Welcome to PC!!

Orientation leaders tell their favorite memories from freshman year:

Lisa Durica '97: Waiting for the buses to go on the BOP Newport trip

Shannon Coleman '97: Bonding with my floor over ice cream and 90210

Kara Schlick '96: The first moving-in day, and having my own phone

Mike James '97: Waking up at 5:15 a.m. and finding out I'd made the Friars Club

Danielle Panneton '97: The first Stag Dance

Ryan Crowley '97: Hanging out with the guys on Joseph steps

Jason Connors '96: Letting off steam before my CIV final
Alternative Action
Habitat for Humanity teaches more than just hammering nails

Kristen Gariley '95

Departing Editor-In-Chief

If you're ever looking for a luau, debate, or a luxurious masterpiece, check this out. The Cowl office on Monday nights. Every week, our editorial staff meets and discusses the events of this week which focus on national topics such as political and social issues. As editor, I am supposed to offer important insights during the meetings, but several months ago I made the decision to abstain from discussing article ideas with the writers.

I based my decision on the fact that I do not believe I am a very opinionated person. Sure, I enjoy listening to others debate for or against the need for welfare reform, but I do not choose a side. Don't get me wrong, just because I avoid a concrete stance doesn't label me uninformed. I consider the whole fact that I listen to all sides of an issue and attempt to broaden my knowledge, but refrain from constantly arguing against another's viewpoint.

My whole attitude on personal opinions changed over Spring Break. In early November, I accepted an offer to join the Habitat for Humanity Alternative Spring Break trip to Homestead, Florida. There, there were other trips to Pennsylvania, North Carolina, and West Virginia, but for a moment I was not expected during the trip and I was hardly one to lend a "helping hand" prior to my acceptance. All I knew was that I was going to Florida to rebuild after the destruction of Hurricane Andrew two years ago, a hurricane similar to the one I was vacating during the summer of 1992.

For these trips to take place, the 52 participants had to raise $16,000. During fundraising and collecting sponsors, we were successful (and then some). The fifteen of us assigned to Florida stayed at an ICARE (Interfaith Coalition for Alternative Rural Education) site for the entire week. We slept on cots in cabins and woke every morning at 6:30 a.m. to attend a meeting and then one day's work - tasks which ranged from painting to plumbing to electrical work to rebuilding floors and walls.

There were about 250 other volunteers, including students from the University of Illinois and senior citizen couples who devoted their winter months to reconstructing Andrew's devastating destruction. On our first night, the director of the compound explained how Andrew destroyed over 50,000 homes, and had to leave the worst of the storm. Her walls were destroyed by water damage and her floors were collapsing due to termites. We began working on her house on Monday by ripping out all of her carpet, drywall (walls, counters, sinks, toilets - everything), Tuesday through Thursday found us taking out all of the asbestos, replastering and painting the walls, and repainting the entire outside of the house. By Friday, she had a brand new kitchen, bathroom, and floors in three of the rooms. Every morning we arrived she always thanked God for our help and especially to me. I have never met a person more courageous and appreciative in my life. The contractors we worked with were still helping other college volunteers finish the work we started on Maryon's house.

Another home we worked on was in its final stages. The owner, Party, and her three children, had been living out of a camper in her front yard since Andrew destroyed her home and walls. We arrived in time to see the outside of the house painted, new rug placed, and her face facing the back of a wall. A week after returning from Homestead, I am still surprised at how much the trip changed me. Before I left, I was skeptical about helping the homeless and poor. I was unsure of my stance on welfare and whether it was effective in the struggle to end poverty. Now I return with my first solid opinion: Americans need to help Americans - however they can. Sure, we need to develop stronger family values and focus on fair education for all, but more importantly, we need to lend a hand.

I still love to hear members of my staff debate, but I have developed a new attitude. I have the utmost respect for those who are not afraid to voice their opinions - even in the face of opposition. Talking is the best way to develop intellectual and strong opinions. It is only when you put your words into action that they actually mean something.

It is only when you put words into action that they actually mean something.

The Cowl
Established in 1935

Editor-in-Chief...Teresa Edo '96
Managing Editor...Erin Jameson '96
Asst. to the Editor-in-Chief...Kristin Jenson '96
Editorial Interns...Jen Schromer '96
Asst. Editorial Editors...Christopher Roche '96, Jeanie Sullivan '97
Editorial Staff...Beth Danespo '96, David O'Mahony '96, Amy M. Rodrigues '97, Kristen Martinez '96
News Editors...Scott Chamberlain '96, Aubrey Bright '96
News Staff...Erin Ploker '96, Michelle Boozang '97, Carol McGann '96
Dave Canal '96, Robin L. Erickson '98, Mike Dever '98
A&E Editor...Remi A. Ladao '96
Asst. A&E Editor...Fat Heep '96
ADE Staff...Rand J. Retiefinger '97, Megan Southard '97
Features Editors...Andrew Bale '97, Michael Sablene '96
Features Staff...Asher Schofield '96, Jeff Komensky '97, Erin R. King '97, Tom Pence '96
Sports Editor...Rob McGann '96
Asst. Sports Editors...Peter Ketelaar '97, Cory McGann '97
Sports Staff...Ann Abravanel '96, Scott Laprade '97, Scott Palmiet '97, Mike Frere '97
Tod Madson '97, John Cerullo '98
Clubs Correspondent...Katie Honekamp '96
Clubs Correspondent...Liz Melby '96
Clubs Correspondent...Melissa Naiden '97
Advertising Manager...Andrew O'Connell '96
Advertising Staff...Thomas Keegan '98
Photography Manager...Suzanne Hangadan '98, Maribeth Cannon '97
Photography Staff...Mike Carriere '97
Photography Staff...Carey Capone '96
Jennifer Pleister '97, Heather J. Dewar '98
Roving Photogapher...The Katharine Banker '96
Roving Photogapher...Kieran M. Tate '96
Copy Editing Staff...Anne Brunell '96
Robin P. Day '96, Lance Elsner '96, Patrick Troy '97
Illich-Onwuchekwe '96
Graphics Staff...Matt Cohalan '97, David Gere '97, John Brunell '96
Graphics Staff...Danielle Castillo '98, Karen Stoffer '97
Circulation Manager...Jonathan Morri '96
Circulation Manager...Julie Nygren '96
Facultly Moderator...Dr. Richard Testa

Thanks for all your help Meghan!!!

Students prepare for Ecuador

Teresa Edo '96
Editor-In-Chief

Once again, the City invaded. On Thursday, April 20, Sharc City attempted to demonstrate in PC, as Jesus taught, just how little one needs to be truly happy. From 9 p.m. to 7 a.m., students draped canvas and tarps over their dorms, imitating the simple living conditions found in Duran, Ecuador, the site of the college's upcoming summer missionary trip.

Sharc City is not just a fund raising event for the "Rastro de Cristo" ("Face of Christ") program. Although each student...
**Packing your bags**

A guide of what to bring and what to leave home

Kate Malloy '93 & Tricia Connolly '93

This article first appeared three years ago, but since it offers such great survival advice for freshmen, we decided it was still worthy of reprinting. (Trust me, my mother sweary by it.)

After the hurly-burly of orientation is behind you, the next step in preparation for your career at PC is to determine what you are going to bring. Looking back, we remember spending far too much time and energy being terrified we would forget something of the utmost importance. First of all, don't stress. After a month of school, Columbus Day will roll around and most freshmen and sophomore head home for the long weekend. Anything you have forgotten can be easily picked up then or sent by Mom or Dad.

A few weeks before you arrive here at PC, the school will contact you with the names and phone numbers of your roommate(s). Do not be shy; call them right away and decide who will bring what phone, a stereo, a computer or word processor, and a TV or even a VCR. If none of you own a small refrigerator, one can be rented when you get to school. (Also, with the new voice mail system, telephone answering machines are unnecessary.) Remember, space is limited and you'll want to make the most of it. For the lucky people with big rooms in Josie, Raymond, Meagher, or McDermott, you might want to look yourselves up with a small couch or comfy chair. These are key for intimate gatherings in your room with friends. Bring lots of things to decorate your room; this is your room for the next year, and you'll want to make it feel that way. So bring posters, lots of pictures of friends and family. As a side note, leave home the poster of kittens or ID2001 and, for guys, those creepy posters of busty women sprawled out on sports cars. The Claude Moore's and Salvador Dali's look a lot nicer and people will think you're worldly and cultured.

Cardboard boxes that can fit under your bed are a good idea since closet and dresser space is very limited. Do NOT bring any plastic shelves or milk crates because they are prohibited under the school's strict fire regulations. Extension cords are also a no-no. Any circuit breakers with a row or outlets can be bought at Caldor, Bradlees, or K-Mart and they serve the purpose even better. You can leave the candles and incense burners at home, too.

For girls, pocketbooks are a sure sign of freshmanhood and are definitely a rare sight on the PC campus. A sturdy back-pack with pockets is more convenient and more cool. A must for campus life are a couple of warm, rugged walking shoes. Plan on hitting the pavement a lot more than you do at home, and the weather in Rain Island does not always cooperate with you wardrobe.

Here are some miscellaneous items you will need:

- buy all stationery supplies at home to save some bucks and save time in the bookstore
- typing/computer ribbon
- computer disks
- stapler and staples
- tape (scotch and masking)
- pencil sharpeners
- rubber bands
- dictionary
- rulers
- envelopes
- stamps
- pens and pencils
- address books
- calendar/date book
- towels/facecloths
- extra-long sheets
- blankets
- pillows
- mattress cover
- clock radio
- plants
- desk-lamp
- light bulbs
- nails
- screwdriver
- hammer
- adhesive books
- detergent/bleach/ fabric softener
- bathrobe
- the washing machines

**Orientiation Issue**

The Cowl 3

**Packing a row!**

**Lady Friars Ice Hockey captures fourth straight title**

Derek Stout '95

**Departing Sport Writer**

The Lady Friars hockey team have captured their fourth consecutive ECAC championship. As a result of a 2-1 sudden-death overtime victory over New Hampshire Sunday, seniors Melissa Munder, Stephanie Sullivan and Kathleen Brophy will graduate having won each of their four years at Providence College. The title has also set a standard for first year head coach Jackie Barto and assistant Chris Bailey for years to come.

The sudden-death overtime period was indicative of the entire game. Both teams carried the puck back and forth firing shots on net. PC had two quality opportunities led by O'Sullivan at 18:21 when she took a slapshot which was stopped. At 15:42 O'Sullivan and Jenn Wagner had a two on one opportunity halted by the Wildcats. Allison Wheeler finally broke the 8:21 mark on a breakaway. Wheeler took the puck from PC's blue-line, skated in front of the net, deceived the goalie with her stick-walk and shot. Wheeler wasted high into the net to assure the Lady Friars of their fourth consecutive ECAC title.

The two teams came back strong in the third period. PC took it from the red-line and shot a cross-shot high which tied the game at one apiece. The score remained 1-1 until the second period. At the same time Natalie Fina was stabilizing the UNH attack on the defensive end. Kathleen Brophy was also making key checks on UNH players to prevent any further harm.

"Everyone had to work together, which made it that much better."

The second period began to get frustrating for PC fans, but the Lady Friars never lost confidence in themselves and their defense. "After the second we were very fired up," commented Mills. "We knew we had them. Stephanie (O'Sullivan) went out to end to end so many times, it was just a matter of time before we scored. We were definitely sure we would tie it up," Carlson agreed. "We were a little down going into the third, but not nervous behind 1-0. Our confidence was high that we would find some way to deal with all the Lady Friars' handicaps this season PC finished the season victorious in ten of their last eleven games. Much of that credit is due to Natalie Fina's consistent play in goal, as she was given starting position to conclusion the season. More importantly was the confidence exhibited in this young team by Coach Barto and Bailey. "Jackie and Chris did a great job this year. They made us play with a lot of heart. This was shown in the UNH game when UNH came out overconfident. Our coaching staff recognized this and helped us to capitalize on it," answered O'Sullivan.

PC was guaranteed a defense of their title due to an overtime victory over Princeton on Saturday. This was another difficult game for the Lady Friars who were ahead 2-1, but two goals from Sheila Killion and Kathleen Brophy's goals. Princeton tied the game with seventeen seconds remaining in the third period. PC wanted no time in the overtime period as Alana Blahnik scored at the 17:57 mark to put the Lady Friars into the finals.

**SAPLHSHOTS.** The 1995 all-tournamen
t team included Alana Blahnik, Melissa Mills, and Alison Wheeler (MPV). O'Sullivan finished the season as the top goal-scorer, followed by Wheelers twenty goals...Fina finished the season with a 2.25 goals against average. Fina also had 51 saves in the tournament which should have earned her a spot on the all-tournament team...O'Sullivan decided to try-out for the '98 Olympic team.
What is your favorite memory from freshman year?

Mary Ellen Creamer '97: Hanging out in the grotto on sunny days with friends

Katie Honerkamp '96: People watching Raymond cafeteria

Jeff Holbrook '96: Playing Intra-Mural Ice Hockey with my floor in Joseph

Jennifer Fusaro '96: Freshman Parents' Weekend Dinner Dance

Liza Pappas '98: Late night talks with my friends

Steven Myers '97: Relieving stress before exams

Chris Ivany: Meeting friends and discovering PC's social life

Craig Donnelly '97: Going to the Big East Tournament with the band and winning the whole thing