touch over the summer and vacations. The seniors enjoy recounting to the younger generation their past and numerous experiences.

Earls stressed the high level of satisfaction in her experience last year. "I had just lost my grandmother named Mary, so I chose to work with a woman named Mary who had multiple sclerosis. At first, every time I saw her because her own daughter doesn't visit her, I got a lot of satisfaction out of the experience though," recounted Earls, a senior at PC. Students who don't receive many visits from family and friends are the most fortunate beneficiaries of the program.

While one of the smallest service groups at Providence College, the Adopt a Grandparent organization is one of the most dedicated at the institution. Although the time commitment involves a bare minimum of one hour per week, one hour of interaction for a grandparent who does not receive company can feel like five. In addition it shouldn't be difficult to put this situation in an individual perspective: If you are forced to leave your home in which you have spent your golden years, would you rather be treated with anomaly or dignity?
It takes a special type of person to work with children. Some of the students even volunteer to pick up the children and bring them to the center. At the center, the students organize activities which often include sports helping the children with their homework.

When I spoke with a few of these students, I was impressed with the enthusiasm that they displayed. These students spoke of the experience as a very positive one, and commented that "the children are so happy, they have a lot of fun." They also mentioned that the children were very grateful for their help.

Julie Shea: "Service compliments faith"

by Tina Kloter '95

Features Editor

It's hard to get Julie Shea '95 to talk about herself. Legs curled up underneath her on a chair in the Chaplain's office, she is content to smile and say earnestly, "students at PC are great." Julie ought to know. She has been working with some eight hundred students who volunteer through the Pastoral Service Organization. She has been president of the PSO for two years. Before that, during high school and her first two years at PC, Julie taught CCD classes and tutored English as a second language. During her sophomore year, she worked as chair of the Adult Literacy program. She enjoys it. Service for Julie is a matter of faith.

She tells me with a shine in her eyes that she has learned so much from "the greater community." Julie tells me that people that she has met through the ESL program have made the greater impression on her. "I've been humbled," she says.

Their dedication is something she says that she hopes to pick up. Julie speaks about service as an opportunity to grow. She hopes that PC students will always continue to foster a relationship with the greater community. "Service is all about relationship," she declares.

The PSO program has reorganized in the past few years. As a result, more students are expected to get more students involved, but there is now a greater concentration on serving more people. Service is a Christian responsibility. Julie reminds me she speaks of it as "faith in action." And although she's sitting still, I actually see not only her faith, but her dedication in serving others. I tell Julie this and she laughs, saying that it's just who she is. She has faith not only in God, but in people and she is comforted by this. As I lay my head to write down her words she says, "service complements faith." I begin to marvel at the truth which Julie sets forth as just part of the conviction. She's got an eloquence and a simplicity in her words that a writer dreams about having. I attempt to explain this to her and she laughs and calls her words "sound bytes." Julie is awfully mellow for such a busy woman. Aside from her position on the PSO, she is also involved in the new Feinstein Public Service Program, a double major in Political Science and Latin American Studies and is an RA. To me this sounds like an impossible amount of commitments, but Julie says, "If you really love what you do, it's not hard."

"Speaking of what you do," I say, "what do you plan on doing next year?" Even though she says she doesn't want to talk about it, Julie is still smiling. She tells me that she's considering opportunities. She may go to graduate school and pursue a career in counseling, or she may participate in a volunteer program for a year. I ask her which she would like to do more and she shrugs her shoulders. She would be happy doing either one. "I like to do too many things," she says. Whatever Julie decides to do, she is sure to continue to have an impact on the people she works with. "With her little bits of wisdom, I know she affected me."
Communication is key

PC students teach English as a second language

by Christina Burgayner ’96
News Writer

Imagine yourself in a foreign country, with no knowledge of the language, helpless when trying to ask for the simplest of things—and perhaps then you might experience one of the primary obstacles immigrants face upon arriving in the U.S. for every nation, the ability to speak the native tongue is a given, so perhaps this is why we often don’t give enough thought to the struggles newcomers go through when trying to learn a new language. However, there are those, both on and off campus, who are helping certain individuals eliminate this problem, by teaching them the basics of the English language.

Here on campus, a number of students are involved in English as a Second Language (ESL), a relatively new organization designed to deal with language needs. For several hours weekly, PC students volunteer their time to teach basic English language skills to various members of the community. The Pastoral Service Organization oversees two such programs, one at Smith Hill and another on campus involving the UNNICO workers. The Smith Hill program is run three nights a week for two hours at the Camden school, under the supervision of director Lynn Zagoudis-Eastridge. The classes are broken down into four categories based on proficiency level and are taught by regular volunteers and PC students. However, the program has very little requirements to become an instructor in ESL. The PC students who volunteer their time range from Police Science majors to Psychology majors. Furthermore, the program is extremely open and has no strict guidelines. Most of the students currently teaching simply observed some classes before they began teaching a class themselves. One senior involved in the program states, “You learn so much more than grammar and vocabulary. Each student brings with them a different background and culture. There is such a great mixture of people, from all generations.”

The students in the ESL program come from all over the world, including such places as Cambodia and Guatemala, and the program is open to anyone who needs help learning English. Besides the PC students who teach, there are also students who volunteer for the day care program at Smith Hill. Many of the ESL students bring their children during their classes, and are able to leave them in day care.

The second program involves the UNNICO workers, begun last year by Stephanie Bellanger ’95 and continued this year by Carol Bodden ’97. These workers are involved here on campus with housekeeping, and are mostly recent immigrants from the Dominican Republic. This program, like Smith Hill, is run under the guidelines of the nation-wide ESL organization, and was created specifically to service the needs of those who are working here on campus.

Catherine Sztela, ’96, found out about the program through a friend, and as a Modern Languages major (Spanish and Portuguese), thought it would be an excellent opportunity to practice her languages, and at the same time, help teach those in need. “I’m in the process of learning Spanish, just like they’re trying to learn English, so I know exactly what they’re going through. You can see how much they’re struggling to learn, and their enthusiasm motivates me to help them.”

Catherine, like the others in the program, works an hour a day, up to four times a week, with two workers.

All of the workers are at a different level as far as their English skills are concerned, and so the PC tutors are assigned according to need. The lessons are of a practical nature, in which the PC tutors creatively design lessons to facilitate everyday living through the acquisition of language skills.

PC is doing its part in providing temporary jobs for the workers, and the PC students are helping them gain the basic necessary skill to move onto better things. As Catherine stated, “They’re aware that there are certain disadvantages if they can’t speak English, and so in order to get good jobs, they’re trying to eliminate this discriminating factor. We’re helping them overcome that obstacle, and it’s so great to be able to make that kind of difference in their lives.”

These two programs are extremely rewarding for all involved, not only for those who are learning English, but also for the students whose lives are being enriched through interaction with their students. The rewards involve touching individual lives and making a difference in someone’s future. Both programs are continually looking for volunteers, so get in touch either with Carol or Lynn, and become an ESL instructor!

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Thanks, from The Cowl staff
Thank you, PC students!!

The following article has been reprinted from the 10/26 issue of the Providence Journal and was written by Thomas D. Twitchell, acting co-director of the Smith Hill Center.

We support and laud some Providence College initiatives that take place on a continual basis in our neighborhood and seldom receive recognition. Quite often we hear and read about the disruptive activities of Providence College students who live in the Elmhurst area of Providence. Since we live right next door, on Smith Hill, we are very much aware of the problems. But we are also the recipients of an incredible amount of good will and loving outreach offered by hundreds of students year-round.

We have recently finished working with 25 students who painted two large licensed after-school-care rooms here at the Smith Hill Center. When they finished painting the two rooms with five different colors, they went to work demolishing the interior of a building that will become a church sanctuary for the Rhode Island Nigerian population. This will go a very long way in stabilizing a part of our neighborhood that has had years of decay. And last year, PC Urban Action, a group of 70 undergraduates, painted a building in our area with a mural depicting hope, another mural of children playing near our day-care facility, and, again, matched with a PC student mentor, go to the college each week and spend time with their mentor. It would be impossible to measure the good that comes from this major commitment from the college community.

Our English-as-a-second-language program for 80 adult learners could not function with seniors, day-care children, neighborhood cleanups, etc. Last year, more than 90 volunteers, including professors and administrators, cleaned throughout the neighborhood and repaired the roof of yet another neighborhood church.

Most recently, the first class of the Feinstein Institute for Public Service initiated two programs in our area that will be helpful for years to come. They were, first, building a Parenting Resource Center at the Rogers Recreational Facility, behind the Camden Avenue Elementary School, and second, orchestrating the first Neighborhood Congress in the Smith Hill area. In this program, people came together to discuss issues that concerned them while developing solutions to address those issues. In the future, the Congress will set much of the community’s social agenda.

While many local Rhode Island residents are aware of the parties on Oakland, Radcliffe, Pembroke and Pinehurst Avenues, they are not informed about all the wonderful acts of kindness and good will that the entire Providence College community participates in. We are only one community center of many where the college is present and sharing its very valuable human resources.

We are, of course, extremely grateful to them for all their continuing efforts to improve our lives in these persistently difficult times.

Are these future PC students?

One girl plays Pin the Pumpkin at the Smith Hill Halloween party

Children play at the Afterschool program.

Keep up the good work students!