Students from all classes attended last year’s Black and White Ball celebrating PC’s centennial anniversary.

by Gabriella Pisano ’18
News Co-Editor

PREVIEW

Last year marked Providence College’s centennial year. To celebrate 100 years of PC, the College held many events, with perhaps the most memorable being the Black and White Ball.

On Friday, February 17, 2017, Peterson Recreation Center was transformed for the ball, marking the first dance open to all PC students in a long while. With ceiling to floor drapes and curtains, chandeliers, and lights, Peterson was unrecognizable. Because the event was such a success, another Black and White Ball for all students

The Board of Programmers (BOP) executive board and Sharon Hay, director of student activities and cultural programming, have been excitedly planning the event. Hay said, “It was wonderful to see the success of last year’s Black & White Ball which brought nearly 2,500 students together. Thanks to the generosity of Student Affairs, it’s exciting to be working with BOP to bring a second Black & White Ball to the campus. Plans are well underway to transform Peterson Center—it will be a night to remember. Be sure to get your ticket when they go on sale Feb. 1.”

Elizabeth Jancsy ’18, president of BOP, said, “One of the things I loved about the Black and White Ball last year was how inclusive it was. The ball welcomed faculty, staff, and all PC students. To see Peterson transformed into a beautiful ballroom for everyone to come together is amazing. We want to make it a tradition every year at PC.”

This year’s Black and White Ball, which has an estimated budget of $35 thousand, will be held on Friday, February 23. Tickets will be available to all PC students for $15.

While last year’s ball was celebrating 100 years of PC, this year’s ball will be a celebration of the College that students call home. “The Ball is a celebration of all of the students of Providence College coming together and celebrate PC as a whole,” said Jancsy.

Women’s March Inspires Grassroots Movement

by Gabrielle Bianco ’21
Opinion Staff

“Time’s Up.” “Liberty and Justice for All.” “Resist.” Slogans such as these were emblazoned on signs at the Rhode Island Women’s March, held on Saturday, January 20, 2018 at the Rhode Island State House. Thousands were in attendance in response to actions by the government and current president which are threatening to the rights of women, minorities, immigrants, and the LGBTQ+ community. In a time in which people are frustrated by the measures taken by the government, it is up to civilians to be instruments of change in their communities.

While a number of activists from different backgrounds spoke at the march, no politicians took to the podium. The decision to not have any politicians speak lent itself well to the purpose of the march, which was to focus on civilian social justice rather than politics.

As the spring semester commences, students on the Providence College campus begin acclimating to both their new schedules and the recently altered dining hall hours.

The new hours for Alumni Hall are 10:30 a.m. to 11 p.m. on weekdays, and 12 p.m. to 11 p.m. on Saturdays. Eaton Street Café is open on Sundays from 10 a.m. to 12 a.m., and on Monday through Thursday from 8 a.m. to 12 a.m. The Café is open on Fridays from 8 a.m. to 10 p.m., and on Saturdays from 4 p.m. to 10 p.m. Thursday through Saturday, students can go to the Eaton Street Café’s window from 10 p.m. to 2 a.m.

Stuart Gerhardt, general manager of the dining facilities, explained that before each semester begins, the transaction history and sales of each dining facility are analyzed.

New Hours & New Food

by Alexandra Huzyk ’20
News Staff

ON CAMPUS

Alumni Hall’s new Asian food station.

DANCE/Page 4

SODEXO/Page 2

Alumni Hall’s new Asian food station.

SODEXO/
News

Dr. Bernice King Speaks at MLK Convocation
King Discusses Nonviolent Protest and Creating the "Beloved Community"

by Ernie Andreoli '18
News Staff

ON CAMPUS

Dr. Bernice A. King, a distinguished minister and the youngest daughter of the late Rev. Dr. Martin Luther King, Jr. and Coretta Scott King, presented the keynote address at the inaugural Rev. Dr. Martin Luther King, Jr. Convocation at Providence College on Thursday, January 18. Over 600 students, faculty, and members of the Providence community packed into the Peterson Recreation Center to hear Dr. King's lecture on her father's legacy, as well as the importance of sustained civil and social action.

In commemoration of the 50th anniversary of her father's assassination, King stressed that "together we win with love for humanity." After an introduction by Dr. Hugh F. Lena, provost and senior vice president for academic affairs, Father Brian Shanley, O.P., greeted the crowd by touching upon the late Dr. King's vision of the "beloved community." Fr. Shanley reiterated that an interconnected community and a "just social order" could only be accomplished through faith, hope, and love. As a part of the MLK Convocation week on campus, Fr. Shanley honored Dorothy F. Osborne (posthumous), Dr. John F. Fortin (posthumous), Dr. Fernand J. Le Rierick (posthumous), and Rev. Robert A. Morris, O.P. (posthumous) for creating the Rev. Dr. Martin Luther King, Jr. Scholarship at Providence College.

Fifty years ago, Rev. Morris, a champion of diversity and inclusion, encouraged the college's administration to make a commitment to scholarship for incoming students that commemorated the civil rights achievements of the late Rev. Dr. King. During the fall semester of 1968, a cohort of 100 students were selected to receive this scholarship. Today, 100 students have received this scholarship from the inspirations of works of these four heroes and their commitment to equality, diversity, and inclusion.

Following the inaugural presentation of the MLK Vision Award, Ralph T. Eaves, director of multicultural student success and assistant of undergraduate studies, spoke of the continuous importance of selflessness, dedication, and love throughout our community and our society. While Tavares acknowledged that polarized political ideologies and instances of hatred have divided the College's community to a certain extent, he asserted that "love will keep us planted."

Following Tavares's remarks, Phiona-Cayola Claude '18, president of Student Congress, emphasized the "power of conversation" to combat bigotry. Claude contended that while all individuals hold differing beliefs, equality and justice are essential for communal development and self-actualization. Prior to introducing Dr. King as the keynote speaker, Claude stated that Dr. King is the living example of her father's purpose.

In commemoration of her father's life, Dr. King encouraged all in attendance to perform 50 acts of kindness and service to individuals of another race between now and April 4, the day her father was assassinated in Memphis, in an effort to mitigate the current racial climate. Furthermore, Dr. King invited all attendees to take part in the March for Humanity in Atlanta on April 9 in an attempt to connect with one another, impede racial discrimination, and enact positive change in people and institutions.

According to King, nonviolent resistance, a practice her father tirelessly encouraged, is the most necessary tactic to be used in social movements, as well as throughout our lives. Specifically, in a time of technological connectedness and social unrest, Dr. King proclaimed that "when it comes to humanity, we cannot have winners." Ultimately, in order to create a "beloved community," Dr. King exclaimed that nonviolent resistance will lead to our spiritual and moral development.

Dr. King examined her father's studies in theology and civil activism, and how these teachings fare in 2018. As her father declared in the mid-1960s, she reiterated that the Montgomery Bus Boycott "was not a victory over white people." Rather, Dr. King emphasized that the political and social protest was a "victory over injustice." In order to expose the ugliness of violence and injustice in this day and age, Dr. King encouraged all in attendance to face prejudice through love.

Following Dr. King's address, Tavares moderated a Q&A session between Dr. King and those in attendance. Adriel Antoine '18, president of PC's chapter of the NAACP, asked Dr. King for her thoughts on how to keep the momentum going with current social and political resistance movements. "People are responding, but they are not organizing," stated Dr. King. While she acknowledged that protests are an important component of nonviolent resistance, Dr. King insisted that "the goal is change."

Dr. King encouraged all in attendance to make justice, freedom, and righteousness a reality. In January 2012, Dr. King was appointed chief executive officer of The King Center, a nonprofit organization founded by Coretta Scott King in 1968. Located in Atlanta, Georgia, this resource institution is committed to nonviolent social change in honor of the late Rev. Dr. King Jr., Mahatma Gandhi, and Rosa Parks, among other influential social activists. Dr. King graduated from Spelman College with a B.A. in psychology in 1985 and obtained her J.D. and Master of Divinity from Emory University in 1990. Reflecting on the convocation, Jasson Sanderson '21 noted "It was breathtaking." Sanderson went on to state that Dr. King's lecture provided "a lot of encouragement to people of color, as well as the entire PC Community."

Alumni Closed on Sundays, but Gains New Food Options

Sodexo:
Continued from front page

The semester is broken down into 15 minute intervals, in order to determine what times are the busiest and where students tend to eat. From the data that was collected from the past semester, Gerhardt says that, "a higher number of people are going to the Eaton Street Café during the week" in comparison to the amount of people eating at Alumni Dining Hall. This prompted the extension of the Café's weekday and Sunday hours.

In regards to the elimination of Alumni Dining Hall's hours on Sundays, Gerhardt explains that the same analytical approach of sales was used. Due to a lack of people making transactions on Sundays, those hours were cut. Gerhardt said, "there's always going to be a give and take," and that at the end of the day, it comes down to "what's best for the students."

To compensate for the change in Sunday hours at Alumni, more hours were put into place at the Eaton Street Café. This decision was made with the intention of providing students with a different venue, in addition to Raymond Dining Hall. "Change is hard, but we believe the altered hours will encompass more students than in the previous semester," says Gerhardt.

"Alumni is closer than Eaton Street Café, for people who live on upper campus," said Maggie Burke '19. In regards to the Café, she states, "It's only the window that's open late, so there's nowhere to sit and wait," which can be a problem in the winter weather. Many students also feel that the food at Raymond Dining Hall is less appealing in comparison with Alumni Dining Hall. Colin Williams '20 said, "I feel like the Ray food is not as high quality as the Alumni food. While Ray has a larger selection, the food at Alumni seems to be better." Williams also shared, "I was disappointed to hear about the change in hours because I know many students on campus eat there late on the weekends."

These new hours will remain in effect for the entirety of the semester, but will be reexamined before the next semester begins. If the transactions don't increase at the Eaton Street Café, and the student body vocalizes discontent, then the hours of the dining facilities around the campus will be reevaluated.

Another change to Alumni Dining Hall is the addition of an Asian food station. "We sent out a survey last semester seeking input as to what students would like to see to replace the Mexican theme station and the overwhelming response was an Asian concept," said Gerhardt. "We will look to keep it current and also look at menu trends. We want it to be fun and interactive."

"Some students have also wondered why there was not a Midnight Breakfast held this past semester. Before the start of finals week, there is typically an event held in Raymond Dining Hall, and some students can take a break from studying and eat a late night breakfast, free of charge. However, this past semester, this event was not held. The decision not to provide a Midnight Breakfast was agreed upon by Dean Steven Sears and Gerhardt, after they observed that, "in past years, participation rates have been going down."

"Midnight Breakfast is a tradition," Burke said, "and it's needed especially before finals when we're stressed." Williams seemed to agree, stating, "I have always gone to midnight breakfast and it's a super fun way to blow off steam before CIV exams."

"This emphasizes that because of the overwhelming student reaction, there will definitely be a Midnight Breakfast held at the end of this semester, and it will most likely be held in the semesters to follow."
PC Welcomes Jackie Peterson
Peterson Steps in as Interim Chief Diversity Officer

by Sabrina Guillenbaut '18
News Editor
ON CAMPUS

Five days into her time at Providence College, Jacqueline Peterson sat in her office in Harkins Hall and shared her insight as interim chief diversity officer at the College.

In an introductory email Father Brian Shanley, O.P., sent out to the campus community last week, he stated, "Until this position is filled, I am named."

Peterson explained that having a real visual of what has been in her title, but she has always enjoyed working with the College as it moves ahead in affairs, will assist her in partnering with the College's commitment to improve is everyone's role," she said. She stressed that though the new position at PC will be filled, the job to embrace this component should be naturally embraced," said Peterson.

On a first impression, Peterson said she does see that the campus is "another holiday and is something exciting surrounding Casino Night. She said the night is like another holiday and is something exciting because it is a lively, engaging, entertainment night such a fun experience. Dumais summarized her excitement, saying, "Overall, everyone I spoke to really enjoys PC," she said. She explained that seeing the College's commitment to improve is encouraging and a good motivation for her.

Currently, Fr. Kenneth Sicard, O.P., executive vice president, and Kristine Goodwin, vice president of Kristine Goodwin, vice president of Student Affairs, and discuss the College's history and mission. Peterson explained that having a real visual of what has been in her title, but there is something trapping the students for life after graduation from the College. She remarked how in her time at Holy Cross, Peterson lived on the campus quadruple happy to share.

"This mass was a wonderful way to remind the Class of 2018 of a friend that was lost, but is still a beloved member of the class," said Lee. "It was a welcome opportunity to remember meeting Fernando, a wonderful young man who will be missed by all our hearts as we go through our final semester at PC."
January 25, 2018

Congress Updates

by Connor Nolan ’19
Student Congress Publicity

After a member of Congress suggested they attempt to contact and work with the PCTV club, the proposer of the music production club agreed that this may be a good idea and that he would help people involved in PCTV. Their goal is to hopefully gain funding to support trips to music studios, and maybe in the future have one built on campus.

The final piece of new business for this week’s meeting offered a change to the current candidate structure of those wishing to run for Congress while studying abroad. The presenters of the piece of legislation wished to make it possible for two students who are studying abroad in different semesters to split the role of representative while present on campus. This was in hopes of allowing those who wish to be more involved with Congress, but also study abroad to have the chance to serve as a partial class representative.

This proposal was met with a good amount of questions, with many feeling putting two names on the ballot would skew the results in favor of people who have yet to be a part of Congress, which is helpful in making Congress truly representative of all students. Some chose to offer compromises such as requiring more signatures than the customary 50 required to run if there are multiple candidates, or making this a temporary measure if not all representative slots are filled in elections.

PC Students March for Life

Campus Members Journey to Washington DC for Annual March

by Sabrina Guibeault ’18
News Editor

PC held its second meeting of the semester this past Tuesday, January 23.

Announcements

At 4:30 a.m. last Thursday, over 60 Providence College students boarded a coach bus heading to Washington, D.C. for the 45th Annual March for Life, which was taking place.

“The March for Life is one of the most joyful, loving, and faithful experiences that I think everyone should get a chance to experience,” said Haley Wolfe ’19, president of PC for Life. “First of all, being in the nation’s capital, with all the monuments, museums and government buildings, is just so overwhelming.”

She explained it is the people who ultimately keep her transported to a new place while still keeping it fresh and new. “The ball will have food, a beer garden, and a live band. While the year’s entertainment included a live band and a DJ, the BOP Black and White Ball planning committee decided they wanted to create an elegant aesthetic they think students will appreciate in a large-scale event.

The ball will be reminiscent of last year’s Black and White Ball, but Jancsy emphasized that the event will be unique and different. BOP put a great deal of thought into the planning of the layout of the area. Instead of the two beer gardens that were at last year’s ball, there will be one larger beer garden with multiple bars and a variety of drinks and specialty drinks. Jancsy explained that they wanted to make it a destination for everyone 21+, while still keeping the event fun for everyone to mingle.

“I hope students are excited to re-experience last year, but I want people to come with an open mind of what the new year can hold. The fact that last year was such a success makes us want to build this one up even more and make it an even bigger success,” said Jancsy.

Jancsy explained that BOP strives to make students feel welcome and accepted. “Having an event of this scale is a really exciting, but we want to create an environment for students to get together with friends and meet the new people and Black and White Ball accomplished this,” explained Jancsy.

PC Students March for Life

Campus Members Journey to Washington DC for Annual March

by Connor Nolan ’19
Student Congress Publicity

Wolfe and her team were responsible for shopping for the trip. She explained throughout the preparation there was also the question of what kind of music to have at the Vigil. She explained her executive team prayed the “Memorare” everyday leading up to the march, and Wolfe explained with"the intention of being peaceful, prayerful, safe, and smooth march”. Wolfe found this year’s march very successful, and was glad to be part of it. “Pulling up to the Basilica for the Vigil for Life the night before the march is honestly one of my favorite parts because we take this group picture on the front steps and there is always someone who leads us in ‘Go Friars,'” said Wolfe. “All of the other people around us all look and see us in our matching apparel, and it fills me with such a sense of pride in our cause and humility that I am blessed to lead this group.”
The Women’s March Takes on Rhode Island
Protestors Rally at RI Statehouse and Fight for Women’s Rights

by Kate Brewer ’20

ON CAMPUS

“We believe that Women’s Rights are Human Rights and Human Rights are Women’s Rights.” That is the core belief of the founders of the Women’s March, an international movement that claimed the steps of the Rhode Island State House for the second year in a row on Saturday, January 20. As stated on the governing body’s website, this year’s theme was “Power to the Polls,” encouraging voters to use their vote to fight for women’s rights.

The Providence Women’s March was held from 12 p.m. to 2 p.m. and featured art exhibitions, music, food trucks, expo tables, and a wide array of speakers from diverse backgrounds. Standing among the thousands of women, men, and children that came to show their support for the movement were students of Providence College, as well as Rhode Island Governor Gina Raimondo.

“It’s a really optimistic feeling here,” Raimondo told the Associated Press at the event. “People are coming together to stand up for tolerance, stand up for women’s rights, stand up for equality.” Elected in 2018, Raimondo is the first female governor of the state.

After the success of last year’s inaugural Women’s March, there was a great deal of excitement surrounding the 2018 revival. “Last year I made the last minute decision to attend the march the morning of,” said this year. “I was looking forward to it the entirety of the week leading up to it because I knew just how special it was,” said Maria Johnson ’70, who cheered on her friends in the crowd.

One important theme of the 2018 march was recognizing and promoting intersectionality. “I felt like a wide range of women were represented at the march,” observed Johnson. “If the speakers themselves did not personally represent a community, they spoke about it. From poor women, to women of color, to transgender women, to women of the LGBTQ community.”

Notable speakers of diverse backgrounds included Miss Lesbian Rhode Island Ashley Delgado, Lisa Ranglin of the Rhode Island Black Business Association, Justice Catherine of DARE/PRYSM, and Monika Huertas of NoLGIInPVD.

Diversity in age was also a prominent feature, as younger participants were singing along with the older kids and boys for that matter, carrying ‘March Like a Girl’ signs. It makes me feel hopeful and inspired for the future knowing that kids are learning to value others before their own lives at such a young age.

In front of a podium graced by Master of Ceremonies Jessica Brown, a wall of women stood firm with hands intertwined to display Brick x Brick, a national art exhibit brought to Providence by the project’s senior advisor and systems designer Nikki Gaffney ’20. “It is often easy for political marches or rallies of any sort to be driven by anger or frustration. It was beautiful to see how love, not hate, inspired and fueled the Women’s March. This love and support for one another is what I took away from attending the march, and it has stayed with me since.”

Missed the Women’s March but still want to join the fight for women’s rights? “Get involved on campus” exhorts Johnson. “Women Who Win and Women Empowered are awesome clubs at PC that help foster that same feeling of empowerment that the march gives.”

In the spirit of democracy, another way is to speak with your vote. “After attending the Women’s March, I feel empowered to vote and be more politically active,” said Gaffney. “At times, it is hard to believe that your vote carries any weight, but my advice to those looking to get more involved would be to utilize their votes and raise their voices in the face of injustice.”

PHOTO COURTESY OF WINNIE KENNEDY ’20

The Government Shutdown
Why the U.S. Government Shutdown, and What It Means to You

by Darren Squillace ’19

WORLD NEWS

For the first time in nearly five years, the United States federal government shut down when the clock struck midnight on Friday evening, and did not re-open until Monday morning. The shutdown came as a result of senators failing to come to an agreement on a deal to fund the government that was passed by the House of Representatives. Immediately after the shutdown began, the discussion around Capitol Hill shifted to that of whose fault it was. President Trump was quick to blame Democrats for the shutdown. White House Press Secretary Sarah Huckabee Sanders released a statement about the shutdown as it was occurring, stating, “We will not negotiate the status of unlawful immigrants while Democrats hold our lawful citizens hostage over their reckless demands. This is the behavior of obstructionist losers, not legislators.” The Democrats, on the other hand, were quick to retaliate and lay blame upon the majority party in Congress. Senate Minority Leader Chuck Schumer went as far as to label it “the Trump shutdown.”

The shutdown, however, turned out to be a bit more complicated than initially expected. This year experienced a 2018不到位 of the budget around the country. By Monday morning, Trump signed a bill officially ending the weekend shutdown that established a plan to fund the government for the next three weeks. Yet the bill that was ultimately passed by both chambers of Congress was not just an agreement on how to properly fund the government. The shutdown was also a fight over the negotiations that are to take place surrounding immigration in the coming weeks, specifically Deferred Action for Childhood Arrivals (DACA), as Sanders had suggested. The bill required a bit of deal-making, as Republicans assured Democrats that legislation would be put on the Senate floor in the immediate future that will address issues surrounding immigration and border security. Trump immediately took to Twitter, stating, “Big win for Republicans in the Senate. Now I want a big win for everyone, including Republicans, Democrats, and DACA, but especially for our Great Military and Border Security. Should be able to get there. See you at the negotiating table!”

While the congressional vote temporarily resolved the issue of funding, neither side of the debate is out of the woods as it pertains to this issue or those pertaining to immigration. The DACA program alone has allowed approximately 800,000 undocumented immigrant children to live here in the United States.

How both Democrats and Republicans move forward and handle the key issues that triggered the shutdown could be crucial as to how the 2018 midterm elections will play out for both sides, as the Republicans currently hold a one-seat advantage over the Democrats in the Senate. At the center of it all will be President Trump, who will be forced to put his deal-making skills to the test.
Activism: Continued from front page

Each of the speakers discussed a unique issue concerning social justice that plagues our country today and described how they are working to make a positive change. Civic engagement is vital to any democracy. The 2016 election season was marred by strife and frustration coming from many Americans who felt that the bureaucracy and the “big business” politics of the government had left them in the dust. The government, however, only has so much influence in the day to day activities of civilians, so it is up to citizens to elicit change.

The scope of service and social justice is so wide that anyone can find a cause to support using their own skills. Actions such as voting, volunteering, supporting local businesses, protesting, and even running for office are just a few examples of courses of action people can take to make a difference. While it might seem easier to be patriotic in a time when people are proud of their government, true patriotism comes from engaging in civic duty and working to better the nation where there is room for improvement.

If history can serve as a map of sorts for where the country has been and where it can go, then the recent social justice movements prove to be promising for the future. Throughout history, change has occurred not as the result of the actions of one person in the executive branch, but rather by groups of committed individuals whose actions create ripple effects throughout the nation. The road to progress is not easy by any means—there is still a lot of work to be done—but movements such as the Women’s March will hopefully lay a solid foundation for future advancements.

The Providence College community was well represented at the march, with many students attending and showing their support and passion for equality. The march comes at a fitting time for PC students, having just celebrated Rev. Dr. Martin Luther King, Jr. Convocation week. Just as Dr. King, Jr. served as a titan of social justice, a new generation of students and leaders is preparing to take the reins of the future. Dr. King, Jr.’s words were recited at the march: “The moral arc of the universe is long, but it bends towards justice.”

As we march forward into 2018, we must all take it upon ourselves to follow the moral arc of the universe, and stand up for what is right to ensure a more equal and just tomorrow.
Independent Studies: A Unique Learning Opportunity

by McKenzie Tavella '18
Opinion Staff

CAMPUS

It is hard to believe that I have gone nearly my entire college career without taking or even knowing about one type of course. My friend changed the course of my college career when she turned to me and uttered two words: “independent study.”

Providence College defines an independent study as academic work chosen or designed by the student with the approval of the department concerned, under an instructor’s supervision, and usually undertaken outside of the regular classroom structure.

After learning more about independent studies and personally experiencing them, I truly see the value in this alternative to a regular course. Independent studies should be a part of every student’s college experience.

There are many reasons why each student should take an independent study while attending college. It is typically one-on-one—just the professor and the student. For some, this may seem intimidating; however, it is also extremely beneficial because this structure is more reflective of the real world. When you are going on a job interview or having a weekly meeting with your boss, the skills you learned in your independent study will come in handy. Additionally, the focus will be all on you at all times, therefore there is no dawdling or “zoning out;” you must be attentive and alert constantly.

Beyond the one-on-one set-up, the independent study is also very representative of how a student’s life will be outside of college. There are no rubrics or guidelines in the real world. Rather, you simply get an assignment from your boss, and that’s where it is up to you to see it through.

In an independent study, you have a weekly meeting with your professor, where you typically give them an update on your progress and discuss the next steps. It is your vision driving the process, not your professor’s. Similarly, in a professional environment, once your assignment is finished, you will either pass or fail. Either your boss will like it, or he or she will not.

Ultimately, an independent study is a practice run for your career after graduation. As a senior, I am immersing myself in an environment that can only help me.

It is more “outside” work, but it is less time inside a classroom, providing for a more open schedule. This effort spent on going to class is used for more productive reasons, such as making progress on your semester-long, in-depth assignment.

If there is anything you can take out of this article, it is not only an awareness of independent studies, but also an amazing opportunity to further your knowledge, and gain practical experience.

Therefore, I encourage everyone to try and take an independent study on a topic of their choice with a professor who sparks their interest before graduating from Providence College.

Lean In to the New Semester

by Andrea Traietti '21
Opinion Staff

CAMPUS

The start of 2018 has come and gone, and maybe some of those New Year’s resolutions have seemed to slip away with it. But a lapse in achieving those “new year, new me” goals should not be a deterrent from other attempts at goal setting. Especially for college students, goal setting in both a short-term and long-term context has proven to be a critical skill in classroom and career settings.

One of the scarcest questions for a college student to hear also seems to be one of the most common: “What are your plans for after college?” Conveniently, winter break seems to offer ample opportunities for family members, neighbors, and co-workers to remind lots of students that for the most part, they really have no plan.

This time off also affords students plenty of time to think (or, more accurately, stress) about meetings to set up once back on campus, internship opportunities for a rapidly approaching summer break, and establishing some sort of path for after graduation.

Finding a summer job is a daunting task, let alone trying to figure out what comes after graduation. The pressure to have a solid outline for a path post-graduation is so overwhelming that it seems like there is not even a good place to start. With stress like this, it should not come as a surprise that serious goal setting is unappealing and scary to college students.

However, it is time to amend the goal-setting process and change the perception of what makes a good goal. In her book Lean in, Facebook Chief Operating Officer Sheryl Sandberg frames career paths as a jungle gym rather than a more traditional ladder, where people move up or down.

Sandberg, a Harvard University graduate and widely considered one of the world’s most powerful women, admits that she herself never outlined a real goal for her future when she was in college, and she still cannot exactly trace how she ended up in her position at Facebook. Now, she advocates for a new approach to setting goals. Sandberg says in Lean In, “I recommend adopting two concurrent goals, a long-term dream and an 18-month plan.”

The reason that Sandberg’s goal-setting process could be so useful to college students is because of the way it fosters flexibility. “A long term dream does not have to be realistic or even specific,” says Sandberg. She adds, “even a vague goal can provide direction, a far-off goalpost to move toward.”

In turn, these long term dreams should inform the way we go about setting shorter, 18-month goals that focus on more immediate personal, academic, and professional improvements. These goals should serve as stepping stones toward one day achieving that bigger dream, whether it is to travel, to work in a certain field, or just to have a happy professional life.

Long-term dreams can be as specific or unspecific as desired, and 18-month goals offer a chance for more short-term and organized planning, and serve as check-ins or opportunities to reflect on progress. Broadening the scope of goal setting makes it a much more accessible process, especially for college students following a winding and constantly evolving path.

And this goal setting has proven to be critical to success even before actually achieving the goals themselves. A Harvard publication on the importance of goal setting has cited the process as a way to improve motivation, creativity, sense of agency, responsibility, and overall confidence.

For students, feeling empowered in their own choices leads not only to higher success levels in the classroom, but also the ability to carry this confidence and consequent success into their careers and their lives in general.
Learning to Live Without Fear

by Kevin Copp '18
OPINION Staff

The person who is afraid of their true self does not challenge themselves to improve, but instead is content with maintaining the status quo. They are not concerned with being in touch with reality but rather with how many likes they can receive on Instagram and how many people will recognize them on campus. For fear that their true selves will be exposed, these people conform to the societal standards of beauty, lifestyle, and attitude, and never reach a level of comfort with their honest selves.

There are also people who are simply afraid of being wrong. They do not want their ideas to be rejected, so they might keep quiet and never enter into a true connection with another person. They also might project a close-mindedness so severe that they isolate themselves from others entirely, rendering themselves unable to feel any connection because they are so far out of bounds from the rest of society. The most dangerous idea someone can have is to think that everyone else should be just like them.

Dr. Bernice A. King, Jr., led the Civil Rights Movement in the 1950s and ’60s and inspired generations since as a result of his philosophy of nonviolence, so too has Dr. King highlighted the potential of the individual to make society more equitable through a commitment to trust.

Yet the missing piece that makes such a dedication to trust possible is the ability to overcome the fear that pervades society. Fear is the wedge in society that sits squarely between understanding and ignorance, keeping people apart instead of bringing them together. Comprehending one’s own fear and learning to conquer its debilitating effects is absolutely essential for creating a positive impact on contemporary society.

The fear of being one’s truly authentic self is the most dangerous and harmful type of fear that someone can experience. A person afraid of being totally honest with themselves oftentimes does not realize their self-deception.

Dr. Bernice A. King addresses the PC community.

Lady Liberty Shines Despite Shutdown Absurdity

by Lela Biggus ’18
OPINION Staff

It is because of this ineptitude and pervasive disorganization that a compromise on DACA for Democrats and tighter border security for Republicans could not be reached in time to prevent the shutdown, but Trump alone cannot be blamed.

It is the injection of petty politics into what should be serious decision-making that makes a mockery of our governing body. Last week we heard intellectuals, journalists, and political analysts seriously debate whether or not the president would be satisfied with funding for any physical structure resembling a border wall, as long as he could claim that his campaign promise had been fulfilled. This is pure absurdity and, tragically, the fear that pervades society.

The statue of Liberty has been a beacon of hope for those seeking refuge and migrating to America since the 19th century. The skyscraper solidifies this vision, and its glow reminds us of the promise of a better tomorrow. The Statue of Liberty remained open during the brief but dramatic shutdown, but Trump alone cannot be blamed.

The move may have been a good investment, but the irony of keeping Ellis Island open while our government was shut down is almost too perfect.

Ellis Island operating while our government is shut down is almost too perfect. It is not as though the values of liberty, citizenship, and even democracy under Obama and now suddenly what it claims to be.

The universe is screaming at us to embrace our country’s multicultural identity, while simultaneously reassuring us that no matter how ridiculous things are right now, reason, love, and tolerance might just win out in the end.
The spring semester is officially in full swing here at Providence College! Classes have commenced, homework has been assigned, and various events including guest speakers, dance, and other student activities have been planned. However, PC is not the only bustling community at the forefront of student life.

This past weekend, thousands of people in Providence alone expressed their outrage in the March for Life to stand in solidarity on the myriad of issues affecting women in the United States today. The Cowl also participated in the March for Life to show support for pro-life beliefs, and today, after the delivery of 156 victim impact statements, former U.S. gymnastics team doctor Larry Nassar was sentenced to 40 to 175 years in prison for sexually abusing the gymnasts he was supposed to be medically treating.

Reflecting on these three momentous events, take a moment to reach out to an important woman in your life whom you care about to thank her for her support, sacrifices, and unconditional love. Take on the responsibility of keeping the dialogue around prevention and accountability for sexual assault alive and powerful in 2018, so that we can continue to make meaningful progress.

We do not print previously published articles. The Cowl welcomes guest opinions and letters to theeditor@thecowl.com. Letters should be no more than 250 words in length and will be printed as space permits. Guest reserves the right to edit articles for grammar. Submissions must be emailed to theeditor@thecowl.com. Student subscription is included in tuition.

The professors who spoke explained the College’s MLK Convocation week. Last Friday, January 19, a panel of Providence College professors spoke about their research regarding diversity and the legacy of Rev. Dr. Martin Luther King Jr. Due to the large audience that attended Dr. King’s speech, one would expect there to be a crowd of intrigued students at last Friday’s forum. However, this was not the case. In fact, the assembly was primarily composed of faculty members.

In light of Dr. Bernice A. King’s address last week, in which she advised students to stand in solidarity on the myriad of issues affecting women in the United States today, we can now appreciate the power of a single voice. The College’s MLK Convocation week was a remarkable event that reminds us of the power of unity and the importance of standing up for what we believe in.

As college students, we are in a unique position to make a difference in the world. We have the knowledge and skills to advocate for change, whether it be in our communities, on our campuses, or on a global scale. Let us use this opportunity to be agents of change and make a positive impact on the world around us.

Once a “breaking news” alert rumbles on a person’s phone, the starting pistol blares in the race to get the most likes on social media. Instead of carefully thinking about issues and considering other perspectives, we engage in meaningless discussions on social media.

In light of Dr. Bernice A. King’s address last week, in which she advised students to stand in solidarity on the myriad of issues affecting women in the United States today, we can now appreciate the power of a single voice. The College’s MLK Convocation week was a remarkable event that reminds us of the power of unity and the importance of standing up for what we believe in.

As college students, we are in a unique position to make a difference in the world. We have the knowledge and skills to advocate for change, whether it be in our communities, on our campuses, or on a global scale. Let us use this opportunity to be agents of change and make a positive impact on the world around us.

Once a “breaking news” alert rumbles on a person’s phone, the starting pistol blares in the race to get the most likes on social media. Instead of carefully thinking about issues and considering other perspectives, we engage in meaningless discussions on social media.

In light of Dr. Bernice A. King’s address last week, in which she advised students to stand in solidarity on the myriad of issues affecting women in the United States today, we can now appreciate the power of a single voice. The College’s MLK Convocation week was a remarkable event that reminds us of the power of unity and the importance of standing up for what we believe in.

As college students, we are in a unique position to make a difference in the world. We have the knowledge and skills to advocate for change, whether it be in our communities, on our campuses, or on a global scale. Let us use this opportunity to be agents of change and make a positive impact on the world around us.

Once a “breaking news” alert rumbles on a person’s phone, the starting pistol blares in the race to get the most likes on social media. Instead of carefully thinking about issues and considering other perspectives, we engage in meaningless discussions on social media. Instead of carefully thinking about issues and considering other perspectives, we engage in meaningless discussions on social media.
ABOVE: Ralph Merstil '19, Goodness Adekoya '20, and Shamar Richards '20 pose with flags to promote the new Afro-Caribbean Club at the Winter Involvement Festival.

RIGHT: Sabrin Mohamednur '20, Fenda Konte '20, Kiyana Aldin '21, Sara Jean-Francois '19, and Maya Jabbaar '20 pose in front of the Women Empowered booth at the Winter Involvement Festival.

ABOVE LEFT: Aaron Ferrante '18 answers questions about Friars Club at their freshman coffeehouse.

ABOVE: Haley Wolfe '19 and Nick Ogrinc '19 practice dance moves with the Ballroom Dance Club. The club meets in Moore 112 on Monday nights at 6 p.m.

LEFT: Dr. Raymond Sickinger, chair of the history department, speaks at a faculty panel as part of the Humanities Forum and MLK Convocation Week. The event, titled ‘Making Community: Making MLK’s Dream a Present-Day Reality,' took place in the Center at Moore Hall, a space focused on diversity, equality, and inclusion.
What is your most important New Year’s resolution?

“Make daily rosary every day.”
Quinn D’Andrea ’20

“Be more outgoing.”
Connor McShane ’19

“Follow up with my goals by making my bucket list a reality.”
Elizabeth Connor ’20

“Do more things that bring me happiness.”
Catherine Flugel ’20

“Get an ‘A’ in Civ (@Fr. Dom).”
Bridget Reilly ’20

“Make prayer an essential part of my life.”
Rodrigo Martinez ’19

“Eat less fast food.”
-Ronald McDonald
**Preview: Hamlet Comes to Providence College**

by Kerry Torpey ’20
A&E Co-Editor

"Madness in great ones must not unwatched go." With intense sound effects and choreographed fight scenes, the Providence College Department of Theatre, Dance, and Film’s upcoming production of William Shakespeare’s *Hamlet* will certainly capture the mania and drama of the tragedy. In their final days of rehearsal, the cast of *Hamlet* is working tirelessly to perfect the well-known and notorious tale. Led by Director John Garrity ’73, who is an associate professor in TDF, the play follows Hamlet, Prince of Denmark, as he seeks revenge for the murder of his father, the king, by his uncle, Claudius. Alongside Garrity are several collaborators who have put hours into the production. Trevor Elliot, who worked as assistant technical director and has designed the sets for *Into the Woods* and The Addams Family at PC, put together lighting and scenic design that encapsulates the commotion on stage.

Assistant Professor Megan Chang has served as a vocal coach for the actors. Furthermore, audiences should expect to see contemporary costumes designed by Maxine Wheelock, who also worked on *Our Town*. Stereotypically recognized for his brooding nature, Hamlet teeters on the edge of sanity and lunacy. Audiences can anticipate Timothy Brown ’20 as Hamlet crazily running about the center stage, one second and droopily dragging his feet the next.

Rather than performing in the Angell Blackfriars Theater in the Smith Center for the Arts, the cast will be in the Bowab Studio Theater, which is PC’s very own black box theater. Although it is small, the Bowab seems fitting for Hamlet, as the close proximity to the actors allows the audience to feel immersed in the drama at Elsinore Castle.

Certainly a standout moment for audiences will be the way in which the production crew presents the ghost of King Hamlet. Played by Daniel Cardi ’18, who also appears in the role of Claudius, the ghost of King Hamlet literally becomes a projection. Without revealing too much, Carroll will leave audiences startled with his powerful voice and expression.

Hamlet will run for seven performances total. Opening weekend is Jan. 26-28, with 7:30 p.m. shows on Friday and Saturday and a 2 p.m. show on Sunday. Following a week off, the cast will be back Feb. 8-11 with four final performances.

Tickets are $5 for students, $9 for seniors, and $13 for adults. They can be purchased online, in person in the Smith Center at the Box Office, or over the phone at 401-865-2218. Just as "madness in great ones must not unwatched go," this showcase of *Hamlet* is not one to miss.

---

**Fans Are Falling for Fall Out Boy’s New Album, M A N I A**

by Julia Vaccarella ’20
A&E Staff

Last week the popular American band Fall Out Boy released their seventh studio album, M A N I A. The album, which was expected to debut in mid September, was delayed and pushed back to Jan. 19. Aligning with the trend set by other music groups, it is safe to say that M A N I A is Fall Out Boy’s least rock production yet, an ironic statement to make, considering that one of their previous albums is entitled *Save Rock and Roll*. Dan! At the Disco, Coldplay, and Maroon 5 are among many other bands that have integrated electronic styles into their former rock sound in the past year. Fall Out Boy’s own experimentation with pop dates back to the mainstream success of the song "Centuries," which was featured on their previous album *America Beauty/American Psycho*. It is possible that the mainstream success of this single has led Fall Out Boy to explore the pop genre further in their music.

"Young and Menace," which was released early on as a single, is arguably the most electronic song on the record. The track confused many long-time fans who were hoping for Fall Out Boy to return to their roots. This is also a major reason why the album was delayed in the first place as lead songwriters Pete Wentz and Patrick Stump were not content with the album as it was at the time. Several of the songs on M A N I A contain multiple pop culture references, such as the allusion to the film *Jurassic Park*. Certainly a standout moment for audiences is a showcase of "Wilson (Expensive Mistakes)." The album also references Olympic figure skater Tonya Harding and The Addams Family character, Wednesday Addams. Despite this change, the Fall Out Boy of the early-2000s is not completely absent from M A N I A. Keeping this in mind, it is clear that Fall Out Boy’s shift in sound does not equate a transfer in the band’s messages regarding mental health. In fact, M A N I A explores Pete Wentz’s well-known battle with bipolar disorder. Stump’s strong vocals still balance well, even in the songs that have also incorporated some elements of pop. "The Last of the Real Ones" highlights Stump’s voice while also significantly limiting the electronic beats present on tracks like “Stay Frosty Royal Milk Tea.”

Fall Out Boy has received mixed reviews on M A N I A. Those who have been listening to the band since they were just beginning to emerge as a rock group have expressed disinterest and frustration with the album and the group’s decision to tour with both blackbear and Jaden Smith, because both artists produce rap/hip hop. Others, though, have been much less critical and have even chosen to embrace the emphasis on pop and electronic music.

Considering that the band has been around for over 15 years, some variety in sound is justified. Their previous work did attract a much different fanbase, and the group was a brand synonymous with the punk genre. Notwithstanding their pop sound, Fall Out Boy band members posing for a photoshoot for new album, M A N I A. PHOTOS COURTESY OF HIDDENJAMES.COM. It feels like every once in a while, you’ve gotta do a hard restart that clears the cache and erases the hard drive..."
A ‘Fur’-ious Debate
Are Fashion Designers Pushing Animal Rights Aside?

by Patrick Fuller ’21
A&E Staff

LIFESTYLE

Remember that short stint of time when everyone seemed to be an animal rights activist battling against the fur industry? According to National Geographic, 15 or 20 years ago, models would pose for ads with slogans like, “We’d rather go naked than wear fur.” However, fur production has ballooned since 1990s, with about a hundred million skins created in 2015. What used to be a target of shame and disdain has now become the premier option for modern winter clothing.

Look no further than Macy’s, for example. A visit to the store’s online catalog will reveal “The Fur Vault,” currently filled with 173 items to choose from including a $2,795 printed fox fur coat of dazzling, white splotched with patterns of blue and red. Furthermore, Macy’s offers a chrome-plated mink fur belt cape for $6,995 and a Persian lamb fur coat for $8,895. Beyond the capes and coats lies an assortment of accessories ranging from backpacks, gloves, hats, headbands, and scarves to tech accessories and cases.

Even famous designers are taking advantage of the fur craze; Gucci sells a $34,000 printed mink fur coat with “slightly cropped sleeves for elegant appeal,” and “a breathtaking tiger design… to create a trend of a lifetime that you’re spotted and never forgotten.” Fur products seem to grant the wearer an aura of class and nobility while providing the comfort of a bathrobe.

However, the fur industry still remains controversial. According to People for the Ethical Treatment of Animals (PETA), animals on fur farms spend their entire lives confined to cramped, filthy wire cages. Fur farmers use the cheapest and cruelest killing methods available, including suffocation, electrocution, gas, and poison.” In fact, more than half the fur in the United States is produced by willful mistreatment or undue harm.” The fur taken from these skinned animals is sewn into the hoods of Canada Goose jackets. This dilemma leaves consumers wondering if a 2-inch goose patch on the left sleeve and a hood trimmed with coyote fur is truly worth $900 and the sacrifice of innocent animals.

Moreover, animals caught in the wild are subject to unfriendly practices, willful mistreatment or undue harm.” The fur taken from these skinned animals is sewn into the hoods of Canada Goose jackets. This dilemma leaves consumers wondering if a 2-inch goose patch on the left sleeve and a hood trimmed with coyote fur is truly worth $900 and the sacrifice of innocent animals. However, Canada Goose has a “commitment to traceability” on its website which states, “We believe all animals are entitled to humane treatment in life and death, and are deeply committed to the responsible use and ethical sourcing of all animal materials in our products. We do not condone any willful mistreatment and neglect of animals or acts that maliciously cause undue pain, injury or suffering.”

This program seeks to ensure that the company’s furs are sourced from a reliable provider which avoids “any unfair practices, willful mistreatment or undue harm.” Finally, the band decided to separate from their lead singer, Niall Quinn, and have open auditions for the position. When O’Riordan decided to audition, she was able to blow the band mates and judges away, as there was no question that she deserved the spot with her powerful vocals. O’Riordan was ultimately awarded the title of lead singer and the rest was history.

The band went on to release a number of hit albums including Everybody Else Is Doing It So Why Can’t We (1993) and To The Faithful Departed (1996), both of which were massive commercial successes, with the latter album reaching number two on the Billboard Top Pop Albums. The Cranberries even went on to receive the European Border Breakers Award as a top 10 breakout band, which is a milestone for any European band. The Cranberries split up in 2003, citing creative differences and artistic ambitions. Following the band’s split, O’Riordan went on to launch her own successful solo career. Her first single following the breakup was featured on an album that included legendary artists such as Eric Clapton and Sheryl Crow.

O’Riordan went on to release her first full solo album Are You Listening? (2007) which has sold over 350,000 copies worldwide. She continued to release and perform concerts. The singer even had the privilege of performing in front of world leaders like Pope Francis and Princess Diana. Princess Diana said that O’Riordan’s singing was so beautiful it actually brought her to tears. O’Riordan also partnered with former The Smiths band member Andy Roureke in the 2010s to launch the band D.A.R.K.

Although her family is keeping details of her death private, fans around the world mourned alongside them at the late singer’s funeral on Jan. 22. Thousands of tributes from celebrities prove the power and legendary effect O’Riordan had on the music industry.

Remembering Dolores O’Riordan
Lead Singer of Irish Rock Band Dead at 46

by Joe Clancy ’18
A&E Staff

MUSIC

“The Cranberries split up in 2003, citing creative differences and artistic ambitions. Following the band’s split, O’Riordan went on to launch her own successful solo career. Her first single following the breakup was featured on an album that included legendary artists such as Eric Clapton and Sheryl Crow. O’Riordan went on to release her first full solo album Are You Listening? (2007) which has sold over 350,000 copies worldwide. She continued to release and perform concerts. The singer even had the privilege of performing in front of world leaders like Pope Francis and Princess Diana. Princess Diana said that O’Riordan’s singing was so beautiful it actually brought her to tears. O’Riordan also partnered with former The Smiths band member Andy Roureke in the 2010s to launch the band D.A.R.K.

Although her family is keeping details of her death private, fans around the world mourned alongside them at the late singer’s funeral on Jan. 22. Thousands of tributes from celebrities prove the power and legendary effect O’Riordan had on the music industry.
Netflix Announces a Fortunate Event
Fans Anticipate a New Season of A Series of Unfortunate Events

by Ryan Cox ’18
A&E Staff

TELEVISION

When Netflix first announced a television adaptation of Lemony Snicket's popular children's book series A Series of Unfortunate Events, critics were skeptical. The 2004 feature film starring Jim Carrey as Count Olaf received generally mixed to poor reviews and was a failed attempt at turning the book series into a film franchise.

The Netflix series, which premiered in January 2017 and stars Neil Patrick Harris as Count Olaf, however, worked around the mistakes of the film, and its second season is slated to premiere on March 30.

Following the format of the first season, each book of the series occupies two episodes of the season, allowing the creators to flesh out all the details in the plot. Season two picks up where season one left off and will cover books five through nine of the series: The Austere Academy, The Ersatz Elevator, The Vile Village, The Hostile Hospital, and The Carnivorous Carnival.

Season one received a 93 percent fresh rating from Rotten Tomatoes, with the consensus: “enjoyably dark, A Series of Unfortunate Events matches the source material’s narrative as well as its tone, leaving viewers with a wonderfully weird, dry, gothic comedy.” The show was also praised for its handling of themes of grief and loss, in addition to its set design and casting.

The second season, then, has a considerable amount of pressure to live up to. Its teaser trailer featured Harris as Count Olaf, but did not offer many details besides the release date. Online sources showed no additional information, and it seems that Daniel Handler (real name of Lemony Snicket and executive producer of the series) is keeping the project as quiet as possible.

Handler did acknowledge the possibility of a third season, admitting that he hopes Netflix will green-light the final season. In an interview with Entertainment Weekly, Handler said, “We hope to get the go-ahead to do season three, which...given how quickly young actors age and change, we’re trying to film everything as quickly as possible...The third season would be the rest of [the book series].”

In addition to Harris, the series includes Patrick Warburton as Lemony Snicket, Malina Weissman as Violet Baudelaire, and Louis Hynes as Klaus Baudelaire. The first season features Will Arnett, Joan Cusack, and Alfre Woodard, and the second season plans to include Tony Hale, Nathan Fillion, and Sara Rue in its supporting cast.

Season one of Netflix’s A Series of Unfortunate Events is now streaming. Season two is scheduled to release on March 30 at 12:01 a.m.
If the world was white, you would have no jokes.
You would just talk about the weather, who won last night,
The guy or the girl, the couple in a fight—
That is, if the world was white.

If the world was white, you would have no jokes.
You would ask what I want to eat, what movie I’d want to see tonight,
What dream car I want to buy—
That is, if the world was white.

But, the world is not white. I am not white.
And we are not alright.
When I talk about the weather you ask how hot it was in my sweatshop,
When I ask what happened last night, you ask if I saw the Border Patrol lights,
Because the world is not white.

When I say I want to eat, you say you don’t like dog meat,
When I want to watch a movie, you ask if my eyes are open, if I can actually see,
When I describe my dream car, you say I’m an Asian girl, that I won’t even know how to drive,
Because the world is not white.

I admit it, I do—
Sometimes it’s innocent and funny, and I’ll laugh too.
But a million pokes of a finger will turn into one stab of a knife;
You laugh for a minute, I live with that stereotype my whole life.
Because the world is not white.

This poem was incorrectly printed in the 1/18/2018 edition of The Cowl, with the last three lines omitted due to a formatting error. The full poem has been reprinted here by request of the author.
“What if you could take away your deepest regret?”
I stand there looking at the billboard with the sun shining on a laughing couple at a picnic. I stop and look at this billboard every day. It’s basically become ingrained in my mind. Her perfect smile and his little laugh, images of a world so far removed from my own. Jealousy begins to grow within me as I prepare to finish my walk to the tavern in anger.
“You know, it really does work.” I turn around, surprised to see a brunette woman behind me.
I ask her, “What works?”
She smiles and says, “The Resurrection Procedure. I remember being miserable for a long time, about what I obviously cannot remember. But the second I did that procedure, I felt like the weight of the world had been lifted off my shoulders.”
She begins to walk away. I’m about to chase after her, but I notice a clock hanging from a nearby store and realize I’m late. So I begin to walk in the opposite direction.
I eventually come to McShane’s Tavern. I head to the back and see Jimmy and Matt at the regular booth. I toss my briefcase inside the booth and join them. With a half empty pitcher, I pour myself a glass of beer.
Before he can finish that thought I blurt out, “I’m going to actually do it. I’m going to go through with the Resurrection Procedure.”
Silence permeates the booth, as both Matt and Jimmy run their eyes over to the billboard of the laughing couple. I walk through the automatic doors and come to a room full of people running around. I walk over to the receptionist’s desk and get a clipboard with papers that need to be filled out.
Hours go by before I get taken into a room. Soon after I enter, the brunette woman whom I had seen the other day comes into the room in a white lab coat. She sits down near a computer. She takes my clipboard, and as she looks over the sheets waiting room wasn’t so busy.”
She takes a look at the files in the computer.
She shakes her head and says, “Is this something you want to do? Because it can never be undone.”
At this point I fully understand the weight of the procedure.
“Mr. Richards, are you listening to me?”
I reply, “Well I would have come sooner if the waiting room wasn’t so busy.”
She laughs, “Yes, well, it is a popular procedure.” She takes my clipboard, and as she looks over the sheets she sits down near a computer.
She says, “Well, Mr. Richards, everything appears in order. So, tell me, what memory are we going to be removing today?”
My hands begin to shake as I say, “My wife.” She nods her head and begins to type into the computer. Stunned, I just sit there silently. Finally, I work up the courage to say something: “You’re not going to tell me this is a bad idea or warn me or something?”
She looks up from her computer and says, “No, from your file you are clearly above the age to consent to this procedure. If you are having reservations, however…”
Images begin to flash before my eyes: our first date in a restaurant when I couldn’t stop sweating, our first night together where she couldn’t stop smiling, our wedding where we promised to always be together, but it ends the way it always does with her slamming the door on her way out and never coming back.
“Mr. Richards, are you listening to me?”
I look back towards the doctor and reply, “Sorry, what were you saying?”
She shakes her head and says, “Is this something you want to do? Because it can never be undone.”
I turn my head and look back at the billboard of the smiling couple, finally realizing how much the woman looks like my ex-wife. I begin to smile too.

The Resurrection Procedure
by Connor Zimmerman ’20
Portfolio Staff

FICTION

“...You had more good times with her than bad. Do you want to erase all of it?”
I shake him off and say, “The good doesn’t matter when its only the bad that I can think about.” I grab my briefcase and walk out.

“...the Resurrection Procedure...”

Across the street I turn my head and look back at the billboard of the couple. Images begin to flash before my eyes: our first date in a restaurant when I couldn’t stop sweating, our first night together where she couldn’t stop smiling, our wedding where we promised to always be together, but it ends the way it always does with her slamming the door on her way out and never coming back.

“...The good doesn’t matter...”

Let regret get lost in the noise
And pain be forgotten with the night.
And be the reason it’s bright.

Bring with you those who inspire,
And abandon those who restrain.
Let the lessons stick with you.

Hoping to grow,
And planning to accept,
While promising to cherish.

And have a soul well kept.
And planning to accept,
While promising to cherish.

Let the lessons stick with you.
And be the reason it’s bright.

Not letting the best,
But letting my heart enjoy the fresh air.
Because you can’t dance in the rain
Without wetting your hair.

by Erin Lucey ’20
Portfolio Staff

POETRY

18
Shallow

by Jay Willett ’20
Portfolio Staff

POETRY

Whether it’s exercise or stress, the sweat is the same,
Slow, hot, sometimes worth it, sometimes not.
She made me feel like I sprinted 200 laps,
She watched me run and run, as fast as I could,
Until the breath I was breathing wasn’t my own.
Still I gasped for air.
The goal still tens of laps away,
Already ran far from where I began.
Willingly, passionately, adamantly,
Regrettably.
During breaks the laps increased.
She wasn’t cheering me on at the finish line anymore.
My back twanged, my ears burned, my heart sunk deep,
To watch her’s float to the shallows.
I feel the same sweat trickle down my throbbing legs.
She was cheering again, too far away to see for who.
Warm wind from the south.
I look back.
The track seemed unfamiliar, but nostalgic.
I smiled.
She can wait at the finish line all she wants.
She wasn’t cheering me on at the finish line anymore.
During breaks the laps increased.
Regrettably.
Willingly, passionately, adamantly,
Already ran far from where I began.
The goal still tens of laps away,
She made me feel like I sprinted 200 laps,
Dear You Who Shall Not Be Named,

As you kiss my soft lips and moan from tiredness, you check your text messages every five minutes to make sure that you are in the clear. You keep a photo of Elsa, Troy, and Chase stored in your wallet; they are so beautiful and grown-up-looking, just like you. You leave from my back door, and you run to your car down the street. As usual, you leave me alone as you rapidly pace from my humble abode to your lavish sportscar. I notice that you never once fail to fasten your belt strap and to zip your fly while you run as if you are a mad man.

Years later, you tell me that you are in the process of going through a divorce. Still to this day, I wonder why I am one of the few chosen to fall for you—an unavailable man. I wonder how I am capable of breaking your family apart and for allowing your beautiful children to endure the divorce of their parents, something that I myself endured in my own childhood. Today, I cry myself to sleep as I wonder how I let you, the man whom I love so deeply, ruin my whole life.

About a year ago today, I went through my own divorce. My husband cheated on me with his ex-wife and their family is in the process of coming back together. I sit with tears running down my face and my emotions run wild. How am I capable of ruining your family and then of creating the same trauma for myself?

I now know how it feels, to have the man whom you love so deeply, fall for someone else. I have learned difficulty and today, I like to think of myself as a bigger and better person because of this insight gained through experience. I thank you with all of my heart for making me a stronger, better individual.

Thank you, You Who Shall Not Be Named.

Sincerely,
A stronger and better person.
Buildings on Campus

ACROSS
3 Twin dorms, one male, one female
9 Home of the DWC Program
11 Includes a field house with an indoor track, indoor basketball courts, indoor tennis courts, racquetball courts, and the school's swimming pool
12 Named after a famous RI philanthropist
13 Purchased by the college in 1926
15 Known by this nickname, it has over 3,000,000 volumes in its collection
16 A former construction garage turned academic building
17 Where you can get textbooks, donuts, and The Cowl within an hour

DOWN
1 Formerly the nurse's dormitory of the Chapin Hospital
2 Dorm named for the fifth Bishop of the Diocese of Providence
4 PC's newest lawn addition
5 Home of the Center for Inclusive Excellence
6 Newest building on campus
7 Originally housed pre-ecclesiastical students
8 Oldest building on campus
10 Theatre majors' HQ
14 Oldest remaining residential dorm on campus
Basketball Legend Jo Jo White Remembered

by Jack Belanger ’21

The basketball community mourned last week as former Boston Celtic and basketball hall-of-famer Jo Jo White passed away after a battle with brain cancer. White, 71, had been battling the cancer for a while as he had a brain tumor removed back in 2010. The announcement came just before the Celtics tipped off against the New Orleans Pelicans.

White starred as the point guard for the Celtics during the 1970s, playing in Boston for 10 seasons before finishing his career with the Golden State Warriors and the Kansas City Kings. He, along with forwards Dave Cowens and John Havlicek, led Boston to NBA titles in 1974 and 1976. White was a seven-time all-star for the Celtics averaging 17.2 points per game and 4.9 assists per game in his career.

Drafted ninth overall in the 1969 draft out of Kansas, White quickly became a fan favorite in Boston. He set a franchise record by playing in 488 consecutive games over the span of seven seasons. He made the game look easy, and bought into the idea of Celtic pride, giving all he had every game.

One of White’s biggest games of his career probably came on the biggest stage. In Game 5 of the 1976 NBA Finals against the Phoenix Suns, White led the Celtics to a 126-126 triple-overtime victory, where he led the team with 33 points and nine assists while playing 60 out of 63 minutes, and was eventually named the Finals MVP.

After he retired in 1981, the Celtics retired White’s #10 jersey in 1982 during a ceremony where they raised it to the rafters. Eventually, he was inducted into the Naismith Memorial Basketball Hall of Fame in 2015 along with his former coach Tommy Heinsohn.

Outside of his career on the court, White was one of the most respected players around the league. Unlike many players today, White was a quiet leader for the Celtics and was known for his kind-hearted nature.

Even after his playing days, White stayed involved with the Celtics, as he mentored many players over the years and was hired as Director of Special Projects. Former Celtic, Brian Scalabrine, took time out of his schedule to talk about White. “In 2010, before every game,” Scalabrine said, “he would stand at half court, give me a hug and tell me—every game—’you’re doing great; just continue to be who you are, and do what you do.’ That meant a lot to me.”

During last Thursday’s game against the Philadelphia 76ers, Boston honored White by putting his jersey over the seat he usually sat in over the years to cheer on the Celtics. The team also played a tribute video for him during a timeout.

While he will surely be missed, White left an impact in Boston that spread across multiple generations that will remember his contributions on and off the court for years to come.

Lacrosse Gears Up For Spring Season

by Eileen Flynn ’20

The Providence College Men’s Lacrosse Team has been waiting for a chance to play another game since reaching Big East Championship game last May. The Friars upset Big East rival Villanova University in the semi-final game, winning their first ever Big East Tournament win and advancing on to the championship game. The team played their hearts out against defending champion, Marquette University. They fell to the Golden Eagles by just one goal on their home turf, concluding their 2017 season with a record of 14-7.

The Friars have had the past eight months to work hard in their off-season, using this heartbreak to motivate them for a 2018 season with better results. Head Coach Chris Gabrielli added Conner Byrne ’18, and Brendan Kearns ’19 will join returning leaders, James Barclay ’18, Tate Boyce ’19, and Austin Goltz ’17 as captains.

The returning captains will lead by example, and continue their successful careers as Friars. Barclay helps protect Boyce as he holds up the defensive end; he has caused 35 turnovers and has started all 47 games of the past three years at PC. Boyce returns after a decorated 2017 season. He received the USILA/Nike Third-Team All-America honors and Inside Lacrosse Honorable Mention All-American accolades. The Friars appreciate his steadiness in net, as Boyce reported an 8.05 goals against average and a 0.569 save percentage. He was ranked sixth in the NCAA against all other Division I goalkeepers.

Goltz returns as a graduate student and his veteran status will help lead the younger Friars. He played in 15 games last season and finished with 18 points.

Big East All-star Byrne, will be a positive addition to the team as a new captain. In midfield, he has started in 39 games and scored nine goals and four assists in the 2017 season. As a senior, Kearns will want to make his last season the best for himself and his team. As an attacker he has posted 32 goals and 13 assists in his two years at PC.

The regular season opens up on Saturday, February 3 at Boston University. The Friars will then return home and pick-up their momentum with a three game home stretch, hosting the College of the Holy Cross, Bryant University, and St. Joseph’s University.

The team will travel to the University of Connecticut to Sacred Heart University’s territory on March 3 before yet another three-game homestand against University of Massachussets at Lowell, Harvard University and Hofstra University. At the first Big East matchup is on March 31, the Friars will face-off against St. John’s University.

The Friars will have to wait until April 14 for their highly anticipated rematch against Marquette University. The Friars are expected to come back looking better than ever, and have another historic year for the program.
In an National Hockey League season full of feel-good stories and teams that have played above expectations, the Boston Bruins have made a name for themselves once again as one of the league’s best.

It has been 101 years since the team announced its new game. It has been 101 years since the team announced its new game. It has been 101 years since the team announced its new game. It has been 101 years since the team announced its new game. It has been 101 years since the team announced its new game.

In 46 games, Boston has accumulated a record of 28-10-8 and won their most recent match up last Tuesday night against the New Jersey Devils by a score of 3-2.

The team’s success cannot be attributed to just a handful of players. Up and down the lineup, the Bruins have received strong play from nearly every single forward, defenseman, and goaltender on their roster.

Brad Marchand leads the team in points with 52 (2G, 29A) while linemates David Pastrnak and Patrice Bergeron follow closely behind with 47 (14G, 33A) and 40 (20G, 20A) points, respectively.

Rookie forward Danton Heinen has been a pleasant surprise for Boston. He sits fourth on the team in points with 32 (10G, 22A) and plays alongside veteran David Backes and 28-year-old Riley Nash. While the trio acts as a third line, they have had few difficulties providing scoring for the team in timely situations. The line has combined for 41 points during the team’s 17-game hot streak.

Boston’s fourth line, which is centered by former Miami University of Ohio forwardSean Kuraly, has also seen success this year. Kuraly is flanked on either side by Providence College alumni: Noel Acciari ’16 on the right and Tim Schaller ’13 on the left. This line is less known for its scoring, though it does have 26 points this season and more known for its ability to provide depth and stability. This line also gives the top lines the ability to catch their breath while not becoming a liability for the team defensively.

On the back end, Boston has seen a rejuvenated Zdeno Chara lead a young defensive core to success early on in the regular season. Rookie Charlie McAvoy has stepped in and become everything the Bruins have expected him to be and more.

The veteran’s defensive style has allowed McAvoy to take advantage of his offensive tendencies. This stability has also permitted McAvoy to work through growing pains that come with jumping into the NHL at only 19 (now 20) years of age.

Unfortunately, the team announced Monday that McAvoy has undergone a procedure to “treat an abnormal heart rhythm,” and the expected time of recovery is two weeks. McAvoy has 25 points (5G, 20A) in 45 games and his absence on the blue line will undoubtedly be noticed.

Perhaps no other position has received more attention for the Bruins this season than their goaltending. To start off the season, Boston suffered a variety of injuries to key players such as Bergeron, Marchand, Backes, Acciari, Ryan Spooner, and David Krejci, and that is just to name a few. This created struggles for the team early on both offensive and defensive. Defensively, the team played poorly at times in front of their own net, and often players were unable to clear out loose pucks, resulting in bad goals.

When bad goals start to go in on a regular basis, the goaltenders are typically the first players to blame, whether that be with or without actual fault.

This was the case for the Bruins early on in November during a California road trip where backup Anton Khudobin temporarily won the net from starting goaltender Tuukka Rask after a poor performance against the Anaheim Ducks.

Khudobin won four consecutive games before eventually forfeiting the net back to Rask. After a loss to Edmonton in his return, Rask has posted a record of 15-0-2 with a goals against average (GAA) of 2.16 and save percentage of 923.

Overall, the team has seen more success over 46 games than most would have predicted. Fans look to see how Boston adjusts without McAvoy in the lineup. If the Bruins are as good a team as their play over the last month and a half has indicated, they should be able to find a way to forge onward until his return.

Bruins Go on Mid-Season “Hot Streak”

by Jeremy Perrigo ’18

Sports Staff

PROFESSIONAL HOCKEY

The Last of the Enforcers

by Meaghan Cahill ’20

Sports Co-Editor

PROFESSIONAL HOCKEY

It has been 101 years since the National Hockey League has been established. However, while the game has fundamentally stayed the same, it has also undergone many changes, most of which have taken place over the past few years. And the changes are not subtle. Rather, the entire game that the way the game has been played has, in a sense, evolved into a new game.

Some come from a very hockey-oriented family in Boston, so naturally, the Boston Bruins have always been, and will always be, my team. I grew up hearing stories of the “Big, Bad Bruins” and watching old films of some of the organization’s best games and fights. Compared to the pro games today, those films did not have many similarities but rather very obvious contrasts. One major difference is that the game no longer has that level of physicality that it used to. Hockey has transformed from a game of both toughness and skill to just a game of skill. Speed and talent have completely taken over the NHL, decreasing the need for the hundreds of players within the league.

“I don’t think [the game is] going to get back to where things used to be, when there were these hulking monsters whose role was just to fight,” former NHL player George Parros commented back in 2014 to ESPN after he was not offered a new contract. The reason being was that teams did not need the level of toughness he brought to the game anymore.

The enforcer players are on the brink of extinction, more so today than back in 2014. Of the 31 NHL teams today, there are only eight enforcer players left out of the hundreds of players within the league. Even the “Big, Bad Bruins,” who used to be known for their toughness and physical style of play, have done away with enforcers, as shown by their actions of trading Shawn Thornton after the 2013-14 season. Without the level of toughness that the enforcers are supposed to bring, there is more room for the young players on the teams to shine.

With the referees stricter in monitoring every move on the ice, the game has become strict about speed and skill. In the same interview as Parros, Columbus Blue Jackets President of Hockey Operations John Davidson stated, “The game is officiated differently now…You can’t intimidate teams. It doesn’t work.”

A direct result in this change is that goal productivity is at an all-time high, with an extra 1.02 goals per game, according to Hockey-Reference back in the beginning of October when the 2017-18 had just started. High-scoring games are becoming a norm, with 3+ goals scored per game. For example, in the past nine games, the Bruins have scored 40 goals, averaging 4.4 goals a game.

And yes, I will admit that it is most definitely satisfying to watch your favorite team score countless flashy goals, but the game without enforcer players is just not what it used to be, mainly because it lacks the entertaining fights. Fights are practically non-existent and checks are more of a shove into the boards instead of a nice, hard, clean hit. Gone are the days of players being hit so hard they actually went through the glass. Hockey fans all around are having to adjust to this change and personally, I wish that the physicality of the game would remain at the level that it used to be.
Who Will Win Super Bowl LII?

New England Patriots

by Sullivan Burgess ‘20
Sports Staff

For the tenth time in the history of the franchise, and for the eighth time in the era of Bill Belichick and Tom Brady, the New England Patriots have shocked the world yet again to find themselves in Super Bowl LII.

After coming back from a 10-point deficit against the Jacksonville Jaguars in the AFC Championship, the Pats will finally have a chance to go back up against Super Bowl XXXIX opponent, the Philadelphia Eagles. The Eagles are led by Nick Foles, the backup quarterback for the team after starting quarterback Carson Wentz tore his ACL late in the season. However, whether the quarterback is a backup, third string, or pro-bowler, nothing can stand in the way of New England’s roster.

With the Pats looking to become back-to-back champions after last season’s overtime victory over the Atlanta Falcons, Brady is also fighting to secure his sixth championship. This could make him the only player in NFL history with six Super Bowl rings.

The end of the New England Patriots’ dynasty is coming and the Eagles will start it off with a big win at the Super Bowl this year. After an extremely impressive NFC Championship game win, they have the momentum and the talent to finish their championship run.

Nick Foles is shining in his substitute role after starter Carson Wentz was injured in the last few weeks of the regular season, and he shows no signs of slowing down. Bolstered by a strong offense surrounding him and backed up by a stout defense, Foles has the opportunity to become a giant-slayer on Feb. 4.

The Eagles will do something that only their NFC East rivals, the New York Giants, have done in the last 18 years of the Tom Brady and Bill Belichick era: beat the Patriots in the Super Bowl.

Philadelphia Eagles

by Ethan Ticehurst ‘18
Sports Staff

Professional football

The end is nigh for the Patriots, whether or not they lose on Feb. 4. Brady is getting older and Belichick is closer to retirement than some may think.

All of the factors seem to be lining up and we may see the walls of Gillette Stadium come tumbling down this year at the hands of the upstart Philadelphia Eagles. Lead by their (currently injured) and future-elite quarterback, Wentz, and his replacement, Foles, the Eagles’ chances are looking good.

With the city of Philadelphia behind them, the Eagles will travel to Minnesota with enough confidence to slay the NFL’s Goliath.

All dynasties must end at some point. Nothing lasts forever. This game comes down to his ability to perform against the Eagles’ defense, which contains two pro-bowlers: Fletcher Cox, defensive tackle, and strong safety Malcolm Jenkins.

Brady, even at 40 years old, is coming off one of the best seasons of his career with 4577 yards and 32 touchdowns. He is looking to his number one receiver Brandin Cooks and hopefully superstar tight end Rob Gronkowski, who suffered a concussion in the AFC Championship.

The defense, led by free safety Devin McCourty and defensive end Trey Flowers, will have to shut down options such as Alshon Jeffery, Zach Ertz, and Torrey Smith. However, without their number one quarterback, will someone like Nick Foles be able to handle the pressure of the big stage?

We all know “Touchdown Tommy” is capable of this. In the end, Brady and Belichick will be bringing the Lombardi Trophy back to New England.
Foley, Pinho Get Prestigious Nod
Both Named Finalists for Hobey Baker Award

by Sam Scanlon '19
Sports Staff

It is hard to think about the Providence College Men’s Ice Hockey Team without thinking of Brian Pinho ’18 and Erik Foley ’19. The two Friar superstars have been integral parts of the Friars’ offense since they joined the squad in 2014 and 2015, respectively. Their preliminary nominations for the Hobey Baker Award, which celebrates college hockey’s top player, should come as no surprise.

Senior captain Pinho, a North Andover, Massachusetts native and product of the Catholic Conference’s St. John’s Preparatory School, has been a dominant force in all three phases of the game throughout his career. In an interview with New England Hockey Journal’s Jeff Cox, Foley spoke highly of his comrade Pinho, saying, “He’s a great player. He never makes a mistake. It’s hard to find a player like him.” A player like Pinho is certainly hard to find. A player like Pinho, who excels all over the ice by evading defenders and getting into the dirty areas, making plays, and scoring goals. Speed kills, a fact Pinho certainly knows. Perhaps the fastest skater on the ice at all times, his size and speed has allowed him to be recognized as one of the nation’s best players, so his nomination is deserved.

Foley, the Friars’ other Hobey Baker Award nominee, has emerged as one of the nation’s best goal scorers as he is in the midst of his junior season for the Friars, seemingly always appearing on the scoresheet. Another Massachusetts native, hailing from Mansfield, has slid into the top scoring role for the Friars with 29 points in 24 games. This 29 points are from his team scoring. Another Massachusetts native, hailing from Mansfield, has slid into the top scoring role for the Friars with 29 points in 24 games. His 29 points are from his team leading 13 goals and 16 assists.

The Winnipeg Jets’ 2015 third round pick has a heavy shot and a knack for getting into positions that allow him to score. His quick first step and long strides enable him to elude defenders and get time and space to get off an open shot, which he rarely misses.

Like Pinho, Foley is a force all over the ice and in the dirty areas. He concurred in that same interview with Cox admitting, “I’m just trying to be heavy down low, take pucks to the net, and use my shot. I just want to make plays.” A natural playmaker and goal scorer, Foley seems to be doing his job perfectly.

In the second half of the season, the same eight game span as Pinho, Foley has picked up eight points on three goals and five assists. With 82 points thus far in his career, Foley is well on his way to join Pinho in the 100 club.

Foley has been heavily relied on for offensive production for the Friars since his career started here at PC, and he has certainly stepped up to his expectations. When the two of them start picking up their play simultaneously, it is an absolute nightmare for opposing teams.

As the Friars face off against another offensive powerhouse in the eighth-ranked Northeastern University Huskies this weekend, Foley and Pinho will be heavily relied on to match their weaponry in Northeastern’s lineup. After a Friday night game at Northeastern, the Huskies come to Schneider Arena on Saturday night. Support our Hobey Baker Award finalists by coming to the game, and vote for them at voteforhobey.com.