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London Calling:

"Civ in London" an Alternative Abroad Experience

by Max Waite '21 **News Staff**

STUDY ABROAD

Starting next school year, sophomore students at Providence College will be given the opportunity to study abroad in London, England, as part of the Development of Western Civilization Program.

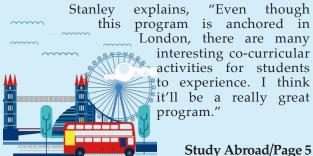
The Providence College Center for Global Education has been working on this program for about a year, and it will provide a select group of 30-40 non-honors sophomore students an experience of a lifetime. Until now, sophomores did not have the opportunity to study abroad due to the fact that they had to take DWC 201 and 202.

Grace Cleary, assistant dean of global education and the architect for the "Civ in London" program, explains, "The idea was to offer those subjects (DWC) abroad, taught by Providence College faculty members." Freshmen who are interested in the "Civ in London" program must apply by Dec. 1. Once accepted into the program, those students will study in London for the spring of

The two faculty members accompanying the students will be Professor Margaret Manchester of the history department and Associate Professor Stephanie Boeninger of the English department. The pair will be teaching the "Battlefields and Home Fronts: The Making of War & Peace in Western Civilization" colloquium. The course examines four different military conflicts over the course of European history and how those conflicts relate to the development of western civilization. The professors will also independently teach "ENG372: Contemporary Drama in London" and "HIS360: Special Topics: From World War to Cold War: England, 1939 -1989."

The remaining courses that students will be taking will be part of the IES academic center, located in Bloomsbury, London near the British Museum. Joseph Stanley, Dean of Global Education, explained that students can also take courses at two of the University of London campuses, City University and Queen Mary University. As part of the program, students will live in a nice residential unit located near King's Cross station.

The itinerary for the students is still in the works, but the CGE Deans and faculty leaders are trying to incorporate visits to historical places and landmarks that correlate with the students' studies.



Fiestaval: A Celebration of Beauty and Background

by Brian Garvey '20 News Staff

ON-CAMPUS

On Friday, September 27, the Board of Programmers (BOP) and the Board of Multicultural Student Affairs (BMSA) hosted Fiestaval on the Slavin Lawn.

Born from the idea of mixing a fiesta with a carnival, Fiestaval is a celebration of the uniqueness and beauty of different world cultures.

The party started with the beautiful Footprints Gospel Choir, celebrating the rich religious and musical tradition at Providence College. Dylan Holmes '20 was blown away by PC's Footprints, saying, "Their voices were unbelievable to listen to. I didn't really know anything about Footprints, but now I really want to see them perform again."

Following Footprints, the supremely talented Irish Step team took the stage, paying homage to the strong Irish heritage of many PC students. Showcasing their mastery at the age-old traditional dances of Ireland, many students were blown away by the skill required to pull off the performance.

After Irish Step, the Fiestaval quickly changed to a more modern performance, Blue Wave Poetics. They are described as "an upand-coming Hip-Hop collective that combines the linguistic elements of poetry with the artistic medium of sound to create a long-lasting and memorable experience for every listener."

particularly to JP Collins '21, who said, "I really got into the rhythm of their music. It was really cool to hear live. I had heard mentions of them before, but I really think they could get big."

Fiestaval/Page 2



BRIANNA COLLETTI '21/THE COWL

This local group was a crowd favorite, Students enjoyed a spread of several traditional foods.

Breaking Down PC Fashion Norms

by Jennifer Villeda '20 A&E Staff

ON-CAMPUS

"Style is a way to say who you are without having to speak," says famous stylist and designer Rachel Zoe. This idea can be applied to Providence College's self-expression—or the lack thereof. During the transition period between classes, look around at the students passing you and find that a majority of students wear activewear or PC athletic gear. Their choice of clothing makes any visitor on campus assume PC only has sports to offer and everyone is the same.

Rarely do we see students break out of this PC dress code of Nike, Lululemon, or PC apparel. Maybe this is because they find safety in blending into a group, are still figuring out their style, or fear the attention.

Nevertheless, displaying your personality by expressing yourself in your clothing may have a positive impact on you and your surroundings. Kari Perez '22 mentioned, "If people were more willing to show how they see themselves in the inside and express that through their sense of style, then it would be easier to relate to people on the PC campus."

When discussing fashion, Perez sees style as "a form of expression, a form of identity, and showing different parts of who you are." She enjoys putting her stamp on her clothing, whether it be from crafting pieces like her cropped, yellow button up or incorporating her Uruguayan heritage into her looks through her beret; she references how both the French and Spaniards wear them. She describes her artsy style as a tool to inspire others to experiment with their looks.

PC Fashion/Page 13



PC students tend to dress comfortably to class, often wearing athletic clothing and PC apparel.

PHOTO COURTESY OF PROVIDENCE.EDU

UNDERTHEHOOD=

Providence College's Student-Run Newspaper Since 1935.

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National Voter Registration Day was September 25: but are students actually voting after?

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Career Center Scheduled for a Major Makeover PC Alumnus Donates towards Slavin Renovation

by Kyle Burgess '21 News Co-Editor

ON CAMPUS

Providence College is set to unveil yet another addition to the rapidly-growing number of student facilities being erected on campus.

This facility in particular, a new center for career education and professional development, will look to assist students as they prepare themselves for life beyond the gates of PC and enter into the workforce. Funds for the building are courtesy of Jim Chirico '80 and his wife, Bridget.

The new career center comes as phase two of the Ruane Friar Development Center project, spearheaded by generous donations from Michael A. Ruane '71 & '13 Hon. and his wife, Elizabeth.

Phase one of the project, the Ruane Friar Development Center, opened its doors in September of last year as a training facility for the PC Men's Basketball Team, including two practice courts, some upgrades to Canavan Sports Medicine Center, and a student-athlete café.

This state-of-the-art career center will include a résumé bar outside of the center, where students can work with career and peer coaches to review and refine their résumés, as well as other documents or electronic profiles. It will also have interview rooms equipped for telephone and video interviews, keeping up with recruiting trends by providing students with a quiet space for internship and job interviews, even when interviewing remotely.

Student feedback has indicated that dormitory rooms do not always provide the best environment to conduct interviews, and administrators have begun this initiative in response.

There will also be a presentation room where all career-related workshops and programs will be held so that students can have a designated space that they can go to for all of their career development needs and information.

"Adding a state-of-the-art career center will provide both students and career coaches with the physical space and technological resources needed to support this work and allow us to grow even further," explained Patti Goff, associate vice president for integrated learning and administration. "The staff in the Center for Career Education & Professional Development have been doing great work with a grassroots approach for years, and their success has been evident in increased student traffic in Slavin

Goff also noted how the Slavin 108 staff has been able to increase diversity in the employers that recruit PC students. "Increased career and networking connections with alumni, record breaking attendance at career events like the expos and the addition of a robust Professional Skills initiative, including Microsoft Excel certification, that is just taking off."

In addition to enhancements to the Center for Career Development itself, '64 Hall in Slavin Center is also expected to expand, along with an enclosed concourse connecting Slavin Center itself to Alumni Hall as well as Concannon Fitness Center.

Chirico, current president and CEO of Avaya,

a global telecommunications and collaborative technology company, pledged \$2 million to the initiative which was then matched by an anonymous

"It's important for students to have the best preparation to understand what makes them attractive to an employer, how they can be successful in their search, and the criteria to look for in their first job,' Chirico explained during a press conference revealing phase two of the project. "Bridget and I are investing in the Center for Career Education and Professional Development to prepare students to launch their careers, and to help them find careers in which they can succeed."

The revamped career center in combination with a liberal arts education is what many, including Chirico, believe will be a major contributing factor to success for PC students following graduation.



Students can get their résumés reviewed in the career center.

Cultures Collide at Fiestaval

Friars Create New Mashup Celebration of Culture

Fiestaval:

Continued from front page

One of the most popular performers, the Motherland Dance Group, also knocked it out of the park. Motherland is a celebration of the history and significance of African dance forms, and their performance was incredibly enjoyable to watch. The choreography and moves looked professional and left the crowd extremely impressed

The concluding act was the PC Jazz band. Their upbeat sound and smooth music was a fantastic ending note, and many students found themselves not wanting their performance to end.

Tom McMahon '20 said, "I always

leap at the opportunity to hear the Jazz band play. I grew up playing the saxophone, and I really appreciate the talent and skill needed to play really good jazz music."

Amazing musical and dance performances were not the only part of the Fiestaval. Food from all over Providence, representing different cultures around the world, were a huge

East Side Pockets provided a taste of the Middle East, with falafel, gyros, and hummus with Syrian bread. Local hotspot Baja's Taqueria provided chicken quesadilla platters, a crowd favorite. Rasoi's provided the famous flavors of India, with a diverse selection of tofu saag, chicken biryani, and



Students learned how to Irish step dance.

BRIANNA COLLETTI '21/THECOWL



Fiestaval featured food from local Providence restaurants.

GRAPHIC DESIGN BY HANNAH LANGLEY '21

vegetable mango curry. The Thai food also went extremely quickly, with Heng Thai providing crispy spring rolls and chicken satay.

One of Providence's best kept secrets, Los Andes, also provided some of their delicious Peruvian and Bolivian food, offering empanadas and cuñape. For only three dollars, students certainly got their money's worth!

Fiestaval is an important highlight of how diverse and beautiful the different cultures on our campus are. The happiness and enjoyment of all the students who stopped by, whether it was for 10 minutes or two hours, was very apparent.

Gabrielle Montoya '20 said, "I think it was a really, really cool event. So many different places and cultures were represented, and I think that is really important for people to see. Seeing people learn more about other cultures made me really happy."

Events celebrating the heritage of PC's students are a big hit, so be on the lookout for future events from BOP and

Education Students Stand for Diversity

Press Event Addresses Lack of Teachers of Color in Rhode Island

by Maura Campbell '22 News Staff

CAMPUS

On Sept. 18, the Providence College Coalition Against Racism held a press event addressing issues within the Providence College Department of Elementary and Special Education.

Members of the student body and faculty received an email on the same day from Dr. Hugh Lena III, provost and senior vice president of academic affairs, addressing this press event and its content.

At the press event, members of the Providence College Coalition Against Racism argued that the discriminatory practices of the Department of Elementary and Special Education contribute to the low percentage of teachers of color in the state of Rhode Island.

According to the press release, these practices include denying equal access



PHOTO COURTESY OF PIXABY.COM
PC professors hope to create more equality.

to the major "based on race, ethnicity, and bi-lingual status."

Kai Burton '18 said at the press event, "While I never thought that it would be this difficult, I recognize that the adversity I've been facing has been deficit-based criticism, racially charged rhetoric, and feeling powerless throughout the entire process."

The press release contains several other personal stories from students detailing their own experiences of discrimination within the ESE department.

It also states that the department uses a two-track policy that privileges white students over students of color. This policy, according to the press release, includes issues such as the department encouraging white students who are struggling while discouraging students of color who are facing similar difficulties. Additionally, white students are being placed in "positive student-teaching classrooms" while students of color are placed in "deficit-focused classrooms and required to take non-college courses."

In 2019, the Elementary and Special Education graduating class consisted of 53 students, only two of whom were students of color. A year earlier, in 2018, there were only four students of color in a graduating class of 59.

Dr. Anthony Rodriguez, professor of elementary and special education, also spoke at the press event, describing some of the issues and discriminatory practices within his department. He said that the department "over many years, in a controlled, focused and deficit-

oriented manner, removed people of color from the Elementary and Special Education program."

Later, he spoke in further detail about these issues. In particular, he spoke about the department itself and its administration, saying that they "are not owning the problem and admitting harm," which he says is crucial to solving the problem itself.

Rodriguez also spoke about issues of bias within the Elementary and Special Education Department outside of the classroom, saying that when he suggested a study abroad program in Latin America, rather than in Europe (where many study abroad programs in the ESE department are currently held), he was told that "these countries are dangerous and that there are no rigorous academic programs in Latin America."

Dr. Jennifer Swanberg, dean of the school of professional studies, spoke about these concerns and explained her efforts to resolve some of these issues since arriving at PC in August of 2018.

Two of her priorities, she says, are to create "a learning, living, and working environment where everyone feels included and has equitable opportunities for success" and to "work toward creating a fully inclusive and equitable school that embodies the principles of equity and inclusion."

In light of these priorities, Swanberg noted several efforts that have been made to recruit and retain students in the major, including "addressing the cost burden of the required admission tests, ongoing curriculum changes, removal of biases in state-required admission

criteria, and the establishment of a 'firstyear experience' for ESE students."

Rodriguez, on the other hand, says that these types of efforts are not enough; rather, that they are intended to "manage" the problem rather than truly address it. Students, he says, are "feeling disheartened regarding the lack of response by the administration" and are still discussing how they are "spotlighted in class and treated as 'the other." He argues that if the department were truly changing, students would notice a difference. Instead, they continue to feel as if they are being ignored.

Swanberg says, "Their [students'] voices have not been ignored nor dismissed," their input "has been used to inform change," and that she continues to seek input from everyone on these issues.

In regard to the efforts put forth by the department, Swanberg notes that addressing issues within the Elementary and Special Education Department itself is not an immediate transformation. "Changing organizational culture and climate is hard work. It requires transformation at the individual and institutional levels, and it is developmental, iterative, a long-term process, and a work in progress."

Rodriguez says that the Providence College Coalition Against Racism "hope[s] that the administration is acting and doing the work necessary for real structural changes in the ESE department so that any student can be themselves, work toward their dreams, and be a teacher without discrimination or retaliation."

Featured Friar: Laura Arango '20

President of OLAS Shares What the Club Means to Her

by Sienna Strickland '22 News Staff

FEATURED FRIAR

Laura Arango '20 leads a busy life on campus and has quite the impressive resume. "Here at PC, I am Head RA of Cunningham, Mal Brown, and Di Traglia. I am the founder and certified facilitator for NAMI (National Alliance on Mental Illness) Support Groups that take place on campus. I am a

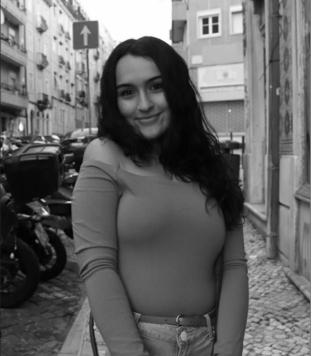


PHOTO COURTESY OF LAURA ARANGO '20

Arango has many responsibilities on campus besides running OLAS.

Feinstein Fellow with my site at the RI Free Clinic. I am also on the Diversity Outreach Committee through the Admissions Office. Finally, I am the NAMI Rep on the Active Minds Exec Board and an active member of BMSA."

Amongst the lengthy list of Arango's obligations, there is one that stands apart from the rest—OLAS. What is this organization, and what makes it so special?

Arango answers this question, stating, "OLAS is short for the Organization for Latin American Students, and it is a safe space for latin(x) students on campus, but we do not limit ourselves to the latin(x) community. We believe any student that wants to be a part of a loving, open-minded, and caring community is welcomed at OLAS."

This caring community that OLAS fosters is what makes this specific club stand out so much amongst her other commitments. She elaborates on this sense of community, saying, "My favorite thing about OLAS is the community it creates. OLAS is where I met my best friends; it is where I learned more about my own culture; it is where I felt accepted, and it is where I felt like I was experiencing a piece of home."

Arango loved OLAS so much that during her tenure as a member it became an aspiration of hers to join the executive board. "I joined exec because I knew I could bring commitment, passion and creativity to the board. I know that OLAS had so much potential that had yet to be fulfilled and I wanted to be a part of the mission to meet and exceed that potential. So I decided to run for Vice President, and I got it. Fast-forward a year and I am now President and it has been a fun, wild ride so far."

Now that Arango is president of the club, she has direct influence over the direction it will take in the future. She is responsible for much of the networking, organizing, and planning behind the scenes.

"I meet with different organizations on campus to discuss co-sponsorships. I meet with my exec board on a weekly basis to plan out OLAS meetings and I, alongside my exec, run the OLAS meetings with our members. I also take pride in always advocating for OLAS, making sure our voices and our presence is heard and known, and always pushing OLAS to keep growing and expanding," Arango says.

"[OLAS] is where I felt accepted, and it is where I felt like I was experiencing a piece of home."

The future for OLAS looks bright, and so does the future for Arango. She has had a busy senior year so far but is making an active effort to enjoy it while it lasts, saying, "Senior year has been busy, but great. I'm excited to see what the rest of the year will bring and all the amazing memories I will be making with the people I love and care about."

As for her own personal aspirations for her future, Arango has begun thinking about what is waiting for her in her life after PC. "Post-graduation I plan on taking a gap year to work on my med school applications and to study for the MCAT. During this year I'll be working at the RI Free Clinic and hopefully traveling! Ideally, ten years from now I'll be happily married, with an MD Degree and many, many dogs. Most importantly though, I just want to be happy, healthy, and surrounded by people I

AQ Blues

Residents Connecting Over Shared Wi-Fi Issues

by Peter Mazzella '23 News Staff

CAMPUS

While sophomores have been making connections in Aquinas Hall, their devices have been losing connection. This has caused frustration among residents who wish to use their devices in the comfort of their own room.

Aquinas residents have been very adamant about their poor connection to the internet, complaining that streaming services buffer sporadically, making it frustrating to watch or stream anything.

Aquinas resident Owen Delaney '22 spoke about the issue, stating, "I had to leave my dorm because I couldn't load my homework. It becomes a problem when it interferes with my schoolwork, and you can't get anything done because you lose connection so often."

Matthew Williams '22 is also irritated by the lack of service in his room. He explains that these problems are limiting not only his academics, but also his ability to enjoy his downtime. Williams explains, "It seems that everywhere else we go the Wi-Fi and service are fine.



PHOTO COURTESY OF IHELP.PROVIDENCE.EDU Students can find the HelpDesk in the lower library for any technical problems.

Living in an outdated building, the least that should be expected is a decent Wi-Fi connection to do homework."

Many students acknowledge there is a problem with the Wi-Fi but do not know who to contact or what to do

After learning about the complaints and issues, HelpDesk information technology manager Jim Rizzo let the technical engineers know that there was a problem in the hall.

He sent over two Senior Network

Engineers, Terry Baron and Fritz Excellent. They went through the hall testing connection in different areas to help resolve the issue.

While it was mentioned that over the last four years they have spent \$1.5 million rewiring each dorm and establishing a stronger connection, there are rooms that do not experience the same level of strength. Students who are experiencing issues with their connection should contact the HelpDesk as soon as possible.

The problem was resolved by putting hotspots, or access points, in the rooms that receive a dull connection. This not only improves the strength of the Wi-Fi connection in individual rooms, but the hall in general.

The process of setting up an access point or hotspot in the room was seamless. After moving a few desks around and plugging in a wire, the connection was established, and, within minutes, there was a visible difference.

Rizzo commented that most of the time, complaints are never taken into consideration, which is why information technology (I.T.) department often does not know about these problems. "Unless we receive calls," he said, "we do not know that there are issues in specific buildings, as we can see there are tens of thousands of devices connecting to our wireless networks without issue."

The biggest problem is that students may not know the right resources to reach out to if there is an issue with their wireless connection. Rizzo emcourages students to call the HelpDesk, located in the basement of the library at (401) 865-4357 or email them at helpdesk@ providence.edu.

Panel of Professors Debate Over Recent Politics

Experts from PC Discuss the Current Political Climate and Election

by Nicole Silverio '22 News Staff

CAMPUS

On Thursday, September 26, the Providence College Board of Programmers (BOP) and the Political Science Department held an annual event in the Fiondella Great Room to discuss current political issues and what students should expect in the upcoming presidential election.

Students gathered into the room where they were served pizza and soda. Three professors led the political discussion—Dr. Adam Myers, professor of political science, Dr. Steven Smith, professor of history, and Dr. Joseph Cammarano, who served as the moderator of the discussion. During the event, students were given the opportunity to register to

"Our purpose is to engage you guys, the students, into the political world and to leave here having better knowledge on what is happening" said Dr. Cammarano while beginning the discussion.

Key themes and issues discussed were the eligibility of the Electoral College, election interference, voting patterns, comparing Trump to presidents of the past, the role of media in today's political world, and the whistleblower.

Regardless of one's political views, one cannot deny the significance this election will have on the course of this country and perhaps the world. Smith spoke of the historical significance of the 2020 election, saying, "This election is going to see an impeachment period which is an extraordinary thing. We're going to be in the midst of a memorable and historical moment." With tumultuous events unfolding, Dr. Myers shared some positive news about the election, jokingly stating, "Chances are, the Union will stay intact after 2020."

Dr. Smith spoke of the media, saying, "Trump is a product of the hyper-selective media monopoly as it is selective and biased." When comparing our current president to past presidents, the professors debated whether he is more like Andrew Jackson or Andrew Johnson, but, nevertheless, we have never had a president quite like him before.

One of the biggest topics regarded the media, as the professors spoke of the significance that social media has had in politics in recent years; however,

Dr. Smith made the point that the media has been involved in the political world since the 1790s. He also pointed out that media has become very biased and people choose what they read, whether it be *The New York Times*, Fox, CNN or MSNBC. This gives people different perceptions and biases on their outlooks. President Trump's negative critique of the media was compared to the election of 1800 (between John Adams and Thomas Jefferson), and how Adams in large part blamed the media for his loss to Jefferson.

Speaking of the election process itself, they added that the five states to focus on will likely be Wisconsin, Michigan, Pennsylvania, New Hampshire, and Minnesota. These states played a significant role in determining the 2016 election, and will likely do the same in 2020. Myers mentioned that out of the 17 credible candidates, we should expect the democratic side to narrow down between Biden, Warren, and Sanders.

When asked about the Electoral College, Smith responded, "It is not going anywhere in our lifetime," though he added it has proven to be a disaster in the past. Neither professor gave a direct opinion on whether or not it should be abolished.

Towards the end of the event the students were given the chance to ask questions. Frequent questions were about the likely candidates who will succeed going forward, moderate versus progressive viewpoints, and the whistleblower complaint.

The whistleblower proceedings are far from over, and Pizza and Politics helped broaden students' understanding of its background and its significance in the upcoming election as the House of Representatives currently investigates

Events like Pizza and Politics help college students have an in-depth understanding of the election process and the issues facing the nation. College students are in the early stages of being able to vote, so it is important that students have the opportunity to attend events like these to develop intelligent opinions and have a say on the major decisions that face this country today, for they are the future of this country.



Drs. Smith and Myers debate about the "whistleblower" dilemma.

NICHOLAS CRENSHAW '20/THE COWL

Study Abroad, See the World

How PC Brings a New Meaning to Off-Campus Excursions

Study Abroad:

Continued from front page

Students will potentially have the opportunity to visit the beaches of Normandy as part of their history class, or attend theater performances, and possibly visit Oxford, Stratford-Upon-Avon, and Hampton Court Palace. Also, students will spend a week in Athens, Greece, a place that seems to resonate with all parts of Western Civilization.

Peter Palumbo, dean of academic advising, feels



Students look at the variety of study abroad opportunities.

that the difference between "Civ in London" and any other study abroad program is the cultural immersion that students will experience. "I know that the professors are very excited to tie in London and the United Kingdom experience into Western Civilization. I really feel like that aspect enriches the process, by visiting these sites and actually experiencing the culture.'

Cleary explained that all costs for these excursions will cost no more than a traditional semester abroad will cost. Cleary further adds, "We are hoping that this program will mimic other study abroad programs in terms of a wide variety of courses for students of many different majors. A lot of the core courses and proficiencies will be available."

Cleary and Stanley believe that the program will be incredibly competitive, but still encourage freshmen to apply before the Dec. 1 deadline. Students will be able to apply for scholarships as part of this program

This past Monday night, Sept. 23, the Center of Global Education held a fair for students interested in this and other programs. The event went very well, as there was great student traffic flowing in and out of the fair. An additional information session was held at 4 p.m. on Oct. 3 in Ruane 105.

When asking the question of what made the College choose London to start off the program, Cleary and Stanley explained that the DWC abroad committee, which is made up of DWC faculty and members of the Center for Global Education, was looking at Granada, Spain, Athens, Greece, and London, England as potential locations for the program. Ultimately, the committee chose London because of its rich history that seems to resonate with the DWC colloquium.

In order to advertise this exciting program, students

in the class of 2023 were notified of this opportunity during their orientation. Stanley adds, "It is crucial that a wide enough net is cast so that we have enough interested students in order for the program to run."

"[Studying abroad] is a high impact process that students really receive a lot from, contributing to both academic and personal development."

On top of the London program, the Center for Global Education office is providing a week-long DWC colloquium over spring break of 2020 in Havana, Cuba in addition to a regular, semesterlong class. Titled "Cuba Libre: Global Commodities in Caribbean and Latin American History," students will be accompanied by professors Maia Bailey and Fr. David Orique. The application deadline for this program is Oct. 15.

Palumbo, along with the rest of the CGE, highly recommends that students study abroad, but must keep in close contact with their academic advisor. "Studying abroad is an outstanding educational experience. It is a high impact process that students really receive a lot from, contributing to both academic and personal development."

Stanley and Cleary encourage students who are interested in any of the programs or have any questions to stop by the Center for Global Education office in Harkins 215. Walk-in hours are held Tuesdays and Wednesdays from 1:00-4:00 p.m.

Get Your Glow On

Glow Cafe and Juice Bar Now Accepting PC Cash

by Julia Acquavita '22 News Staff

CAMPUS

This past week, Providence's Glow Cafe and Juice Bar been accepting PC Cash as a form of payment. This is good news for Providence College students because now students will have delicious and fresh juices, smoothies, and açai bowls at the tips of their fingers.

What makes this new deal even better is that the cafe is located at 389 Admiral St., which is within walking distance of PC's campus. This makes it more convenient for students who have some free time between classes and want to refresh themselves with a healthy snack.

The founder of this cafe is Priscilla Edwards, who also happens to be the Associate Head Coach of the Providence College Women's

Edwards' mission is to provide her customers with nutritious drinks and foods so that everyone can appreciate the "power of nutrition." The extensive menu consists of fresh juices, fruit or protein smoothies, and açai or smoothie bowls, all sold at affordable prices.

According to the Glow website, Edwards started this cafe because she "wanted the Glow to be something healthy and delicious to our neighborhood. Something that would help unify and brighten our community." Now that Edwards has offered PC Cash as a form of payment, more PC students are encouraged to take part in her mission and engage in the clean eating campaign on which she built her company.

Abbey Lee '22, who walks to the Glow Cafe almost once a week, is thrilled about this new addition. Lee commented on the convenience of the proximity of the cafe, stating "I love how close it is to campus. My friends

and I will just meet up after class on Fridays and walk right over."

One of the main reasons Lee enjoys going to this cafe is because of the efficient service provided by employees: "The service there is always so great. You are greeted with a smile the second you walk in, and they put their customers first. You place your order, and it's ready in a matter of minutes.'

Lee's favorite menu item at the Glow Cafe is the "Friar Pride Bowl," consisting of a charcoal and fruit blend, topped with oreos, almonds, hemp seeds, and blueberries. "I love how the fresh fruits are mixed with the almonds. They blend it

& Wayne Kirkpatrick

all together so nicely so it tastes so delicious," says Lee.

However, the Friar Pride Bowl is not the only smoothie bowl on the menu. There are other bowls such as the Classic Acai Bowl, the Coco Bowl, and the Greenie Bowl, each containing unique ingredients.

The Glow Cafe is open Monday-Friday from 8 a.m. to 6 p.m., Saturday from 8 a.m. to 5 p.m., and closed on Sunday. Head on over to Admiral St. and take advantage of this new opportunity to use your PC Cash and buy yourself a refreshing drink!

For more information, visit the Glow Cafe's website, eatdrinkglow.





Bursting the PC Bubble

"Whistleblower" Scandal Leads to Impeachment Trial

by Alexandra Huzyk '20 News Staff

WORLD NEWS

On Tuesday, September 24, Speaker of the House Nancy Pelosi ordered an impeachment inquiry on President Trump. The order was prompted by a phone call that occurred between Trump and the Ukranian president, Volodymyr Zelensky. In this phone call, Zelensky reportedly asked for missiles, and Trump, in turn, asked for an investigation of Joe Biden and his son, Hunter Biden.

The call was initially reported by a U.S. intelligence official as a whistleblower complaint. He or she claims: "I have received information from multiple U.S. government officials that the President of the United States is using the power of his office to solicit interference from a foreign country in the 2020 U.S. election." The whistleblower claims that he or she was told the transcript of this particular call was transferred to a separate electronic system, for highly sensitive classified information.

Democrat Adam Schiff, chairman of the House Intelligence Committee, is in charge of leading this investigation and has confirmed that the whistleblower, who remains unnamed for safety reasons, will testify in the future.

Schiff says that Rudy Giuliani, Trump's personal lawyer, will be summoned, as he has previously encouraged Ukraine to investigate both Hillary Clinton and Joe Biden.

Giuliani had reportedly asked Ukraine to examine Hunter Biden, due to his involvement with a Ukrainian company that was under investigation. At the time, no evidence of illegal activity surfaced. However, later in the Obama Administration, Vice President Biden was involved in firing the Ukrainian prosecutor general.

In the White House transcripts of President Trump's call to Zelensky, released on Wednesday, Sept. 25,

matter could be further investigated.

Upon being asked if he was pressured into conducting this favor, Zelensky says that he was not coerced into anything. However, investigators believe that pressure from the White House began months before the call occurred.

Not only had Vice President Mike Pence canceled plans to attend Zelensky's inauguration, but Trump had suspended \$400 million of aid that was approved to go to Ukraine.

Kevin McCarthy, leader of the House of Republicans and head of House efforts against impeachment, claims that Trump has done nothing illegal or worthy of impeachment. He believes that none of Trump's actions rise to the level of high crimes and misdemeanors that justify discussion of impeachment.

In contrast, Pelosi says that it is not just the call between Trump and Zelensky that should be considered; it is the sequencing of events that should inform the President's actions.

Since Pelosi's order, the Trump campaign has focused on social media and fundraising messaging. One message that has taken shape is the portrayal of Democrats as willing to sacrifice all matters of domestic policy, such as gun rights and healthcare, for the sake of Trump's impeachment.

More than half of Americans, including a large majority of Democrats, approve of the impeachment inquiry. Having previously been accused of collusion with Russia in the Mueller investigation, many Democrats feel that Trump's involvement with Ukraine is not only illegal but also deserving of impeachment.

On the other hand, many Republicans do not deem Trump's actions illegal or different than any other actions of past presidents. This partisan divide is emblematic of the larger divide over whether or not Trump is deserving of impeachment.

Trump is recorded as having specifically asked if this conduct investigations through separate committees and submit their information to the House Judiciary Committee—traditionally known for dealing with formal matters of impeachment. This committee must first approve all evidence before the House votes.

With Democrats holding the majority of seats in the House, it is predicted that the majority of House members will vote for the impeachment of Trump. If this occurs, Chief Justice John Roberts will conduct a televised trial in which all 100 members of the upper chamber of the Senate would serve as the jury.

As Republicans control the Senate, they would hold a central role in determining the ruling of the trial.



PHOTO COURTESY OF GAGE SKIDMORE

In the upcoming weeks, House Democrats will Pelosi has been an integral part of the recent trials.

YOU'RE NEVER ALONE IN FRIARTOWN

2019 Mental Health Awareness Month

- Oct 1, 5, 19: NAMI Connection Peer Support Group: @ Davis Center for Mindfulness from 8:00 pm -9:30 pm
- Oct 4: Mental Health Game Promotion: Women's Hockey vs. Quinnipiac @ 6:00 pm
- Oct 5: Mental Health Game Promotion: Men's Hockey vs Maine @ 4:00 pm
- Oct 5: Friar Talks: Mind, Body and Soul: @ Center for Catholic & Dominican Studies from 9:30 am - 11:00 am
- on Slavin Lawn from sunrise to sunset
- Oct 8: Fresh Check Day:
- @ Peterson Gym 1:00 pm 4:00 pm
- Oct 8: Wellness with Britt @ Ruane Great Room from $5:00 \, \mathrm{pm} - 7:00 \, \mathrm{pm}$
- Oct 9: Take a Plant Pause @ the patio space between Ryan Business School and Hunt-Cavanagh by the koi pond from 11:00 am — 1:00 pm
- Oct 9: Mental Health Prayer Vigil in St. Dominic Chapel starting @ 8:30 pm
- Oct 12: NAMI Walks Rhode Island: Registration starts @ Roger Williams Park in Providence @ 9:00 am Walk begins at 10:00 am
- Oct 18-20: Campus Ministry's Women's Wilderness Retreat: in Monadnock State Park, Gilson Pond Area in Jaffrey, NH
- Oct 18-20: Campus Ministry's Men's Wilderness Retreat: in Taconic State Park in Copake Falls, New York
- Oct 22: Minding Your Mind Guest Speaker Jordan @ Guzman Hall 6:30 pm − 8:00 pm
- Oct 23-27: Active Minds Semi Colon Project happening all over campus
- Oct 23: An Evening with Chris Riccobono '01, Founder UNTUCKit @ Bouligny Lounge, The Center at Moore Hall 7:00 pm - 8:30 pm
- Oct 24: Coffeehouse In Mural Lounge @ 6:00 pm

Congress Updates

by Thomas Beaton '22 Student Congress Publicity

CONGRESS

On Tuesday, September 24, Student Congress welcomed Dr. James Campbell, assistant vice president for student development & compliance and Title IX coordinator. The Office of Student Development and Compliance concerns itself with the well-being of students through recreational sports, personal counseling and student ĥealth.

Dr. Campbell mentioned that October is Mental Health Awareness Month. Around campus, events will be held to promote mental health, such as Fresh Check Day.

Dr. Campbell also introduced Taylor DelTufo, the new Providence College Day One Advocate, from Day One Rhode Island. This position was previously held by Sara Eckhoff.

Congress introduced amendment to its constitution that the sophomore Student Congress Class President will aid in the selection of two co-chairs for Senior Ring Weekend. There then would be no role for future class presidents in the committee. Previously, the class president would be an acting co-chair.

On Tuesday, October 1, Student Congress welcomed Father Peter Martyr, O.P., Director of Campus Ministry and Head Chaplain. Fr. Peter Martyr discussed his role as the coordinator of Campus Ministry staff and chaplains for athletics and residence halls.

A Student Congress member raised concerns as to what Campus Ministry will be doing to be more inclusive to the student body. Fr. Peter Martyr felt he wants to grow a baseline knowledge and have dialogue with different student groups on campus to be able to cater to diversity and inclusivity.

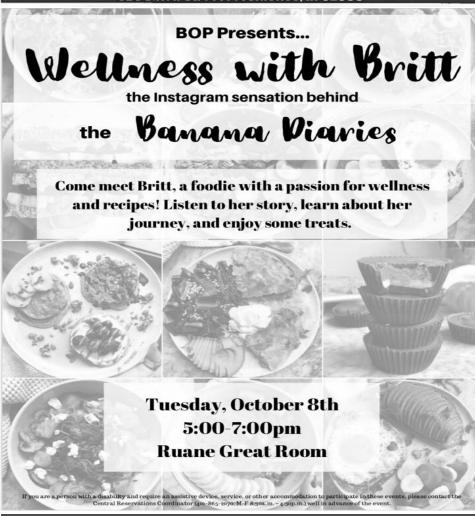
Congress reintroduced and passed the amendment regarding the role of class presidents in the senior class core.

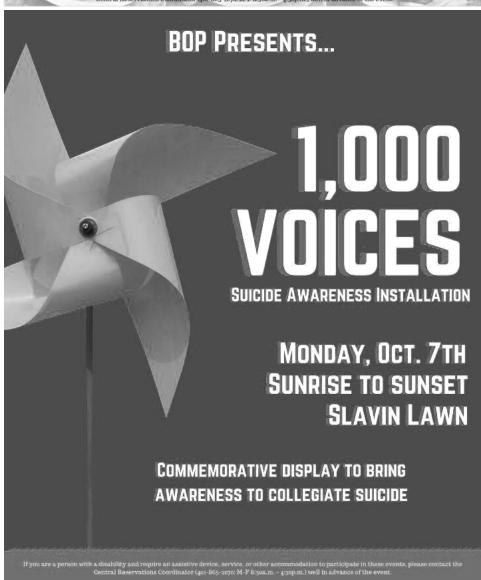
Another piece of legislation was introduced for a new club called Operation Smile. Operation Smile would hold events and fundraisers for the organization. It will be voted on at the next Congress meeting.

Student Congress meets every Tuesday at 5:30 p.m. in Ruane LL05 and is open to all students.











Last Week's Puzzle Answers:

Across:

- 1) Banana
- 2) Zucchini
- 4) Coffee Cake
- 5) Lemon Poppy Seed
- 6) Pouble Chocolate
- 7) Morning Glory
- 9) Chocolate Chip
- 10) Bran

Down:

- 1) Blueberry
- 3) Mixed berry
- 4)Cranberry -
 - Orange
- 8) Pumpkin
- 9) Corn



Did the Center Hold?

Fr. Hesburgh and Notre Dame in a Turbulent Decade



2019 Rev. Robert J. Randall Lecture

Fr. Wilson Miscamble, C.S.C.

Rev. Robert J. Randall Professor in Christian Culture

Aquinas Lounge Tuesday, October 8, 2019 4:30 p.m.

If you are a person with a disability and require an assistive device, service, or other accommodation to participate in this event

OPINION

"I Care About You So Much, I Don't Want You to Become a Teacher" PC Must Evaluate Fairness of Practices in Department of ESE

by Alyssa Cohen '21 Opinion Staff

CAMPUS

Dr. Anthony Rodriguez has been fighting for racial justice within the elementary and special education major since his students and advisees began reporting professors within the department for conducting discriminatory practices in 2012. In subsequent years, Providence College's efforts to reform have done little to abolish the continuation of such injustices. To that end, it is time that as a campus community we condemn these discriminatory practices and demand immediate rectification.

In anticipation of the press release that the PC Coalition Against Racism issued on Sept. 18 highlighting discrimination in the department, the College sent a statement to the PC community. In this statement, the College referenced attempts it has made to address these issues, which included removing the essay requirement for entrance into the ESE program and advocating for the RI Department of Education to reform their admission requirements for educator preparation programs in the state. The College also cited ongoing efforts by Fr. Brian J. Shanley, O.P., in conjunction with the state, and referenced goals for the ESE program outlined in the PC200 Strtegic Plan.

However, these efforts have yet to bring about adequate change in the program. According to the press release by the PC Coalition Against Racism, students of color are facing discrimination through multiple facets of the elementary and special education major.

Students of color within the program were discouraged from becoming educators when they faced challenges within the major, while white students were encouraged to persevere and were provided with resources to aid them in



PHOTO COURTESY OF PROVIDENCE COLLEGE

Dr. Rodriguez has been a leading voice in the effort to end discriminatory practices in ESE.

their areas of difficulty. English language learners who wrote in non-traditional grammar were required to perpetually rewrite their essays or were rejected from the program entirely. Some bi-lingual students who wrote using non-traditional grammar were required to attend a noncredit-bearing course conducted by a professor within the department in order to gain entrance to the program. Students of color within the Elementary and Special Education program are also placed in predominantly deficit-focused classrooms during their student teaching experiences, while their white peers are placed with classes of advanced or college preparatory students.

Dr. Rodriguez underscored the extent to which these discriminatory practices have proven to be an impediment to students of color continuing within the elementary and special education major, as well as a deterrent to those who wish to become enrolled.

"I have known many, many students of color whom I thought would make wonderful educators drop the major entirely because of discouragement from other professors within my department," explained Rodriguez. ""I care about you so much I don't want you to become a teacher' [professors within the Elementary and Special Education Department] would tell [students of color]."

To that end, statistics of the

demographics of graduating classes from the elementary and special education department support Rodriguez's argument.

According to UP Rise RI, the graduating class of 2019 yielded two students of color in a graduating class of 53, which approximates 3.8 percent. The class of 2018 had a 6.8 percent graduation rate for students of color, meaning the trend is going in the wrong direction. These percentages also compare unfavorably to 17.8 percent of the College's student body that is comprised of students of color.

As illuminated by these statistics as well as Dr. Rodriguez's experiences, continuances of the implementation of discriminatory practices within the elementary and special education department has directly impeded the success of students of color within the program, while concurrently blemishing the integrity of the institution and hindering the College's mission—the search for truth or "veritas."

The efforts the College has implemented in previous years to combat these recurring claims of racial inequities have been in vain. Dr. Rodriguez discusses how reports of students being discriminated against within the elementary and special education major have resulted in department "rebranding" instead of reforming and addressing the root causes

of discrimination within the program.

"Rebranding is merely covering up racial issues," says Dr. Rodriguez as he discusses how the dean of his program has attempted to improve the superficial image of the elementary and special education major in regards to diversity without actually identifying or remedying the existing problem.

In order to truly terminate the issues of discrimination within the department, Dr. Rodriguez says, "We must own this history [of racism] and we are going to stop this discrimination right now."

Dr. Rodriguez also expressed concern for the domino effect of enabling the continuance of such racial injustices.

Dr. Rodriguez discussed how discrimination within the elementary and special education department has contributed to the ever-expanding shortage of teachers of color within Providence districts because of the College's low rates of diversity in graduating classes from the program.

He also broached the possibility of the scope of discrimination expanding within the program based on the College's present lack of condemnation.

"If we let the program continue to discriminate against students of color, we may be enabling the scope of discrimination to expand to other communities, such as the disabled," says Dr. Rodriguez.

For years, Dr. Rodriguez has tirelessly advocated for sanctity and justice for students of color in the elementary and special education department and in turn, the betterment of the PC community—and he should not be alone in this fight. As a campus community, students and faculty must unify, support Dr. Rodriguez, and demand the termination of any semblance of institutionalized racism in both the elementary and special education department as well as within our college culture at large because as Rev. Dr. Martin Luther King, Jr., emphasized—"injustice anywhere is a threat to justice everywhere."

Democracy Depends on Voter Participation, Not Just Registration

by Julia McCoy '22 Opinion Staff

POLITICS

Sept. 24 is National Voter Registration Day in the United States, a day to encourage citizens, and especially young people, to register to vote.

Though it is not necessarily intended to, this day tends to focus on college students and campuses more than anywhere else. Endorsed by organizations on campus such as Student Congress, a booth was set up in the Slavin Atrium to encourage voter registration across campus.

While this event and other reminders to register are fantastic, they do not necessarily lead to any change. Providence College, as well as all institutions across the United States, should continue this advocacy as actual elections approach.

Voter registration is a key step in preparing to exercise civic duty, but it is simply not enough to make an impact. The statistics, in fact, have proven that higher registration rates do not correlate with higher voter turnout, especially among students.

For example, approximately 75 percent of students on PC's campus are registered to vote. This is a relatively high number, due in part to those events sponsored by campus organizations. However, in the 2018 elections, only 26.6 percent of PC students participated in the election. While this is relatively higher than the turnout in 2014—coming in at only around 15 percent—it still pales in comparison to the national average of 39 percent across college campuses.

The dismal numbers that come from PC are

discouraging and should be changed. The question is, what are the causes of this small turnout?

One thing to consider is distance. Oftentimes, students will be discouraged from voting due to the arduous application processes for absentee ballots. Students often struggle with various loopholes that include strict "no mistake" policies or rules that prevent students from participating in absentee voting unless they have already voted once in their registered town.

Another option is to register in Providence and participate in the city's elections. This often creates controversy within college towns as students can make up a large percent of voters in that town. While this is not necessarily significant in presidential elections, city council elections would certainly feel the pressure of a student-run electoral force more than anyone else.

When done successfully, either option engenders an easier path towards voting access. Students would have the option to send in their vote or cast their ballots on or around campus. These accessibility options could drastically increase our productivity as a school.

The College is required to make a "good faith effort" towards registering students to vote, according to the Higher Education Act. Unfortunately, that is as far as the mandate requires. As such, the College has no obligation to encourage voter activity and elections are not broadcasted as well as they could be.

The Higher Education Act is a phenomenal start towards the progress that this country needs in terms of elections. Historically, elections have been determined by those older than 65. These citizens tend to be much more active than any other age group. This act is a first step in the right direction in increasing voter turnout.

PC certainly provides that good faith effort towards voter registration that they are mandated to put forth. The student body is in great hands here, as organizations such as Student Congress and both the Providence College Democrats and Republicans take strides toward voter encouragement every year. Thus, if the Higher Education Act were expanded to recommend that the same "good faith effort" was applied to the actual civic duty of voting, the College would certainly perform quite well

Another issue with college student apathy toward voting is the sentiment that midterm elections are not important. Regardless of the election type, students should constantly be reminded of upcoming election dates. Midterm elections have had historically bad voter turnouts because they are seen as inconsequential. Turning a blind eye to these crucial elections is almost worse than abstaining from a presidential election.

A president is nothing without his Congress. The media often draws much more attention to presidential elections, and rightfully so, due to their national impact. However, congressional elections can swing the House of Representatives or Senate to lean for or against the president's party, which has an incredible impact on the progress of legislation.

If the College, or even universities across America as a whole, take it upon themselves to encourage voting as much as they do registration, the country will benefit. Voter turnout will increase across the board, and elections will become much more representative of the country's entire population. And it starts on each individual campus.

Letter to the Editor

From the Associate Vice President of Public Affairs, Government & Community Relations

by Steven J. Maurano '78, '06P, '07P Guest Writer

I want to commend *The Cowl* opinion writer Savannah Plaisted '21 for her thoughtful piece on Providence College's community service ("PC Community Service: Begin Locally First"), which appeared on the front page of the Sept. 26 issue of *The Cowl*. She is correct – Providence public schools are in dire need of help and assistance on many fronts.

However, it would be wrong to assume that PC is not doing anything to support Providence Public Schools. I was pleased to see The Cowl include a photo of our Faith Works and Urban Action students accompanying the continuation of the article on pg. 6. Although Ms. Plaisted did not make mention of this in her piece, students from those programs, along with students from the Transitions program, were a huge help this August at Harry Kizirian Elementary School on Camden Avenue and at Robert F. Kennedy Elementary School on Eaton Street. PC students painted classrooms and other rooms in these schools, moved furniture, and helped teachers set up their classrooms in preparation for the school year. The Providence School Department was extremely grateful and praised Education, our students on social media for Green. their assistance and support. Green ask

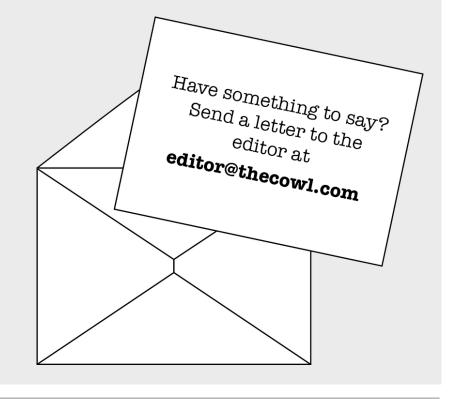
In addition to PC students' support of physical buildings, the College developed a summer program several years ago at the request of then-Mayor Angel Tavares. This program, now called PC Pathways to College (PCPC), is for rising high school seniors in Providence Public Schools and has now run for the last five summers. Students are nominated for the program by their guidance counselors, and it is free of charge to those accepted. PCPC is similar in scope to Friar Foundations, the program for incoming first-year students at PC, minus the residential component. Students in the high school program take two classes for five weeks, a writing course and a course in college access and success, with a library research component, for which they receive college credit. In addition to offering free tuition, PC pays for the students' books, their lunch, and free public transportation to assist them in getting to and from campus. I know there is at least one graduate of this program who is now a current student here at PC.

Lastly, you should know that PC President Fr. Brian J. Shanley, O.P., along with his fellow college and university presidents throughout Rhode Island, met recently with the new K-12 Commissioner of

Education, Angélica Infante-Green. Commissioner Infante-Green asked each president to conduct an inventory of what their institution is doing in conjunction with Providence Public Schools. Those inventories will be submitted within the next few weeks, and Commissioner Infante-Green's staff will analyze them to see what is being covered adequately and where the gaps exist. A second meeting

with the presidents is planned for late October, and I presume Commissioner Infante-Green will be asking colleges and universities what they can do to assist her in meeting the needs and filling those gaps.

Thank you for your interest in this issue. It is an important one and PC will undoubtedly play a role to assist Providence Public Schools going forward.



Problematic Privilege at PC

The "Mom and Dad Will Pay for It" Mindset Prevents Students from Taking Responsibility for their Actions

by Joshua Chlebowski '21 Opinion Staff

SOCIETY

Living in a residence hall provides students with many opportunities to grow and learn alongside a community of their peers. Getting to know a group of individuals with different life experiences and forming friendships with these individuals are certainly some of the most positive aspects of residential living.

When the weekend nights approach, some of these responsible community members will turn to destructive actions that lead to the accumulation of floor and residence hall damage fines.

Broken ceiling tiles, people leaving through fire doors, broken toilets, water fountains being broken and destroyed: residents receive many emails each month detailing their increasingly large floor and hall fines.

the actions warranting these find reminder creates irritation and stress creating a positive place of growth.

Just because your parents may to shoulder the responsibility that

For some reason, accumulating damage fines in residence halls is a point of pride for many students. Yet this sentiment betrays an alarming privilege and disregard for others, one which will no longer be acceptable once the college experience is over.

One prevailing misconception about these fines is that they are purely meant as punishment for poor behavior, but the reality is that these fines go directly towards fixing damaged items and paying those employees that have to clean up these messes.

Many residents routinely shrug these fines off, however, claiming, "My parents will pay for them anyway."

This statement relieves the residents of the responsibility they have for their actions and to each other. By claiming that these destructive actions will not have a direct impact on them, residents refuse the opportunity to grow into mature adults.

In the post-graduate world, you are responsible for your actions. If you choose to go to a bar, drink too much, and cause damage to another person or the establishment itself, you will be financially liable, not your parents or guardians.

While many students might claim that, yes, they do understand that their actions have consequences, those

that continue to damage buildings and adopt an "I don't care" attitude about fines refuse to assume responsibility.

The impact that these words have goes beyond the simple indication of a lack of ability to take responsibility for destructive actions. This demonstrates a certain level of privilege that not all students at Providence College are afforded.

Students at PC come from a variety of economic backgrounds and have different financial situations and family lives. Some parents may not be able to afford such steep damage fines, and indeed others may refuse to support and pay for them.

Claiming that your parents will pay for your mistakes reminds other students that they may not have the same support. If these students did not participate in any of the actions warranting these financial penalties, this reminder creates irritation and stress which is harmful to creating a positive place of growth

Just because your parents may be able and willing to shoulder the responsibility that you are shirking by refusing to give credence to the fine and financially contributing to fixing the issue does not mean that everyone at PC is as fortunate, and flaunting this privilege is highly irresponsible and disrespectful.

As a result of these privileged and irresponsible statements, a certain apathy among floor members develops surrounding the prevention of future damage fines, because at least according to those rather verbal community members, it is the parents that will be shouldering the financial burden anyways.

When emails and communications are sent detailing the amount of money accumulated in damage fines, there is a frustration expressed by many students. Once a resident assistant or residence life employee informs students that finding the responsible person will result in the fine only being assessed to that individual, students respond by actively dissuading any resident from "snitching."

If there were a better way of determining who committed the action which led to the damage of college property, the Department of Residence Life would most certainly use it. Since most of these actions occur where there are no security cameras, though, it becomes much more difficult to determine the responsible party without student cooperation.

The issue at hand goes beyond simply the PC residence halls, as it is these conversations surrounding damage fines that indicate the troubling trend of college students refusing to take responsibility for their actions.

Although it is unlikely there will ever be an academic year where no damage fines are assessed, that does not mean the dialogue surrounding these financial accruements should remain the same.



ICHOLAS CRENSHAW '20/THE COWI

Missing and broken ceiling tiles are a common type of residence hall damage, occurring frequently in underclassmen residence halls such as Aquinas Hall, pictured

Providence College's

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PC Looks Ahead to First Homecoming Weekend

A Bittersweet Reminder that PC Will Always be Home



by Kerry Torpey '20 Editor-in-Chief

EDITOR'S COLUMN

weekend, This Providence College will be filled with hundreds of families, friends, fans, and alumni as we gather together to celebrate Homecoming Weekend. Advertised as being for "the entire Friar Family," the weekend is packed. Whether it be running in the Friar 5K or enjoying Late Night Madness, which for the first time ever will be at the Dunkin' Donuts Center, Homecoming Weekend will surely be a one of hustle, bustle, and, most importantly, fun.

When thinking about the weekend ahead, however, what stands out most to me is the idea of coming back to PC as returning home. Even though the campus has gone through many changes, alumni especially will remember the feeling of walking down our brick paths or into Phillips Memorial Library, where they once spent hours studying and writing Civ papers. To have the chance to step into a classroom or interact with current students, whose shoes they used to be in, must resonate as both familiar and surreal.

I think the number of alumni who are returning to administrate activities or presentations is a huge testament to just how much PC continues to mean to people, even when their time here has come to an end. From guest lectures to comedy shows, PC alums will play a key role in participating in the weekend's events.

Even though we have the school year ahead of us, as a senior, I remind myself every day that my time at PC is coming to an end. And next year, and many more to come, I will be one of many alumni reminiscing about hanging out on Slavin Lawn with my friends or living in McVinney my freshman year. Although it is a bittersweet thought, to know that I will always have PC as a place that I can call "home" is incredibly special and comforting.

TANGENTS & TIRADES

Intramurals to Club: Where is the Middle Ground?

Looking to get more involved on campus in the excitement of the new school year? Maybe pick up a sport you dropped after high school? Students are often encouraged to join club or intramural teams, but it is not that simple.

The gap between club and intramural sports here at Providence College is keeping both the experienced from playing at a competitive level and the inexperienced from trying something new without risking injury.

Committing to playing a club sport includes tryouts, offseason training, weekly traveling to compete against other schools, and national tournaments. PC has even recruited high school athletes for their club programs. As club sports reflect the characteristics of Division I athletics more and more, I cannot help but be skeptical of the level down, intramurals.

In contrast, intramural teams are formed based on sign-ups and are granted only a handful of games in the span of their short-lived seasons. Perfect for the freshman who is looking to try something new, but not for the four-season-high-schoolvarsity-athlete who would rather spend weekends with their friends than travel hours for away games.

How will this gap be bridged? It seems out of reach for the former high school athlete to continue their hobby without sacrificing all of their time as this gap between intramurals and club sports widens. For me, I'll stick with The Cowl.

-Margaret Scales '23



PHOTO COURTESY OF WIKIMEDIA COMMONS

SodexNo

Providence College's dining service, Sodexo, has taken a lot of heat lately. People simply do not like the food and have issues with its variety. There is no shortage of complaints on campus about PC's food options and its quality. Aside from all this, one thing is clear: Sodexo is not a reliable nor healthy food service.

First off, the menus posted online are not always true to what is actually being served. Many students claim they have gone to Raymond Dining Hall on a particular day due to the meal advertised on the menu. Upon arrival, they realize Ray is definitely not serving what they claimed. Simultaneously, they lose a meal swipe, and their appetite.

Secondly, healthy options are sparse in both Alumni and Ray unless you would like to pay. True, there is the salad bar in Ray; however, a healthy, balanced, and quality meal expands far beyond "leaves, seeds, and twigs," as my friends lovingly refer to the protein-deficient salads they eat daily. Plus, the Alumni salad bar, which is hardly better in content, requires Friarbucks or real money. Ultimately, serving high-carb, unhealthy meals such as burgers, pizza, and chicken patties does not make sense.

Considering the knowledgeable and health-conscience society we live in, as well as our tuition, the dining services here are a mystery.

—Olivia Bretzman '22



PHOTO COURTESY OF PIXABAY

PHOTOGRAPHY

LILLIE HUNTER '22/ THE COWL

LEFT: Students participated in Board of Programmers' late night HIIT & Flow on Saturday, September 28 on Lennon Field. The event included a 30 minute bodyweight workout followed by a 30 minute yoga session with Crossfit Providence and Barre & Soul. Also included were free smoothies by Mindful Maia's after the event.

BELOWRIGHT: Pictured is a stainedglass window in St. Dominic's Chapel on a cloudy afternoon. The Chapel exhibits 45 different stainedglass windows designed by Sylvia Nicolas.



LILLIE HUNTER '22/ THE COWL



NICHOLAS CRENSHAW '20/ THE COWL



ABOVE LEFT: At the Providence Flea Outdoor Markets, local thrift vendors and specialty boutiques sell goods under tents. The market is open every Sunday and is inviting to anyone looking for unique pieces of art, crafts, decorations, and more.

ABOVE CENTER: Pictured are Providence residents playing chess on the newly constructed Providence Pedestrian Bridge. The bridge crosses over the Providence River and boasts beautiful views of the city, and can be accessed from South Water Street and Ship Street.

RIGHT: Students make connections with future employers and Providence College alumni at the Fall Career Expo on Wednesday, September 25. Students also had the opportunity to have a professional LinkedIn photo taken to strengthen their profile.



NICHOLAS CRENSHAW '20/ THE COWL

PROVING PHOTOGRAPHY

October 3, 2019

Which Friends character are you?



"Chandler's personality and Joey's confidence." Soreiba Fofanah '22



"Chandler." Katrina Dolendo '23



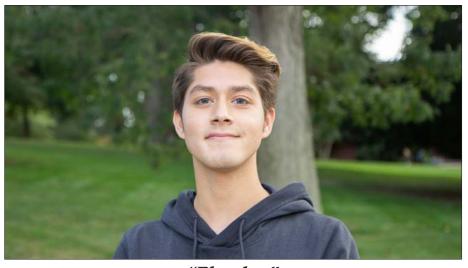
"Rachel." Molly Simmons '23



"Joey." Kirk Esmero '20



"Ross." Josh Flynn '22



"Phoebe." Justin Solano '23



"I am Chandler and Joey, and Pam is Rachel, and Dwight is Kramer."

-Michael Scott

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October 3, 2019

Peace out Sweatpants and Leggings Hello to More Diversity in Self-Expression

PC Fashion:

Continued from front page

With each day comes a different mood, and for Emili Castro '21, that is what her clothing reflects. "Some days, I wake up and think 'I want to be very feminine today' and wear a skirt, tights, and a little sweater. And there are days where I want to give off a more masculine vibe, whether it be formal wear" or another option. She sees her fashion as fluid; one day, she can sport a skirt and the next day go for a pantsuit with a blazer. She could care less about what others think, as her focus is "feeling like a boss lady" and

being happy in everything she wears. For men, it can be tricky to break away from sweatpants and joggers, but Yazan Al-Issa '20 finds ease in grabbing a pair of skinny jeans each time. From Jordan, his culture has already instilled in him a desire to dress his best. Plus, his love for European style adds to his look. He says, "I don't mind taking risks even if it means looking different than everyone else on this campus." Al-Issa highlights how "simple doesn't have to be bland or not interesting or complicated. It is just about having a versatile wardrobe." Both men and women do not have to go crazy with patterns and accessories to experiment with fashion to learn what works best for you.

If these people were in the scenarios David Cabral, professor of theatre, dance, and film, presents his students in the History of Fashion and Costuming course, their style would more closely resemble that of Brown or RISD students rather than belonging to PC.

The campus culture here centers on sports. Professor Cabral says, "You might want to deny the importance of sports, but you can't avoid it here; even if you don't play sports and even if you don't go to sporting events, you still have the team gear on." Whether we recognize it or not, the presence of athleisure and sports go hand-in-hand and make experimenting with fashion intimidating if you are one of the few people doing it. Professor Cabral notes, "Nobody wants to stick out here, everyone wants to look like we are all part of the group mentality; we



From left to right: Emili Castro '21, Kari Perez '22, and Yazan Al-Issa'20

are all in an arena watching an athletic event." This mentality of following the group can become oppressive for students who choose to use their clothing as an extension of their voice.

PC is more than just sports—the students have it in them to illustrate

their fashion. It may seem like a superficial form of dialogue, but it is part of our first impressions of one another. The power in clothing is how it creates conversations and connections between us, and can inspire one another to experiment in who they are, especially through their own self-expression.

Falling for New Shows Coming to Network TV

by Madison Palmieri '22 A&E Staff

TELEVISION

While the shift from summer to autumn means saying goodbye to beloved reality shows like America's Got Talent and Bachelor in Paradise, the fall television season brings not only the return of hits like Modern Family and Riverdale but promises exciting new fare for viewers to fall in love with on all five major networks.

ABC's new programming tends towards female-driven narratives. Emergence tells the story of a memoryless girl found at the scene of a plane crash and the police chief determined to help her. Stumptown centers around a private investigator and her personal troubles. The network will also debut *mixed-ish*, the second spinoff of the comedy hit blackish, focusing on Rainbow Johnson's formative years. Rounding out the newcomers is the rebooted variety show Kids Say the Darndest Things, hosted by comedian Tiffany Haddish.

The theme of NBC's new programs is family. Drama Bluff City Law will explore the complex relationship between a father and daughter working together at a law firm. Comedies *Perfect Harmony* and Sunnyside center on the families forged when a former music professor joins a small town's church choir and a former politician works to help a diverse group of New Yorkers achieve their dreams of citizenship, respectively.

CBS strikes a balance between work and home with comedies Bob Hearts Abishola and Carol's Second Act, with the former set to detail the trials and tribulations of a man who falls in love



Fall network television seems to focus on the theme of family.



Disney+ will start streaming November 12.

GRAPHIC BY BRENNA CAVALLARO '23

with his nurse and the latter telling the story of a fifty-year-old mother and divorcee who finally begins to fulfill her dream of becoming a doctor. The network's other new comedy The Unicorn centers on a widower looking for love with the support of his close friends. Drama *All Rise* offers a female-driven look into the lives of judges and other legal workers in Los Angeles, and *Evil* sees the unlikely pairing of a psychologist and a priest-in-training who investigate the unexplained for the church, raising discussion about science and religion.

FOX shares NBC's theme of family. Animated series *Bless the Harts* centers on a struggling, female-led, southern family, and Almost Family tells the story of a young woman who believed she was an only child, only to find out that she has more siblings than she could have ever hoped for. Prodigal Son promises to mix the complex work of its criminal psychologist lead with his complicated family.

While the CW is only offering two new programs, both are female-driven, steeped in beloved source material, and will be sure to please audiences. Nancy Drew sees the girl detective and her peers as murder suspects who must clear their names; Batwoman tells the story of Bruce Wayne's cousin, Kate Kane, as she takes Batman's place after his disappearance.

In the age of streaming, these television networks are forced to compete with services such as Netflix and Hulu for viewership, so they must offer programming that is both innovative and entertaining. Whether or not these new shows will meet this challenge remains to be seen, but perhaps one of them could be the next *This Is Us* or *Game of Thrones*.

Seniors Celebrate 220 Night Kick Off Final Year of Festivities

by Catherine Goldberg '20 A&E Staff

ON-CAMPUS

On Friday, September 27, Student Congress hosted 220 Night, a dance for the senior class marking a countdown of 220 nights until graduation. This has been a Providence College tradition for generations, and seniors came dressed in formal attire to kick off the start of a year to remember.

Tickets went on sale Monday morning, but the majority of students waited until Friday to storm the ticket office. Wristbands were also offered to students over the age of 21 so that they could buy signature drinks at the bar.

The doors opened at 8:30 p.m. In true Friar spirit, Congress decked out Peterson Recreation Center in silver, black, and white. Cocktail tables were scattered around the gym with tea lights inside of glass mason jars that looked like silver glitter. Elizabeth Connor '20 "loved how Congress was able to transform the gym into a magical ballroom."

The bar served a variety of drinks, from Coronas to Bud Lights to hard seltzers. "The hit drink of the night was the signature moscow mule," says Catherine Flugel '20. Ronzios catered the event with a variety of party pizzas. Flugel "could not get enough of the pizza." She said "The buffalo chicken

was amazing—I had six slices!"
Congress kept the event strictly
for seniors and they even hired a

for seniors, and they even hired a member of the senior class to DJ the event. Jack Brighenti '20 has been a DJ for over three years, and he was thrilled to be able to play music to make 220 Night all the more fun for seniors. Brighenti said, "I was able to play a wide variety of genres and it flowed very well as the vibe changed throughout the night. I had amazing crowd reactions, but the real game changer was when I was asked to play 'Drop it Low' by Ester Dean."

The dance was a great way to get all of the seniors together back on campus. Kirk Esmero '20 said "Often, many seniors stay off campus on the weekends and I missed having everyone in the Slavin Center together." Overall, Esmero felt that the night was "hashtag, electric!"

Many students decided to go to McPhail's during and after the event to play ping pong, have popcorn, and just spend time with each other. Brandon Sahler '20 says, "Spending time at McPhail's was the perfect way to end the night. I loved getting together with friends to recap the night and make memories that will carry through until graduation."

Vice President of Student Congress, Sean Richardson '20, says that 220 Night was a "perfect beginning to senior year." Richardson and the rest of Student Congress cannot wait to plan more exciting events for the senior class this year.



Members of the class of 2020 enjoy their night out.

BRIANNA COLLETTI '21 / THE COWL

The ISB: A Hidden Gem in PVD

by Brenna O'Leary '20
A&E Staff

LOCAL ART

For any art lover, the Rhode Island School of Design Museum in downtown Providence is a great way to spend an afternoon. But if one were to step outside of the museum's front door, cross the street, and head to the right, there is another RISD gallery on Canal Walk. The Illustrations Studies Building (ISB), though not as well known as the RISD Museum, also holds a gallery that is open to the public.

Through the front door of the ISB is an entry room. There are bulletin boards sponsoring flyers for different illustration classes being held at RISD. Walk down the hallway to the right, past the woodshop class, and to the very end of the building, and one will come to the glass doors of the ISB Gallery. The gallery itself is simple: scratched wood flooring with studio lighting and small display cases in its center, directing the flow of traffic from the door and back around.

The ISB Gallery is open every week, Wednesday to Saturday, 12-5 p.m. According to Kylei Ghvell, an employee at the gallery, there are multiple exhibitions every year. In fact, towards the end of the year, there is fairly quick change over, sometimes with the opportunity to see a new gallery every week.

Currently, the ISB Gallery is in the middle of exhibiting the work of two of RISD's illustration alumni. Chris and Soojin Buzelli graduated RISD Illustration in '95 and '96, respectively. Soon after graduating, the two

Locally-Inspired Art at Sister RISD Gallery



BRENNA O'LEARY '20/THE COWL
"Drawn Together" by Chris Buzelli

married and have been collaborating together ever since. This exhibit is titled *Art Direction and Illustration: The Creative Marriage of Words and Images.* The exhibit opened Aug. 17 and will run until Oct. 19 of this year.

The gallery itself shows how the abstract classical can be brought into

the modern physical world. Chris Buzelli's pieces are illustrations done to accompany articles in publications such as *The New York Times*, Penguin Random House, and more. His illustrations are vivid color explosions with hints of classical satire to represent the modern content in the articles with which his work typically pairs.

Some of the paintings present at the ISB include "Drawn Together," "Sia," and "Pigeon Pop (America)." Specifically, the piece "Drawn Together" is a heartwarming illustration; it depicts moths flocking over the Providence skyline during Water Fire, and can bring out the memories of every Providence College student's first Water Fire experience. RISD is also hosting a talk with both Soojin and Chris Buzelli on illustration and artwork on Thursday, October 10 which will be open to the public. All information is listed online at the RISD Illustration homepage. So, if you are free for an afternoon, branch out, try something new-this colorful gallery is waiting to wow you.

> RISD MUSEUM

> > PHOTO COURTESY OF RISD MUSEUM

Live From Providence It's Six Gents!

by Brenna O'Leary '20 A&E Staff

ON-CAMPUS

The crowd was buzzing with anticipation, waiting to be let in. They had been asked to be quiet multiple times, and yet could not contain their excitement. So, by the time a crew member opened the theater doors, it was a mad rush to get inside. Much like a breakage in a dam, the crowd rushed into the theater, still unable to tame its eagerness. Whooping and yelling, people took their seats. "Hey, I am over here," and "saved you a seat," rang out.

Now—to set the stage. The black stage floor had two chairs, and behind it, a blue velvet curtain. Was it a comedy club in downtown Providence or a student production at Providence College? Two Gents strolled out. They took the stage to cheering and waving audience members. Then, the crowd was finally quiet.

The opening skit was hilarious and set the tone for the entire evening. It concluded when a Gent shouted, "AND LIVE FROM PROVIDENCE COLLEGE, IT'S SIX GENTS!"

It was 11 p.m. on Tuesday, September 24 when the semester's first performance of Six Gents was held in the Angell Blackfriars Theater at Smith Center for the Arts. The skits were not only funny, but were in many ways relatable. The Six Gents satirized professors' quirks, the disturbing stench behind Raymond Dining Hall, and apps that are well-known and used by many PC students. The Six Gents kept each sketch fresh with their ball activity. During transitions and brief set-up, a lime colored inflatable beach ball with joke prompts written all over it was tossed between the cast, sending the audience into laughter from the ensuing one-liners.

The Vice President of the group, Thomas Edwards '20, has been with the club since his freshman year. He explained that the cast had been preparing for the show since the first weekend back this semester. Edwards also described the process for creating Six Gents skits as very collaborative, with members meeting to pitch and run ideas with the advice and comments of their fellow club members.

When asked where the club is headed this year, Edwards replied, "We hope to bring lots of laughs to people for free! We also are excited to welcome in our new Gents and watch the club grow."

The group held auditions this past Saturday, September 28. The organization provides PC students with a comedy club night in the comfort of our own music hall. The Six Gents are a group of hilarious comedians and talented actors who have become a staple for PC. The expectant crowd was far from disappointed at the night's conclusion, and many are counting down until the group's next show. Keep an eye out, you will not want to miss it!

Bruce Springsteen Celebrates 70th Birthday Paying Tribute to an American Icon

by Daniel O'Neill '21 A&E Staff

MUSIC

Monday, September 23, Springsteen celebrated Bruce his 70th birthday. 70 is quite the milestone for someone who has dedicated his life to music for the past 50 years, and his illustrious career shows no signs of ending.

Everyone knows that The Boss is one of the most influential writers in music history. His lyrics speak to the hearts and souls of Americans, especially the underdogs. His songs tell stories of the experiences of common people, and that is why his music never gets old.

Springsteen is one of the bestselling artists of all time. His most loved songs include "Born in the U.S.A.," "Born to Run," "Thunder Road," and "I'm Goin' Down." He has won 20 Grammy awards and now has a Tony award for his musical Springsteen on Broadway.

The Independent gave Springsteen's most recent album, Western Stars, a five-star review overall. The Boss may have just turned 70 years old, but he still has the same creative genius and the same mojo, as he did in his prime. His last few tours proved this, as he had the same energy as he did back in the 1970s and 80s.

The most important impact that Springsteen has had on music is the relatibility of his music and lyrics. Everyone can relate to the struggles

he depicts in "The Ghost of Tom Joad" and "Thunder Road," and certainly everyone can have fun listening to songs like "Glory Days" and "Tenth Avenue Freeze-Out." Just like Springsteen himself, his songs never age. Topics are always directed toward blue-collar workers or are about growing up in the USA.

After the events of September 11, 2001, he wrote an album in honor of New York City and everyone affected by the attacks. The album is titled The Rising, and, although it is not his most popular album, it certainly holds a message that many can learn from: no matter the circumstances or problems that life throws at you, there is always a brighter future ahead. This is what The Boss has brought with every album he has released, and every performance he puts on. That is why he will go down as one of the most influential rock-androll icons; he has given so many people something to believe in.

Springsteen made every piece of work he has released into something that represents its time period. Born to Run is the pure angsty rock beat of the 1970s, and Born in the U.S.A. is widely regarded as the album of the '80s that was able to connect rock music with the increasingly popular dance music. His songs tell stories of ghosts that everyone has experienced, whether it is the pains of leaving high school or a love gone wrong. He is a master of connecting to his audience.

70 years is a long time to spend

in the spotlight of the music industry. He is far from done, however, as Springsteen has claimed that the E Street Band will be back together soon. He has lived every word he has written to the fullest and will continue to do so. These past 70 years have been incredible for music, so here's to the many more years he has left.



Springsteen and the E Street Band 1977

Hopping on the '80s-Themed Bandwagon American Horror Story: 1984

by Julia Vaccarella '20 A&E Staff

TELEVISION

Although the original cast of American Horror Story is largely absent, FX's original series has returned once again for another season. The show has come a long way from its first season, subtitled Murder House. With a brand-new plot and never before seen characters, Ryan Murphy and Brad Falchuk's anthology series is now running its ninth season. For its new season, titled American Horror Story: 1984, the show jumps

on the '80s bandwagon of nostalgia. The theme for this season and the fact that *American Horror Story* is in the midst of running its ninth installment has played a part in influencing the members of the current cast. In fact, the show has also already been renewed for a season 10. According to an article published in The Wrap, "Apart from a few familiar faces like Emma Roberts, Cody Fern, Leslie Grossman, and Billie Lourd, the stars of American Horror Story: 1984 are mostly newcomers to the FX anthology series. And noticeably absent from the announced cast for season nine are several staples of the franchise, including Sarah Paulson and Evan Peters."

This past summer, Netflix released its much anticipated third season of Stranger Things. Filled with references to the time period, audiences of varying ages were exposed to '80s trends



PHOTO COURTESY OF BLOODY DISGUSTING ON TWITTER

from product placements, to music, to fashion. Furthermore, the tropes of the 1980s have become somewhat of their own genre in entertainment.

In addition to Stranger Things, shows like The Goldbergs and The Carrie Diaries, among many others, illustrate the acclaim for the trends of that decade within television. Accordingly, the retro vibe appeals to individuals lived through the '80s as well as those who were not yet born.

As for the *American Horror Story* franchise, the show has covered a wide array of time periods in its past seasons since the focus of the show changes with every installment. In its previous seasons, American Horror Story has integrated characters from decades that range from the 1930s to the 1960s. Furthermore, the show has also focused on the present-day. Last season, Murphy even decided to do a crossover with the plot and characters of previous seasons.

"This well-stocked arsenal archetypal characters should give Murphy plenty of opportunities to play with genre conventions... 1984's debut feels like a turning point," says Laura Bradley of Vanity Fair. As with any decade, so much historical significance can be included in just a few hour-long episodes.

It is evident from the first few episodes of the new season of American Horror Story that 1984 is expanding upon the slasher theme that is characteristic of many movies of the 1980s. With the setting of the show concentrated at a summer camp with a tragic backstory, there are many different angles that the creators could end up taking in order to attract the show's audience.

The 71st Emmys

by Anne DeLello '20 A&E Staff

TELEVISION

The 71st Primetime Emmy Awards on Sept. 22 showcased the best of the best in television. Shows such as The Big Bang Theory and Game of Thrones that have both released their final seasons dominated the nominations alongside other fan favorites including The Marvelous Mrs. Maisel and Veep.

This year's Emmys highlighted not only the star shows but also the most prominent networks. According to Time, "HBO heads into the ceremony with the biggest advantage: a recordbreaking 137 nominations for shows like *Game of Thrones, Veep, Chernobyl* and *Barry.*" Netflix followed HBO with 117 nominations for their popular shows such as Ozark and House of Cards.

At the end of the night, Amazon's Fleabag went home with three wins: Outstanding Comedy Series, Lead Actress in a Comedy Series, which went to Phoebe Waller-Bridge, and Casting. Game of Thrones ended the night with two awards: Supporting Actor in a Drama Series for Peter Dinklage and Outstanding Drama Series. Both shows came out at the top of their genre.

Though Fleabag managed to go home with more wins than Game of Thrones at the Emmys, GOT's 32 nominations broke the record for the most nominations for a show in a single season, according to the *Hollywood* Reporter. With the eighth, and final, season of Game of Thrones having been released this past spring, it is not surprising that the show was so well represented among the nominations.

Although there was critical backlash when the season aired, these nominations speak to the popularity the show has generated over its past seven seasons. Not everyone found fault with the ending of the final season, whose final episode was viewed by 19.3 million people. Hollywood Reporter's Tim Goodman says, "It arguably ended just about as well as one unwieldy, sprawling, complicated epic could end." He went on to say that the writers "at least convincingly and effectively steered a very difficult series to a conclusion that made enough sense, will make enough people happy and was, from this vantage point, more than enough to effectively 'stick the landing' as critics often wonder about when pondering these series finales."

Because the show was so popular throughout its run, particularly during season eight, the Emmy for outstanding drama is well-deserved despite any criticism of the last season. When receiving the award, executive Producer D.B. Weiss told those watching, "We loved every minute we spent with you."

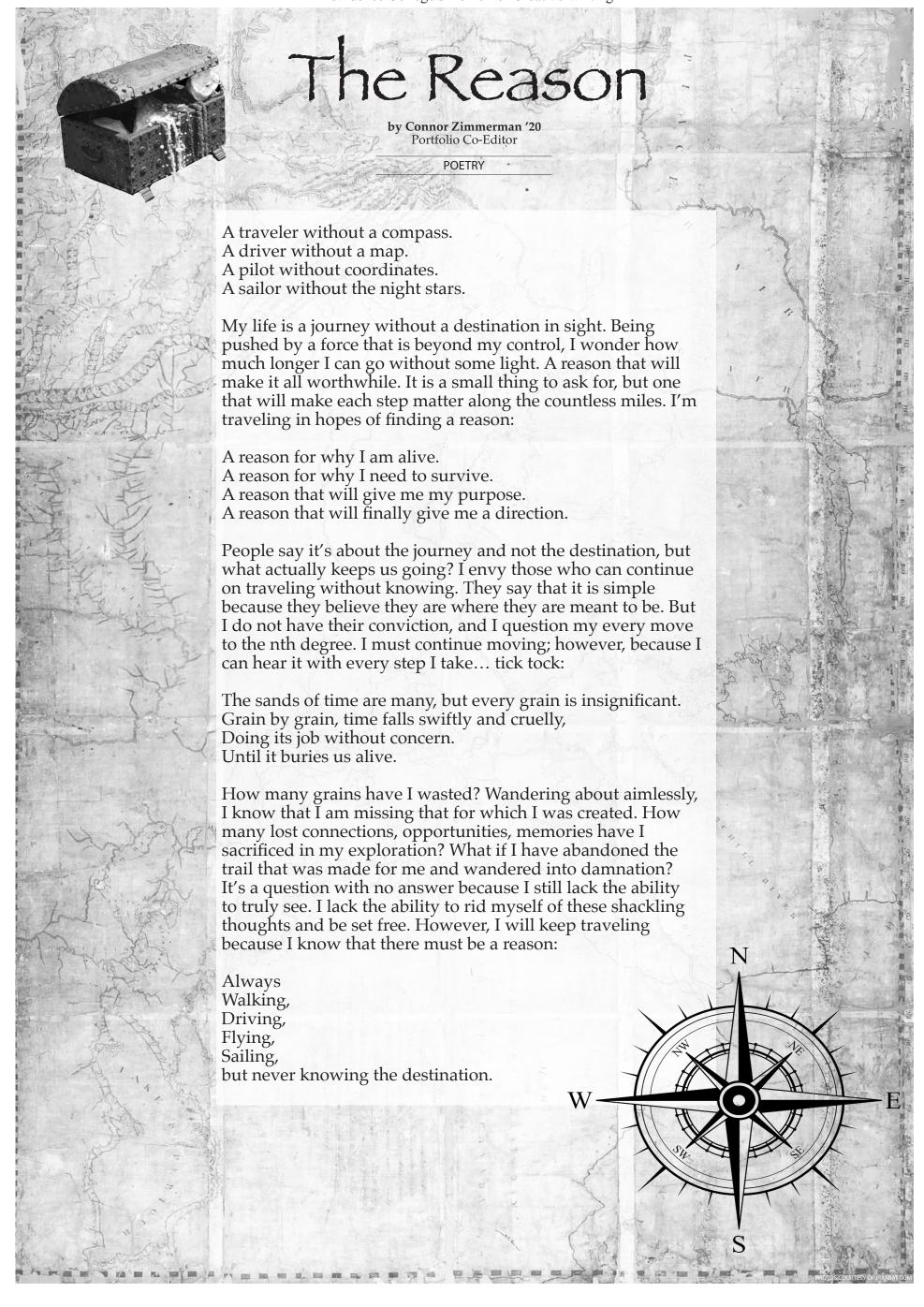
well-deserved award went to Peter Dinklage, who won Best Supporting Actor in a Drama for the fourth time for his role as Tyrion Lannister, setting the record for most wins to a Supporting Actor in a Drama Series. Dinklage told his audience, "I count myself so fortunate to be a member of a community that is all about tolerance and diversity, because nowhere else could I be standing on a stage like this." The actor went on to say that he "would do it all again in a heartbeat."

Despite the large amount of nominations compared to the two wins Game of Thrones received at the Emmys, it was the proper send off to a well-loved show that has officially come to an end.

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Providence College's Home For Creative Writing

October 3, 2019



PORTFOLIO ALUMII

What does PC mean to You?

this place, it felt

by Ariana Pasquantonio '16 Alumna Portfolio Staff

POETRY

like dripping in sun on the lawn, warm bricks, like a top-bunk firework fever dream splitting through closed eyelids, just light and shadows, neat lines on canvas.

We Brave Life's Hour

by Branan Durbin '16 Alumna Portfolio Editor

POETRY

The thing about Motherhood, even of Truth, is that her nature is to scatter:
no Mother will forever hold her child in her arms, the home of her halls.
What blessing it is that home is not a place, but people: those with whom you break bread when paths lead you to sow and reap.
How grateful I am for bountiful homes, a bountiful harvest.

Noon

by Abby Johnston '17 Alumna Portfolio Editor

POETRY

Dozing off near a glittering koi pond, With an emerald dogwood just beyond, I dreamt a joy.

Recant to me the reed, O rain-voiced Muse Pierce the root and drown my ears, For my tongue falls fallow – The echoes fade over long, old years.

Sing with me an eternal song, O river-sweet Muse Of Athens and Jerusalem arrayed in gold and jewels; Show me what may be sought – Sing to me of a wedding knot!

Of Maps and Meanings

by Jonathan Coppe '18 Alumnus Portfolio Staff

POETRY

Do trees grow at dusk?
A white owl, drowsy at dawn,
Once sighed to me that heaven could be reached on foot.
I took him at his word and searched
Four years in vain for the never-setting sun,
Oft ambling unceasing through the night.
I find my feet are strong, my mind is sharp,
The maps of the world are known to me,
For, hating it so, I have learned to find my way at dusk.
Dawn rises on that owl's one-time perch,
And here I genuflect at his mistaken wisdom.
The circle closes at last upon itself.
The path is not straight.
But, reliably, it begins again.

PHOTO COURTESY OF PIXABAY.COM & PEXELS.CO

What If?

by Sarah Heavren '21Portfolio Staff

POETRY

What if we listened Instead of just heard The meaning of Somebody's words?

What if we saw
Instead of just looked
At pictures
Somebody took?

What if we cared
Instead of just did
Whatever we
Thought we wanted?

What if we felt
Instead of just thought
About things that
Matter a lot?





PHOTO COURTESY OF PIXABAY.COM

What Could Have Been

by Sarah Kirchner '21 Asst. Portfolio Editor

POETRY

Looking at the stars, we thought to ourselves: The two of us could have lived different lives If only we had told each other the truth But, we were scared and we were liars.

The two of us could have lived different lives together. But we played those childish games and kept being scared and lying kids. Being something more seemed crazy then.

Together we played those childish lying games and laughed at that old movie we watched because being something more seemed crazy, but truly they made sense as a couple.

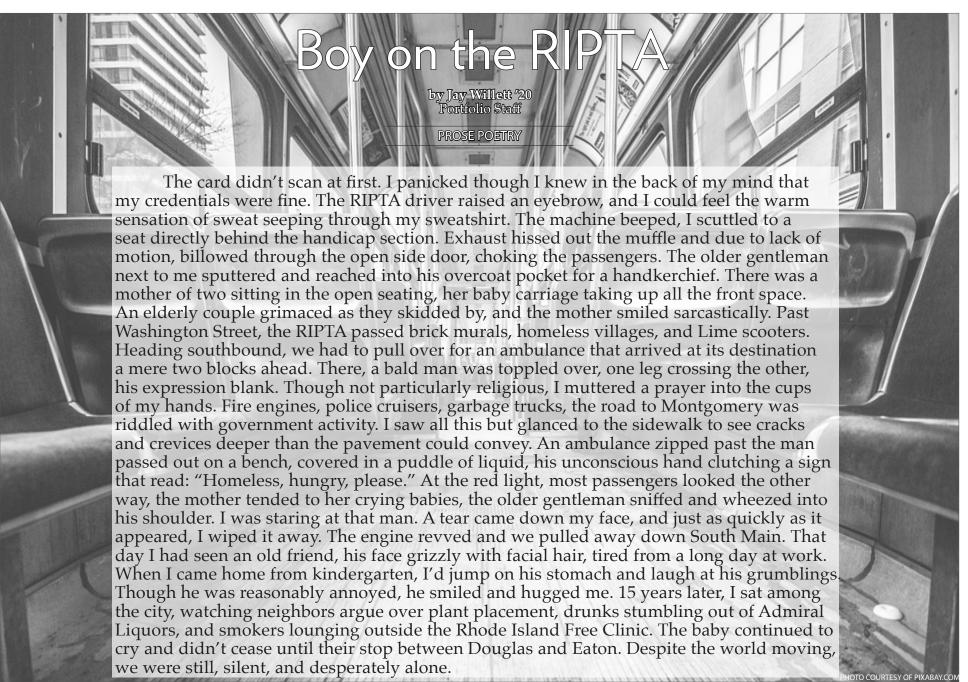
We laughed at that old movie especially when they kissed, but they truly were meant to be a couple. I saw that they were made for each other.

When we kissed, the movie came back to me in flashes. We weren't made for each other like they were and you weren't my prince like he was.

Flashes of the movie came to me. If I only told you the truth you could have been my prince like him. But now I look at the stars, and think to myself.



PHOTO COURTESY OF PIXABAY.COM & PUBLICDOMAINPICTURES.NET



CASTLES OF WOOD AND STONE

by Clara Howard '20 Portfolio Staff

PROSE POEM

There's a half-remembered ranch house with a stream in front. A perfect place for playing princesses and pirates. On the outside, white siding gave way to honeycolored stones. On the inside, rooms opened their arms wide, ready to embrace wild imaginations, cooking mishaps, and childhood innocence. Wallpapered bedrooms smiled at stuffed animal fights and nightmare soothings. At Brookmede, we had free reign of our fairy-and-pirate kingdom.

There's a small, two-bedroom apartment on the fourth floor of an old building with no elevator. Tile steps and wroughtiron railings wound their way up to a haven that felt close to heaven. The kitchen, no bigger than a closet, witnessed midnight meriendas, daybreak desayunos, and celebratory cenas. The windows, unhampered by screens, opened wide to see Popocatépetl keeping his smoky watch over the valley. *En México*, éramos príncipe y princesa de una cultura materna.

There's a one story clapboard house sitting prim, proud, and proper on the almost-corner of a treelined street. Hard-won, held onto for 68 years, it had "Howard" engraved on its bones. Never much room for stretching out, summer days

passed with Betty Boop, Lucy and Ricky, Bing and Fred. In the evenings, the dining room table cleared, beware the card sharkinfested waters, and whatever you do, don't hold on to your aces! Winners got flying saucers from the Carvel down the street.

At 42 Jersey St., we were the youngest in line to a crocheted throne.

There's a ranch house made of brick. It stands between trees and expanses of a green yard. In the summertime, riotous color blooms: delighted magenta bounces happily, regal violet sways with sophistication,

and sunset orange stretches its arms out along a soil horizon. In the back, herbs have the lay of the land (as much as mint tries to mutiny), and perfume the air to make one hungry. Inside, wooden floors creak under older sets of footsteps, walls dress up in food-named colors, and we have our own rooms. Laughter still cracks the still air. At Old Fence, we choose to rule on our own on separate sides.

There are various rooms in various buildings on a relatively small campus. In room 411, the

sunrise wakes me up those first few weeks because my independence manifests itself in leaving the windows and shades open. My view encompasses the skyline of a fateful city. In 2AL, I have a corner of a building, which means I have my own corner of the world, and the crosswinds through my windows make me wish for wind chimes. My view

is of green, green grass and a world of endless possibilities. In 203, my nights are like an endless slumber party: laughing, crying, and sharing secrets with friends who become the only bright stars in a depressed nighttime. My view changes

from other brick buildings to a weeping willow across the street. In 410, the apartment is infused with colorful mugs, animal-themed decorations, and comfortable blankets. My view is of a courtyard and a curious maple, of vibrant, beautiful hearts, of an idyllic time slipping away. In Providence, I learn to be queen of a kingdom that lost some of its magic, but never any of its allies.

Other things that are only mine: a corner of the bunk bed where I can whisper and pretend that my unicorns and puppies have lives of their own: a window in the blue room where I can peek through and see the Aztec warrior weeping over his lost love; an indent in the kitchen floor, right by the doorway, that fits the shape of my heel perfectly, as if I had made it myself; a single shelf where my most favorite titles nestle nice and snug together; a set of linens, including a comforter with the Eiffel Tower to prove my elegance and maturity, that covers a bed that will never be comfortable, but will sit and stand beneath laughing faces, chocolate quotes, and faithful protections.

In my castle, my home is built of memories.

HOTOS COURTESY OF PEXELS.COM & GRAPHIC DESIGN BY CONNOR ZIMMERMAN '20

PHOTO COURTESY OF PEXELS.COM

Signed

by Sarah McLaughlin '23 Portfolio Staff

POETRY

Wouldn't it be great
To someday be
So famous
You're signing passport books
And grocery receipts
Gathering a crowd
Outside of the White House?

Most famous place on earth They've traveled so far To see it And they happen to catch you Hold out a pen Ask for your name

Because they don't know it yet Barely twenty Standing there Sore feet from stiff new heels Carrying the mailbag For the President





DormWars: AQuties vs Suities

by Sally Satirist '20 Portfolio Staff

SATIRE

As the warm darty season passes into a chilly autumn, residence halls prepare for another annual showdown. While Eaton St. remains a monument to late night life, dorms have been recently rising in Friday and Saturday night notoriety.

Suites Hall, the suitestyle upperclassmen dorm, is the traditional spot for on-campus shenanigans. The large common space areas provide ample room for games and activites, with plenty of spots for spectators.

The apartments Cunningham, Ditraglia, and Mal Brown, all receive honorable mentions, but none compare to the hoards of freshmen and sophomores banging on the entrance doors to Suites on weekend nights.

However, last year witnessed the emergence of a tour de force in Aquinas Hall. The sophomore dorm, famous for closet-sized rooms and communal bathrooms, emerged as a contender for the place to be at night. The underdog had previously been a pregame watering hole before heading down to Suites or Eaton. This all changed with the propaganda machine AQ_ memes.

The instagram account, created in March 2019, devotes itself entirely to the promotion of the virtues of Aquinas Hall. Weekly content highlights the residents, deemed

"AQuties," resident assistants, and dorm antics as a whole. All posts are angled to expose the superiority of Aquinas Hall in relation to Suites Hall.

AQ_memes has revolutionized the dorm battles; with over 1,800 followers, Aquinas has a devoted base that will fight to the bitter end against Suites. No comparable Suites account exists.

While the virtual fanbase of Aquinas dwarves that of Suites, a stroll around campus on weekends proves that PC's preference is still Suites Hall. In order to win the war, AQuties will need to throw a major banger to match their social media tenacity.

Tiffany & Earl

Making PC an emotionally stable place one letter at a time

Dear Tiff and Earl,

I got a Hydroflask as a gift and now people are bullying me in class. Please help.

Woefully, #Vscoboy

Dear #,

The best way to break a new trend that everyone bandwagons on or wishes they could bandwagon on is to start a new trend. Usually people like to go retro, so be super retro and start using a 19th century canteen, or even better, a goat stomach sack like they used in the olden days.

Stay thirsty my friend,

Tiff



Dear Hipster Boy,

Well, if you're tired of being bullied about your water bottle (I mean, how dare you stay hydrated?), then you'll have to expose more embarrassing aspects of your personal life to your friends." That way, they can bully you over things that are actually meaningful, and you can feel valid while drinking clean water out of your \$40 bottle. Or, ditch the bottle altogether and just drink out of the koi pond like me—I mean my weird roommatedoes.

Moistly,

Ear

Listomania*

Suggestion for Next Year's Late Night Madness performer

- Amateur Slam Poets
- Friar Dom and Huxley
- · The Return of DJ Diesel
- Self-Help motivational speaker
- A hologram of The Beatles
- Elton John
- The Naticks
- Adam Hanna
- Fr. Shanley playing the Kazoo
- A professional didgeridoo-er
- · Open mic night
- A man playing the guitar with his toes
- Maintenance Mike
- Vsco girls saying "sksksksksksksk"
- James Charles
- Tupac (he is out there somewhere)
- Bagpipes student sensation
- Dot's one woman show

*Listomania and Tiffany & Earl and Friartire are satirical pieces that do not reflect the views of Providence College **or** The Cowl.

October 3, 2019

SPORTS

Sports

by Scott Jarosz '21 Sports Staff

SPORTS SHORTS

Men's Soccer:

The Providence College Men's Soccer Team hosted Brown University on Sept. 25 in a crosstown battle. PC entered the game with a record of 5-2, having previously defeated Seton Hall University 1-0 in its Big East Opener. Brown and PC battled for the majority of the game with neither able to find the back of the net, until Ramzi Qawasmy '22 finally broke the tie in the 77th minute with a volley from the top of the box. PC would hold on to win the game 1-0. PC looked to take the momentum from this win into its next game against Georgetown University, who is currently nationally ranked as the no. 2 team in Division I soccer. PC conceded goals in the 48th and 75th minutes, however Andualem Chisholm '22 scored in the 80th minute on an assist from Tiago Mendonca '20RS and Kevin Vang '22 to cut the lead to 2-1. Unfortunately, this was not enough for PC, as it fell 2-1.

Women's Soccer:

The Providence College Women's Soccer Team has been off to a fast start in the 2019 season, racking up wins over talented opponents such as the University of Connecticut, the University of Massachusetts-Lowell, and the University of Texas at Austin. PC carried its fast start into this past week as it hosted Northeastern University on Sunday, September 22. Although NU scored the first goal of the game in the 45th minute, PC managed to tie it in the 52nd minute thanks to a penalty kick by Elayna Grillakis '22. The game remained tied for the duration of regular time, but in the 96th minute, Hannah McNulty '21 powered a low shot past the keeper from outside the box to win the game 2-1 in overtime. On Saturday, September 28, PC hosted St. John's University in the first Big East matchup of the season, and the host team did not disappoint. PC shut out the visitors by a score of 4-0 to kickstart its Big East schedule. The team now looks ahead to playing at Marquette University on Thursday, October 3.

Field Hockey:

The Providence College Field Hockey Team entered the Sept. 22 contest at Fairfield University with a record of 4-2. PC started off on the right foot on the road, as Izzy Mendez '20 scored just 6:55 into the game. However, the home side would go on to score the next two goals and beat PC 1-2. Despite the loss, PC moved on and prepared to host Temple University for its next contest. PC appeared prepared for this game as it beat TU by a score of 1-0, thanks again to Mendez, who scored in the second quarter, which was the only scoring of the game. However, PC was unable to begin a winning streak going, as it fell to the University of Louisville by a score of 0-2 on Sunday, September 29 at home. PC now looks forward to its next matchup, which is away against Villanova University on Oct. 4.

The New Man in the Net

Grad Transfer Aviza Finds New Home with Friars

by Jack Belanger '21 Sports Co-Editor

MEN'S SOCCER

As faces came and went on the Providence College Men's Soccer Team, one remained constant: Colin Miller '18RS in net. After receiving numerous awards and accolades, such as the 2018 Big East Preseason Goalkeeper of the Year and 2018 All-Big East Second Team, Miller graduated and signed with Loudoun United FC in the United Soccer League Championship. That left the Friars with one important question for the upcoming 2019 season: who would take over the goalkeeping duties?

That question was answered quickly as transfer student Austin Aviza '19 GS has followed in Miller's footsteps and has given the Friars another solid season from their goalkeeper so far.

Aviza graduated early from the University of Connecticut after a successful 2018 season where he went 9-3-2 as the starting goalie while also posting a 1.03 goals against average. He was granted a fifth year of eligibility as a graduate transfer by the NCAA and did not wait long to land a new home.

"Providence was really the only team on my radar," Aviza said. "As soon as the NCAA called me to tell me I was eligible for another season, I got into contact with Coach Stewart right away."

After finishing up school in Connecticut, Aviza came to the College for the spring semester and got the chance to practice with his new teammates. Although he was not able to play in games during the spring season due to NCAA eligibility rules regarding transfers, the semester gave Aviza the chance to get acclimated to the campus and his new teammates.



PHOTO COURTESY OF UNIVERSITY OF CONNECTICUT ATHLETICS

Aviza led the Huskies to the semifinals in the American Athletic Conference Tournament in 2018, something he hopes he can do at PC.

The results for Aviza have been spectacular this season. Through September he has already had six shutouts while posting a 0.70 GAA. After posting back-to-back 1-0 shutouts against Harvard University and Seton Hall University, Aviza was named to the Big East Weekly Honor Roll on Sept. 23, though he was quick to give his teammates credit.

'It is great to be named to the honor roll, but I think it's more of a team award," Aviza clarified. "We have a really good defense and the guys have been playing well."

When it comes to the differences in his experience from UConn, the goalkeeper focused in on two things: the style of play and home games. Aviza noted how PC's play style focuses more on possession and

ball control to limit the opponent's opportunities.

As for the home games, Aviza explained how great the atmosphere has been playing at Chapey Field.

"It's really nice to see how many fans come out to support us. They really make it exciting to be playing here.'

If there was any pressure to fill the big shoes left in goal, Aviza has certainly shown both on the field that he is ready for the challenge, and off the field he has made it a point to focus on his own game.

'Colin Miller was obviously really good, and it is not the easiest thing to follow up a guy like that. All I can do is focus on myself and do my best,"

Aviza's path to PC has not been like that of his teammates. While the majority of the team has spent the entirety of their careers in Providence, the Friars will be Aviza's third team as he spent his first two collegiate seasons at Syracuse University before he went on to play for the Huskies. Joining his third team within four years has given him a chance to look at how unique his college career has been.

"I used to have a coach that told us everyone has their own paths in life. It didn't really hit me how different my journey has been until I came to Providence."

As their record stands at 6-3-0, PC is once again in the hunt to grab one of the top spots in the Big East. With the talent that is in front of him, Aviza believes the team has a chance to compete for a conference title and even make it back into the NCAA Tournament for the first time since 2016. The team has shown they can compete with some of the best teams in the country, such as tough one goal losses to No. 5 Georgetown University and No. 15 University of New Hampshire.

It may be his only season in Friartown, but Aviza has shown that he wants to finish his college career out strong by bringing this team deep into the playoffs and maybe even a championship.



NICHOLAS CRENSHAW '20/THE COWI

Aviza '19 GS makes a save against Brown, recording his fourth straight shutout in a row.

Where Are They Now?

Former Basketball Players Making Waves with Overseas Teams

by Sullivan Burgess '20 Sports Staff

PROFESSIONAL BASKETBALL

As media day approaches for the new NBA season, both fans of the Chicago Bulls and the Providence College Friars are looking foward to seeing former Friar point guard Kris Dunn '16 as he prepares for his fourth season in the NBA and third season with the Chicago Bulls.

Dunn, the fifth pick of the first round of the 2016 NBA draft, is a well-known name in the Friar community, recognized for his accomplishments on and off the court. However, when we think of a player like Dunn, we also remember the other former Friars that are making a name for themselves in the world of basketball.

One of the Friars that comes to mind is former guard Bryce Cotton '14. Cotton led the Friars to their first Big East Tournament win since 1994 and was named two-time First-Team All-Big East player in the years 2013 and 2014, averaging 19.7 and 21.8 points respectively.

While Cotton went undrafted in the 2014 NBA Draft, he bounced around from the G-League Austin Spurs to the Utah Jazz to the Phoenix Suns and to the Memphis Grizzlies. On the Austin Spurs he was named to the NBA G-League All-Star team, the All-Rookie First Team, and the All-NBA G-League Second Team in



On his transition overseas, Cartwright (above) said, "On the court just learn to play basketball (as a pro). In the U.S. we play a totally different way. Every team has their own style of play."

basketball league known as the National Basketball League, where he is a two-time champion for the

the year 2015. He eventually made Perth Wildcats. Cotton also was a name for himself in the Australian awarded the Grand-Final MVP in 2017 and was named to the All-NBL First Team in 2018 and 2019. One of the best players in the league, Cotton

will look to defend the Wildcat's championship in the coming season.

Former Friar point guard Kyron Cartwright '18 has also made a name for himself overseas. The 5'11" point guard remained a Friar for his four years of eligibility and was awarded Second Team All-Big East in 2017, as well as Most Improved Player. In the 2018-2019 season, Cartwright signed with Alba Fehérvár of the Hungarian basketball league where he averaged 9.1 points and 4.4 assists before leaving in 2019. Currently, Cartwright is signed with the Leicester Riders of the British Basketball League, and is waiting for his new season in a new country to

Cartwright's Coincidentally, teammate and former Friar forward Rodney Bullock '18 has signed with Alba Fehérvár in the 2018 season.

The last Friar alumni to watch is former second-round pick for the Boston Celtics, Ben Bentil '16. After traveling from G-League teams to China to the Dallas Mavericks, Bentil currently resides on the Greek EuroLeague team known as Panathinaikos B.C. In his last season in the EuroLeague, he averaged 12.5 points and 6.7 rebounds, making him a dominant force in the league.

While some Friars found success in the NBA, some were able to make a name for themselves on international basketball teams, all carrying on the Friar values they were instilled with during their time at PC.

Club Lacrosse Ready to Defend Title

Team Returns Strong Championship Core Capable of Repeating

by Marc DeMartis '21 Sports Staff

CLUB LACROSSE

The Providence College Men's Club Lacrosse team is entering their 2019 season as the defending champions of the National Collegiate Lacrosse League (NCLL). After defeating the Westchester Golden Rams 12-9 in the National Championship last spring, the Friars have set the bar high for their upcoming season. Returning junior Ryan Barrett '21 said, "As we head into this season, we are expecting to protect our title and continue our success. Last year's graduating class left us with the right mindset and the boys came back from the off season feeling dangerous this year."

Tryouts for the team this year were held on Sunday, September 29 from 7-9 p.m. As expected, there was a great turnout according to the Vice President of the club team, Teddy Allen '21. He was pumped to see all of the new faces looking to join the team on their quest for another championship

this season. Allen said, "The first night of tryouts was absolutely phenomenal, it honestly could not have gone better. I saw no shortage of talent out on the field. I'm really looking forward to the season with the guys that we have." With the talent the team currently has, any additions will only improve the success of the team in the coming year.

Another member of the team, Ryan Gayman '21, spoke on his thoughts regarding the team's ability on the field. Gayman stated, "Coming back this season off of a championship, the offense is juiced up as we're returning all and necessary firepower... shooters everywhere. Defense has also been buzzing around during the first couple of weeks of practice. Checks are flying hard enough to break sticks." It seems the team has their heads held high and their



The Friars were one of the most dominate teams in the league, going 10-1 during the regular season.

goals set for the year ahead. They are entering their fall season with plenty of confidence in their fellow players and this chemistry seems to be extremely valuable to the team.

Although the seniors that started the team only four years ago graduated last year, President John Buckley '20, Allen, Captain Connor Corrod '20, Captain Dauzia Etete '20, Treasurer Kevin Flaherty '21, and Marketing Manager JohnPaul Adams '20 have returned as a hardworking group of leaders

to kick off the year with new energy. This group of leaders has led multiple practices with a mixture of organization and unmatched positivity. Considering that the club team was only founded in 2016, to already have a national championship under their belt is quite an achievement.

The Club Lacrosse Team's home opener is against Fairfield University on Oct. 6 at 5:00 p.m. on Chapey Field at Anderson Stadium. The boys all seemed thrilled to kick off the season and get the ball rolling.

Providence College Investigates:

Should the World Cup Location be Moved?

Yes, There is Too Much Controversy

by Liam Tormey '22Sports Staff

PCI

The 2022 FIFA World Cup is set to take place in Qatar, an Arab country in the Middle East. Since the announcement on December 2, 2010, immense controversy followed, which is why the 2022 FIFA World Cup needs to be moved from Qatar.

Although never proven, there were numerous allegations after the bidding process in 2010 that Qatar had bribed FIFA members and executives to get the World Cup to Qatar. If true, they were successful in their attempt. However, even worse was ex-president of FIFA, Sepp Blatter, coming out a few years after the bid was complete to say that choosing Qatar was a "mistake."

This doesn't even scratch the surface of the problems in Qatar. The abuse of migrant workers in Qatar is astounding. There are 1.7 million migrant workers in Qatar, who make up over 90% of the work force. These workers are put in dangerous working conditions, often abused and exploited, and are then housed in appalling living conditions. Eight or more men must live in a room with just a single bunk bed for example. Workers' salaries are often delayed for months, leaving their families homeless. This is not to mention the



PHOTO COURTESY OF DAILYMAIL UK

It has been reported over 1,000 workers haved died since Qatar was awarded the World Cup bid back in 2010. These migrant workers have been subject to work in extreme heat that can be potentially dangerous.

monthly salary for a worker is only \$220.

This is an issue of human rights. FIFA should have pulled the plug on Qatar once they heard of any reports such as this.

A big problem the media has also reported is the illegality of homosexuality in Qatar, punishable by up to seven years of imprisonment.

This creates an uneasiness about traveling there not only for homosexual players, but for fans as well.

The 2022 World Cup is scheduled to take place during November and December. Besides the issues of scheduling it during the holidays, the domestic league seasons, and not having the traditional summer World Cup, the climate in Qatar is very hot.

The conditions are not right for players to be competing in.

It is not too late to make a change. The 2022 World Cup location needs to be changed. If the reasons above do not make you hesitate to want a global event in a place with so much controversy, I am not sure what will. The ball is now in FIFA's hand to make a change.

No, the Location is Fine

by Joseph Quirk '23 Sports Staff

PCI

Every four years, the world stops for about a month in the summer to watch one of the greatest international sporting tournaments known to mankind. And no, I am not referring to the Olympics. The FIFA World Cup is watched by billions and has the power to bring entire nations together, soccer fans or not. However, the announcement that Qatar would be the host location for the 2022 World Cup came with a lot of controversy.

Many people argued that there were a bevy of reasons why Qatar should not host the tournament,

ranging from the country's summer weather to concerns about the labor force. Because of this, many believe Qatar is unfit to host the cup and are calling FIFA corrupt because of the decision to allow Qatar to host. That being said, I believe that the World Cup should stay in Qatar and that FIFA made a good decision in their selection.

Qatar is an Arabian peninsula

country off the shore of Saudi Arabia, jutting out into the Persian Gulf. It also happens to have the highest per capita income in the entire world due to its wealth in natural oil and gas resources. The wealth has made Qatar a very rich country and capable of building large and beautiful cities with futuristic designs, such as Doha, the country's capital. This leads me to all the positives that Qatar hosting the World Cup has.

First of all, by having a relatively unknown, small country be the host of such a significant global event, FIFA is drawing tourist attention to a beautiful place that, up to this point, made the majority of their money off of oil and gas. The new hotels being built will also increase employment and open the country to new job opportunities. Because Qatar is so small, this can also have a spillover effect into neighboring countries' economies as well, whether it be through tourism or other means.

Finally, Qatar has the funds to make this not only a fantastic spectacle to all those fans watching from home, but a very hospitable and luxurious experience for fans, teams, and broadcast crews alike.

While I understand why Qatar could be seen as a questionable choice by some, it has many positives to it as well, and I see no reason why FIFA should consider moving it. After all, having the tournament there is going to do more good than had



PHOTO COURTESY OF FIFA

By having the World Cup in Qatar, it will highlight the good parts of not only the country, but the Middle East as a whole.

A Look Around Friartown

Cross Country:

Upcoming:

10/12 at New England Championships

Women's Field Hockey:

9/27 vs. Temple University, Win 1-0

9/29 vs. University of Louisville, Loss 0-2

Upcoming:

10/04 at Villanova University

10/06 vs. Dartmouth University

Men's Soccer:

9/25 vs. Brown University, Win 1-0

9/28 at Georgetown University, Loss 1-2

Upcoming:

10/04 vs. Butler University

10/08 at University of Connecticut

10/12 vs. Marquette University

Women's Soccer:

9/28 vs. St. John's University, Win 4-0

Upcoming:

10/03 at Marquette University

10/06 vs. Georgetown University

10/10 vs. DePaul University

Women's Volleyball:

9/27 vs. Georgetown University, Loss 2-3

9/29 vs. Villanova University, Loss 1-3

Upcoming:

10/04 at Seton Hall University

10/05 at St. John's University



Women's Hockey Ready for Next Step Team Looks to Build off of Last Year's Success

by Eileen Flynn '20 Sports Staff

WOMEN'S HOCKEY

As fall begins and schoolwork starts to pick up, everyone is excited for the upcoming hockey season. Recently, the Hockey East Preseason Poll predicted that the Providence College Women's Hockey Team will finish fourth in the Hockey East standings. They were placed behind rivals Northeastern University, Boston University, and Boston College.

This year the Hockey East will be as competitive as ever. Teams like University of New Hampshire, University of Connecticut, and Merrimack College will be looking to move up ahead of the Friars every chance they get.

Maureen Murphy '21 is looking forward to the season ahead of her and her teammates. "I think our team needs to prepare for each game with the mentality that anyone can compete with anyone in our league. Each team has substantial talent, but hard work often means more than inherent skill and is something within our control."

Two important aspects she wants her team to focus on this year are "positivity and persistence."

There is a confidence coming from Murphy

that is sure to help inspire her team throughout

PC completed last year with a 24-11-2 record, and a 16-9-2 standing in the Hockey East. The team tied their record of 24 wins in a season; this year there is hope to add a new record to the books.

The Friars are welcoming a lot of new talent to their roster for the upcoming season. There are seven freshmen on the squad, creating a younger dynamic than the girls are used to from previous years. "While there is definitely a learning curve with such a young team, everyone is excited about the potential impact we could have in Hockey East," says Murphy.

Murphy is coming off of an impressive previous season with the Lady Friars, and her leadership is going to be an important addition for the team. Last year Murphy played in all 37 games; she scored 22 goals and added 21 assists for a total of 43 points. These statistics listed her first on the team in points, goals, assists, shots, and plusminus. Some would even call Murphy a "clutchplayer," scoring eight game-winning goals in just one season, the second-best in the nation.

She was named Hockey East Player of the Month and National Player of the Month in November of 2018 and was selected as Hockey East Top Performer four different times. The Friars named her the Offensive Player of the Year. But even after all of these accomplishments, Murphy places the spotlight on her teammates.

"While being named offensive player of the year is a great honor, the success I had as an individual is also the success of my teammates."

Murphy added, "There are so many factors that go into a season beyond how many goals you score or how many assists you make. Multiple individuals impact every play and often don't get the recognition they deserve, my teammates included. So I certainly can't take all the credit!"

On Sept. 28, the Friars gave their fans a preview of what is to come. In an exhibition matchup against University of New Brunswick, PC finished on top with a 1-0 victory.

The game went back and forth, staying scoreless until the final minutes of the third period. With 1:53 remaining, Murphy found Lauren DeBlois '23 stationed on top of the right circle, and, with a quick shot, DeBlois put her team on the board.

Sandra Abstreiter '22 was in net for the Friars for the first half of the game, tallying two saves in the first 20 minutes. Clare Minnerath '20 finished up the game for PC and sealed the shutout win.

This hard-fought battle is exactly what PC needed to propel them into their season. Their first official game will be played on Friday, October 4 at Schneider Arena. The Friars will be facing Quinnipiac University, a team looking for revenge after losing to PC in Providence last year

A little bit further into the season, the team will face Northeastern. After falling to the Huskies in a close Hockey East playoff game and watching them go on to win the league, the Friars look forward to facing their rivals at the end of October.



PHOTO COURTESY OF PC ATHLETICS

Murphy (above) was the recipient of the team's Offensive Player of the Year Award last year and was one of the 44 players in the country selected to participate in the 2018 U.S. Women's National Team Winter Camp.